

Table 1.85A Any Use of Prescription Tranquilizers or Prescription Sedatives in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	44,051	<i>43,001</i>	1,370	<i>936</i>	42,682	<i>42,065</i>	3,995	<i>3,805</i>	38,687	<i>38,261</i>
GEOGRAPHIC REGION										
Northeast	7,664	<i>7,711</i>	195	<i>149</i>	7,469	<i>7,562</i>	662	<i>586</i>	6,807	<i>6,976</i>
Midwest	9,214	<i>9,045</i>	278	<i>190</i>	8,936	<i>8,855</i>	956	<i>854</i>	7,980	<i>8,001</i>
South	17,162	<i>16,867</i>	571	<i>354</i>	16,591	<i>16,513</i>	1,417	<i>1,512</i>	15,174	<i>15,002</i>
West	10,012	<i>9,378</i>	326	<i>243</i>	9,685	<i>9,135</i>	961	<i>852</i>	8,724	<i>8,282</i>
COUNTY TYPE										
Large Metro	24,203	<i>22,653</i>	751	<i>422</i>	23,452	<i>22,231</i>	2,280	<i>1,827</i>	21,172	<i>20,404</i>
Small Metro	13,588	<i>14,053</i>	419	<i>375</i>	13,169	<i>13,678</i>	1,203	<i>1,341</i>	11,966	<i>12,337</i>
Nonmetro	6,260	<i>6,295</i>	200	<i>139</i>	6,060	<i>6,156</i>	512	<i>637</i>	5,548	<i>5,520</i>
Urbanized	2,479	<i>2,686</i>	83	<i>39</i>	2,396	<i>2,646</i>	280	<i>343</i>	2,116	<i>2,303</i>
Less Urbanized	3,065	<i>3,015</i>	85	<i>96</i>	2,980	<i>2,920</i>	189	<i>282</i>	2,790	<i>2,638</i>
Completely Rural	716	<i>594</i>	31	<i>*</i>	685	<i>590</i>	43	<i>12</i>	642	<i>578</i>
POVERTY LEVEL¹										
Less Than 100%	5,402	<i>5,993</i>	353	<i>223</i>	5,049	<i>5,770</i>	867	<i>884</i>	4,182	<i>4,886</i>
100-199%	8,061	<i>7,691</i>	281	<i>142</i>	7,781	<i>7,549</i>	856	<i>919</i>	6,925	<i>6,629</i>
200% or More	30,482	<i>29,285</i>	736	<i>571</i>	29,746	<i>28,714</i>	2,166	<i>1,968</i>	27,579	<i>26,746</i>
HEALTH INSURANCE²										
Private	28,892	<i>26,611</i>	704	<i>537</i>	28,188	<i>26,075</i>	2,541	<i>2,414</i>	25,647	<i>23,661</i>
Medicaid/CHIP	7,742	<i>8,551</i>	574	<i>378</i>	7,169	<i>8,173</i>	847	<i>852</i>	6,322	<i>7,321</i>
Other ³	14,865	<i>14,964</i>	90	<i>39</i>	14,775	<i>14,925</i>	304	<i>177</i>	14,471	<i>14,748</i>
No Coverage	2,846	<i>3,206</i>	65	<i>35</i>	2,781	<i>3,171</i>	464	<i>513</i>	2,317	<i>2,658</i>

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¹ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 1.85B Any Use of Prescription Tranquilizers or Prescription Sedatives in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	16.0	<i>15.5</i>	5.5	<i>3.7</i>	17.1	<i>16.7</i>	11.8	<i>11.4</i>	17.9	<i>17.5</i>
GEOGRAPHIC REGION										
Northeast	16.0	<i>16.2</i>	4.9	<i>3.8</i>	17.1	<i>17.3</i>	11.5	<i>10.4</i>	17.9	<i>18.3</i>
Midwest	16.1	<i>15.8</i>	5.3	<i>3.6</i>	17.2	<i>17.0</i>	13.3	<i>12.0</i>	17.8	<i>17.8</i>
South	16.4	<i>16.0</i>	5.9	<i>3.6</i>	17.5	<i>17.2</i>	11.1	<i>11.9</i>	18.5	<i>18.0</i>
West	15.3	<i>14.2</i>	5.4	<i>4.0</i>	16.3	<i>15.2</i>	11.9	<i>10.6</i>	16.9	<i>15.9</i>
COUNTY TYPE										
Large Metro	15.7	<i>15.0</i>	5.5	<i>3.0</i>	16.7	<i>16.2</i>	12.1	<i>10.3</i>	17.4	<i>17.1</i>
Small Metro	16.3	<i>16.6</i>	5.4	<i>4.9</i>	17.4	<i>17.8</i>	11.3	<i>12.2</i>	18.4	<i>18.7</i>
Nonmetro	16.4	<i>15.2</i>	5.5	<i>4.3</i>	17.6	<i>16.2</i>	11.8	<i>13.3</i>	18.4	<i>16.6</i>
Urbanized	15.6	<i>16.3</i>	5.4	<i>3.0</i>	16.7	<i>17.4</i>	13.8	<i>15.6</i>	17.2	<i>17.7</i>
Less Urbanized	17.2	<i>15.3</i>	5.2	<i>5.9</i>	18.4	<i>16.1</i>	9.8	<i>12.7</i>	19.6	<i>16.6</i>
Completely Rural	16.5	<i>11.7</i>	7.6	<i>*</i>	17.4	<i>12.3</i>	11.4	<i>3.3</i>	18.0	<i>13.0</i>
POVERTY LEVEL¹										
Less Than 100%	14.4	<i>14.3</i>	6.9	<i>4.8</i>	15.6	<i>15.5</i>	11.0	<i>10.9</i>	17.1	<i>16.7</i>
100-199%	15.2	<i>15.2</i>	5.3	<i>3.2</i>	16.3	<i>16.4</i>	11.1	<i>11.9</i>	17.4	<i>17.3</i>
200% or More	16.6	<i>15.9</i>	5.1	<i>3.6</i>	17.6	<i>17.1</i>	12.8	<i>11.4</i>	18.1	<i>17.7</i>
HEALTH INSURANCE²										
Private	16.1	<i>15.3</i>	4.9	<i>3.6</i>	17.0	<i>16.4</i>	12.4	<i>12.3</i>	17.7	<i>17.0</i>
Medicaid/CHIP	17.1	<i>17.6</i>	6.1	<i>4.5</i>	20.0	<i>20.3</i>	11.7	<i>10.9</i>	22.2	<i>22.5</i>
Other ³	21.2	<i>19.6</i>	7.3	<i>2.4</i>	21.4	<i>20.0</i>	12.0	<i>7.3</i>	21.8	<i>20.4</i>
No Coverage	10.5	<i>11.3</i>	5.6	<i>2.4</i>	10.7	<i>11.7</i>	9.6	<i>9.7</i>	11.0	<i>12.2</i>

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TOTAL	5,895	6,205	436	226	5,459	5,979	1,409	1,237	4,050	4,742
GEOGRAPHIC REGION										
Northeast	1,057	824	31	41	1,025	784	227	133	798	650
Midwest	1,116	1,334	103	36	1,014	1,298	307	311	707	987
South	2,213	2,472	154	73	2,059	2,399	536	483	1,523	1,917
West	1,509	1,574	148	76	1,361	1,498	339	310	1,022	1,188
COUNTY TYPE										
Large Metro	3,551	2,981	224	98	3,328	2,883	797	665	2,531	2,218
Small Metro	1,754	2,365	166	112	1,588	2,253	423	408	1,165	1,845
Nonmetro	589	859	46	16	543	843	189	164	354	680
Urbanized	285	288	24	3	261	285	129	85	132	201
Less Urbanized	259	551	20	12	240	539	49	77	190	461
Completely Rural	45	20	3	0	42	19	10	1	32	18
POVERTY LEVEL¹										
Less Than 100%	1,038	1,206	95	69	943	1,138	327	314	616	824
100-199%	1,066	1,070	103	14	963	1,056	278	322	685	734
200% or More	3,752	3,919	238	143	3,514	3,776	765	592	2,749	3,184
HEALTH INSURANCE²										
Private	3,370	3,551	214	111	3,156	3,440	914	720	2,242	2,720
Medicaid/CHIP	1,447	1,425	195	107	1,252	1,317	256	293	996	1,024
Other ³	793	1,122	25	2	768	1,120	73	60	695	1,060
No Coverage	792	938	17	15	775	923	216	218	560	705

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TOTAL	2.1	2.2	1.8	0.9	2.2	2.4	4.2	3.7	1.9	2.2
GEOGRAPHIC REGION										
Northeast	2.2	1.7	0.8	1.0	2.3	1.8	3.9	2.4	2.1	1.7
Midwest	1.9	2.3	1.9	0.7	1.9	2.5	4.3	4.4	1.6	2.2
South	2.1	2.3	1.6	0.7	2.2	2.5	4.2	3.8	1.9	2.3
West	2.3	2.4	2.5	1.3	2.3	2.5	4.2	3.9	2.0	2.3
COUNTY TYPE										
Large Metro	2.3	2.0	1.6	0.7	2.4	2.1	4.2	3.8	2.1	1.9
Small Metro	2.1	2.8	2.1	1.5	2.1	2.9	4.0	3.7	1.8	2.8
Nonmetro	1.5	2.1	1.3	0.5	1.6	2.2	4.4	3.4	1.2	2.0
Urbanized	1.8	1.7	1.5	0.2	1.8	1.9	6.4	3.9	1.1	1.5
Less Urbanized	1.5	2.8	1.2	0.8	1.5	3.0	2.6	3.5	1.3	2.9
Completely Rural	1.0	0.4	0.7	0.2	1.1	0.4	2.8	0.4	0.9	0.4
POVERTY LEVEL¹										
Less Than 100%	2.8	2.9	1.9	1.5	2.9	3.0	4.1	3.9	2.5	2.8
100-199%	2.0	2.1	1.9	0.3	2.0	2.3	3.6	4.2	1.7	1.9
200% or More	2.0	2.1	1.6	0.9	2.1	2.2	4.5	3.4	1.8	2.1
HEALTH INSURANCE²										
Private	1.9	2.0	1.5	0.7	1.9	2.2	4.5	3.7	1.5	2.0
Medicaid/CHIP	3.2	2.9	2.1	1.3	3.5	3.3	3.5	3.8	3.5	3.1
Other ³	1.1	1.5	2.0	0.1	1.1	1.5	2.9	2.5	1.0	1.5
No Coverage	2.9	3.3	1.4	1.0	3.0	3.4	4.5	4.1	2.7	3.2

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TOTAL	1,958	<i>2,196</i>	121	<i>26</i>	1,837	<i>2,170</i>	365	<i>371</i>	1,472	<i>1,799</i>
GEOGRAPHIC REGION										
Northeast	329	<i>306</i>	8	<i>9</i>	321	<i>297</i>	67	<i>36</i>	254	<i>261</i>
Midwest	382	<i>382</i>	29	<i>1</i>	353	<i>380</i>	85	<i>69</i>	268	<i>311</i>
South	667	<i>936</i>	41	<i>2</i>	626	<i>935</i>	113	<i>151</i>	513	<i>783</i>
West	581	<i>572</i>	44	<i>14</i>	537	<i>558</i>	100	<i>114</i>	437	<i>444</i>
COUNTY TYPE										
Large Metro	1,171	<i>947</i>	59	<i>21</i>	1,112	<i>926</i>	216	<i>181</i>	896	<i>746</i>
Small Metro	576	<i>1,003</i>	56	<i>5</i>	519	<i>998</i>	104	<i>132</i>	416	<i>866</i>
Nonmetro	211	<i>246</i>	5	<i>0</i>	206	<i>246</i>	45	<i>58</i>	161	<i>187</i>
Urbanized	88	<i>72</i>	5	<i>0</i>	83	<i>72</i>	31	<i>33</i>	52	<i>39</i>
Less Urbanized	104	<i>174</i>	1	<i>*</i>	103	<i>174</i>	14	<i>25</i>	89	<i>148</i>
Completely Rural	20	<i>*</i>	<i>*</i>	<i>*</i>	20	<i>*</i>	<i>*</i>	<i>*</i>	20	<i>*</i>
POVERTY LEVEL¹										
Less Than 100%	360	<i>572</i>	13	<i>2</i>	348	<i>570</i>	67	<i>96</i>	281	<i>474</i>
100-199%	289	<i>335</i>	31	<i>1</i>	259	<i>334</i>	66	<i>125</i>	193	<i>209</i>
200% or More	1,300	<i>1,289</i>	78	<i>23</i>	1,222	<i>1,266</i>	223	<i>150</i>	999	<i>1,116</i>
HEALTH INSURANCE²										
Private	1,017	<i>1,132</i>	75	<i>19</i>	942	<i>1,113</i>	242	<i>189</i>	700	<i>924</i>
Medicaid/CHIP	498	<i>508</i>	47	<i>8</i>	451	<i>500</i>	68	<i>102</i>	383	<i>398</i>
Other ³	295	<i>453</i>	4	<i>*</i>	291	<i>453</i>	14	<i>9</i>	277	<i>444</i>
No Coverage	292	<i>404</i>	1	<i>*</i>	292	<i>404</i>	58	<i>83</i>	233	<i>321</i>

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TOTAL	0.7	0.8	0.5	0.1	0.7	0.9	1.1	1.1	0.7	0.8
GEOGRAPHIC REGION										
Northeast	0.7	0.6	0.2	0.2	0.7	0.7	1.2	0.6	0.7	0.7
Midwest	0.7	0.7	0.5	0.0	0.7	0.7	1.2	1.0	0.6	0.7
South	0.6	0.9	0.4	0.0	0.7	1.0	0.9	1.2	0.6	0.9
West	0.9	0.9	0.7	0.2	0.9	0.9	1.2	1.4	0.8	0.9
COUNTY TYPE										
Large Metro	0.8	0.6	0.4	0.1	0.8	0.7	1.1	1.0	0.7	0.6
Small Metro	0.7	1.2	0.7	0.1	0.7	1.3	1.0	1.2	0.6	1.3
Nonmetro	0.6	0.6	0.2	0.0	0.6	0.6	1.0	1.2	0.5	0.6
Urbanized	0.6	0.4	0.3	0.0	0.6	0.5	1.5	1.5	0.4	0.3
Less Urbanized	0.6	0.9	0.1	*	0.6	1.0	0.7	1.1	0.6	0.9
Completely Rural	0.5	*	*	*	0.5	*	*	*	0.6	*
POVERTY LEVEL¹										
Less Than 100%	1.0	1.4	0.2	0.0	1.1	1.5	0.8	1.2	1.1	1.6
100-199%	0.5	0.7	0.6	0.0	0.5	0.7	0.9	1.6	0.5	0.5
200% or More	0.7	0.7	0.5	0.1	0.7	0.8	1.3	0.9	0.7	0.7
HEALTH INSURANCE²										
Private	0.6	0.7	0.5	0.1	0.6	0.7	1.2	1.0	0.5	0.7
Medicaid/CHIP	1.1	1.0	0.5	0.1	1.3	1.2	0.9	1.3	1.3	1.2
Other ³	0.4	0.6	0.3	*	0.4	0.6	0.5	0.4	0.4	0.6
No Coverage	1.1	1.4	0.1	*	1.1	1.5	1.2	1.6	1.1	1.5

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NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.