

Table 10.18A Locations of Outpatient Mental Health Services: Among People Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year; Numbers in Thousands, 2002-2020

Location of Mental Health Services	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Outpatient Mental Health Clinic or Center	3,136	2,983	3,268	3,612	3,342	3,133	3,371	3,079	3,320	3,645	3,634	4,002	4,126	4,411	4,301	4,759	4,517	5,162	<i>5,791</i>
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	8,461	8,216	7,839	8,038	7,790	8,441	8,787	7,678	8,482	8,559	8,514	9,019	9,209	10,007	9,775	10,808	12,356	12,429	<i>13,380</i>
Doctor's Office - Not Part of a Clinic	3,796	3,669	3,752	3,159	3,299	3,297	3,009	3,336	3,157	3,014	3,104	2,393	2,446	2,862	2,531	2,980	2,834	3,136	<i>2,721</i>
Outpatient Medical Clinic	950	997	1,195	1,126	1,159	1,376	1,354	1,233	1,007	1,161	1,012	1,070	1,156	1,054	1,159	1,031	1,261	1,181	<i>1,488</i>
Partial Day Hospital or Day Treatment Program	289	310	293	311	190	349	237	358	283	284	343	194	300	335	225	311	285	346	<i>361</i>
School or University Setting/Clinic/Center ¹	107	78	84	93	88	65	101	83	81	84	106	83	111	95	121	194	149	151	<i>89</i>
Some Other Place ²	288	265	322	144	257	332	250	272	325	373	256	435	393	390	368	448	467	534	<i>464</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Because of revisions in 2004 to the logical editing of the outpatient mental health services data, these 2002 and 2003 estimates may differ from estimates published prior to the 2004 NSDUH.

NOTE: Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

¹ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

² Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2002-2019, and Quarters 1 and 4, 2020.

Table 10.18B Locations of Outpatient Mental Health Services: Among People Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year; Percentages, 2002-2020

Location of Mental Health Services	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Outpatient Mental Health Clinic or Center	20.4	20.0	21.6	24.5	22.8	20.4	22.1	21.6	22.0	23.7	23.5	25.7	25.8	26.0	25.6	25.8	23.3	25.3	<i>27.1</i>
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	55.0	55.0	51.7	54.4	53.2	54.9	57.7	53.8	56.3	55.7	55.1	57.9	57.5	58.9	58.3	58.6	63.8	60.8	<i>62.5</i>
Doctor's Office - Not Part of a Clinic	24.7	24.6	24.8	21.4	22.5	21.4	19.8	23.4	21.0	19.6	20.1	15.4	15.3	16.8	15.1	16.2	14.6	15.3	<i>12.7</i>
Outpatient Medical Clinic	6.2	6.7	7.9	7.6	7.9	9.0	8.9	8.6	6.7	7.6	6.6	6.9	7.2	6.2	6.9	5.6	6.5	5.8	<i>7.0</i>
Partial Day Hospital or Day Treatment Program	1.9	2.1	1.9	2.1	1.3	2.3	1.6	2.5	1.9	1.9	2.2	1.2	1.9	2.0	1.3	1.7	1.5	1.7	<i>1.7</i>
School or University Setting/Clinic/Center ¹	0.7	0.5	0.6	0.6	0.6	0.4	0.7	0.6	0.5	0.6	0.7	0.5	0.7	0.6	0.7	1.1	0.8	0.7	<i>0.4</i>
Some Other Place ²	1.9	1.8	2.1	1.0	1.8	2.2	1.6	1.9	2.2	2.4	1.7	2.8	2.5	2.3	2.2	2.5	2.4	2.6	<i>2.2</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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NOTE: Respondents with unknown mental health services information were excluded.

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¹ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

² Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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