

**Table 10.37C Serious Psychological Distress in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Standard Errors of Numbers in Thousands, 2005-2020**

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	481	474	469	500	483	489	519	542	571	446	418	438	479	481	501	<i>815</i>
<b>AGE GROUP</b>																
18-25	104	118	111	106	110	120	117	122	120	131	139	135	165	146	152	<i>284</i>
26 or Older	458	453	445	481	471	468	492	513	555	419	389	411	427	448	456	<i>747</i>
26-49	326	334	314	317	334	322	336	344	356	259	261	262	272	275	304	<i>474</i>
50 or Older	318	321	330	377	315	339	344	389	402	316	295	313	307	329	317	<i>552</i>
<b>GENDER</b>																
Male	279	309	306	309	297	303	323	340	340	256	260	290	286	301	316	<i>509</i>
Female	384	352	366	381	379	378	387	402	440	346	316	334	364	362	372	<i>590</i>
<b>HISPANIC ORIGIN AND RACE</b>																
Not Hispanic or Latino	427	440	431	472	451	447	474	486	516	422	387	387	445	440	442	<i>721</i>
White	392	417	410	473	438	420	411	451	453	372	362	376	426	432	420	<i>673</i>
Black or African American	194	167	179	165	165	179	156	223	207	165	136	143	147	161	179	<i>302</i>
AIAN	48	72	36	17	24	31	50	55	46	37	31	29	21	43	30	<i>*</i>
NHOPI	*	30	15	*	26	*	*	*	15	34	18	23	29	37	26	<i>16</i>
Asian	87	107	83	117	75	84	130	119	135	112	94	108	112	106	108	<i>144</i>
Two or More Races	51	93	47	62	49	79	81	49	70	60	49	58	62	60	80	<i>171</i>
Hispanic or Latino	191	192	195	180	169	199	201	225	241	162	158	210	185	202	216	<i>373</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Estimates for 2005 to 2007 are based on an adjusted SPD variable and may differ from estimates published in prior NSDUH reports.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2005-2019, and Quarters 1 and 4, 2020.

**Table 10.37D Serious Psychological Distress in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Standard Errors of Percentages, 2005-2020**

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	0.22	0.22	0.21	0.22	0.21	0.21	0.22	0.23	0.24	0.19	0.17	0.18	0.19	0.19	0.20	<i>0.32</i>
<b>AGE GROUP</b>																
18-25	0.32	0.36	0.34	0.32	0.33	0.35	0.34	0.35	0.35	0.38	0.40	0.39	0.48	0.43	0.45	<i>0.85</i>
26 or Older	0.25	0.24	0.23	0.25	0.24	0.24	0.25	0.26	0.27	0.20	0.19	0.20	0.20	0.21	0.21	<i>0.34</i>
26-49	0.33	0.33	0.31	0.32	0.34	0.33	0.34	0.35	0.36	0.26	0.26	0.26	0.27	0.27	0.30	<i>0.47</i>
50 or Older	0.37	0.37	0.37	0.41	0.33	0.35	0.34	0.38	0.38	0.30	0.27	0.28	0.27	0.29	0.27	<i>0.47</i>
<b>GENDER</b>																
Male	0.27	0.29	0.29	0.28	0.27	0.27	0.29	0.30	0.30	0.22	0.22	0.25	0.24	0.25	0.26	<i>0.42</i>
Female	0.34	0.31	0.32	0.33	0.32	0.32	0.32	0.33	0.36	0.28	0.25	0.26	0.29	0.28	0.29	<i>0.45</i>
<b>HISPANIC ORIGIN AND RACE</b>																
Not Hispanic or Latino	0.22	0.23	0.22	0.24	0.23	0.23	0.24	0.24	0.26	0.21	0.19	0.19	0.21	0.21	0.21	<i>0.34</i>
White	0.25	0.25	0.25	0.28	0.27	0.25	0.26	0.27	0.28	0.23	0.22	0.22	0.25	0.25	0.25	<i>0.41</i>
Black or African American	0.70	0.59	0.66	0.59	0.57	0.61	0.54	0.74	0.70	0.53	0.45	0.45	0.46	0.49	0.54	<i>0.90</i>
AIAN	3.80	4.72	3.07	1.79	2.27	2.68	3.50	3.63	3.22	2.29	2.32	1.82	1.72	2.82	2.14	*
NHOPI	*	3.56	2.48	*	3.56	*	*	*	1.94	3.51	2.94	2.16	2.91	3.63	2.32	<i>1.82</i>
Asian	0.94	1.12	0.86	1.13	0.74	0.83	1.09	0.97	1.06	0.87	0.72	0.74	0.77	0.73	0.75	<i>1.01</i>
Two or More Races	2.21	3.57	1.99	2.34	1.91	2.67	2.28	1.51	1.87	1.56	1.30	1.38	1.47	1.38	1.68	<i>3.12</i>
Hispanic or Latino	0.69	0.66	0.66	0.59	0.54	0.63	0.59	0.65	0.67	0.44	0.42	0.55	0.47	0.50	0.52	<i>0.89</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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