

**Table 8.24A Types and Locations of Mental Health Services Received in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness, Numbers in Thousands, 2019 and 2020**

Type and Location of Mental Health Services	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness <sup>1</sup> (2019)	No Mental Illness <sup>1</sup> (2020)
<b>MENTAL HEALTH SERVICES<sup>2</sup></b>	40,154	42,420	22,953	24,303	8,575	9,133	14,378	15,169	17,201	18,118
<b>Outpatient</b>	20,561	22,247	13,855	14,918	5,773	6,295	8,082	8,623	6,706	7,329
Outpatient Mental Health Clinic or Center	5,162	6,027	3,990	4,659	2,033	2,358	1,958	2,301	1,172	1,369
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	12,429	13,788	8,240	9,253	3,398	3,789	4,843	5,465	4,188	4,535
Doctor's Office - Not Part of a Clinic	3,136	2,830	2,162	1,988	830	866	1,332	1,123	974	842
Outpatient Medical Clinic	1,181	1,611	857	1,188	422	630	434	558	324	423
Partial Day Hospital or Day Treatment Program	346	366	321	243	183	209	138	34	25	123
School or University Setting/Clinic/Center <sup>3</sup>	151	92	103	82	35	20	68	63	48	*
Some Other Place <sup>4</sup>	534	482	312	269	180	200	132	69	223	213
<b>Inpatient</b>	2,371	2,264	1,674	1,545	974	929	699	616	697	719
<b>Prescription Medication</b>	32,629	34,592	18,854	20,479	7,402	7,937	11,452	12,542	13,775	14,113
<b>NO ONE OF THESE SERVICES</b>	208,617	208,388	28,330	28,311	4,515	5,021	23,815	23,290	180,287	180,077

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

<sup>2</sup> Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>3</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.24B Types and Locations of Mental Health Services Received in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness, Percentages, 2019 and 2020**

Type and Location of Mental Health Services	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness <sup>1</sup> (2019)	No Mental Illness <sup>1</sup> (2020)
<b>MENTAL HEALTH SERVICES<sup>2</sup></b>	16.1	16.9	44.8	46.2	65.5	64.5	37.6	39.4	8.7	9.1
<b>Outpatient</b>	8.3	8.9	27.1	28.5	44.2	45.1	21.2	22.5	3.4	3.7
Outpatient Mental Health Clinic or Center	2.1	2.4	7.8	8.9	15.6	16.9	5.1	6.0	0.6	0.7
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	5.0	5.5	16.1	17.7	26.1	27.2	12.7	14.3	2.1	2.3
Doctor's Office - Not Part of a Clinic	1.3	1.1	4.2	3.8	6.4	6.2	3.5	2.9	0.5	0.4
Outpatient Medical Clinic	0.5	0.6	1.7	2.3	3.2	4.5	1.1	1.5	0.2	0.2
Partial Day Hospital or Day Treatment Program	0.1	0.1	0.6	0.5	1.4	1.5	0.4	0.1	0.0	0.1
School or University Setting/Clinic/Center <sup>3</sup>	0.1	0.0	0.2	0.2	0.3	0.1	0.2	0.2	0.0	*
Some Other Place <sup>4</sup>	0.2	0.2	0.6	0.5	1.4	1.4	0.3	0.2	0.1	0.1
<b>Inpatient</b>	1.0	0.9	3.3	2.9	7.4	6.5	1.8	1.6	0.4	0.4
<b>Prescription Medication</b>	13.1	13.8	36.7	38.8	56.5	55.9	29.9	32.5	7.0	7.1
<b>NONE OF THESE SERVICES</b>	83.9	83.1	55.2	53.8	34.5	35.5	62.4	60.6	91.3	90.9

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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<sup>2</sup> Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>3</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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