

Table 8.19A Received Inpatient Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic/Socioeconomic Characteristic	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness ¹ (2019)	No Mental Illness ¹ (2020)
TOTAL	2,371	2,264	1,674	1,545	974	929	699	616	697	719
AGE GROUP										
18-25	567	453	436	334	262	223	174	111	131	120
26 or Older	1,804	1,811	1,238	1,211	713	707	525	505	566	600
26-49	955	1,004	730	860	494	454	236	406	225	144
50 or Older	850	807	508	351	219	253	289	99	341	455
GENDER										
Male	1,077	1,109	683	647	333	322	350	326	394	461
Female	1,294	1,156	991	898	642	608	349	290	303	258
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	1,995	1,739	1,385	1,230	797	730	588	500	610	508
White	1,298	1,280	1,009	911	641	596	368	315	289	369
Black or African American	463	366	260	273	93	*	167	143	203	93
AIAN	18	28	*	*	*	*	*	*	5	*
NHOPI	4	8	*	*	*	*	*	*	1	*
Asian	131	24	52	3	19	*	33	3	78	21
Two or More Races	81	32	47	22	38	3	10	19	33	10
Hispanic or Latino	377	525	289	315	177	199	111	115	88	211
HEALTH INSURANCE²										
Private	841	720	564	493	386	333	178	160	277	227
Medicaid/CHIP	1,125	924	804	653	451	391	353	262	321	270
Other ³	811	688	530	441	246	316	284	125	281	247
No Coverage	260	253	182	177	103	69	79	108	78	76
EMPLOYMENT STATUS										
Full-Time	594	446	441	298	291	172	150	126	153	148
Part-Time	284	170	196	121	128	51	68	70	88	48
Unemployed	314	439	206	226	117	*	89	159	108	214
Other ⁴	1,179	1,210	831	901	439	641	392	260	348	309

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

⁴ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.19B Received Inpatient Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Demographic/Socioeconomic Characteristic	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness ¹ (2019)	No Mental Illness ¹ (2020)
TOTAL	1.0	0.9	3.3	2.9	7.4	6.5	1.8	1.6	0.4	0.4
AGE GROUP										
18-25	1.7	1.4	4.4	3.3	9.0	6.8	2.5	1.6	0.6	0.5
26 or Older	0.8	0.8	3.0	2.8	7.0	6.5	1.7	1.6	0.3	0.3
26-49	0.9	1.0	2.9	3.4	7.2	6.5	1.3	2.2	0.3	0.2
50 or Older	0.7	0.7	3.1	2.1	6.5	6.4	2.2	0.8	0.3	0.5
GENDER										
Male	0.9	0.9	3.5	3.4	7.1	6.3	2.3	2.3	0.4	0.5
Female	1.0	0.9	3.1	2.7	7.6	6.7	1.5	1.2	0.3	0.3
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	1.0	0.8	3.1	2.7	7.2	5.9	1.8	1.5	0.4	0.3
White	0.8	0.8	2.9	2.6	7.2	6.0	1.4	1.2	0.2	0.3
Black or African American	1.6	1.2	5.1	5.2	7.9	*	4.2	3.7	0.8	0.4
AIAN	1.3	2.0	*	*	*	*	*	*	0.5	*
NHOPI	0.4	0.9	*	*	*	*	*	*	0.1	*
Asian	0.9	0.2	2.5	0.1	4.2	*	2.0	0.2	0.6	0.2
Two or More Races	1.8	0.7	3.4	1.3	9.2	0.6	1.0	1.6	1.1	0.3
Hispanic or Latino	0.9	1.3	3.9	4.1	8.8	10.5	2.1	2.0	0.3	0.6
HEALTH INSURANCE²										
Private	0.5	0.5	1.8	1.6	5.5	4.8	0.8	0.7	0.2	0.2
Medicaid/CHIP	3.2	2.3	7.2	5.4	12.5	10.9	4.7	3.1	1.3	1.0
Other ³	1.2	0.9	4.6	3.4	9.3	8.5	3.2	1.3	0.5	0.4
No Coverage	1.0	0.9	3.2	3.0	6.6	4.3	2.0	2.6	0.4	0.4
EMPLOYMENT STATUS										
Full-Time	0.5	0.4	1.9	1.3	5.1	3.4	0.8	0.7	0.2	0.2
Part-Time	0.9	0.5	2.4	1.5	5.8	2.1	1.1	1.2	0.4	0.2
Unemployed	3.2	3.4	7.5	6.7	13.9	*	4.7	7.0	1.5	2.2
Other ⁴	1.4	1.3	5.0	4.7	10.1	11.4	3.2	1.9	0.5	0.4

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Table 8.20A Received Outpatient Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic/Socioeconomic Characteristic	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness ¹ (2019)	No Mental Illness ¹ (2020)
TOTAL	20,561	22,247	13,855	14,918	5,773	6,295	8,082	8,623	6,706	7,329
AGE GROUP										
18-25	3,456	3,958	2,562	2,885	1,135	1,265	1,426	1,619	894	1,074
26 or Older	17,105	18,289	11,293	12,034	4,638	5,030	6,656	7,004	5,812	6,256
26-49	9,893	10,772	7,100	7,543	3,078	3,039	4,022	4,504	2,793	3,229
50 or Older	7,213	7,517	4,194	4,491	1,559	1,991	2,634	2,499	3,019	3,027
GENDER										
Male	6,821	6,873	4,316	4,106	1,720	1,874	2,596	2,231	2,505	2,768
Female	13,740	15,374	9,540	10,813	4,053	4,421	5,486	6,392	4,201	4,561
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	18,280	19,921	12,281	13,278	5,064	5,648	7,217	7,630	6,000	6,643
White	15,298	16,971	10,333	11,124	4,195	4,714	6,138	6,410	4,965	5,846
Black or African American	1,701	1,858	1,149	1,430	487	*	662	780	552	428
AIAN	99	*	*	*	*	*	*	*	47	17
NHOPI	31	*	*	*	*	*	*	*	13	*
Asian	635	423	304	282	*	*	147	174	331	141
Two or More Races	517	490	425	313	192	*	233	175	91	177
Hispanic or Latino	2,281	2,327	1,575	1,640	709	647	865	993	706	687
HEALTH INSURANCE²										
Private	13,428	13,900	8,576	8,848	3,189	3,165	5,387	5,683	4,852	5,052
Medicaid/CHIP	4,494	4,781	3,457	3,394	1,744	1,597	1,713	1,797	1,037	1,387
Other ³	5,198	6,509	3,307	4,278	1,387	2,083	1,920	2,195	1,891	2,231
No Coverage	986	1,002	759	772	427	382	333	390	227	229
EMPLOYMENT STATUS										
Full-Time	8,876	9,229	5,941	5,909	2,230	1,905	3,711	4,004	2,935	3,320
Part-Time	3,599	4,019	2,292	2,628	970	1,130	1,322	1,497	1,307	1,392
Unemployed	930	1,034	678	817	374	*	305	447	251	217
Other ⁴	7,156	7,966	4,944	5,565	2,199	2,890	2,746	2,675	2,212	2,402

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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Table 8.20B Received Outpatient Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Demographic/Socioeconomic Characteristic	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness ¹ (2019)	No Mental Illness ¹ (2020)
TOTAL	8.3	8.9	27.1	28.5	44.2	45.1	21.2	22.5	3.4	3.7
AGE GROUP										
18-25	10.3	11.9	26.0	28.4	39.6	39.2	20.4	23.4	3.8	4.7
26 or Older	7.9	8.4	27.3	28.6	45.6	46.8	21.4	22.3	3.3	3.6
26-49	9.8	10.7	28.2	29.6	45.1	44.0	21.9	24.3	3.7	4.3
50 or Older	6.3	6.5	25.9	27.0	46.4	52.0	20.5	19.5	3.1	3.0
GENDER										
Male	5.7	5.7	22.0	21.6	37.0	37.8	17.3	15.9	2.5	2.7
Female	10.7	11.9	30.2	32.5	48.3	49.1	23.7	26.4	4.3	4.7
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	8.8	9.5	28.0	29.8	45.8	46.8	22.0	23.5	3.7	4.0
White	9.7	10.8	29.7	31.5	47.1	47.5	23.7	25.2	4.1	4.8
Black or African American	5.7	6.1	22.4	27.6	41.7	*	16.7	20.5	2.3	1.7
AIAN	7.2	*	*	*	*	*	*	*	4.3	1.7
NHOPI	3.2	*	*	*	*	*	*	*	1.6	*
Asian	4.4	3.0	14.6	14.8	*	*	9.0	10.6	2.7	1.1
Two or More Races	11.8	10.6	30.7	19.3	47.0	*	23.8	14.5	3.1	5.9
Hispanic or Latino	5.6	5.6	21.4	21.4	35.5	34.2	16.2	17.2	2.1	2.0
HEALTH INSURANCE²										
Private	8.1	8.8	28.0	29.6	45.4	45.9	22.8	24.7	3.6	3.9
Medicaid/CHIP	12.7	12.2	31.3	28.4	48.9	44.8	22.9	21.4	4.3	5.1
Other ³	7.6	8.8	28.7	33.1	52.6	58.3	21.6	23.5	3.3	3.6
No Coverage	3.8	3.7	13.7	13.3	27.5	23.8	8.3	9.3	1.1	1.1
EMPLOYMENT STATUS										
Full-Time	7.2	8.0	25.0	26.6	39.3	37.4	20.5	23.4	2.9	3.5
Part-Time	11.1	12.9	28.3	32.9	43.9	47.9	22.5	26.6	5.4	6.0
Unemployed	9.5	8.0	24.9	24.2	45.5	*	16.1	19.6	3.5	2.3
Other ⁴	8.6	8.8	29.8	29.8	50.6	53.3	22.4	20.2	3.3	3.3

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.21A Received Prescription Medication as a Type of Mental Health Service in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic/Socioeconomic Characteristic	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness ¹ (2019)	No Mental Illness ¹ (2020)
TOTAL	32,629	34,592	18,854	20,479	7,402	7,937	11,452	12,542	13,775	14,113
AGE GROUP										
18-25	4,165	4,805	2,854	3,319	1,297	1,590	1,557	1,729	1,312	1,486
26 or Older	28,464	29,787	16,000	17,160	6,105	6,348	9,895	10,812	12,464	12,627
26-49	14,388	14,576	9,422	9,811	3,860	3,702	5,562	6,109	4,966	4,766
50 or Older	14,076	15,211	6,578	7,349	2,246	2,646	4,333	4,704	7,498	7,861
GENDER										
Male	10,700	10,839	5,868	5,977	2,229	2,408	3,639	3,569	4,832	4,862
Female	21,929	23,753	12,986	14,502	5,173	5,530	7,813	8,972	8,943	9,251
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	29,627	31,282	16,860	18,401	6,473	7,247	10,386	11,154	12,767	12,881
White	26,094	27,532	14,744	15,860	5,492	6,222	9,252	9,638	11,350	11,672
Black or African American	1,941	2,080	1,176	1,450	521	*	656	798	764	629
AIAN	152	*	*	*	*	*	*	*	67	*
NHOPI	51	*	*	*	*	*	*	*	19	*
Asian	702	576	356	284	*	*	159	*	346	292
Two or More Races	687	844	466	*	209	*	257	*	221	217
Hispanic or Latino	3,003	3,310	1,994	2,078	929	690	1,065	1,388	1,009	1,232
HEALTH INSURANCE²										
Private	21,701	21,198	11,403	11,692	4,020	3,839	7,383	7,853	10,298	9,507
Medicaid/CHIP	6,743	7,635	4,736	5,270	2,274	2,169	2,462	3,101	2,007	2,365
Other ³	9,117	11,300	4,777	6,142	1,823	2,503	2,955	3,639	4,339	5,158
No Coverage	1,540	1,492	1,093	1,055	540	562	553	493	447	437
EMPLOYMENT STATUS										
Full-Time	13,917	13,457	8,002	7,634	2,914	2,277	5,088	5,357	5,915	5,823
Part-Time	4,926	5,139	2,720	3,110	1,120	1,465	1,600	1,645	2,206	2,029
Unemployed	1,374	1,577	908	1,214	449	*	459	737	466	363
Other ⁴	12,412	14,418	7,224	8,520	2,919	3,718	4,304	4,802	5,188	5,898

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Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.21B Received Prescription Medication as a Type of Mental Health Service in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Demographic/Socioeconomic Characteristic	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness ¹ (2019)	No Mental Illness ¹ (2020)
TOTAL	13.1	<i>13.8</i>	36.7	<i>38.8</i>	56.5	<i>55.9</i>	29.9	<i>32.5</i>	7.0	<i>7.1</i>
AGE GROUP										
18-25	12.4	<i>14.4</i>	28.8	<i>32.4</i>	44.8	<i>48.8</i>	22.2	<i>24.8</i>	5.6	<i>6.4</i>
26 or Older	13.2	<i>13.7</i>	38.5	<i>40.3</i>	59.8	<i>58.0</i>	31.6	<i>34.1</i>	7.2	<i>7.2</i>
26-49	14.3	<i>14.4</i>	37.3	<i>38.2</i>	56.4	<i>53.0</i>	30.2	<i>32.7</i>	6.6	<i>6.3</i>
50 or Older	12.3	<i>13.0</i>	40.4	<i>43.4</i>	66.7	<i>66.8</i>	33.6	<i>36.2</i>	7.6	<i>7.9</i>
GENDER										
Male	8.9	<i>8.9</i>	29.8	<i>31.0</i>	47.8	<i>47.0</i>	24.2	<i>25.3</i>	4.8	<i>4.8</i>
Female	17.0	<i>18.3</i>	41.0	<i>43.2</i>	61.3	<i>60.9</i>	33.6	<i>36.6</i>	9.2	<i>9.6</i>
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	14.2	<i>14.9</i>	38.3	<i>40.8</i>	58.3	<i>58.9</i>	31.6	<i>34.0</i>	7.8	<i>7.8</i>
White	16.6	<i>17.5</i>	42.2	<i>44.5</i>	61.5	<i>62.1</i>	35.6	<i>37.7</i>	9.3	<i>9.6</i>
Black or African American	6.5	<i>6.8</i>	22.9	<i>27.5</i>	43.9	*	16.6	<i>20.8</i>	3.1	<i>2.5</i>
AIAN	11.1	*	*	*	*	*	*	*	6.0	*
NHOPI	5.2	*	*	*	*	*	*	*	2.3	*
Asian	4.8	<i>4.0</i>	17.1	<i>14.2</i>	*	*	9.8	*	2.8	<i>2.4</i>
Two or More Races	15.8	<i>17.9</i>	33.5	*	51.0	*	26.2	*	7.4	<i>7.2</i>
Hispanic or Latino	7.3	<i>7.9</i>	26.8	<i>26.8</i>	46.3	<i>36.5</i>	19.6	<i>23.7</i>	3.0	<i>3.6</i>
HEALTH INSURANCE²										
Private	13.2	<i>13.4</i>	37.1	<i>38.7</i>	57.0	<i>55.1</i>	31.2	<i>33.7</i>	7.7	<i>7.4</i>
Medicaid/CHIP	19.0	<i>19.3</i>	42.6	<i>43.6</i>	63.2	<i>60.5</i>	32.8	<i>36.5</i>	8.2	<i>8.6</i>
Other ³	13.3	<i>15.1</i>	41.3	<i>46.7</i>	69.1	<i>67.6</i>	33.1	<i>38.6</i>	7.6	<i>8.4</i>
No Coverage	6.0	<i>5.5</i>	19.5	<i>18.1</i>	34.7	<i>34.9</i>	13.6	<i>11.7</i>	2.2	<i>2.0</i>
EMPLOYMENT STATUS										
Full-Time	11.2	<i>11.6</i>	33.6	<i>34.2</i>	51.3	<i>44.5</i>	28.1	<i>31.1</i>	5.9	<i>6.2</i>
Part-Time	15.2	<i>16.5</i>	33.5	<i>38.5</i>	50.2	<i>61.4</i>	27.1	<i>28.9</i>	9.1	<i>8.8</i>
Unemployed	13.9	<i>12.2</i>	33.1	<i>35.8</i>	53.5	*	24.1	<i>32.2</i>	6.5	<i>3.8</i>
Other ⁴	14.9	<i>15.8</i>	43.2	<i>44.8</i>	67.0	<i>66.4</i>	34.8	<i>35.7</i>	7.8	<i>8.2</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

⁴ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.