

Table 11.9C Type of Treatment Received in Past Year for Depression: Among People Aged 12 to 17 with Major Depressive Episode (MDE) in Past Year and among People Aged 12 to 17 with MDE with Severe Impairment in Past Year; Standard Errors of Numbers in Thousands, 2004-2020

MDE/Type of Treatment	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
MDE																	
Saw or Talked to a Health Professional OR Used Prescription Medication	39	38	37	40	35	35	35	35	37	43	50	51	51	54	59	63	<i>137</i>
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	30	28	28	27	27	26	25	26	27	31	36	38	37	37	46	42	<i>112</i>
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	11	10	9	11	10	9	12	10	9	17	14	14	11	13	12	19	<i>16</i>
Saw or Talked to a Health Professional AND Used Prescription Medication	25	24	21	24	21	20	20	21	23	23	32	30	34	37	33	41	<i>77</i>
MDE with Severe Impairment																	
Saw or Talked to a Health Professional OR Used Prescription Medication	--	--	34	34	31	31	30	31	34	40	42	45	45	50	52	57	<i>111</i>
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	--	--	25	23	23	23	22	22	23	28	30	33	30	33	40	38	<i>86</i>
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	--	--	8	9	9	9	9	7	9	17	13	13	10	12	10	17	<i>13</i>
Saw or Talked to a Health Professional AND Used Prescription Medication	--	--	20	22	20	19	18	20	22	23	27	28	32	34	31	38	<i>69</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Chapter 3 of the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2004-2019, and Quarters 1 and 4, 2020.

Table 11.9D Type of Treatment Received in Past Year for Depression: Among People Aged 12 to 17 with Major Depressive Episode (MDE) in Past Year and among People Aged 12 to 17 with MDE with Severe Impairment in Past Year; Standard Errors of Percentages, 2004-2020

MDE/Type of Treatment	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020
MDE																	
Saw or Talked to a Health Professional OR Used Prescription Medication	1.35	1.40	1.54	1.51	1.45	1.51	1.48	1.45	1.35	1.35	1.42	1.37	1.29	1.26	1.36	1.34	<i>2.46</i>
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	1.21	1.19	1.30	1.17	1.22	1.19	1.22	1.20	1.10	1.10	1.19	1.12	1.09	1.04	1.20	1.03	2.32
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	0.47	0.45	0.47	0.52	0.48	0.47	0.63	0.50	0.40	0.65	0.50	0.47	0.36	0.41	0.36	0.50	<i>0.38</i>
Saw or Talked to a Health Professional AND Used Prescription Medication	1.03	1.02	0.98	1.10	1.00	0.99	0.95	0.97	0.97	0.86	1.07	0.94	1.02	1.01	0.89	0.98	<i>1.71</i>
MDE with Severe Impairment																	
Saw or Talked to a Health Professional OR Used Prescription Medication	--	--	1.97	1.90	1.69	1.82	1.78	1.76	1.67	1.61	1.66	1.61	1.57	1.55	1.66	1.64	<i>2.70</i>
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	--	--	1.65	1.43	1.44	1.48	1.47	1.45	1.31	1.34	1.36	1.40	1.27	1.28	1.45	1.28	<i>2.46</i>
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	--	--	0.61	0.66	0.61	0.63	0.63	0.51	0.54	0.87	0.63	0.59	0.45	0.51	0.43	0.61	<i>0.44</i>
Saw or Talked to a Health Professional AND Used Prescription Medication	--	--	1.34	1.44	1.30	1.24	1.24	1.29	1.29	1.14	1.26	1.15	1.35	1.31	1.18	1.29	<i>2.16</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2004-2019, and Quarters 1 and 4, 2020.