

**Table 10.19C Locations of Outpatient Mental Health Services: Among People Aged 18 or Older with Past Year Any Mental Illness Who Received Outpatient Mental Health Services in Past Year; Standard Errors of Numbers in Thousands, 2008-2020**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Outpatient Mental Health Clinic or Center	155	156	179	189	166	227	175	161	159	176	173	191	<i>360</i>
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	268	256	267	242	248	328	214	250	237	244	277	277	<i>418</i>
Doctor's Office - Not Part of a Clinic	186	201	160	164	167	174	116	150	122	144	141	136	<i>188</i>
Outpatient Medical Clinic	121	114	88	92	94	120	83	79	85	75	81	91	<i>197</i>
Partial Day Hospital or Day Treatment Program	41	59	46	54	61	37	39	47	30	43	38	59	<i>56</i>
School or University Setting/Clinic/Center <sup>2</sup>	17	16	11	13	17	15	18	16	19	22	18	20	<i>29</i>
Some Other Place <sup>3</sup>	42	41	58	52	39	55	47	48	45	55	49	62	<i>78</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. AMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.19D Locations of Outpatient Mental Health Services: Among People Aged 18 or Older with Past Year Any Mental Illness Who Received Outpatient Mental Health Services in Past Year; Standard Errors of Percentages, 2008-2020**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Outpatient Mental Health Clinic or Center	1.45	1.51	1.61	1.67	1.47	1.78	1.32	1.30	1.25	1.26	1.20	1.17	<i>1.94</i>
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	1.77	1.90	1.84	1.67	1.77	2.01	1.46	1.44	1.40	1.43	1.34	1.24	<i>1.84</i>
Doctor's Office - Not Part of a Clinic	1.72	1.83	1.46	1.44	1.52	1.51	1.05	1.20	1.02	1.08	1.05	0.90	<i>1.20</i>
Outpatient Medical Clinic	1.19	1.17	0.87	0.90	0.93	1.10	0.76	0.69	0.75	0.62	0.63	0.64	<i>1.27</i>
Partial Day Hospital or Day Treatment Program	0.43	0.62	0.48	0.54	0.62	0.35	0.37	0.43	0.28	0.36	0.30	0.42	<i>0.38</i>
School or University Setting/Clinic/Center <sup>2</sup>	0.18	0.18	0.11	0.13	0.17	0.14	0.17	0.15	0.17	0.19	0.15	0.14	<i>0.20</i>
Some Other Place <sup>3</sup>	0.44	0.45	0.60	0.53	0.40	0.52	0.44	0.43	0.41	0.46	0.40	0.45	<i>0.53</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. AMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.20C Locations of Outpatient Mental Health Services: Among People Aged 18 or Older with Past Year Serious Mental Illness Who Received Outpatient Mental Health Services in Past Year; Standard Errors of Numbers in Thousands, 2008-2020**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Outpatient Mental Health Clinic or Center	105	102	116	125	108	156	112	106	110	117	128	137	<i>265</i>
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	167	152	188	148	151	232	135	138	148	140	163	162	<i>273</i>
Doctor's Office - Not Part of a Clinic	105	140	101	109	99	94	76	98	71	94	92	72	<i>127</i>
Outpatient Medical Clinic	65	86	69	60	67	68	60	51	57	52	54	55	<i>165</i>
Partial Day Hospital or Day Treatment Program	30	38	39	44	48	25	30	31	24	34	30	36	<i>54</i>
School or University Setting/Clinic/Center <sup>2</sup>	10	12	6	7	6	7	14	9	9	15	12	10	<i>11</i>
Some Other Place <sup>3</sup>	17	18	16	45	34	38	25	40	26	34	36	48	<i>73</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. SMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.20D Locations of Outpatient Mental Health Services: Among People Aged 18 or Older with Past Year Serious Mental Illness Who Received Outpatient Mental Health Services in Past Year; Standard Errors of Percentages, 2008-2020**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
Outpatient Mental Health Clinic or Center	2.52	2.53	2.58	2.68	2.56	2.78	2.00	2.06	2.03	1.85	2.11	1.85	3.07
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	2.66	2.96	2.79	2.63	2.82	2.99	2.15	2.19	2.16	2.10	2.09	1.84	2.97
Doctor's Office - Not Part of a Clinic	2.45	2.99	2.33	2.33	2.34	1.93	1.67	2.04	1.46	1.61	1.65	1.18	1.89
Outpatient Medical Clinic	1.64	2.12	1.66	1.47	1.71	1.42	1.31	1.16	1.25	1.00	1.03	0.94	2.44
Partial Day Hospital or Day Treatment Program	0.80	1.01	0.97	1.09	1.27	0.54	0.69	0.74	0.56	0.66	0.60	0.61	0.85
School or University Setting/Clinic/Center <sup>2</sup>	0.26	0.33	0.15	0.17	0.17	0.15	0.34	0.21	0.21	0.30	0.24	0.18	0.17
Some Other Place <sup>3</sup>	0.45	0.47	0.41	1.16	0.91	0.82	0.58	0.92	0.58	0.68	0.71	0.81	1.15

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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