

**Table 10.21A Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Numbers in Thousands, 2002-2020**

Demographic Characteristic	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	11,272	10,781	10,902	11,170	10,498	10,974	10,636	12,059	11,177	10,768	11,490	10,965	11,795	11,238	11,769	13,475	14,215	16,597	<i>19,725</i>
<b>AGE GROUP</b>																			
18-25	2,621	2,628	2,614	2,688	2,436	2,472	2,618	2,630	2,565	2,581	2,565	2,575	2,796	2,917	3,227	3,894	4,261	5,079	<i>5,951</i>
26 or Older	8,651	8,153	8,288	8,481	8,063	8,502	8,018	9,429	8,612	8,187	8,925	8,391	9,000	8,321	8,542	9,581	9,954	11,519	<i>13,774</i>
26-49	6,783	6,349	6,564	6,049	5,838	6,444	6,018	6,642	5,825	5,968	6,104	5,905	5,815	5,708	5,917	6,527	7,110	8,480	<i>9,684</i>
50 or Older	1,868	1,804	1,724	2,432	2,225	2,058	1,999	2,787	2,786	2,219	2,821	2,485	3,185	2,613	2,625	3,054	2,844	3,039	<i>4,090</i>
<b>GENDER</b>																			
Male	3,719	3,275	3,908	3,875	3,485	3,410	3,395	3,862	3,488	3,518	3,700	3,672	3,781	3,549	3,777	4,288	4,245	5,174	<i>6,444</i>
Female	7,552	7,506	6,993	7,295	7,014	7,564	7,241	8,196	7,689	7,250	7,790	7,294	8,014	7,689	7,993	9,187	9,969	11,424	<i>13,281</i>
<b>HISPANIC ORIGIN AND RACE</b>																			
Not Hispanic or Latino	10,209	9,636	9,810	9,908	9,454	9,765	9,638	10,776	9,687	9,674	10,072	9,327	10,514	9,900	10,325	11,988	12,077	14,063	<i>16,335</i>
White	8,371	8,207	8,179	8,026	7,773	8,230	8,067	8,779	8,170	7,845	8,034	7,618	8,482	8,093	8,537	9,813	9,938	11,221	<i>12,798</i>
Black or African American	1,303	999	1,190	1,371	1,066	1,048	1,200	1,384	1,081	1,070	1,404	1,076	1,279	1,061	1,078	1,174	1,228	1,555	<i>2,047</i>
AIAN	130	56	44	98	62	55	54	87	77	107	148	72	64	90	62	74	80	96	<i>160</i>
NHOPI	28	22	*	*	*	*	11	17	11	14	18	34	13	23	10	*	20	52	<i>16</i>
Asian	155	178	172	160	198	188	165	287	152	311	240	212	334	262	358	522	451	636	<i>627</i>
Two or More Races	222	174	192	185	292	222	141	222	195	328	229	315	343	371	280	397	359	502	<i>686</i>
Hispanic or Latino	1,063	1,145	1,091	1,261	1,044	1,209	998	1,282	1,490	1,095	1,418	1,638	1,281	1,338	1,444	1,487	2,138	2,534	<i>3,390</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2002-2019, and Quarters 1 and 4, 2020.

**Table 10.21B Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Percentages, 2002-2020**

Demographic Characteristic	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	5.4	5.1	5.1	5.1	4.8	4.9	4.7	5.3	4.9	4.6	4.9	4.6	4.9	4.6	4.8	5.5	5.7	6.7	<i>8.1</i>
<b>AGE GROUP</b>																			
18-25	8.5	8.3	8.1	8.3	7.5	7.6	8.0	7.9	7.6	7.6	7.4	7.4	8.0	8.4	9.4	11.4	12.6	15.2	<i>18.3</i>
26 or Older	4.8	4.5	4.5	4.6	4.3	4.5	4.2	4.9	4.4	4.1	4.5	4.2	4.4	4.0	4.1	4.5	4.7	5.3	<i>6.5</i>
26-49	6.8	6.4	6.6	6.1	5.8	6.5	6.0	6.7	5.9	6.1	6.2	6.0	5.9	5.8	6.0	6.5	7.1	8.4	<i>9.9</i>
50 or Older	2.4	2.2	2.1	2.9	2.5	2.3	2.2	3.0	2.9	2.2	2.8	2.4	3.0	2.4	2.4	2.7	2.5	2.7	<i>3.6</i>
<b>GENDER</b>																			
Male	3.7	3.2	3.8	3.7	3.3	3.2	3.1	3.5	3.2	3.2	3.3	3.2	3.3	3.0	3.2	3.6	3.6	4.3	<i>5.5</i>
Female	6.9	6.8	6.3	6.5	6.2	6.6	6.2	7.0	6.5	6.0	6.4	5.9	6.5	6.1	6.3	7.2	7.8	8.9	<i>10.5</i>
<b>HISPANIC ORIGIN AND RACE</b>																			
Not Hispanic or Latino	5.5	5.2	5.2	5.2	4.9	5.1	5.0	5.5	4.9	4.9	5.0	4.6	5.2	4.8	5.0	5.8	5.8	6.8	<i>8.0</i>
White	5.6	5.5	5.4	5.3	5.1	5.4	5.2	5.7	5.2	5.1	5.2	4.9	5.4	5.2	5.4	6.2	6.3	7.1	<i>8.3</i>
Black or African American	5.6	4.2	4.9	5.6	4.2	4.1	4.7	5.3	4.1	4.0	5.2	3.9	4.6	3.7	3.8	4.0	4.2	5.3	<i>7.0</i>
AIAN	10.1	5.2	3.9	8.9	5.7	5.0	5.7	8.0	7.2	8.3	11.4	5.8	5.0	7.1	4.5	5.8	5.4	7.0	<i>11.4</i>
NHOPI	3.9	5.2	*	*	*	*	1.4	2.3	1.7	1.6	1.8	4.3	1.4	3.9	0.9	*	2.2	5.3	<i>1.7</i>
Asian	1.9	2.0	1.9	1.8	2.2	2.0	1.7	2.9	1.5	2.8	2.1	1.8	2.7	2.0	2.7	3.8	3.2	4.4	<i>4.5</i>
Two or More Races	10.5	8.2	9.1	8.4	13.1	9.6	5.7	9.1	7.4	10.0	6.7	8.9	9.4	9.6	7.0	9.5	8.4	11.6	<i>15.2</i>
Hispanic or Latino	4.2	4.5	4.1	4.6	3.6	4.1	3.3	4.1	4.7	3.2	4.1	4.6	3.5	3.6	3.8	3.8	5.3	6.2	<i>8.4</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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