

Table 6.35A Perceived Ever Having Had a Substance Use Problem or Mental Health Issue: Among People Aged 18 or Older; by Demographic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic Characteristic	Ever Had a Substance Use Problem¹ (2019)	Ever Had a Substance Use Problem¹ (2020)	Ever Had a Mental Health Issue² (2019)	Ever Had a Mental Health Issue² (2020)
TOTAL	28,200	29,169	48,488	55,048
AGE GROUP				
18-25	2,504	2,496	10,378	11,518
26 or Older	25,696	26,672	38,110	43,530
26-49	13,184	14,334	22,813	26,497
50 or Older	12,512	12,338	15,297	17,033
GENDER				
Male	17,382	17,449	18,839	20,974
Female	10,818	11,720	29,649	34,074
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	25,092	25,649	42,884	48,372
White	21,565	21,735	35,693	40,684
Black or African American	1,927	2,275	3,893	4,229
AIAN	183	242	282	215
NHOPI	73	24	111	*
Asian	594	561	1,604	1,667
Two or More Races	750	812	1,301	1,512
Hispanic or Latino	3,108	3,520	5,604	6,676
EDUCATION LEVEL				
< High School	2,793	2,373	3,988	3,994
High School Graduate	6,330	8,125	8,727	11,831
Some College/Associate's Degree	9,925	10,254	17,429	18,978
College Graduate	9,151	8,417	18,344	20,245
EMPLOYMENT STATUS				
Full-Time	14,938	14,260	23,848	25,867
Part-Time	3,875	3,984	8,455	9,042
Unemployed	1,462	1,747	2,371	3,331
Other ³	7,925	9,178	13,814	16,808

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ Excluded were respondents with unknown information for ever having a problem with their drug or alcohol use.

² Excluded were respondents with unknown information for ever having a problem with their mental health.

³ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 6.35B Perceived Ever Having Had a Substance Use Problem or Mental Health Issue: Among People Aged 18 or Older; by Demographic Characteristics, Percentages, 2019 and 2020

Demographic Characteristic	Ever Had a Substance Use Problem¹ (2019)	Ever Had a Substance Use Problem¹ (2020)	Ever Had a Mental Health Issue² (2019)	Ever Had a Mental Health Issue² (2020)
TOTAL	11.4	<i>11.6</i>	19.5	22.0
AGE GROUP				
18-25	7.5	<i>7.5</i>	31.1	34.7
26 or Older	11.9	<i>12.3</i>	17.7	20.0
26-49	13.1	<i>14.2</i>	22.7	26.2
50 or Older	10.9	<i>10.6</i>	13.4	14.7
GENDER				
Male	14.5	<i>14.4</i>	15.7	17.3
Female	8.4	<i>9.0</i>	23.1	26.3
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	12.1	<i>12.3</i>	20.7	23.2
White	13.7	<i>13.8</i>	22.7	25.9
Black or African American	6.5	<i>7.5</i>	13.2	14.0
AIAN	13.3	<i>17.1</i>	20.4	15.2
NHOPI	7.5	<i>2.5</i>	11.3	*
Asian	4.2	<i>3.9</i>	11.2	11.6
Two or More Races	17.1	<i>17.3</i>	29.8	32.6
Hispanic or Latino	7.6	<i>8.5</i>	13.7	16.1
EDUCATION LEVEL				
< High School	9.4	<i>8.3</i>	13.4	14.1
High School Graduate	10.5	<i>11.7</i>	14.5	17.1
Some College/Associate's Degree	13.0	<i>13.5</i>	22.8	25.0
College Graduate	11.2	<i>11.0</i>	22.4	26.4
EMPLOYMENT STATUS				
Full-Time	12.1	<i>12.3</i>	19.3	22.3
Part-Time	12.0	<i>12.8</i>	26.2	29.2
Unemployed	14.9	<i>13.5</i>	24.1	25.8
Other ³	9.6	<i>10.1</i>	16.7	18.6

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.