

**Table 10.19A Locations of Outpatient Mental Health Services: Among People Aged 18 or Older with Past Year Any Mental Illness Who Received Outpatient Mental Health Services in Past Year; Numbers in Thousands, 2008-2020**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Outpatient Mental Health Clinic or Center	2,299	2,360	2,470	2,717	2,580	3,151	3,199	3,311	3,140	3,596	3,479	3,990	4,659
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	5,402	4,893	5,312	5,324	5,157	6,032	5,865	6,183	6,170	6,624	7,605	8,240	9,253
Doctor's Office - Not Part of a Clinic	2,062	2,240	2,042	2,072	2,119	1,660	1,624	2,117	1,768	2,119	2,062	2,162	1,988
Outpatient Medical Clinic	950	870	657	741	716	740	802	725	793	780	858	857	1,188
Partial Day Hospital or Day Treatment Program	211	285	228	227	292	151	224	280	189	277	263	321	243
School or University Setting/Clinic/Center <sup>2</sup>	70	63	44	54	79	60	82	70	85	134	100	103	82
Some Other Place <sup>3</sup>	167	182	234	270	166	249	263	262	266	299	286	312	269

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. AMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.19B Locations of Outpatient Mental Health Services: Among People Aged 18 or Older with Past Year Any Mental Illness Who Received Outpatient Mental Health Services in Past Year; Percentages, 2008-2020**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Outpatient Mental Health Clinic or Center	24.2	25.6	25.7	27.6	26.6	29.6	30.4	30.2	28.9	30.2	28.2	29.0	<i>31.4</i>
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	56.9	53.1	55.3	54.0	53.1	56.6	55.8	56.4	56.9	55.7	61.6	59.8	<i>62.3</i>
Doctor's Office - Not Part of a Clinic	21.7	24.3	21.3	21.0	21.8	15.6	15.4	19.3	16.3	17.8	16.7	15.7	<i>13.4</i>
Outpatient Medical Clinic	10.0	9.4	6.8	7.5	7.4	6.9	7.6	6.6	7.3	6.6	6.9	6.2	<i>8.0</i>
Partial Day Hospital or Day Treatment Program	2.2	3.1	2.4	2.3	3.0	1.4	2.1	2.6	1.7	2.3	2.1	2.3	<i>1.6</i>
School or University Setting/Clinic/Center <sup>2</sup>	0.7	0.7	0.5	0.6	0.8	0.6	0.8	0.6	0.8	1.1	0.8	0.8	<i>0.6</i>
Some Other Place <sup>3</sup>	1.8	2.0	2.5	2.8	1.7	2.4	2.5	2.4	2.5	2.5	2.3	2.3	<i>1.8</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. AMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.20A Locations of Outpatient Mental Health Services: Among People Aged 18 or Older with Past Year Serious Mental Illness Who Received Outpatient Mental Health Services in Past Year; Numbers in Thousands, 2008-2020**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Outpatient Mental Health Clinic or Center	1,138	1,120	1,160	1,241	1,244	1,728	1,548	1,522	1,545	1,810	1,825	2,033	2,358
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	2,211	1,869	2,319	2,090	1,939	2,545	2,277	2,310	2,410	2,701	2,932	3,398	3,789
Doctor's Office - Not Part of a Clinic	789	961	799	898	755	669	701	909	721	1,050	880	830	866
Outpatient Medical Clinic	384	472	321	322	343	291	406	322	392	379	376	422	630
Partial Day Hospital or Day Treatment Program	123	157	151	146	192	90	136	163	127	175	184	183	209
School or University Setting/Clinic/Center <sup>2</sup>	24	26	15	16	17	22	43	26	32	63	43	35	20
Some Other Place <sup>3</sup>	33	50	49	162	85	109	105	151	88	147	139	180	200

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. SMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.20B Locations of Outpatient Mental Health Services: Among People Aged 18 or Older with Past Year Serious Mental Illness Who Received Outpatient Mental Health Services in Past Year; Percentages, 2008-2020**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Outpatient Mental Health Clinic or Center	30.2	30.1	29.5	31.6	33.6	36.9	35.8	35.9	35.4	36.0	36.8	35.3	37.6
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	58.7	50.1	59.0	53.3	52.4	54.3	52.7	54.5	55.2	53.7	59.1	59.1	60.4
Doctor's Office - Not Part of a Clinic	20.9	25.8	20.3	22.9	20.4	14.3	16.2	21.5	16.5	20.9	17.8	14.4	13.8
Outpatient Medical Clinic	10.2	12.7	8.2	8.2	9.3	6.2	9.4	7.6	9.0	7.5	7.6	7.3	10.0
Partial Day Hospital or Day Treatment Program	3.3	4.2	3.8	3.7	5.2	1.9	3.2	3.8	2.9	3.5	3.7	3.2	3.3
School or University Setting/Clinic/Center <sup>2</sup>	0.6	0.7	0.4	0.4	0.5	0.5	1.0	0.6	0.7	1.3	0.9	0.6	0.3
Some Other Place <sup>3</sup>	0.9	1.3	1.3	4.1	2.3	2.3	2.4	3.6	2.0	2.9	2.8	3.2	3.2

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