

**Table 8.23C Locations of Outpatient Mental Health Services: Among People Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year; by Past Year Level of Mental Illness, Standard Errors of Numbers in Thousands, 2019 and 2020**

Location of Mental Health Services <sup>1</sup>	Total (2019)	Total (2020)	Any Mental Illness		Serious Mental Illness		Any Mental Illness Excluding Serious Mental Illness		No Mental Illness <sup>2</sup>	
			(2019)	(2020)	(2019)	(2020)	(2019)	(2020)	(2019)	(2020)
Outpatient Mental Health Clinic or Center	223	<i>404</i>	191	<i>360</i>	137	<i>265</i>	133	<i>238</i>	114	<i>180</i>
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	370	<i>511</i>	277	<i>418</i>	162	<i>273</i>	222	<i>329</i>	213	<i>300</i>
Doctor's Office - Not Part of a Clinic	189	<i>237</i>	136	<i>188</i>	72	<i>127</i>	113	<i>131</i>	120	<i>136</i>
Outpatient Medical Clinic	105	<i>228</i>	91	<i>197</i>	55	<i>165</i>	72	<i>108</i>	53	<i>114</i>
Partial Day Hospital or Day Treatment Program	60	<i>94</i>	59	<i>56</i>	36	<i>54</i>	46	<i>14</i>	12	<i>75</i>
School or University Setting/Clinic/Center <sup>3</sup>	25	<i>29</i>	20	<i>29</i>	10	<i>11</i>	17	<i>27</i>	15	<i>5</i>
Some Other Place <sup>4</sup>	80	<i>125</i>	62	<i>78</i>	48	<i>73</i>	39	<i>28</i>	49	<i>98</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>2</sup> Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

<sup>3</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.23D Locations of Outpatient Mental Health Services: Among People Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year; by Past Year Level of Mental Illness, Standard Errors of Percentages, 2019 and 2020**

Location of Mental Health Services <sup>1</sup>	Total (2019)	Total (2020)	Any Mental Illness		Serious Mental Illness		Any Mental Illness Excluding Serious Mental Illness		No Mental Illness <sup>2</sup>	
			(2019)	(2020)	(2019)	(2020)	(2019)	(2020)	(2019)	(2020)
Outpatient Mental Health Clinic or Center	0.95	<i>1.52</i>	1.17	<i>1.94</i>	1.85	<i>3.07</i>	1.49	<i>2.41</i>	1.53	<i>2.24</i>
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	1.07	<i>1.56</i>	1.24	<i>1.84</i>	1.84	<i>2.97</i>	1.65	<i>2.37</i>	1.97	<i>2.79</i>
Doctor's Office - Not Part of a Clinic	0.83	<i>1.00</i>	0.90	<i>1.20</i>	1.18	<i>1.89</i>	1.28	<i>1.48</i>	1.62	<i>1.73</i>
Outpatient Medical Clinic	0.49	<i>0.98</i>	0.64	<i>1.27</i>	0.94	<i>2.44</i>	0.86	<i>1.21</i>	0.78	<i>1.50</i>
Partial Day Hospital or Day Treatment Program	0.29	<i>0.42</i>	0.42	<i>0.38</i>	0.61	<i>0.85</i>	0.57	<i>0.16</i>	0.18	<i>1.01</i>
School or University Setting/Clinic/Center <sup>3</sup>	0.12	<i>0.13</i>	0.14	<i>0.20</i>	0.18	<i>0.17</i>	0.21	<i>0.31</i>	0.23	<i>0.07</i>
Some Other Place <sup>4</sup>	0.38	<i>0.56</i>	0.45	<i>0.53</i>	0.81	<i>1.15</i>	0.49	<i>0.33</i>	0.73	<i>1.33</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>2</sup> Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

<sup>3</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.25C Locations of Outpatient Mental Health Services: Among People Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year; by Age Group, Standard Errors of Numbers in Thousands, 2019 and 2020**

Location of Mental Health Services <sup>1</sup>	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)	Aged 26-49 (2019)	Aged 26-49 (2020)	Aged 50+ (2019)	Aged 50+ (2020)
Outpatient Mental Health Clinic or Center	223	378	60	94	213	367	120	234	171	280
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	370	495	98	165	352	469	227	304	266	362
Doctor's Office - Not Part of a Clinic	189	227	38	51	184	219	98	151	154	149
Outpatient Medical Clinic	105	200	28	47	101	194	66	81	76	176
Partial Day Hospital or Day Treatment Program	60	95	18	27	57	91	31	47	48	77
School or University Setting/Clinic/Center <sup>2</sup>	25	28	20	24	14	15	14	15	*	*
Some Other Place <sup>3</sup>	80	123	13	11	78	123	29	48	72	113

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>1</sup> Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.25D Locations of Outpatient Mental Health Services: Among People Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year; by Age Group, Standard Errors of Percentages, 2019 and 2020**

Location of Mental Health Services <sup>1</sup>	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)	Aged 26-49 (2019)	Aged 26-49 (2020)	Aged 50+ (2019)	Aged 50+ (2020)
Outpatient Mental Health Clinic or Center	0.95	<i>1.48</i>	1.46	<i>2.13</i>	1.09	<i>1.75</i>	1.06	<i>1.90</i>	2.10	<i>3.20</i>
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	1.07	<i>1.54</i>	1.50	<i>2.16</i>	1.26	<i>1.80</i>	1.32	<i>1.85</i>	2.38	<i>3.38</i>
Doctor's Office - Not Part of a Clinic	0.83	<i>0.99</i>	1.05	<i>1.26</i>	0.96	<i>1.16</i>	0.92	<i>1.35</i>	1.88	<i>1.99</i>
Outpatient Medical Clinic	0.49	<i>0.90</i>	0.77	<i>1.18</i>	0.57	<i>1.06</i>	0.65	<i>0.77</i>	1.03	<i>2.28</i>
Partial Day Hospital or Day Treatment Program	0.29	<i>0.44</i>	0.51	<i>0.70</i>	0.33	<i>0.52</i>	0.31	<i>0.44</i>	0.66	<i>1.06</i>
School or University Setting/Clinic/Center <sup>2</sup>	0.12	<i>0.13</i>	0.57	<i>0.62</i>	0.09	<i>0.09</i>	0.15	<i>0.15</i>	*	*
Some Other Place <sup>3</sup>	0.38	<i>0.57</i>	0.37	<i>0.29</i>	0.45	<i>0.69</i>	0.30	<i>0.47</i>	0.98	<i>1.51</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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