

Table 1.94A Any Use of Prescription Benzodiazepines in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	29,408	27,026	749	418	28,659	26,607	2,983	2,861	25,676	23,747
GEOGRAPHIC REGION										
Northeast	5,326	4,860	81	71	5,244	4,789	502	418	4,743	4,371
Midwest	6,182	5,577	168	84	6,014	5,492	716	615	5,298	4,877
South	11,368	10,566	292	139	11,076	10,427	1,042	1,127	10,033	9,300
West	6,532	6,022	207	124	6,325	5,899	723	700	5,602	5,198
COUNTY TYPE										
Large Metro	16,415	14,685	404	195	16,011	14,490	1,699	1,430	14,312	13,060
Small Metro	8,906	8,886	249	166	8,657	8,720	894	1,013	7,763	7,707
Nonmetro	4,086	3,455	96	58	3,991	3,397	389	417	3,602	2,980
Urbanized	1,666	1,322	45	19	1,620	1,303	224	240	1,397	1,063
Less Urbanized	1,949	1,656	40	34	1,909	1,622	132	169	1,777	1,453
Completely Rural	472	477	11	*	462	473	34	8	428	464
POVERTY LEVEL¹										
Less Than 100%	3,619	4,096	176	131	3,443	3,965	665	733	2,778	3,232
100-199%	5,535	4,905	171	50	5,364	4,854	607	734	4,757	4,120
200% or More	20,199	18,011	402	236	19,797	17,775	1,656	1,380	18,142	16,395
HEALTH INSURANCE²										
Private	19,000	16,418	360	218	18,640	16,200	1,911	1,735	16,729	14,464
Medicaid/CHIP	5,306	5,567	324	184	4,982	5,383	637	661	4,345	4,722
Other ³	9,345	9,066	52	16	9,293	9,050	224	122	9,069	8,927
No Coverage	2,109	2,218	36	17	2,073	2,200	343	452	1,730	1,748

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 1.94B Any Use of Prescription Benzodiazepines in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	10.7	9.8	3.0	1.7	11.4	10.6	8.8	8.5	11.9	10.9
GEOGRAPHIC REGION										
Northeast	11.2	10.2	2.1	1.8	12.0	10.9	8.7	7.4	12.5	11.5
Midwest	10.8	9.7	3.2	1.6	11.6	10.5	10.0	8.7	11.8	10.8
South	10.9	10.0	3.0	1.4	11.7	10.9	8.2	8.9	12.2	11.2
West	10.0	9.1	3.4	2.0	10.6	9.8	8.9	8.7	10.9	10.0
COUNTY TYPE										
Large Metro	10.7	9.7	3.0	1.4	11.4	10.6	9.0	8.1	11.8	11.0
Small Metro	10.7	10.5	3.2	2.2	11.4	11.3	8.4	9.2	11.9	11.7
Nonmetro	10.7	8.4	2.7	1.8	11.6	8.9	9.0	8.7	12.0	8.9
Urbanized	10.5	8.0	2.9	1.5	11.3	8.6	11.0	10.9	11.3	8.2
Less Urbanized	10.9	8.4	2.4	2.1	11.8	9.0	6.8	7.6	12.5	9.2
Completely Rural	10.9	9.4	2.6	*	11.7	9.8	8.9	2.3	12.0	10.4
POVERTY LEVEL¹										
Less Than 100%	9.7	9.8	3.5	2.9	10.7	10.6	8.4	9.0	11.4	11.1
100-199%	10.5	9.7	3.2	1.1	11.3	10.6	7.8	9.5	11.9	10.8
200% or More	11.0	9.8	2.8	1.5	11.7	10.6	9.8	8.0	11.9	10.9
HEALTH INSURANCE²										
Private	10.6	9.4	2.5	1.5	11.3	10.2	9.4	8.9	11.5	10.4
Medicaid/CHIP	11.7	11.4	3.4	2.2	13.9	13.3	8.8	8.5	15.2	14.5
Other ³	13.3	11.9	4.3	1.0	13.5	12.1	8.8	5.0	13.6	12.4
No Coverage	7.8	7.8	3.1	1.2	8.0	8.2	7.1	8.6	8.2	8.0

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Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	4,841	4,779	381	157	4,460	4,622	1,266	1,097	3,194	3,526
GEOGRAPHIC REGION										
Northeast	912	639	24	33	888	606	212	130	676	476
Midwest	918	1,058	90	17	828	1,041	285	292	543	749
South	1,866	1,772	127	51	1,739	1,721	484	397	1,255	1,324
West	1,144	1,310	139	56	1,005	1,254	284	278	720	976
COUNTY TYPE										
Large Metro	2,902	2,376	197	72	2,705	2,304	711	590	1,994	1,714
Small Metro	1,417	1,804	145	72	1,271	1,731	377	366	894	1,365
Nonmetro	522	599	39	12	484	587	178	140	306	447
Urbanized	258	246	20	3	238	243	121	67	117	176
Less Urbanized	226	343	16	9	210	334	46	72	164	262
Completely Rural	38	10	3	0	35	10	10	1	25	8
POVERTY LEVEL¹										
Less Than 100%	827	1,054	77	58	750	996	305	290	445	706
100-199%	898	806	96	11	803	795	256	277	546	518
200% or More	3,091	2,911	209	88	2,882	2,822	678	521	2,204	2,302
HEALTH INSURANCE²										
Private	2,724	2,621	189	71	2,535	2,551	811	638	1,723	1,912
Medicaid/CHIP	1,170	1,123	170	78	1,000	1,045	224	248	776	798
Other ³	620	820	24	2	596	818	60	55	536	763
No Coverage	697	803	12	9	685	794	213	209	472	585

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Table 1.95B Misuse of Prescription Benzodiazepines in Past Year: Among People Aged 12 or Older; by Age Group and Geographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Geographic/Socioeconomic Characteristic	Aged 12+ (2019)	Aged 12+ (2020)	Aged 12-17 (2019)	Aged 12-17 (2020)	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)
TOTAL	1.8	<i>1.7</i>	1.5	<i>0.6</i>	1.8	<i>1.8</i>	3.8	<i>3.3</i>	1.5	<i>1.6</i>
GEOGRAPHIC REGION										
Northeast	1.9	<i>1.3</i>	0.6	<i>0.8</i>	2.0	<i>1.4</i>	3.7	<i>2.3</i>	1.8	<i>1.3</i>
Midwest	1.6	<i>1.8</i>	1.7	<i>0.3</i>	1.6	<i>2.0</i>	4.0	<i>4.1</i>	1.2	<i>1.7</i>
South	1.8	<i>1.7</i>	1.3	<i>0.5</i>	1.8	<i>1.8</i>	3.8	<i>3.1</i>	1.5	<i>1.6</i>
West	1.7	<i>2.0</i>	2.3	<i>0.9</i>	1.7	<i>2.1</i>	3.5	<i>3.5</i>	1.4	<i>1.9</i>
COUNTY TYPE										
Large Metro	1.9	<i>1.6</i>	1.5	<i>0.5</i>	1.9	<i>1.7</i>	3.8	<i>3.3</i>	1.6	<i>1.4</i>
Small Metro	1.7	<i>2.1</i>	1.9	<i>0.9</i>	1.7	<i>2.2</i>	3.6	<i>3.3</i>	1.4	<i>2.1</i>
Nonmetro	1.4	<i>1.5</i>	1.1	<i>0.4</i>	1.4	<i>1.5</i>	4.1	<i>2.9</i>	1.0	<i>1.3</i>
Urbanized	1.6	<i>1.5</i>	1.3	<i>0.2</i>	1.7	<i>1.6</i>	6.0	<i>3.0</i>	0.9	<i>1.4</i>
Less Urbanized	1.3	<i>1.7</i>	0.9	<i>0.6</i>	1.3	<i>1.8</i>	2.4	<i>3.2</i>	1.2	<i>1.7</i>
Completely Rural	0.9	<i>0.2</i>	0.7	<i>0.2</i>	0.9	<i>0.2</i>	2.7	<i>0.4</i>	0.7	<i>0.2</i>
POVERTY LEVEL¹										
Less Than 100%	2.2	<i>2.5</i>	1.5	<i>1.3</i>	2.3	<i>2.7</i>	3.9	<i>3.6</i>	1.8	<i>2.4</i>
100-199%	1.7	<i>1.6</i>	1.8	<i>0.2</i>	1.7	<i>1.7</i>	3.3	<i>3.6</i>	1.4	<i>1.4</i>
200% or More	1.7	<i>1.6</i>	1.4	<i>0.6</i>	1.7	<i>1.7</i>	4.0	<i>3.0</i>	1.4	<i>1.5</i>
HEALTH INSURANCE²										
Private	1.5	<i>1.5</i>	1.3	<i>0.5</i>	1.5	<i>1.6</i>	4.0	<i>3.3</i>	1.2	<i>1.4</i>
Medicaid/CHIP	2.6	<i>2.3</i>	1.8	<i>0.9</i>	2.8	<i>2.6</i>	3.1	<i>3.2</i>	2.7	<i>2.5</i>
Other ³	0.9	<i>1.1</i>	2.0	<i>0.1</i>	0.9	<i>1.1</i>	2.4	<i>2.3</i>	0.8	<i>1.1</i>
No Coverage	2.6	<i>2.8</i>	1.0	<i>0.6</i>	2.6	<i>2.9</i>	4.4	<i>4.0</i>	2.2	<i>2.7</i>

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