

Table 10.6A Received Mental Health Services in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Numbers in Thousands, 2002-2020

Demographic Characteristic	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
TOTAL	27,215	27,939	27,502	28,166	28,405	29,556	30,201	30,341	31,490	31,642	34,122	34,644	35,498	34,243	34,982	36,416	37,101	40,154	<i>41,444</i>
AGE GROUP																			
18-25	3,256	3,511	3,459	3,615	3,526	3,387	3,612	3,740	3,717	3,899	4,120	4,221	4,135	4,044	4,423	5,073	5,120	5,756	<i>6,347</i>
26 or Older	23,959	24,428	24,042	24,551	24,879	26,168	26,588	26,601	27,773	27,743	30,002	30,423	31,362	30,198	30,558	31,343	31,981	34,397	<i>35,097</i>
26-49	14,492	14,476	14,348	13,889	14,054	14,311	14,030	14,481	14,627	14,543	14,811	15,101	14,930	15,057	15,154	15,695	16,113	17,931	<i>17,978</i>
50 or Older	9,466	9,952	9,695	10,661	10,825	11,857	12,559	12,120	13,146	13,200	15,191	15,322	16,432	15,142	15,404	15,647	15,868	16,466	<i>17,118</i>
GENDER																			
Male	8,772	8,689	9,044	9,308	9,484	9,876	10,141	10,131	10,519	11,051	11,519	11,557	12,190	11,945	11,632	12,462	12,096	13,428	<i>13,293</i>
Female	18,442	19,250	18,458	18,858	18,921	19,680	20,060	20,210	20,970	20,592	22,603	23,087	23,308	22,298	23,350	23,954	25,006	26,726	<i>28,151</i>
HISPANIC ORIGIN AND RACE																			
Not Hispanic or Latino	25,172	25,919	25,523	25,999	26,372	27,394	28,137	28,071	28,981	29,180	31,651	31,549	32,463	31,187	31,740	33,086	33,573	36,188	<i>37,168</i>
White	21,943	22,914	22,512	22,890	23,330	24,785	24,818	24,888	25,418	25,656	27,638	27,383	28,079	27,129	27,793	28,708	29,151	31,158	<i>32,397</i>
Black or African American	1,953	2,021	2,052	2,193	1,856	1,711	2,231	2,044	2,353	2,035	2,770	2,460	2,626	2,476	2,393	2,525	2,555	2,897	<i>2,728</i>
AIAN	227	136	143	169	130	128	124	*	145	210	199	193	178	199	208	170	211	192	*
NHOPI	29	*	*	*	58	*	*	*	*	21	52	32	87	39	60	53	98	59	*
Asian	668	424	422	365	518	382	442	358	545	728	505	768	849	674	663	823	894	1,012	<i>805</i>
Two or More Races	352	373	335	317	480	363	469	467	481	529	485	713	645	672	624	806	664	869	<i>967</i>
Hispanic or Latino	2,043	2,020	1,979	2,166	2,033	2,162	2,064	2,270	2,509	2,463	2,471	3,096	3,035	3,055	3,242	3,330	3,528	3,965	<i>4,275</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Because of revisions in 2004 to the logical editing of the outpatient mental health services data, these 2002 and 2003 estimates may differ from estimates published prior to the 2004 NSDUH.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2002-2019, and Quarters 1 and 4, 2020.

Table 10.6B Received Mental Health Services in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Percentages, 2002-2020

Demographic Characteristic	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
TOTAL	13.0	13.2	12.8	13.0	12.9	13.3	13.5	13.4	13.8	13.6	14.5	14.6	14.8	14.2	14.4	14.8	15.0	16.1	<i>16.9</i>
AGE GROUP																			
18-25	10.5	11.1	10.8	11.2	10.8	10.4	11.0	11.2	11.0	11.4	12.0	12.2	11.9	11.7	12.9	14.9	15.2	17.2	<i>19.5</i>
26 or Older	13.4	13.5	13.2	13.3	13.3	13.8	13.9	13.8	14.3	14.0	15.0	15.0	15.3	14.6	14.6	14.8	15.0	16.0	<i>16.6</i>
26-49	14.5	14.5	14.4	13.9	14.0	14.3	14.1	14.6	14.9	14.9	15.2	15.5	15.3	15.3	15.4	15.7	16.1	17.8	<i>18.3</i>
50 or Older	12.0	12.3	11.7	12.5	12.4	13.2	13.7	12.9	13.6	13.2	14.8	14.6	15.4	13.9	14.0	14.0	14.0	14.4	<i>15.0</i>
GENDER																			
Male	8.7	8.5	8.8	8.9	8.9	9.2	9.4	9.3	9.5	9.9	10.2	10.1	10.6	10.3	9.9	10.5	10.1	11.2	<i>11.3</i>
Female	16.9	17.5	16.6	16.8	16.6	17.1	17.3	17.2	17.8	17.1	18.6	18.8	18.8	17.8	18.5	18.8	19.5	20.8	<i>22.2</i>
HISPANIC ORIGIN AND RACE																			
Not Hispanic or Latino	13.6	13.9	13.6	13.7	13.8	14.2	14.5	14.3	14.7	14.7	15.8	15.7	16.0	15.3	15.5	16.0	16.2	17.4	<i>18.2</i>
White	14.7	15.2	14.9	15.1	15.3	16.1	16.1	16.0	16.3	16.6	17.8	17.6	18.0	17.3	17.7	18.3	18.6	19.8	<i>21.0</i>
Black or African American	8.5	8.5	8.5	8.9	7.4	6.8	8.7	7.8	8.9	7.6	10.2	8.9	9.4	8.7	8.4	8.7	8.7	9.8	<i>9.4</i>
AIAN	17.7	12.6	12.6	15.4	11.9	11.6	13.2	*	13.5	16.3	15.4	15.7	14.1	15.6	15.2	13.2	14.1	13.9	*
NHOPI	3.9	*	*	*	7.0	*	*	*	*	2.5	5.3	4.2	9.5	6.5	5.5	5.6	10.9	6.1	*
Asian	8.3	4.9	4.7	4.0	5.6	4.0	4.5	3.6	5.3	6.5	4.4	6.4	6.8	5.0	5.1	6.0	6.3	7.0	<i>5.7</i>
Two or More Races	16.6	17.5	15.8	14.4	21.6	15.8	18.9	19.2	18.2	16.2	14.2	20.2	17.7	17.5	15.6	19.4	15.4	20.0	<i>21.3</i>
Hispanic or Latino	8.2	7.8	7.4	7.8	7.1	7.3	6.8	7.3	7.9	7.3	7.1	8.7	8.3	8.1	8.5	8.4	8.8	9.7	<i>10.7</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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