

Table 10.15C Type of Mental Health Service Received in Past Year: Among People Aged 18 or Older; by Age Group, Standard Errors of Numbers in Thousands, 2002-2020

Mental Health Services Received/Age Group	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
MENTAL HEALTH SERVICES¹	570	561	554	573	578	605	646	603	616	594	653	674	541	552	557	608	591	606	880
Inpatient	123	150	149	177	129	173	221	154	154	148	148	164	148	147	144	138	144	163	242
18-25	25	28	33	30	28	31	34	32	31	31	34	36	37	42	38	43	41	42	63
26 or Older	121	148	144	174	127	172	219	151	151	143	145	159	145	139	136	134	138	156	231
26-49	93	95	88	97	94	107	89	107	84	88	74	102	75	73	79	71	82	84	135
50 or Older	76	113	117	142	91	136	205	108	128	107	127	120	127	122	109	116	109	124	188
Outpatient ^{1,2}	445	398	413	433	438	423	456	420	448	437	435	492	383	400	385	431	442	466	656
18-25	65	66	66	70	74	70	70	68	70	76	77	75	87	84	89	100	102	110	176
26 or Older	439	391	409	425	428	416	446	413	441	429	432	487	366	392	370	417	420	447	627
26-49	294	281	268	269	269	280	259	265	273	275	258	285	198	215	213	219	233	249	388
50 or Older	309	280	296	331	323	332	360	320	337	337	341	392	307	320	301	336	335	347	488
Prescription Medication	528	529	500	529	536	565	602	564	557	570	612	638	500	512	515	548	541	537	810
18-25	68	78	74	75	79	78	79	77	82	86	87	94	104	93	102	114	100	113	201
26 or Older	520	528	498	522	531	558	593	556	555	559	604	629	487	502	507	521	529	519	780
26-49	317	322	305	306	343	317	319	329	324	328	351	359	252	259	257	270	267	277	439
50 or Older	405	409	396	420	392	445	491	461	468	449	502	514	421	411	432	436	445	435	655

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ Because of revisions in 2004 to the logical editing of the outpatient mental health services data, these 2002 and 2003 estimates may differ from estimates published prior to the 2004 NSDUH.

² Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2002-2019, and Quarters 1 and 4, 2020.

Table 10.15D Type of Mental Health Service Received in Past Year: Among People Aged 18 or Older; by Age Group, Standard Errors of Percentages, 2002-2020

Mental Health Services Received/Age Group	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
MENTAL HEALTH SERVICES¹	0.27	0.26	0.26	0.26	0.26	0.27	0.29	0.27	0.27	0.26	0.28	0.28	0.23	0.23	0.23	0.25	0.24	0.24	<i>0.36</i>
Inpatient	0.06	0.07	0.07	0.08	0.06	0.08	0.10	0.07	0.07	0.06	0.06	0.07	0.06	0.06	0.06	0.06	0.06	0.07	<i>0.10</i>
18-25	0.08	0.09	0.10	0.09	0.08	0.09	0.10	0.10	0.09	0.09	0.10	0.11	0.11	0.12	0.11	0.12	0.12	0.13	<i>0.19</i>
26 or Older	0.07	0.08	0.08	0.09	0.07	0.09	0.11	0.08	0.08	0.07	0.07	0.08	0.07	0.07	0.07	0.06	0.06	0.07	<i>0.11</i>
26-49	0.09	0.10	0.09	0.10	0.09	0.11	0.09	0.11	0.09	0.09	0.08	0.10	0.08	0.07	0.08	0.07	0.08	0.08	<i>0.14</i>
50 or Older	0.10	0.14	0.14	0.17	0.10	0.15	0.22	0.11	0.13	0.11	0.12	0.11	0.12	0.11	0.10	0.10	0.10	0.11	<i>0.16</i>
Outpatient ^{1,2}	0.21	0.19	0.19	0.20	0.20	0.19	0.20	0.19	0.20	0.19	0.19	0.21	0.16	0.17	0.16	0.18	0.18	0.19	<i>0.27</i>
18-25	0.21	0.21	0.21	0.22	0.23	0.21	0.21	0.20	0.21	0.22	0.22	0.22	0.25	0.24	0.26	0.29	0.30	0.33	<i>0.54</i>
26 or Older	0.25	0.22	0.22	0.23	0.23	0.22	0.23	0.21	0.23	0.22	0.22	0.24	0.18	0.19	0.18	0.20	0.20	0.21	<i>0.30</i>
26-49	0.29	0.28	0.27	0.27	0.27	0.28	0.26	0.27	0.28	0.28	0.26	0.29	0.20	0.22	0.22	0.22	0.23	0.25	<i>0.40</i>
50 or Older	0.39	0.35	0.36	0.39	0.37	0.37	0.39	0.34	0.35	0.34	0.33	0.37	0.29	0.29	0.27	0.30	0.30	0.30	<i>0.43</i>
Prescription Medication	0.25	0.25	0.23	0.24	0.24	0.25	0.27	0.25	0.24	0.25	0.26	0.27	0.21	0.21	0.21	0.22	0.22	0.22	<i>0.33</i>
18-25	0.22	0.25	0.23	0.23	0.24	0.24	0.24	0.23	0.24	0.25	0.25	0.27	0.30	0.27	0.30	0.33	0.30	0.34	<i>0.62</i>
26 or Older	0.29	0.29	0.27	0.28	0.28	0.29	0.31	0.29	0.28	0.28	0.30	0.31	0.24	0.24	0.24	0.25	0.25	0.24	<i>0.37</i>
26-49	0.32	0.32	0.31	0.31	0.34	0.32	0.32	0.33	0.33	0.33	0.36	0.37	0.26	0.26	0.26	0.27	0.27	0.27	<i>0.45</i>
50 or Older	0.51	0.51	0.48	0.49	0.45	0.50	0.53	0.49	0.49	0.45	0.49	0.49	0.39	0.38	0.39	0.39	0.39	0.38	<i>0.57</i>

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