

Table 11.9A Type of Treatment Received in Past Year for Depression: Among People Aged 12 to 17 with Major Depressive Episode (MDE) in Past Year and among People Aged 12 to 17 with MDE with Severe Impairment in Past Year; Numbers in Thousands, 2004-2020

MDE/Type of Treatment	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
MDE																	
Saw or Talked to a Health Professional OR Used Prescription Medication	856	778	700	739	731	638	682	724	791	944	1,076	1,139	1,223	1,286	1,371	1,577	<i>1,685</i>
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	425	404	407	372	406	358	370	397	431	522	543	596	571	625	749	796	928
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	76	58	47	53	60	46	58	52	52	94	75	87	59	76	77	127	53
Saw or Talked to a Health Professional AND Used Prescription Medication	342	308	241	307	259	231	252	272	302	316	447	447	576	570	533	645	<i>691</i>
MDE with Severe Impairment																	
Saw or Talked to a Health Professional OR Used Prescription Medication	--	--	575	574	598	515	528	570	618	808	851	924	986	1,044	1,094	1,287	<i>1,344</i>
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	--	--	314	281	313	283	280	303	309	421	423	468	413	477	575	622	724
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	--	--	37	39	49	37	34	33	43	86	63	66	48	54	55	99	38
Saw or Talked to a Health Professional AND Used Prescription Medication	--	--	220	249	232	191	212	232	260	287	360	386	513	505	455	560	<i>570</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2004-2019, and Quarters 1 and 4, 2020.

Table 11.9B Type of Treatment Received in Past Year for Depression: Among People Aged 12 to 17 with Major Depressive Episode (MDE) in Past Year and among People Aged 12 to 17 with MDE with Severe Impairment in Past Year; Percentages, 2004-2020

MDE/Type of Treatment	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
MDE																	
Saw or Talked to a Health Professional OR Used Prescription Medication	38.7	35.9	35.9	37.0	36.3	33.0	35.8	36.3	36.0	36.9	39.6	37.9	40.2	40.3	40.0	42.2	<i>41.2</i>
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	19.3	18.6	20.9	18.6	20.2	18.5	19.4	19.9	19.6	20.4	20.0	19.8	18.8	19.6	21.8	21.3	22.6
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	3.4	2.7	2.4	2.7	3.0	2.4	3.0	2.6	2.4	3.7	2.8	2.9	1.9	2.4	2.2	3.4	<i>1.3</i>
Saw or Talked to a Health Professional AND Used Prescription Medication	15.5	14.1	12.3	15.3	12.8	11.9	13.2	13.6	13.7	12.3	16.4	14.8	18.9	17.9	15.4	17.1	<i>16.8</i>
MDE with Severe Impairment																	
Saw or Talked to a Health Professional OR Used Prescription Medication	--	--	42.9	42.1	41.1	37.0	39.3	41.3	40.2	43.8	43.2	43.7	46.1	46.2	45.5	48.7	<i>46.6</i>
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	--	--	23.4	20.6	21.5	20.3	20.8	21.9	20.1	22.9	21.5	22.1	19.3	21.1	24.0	23.5	<i>24.9</i>
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	--	--	2.7	2.9	3.3	2.7	2.5	2.4	2.8	4.7	3.2	3.1	2.3	2.4	2.3	3.7	<i>1.3</i>
Saw or Talked to a Health Professional AND Used Prescription Medication	--	--	16.4	18.3	15.9	13.7	15.7	16.7	16.9	15.6	18.2	18.2	24.0	22.4	18.9	21.0	<i>19.6</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2004-2019, and Quarters 1 and 4, 2020.