

Table 8.17A Received Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic Characteristic	Total		Any Mental Illness		Serious Mental Illness		Any Mental Illness Excluding Serious Mental Illness		No Mental Illness ¹	
	(2019)	(2020)	(2019)	(2020)	(2019)	(2020)	(2019)	(2020)	(2019)	(2020)
TOTAL	40,154	<i>42,420</i>	22,953	<i>24,303</i>	8,575	<i>9,133</i>	14,378	<i>15,169</i>	17,201	<i>18,118</i>
AGE GROUP										
18-25	5,756	<i>6,498</i>	3,846	<i>4,301</i>	1,626	<i>1,878</i>	2,220	<i>2,423</i>	1,910	<i>2,197</i>
26 or Older	34,397	<i>35,922</i>	19,107	<i>20,001</i>	6,949	<i>7,255</i>	12,158	<i>12,746</i>	15,291	<i>15,921</i>
26-49	17,931	<i>18,539</i>	11,452	<i>11,906</i>	4,455	<i>4,371</i>	6,997	<i>7,535</i>	6,480	<i>6,633</i>
50 or Older	16,466	<i>17,383</i>	7,655	<i>8,095</i>	2,494	<i>2,884</i>	5,161	<i>5,211</i>	8,811	<i>9,288</i>
GENDER										
Male	13,428	<i>13,668</i>	7,217	<i>7,157</i>	2,634	<i>2,793</i>	4,584	<i>4,364</i>	6,210	<i>6,511</i>
Female	26,726	<i>28,752</i>	15,735	<i>17,145</i>	5,942	<i>6,340</i>	9,794	<i>10,805</i>	10,991	<i>11,607</i>
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	36,188	<i>37,889</i>	20,456	<i>21,589</i>	7,516	<i>8,211</i>	12,940	<i>13,378</i>	15,732	<i>16,300</i>
White	31,158	<i>32,910</i>	17,548	<i>18,357</i>	6,291	<i>6,951</i>	11,257	<i>11,406</i>	13,610	<i>14,553</i>
Black or African American	2,897	<i>2,876</i>	1,688	<i>1,943</i>	686	*	1,001	<i>1,114</i>	1,210	<i>932</i>
AIAN	192	*	*	*	*	*	*	*	92	<i>58</i>
NHOPI	59	*	*	*	*	*	*	*	21	<i>*</i>
Asian	1,012	<i>816</i>	487	<i>410</i>	*	*	265	<i>294</i>	525	<i>406</i>
Two or More Races	869	<i>1,011</i>	596	*	*	*	341	*	274	<i>318</i>
Hispanic or Latino	3,965	<i>4,531</i>	2,497	<i>2,714</i>	1,059	<i>922</i>	1,437	<i>1,792</i>	1,469	<i>1,818</i>
EMPLOYMENT STATUS										
Full-Time	17,316	<i>17,404</i>	9,918	<i>9,621</i>	3,483	<i>2,877</i>	6,435	<i>6,744</i>	7,399	<i>7,783</i>
Part-Time	6,400	<i>6,566</i>	3,465	<i>3,818</i>	1,343	<i>1,631</i>	2,122	<i>2,186</i>	2,935	<i>2,748</i>
Unemployed	1,715	<i>2,126</i>	1,105	<i>1,467</i>	514	*	591	<i>887</i>	610	<i>659</i>
Other ²	14,722	<i>16,324</i>	8,465	<i>9,397</i>	3,235	<i>4,044</i>	5,230	<i>5,353</i>	6,257	<i>6,927</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents with no mental illness may still have received mental health services for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.17B Received Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic Characteristics, Percentages, 2019 and 2020

Demographic Characteristic	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness	Any Mental Illness Excluding Serious Mental Illness	No Mental Illness ¹ (2019)	No Mental Illness ¹ (2020)
							(2019)	(2020)		
TOTAL	16.1	16.9	44.8	46.2	65.5	64.5	37.6	39.4	8.7	9.1
AGE GROUP										
18-25	17.2	19.6	38.9	42.1	56.4	57.6	31.7	34.8	8.1	9.6
26 or Older	16.0	16.5	46.1	47.2	68.1	66.6	39.0	40.5	8.8	9.1
26-49	17.8	18.3	45.4	46.6	65.1	63.0	38.1	40.5	8.6	8.8
50 or Older	14.4	14.9	47.2	48.0	74.3	72.9	40.2	40.4	8.9	9.3
GENDER										
Male	11.2	11.3	36.8	37.4	56.5	54.9	30.7	31.1	6.2	6.4
Female	20.8	22.2	49.7	51.2	70.5	69.9	42.1	44.3	11.3	12.1
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	17.4	18.1	46.6	48.1	67.8	67.0	39.4	41.0	9.6	9.9
White	19.8	20.9	50.3	51.8	70.5	69.5	43.4	44.8	11.1	11.9
Black or African American	9.8	9.5	32.9	37.1	57.9	*	25.4	29.2	4.9	3.7
AIAN	13.9	*	*	*	*	*	*	*	8.3	5.9
NHOPI	6.1	*	*	*	*	*	*	*	2.6	*
Asian	7.0	5.7	23.3	20.8	*	*	16.1	17.2	4.3	3.3
Two or More Races	20.0	21.5	43.0	*	*	*	34.9	*	9.2	10.5
Hispanic or Latino	9.7	10.9	33.9	35.1	52.8	48.7	26.8	30.7	4.4	5.4
EMPLOYMENT STATUS										
Full-Time	14.0	15.0	41.7	43.2	61.3	56.4	35.6	39.3	7.4	8.3
Part-Time	19.8	21.1	42.7	47.7	60.3	69.1	36.1	38.7	12.1	11.9
Unemployed	17.4	16.5	40.4	43.8	61.6	*	31.1	39.3	8.6	6.9
Other ²	17.7	18.0	50.8	49.4	74.4	72.3	42.5	39.9	9.4	9.6

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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