

**Table 10.8A Received Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness; by Demographic Characteristics, Numbers in Thousands, 2008-2020**

Demographic Characteristic	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	16,245	16,503	17,510	16,847	17,874	19,558	19,414	18,637	19,165	19,813	20,579	22,953	<i>24,303</i>
<b>AGE GROUP</b>													
18-25	1,842	1,929	1,999	2,086	2,332	2,335	2,351	2,409	2,671	3,384	3,328	3,846	<i>4,301</i>
26 or Older	14,403	14,574	15,511	14,761	15,542	17,223	17,064	16,228	16,493	16,429	17,251	19,107	<i>20,001</i>
26-49	8,552	8,728	8,912	8,190	8,708	9,138	8,836	8,901	8,980	9,595	9,950	11,452	<i>11,906</i>
50 or Older	5,852	5,846	6,599	6,571	6,834	8,085	8,228	7,327	7,513	6,834	7,301	7,655	<i>8,095</i>
<b>GENDER</b>													
Male	4,859	5,471	5,559	5,434	5,562	6,219	6,215	6,067	5,784	6,263	6,372	7,217	<i>7,157</i>
Female	11,386	11,032	11,951	11,413	12,312	13,339	13,199	12,570	13,381	13,551	14,207	15,735	<i>17,145</i>
<b>HISPANIC ORIGIN AND RACE</b>													
Not Hispanic or Latino	15,138	15,219	15,913	15,647	16,308	17,516	17,529	16,911	17,297	17,860	18,330	20,456	<i>21,589</i>
White	13,275	13,431	13,984	13,523	13,866	14,954	14,901	14,525	15,158	15,401	15,761	17,548	<i>18,357</i>
Black or African American	1,238	1,079	1,326	1,266	1,717	1,484	1,485	1,380	1,223	1,448	1,468	1,688	<i>1,943</i>
AIAN	*	*	*	*	*	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*	*	*	*	*	*
Asian	*	230	265	301	265	*	546	356	345	403	518	487	<i>410</i>
Two or More Races	*	367	*	*	283	480	453	523	394	457	365	596	*
Hispanic or Latino	1,107	1,283	1,597	1,199	1,566	2,042	1,885	1,726	1,868	1,953	2,249	2,497	<i>2,714</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. AMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.8B Received Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness; by Demographic Characteristics, Percentages, 2008-2020**

Demographic Characteristic	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	40.9	40.2	42.4	40.8	41.0	44.7	44.7	43.1	43.1	42.6	43.3	44.8	<i>46.2</i>
<b>AGE GROUP</b>													
18-25	30.3	32.0	32.6	32.9	34.5	34.7	33.6	32.0	35.1	38.4	37.3	38.9	<i>42.1</i>
26 or Older	42.9	41.6	44.1	42.2	42.2	46.5	46.8	45.4	44.7	43.6	44.7	46.1	<i>47.2</i>
26-49	41.4	40.8	43.3	41.1	42.0	43.5	44.2	43.3	43.1	43.3	43.9	45.4	<i>46.6</i>
50 or Older	45.2	42.8	45.1	43.6	42.4	50.5	49.9	48.3	46.8	44.2	45.8	47.2	<i>48.0</i>
<b>GENDER</b>													
Male	33.1	35.2	33.8	34.2	33.1	37.9	38.0	36.3	33.9	34.8	34.9	36.8	<i>37.4</i>
Female	45.6	43.2	48.0	44.9	46.0	48.8	48.7	47.4	48.8	47.6	48.6	49.7	<i>51.2</i>
<b>HISPANIC ORIGIN AND RACE</b>													
Not Hispanic or Latino	43.5	42.0	43.6	42.6	43.0	46.4	46.5	44.8	45.0	44.1	45.1	46.6	<i>48.1</i>
White	47.1	45.2	47.1	45.9	46.2	49.6	49.7	48.0	48.7	48.0	49.1	50.3	<i>51.8</i>
Black or African American	28.7	26.5	29.6	29.0	34.1	31.7	32.4	31.4	29.3	30.6	30.6	32.9	<i>37.1</i>
AIAN	*	*	*	*	*	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*	*	*	*	*	*
Asian	*	17.9	18.6	20.5	16.5	*	33.0	22.1	21.6	20.2	24.9	23.3	<i>20.8</i>
Two or More Races	*	48.4	*	*	40.1	48.4	45.9	46.1	37.1	38.4	31.8	43.0	*
Hispanic or Latino	22.8	26.4	33.0	26.2	27.8	34.1	32.8	31.5	31.0	32.6	32.9	33.9	<i>35.1</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. AMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.10A Received Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness; by Demographic Characteristics, Numbers in Thousands, 2008-2020**

Demographic Characteristic	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	5,458	5,576	6,283	5,838	6,004	6,857	6,724	6,362	6,705	7,454	7,277	8,575	<i>9,133</i>
<b>AGE GROUP</b>													
18-25	567	617	714	673	753	791	904	887	1,046	1,466	1,406	1,626	<i>1,878</i>
26 or Older	4,891	4,958	5,568	5,165	5,251	6,065	5,820	5,474	5,659	5,989	5,870	6,949	<i>7,255</i>
26-49	3,192	3,133	3,446	3,144	3,216	3,552	3,180	3,231	3,480	3,687	3,753	4,455	<i>4,371</i>
50 or Older	1,699	1,826	2,123	2,021	2,035	2,514	2,640	2,243	2,179	2,301	2,118	2,494	<i>2,884</i>
<b>GENDER</b>													
Male	1,717	1,711	2,024	1,902	2,082	2,509	2,223	2,017	2,053	2,239	2,267	2,634	<i>2,793</i>
Female	3,741	3,865	4,258	3,936	3,922	4,347	4,501	4,345	4,652	5,216	5,009	5,942	<i>6,340</i>
<b>HISPANIC ORIGIN AND RACE</b>													
Not Hispanic or Latino	5,059	5,127	5,651	5,453	5,307	6,070	5,921	5,723	5,852	6,756	6,453	7,516	<i>8,211</i>
White	4,462	4,477	4,756	4,779	4,451	5,139	5,045	4,938	5,074	5,742	5,418	6,291	<i>6,951</i>
Black or African American	364	431	566	408	551	*	473	376	500	573	625	686	*
AIAN	*	*	*	*	*	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*	*	*	*	*	*	*	*
Hispanic or Latino	*	448	*	386	697	786	803	639	853	698	823	1,059	<i>922</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. SMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.10B Received Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness; by Demographic Characteristics, Percentages, 2008-2020**

Demographic Characteristic	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	65.7	66.5	67.5	64.9	62.9	68.5	68.5	65.3	64.8	66.7	64.1	65.5	<i>64.5</i>
<b>AGE GROUP</b>													
18-25	45.9	55.0	53.7	52.1	53.1	54.0	53.9	50.7	51.5	57.4	53.8	56.4	<i>57.6</i>
26 or Older	69.1	68.3	69.8	67.1	64.6	70.9	71.5	68.4	68.1	69.5	67.2	68.1	<i>66.6</i>
26-49	67.2	64.5	67.4	63.6	63.5	68.4	66.2	66.1	66.1	66.2	63.7	65.1	<i>63.0</i>
50 or Older	73.2	76.1	74.0	73.2	66.3	74.9	79.2	72.2	71.5	75.6	74.4	74.3	<i>72.9</i>
<b>GENDER</b>													
Male	60.0	60.1	60.7	59.3	57.8	63.6	62.1	58.4	57.4	57.7	56.4	56.5	<i>54.9</i>
Female	68.7	69.9	71.2	68.0	66.0	71.6	72.1	69.1	68.8	71.5	68.3	70.5	<i>69.9</i>
<b>HISPANIC ORIGIN AND RACE</b>													
Not Hispanic or Latino	67.2	68.5	68.2	66.9	66.2	69.9	69.4	66.3	65.3	68.1	65.3	67.8	<i>67.0</i>
White	68.7	70.6	70.7	69.4	67.4	71.3	72.7	69.3	67.9	70.7	67.2	70.5	<i>69.5</i>
Black or African American	55.4	60.3	55.1	54.9	60.4	*	53.7	45.3	56.8	56.2	58.0	57.9	<i>*</i>
AIAN	*	*	*	*	*	*	*	*	*	*	*	*	<i>*</i>
NHOPI	*	*	*	*	*	*	*	*	*	*	*	*	<i>*</i>
Asian	*	*	*	*	*	*	*	*	*	*	*	*	<i>*</i>
Two or More Races	*	*	*	*	*	*	*	*	*	*	*	*	<i>*</i>
Hispanic or Latino	*	50.0	*	45.5	45.7	58.9	62.2	57.6	61.6	56.2	56.0	52.8	<i>48.7</i>

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. SMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.12A Received Mental Health Services in Past Year: Among People Aged 18 or Older with No Past Year Mental Illness; by Demographic Characteristics, Numbers in Thousands, 2008-2020**

Demographic Characteristic	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	13,955	13,839	13,980	14,795	16,248	15,086	16,083	15,606	15,817	16,603	16,522	17,201	<i>18,118</i>
<b>AGE GROUP</b>													
18-25	1,770	1,811	1,718	1,813	1,788	1,886	1,785	1,635	1,752	1,689	1,792	1,910	<i>2,197</i>
26 or Older	12,185	12,028	12,262	12,982	14,460	13,200	14,299	13,970	14,065	14,913	14,730	15,291	<i>15,921</i>
26-49	5,478	5,753	5,715	6,354	6,103	5,963	6,094	6,156	6,174	6,100	6,163	6,480	<i>6,633</i>
50 or Older	6,707	6,274	6,547	6,629	8,357	7,237	8,204	7,815	7,891	8,813	8,567	8,811	<i>9,288</i>
<b>GENDER</b>													
Male	5,282	4,660	4,961	5,617	5,958	5,339	5,975	5,878	5,848	6,199	5,724	6,210	<i>6,511</i>
Female	8,674	9,179	9,019	9,178	10,290	9,748	10,108	9,728	9,969	10,403	10,798	10,991	<i>11,607</i>
<b>HISPANIC ORIGIN AND RACE</b>													
Not Hispanic or Latino	12,998	12,852	13,068	13,532	15,343	14,033	14,934	14,277	14,443	15,226	15,243	15,732	<i>16,300</i>
White	11,543	11,457	11,434	12,133	13,772	12,429	13,178	12,605	12,635	13,307	13,390	13,610	<i>14,553</i>
Black or African American	993	964	1,027	770	1,054	975	1,141	1,096	1,170	1,077	1,087	1,210	<i>932</i>
AIAN	50	*	73	43	59	57	82	82	75	65	85	92	<i>58</i>
NHOPI	*	*	*	16	16	11	38	28	16	7	6	21	<i>*</i>
Asian	221	128	280	426	240	329	303	317	317	420	376	525	<i>406</i>
Two or More Races	*	100	221	144	202	232	192	149	230	349	300	274	<i>318</i>
Hispanic or Latino	958	987	912	1,263	905	1,054	1,150	1,329	1,374	1,377	1,279	1,469	<i>1,818</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with no mental illness may still have received mental health services for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons. Mental Illness estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.12B Received Mental Health Services in Past Year: Among People Aged 18 or Older with No Past Year Mental Illness; by Demographic Characteristics, Percentages, 2008-2020**

Demographic Characteristic	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	7.6	7.5	7.5	7.8	8.5	7.8	8.2	7.9	8.0	8.3	8.3	8.7	<i>9.1</i>
<b>AGE GROUP</b>													
18-25	6.6	6.6	6.2	6.5	6.5	6.8	6.4	6.0	6.6	6.7	7.2	8.1	<i>9.6</i>
26 or Older	7.7	7.6	7.7	8.0	8.9	8.0	8.5	8.2	8.2	8.6	8.4	8.8	<i>9.1</i>
26-49	6.9	7.4	7.4	8.2	7.9	7.8	7.8	7.9	7.9	7.9	7.9	8.6	<i>8.8</i>
50 or Older	8.5	7.8	8.0	7.8	9.7	8.2	9.1	8.4	8.4	9.1	8.8	8.9	<i>9.3</i>
<b>GENDER</b>													
Male	5.6	5.0	5.3	5.9	6.2	5.5	6.0	5.9	5.8	6.2	5.7	6.2	<i>6.4</i>
Female	9.5	10.0	9.7	9.7	10.8	10.2	10.4	9.9	10.1	10.5	10.9	11.3	<i>12.1</i>
<b>HISPANIC ORIGIN AND RACE</b>													
Not Hispanic or Latino	8.2	8.1	8.1	8.4	9.5	8.6	9.1	8.6	8.7	9.2	9.2	9.6	<i>9.9</i>
White	9.1	9.1	9.1	9.7	11.0	9.9	10.4	10.0	10.1	10.7	10.7	11.1	<i>11.9</i>
Black or African American	4.6	4.3	4.7	3.5	4.8	4.2	4.9	4.6	4.8	4.4	4.4	4.9	<i>3.7</i>
AIAN	6.5	*	8.2	4.6	6.4	6.3	8.3	8.2	7.1	6.3	7.3	8.3	<i>5.9</i>
NHOPI	*	*	*	2.4	2.2	1.6	5.4	5.6	1.8	0.9	0.8	2.6	<i>*</i>
Asian	2.6	1.5	3.1	4.4	2.4	3.1	2.8	2.7	2.8	3.6	3.1	4.3	<i>3.3</i>
Two or More Races	*	6.0	10.7	5.9	7.5	9.2	7.2	5.5	7.9	11.7	9.5	9.2	<i>10.5</i>
Hispanic or Latino	3.8	3.8	3.4	4.3	3.1	3.6	3.7	4.1	4.3	4.1	3.8	4.4	<i>5.4</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with no mental illness may still have received mental health services for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons. Mental Illness estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.14A Received Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness Excluding Serious Mental Illness; by Demographic Characteristics, Numbers in Thousands, 2008-2020**

Demographic Characteristic	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	10,787	10,927	11,227	11,009	11,870	12,702	12,690	12,275	12,460	12,359	13,302	14,378	<i>15,169</i>
<b>AGE GROUP</b>													
18-25	1,275	1,311	1,285	1,413	1,579	1,544	1,446	1,522	1,625	1,919	1,922	2,220	<i>2,423</i>
26 or Older	9,512	9,615	9,942	9,596	10,291	11,157	11,244	10,753	10,835	10,441	11,381	12,158	<i>12,746</i>
26-49	5,360	5,596	5,466	5,045	5,493	5,586	5,656	5,669	5,500	5,908	6,198	6,997	<i>7,535</i>
50 or Older	4,153	4,020	4,476	4,550	4,799	5,571	5,588	5,084	5,334	4,533	5,183	5,161	<i>5,211</i>
<b>GENDER</b>													
Male	3,143	3,760	3,535	3,532	3,480	3,709	3,992	4,050	3,731	4,024	4,104	4,584	<i>4,364</i>
Female	7,645	7,167	7,693	7,477	8,390	8,992	8,698	8,225	8,728	8,335	9,198	9,794	<i>10,805</i>
<b>HISPANIC ORIGIN AND RACE</b>													
Not Hispanic or Latino	10,080	10,092	10,262	10,195	11,001	11,446	11,608	11,188	11,445	11,104	11,877	12,940	<i>13,378</i>
White	8,812	8,954	9,228	8,744	9,415	9,815	9,856	9,587	10,084	9,659	10,343	11,257	<i>11,406</i>
Black or African American	874	648	760	858	1,166	1,039	1,012	1,004	723	876	844	1,001	<i>1,114</i>
AIAN	*	*	*	*	*	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*	*	*	*	*	*
Asian	94	154	130	249	134	202	377	272	272	241	385	265	<i>294</i>
Two or More Races	*	*	121	*	199	*	261	270	234	246	189	341	*
Hispanic or Latino	708	835	966	814	869	1,256	1,083	1,088	1,014	1,255	1,425	1,437	<i>1,792</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. Mental illness estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.

**Table 10.14B Received Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness Excluding Serious Mental Illness; by Demographic Characteristics, Percentages, 2008-2020**

Demographic Characteristic	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
<b>TOTAL</b>	34.4	33.4	35.1	34.1	34.9	37.7	37.7	36.6	36.5	35.0	36.8	37.6	<i>39.4</i>
<b>AGE GROUP</b>													
18-25	26.4	26.8	26.7	28.0	29.5	29.4	27.2	26.3	29.2	30.7	30.5	31.7	<i>34.8</i>
26 or Older	35.9	34.6	36.5	35.2	35.9	39.2	39.7	38.8	37.9	36.0	38.1	39.0	<i>40.5</i>
26-49	33.7	33.8	35.3	33.7	35.0	35.3	37.3	36.2	35.3	35.6	36.9	38.1	<i>40.5</i>
50 or Older	39.1	35.8	38.1	37.0	36.8	44.1	42.5	42.2	41.0	36.5	39.6	40.2	<i>40.4</i>
<b>GENDER</b>													
Male	26.6	29.6	27.0	27.9	26.3	29.7	31.3	30.5	27.7	28.5	28.8	30.7	<i>31.1</i>
Female	39.1	35.8	40.7	38.1	40.3	42.3	41.7	40.6	42.2	39.4	42.0	42.1	<i>44.3</i>
<b>HISPANIC ORIGIN AND RACE</b>													
Not Hispanic or Latino	36.9	35.1	36.4	35.7	36.7	39.4	39.8	38.4	38.8	36.4	38.6	39.4	<i>41.0</i>
White	40.6	38.3	40.2	38.7	40.3	42.7	42.7	41.4	42.6	40.3	43.0	43.4	<i>44.8</i>
Black or African American	23.9	19.3	22.0	23.7	28.3	26.7	27.3	28.2	22.0	23.6	22.7	25.4	<i>29.2</i>
AIAN	*	*	*	*	*	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*	*	*	*	*	*
Asian	8.7	13.7	10.9	19.9	9.7	18.1	27.9	19.6	19.7	14.5	21.7	16.1	<i>17.2</i>
Two or More Races	*	*	31.2	*	35.5	*	39.4	35.1	30.8	28.9	22.3	34.9	*
Hispanic or Latino	17.4	21.1	25.4	21.8	21.1	27.0	24.3	24.8	21.9	26.4	26.6	26.8	<i>30.7</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. Mental illness estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2019, and Quarters 1 and 4, 2020.