

Table 8.27A Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL	16,597	19,725	8,573	9,291	7,997	10,400
AGE GROUP						
18-25	5,079	5,951	2,193	2,545	2,883	3,395
26 or Older	11,519	13,774	6,380	6,746	5,114	7,005
26-49	8,480	9,684	4,522	4,593	3,933	5,073
50 or Older	3,039	4,090	1,858	2,154	1,181	1,932
GENDER						
Male	5,174	6,444	2,232	2,733	2,932	3,703
Female	11,424	13,281	6,341	6,558	5,065	6,697
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	14,063	16,335	7,376	7,991	6,661	8,311
White	11,221	12,798	6,054	6,696	5,142	6,074
Black or African American	1,555	2,047	751	753	803	1,294
AIAN	96	160	*	*	54	94
NHOPI	52	16	*	*	37	*
Asian	636	627	262	*	375	443
Two or More Races	502	686	252	*	250	396
Hispanic or Latino	2,534	3,390	1,197	1,300	1,335	2,089
EMPLOYMENT STATUS						
Full-Time	8,201	9,039	3,906	4,029	4,276	4,989
Part-Time	3,137	3,672	1,426	1,772	1,704	1,897
Unemployed	977	1,409	510	601	467	805
Other ³	4,281	5,605	2,732	2,889	1,550	2,708

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ The Total column includes respondents with unknown mental health services information.

² Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

³ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.27B Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Percentages, 2019 and 2020

Demographic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL	6.7	8.1	21.4	22.5	3.8	5.1
AGE GROUP						
18-25	15.2	18.3	38.3	40.1	10.4	13.0
26 or Older	5.3	6.5	18.6	19.3	2.8	4.0
26-49	8.4	9.9	25.3	25.6	4.8	6.3
50 or Older	2.7	3.6	11.3	12.6	1.2	2.0
GENDER						
Male	4.3	5.5	16.7	20.6	2.8	3.5
Female	8.9	10.5	23.8	23.4	5.0	6.8
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	6.8	8.0	20.4	21.5	3.9	5.0
White	7.1	8.3	19.5	20.7	4.1	5.0
Black or African American	5.3	7.0	26.1	27.9	3.0	4.9
AIAN	7.0	11.4	*	*	4.6	8.0
NHOPI	5.3	1.7	*	*	4.0	*
Asian	4.4	4.5	26.2	*	2.8	3.4
Two or More Races	11.6	15.2	29.1	*	7.2	11.2
Hispanic or Latino	6.2	8.4	30.3	30.5	3.6	5.8
EMPLOYMENT STATUS						
Full-Time	6.6	8.0	22.6	23.5	4.0	5.2
Part-Time	9.7	12.0	22.3	27.5	6.6	7.9
Unemployed	9.9	11.4	29.9	28.9	5.7	7.9
Other ³	5.2	6.3	18.6	18.4	2.3	3.7

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NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ The Total column includes respondents with unknown mental health services information.

² Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

³ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.29A Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL	13,321	<i>16,083</i>	7,480	<i>8,342</i>	5,826	<i>7,709</i>
AGE GROUP						
18-25	4,021	<i>4,822</i>	1,884	<i>2,279</i>	2,135	<i>2,536</i>
26 or Older	9,300	<i>11,261</i>	5,596	<i>6,064</i>	3,690	<i>5,173</i>
26-49	7,047	<i>7,825</i>	4,043	<i>4,057</i>	2,990	<i>3,748</i>
50 or Older	2,253	<i>3,436</i>	1,553	<i>2,007</i>	700	<i>1,425</i>
GENDER						
Male	4,026	<i>4,997</i>	1,931	<i>2,447</i>	2,093	<i>2,546</i>
Female	9,295	<i>11,085</i>	5,549	<i>5,895</i>	3,733	<i>5,164</i>
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	11,286	<i>13,327</i>	6,441	<i>7,145</i>	4,829	<i>6,151</i>
White	9,030	<i>10,452</i>	5,343	<i>5,869</i>	3,672	<i>4,559</i>
Black or African American	1,223	<i>1,696</i>	639	*	582	<i>924</i>
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	462	<i>391</i>	*	*	289	<i>238</i>
Two or More Races	437	*	230	*	207	*
Hispanic or Latino	2,035	<i>2,756</i>	1,039	<i>1,197</i>	996	<i>1,559</i>
EMPLOYMENT STATUS						
Full-Time	6,604	<i>7,060</i>	3,484	<i>3,466</i>	3,112	<i>3,574</i>
Part-Time	2,524	<i>3,015</i>	1,198	<i>1,512</i>	1,318	<i>1,501</i>
Unemployed	773	<i>1,261</i>	442	<i>602</i>	331	<i>658</i>
Other ³	3,420	<i>4,746</i>	2,356	<i>2,762</i>	1,064	<i>1,976</i>

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ The Total column includes respondents with unknown mental health services information.

² Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

³ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.29B Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Percentages, 2019 and 2020

Demographic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL	26.0	30.5	32.7	34.4	20.6	27.3
AGE GROUP						
18-25	40.7	47.1	49.2	53.0	35.5	42.9
26 or Older	22.5	26.4	29.3	30.4	16.6	23.1
26-49	28.0	30.5	35.4	34.1	21.8	27.5
50 or Older	13.9	20.3	20.3	24.8	8.2	16.3
GENDER						
Male	20.5	26.0	26.9	34.2	16.9	21.3
Female	29.4	33.0	35.3	34.4	23.5	31.6
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	25.7	29.6	31.6	33.1	20.7	26.4
White	25.9	29.4	30.5	32.0	21.2	26.7
Black or African American	23.9	32.3	37.9	*	17.0	28.0
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	22.3	19.6	*	*	18.1	15.2
Two or More Races	31.5	*	38.7	*	26.2	*
Hispanic or Latino	27.6	35.6	41.7	44.1	20.4	31.1
EMPLOYMENT STATUS						
Full-Time	27.8	31.6	35.2	36.1	22.5	28.3
Part-Time	31.1	37.4	34.6	39.6	28.4	35.9
Unemployed	28.2	37.1	40.1	41.0	20.3	35.0
Other ³	20.6	24.9	28.0	29.4	13.0	20.6

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NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ The Total column includes respondents with unknown mental health services information.

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Table 8.31A Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL	6,233	7,048	4,186	4,392	2,046	2,647
AGE GROUP						
18-25	1,803	2,066	1,024	1,161	778	906
26 or Older	4,430	4,982	3,162	3,231	1,268	1,741
26-49	3,251	3,344	2,214	2,030	1,038	1,304
50 or Older	1,178	1,638	948	1,201	*	*
GENDER						
Male	1,826	2,208	1,071	1,211	754	993
Female	4,407	4,840	3,114	3,181	1,292	1,654
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	5,250	5,985	3,559	3,900	1,690	2,076
White	4,137	4,906	2,875	3,214	1,262	1,687
Black or African American	595	*	365	*	228	*
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*
Hispanic or Latino	983	1,063	627	*	356	*
EMPLOYMENT STATUS						
Full-Time	2,946	2,756	1,838	1,608	1,106	1,138
Part-Time	1,194	1,249	681	800	513	*
Unemployed	364	756	259	*	*	*
Other ³	1,730	2,287	1,407	1,606	323	*

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NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

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Table 8.31B Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Percentages, 2019 and 2020

Demographic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL	47.7	<i>49.7</i>	48.9	<i>48.2</i>	45.6	<i>52.7</i>
AGE GROUP						
18-25	62.5	<i>63.4</i>	62.9	<i>61.8</i>	62.3	<i>65.6</i>
26 or Older	43.5	<i>45.6</i>	45.6	<i>44.7</i>	39.2	<i>47.8</i>
26-49	47.6	<i>48.0</i>	49.8	<i>46.7</i>	43.5	<i>50.7</i>
50 or Older	35.1	<i>41.4</i>	38.0	<i>41.6</i>	*	*
GENDER						
Male	39.4	<i>43.1</i>	40.7	<i>43.4</i>	37.6	<i>43.3</i>
Female	52.3	<i>53.4</i>	52.5	<i>50.3</i>	52.0	<i>60.6</i>
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	47.4	<i>48.7</i>	47.4	<i>47.6</i>	47.7	<i>51.2</i>
White	46.4	<i>49.0</i>	45.8	<i>46.2</i>	48.4	<i>55.4</i>
Black or African American	50.6	*	53.2	*	46.8	*
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*
Hispanic or Latino	49.0	<i>56.2</i>	59.2	*	37.6	*
EMPLOYMENT STATUS						
Full-Time	51.9	<i>54.0</i>	52.8	<i>56.3</i>	50.6	<i>51.1</i>
Part-Time	53.6	<i>52.3</i>	50.7	<i>49.0</i>	58.4	*
Unemployed	43.6	<i>68.9</i>	50.7	*	*	*
Other ³	39.8	<i>40.9</i>	43.6	<i>39.7</i>	29.3	*

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