

**Table 10.26A Major Depressive Episode in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Numbers in Thousands, 2005-2020**

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	14,194	14,239	14,835	14,462	14,836	15,556	15,153	16,026	15,670	15,655	16,079	16,225	17,297	17,720	19,357	<i>20,976</i>
<b>AGE GROUP</b>																
18-25	2,828	2,623	2,608	2,742	2,677	2,796	2,826	3,051	3,007	3,200	3,554	3,705	4,416	4,609	5,045	<i>5,610</i>
26 or Older	11,365	11,615	12,227	11,720	12,159	12,760	12,326	12,975	12,663	12,455	12,525	12,520	12,880	13,111	14,312	<i>15,366</i>
26-49	7,527	7,694	7,590	7,377	7,546	7,361	7,536	7,370	7,336	6,970	7,329	7,236	7,635	7,990	8,914	<i>9,168</i>
50 or Older	3,838	3,922	4,637	4,343	4,613	5,400	4,790	5,606	5,327	5,485	5,196	5,284	5,245	5,121	5,399	<i>6,199</i>
<b>GENDER</b>																
Male	4,821	5,032	5,032	4,921	5,232	5,590	5,264	5,811	5,777	5,492	5,461	5,639	6,266	6,272	7,125	<i>7,440</i>
Female	9,373	9,206	9,803	9,541	9,605	9,966	9,889	10,215	9,893	10,163	10,618	10,586	11,031	11,447	12,233	<i>13,536</i>
<b>HISPANIC ORIGIN AND RACE</b>																
Not Hispanic or Latino	12,551	12,886	13,235	12,875	13,032	13,765	13,597	13,613	13,617	13,605	14,278	14,088	15,188	15,225	16,588	<i>18,094</i>
White	10,449	10,783	11,200	10,821	10,917	11,420	11,303	11,051	11,375	10,979	11,747	11,551	12,398	12,224	13,319	<i>14,840</i>
Black or African American	1,461	1,432	1,345	1,346	1,427	1,533	1,472	1,686	1,256	1,511	1,380	1,409	1,579	1,783	1,841	<i>1,786</i>
AIAN	97	100	96	55	70	83	92	129	110	74	111	120	102	125	129	<i>58</i>
NHOPI	48	42	*	*	*	*	28	*	12	60	31	79	45	64	34	<i>*</i>
Asian	282	248	256	303	323	393	435	371	468	519	543	511	600	593	669	<i>593</i>
Two or More Races	214	281	273	271	253	285	267	260	397	461	467	419	465	437	595	<i>737</i>
Hispanic or Latino	1,643	1,353	1,600	1,587	1,804	1,791	1,556	2,413	2,053	2,050	1,801	2,137	2,109	2,495	2,769	<i>2,882</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Estimates for 2005 to 2008 are based on an adjusted MDE variable and may differ from estimates published in prior NSDUH reports. See Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2005-2019, and Quarters 1 and 4, 2020.

**Table 10.26B Major Depressive Episode in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Percentages, 2005-2020**

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	6.6	6.5	6.7	6.5	6.6	6.8	6.6	6.9	6.7	6.6	6.7	6.7	7.1	7.2	7.8	8.4
<b>AGE GROUP</b>																
18-25	8.8	8.1	8.0	8.4	8.0	8.3	8.3	8.9	8.7	9.3	10.3	10.9	13.1	13.8	15.2	<i>17.0</i>
26 or Older	6.2	6.2	6.5	6.2	6.3	6.6	6.3	6.5	6.3	6.1	6.1	6.0	6.1	6.2	6.7	<i>7.1</i>
26-49	7.6	7.7	7.6	7.4	7.6	7.5	7.7	7.6	7.6	7.2	7.5	7.4	7.7	8.0	8.9	<i>9.1</i>
50 or Older	4.5	4.5	5.2	4.8	4.9	5.6	4.8	5.5	5.1	5.2	4.8	4.8	4.7	4.5	4.7	<i>5.4</i>
<b>GENDER</b>																
Male	4.6	4.8	4.7	4.6	4.8	5.1	4.7	5.2	5.1	4.8	4.7	4.8	5.3	5.3	6.0	<i>6.2</i>
Female	8.4	8.1	8.6	8.3	8.2	8.5	8.3	8.4	8.1	8.2	8.5	8.5	8.7	9.0	9.6	<i>10.5</i>
<b>HISPANIC ORIGIN AND RACE</b>																
Not Hispanic or Latino	6.6	6.8	6.9	6.7	6.7	7.0	6.9	6.8	6.8	6.8	7.0	6.9	7.4	7.4	8.0	<i>8.7</i>
White	6.9	7.1	7.3	7.0	7.1	7.4	7.3	7.1	7.3	7.1	7.5	7.4	7.9	7.8	8.5	<i>9.5</i>
Black or African American	6.0	5.7	5.4	5.3	5.5	5.8	5.6	6.3	4.6	5.4	4.9	5.0	5.4	6.1	6.3	<i>6.0</i>
AIAN	8.8	9.1	8.7	5.9	6.5	7.8	7.4	10.0	8.9	6.0	8.9	8.7	8.0	8.5	9.4	<i>4.2</i>
NHOPI	7.7	5.1	*	*	*	*	3.2	*	1.6	6.7	5.2	7.3	4.7	6.9	3.5	<i>*</i>
Asian	3.2	2.7	2.7	3.1	3.3	3.8	4.0	3.2	4.0	4.2	4.1	3.9	4.4	4.3	4.7	<i>4.2</i>
Two or More Races	9.7	12.7	11.9	11.1	10.5	10.8	8.3	7.7	11.4	12.7	12.2	10.5	11.3	10.2	13.7	<i>15.9</i>
Hispanic or Latino	6.0	4.7	5.5	5.3	5.9	5.7	4.6	7.0	5.8	5.6	4.8	5.6	5.4	6.2	6.8	<i>7.0</i>

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