

Table 8.24C Types and Locations of Mental Health Services Received in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness, Standard Errors of Numbers in Thousands, 2019 and 2020

Type and Location of Mental Health Services	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness ¹ (2019)	No Mental Illness ¹ (2020)
MENTAL HEALTH SERVICES²	606	902	485	700	276	458	381	589	444	675
Outpatient	466	687	372	552	222	383	283	402	286	414
Outpatient Mental Health Clinic or Center	222	396	191	360	137	265	133	238	114	180
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	353	511	277	418	162	273	222	329	213	300
Doctor's Office - Not Part of a Clinic	187	238	136	188	72	127	113	131	120	136
Outpatient Medical Clinic	104	227	91	197	55	165	72	108	53	114
Partial Day Hospital or Day Treatment Program	60	94	59	56	36	54	46	14	12	75
School or University Setting/Clinic/Center ³	25	29	20	29	10	11	17	27	15	*
Some Other Place ⁴	79	125	62	78	48	73	39	28	49	98
Inpatient	163	249	128	175	96	136	81	112	92	176
Prescription Medication	537	837	428	651	256	435	332	544	398	607
NONE OF THESE SERVICES	606	902	522	855	187	359	477	763	1,695	2,489

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient mental health services.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.24D Types and Locations of Mental Health Services Received in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness, Standard Errors of Percentages, 2019 and 2020

Type and Location of Mental Health Services	Total (2019)	Total (2020)	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness ¹ (2019)	No Mental Illness ¹ (2020)
MENTAL HEALTH SERVICES²	0.24	<i>0.36</i>	0.65	<i>1.04</i>	1.18	<i>1.96</i>	0.73	<i>1.23</i>	0.20	<i>0.32</i>
Outpatient	0.19	<i>0.27</i>	0.59	<i>0.91</i>	1.24	<i>1.97</i>	0.63	<i>0.94</i>	0.14	<i>0.21</i>
Outpatient Mental Health Clinic or Center	0.09	<i>0.16</i>	0.36	<i>0.65</i>	0.96	<i>1.67</i>	0.34	<i>0.60</i>	0.06	<i>0.09</i>
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	0.14	<i>0.20</i>	0.48	<i>0.74</i>	1.04	<i>1.69</i>	0.53	<i>0.81</i>	0.11	<i>0.15</i>
Doctor's Office - Not Part of a Clinic	0.08	<i>0.09</i>	0.26	<i>0.36</i>	0.54	<i>0.88</i>	0.29	<i>0.34</i>	0.06	<i>0.07</i>
Outpatient Medical Clinic	0.04	<i>0.09</i>	0.18	<i>0.37</i>	0.42	<i>1.15</i>	0.19	<i>0.28</i>	0.03	<i>0.06</i>
Partial Day Hospital or Day Treatment Program	0.02	<i>0.04</i>	0.11	<i>0.11</i>	0.28	<i>0.38</i>	0.12	<i>0.04</i>	0.01	<i>0.04</i>
School or University Setting/Clinic/Center ³	0.01	<i>0.01</i>	0.04	<i>0.06</i>	0.08	<i>0.08</i>	0.04	<i>0.07</i>	0.01	*
Some Other Place ⁴	0.03	<i>0.05</i>	0.12	<i>0.15</i>	0.36	<i>0.52</i>	0.10	<i>0.07</i>	0.02	<i>0.05</i>
Inpatient	0.07	<i>0.10</i>	0.25	<i>0.33</i>	0.70	<i>0.93</i>	0.21	<i>0.29</i>	0.05	<i>0.09</i>
Prescription Medication	0.22	<i>0.33</i>	0.62	<i>1.01</i>	1.23	<i>2.05</i>	0.69	<i>1.18</i>	0.18	<i>0.29</i>
NONE OF THESE SERVICES	0.24	<i>0.36</i>	0.65	<i>1.04</i>	1.18	<i>1.96</i>	0.73	<i>1.23</i>	0.20	<i>0.32</i>

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NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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