

Table 8.26A Sources of Payment for Outpatient Mental Health Services: Among People Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year; by Age Group, Numbers in Thousands, 2019 and 2020

Source of Payment ¹	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)	Aged 26-49 (2019)	Aged 26-49 (2020)	Aged 50+ (2019)	Aged 50+ (2020)
Self or Family Member Living in Household	7,542	8,366	1,473	1,802	6,069	6,564	3,964	4,503	2,106	2,061
Family Member Not Living in Household	683	541	324	380	359	161	258	161	100	*
Private Health Insurance	7,772	8,135	1,153	1,533	6,619	6,602	3,914	4,021	2,704	2,581
Medicare	3,250	3,957	227	240	3,023	3,718	913	949	2,110	2,768
Medicaid	2,604	3,059	297	412	2,307	2,646	1,484	1,870	823	776
Rehabilitation Program	30	85	6	2	24	83	18	8	7	*
Employer	1,346	1,385	86	133	1,260	1,252	821	887	439	365
VA or Other Military Program	951	1,235	38	24	913	1,211	392	534	521	676
Other Public Source	545	558	116	110	429	448	302	195	126	253
Other Private Source	220	136	55	40	164	97	98	43	66	53
Free Treatment	1,156	1,232	444	442	712	791	459	442	253	348

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ Respondents could indicate multiple sources of payment for outpatient mental health services; thus, these response categories are not mutually exclusive.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.26B Sources of Payment for Outpatient Mental Health Services: Among People Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year; by Age Group, Percentages, 2019 and 2020

Source of Payment ¹	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)	Aged 26-49 (2019)	Aged 26-49 (2020)	Aged 50+ (2019)	Aged 50+ (2020)
Self or Family Member Living in Household	37.2	<i>39.1</i>	44.2	<i>47.1</i>	35.8	<i>37.4</i>	40.5	<i>43.5</i>	29.4	<i>28.5</i>
Family Member Not Living in Household	3.4	<i>2.5</i>	9.7	<i>9.9</i>	2.1	<i>0.9</i>	2.6	<i>1.6</i>	1.4	*
Private Health Insurance	38.3	<i>38.0</i>	34.6	<i>40.1</i>	39.0	<i>37.6</i>	40.0	<i>38.9</i>	37.7	<i>35.7</i>
Medicare	16.0	<i>18.5</i>	6.8	<i>6.3</i>	17.8	<i>21.2</i>	9.3	<i>9.2</i>	29.4	<i>38.3</i>
Medicaid	12.8	<i>14.3</i>	8.9	<i>10.8</i>	13.6	<i>15.1</i>	15.2	<i>18.1</i>	11.5	<i>10.7</i>
Rehabilitation Program	0.1	<i>0.4</i>	0.2	<i>0.1</i>	0.1	<i>0.5</i>	0.2	<i>0.1</i>	0.1	*
Employer	6.6	<i>6.5</i>	2.6	<i>3.5</i>	7.4	<i>7.1</i>	8.4	<i>8.6</i>	6.1	<i>5.1</i>
VA or Other Military Program	4.7	<i>5.8</i>	1.2	<i>0.6</i>	5.4	<i>6.9</i>	4.0	<i>5.2</i>	7.3	<i>9.4</i>
Other Public Source	2.7	<i>2.6</i>	3.5	<i>2.9</i>	2.5	<i>2.6</i>	3.1	<i>1.9</i>	1.8	<i>3.5</i>
Other Private Source	1.1	<i>0.6</i>	1.7	<i>1.0</i>	1.0	<i>0.5</i>	1.0	<i>0.4</i>	0.9	<i>0.7</i>
Free Treatment	5.7	<i>5.8</i>	13.3	<i>11.5</i>	4.2	<i>4.5</i>	4.7	<i>4.3</i>	3.5	<i>4.8</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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