

**Table 8.17C Received Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020**

Demographic Characteristic	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness	Any Mental Illness Excluding Serious Mental Illness	No Mental Illness <sup>1</sup>	No Mental Illness <sup>1</sup>
							(2019)	(2020)	(2019)	(2020)
<b>TOTAL</b>	606	902	485	700	276	458	381	589	444	675
<b>AGE GROUP</b>										
18-25	132	231	128	209	72	142	100	158	85	149
26 or Older	580	862	467	675	266	428	372	579	433	654
26-49	318	497	275	440	161	241	214	357	218	324
50 or Older	468	721	350	516	200	340	286	428	379	574
<b>GENDER</b>										
Male	357	525	277	384	153	234	219	318	261	412
Female	468	685	382	569	227	372	297	477	355	525
<b>HISPANIC ORIGIN AND RACE</b>										
Not Hispanic or Latino	566	819	444	640	251	436	355	525	418	625
White	627	875	413	596	226	393	336	486	389	594
Black or African American	167	308	124	264	76	*	91	183	97	149
AIAN	36	*	*	*	*	*	*	*	27	27
NHOPI	17	*	*	*	*	*	*	*	11	*
Asian	123	135	67	87	*	*	51	80	101	101
Two or More Races	81	140	62	*	*	*	49	*	51	75
Hispanic or Latino	215	361	164	267	111	122	119	229	154	265
<b>EMPLOYMENT STATUS</b>										
Full-Time	426	565	291	401	166	194	230	353	261	376
Part-Time	228	342	152	241	92	172	124	177	174	240
Unemployed	114	213	91	149	61	*	68	121	68	154
Other <sup>2</sup>	448	672	318	512	193	342	252	405	293	461

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> Respondents with no mental illness may still have received mental health services for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

<sup>2</sup> Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.17D Received Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic Characteristics, Standard Errors of Percentages, 2019 and 2020**

Demographic Characteristic	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness	Any Mental Illness Excluding Serious Mental Illness	No Mental Illness <sup>1</sup>	No Mental Illness <sup>1</sup>
							(2019)	(2020)	(2019)	(2020)
<b>TOTAL</b>	0.24	0.36	0.65	1.04	1.18	1.96	0.73	1.23	0.20	0.32
<b>AGE GROUP</b>										
18-25	0.39	0.70	0.90	1.51	1.76	2.63	1.09	1.88	0.33	0.63
26 or Older	0.27	0.40	0.79	1.23	1.42	2.41	0.88	1.44	0.23	0.35
26-49	0.32	0.49	0.78	1.34	1.42	2.39	0.87	1.52	0.27	0.41
50 or Older	0.41	0.62	1.58	2.38	3.17	5.17	1.69	2.66	0.35	0.55
<b>GENDER</b>										
Male	0.30	0.43	1.09	1.66	2.19	3.18	1.17	1.92	0.25	0.39
Female	0.36	0.53	0.83	1.28	1.35	2.38	0.95	1.54	0.33	0.50
<b>HISPANIC ORIGIN AND RACE</b>										
Not Hispanic or Latino	0.27	0.39	0.70	1.10	1.14	2.05	0.79	1.30	0.23	0.36
White	0.32	0.49	0.76	1.19	1.21	2.08	0.89	1.45	0.28	0.44
Black or African American	0.51	0.96	1.88	3.85	3.86	*	1.96	3.99	0.39	0.58
AIAN	2.51	*	*	*	*	*	*	*	2.39	2.43
NHOPI	1.74	*	*	*	*	*	*	*	1.34	*
Asian	0.82	0.90	2.82	4.04	*	*	2.90	4.32	0.80	0.80
Two or More Races	1.67	2.71	3.43	*	*	*	4.13	*	1.61	2.39
Hispanic or Latino	0.52	0.87	1.69	2.70	3.95	5.33	1.83	3.14	0.44	0.76
<b>EMPLOYMENT STATUS</b>										
Full-Time	0.30	0.45	0.88	1.34	1.67	3.05	0.98	1.60	0.25	0.39
Part-Time	0.63	1.01	1.46	2.20	3.07	3.51	1.66	2.55	0.66	0.98
Unemployed	1.04	1.53	2.58	3.47	4.83	*	2.90	4.00	0.92	1.54
Other <sup>2</sup>	0.47	0.69	1.23	2.06	1.96	3.33	1.47	2.44	0.41	0.61

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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