

Table 1.88A Any Use of Prescription Tranquilizers in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

| Geographic/Socioeconomic Characteristic | Aged 12+ (2019) | Aged 12+ (2020) | Aged 12-17 (2019) | Aged 12-17 (2020) | Aged 18+ (2019) | Aged 18+ (2020) | Aged 18-25 (2019) | Aged 18-25 (2020) | Aged 26+ (2019) | Aged 26+ (2020) |
|---|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|
| TOTAL | 35,601 | <i>35,018</i> | 1,010 | 588 | 34,591 | <i>34,430</i> | 3,419 | 3,338 | 31,172 | <i>31,092</i> |
| GEOGRAPHIC REGION | | | | | | | | | | |
| Northeast | 6,387 | <i>6,519</i> | 125 | 87 | 6,262 | <i>6,432</i> | 578 | 546 | 5,685 | <i>5,886</i> |
| Midwest | 7,460 | <i>7,376</i> | 221 | <i>131</i> | 7,239 | <i>7,245</i> | 819 | 735 | 6,421 | <i>6,510</i> |
| South | 13,851 | <i>13,784</i> | 422 | <i>197</i> | 13,429 | <i>13,586</i> | 1,219 | <i>1,282</i> | 12,209 | <i>12,304</i> |
| West | 7,903 | <i>7,339</i> | 243 | <i>172</i> | 7,660 | <i>7,167</i> | 803 | 775 | 6,857 | <i>6,392</i> |
| COUNTY TYPE | | | | | | | | | | |
| Large Metro | 19,449 | <i>18,548</i> | 557 | 267 | 18,892 | <i>18,280</i> | 1,931 | <i>1,605</i> | 16,961 | <i>16,675</i> |
| Small Metro | 11,120 | <i>11,471</i> | 324 | 239 | 10,796 | <i>11,232</i> | 1,035 | <i>1,198</i> | 9,762 | <i>10,033</i> |
| Nonmetro | 5,032 | <i>4,999</i> | 129 | 81 | 4,903 | <i>4,918</i> | 453 | 535 | 4,450 | <i>4,384</i> |
| Urbanized | 2,047 | <i>1,945</i> | 63 | 25 | 1,984 | <i>1,920</i> | 265 | 279 | 1,719 | <i>1,640</i> |
| Less Urbanized | 2,415 | <i>2,492</i> | 52 | 52 | 2,363 | <i>2,440</i> | 153 | 244 | 2,210 | <i>2,196</i> |
| Completely Rural | 570 | <i>563</i> | 14 | * | 556 | <i>559</i> | 36 | 11 | 520 | <i>547</i> |
| POVERTY LEVEL¹ | | | | | | | | | | |
| Less Than 100% | 4,575 | <i>5,135</i> | 251 | <i>165</i> | 4,324 | <i>4,970</i> | 755 | 823 | 3,568 | <i>4,147</i> |
| 100-199% | 6,614 | <i>6,595</i> | 204 | 86 | 6,410 | <i>6,510</i> | 739 | 831 | 5,671 | <i>5,679</i> |
| 200% or More | 24,338 | <i>23,267</i> | 555 | 337 | 23,783 | <i>22,931</i> | 1,850 | <i>1,664</i> | 21,933 | <i>21,266</i> |
| HEALTH INSURANCE² | | | | | | | | | | |
| Private | 23,204 | <i>21,294</i> | 518 | <i>318</i> | 22,686 | <i>20,975</i> | 2,196 | <i>2,094</i> | 20,490 | <i>18,882</i> |
| Medicaid/CHIP | 6,494 | <i>7,176</i> | 415 | 263 | 6,079 | <i>6,914</i> | 740 | 751 | 5,339 | <i>6,162</i> |
| Other ³ | 11,372 | <i>11,727</i> | 66 | 31 | 11,306 | <i>11,696</i> | 235 | 164 | 11,072 | <i>11,532</i> |
| No Coverage | 2,441 | <i>2,827</i> | 49 | 19 | 2,392 | <i>2,808</i> | 394 | 461 | 1,997 | <i>2,347</i> |

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 1.88B Any Use of Prescription Tranquilizers in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

| Geographic/Socioeconomic Characteristic | Aged 12+ (2019) | Aged 12+ (2020) | Aged 12-17 (2019) | Aged 12-17 (2020) | Aged 18+ (2019) | Aged 18+ (2020) | Aged 18-25 (2019) | Aged 18-25 (2020) | Aged 26+ (2019) | Aged 26+ (2020) |
|---|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|
| TOTAL | 12.9 | <i>12.6</i> | 4.1 | <i>2.4</i> | 13.8 | <i>13.7</i> | 10.1 | <i>10.0</i> | 14.4 | <i>14.2</i> |
| GEOGRAPHIC REGION | | | | | | | | | | |
| Northeast | 13.4 | <i>13.7</i> | 3.2 | <i>2.2</i> | 14.3 | <i>14.7</i> | 10.0 | <i>9.6</i> | 14.9 | <i>15.4</i> |
| Midwest | 13.0 | <i>12.8</i> | 4.2 | <i>2.5</i> | 13.9 | <i>13.9</i> | 11.4 | <i>10.4</i> | 14.3 | <i>14.5</i> |
| South | 13.2 | <i>13.0</i> | 4.4 | <i>2.0</i> | 14.1 | <i>14.2</i> | 9.6 | <i>10.1</i> | 14.9 | <i>14.8</i> |
| West | 12.1 | <i>11.1</i> | 4.0 | <i>2.9</i> | 12.9 | <i>11.9</i> | 9.9 | <i>9.7</i> | 13.3 | <i>12.3</i> |
| COUNTY TYPE | | | | | | | | | | |
| Large Metro | 12.6 | <i>12.3</i> | 4.1 | <i>1.9</i> | 13.5 | <i>13.4</i> | 10.3 | <i>9.1</i> | 14.0 | <i>14.0</i> |
| Small Metro | 13.3 | <i>13.5</i> | 4.2 | <i>3.1</i> | 14.3 | <i>14.6</i> | 9.8 | <i>10.9</i> | 15.0 | <i>15.2</i> |
| Nonmetro | 13.2 | <i>12.1</i> | 3.6 | <i>2.5</i> | 14.2 | <i>12.9</i> | 10.5 | <i>11.2</i> | 14.8 | <i>13.2</i> |
| Urbanized | 12.9 | <i>11.8</i> | 4.1 | <i>1.9</i> | 13.8 | <i>12.6</i> | 13.1 | <i>12.7</i> | 13.9 | <i>12.6</i> |
| Less Urbanized | 13.5 | <i>12.6</i> | 3.1 | <i>3.2</i> | 14.6 | <i>13.5</i> | 7.9 | <i>11.0</i> | 15.5 | <i>13.8</i> |
| Completely Rural | 13.1 | <i>11.1</i> | 3.5 | <i>*</i> | 14.1 | <i>11.6</i> | 9.5 | <i>3.2</i> | 14.6 | <i>12.3</i> |
| POVERTY LEVEL¹ | | | | | | | | | | |
| Less Than 100% | 12.2 | <i>12.3</i> | 4.9 | <i>3.6</i> | 13.4 | <i>13.3</i> | 9.6 | <i>10.1</i> | 14.6 | <i>14.2</i> |
| 100-199% | 12.5 | <i>13.1</i> | 3.8 | <i>1.9</i> | 13.5 | <i>14.2</i> | 9.6 | <i>10.8</i> | 14.2 | <i>14.9</i> |
| 200% or More | 13.2 | <i>12.6</i> | 3.8 | <i>2.1</i> | 14.1 | <i>13.6</i> | 10.9 | <i>9.6</i> | 14.4 | <i>14.1</i> |
| HEALTH INSURANCE² | | | | | | | | | | |
| Private | 12.9 | <i>12.2</i> | 3.6 | <i>2.1</i> | 13.7 | <i>13.2</i> | 10.8 | <i>10.7</i> | 14.1 | <i>13.6</i> |
| Medicaid/CHIP | 14.4 | <i>14.7</i> | 4.4 | <i>3.1</i> | 17.0 | <i>17.1</i> | 10.2 | <i>9.6</i> | 18.7 | <i>18.9</i> |
| Other ³ | 16.2 | <i>15.4</i> | 5.4 | <i>1.9</i> | 16.4 | <i>15.7</i> | 9.2 | <i>6.8</i> | 16.7 | <i>16.0</i> |
| No Coverage | 9.0 | <i>9.9</i> | 4.2 | <i>1.3</i> | 9.2 | <i>10.4</i> | 8.2 | <i>8.8</i> | 9.5 | <i>10.8</i> |

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Definitions: Measures and terms are defined in Appendix A.

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Table 1.89A Misuse of Prescription Tranquilizers in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

| Geographic/Socioeconomic Characteristic | Aged 12+ (2019) | Aged 12+ (2020) | Aged 12-17 (2019) | Aged 12-17 (2020) | Aged 18+ (2019) | Aged 18+ (2020) | Aged 18-25 (2019) | Aged 18-25 (2020) | Aged 26+ (2019) | Aged 26+ (2020) |
|---|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|
| TOTAL | 5,220 | 5,460 | 392 | 196 | 4,829 | 5,264 | 1,313 | 1,108 | 3,516 | 4,156 |
| GEOGRAPHIC REGION | | | | | | | | | | |
| Northeast | 978 | 734 | 21 | 33 | 957 | 701 | 227 | 130 | 730 | 571 |
| Midwest | 971 | 1,182 | 93 | 30 | 878 | 1,152 | 291 | 303 | 588 | 849 |
| South | 2,005 | 2,097 | 138 | 57 | 1,867 | 2,040 | 494 | 402 | 1,373 | 1,638 |
| West | 1,267 | 1,446 | 140 | 75 | 1,127 | 1,371 | 301 | 274 | 826 | 1,097 |
| COUNTY TYPE | | | | | | | | | | |
| Large Metro | 3,109 | 2,635 | 198 | 77 | 2,911 | 2,557 | 736 | 594 | 2,175 | 1,963 |
| Small Metro | 1,567 | 2,059 | 152 | 106 | 1,415 | 1,953 | 392 | 374 | 1,023 | 1,579 |
| Nonmetro | 545 | 766 | 41 | 12 | 503 | 754 | 185 | 140 | 318 | 613 |
| Urbanized | 266 | 250 | 23 | 3 | 243 | 247 | 127 | 67 | 116 | 180 |
| Less Urbanized | 237 | 496 | 16 | 9 | 221 | 487 | 48 | 72 | 173 | 415 |
| Completely Rural | 42 | 20 | 3 | 0 | 39 | 19 | 10 | 1 | 28 | 18 |
| POVERTY LEVEL¹ | | | | | | | | | | |
| Less Than 100% | 930 | 1,089 | 79 | 64 | 851 | 1,025 | 319 | 292 | 532 | 732 |
| 100-199% | 949 | 959 | 91 | 13 | 858 | 946 | 261 | 277 | 597 | 669 |
| 200% or More | 3,313 | 3,403 | 222 | 119 | 3,091 | 3,285 | 705 | 530 | 2,387 | 2,755 |
| HEALTH INSURANCE² | | | | | | | | | | |
| Private | 2,916 | 3,016 | 200 | 93 | 2,716 | 2,923 | 843 | 648 | 1,873 | 2,275 |
| Medicaid/CHIP | 1,317 | 1,281 | 170 | 101 | 1,146 | 1,179 | 238 | 248 | 909 | 931 |
| Other ³ | 672 | 949 | 22 | 2 | 650 | 947 | 59 | 57 | 592 | 890 |
| No Coverage | 748 | 866 | 12 | 9 | 736 | 857 | 213 | 209 | 523 | 648 |

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|---|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|
| TOTAL | 1.9 | <i>2.0</i> | 1.6 | <i>0.8</i> | 1.9 | <i>2.1</i> | 3.9 | <i>3.3</i> | 1.6 | <i>1.9</i> |
| GEOGRAPHIC REGION | | | | | | | | | | |
| Northeast | 2.0 | <i>1.5</i> | 0.5 | <i>0.8</i> | 2.2 | <i>1.6</i> | 3.9 | <i>2.3</i> | 1.9 | <i>1.5</i> |
| Midwest | 1.7 | <i>2.1</i> | 1.8 | <i>0.6</i> | 1.7 | <i>2.2</i> | 4.1 | <i>4.3</i> | 1.3 | <i>1.9</i> |
| South | 1.9 | <i>2.0</i> | 1.4 | <i>0.6</i> | 2.0 | <i>2.1</i> | 3.9 | <i>3.2</i> | 1.7 | <i>2.0</i> |
| West | 1.9 | <i>2.2</i> | 2.3 | <i>1.2</i> | 1.9 | <i>2.3</i> | 3.7 | <i>3.4</i> | 1.6 | <i>2.1</i> |
| COUNTY TYPE | | | | | | | | | | |
| Large Metro | 2.0 | <i>1.7</i> | 1.5 | <i>0.5</i> | 2.1 | <i>1.9</i> | 3.9 | <i>3.4</i> | 1.8 | <i>1.6</i> |
| Small Metro | 1.9 | <i>2.4</i> | 2.0 | <i>1.4</i> | 1.9 | <i>2.5</i> | 3.7 | <i>3.4</i> | 1.6 | <i>2.4</i> |
| Nonmetro | 1.4 | <i>1.9</i> | 1.1 | <i>0.4</i> | 1.5 | <i>2.0</i> | 4.3 | <i>2.9</i> | 1.1 | <i>1.8</i> |
| Urbanized | 1.7 | <i>1.5</i> | 1.5 | <i>0.2</i> | 1.7 | <i>1.6</i> | 6.3 | <i>3.0</i> | 0.9 | <i>1.4</i> |
| Less Urbanized | 1.3 | <i>2.5</i> | 0.9 | <i>0.6</i> | 1.4 | <i>2.7</i> | 2.5 | <i>3.2</i> | 1.2 | <i>2.6</i> |
| Completely Rural | 1.0 | <i>0.4</i> | 0.7 | <i>0.2</i> | 1.0 | <i>0.4</i> | 2.7 | <i>0.4</i> | 0.8 | <i>0.4</i> |
| POVERTY LEVEL¹ | | | | | | | | | | |
| Less Than 100% | 2.5 | <i>2.6</i> | 1.6 | <i>1.4</i> | 2.6 | <i>2.7</i> | 4.0 | <i>3.6</i> | 2.2 | <i>2.5</i> |
| 100-199% | 1.8 | <i>1.9</i> | 1.7 | <i>0.3</i> | 1.8 | <i>2.1</i> | 3.4 | <i>3.6</i> | 1.5 | <i>1.7</i> |
| 200% or More | 1.8 | <i>1.8</i> | 1.5 | <i>0.7</i> | 1.8 | <i>2.0</i> | 4.2 | <i>3.1</i> | 1.6 | <i>1.8</i> |
| HEALTH INSURANCE² | | | | | | | | | | |
| Private | 1.6 | <i>1.7</i> | 1.4 | <i>0.6</i> | 1.6 | <i>1.8</i> | 4.1 | <i>3.3</i> | 1.3 | <i>1.6</i> |
| Medicaid/CHIP | 2.9 | <i>2.6</i> | 1.8 | <i>1.2</i> | 3.2 | <i>2.9</i> | 3.3 | <i>3.2</i> | 3.2 | <i>2.9</i> |
| Other ³ | 1.0 | <i>1.2</i> | 1.8 | <i>0.1</i> | 0.9 | <i>1.3</i> | 2.3 | <i>2.3</i> | 0.9 | <i>1.2</i> |
| No Coverage | 2.8 | <i>3.0</i> | 1.0 | <i>0.6</i> | 2.8 | <i>3.2</i> | 4.4 | <i>4.0</i> | 2.5 | <i>3.0</i> |

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|---|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|
| TOTAL | 1,781 | <i>1,891</i> | 112 | 25 | 1,669 | <i>1,866</i> | 337 | 357 | 1,332 | <i>1,509</i> |
| GEOGRAPHIC REGION | | | | | | | | | | |
| Northeast | 315 | <i>261</i> | 6 | 9 | 308 | <i>252</i> | 67 | 33 | 241 | <i>219</i> |
| Midwest | 357 | <i>339</i> | 27 | * | 329 | <i>339</i> | 85 | 66 | 245 | <i>273</i> |
| South | 608 | <i>755</i> | 36 | 2 | 571 | <i>753</i> | 97 | <i>145</i> | 474 | <i>608</i> |
| West | 502 | <i>537</i> | 43 | <i>14</i> | 460 | <i>522</i> | 88 | <i>113</i> | 372 | <i>409</i> |
| COUNTY TYPE | | | | | | | | | | |
| Large Metro | 1,056 | <i>827</i> | 54 | <i>21</i> | 1,002 | <i>806</i> | 195 | <i>176</i> | 807 | <i>630</i> |
| Small Metro | 521 | <i>837</i> | 53 | 4 | 468 | <i>833</i> | 98 | <i>127</i> | 370 | <i>706</i> |
| Nonmetro | 204 | <i>227</i> | 5 | 0 | 199 | <i>227</i> | 44 | 53 | 154 | <i>174</i> |
| Urbanized | 85 | <i>67</i> | 5 | 0 | 81 | <i>67</i> | 30 | 28 | 50 | <i>39</i> |
| Less Urbanized | 99 | <i>160</i> | 1 | * | 98 | <i>160</i> | 14 | 25 | 84 | <i>135</i> |
| Completely Rural | 20 | * | * | * | 20 | * | * | * | 20 | * |
| POVERTY LEVEL¹ | | | | | | | | | | |
| Less Than 100% | 325 | <i>517</i> | 13 | 2 | 312 | <i>515</i> | 66 | 94 | 246 | <i>421</i> |
| 100-199% | 249 | <i>309</i> | 27 | 1 | 221 | <i>308</i> | 60 | <i>116</i> | 162 | <i>191</i> |
| 200% or More | 1,200 | <i>1,065</i> | 72 | <i>21</i> | 1,128 | <i>1,044</i> | 203 | <i>147</i> | 924 | <i>897</i> |
| HEALTH INSURANCE² | | | | | | | | | | |
| Private | 920 | <i>932</i> | 71 | <i>17</i> | 849 | <i>915</i> | 227 | <i>182</i> | 622 | <i>732</i> |
| Medicaid/CHIP | 444 | <i>467</i> | 42 | 8 | 402 | <i>459</i> | 59 | <i>100</i> | 343 | <i>359</i> |
| Other ³ | 238 | <i>338</i> | 4 | * | 233 | <i>338</i> | 11 | 9 | 222 | <i>329</i> |
| No Coverage | 289 | <i>342</i> | 1 | * | 288 | <i>342</i> | 58 | 78 | 230 | <i>264</i> |

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|---|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|
| TOTAL | 0.6 | 0.7 | 0.5 | 0.1 | 0.7 | 0.7 | 1.0 | 1.1 | 0.6 | 0.7 |
| GEOGRAPHIC REGION | | | | | | | | | | |
| Northeast | 0.7 | 0.5 | 0.2 | 0.2 | 0.7 | 0.6 | 1.2 | 0.6 | 0.6 | 0.6 |
| Midwest | 0.6 | 0.6 | 0.5 | * | 0.6 | 0.6 | 1.2 | 0.9 | 0.5 | 0.6 |
| South | 0.6 | 0.7 | 0.4 | 0.0 | 0.6 | 0.8 | 0.8 | 1.1 | 0.6 | 0.7 |
| West | 0.8 | 0.8 | 0.7 | 0.2 | 0.8 | 0.9 | 1.1 | 1.4 | 0.7 | 0.8 |
| COUNTY TYPE | | | | | | | | | | |
| Large Metro | 0.7 | 0.5 | 0.4 | 0.1 | 0.7 | 0.6 | 1.0 | 1.0 | 0.7 | 0.5 |
| Small Metro | 0.6 | 1.0 | 0.7 | 0.1 | 0.6 | 1.1 | 0.9 | 1.2 | 0.6 | 1.1 |
| Nonmetro | 0.5 | 0.5 | 0.2 | 0.0 | 0.6 | 0.6 | 1.0 | 1.1 | 0.5 | 0.5 |
| Urbanized | 0.5 | 0.4 | 0.3 | 0.0 | 0.6 | 0.4 | 1.5 | 1.3 | 0.4 | 0.3 |
| Less Urbanized | 0.6 | 0.8 | 0.1 | * | 0.6 | 0.9 | 0.7 | 1.1 | 0.6 | 0.8 |
| Completely Rural | 0.5 | * | * | * | 0.5 | * | * | * | 0.6 | * |
| POVERTY LEVEL¹ | | | | | | | | | | |
| Less Than 100% | 0.9 | 1.2 | 0.2 | 0.0 | 1.0 | 1.4 | 0.8 | 1.2 | 1.0 | 1.4 |
| 100-199% | 0.5 | 0.6 | 0.5 | 0.0 | 0.5 | 0.7 | 0.8 | 1.5 | 0.4 | 0.5 |
| 200% or More | 0.7 | 0.6 | 0.5 | 0.1 | 0.7 | 0.6 | 1.2 | 0.8 | 0.6 | 0.6 |
| HEALTH INSURANCE² | | | | | | | | | | |
| Private | 0.5 | 0.5 | 0.5 | 0.1 | 0.5 | 0.6 | 1.1 | 0.9 | 0.4 | 0.5 |
| Medicaid/CHIP | 1.0 | 1.0 | 0.4 | 0.1 | 1.1 | 1.1 | 0.8 | 1.3 | 1.2 | 1.1 |
| Other ³ | 0.3 | 0.4 | 0.3 | * | 0.3 | 0.5 | 0.4 | 0.4 | 0.3 | 0.5 |
| No Coverage | 1.1 | 1.2 | 0.1 | * | 1.1 | 1.3 | 1.2 | 1.5 | 1.1 | 1.2 |

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.