

Table 10.15A Type of Mental Health Service Received in Past Year: Among People Aged 18 or Older; by Age Group, Numbers in Thousands, 2002-2020

Mental Health Services Received/Age Group	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
MENTAL HEALTH SERVICES¹	27,215	27,939	27,502	28,166	28,405	29,556	30,201	30,341	31,490	31,642	34,122	34,644	35,498	34,243	34,982	36,416	37,101	40,154	<i>41,444</i>
Inpatient	1,472	1,792	1,917	2,129	1,596	2,145	1,970	1,900	1,752	1,779	1,872	2,174	2,411	2,199	2,270	2,357	2,366	2,371	2,232
18-25	294	324	388	344	345	360	364	359	348	361	397	451	418	483	516	509	545	567	460
26 or Older	1,179	1,468	1,529	1,785	1,251	1,784	1,606	1,541	1,404	1,419	1,476	1,723	1,993	1,715	1,754	1,847	1,822	1,804	<i>1,772</i>
26-49	811	884	801	930	781	1,125	758	970	749	766	675	988	951	867	967	933	1,021	955	<i>991</i>
50 or Older	367	584	728	855	470	659	848	571	655	653	801	735	1,042	848	786	914	801	850	<i>782</i>
Outpatient ^{1,2}	15,487	15,065	15,226	14,856	14,712	15,433	15,327	14,394	15,144	15,473	15,468	15,640	16,082	17,069	16,875	18,517	19,461	20,561	<i>21,505</i>
18-25	2,077	2,096	1,976	2,070	1,912	1,837	1,948	2,039	1,946	2,126	2,239	2,172	2,204	2,280	2,519	3,052	3,131	3,456	<i>3,854</i>
26 or Older	13,410	12,969	13,250	12,785	12,801	13,596	13,380	12,355	13,198	13,347	13,229	13,469	14,789	14,356	15,466	16,330	17,105	17,105	<i>17,651</i>
26-49	8,931	8,696	8,632	7,766	7,581	7,975	7,880	7,378	7,699	7,640	7,411	7,229	7,368	7,805	7,990	8,456	8,805	9,893	<i>10,368</i>
50 or Older	4,479	4,274	4,619	5,019	5,220	5,620	5,500	4,977	5,499	5,707	5,818	6,239	6,510	6,984	6,366	7,009	7,526	7,213	<i>7,283</i>
Prescription Medication	22,005	23,253	22,638	23,305	23,967	24,864	25,598	25,719	26,671	26,777	29,027	29,530	30,082	28,455	29,350	29,757	30,115	32,629	<i>33,815</i>
18-25	2,316	2,621	2,594	2,680	2,612	2,602	2,676	2,857	2,838	3,005	3,109	3,270	3,075	2,999	3,330	3,780	3,769	4,165	<i>4,726</i>
26 or Older	19,689	20,632	20,044	20,625	21,354	22,262	22,923	22,862	23,833	23,772	25,918	26,260	27,007	25,456	26,020	25,977	26,346	28,464	<i>29,089</i>
26-49	11,384	11,837	11,671	11,423	11,741	11,777	11,701	12,204	12,269	12,006	12,669	12,767	12,557	12,398	12,460	12,736	12,990	14,388	<i>14,162</i>
50 or Older	8,304	8,795	8,373	9,202	9,613	10,484	11,222	10,658	11,564	11,767	13,249	13,494	14,450	13,058	13,560	13,241	13,356	14,076	<i>14,927</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ Because of revisions in 2004 to the logical editing of the outpatient mental health services data, these 2002 and 2003 estimates may differ from estimates published prior to the 2004 NSDUH.

² Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2002-2019, and Quarters 1 and 4, 2020.

Table 10.15B Type of Mental Health Service Received in Past Year: Among People Aged 18 or Older; by Age Group, Percentages, 2002-2020

Mental Health Services Received/Age Group	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
MENTAL HEALTH SERVICES¹	13.0	13.2	12.8	13.0	12.9	13.3	13.5	13.4	13.8	13.6	14.5	14.6	14.8	14.2	14.4	14.8	15.0	16.1	<i>16.9</i>
Inpatient	0.7	0.8	0.9	1.0	0.7	1.0	0.9	0.8	0.8	0.8	0.8	0.9	1.0	0.9	0.9	1.0	1.0	1.0	<i>0.9</i>
18-25	0.9	1.0	1.2	1.1	1.1	1.1	1.1	1.1	1.0	1.1	1.1	1.3	1.2	1.4	1.5	1.5	1.6	1.7	<i>1.4</i>
26 or Older	0.7	0.8	0.8	1.0	0.7	0.9	0.8	0.8	0.7	0.7	0.7	0.9	1.0	0.8	0.8	0.9	0.9	0.8	<i>0.8</i>
26-49	0.8	0.9	0.8	0.9	0.8	1.1	0.8	1.0	0.8	0.8	0.7	1.0	1.0	0.9	1.0	0.9	1.0	0.9	<i>1.0</i>
50 or Older	0.5	0.7	0.9	1.0	0.5	0.7	0.9	0.6	0.7	0.7	0.8	0.7	1.0	0.8	0.7	0.8	0.7	0.7	<i>0.7</i>
Outpatient ^{1,2}	7.4	7.1	7.1	6.8	6.7	7.0	6.8	6.4	6.6	6.7	6.6	6.6	6.7	7.1	6.9	7.5	7.9	8.3	<i>8.8</i>
18-25	6.7	6.6	6.2	6.4	5.9	5.6	5.9	6.1	5.7	6.2	6.5	6.3	6.4	6.6	7.3	9.0	9.3	10.3	<i>11.9</i>
26 or Older	7.5	7.2	7.3	6.9	6.8	7.2	7.0	6.4	6.8	6.7	6.6	6.7	6.8	7.1	6.9	7.3	7.6	7.9	<i>8.3</i>
26-49	8.9	8.7	8.6	7.8	7.6	8.0	7.9	7.5	7.8	7.8	7.6	7.4	7.5	7.9	8.1	8.5	8.8	9.8	<i>10.6</i>
50 or Older	5.7	5.3	5.6	5.9	6.0	6.3	6.0	5.3	5.7	5.7	5.7	6.0	6.1	6.4	5.8	6.3	6.6	6.3	<i>6.4</i>
Prescription Medication	10.5	10.9	10.5	10.7	10.9	11.2	11.4	11.3	11.7	11.5	12.4	12.5	12.6	11.8	12.0	12.1	12.2	13.1	<i>13.8</i>
18-25	7.5	8.3	8.1	8.3	8.0	8.0	8.1	8.5	8.4	8.8	9.0	9.4	8.8	8.6	9.7	11.1	11.1	12.4	<i>14.5</i>
26 or Older	11.0	11.4	11.0	11.1	11.4	11.7	12.0	11.8	12.2	12.0	12.9	13.0	13.2	12.3	12.4	12.3	12.3	13.2	<i>13.7</i>
26-49	11.4	11.9	11.7	11.4	11.7	11.8	11.7	12.3	12.5	12.3	13.0	13.1	12.8	12.6	12.6	12.7	12.9	14.3	<i>14.4</i>
50 or Older	10.5	10.9	10.1	10.8	11.0	11.7	12.2	11.3	12.0	11.8	12.9	12.9	13.5	12.0	12.3	11.8	11.8	12.3	<i>13.1</i>

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