

**Table 13.7A Perceived COVID-19 Pandemic Negative Effect on Emotional or Mental Health: Among People Aged 12 to 17; by Age Group and Past Year Major Depressive Episode (MDE) and MDE with Severe Impairment Status, Numbers in Thousands, Quarter 4, 2020**

<b>Perceived Negative Effect on Emotional or Mental Health</b>	<b>Aged 12-17</b>	<b>Aged 12-13</b>	<b>Aged 14-15</b>	<b>Aged 16-17</b>
<b>PERCEPTION OF PANDEMIC'S NEGATIVE EFFECT ON EMOTIONAL OR MENTAL HEALTH AMONG TOTAL POPULATION</b>				
Not at all	7,590	3,271	2,532	1,787
A little or some	12,507	4,303	4,537	3,666
Quite a bit or a lot	4,507	1,251	1,627	1,629
<b>PERCEPTION OF PANDEMIC'S NEGATIVE EFFECT ON EMOTIONAL OR MENTAL HEALTH AMONG PEOPLE WITH PAST YEAR MDE</b>				
Not at all	399	*	190	189
A little or some	1,549	*	*	*
Quite a bit or a lot	1,851	*	*	*
<b>PERCEPTION OF PANDEMIC'S NEGATIVE EFFECT ON EMOTIONAL OR MENTAL HEALTH AMONG PEOPLE WITH PAST YEAR MDE WITH SEVERE IMPAIRMENT</b>				
Not at all	257	*	*	*
A little or some	944	*	*	*
Quite a bit or a lot	1,485	*	*	*
<b>PERCEPTION OF PANDEMIC'S NEGATIVE EFFECT ON EMOTIONAL OR MENTAL HEALTH AMONG PEOPLE WITH NO PAST YEAR MDE</b>				
Not at all	7,159	3,241	2,321	1,597
A little or some	10,647	3,781	3,839	3,027
Quite a bit or a lot	2,585	763	882	940

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown information on their perception of the COVID-19 pandemic's negative effect on their emotional or mental health were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Respondents with unknown impairment data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, Quarter 4, 2020.

**Table 13.7B Perceived COVID-19 Pandemic Negative Effect on Emotional or Mental Health: Among People Aged 12 to 17; by Age Group and Past Year Major Depressive Episode (MDE) and MDE with Severe Impairment Status, Percentages, Quarter 4, 2020**

<b>Perceived Negative Effect on Emotional or Mental Health</b>	<b>Aged 12-17</b>	<b>Aged 12-13</b>	<b>Aged 14-15</b>	<b>Aged 16-17</b>
<b>PERCEPTION OF PANDEMIC'S NEGATIVE EFFECT ON EMOTIONAL OR MENTAL HEALTH AMONG TOTAL POPULATION</b>				
Not at all	30.8	37.1	29.1	25.2
A little or some	50.8	48.8	52.2	51.8
Quite a bit or a lot	18.3	14.2	18.7	23.0
<b>PERCEPTION OF PANDEMIC'S NEGATIVE EFFECT ON EMOTIONAL OR MENTAL HEALTH AMONG PEOPLE WITH PAST YEAR MDE</b>				
Not at all	10.5	*	12.5	13.4
A little or some	40.8	*	*	*
Quite a bit or a lot	48.7	*	*	*
<b>PERCEPTION OF PANDEMIC'S NEGATIVE EFFECT ON EMOTIONAL OR MENTAL HEALTH AMONG PEOPLE WITH PAST YEAR MDE WITH SEVERE IMPAIRMENT</b>				
Not at all	9.6	*	*	*
A little or some	35.1	*	*	*
Quite a bit or a lot	55.3	*	*	*
<b>PERCEPTION OF PANDEMIC'S NEGATIVE EFFECT ON EMOTIONAL OR MENTAL HEALTH AMONG PEOPLE WITH NO PAST YEAR MDE</b>				
Not at all	35.1	41.6	33.0	28.7
A little or some	52.2	48.6	54.5	54.4
Quite a bit or a lot	12.7	9.8	12.5	16.9

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown information on their perception of the COVID-19 pandemic's negative effect on their emotional or mental health were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Respondents with unknown impairment data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, Quarter 4, 2020.