Table 1.91A   Any Use of Prescription Sedatives in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	15,636	15,364	545	429	15,091	14,935	1,051	1,066	14,040	13,869
GEOGRAPHIC REGION										
Northeast	2,434	2,586	83	75	2,351	2,511	157	122	2,194	2,389
Midwest	3,226	3,304	109	87	3,117	3,217	247	233	2,870	2,983
South	6,254	5,810	233	185	6,021	5,625	366	489	5,655	5,136
West	3,720	3,664	119	82	3,602	3,582	281	222	3,320	3,360
COUNTY TYPE										
Large Metro	8,651	7,670	284	182	8,368	7,488	616	477	7,751	7,011
Small Metro	4,691	5,085	165	175	4,526	4,909	303	428	4,222	4,481
Nonmetro	2,294	2,610	96	72	2,198	2,538	131	161	2,067	2,378
Urbanized	930	1,055	30	25	900	1,030	60	93	840	937
Less Urbanized	1,109	1,294	49	47	1,060	1,247	55	65	1,005	1,182
Completely Rural	255	261	17	*	238	261	16	3	222	258
POVERTY LEVEL[1]										
Less Than 100%	1,860	2,315	155	90	1,705	2,225	242	247	1,463	1,978
100-199%	2,715	2,554	105	63	2,610	2,492	216	253	2,394	2,239
200% or More	11,022	10,474	284	276	10,738	10,198	554	545	10,183	9,653
HEALTH INSURANCE[2]										
Private	10,202	9,457	297	270	9,904	9,187	658	702	9,247	8,484
Medicaid/CHIP	2,720	3,212	225	150	2,495	3,061	244	239	2,251	2,822
Other[3]	6,373	6,104	39	8	6,334	6,097	93	58	6,241	6,039
No Coverage	719	895	19	18	700	877	117	114	583	763

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

[1] Respondents aged 18 to 22 who were living in a college dormitory were excluded.

[2] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

[3] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 1.91B   Any Use of Prescription Sedatives in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	5.7	5.5	2.2	1.7	6.0	5.9	3.1	3.2	6.5	6.3
GEOGRAPHIC REGION										
Northeast	5.1	5.4	2.1	1.9	5.4	5.7	2.7	2.2	5.8	6.3
Midwest	5.6	5.8	2.1	1.7	6.0	6.2	3.4	3.3	6.4	6.6
South	6.0	5.5	2.4	1.9	6.3	5.9	2.9	3.8	6.9	6.2
West	5.7	5.5	2.0	1.4	6.0	6.0	3.5	2.8	6.4	6.5
COUNTY TYPE										
Large Metro	5.6	5.1	2.1	1.3	6.0	5.5	3.3	2.7	6.4	5.9
Small Metro	5.6	6.0	2.1	2.3	6.0	6.4	2.9	3.9	6.5	6.8
Nonmetro	6.0	6.3	2.7	2.2	6.4	6.7	3.0	3.4	6.9	7.1
Urbanized	5.9	6.4	1.9	1.9	6.3	6.8	3.0	4.2	6.8	7.2
Less Urbanized	6.2	6.6	3.0	2.9	6.6	6.9	2.8	2.9	7.1	7.4
Completely Rural	5.9	5.1	4.3	*	6.0	5.4	4.2	0.9	6.2	5.8
POVERTY LEVEL[1]										
Less Than 100%	5.0	5.5	3.1	2.0	5.3	6.0	3.1	3.0	6.0	6.8
100-199%	5.1	5.1	2.0	1.4	5.5	5.4	2.8	3.3	6.0	5.9
200% or More	6.0	5.7	2.0	1.7	6.3	6.1	3.3	3.2	6.7	6.4
HEALTH INSURANCE[2]										
Private	5.7	5.4	2.1	1.8	6.0	5.8	3.2	3.6	6.4	6.1
Medicaid/CHIP	6.0	6.6	2.4	1.8	7.0	7.6	3.4	3.1	7.9	8.7
Other[3]	9.1	8.0	3.1	0.5	9.2	8.2	3.7	2.4	9.4	8.4
No Coverage	2.7	3.1	1.7	1.2	2.7	3.2	2.4	2.2	2.8	3.5

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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[1] Respondents aged 18 to 22 who were living in a college dormitory were excluded.

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Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 1.92A   Misuse of Prescription Sedatives in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	1,098	*1,240*	82	*35*	1,016	*1,205*	175	*251*	841	*954*
GEOGRAPHIC REGION										
Northeast	202	*180*	11	*12*	191	*168*	15	*7*	176	*160*
Midwest	191	*281*	25	*6*	167	*275*	32	*26*	135	*249*
South	374	*541*	33	*16*	341	*526*	75	*140*	266	*385*
West	330	*238*	13	*1*	317	*237*	53	*77*	264	*160*
COUNTY TYPE										
Large Metro	673	*586*	43	*21*	630	*565*	104	*104*	526	*461*
Small Metro	338	*509*	32	*11*	307	*498*	53	*111*	254	*387*
Nonmetro	87	*145*	8	*3*	79	*142*	18	*35*	62	*107*
Urbanized	44	*64*	4	***	40	*64*	12	*23*	28	*41*
Less Urbanized	36	*81*	4	*3*	32	*78*	5	*12*	27	*66*
Completely Rural	7	***	*	***	7	***	0	***	7	***
POVERTY LEVEL[1]										
Less Than 100%	201	*229*	20	*5*	182	*224*	28	*56*	154	*168*
100-199%	193	*228*	18	*1*	174	*227*	42	*94*	132	*133*
200% or More	692	*781*	44	*29*	648	*752*	93	*99*	555	*653*
HEALTH INSURANCE[2]										
Private	630	*756*	45	*23*	586	*733*	123	*142*	463	*591*
Medicaid/CHIP	235	*268*	32	*6*	203	*262*	33	*64*	170	*198*
Other[3]	224	*297*	3	***	220	*296*	22	*8*	198	*288*
No Coverage	108	*155*	5	*6*	103	*149*	17	*44*	86	*105*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

[1] Respondents aged 18 to 22 who were living in a college dormitory were excluded.

[2] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

[3] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 1.92B   Misuse of Prescription Sedatives in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	0.4	*0.4*	0.3	*0.1*	0.4	*0.5*	0.5	*0.7*	0.4	*0.4*
GEOGRAPHIC REGION										
Northeast	0.4	*0.4*	0.3	*0.3*	0.4	*0.4*	0.3	*0.1*	0.5	*0.4*
Midwest	0.3	*0.5*	0.5	*0.1*	0.3	*0.5*	0.4	*0.4*	0.3	*0.6*
South	0.4	*0.5*	0.3	*0.2*	0.4	*0.5*	0.6	*1.1*	0.3	*0.5*
West	0.5	*0.4*	0.2	*0.0*	0.5	*0.4*	0.7	*1.0*	0.5	*0.3*
COUNTY TYPE										
Large Metro	0.4	*0.4*	0.3	*0.1*	0.4	*0.4*	0.6	*0.6*	0.4	*0.4*
Small Metro	0.4	*0.6*	0.4	*0.1*	0.4	*0.6*	0.5	*1.0*	0.4	*0.6*
Nonmetro	0.2	*0.4*	0.2	*0.1*	0.2	*0.4*	0.4	*0.7*	0.2	*0.3*
Urbanized	0.3	*0.4*	0.3	*	0.3	*0.4*	0.6	*1.1*	0.2	*0.3*
Less Urbanized	0.2	*0.4*	0.2	*0.2*	0.2	*0.4*	0.3	*0.5*	0.2	*0.4*
Completely Rural	0.2	*	*	*	0.2	*	0.0	*	0.2	*
POVERTY LEVEL[1]										
Less Than 100%	0.5	*0.5*	0.4	*0.1*	0.6	*0.6*	0.4	*0.7*	0.6	*0.6*
100-199%	0.4	*0.5*	0.3	*0.0*	0.4	*0.5*	0.5	*1.2*	0.3	*0.3*
200% or More	0.4	*0.4*	0.3	*0.2*	0.4	*0.4*	0.6	*0.6*	0.4	*0.4*
HEALTH INSURANCE[2]										
Private	0.4	*0.4*	0.3	*0.2*	0.4	*0.5*	0.6	*0.7*	0.3	*0.4*
Medicaid/CHIP	0.5	*0.6*	0.3	*0.1*	0.6	*0.7*	0.5	*0.8*	0.6	*0.6*
Other[3]	0.3	*0.4*	0.3	*	0.3	*0.4*	0.9	*0.3*	0.3	*0.4*
No Coverage	0.4	*0.5*	0.4	*0.4*	0.4	*0.6*	0.4	*0.8*	0.4	*0.5*

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Table 1.93A   Misuse of Prescription Sedatives in Past Month: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	304	*481*	29	*1*	275	*480*	44	*78*	231	*402*
GEOGRAPHIC REGION										
Northeast	74	*86*	2	*	72	*86*	4	*4*	69	*82*
Midwest	48	*93*	11	*1*	38	*92*	6	*8*	32	*84*
South	92	*251*	15	*	76	*251*	22	*52*	54	*199*
West	90	*51*	1	*	89	*51*	12	*14*	77	*37*
COUNTY TYPE										
Large Metro	205	*189*	11	*	194	*189*	32	*21*	163	*167*
Small Metro	84	*248*	18	*1*	66	*247*	12	*51*	54	*195*
Nonmetro	15	*44*	*	*	15	*44*	1	*5*	14	*39*
Urbanized	10	*21*	*	*	10	*21*	1	*5*	10	*16*
Less Urbanized	5	*23*	*	*	5	*23*	*	*	5	*23*
Completely Rural	*	*	*	*	*	*	*	*	*	*
POVERTY LEVEL[1]										
Less Than 100%	55	*136*	2	*	53	*136*	1	*31*	53	*105*
100-199%	48	*101*	6	*	43	*101*	12	*43*	31	*58*
200% or More	199	*244*	21	*1*	178	*242*	31	*4*	148	*238*
HEALTH INSURANCE[2]										
Private	159	*256*	22	*1*	138	*255*	31	*38*	107	*217*
Medicaid/CHIP	68	*102*	7	*	61	*102*	11	*11*	51	*92*
Other[3]	93	*166*	*	*	93	*166*	8	*5*	86	*161*
No Coverage	23	*110*	*	*	23	*110*	*	*29*	23	*81*

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Table 1.93B   Misuse of Prescription Sedatives in Past Month: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	0.1	*0.2*	0.1	*0.0*	0.1	*0.2*	0.1	*0.2*	0.1	*0.2*
GEOGRAPHIC REGION										
Northeast	0.2	*0.2*	0.0	*	0.2	*0.2*	0.1	*0.1*	0.2	*0.2*
Midwest	0.1	*0.2*	0.2	*0.0*	0.1	*0.2*	0.1	*0.1*	0.1	*0.2*
South	0.1	*0.2*	0.2	*	0.1	*0.3*	0.2	*0.4*	0.1	*0.2*
West	0.1	*0.1*	0.0	*	0.1	*0.1*	0.1	*0.2*	0.1	*0.1*
COUNTY TYPE										
Large Metro	0.1	*0.1*	0.1	*	0.1	*0.1*	0.2	*0.1*	0.1	*0.1*
Small Metro	0.1	*0.3*	0.2	*0.0*	0.1	*0.3*	0.1	*0.5*	0.1	*0.3*
Nonmetro	0.0	*0.1*	*	*	0.0	*0.1*	0.0	*0.1*	0.0	*0.1*
Urbanized	0.1	*0.1*	*	*	0.1	*0.1*	0.0	*0.2*	0.1	*0.1*
Less Urbanized	0.0	*0.1*	*	*	0.0	*0.1*	*	*	0.0	*0.1*
Completely Rural	*	*	*	*	*	*	*	*	*	*
POVERTY LEVEL[1]										
Less Than 100%	0.1	*0.3*	0.0	*	0.2	*0.4*	0.0	*0.4*	0.2	*0.4*
100-199%	0.1	*0.2*	0.1	*	0.1	*0.2*	0.2	*0.6*	0.1	*0.2*
200% or More	0.1	*0.1*	0.1	*0.0*	0.1	*0.1*	0.2	*0.0*	0.1	*0.2*
HEALTH INSURANCE[2]										
Private	0.1	*0.1*	0.2	*0.0*	0.1	*0.2*	0.2	*0.2*	0.1	*0.2*
Medicaid/CHIP	0.2	*0.2*	0.1	*	0.2	*0.3*	0.2	*0.1*	0.2	*0.3*
Other[3]	0.1	*0.2*	*	*	0.1	*0.2*	0.3	*0.2*	0.1	*0.2*
No Coverage	0.1	*0.4*	*	*	0.1	*0.4*	*	*0.6*	0.1	*0.4*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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