

Table 5.40A Detailed Reasons for Not Receiving Substance Use Treatment in Past Year: Among People Aged 12 or Older Classified as Needing But Not Receiving Substance Use Treatment at a Specialty Facility and Who Perceived a Need for Substance Use Treatment in Past Year; Numbers in Thousands, 2019 and 2020

Reason for Not Receiving Substance Use Treatment¹	2019	2020
TOTAL POPULATION	nc	948
No Health Care Coverage and Could Not Afford Cost	nc	181
Had Health Care Coverage But Did Not Cover Treatment or Did Not Cover Full Cost	nc	*
No Transportation/Programs Too Far Away or Hours Inconvenient	nc	*
Did Not Find Program That Offered Type of Treatment That Was Wanted	nc	137
Not Ready to Stop Using	nc	*
No Openings in a Program	nc	16
Did Not Know Where to Go for Treatment	nc	*
Might Cause Neighbors/Community to Have Negative Opinion	nc	113
Might Have Negative Effect on Job	nc	*
Did Not Feel Need for Treatment at the Time	nc	53
Could Handle the Problem Without Treatment	nc	85
Treatment Would Not Help	nc	41
Did Not Have Time	nc	50
Did Not Want Others to Find Out	nc	61
Some Other Reason	nc	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents were classified as needing substance use treatment if they met the Diagnostic and Statistical Manual of Mental Disorders, 5th edition (DSM-5) criteria for an illicit drug or alcohol use disorder or received treatment for illicit drug or alcohol use at a specialty facility (i.e., drug and alcohol rehabilitation facility [inpatient or outpatient], hospital [inpatient only], or mental health center). Questions on virtual substance use treatment were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual substance use treatment are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Substance use disorder (SUD) estimates in 2020 are based on criteria from the Diagnostic and Statistical Manual of Mental Disorders, 5th edition (DSM-5). SUD and related estimates are not comparable between 2020 and prior years of NSDUH, because prior years' estimates were based on DSM-IV criteria. The 2020 estimates reflect additional methodological changes for the 2020 NSDUH. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details on these changes.

NOTE: Perceived Need for Substance Use Treatment includes people who did not receive but felt they needed illicit drug or alcohol use treatment, as well as people who received treatment at a location other than a specialty facility but felt they needed additional treatment.

¹ Respondents could indicate multiple reasons for not receiving treatment; thus, these response categories are not mutually exclusive.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 5.40B Detailed Reasons for Not Receiving Substance Use Treatment in Past Year: Among People Aged 12 or Older Classified as Needing But Not Receiving Substance Use Treatment at a Specialty Facility and Who Perceived a Need for Substance Use Treatment in Past Year; Percentages, 2019 and 2020

Reason for Not Receiving Substance Use Treatment¹	2019	2020
TOTAL POPULATION	nc	100.0
No Health Care Coverage and Could Not Afford Cost	nc	19.1
Had Health Care Coverage But Did Not Cover Treatment or Did Not Cover Full Cost	nc	*
No Transportation/Programs Too Far Away or Hours Inconvenient	nc	*
Did Not Find Program That Offered Type of Treatment That Was Wanted	nc	14.4
Not Ready to Stop Using	nc	*
No Openings in a Program	nc	1.7
Did Not Know Where to Go for Treatment	nc	*
Might Cause Neighbors/Community to Have Negative Opinion	nc	11.9
Might Have Negative Effect on Job	nc	*
Did Not Feel Need for Treatment at the Time	nc	5.6
Could Handle the Problem Without Treatment	nc	9.0
Treatment Would Not Help	nc	4.3
Did Not Have Time	nc	5.2
Did Not Want Others to Find Out	nc	6.5
Some Other Reason	nc	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents were classified as needing substance use treatment if they met the Diagnostic and Statistical Manual of Mental Disorders, 5th edition (DSM-5) criteria for an illicit drug or alcohol use disorder or received treatment for illicit drug or alcohol use at a specialty facility (i.e., drug and alcohol rehabilitation facility [inpatient or outpatient], hospital [inpatient only], or mental health center). Questions on virtual substance use treatment were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual substance use treatment are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Substance use disorder (SUD) estimates in 2020 are based on criteria from the Diagnostic and Statistical Manual of Mental Disorders, 5th edition (DSM-5). SUD and related estimates are not comparable between 2020 and prior years of NSDUH, because prior years' estimates were based on DSM-IV criteria. The 2020 estimates reflect additional methodological changes for the 2020 NSDUH. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details on these changes.

NOTE: Perceived Need for Substance Use Treatment includes people who did not receive but felt they needed illicit drug or alcohol use treatment, as well as people who received treatment at a location other than a specialty facility but felt they needed additional treatment.

¹ Respondents could indicate multiple reasons for not receiving treatment; thus, these response categories are not mutually exclusive.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.