

**Table 8.1A Any Mental Illness in Past Year: Among People Aged 18 or Older; by Gender and Detailed Age Category, Numbers in Thousands, 2019 and 2020**

| Age Category       | Total (2019) | Total (2020)  | Male (2019) | Male (2020)   | Female (2019) | Female (2020) |
|--------------------|--------------|---------------|-------------|---------------|---------------|---------------|
| <b>TOTAL</b>       | 51,495       | <i>52,859</i> | 19,758      | <i>19,269</i> | 31,737        | <i>33,590</i> |
| <b>18-25</b>       | 9,930        | <i>10,238</i> | 3,856       | <i>3,744</i>  | 6,074         | <i>6,494</i>  |
| 18-20              | 3,757        | <i>3,659</i>  | 1,427       | <i>1,376</i>  | 2,330         | <i>2,283</i>  |
| 21-25              | 6,172        | <i>6,579</i>  | 2,429       | <i>2,369</i>  | 3,744         | <i>4,211</i>  |
| <b>26 or Older</b> | 41,565       | <i>42,621</i> | 15,902      | <i>15,525</i> | 25,663        | <i>27,096</i> |
| 26-49              | 25,279       | <i>25,676</i> | 9,884       | <i>9,970</i>  | 15,396        | <i>15,705</i> |
| 26-29              | 5,512        | <i>4,884</i>  | 2,245       | <i>1,879</i>  | 3,266         | <i>3,005</i>  |
| 30-34              | 6,421        | <i>6,586</i>  | 2,618       | <i>2,522</i>  | 3,803         | <i>4,064</i>  |
| 35-39              | 5,148        | <i>5,551</i>  | 1,903       | <i>2,114</i>  | 3,244         | <i>3,437</i>  |
| 40-44              | 4,280        | <i>4,329</i>  | 1,581       | <i>1,691</i>  | 2,699         | <i>2,637</i>  |
| 45-49              | 3,919        | <i>4,326</i>  | 1,536       | <i>1,764</i>  | 2,383         | <i>2,562</i>  |
| 50 or Older        | 16,286       | <i>16,945</i> | 6,018       | <i>5,555</i>  | 10,268        | <i>11,390</i> |
| 50-54              | 3,504        | <i>3,793</i>  | 1,481       | <i>1,079</i>  | 2,023         | <i>2,714</i>  |
| 55-59              | 3,720        | <i>3,876</i>  | 1,439       | <i>1,172</i>  | 2,281         | <i>2,704</i>  |
| 60-64              | 2,809        | <i>2,818</i>  | 872         | <i>1,031</i>  | 1,938         | <i>1,787</i>  |
| 65 or Older        | 6,252        | <i>6,458</i>  | 2,226       | <i>2,273</i>  | 4,026         | <i>4,186</i>  |

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.1B Any Mental Illness in Past Year: Among People Aged 18 or Older; by Gender and Detailed Age Category, Percentages, 2019 and 2020**

| Age Category       | Total<br>(2019) | Total<br>(2020) | Male<br>(2019) | Male<br>(2020) | Female<br>(2019) | Female<br>(2020) |
|--------------------|-----------------|-----------------|----------------|----------------|------------------|------------------|
| <b>TOTAL</b>       | 20.6            | <i>21.0</i>     | 16.3           | <i>15.8</i>    | 24.5             | <i>25.8</i>      |
| <b>18-25</b>       | 29.4            | <i>30.6</i>     | 22.8           | <i>22.3</i>    | 36.1             | <i>38.8</i>      |
| 18-20              | 28.5            | <i>29.3</i>     | 21.2           | <i>21.3</i>    | 36.3             | <i>37.8</i>      |
| 21-25              | 30.0            | <i>31.3</i>     | 23.9           | <i>23.0</i>    | 36.0             | <i>39.4</i>      |
| <b>26 or Older</b> | 19.2            | <i>19.5</i>     | 15.3           | <i>14.8</i>    | 22.8             | <i>23.9</i>      |
| 26-49              | 25.0            | <i>25.3</i>     | 19.8           | <i>19.9</i>    | 30.0             | <i>30.6</i>      |
| 26-29              | 30.5            | <i>27.4</i>     | 24.6           | <i>21.3</i>    | 36.7             | <i>33.6</i>      |
| 30-34              | 28.8            | <i>29.0</i>     | 23.9           | <i>22.1</i>    | 33.6             | <i>35.8</i>      |
| 35-39              | 24.0            | <i>25.2</i>     | 18.3           | <i>20.0</i>    | 29.4             | <i>29.9</i>      |
| 40-44              | 22.2            | <i>22.3</i>     | 16.7           | <i>17.6</i>    | 27.5             | <i>26.8</i>      |
| 45-49              | 19.3            | <i>22.2</i>     | 15.3           | <i>18.0</i>    | 23.4             | <i>26.4</i>      |
| 50 or Older        | 14.1            | <i>14.5</i>     | 11.2           | <i>10.2</i>    | 16.7             | <i>18.3</i>      |
| 50-54              | 17.0            | <i>19.2</i>     | 14.5           | <i>12.1</i>    | 19.4             | <i>25.0</i>      |
| 55-59              | 17.5            | <i>17.8</i>     | 14.0           | <i>11.0</i>    | 20.8             | <i>24.4</i>      |
| 60-64              | 13.7            | <i>13.5</i>     | 8.9            | <i>9.8</i>     | 17.9             | <i>17.5</i>      |
| 65 or Older        | 11.8            | <i>11.8</i>     | 9.4            | <i>9.3</i>     | 13.8             | <i>13.9</i>      |

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.4A Serious Mental Illness in Past Year: Among People Aged 18 or Older; by Gender and Detailed Age Category, Numbers in Thousands, 2019 and 2020**

| Age Category       | Total (2019) | Total (2020)  | Male (2019) | Male (2020)  | Female (2019) | Female (2020) |
|--------------------|--------------|---------------|-------------|--------------|---------------|---------------|
| <b>TOTAL</b>       | 13,115       | <i>14,200</i> | 4,668       | <i>5,121</i> | 8,447         | <i>9,080</i>  |
| <b>18-25</b>       | 2,899        | <i>3,258</i>  | 979         | <i>1,085</i> | 1,920         | <i>2,173</i>  |
| 18-20              | 1,082        | <i>1,060</i>  | 363         | <i>381</i>   | 719           | <i>679</i>    |
| 21-25              | 1,818        | <i>2,198</i>  | 616         | <i>705</i>   | 1,202         | <i>1,494</i>  |
| <b>26 or Older</b> | 10,216       | <i>10,942</i> | 3,689       | <i>4,035</i> | 6,527         | <i>6,907</i>  |
| 26-49              | 6,847        | <i>6,981</i>  | 2,443       | <i>2,673</i> | 4,404         | <i>4,309</i>  |
| 26-29              | 1,566        | <i>1,389</i>  | 595         | <i>486</i>   | 971           | <i>903</i>    |
| 30-34              | 1,672        | <i>1,720</i>  | 638         | <i>576</i>   | 1,034         | <i>1,145</i>  |
| 35-39              | 1,373        | <i>1,440</i>  | 427         | <i>618</i>   | 947           | <i>822</i>    |
| 40-44              | 1,116        | <i>1,146</i>  | 380         | <i>437</i>   | 736           | <i>709</i>    |
| 45-49              | 1,119        | <i>1,286</i>  | 404         | <i>556</i>   | 716           | <i>730</i>    |
| 50 or Older        | 3,369        | <i>3,961</i>  | 1,246       | <i>1,362</i> | 2,123         | <i>2,598</i>  |
| 50-54              | 952          | <i>914</i>    | 425         | <i>325</i>   | 526           | <i>589</i>    |
| 55-59              | 958          | <i>1,160</i>  | 356         | <i>225</i>   | 602           | <i>935</i>    |
| 60-64              | 634          | <i>809</i>    | 143         | <i>385</i>   | 491           | <i>424</i>    |
| 65 or Older        | 825          | <i>1,078</i>  | 321         | <i>427</i>   | 504           | <i>651</i>    |

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

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| Age Category       | Total<br>(2019) | Total<br>(2020) | Male<br>(2019) | Male<br>(2020) | Female<br>(2019) | Female<br>(2020) |
|--------------------|-----------------|-----------------|----------------|----------------|------------------|------------------|
| <b>TOTAL</b>       | 5.2             | 5.6             | 3.9            | 4.2            | 6.5              | 7.0              |
| <b>18-25</b>       | 8.6             | 9.7             | 5.8            | 6.5            | 11.4             | 13.0             |
| 18-20              | 8.2             | 8.5             | 5.4            | 5.9            | 11.2             | 11.2             |
| 21-25              | 8.8             | 10.5            | 6.1            | 6.8            | 11.5             | 14.0             |
| <b>26 or Older</b> | 4.7             | 5.0             | 3.5            | 3.8            | 5.8              | 6.1              |
| 26-49              | 6.8             | 6.9             | 4.9            | 5.3            | 8.6              | 8.4              |
| 26-29              | 8.7             | 7.8             | 6.5            | 5.5            | 10.9             | 10.1             |
| 30-34              | 7.5             | 7.6             | 5.8            | 5.1            | 9.1              | 10.1             |
| 35-39              | 6.4             | 6.5             | 4.1            | 5.9            | 8.6              | 7.2              |
| 40-44              | 5.8             | 5.9             | 4.0            | 4.5            | 7.5              | 7.2              |
| 45-49              | 5.5             | 6.6             | 4.0            | 5.7            | 7.0              | 7.5              |
| 50 or Older        | 2.9             | 3.4             | 2.3            | 2.5            | 3.5              | 4.2              |
| 50-54              | 4.6             | 4.6             | 4.2            | 3.6            | 5.0              | 5.4              |
| 55-59              | 4.5             | 5.3             | 3.5            | 2.1            | 5.5              | 8.4              |
| 60-64              | 3.1             | 3.9             | 1.5            | 3.6            | 4.5              | 4.1              |
| 65 or Older        | 1.6             | 2.0             | 1.4            | 1.7            | 1.7              | 2.2              |

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