

Table 10.23A Receipt of Mental Health Services in Past Year: Among People Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year; by Age Group, Numbers in Thousands, 2002-2020

Receipt of Mental Health Services/Age Group	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
RECEIVED MENTAL HEALTH SERVICES	5,228	5,296	5,227	5,468	5,636	5,536	5,408	5,959	5,942	5,865	6,067	5,882	6,451	6,037	6,219	6,991	7,349	8,573	<i>9,291</i>
18-25	1,032	1,035	1,144	1,057	1,028	948	1,031	1,020	1,071	1,076	1,082	1,094	1,228	1,269	1,402	1,776	1,763	2,193	<i>2,545</i>
26 or Older	4,196	4,261	4,083	4,411	4,608	4,588	4,378	4,939	4,870	4,789	4,985	4,788	5,223	4,769	4,818	5,215	5,586	6,380	<i>6,746</i>
26-49	3,302	3,203	3,180	3,023	3,174	3,401	3,210	3,486	3,252	3,258	3,182	3,222	3,022	3,146	3,174	3,414	3,654	4,522	<i>4,593</i>
50 or Older	895	1,059	903	1,388	1,434	1,187	1,168	1,453	1,618	1,532	1,803	1,567	2,201	1,623	1,644	1,801	1,931	1,858	<i>2,154</i>
DID NOT RECEIVE MENTAL HEALTH SERVICES	5,998	5,451	5,649	5,655	4,830	5,395	5,168	6,077	5,192	4,879	5,403	5,072	5,312	5,167	5,502	6,451	6,845	7,997	<i>10,400</i>
18-25	1,577	1,581	1,460	1,612	1,401	1,520	1,575	1,604	1,485	1,496	1,477	1,476	1,561	1,638	1,811	2,103	2,489	2,883	<i>3,395</i>
26 or Older	4,421	3,870	4,189	4,043	3,429	3,875	3,592	4,473	3,707	3,383	3,925	3,597	3,751	3,529	3,691	4,348	4,356	5,114	<i>7,005</i>
26-49	3,448	3,135	3,370	3,002	2,638	3,022	2,804	3,139	2,538	2,701	2,921	2,678	2,767	2,548	2,725	3,095	3,445	3,933	<i>5,073</i>
50 or Older	973	735	819	1,041	791	854	788	1,334	1,169	682	1,004	918	984	981	966	1,253	911	1,181	<i>1,932</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Because of revisions in 2004 to the logical editing of the outpatient mental health services data, these 2002 and 2003 estimates may differ from estimates published prior to the 2004 NSDUH.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2002-2019, and Quarters 1 and 4, 2020.

Table 10.23B Receipt of Mental Health Services in Past Year: Among People Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year; by Age Group, Percentages, 2002-2020

Receipt of Mental Health Services/Age Group	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
RECEIVED MENTAL HEALTH SERVICES	46.6	49.3	48.1	49.2	53.9	50.6	51.1	49.5	53.4	54.6	52.9	53.7	54.8	53.9	53.1	52.0	51.8	51.7	47.2
18-25	39.6	39.6	43.9	39.6	42.3	38.4	39.5	38.9	41.9	41.8	42.3	42.6	44.0	43.7	43.6	45.8	41.5	43.2	42.8
26 or Older	48.7	52.4	49.4	52.2	57.3	54.2	54.9	52.5	56.8	58.6	55.9	57.1	58.2	57.5	56.6	54.5	56.2	55.5	49.1
26-49	48.9	50.5	48.5	50.2	54.6	53.0	53.4	52.6	56.2	54.7	52.1	54.6	52.2	55.2	53.8	52.5	51.5	53.5	47.5
50 or Older	47.9	59.0	52.4	57.1	64.4	58.2	59.7	52.1	58.1	69.2	64.2	63.0	69.1	62.3	63.0	59.0	67.9	61.2	52.7
DID NOT RECEIVE MENTAL HEALTH SERVICES	53.4	50.7	51.9	50.8	46.1	49.4	48.9	50.5	46.6	45.4	47.1	46.3	45.2	46.1	46.9	48.0	48.2	48.3	52.8
18-25	60.4	60.4	56.1	60.4	57.7	61.6	60.5	61.1	58.1	58.2	57.7	57.4	56.0	56.3	56.4	54.2	58.5	56.8	57.2
26 or Older	51.3	47.6	50.6	47.8	42.7	45.8	45.1	47.5	43.2	41.4	44.1	42.9	41.8	42.5	43.4	45.5	43.8	44.5	50.9
26-49	51.1	49.5	51.5	49.8	45.4	47.0	46.6	47.4	43.8	45.3	47.9	45.4	47.8	44.8	46.2	47.5	48.5	46.5	52.5
50 or Older	52.1	41.0	47.6	42.9	35.6	41.8	40.3	47.9	41.9	30.8	35.8	37.0	30.9	37.7	37.0	41.0	32.1	38.8	47.3

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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