

Table 8.33A Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Numbers in Thousands, 2019 and 2020

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL POPULATION	16,597	<i>19,725</i>	8,573	<i>9,291</i>	7,997	<i>10,400</i>
Could Not Afford Cost	6,701	<i>7,443</i>	3,467	<i>3,221</i>	3,232	<i>4,198</i>
Might Cause Neighbors/Community to Have Negative Opinion	1,651	<i>2,129</i>	749	<i>749</i>	897	<i>1,369</i>
Might Have Negative Effect on Job	1,492	<i>1,740</i>	686	<i>778</i>	806	<i>960</i>
Health Insurance Does Not Cover Any Mental Health Services	1,243	<i>1,668</i>	574	<i>705</i>	669	<i>952</i>
Health Insurance Does Not Pay Enough for Mental Health Services	2,505	<i>3,361</i>	1,441	<i>1,563</i>	1,061	<i>1,791</i>
Did Not Know Where to Go for Services	4,033	<i>5,407</i>	1,604	<i>2,157</i>	2,420	<i>3,240</i>
Concerned about Confidentiality	1,438	<i>1,770</i>	644	<i>766</i>	794	<i>993</i>
Concerned about Being Committed/Having to Take Medicine	2,031	<i>2,793</i>	1,077	<i>1,329</i>	952	<i>1,457</i>
Did Not Feel Need for Treatment at the Time	1,685	<i>2,082</i>	885	<i>745</i>	801	<i>1,337</i>
Thought Could Handle the Problem Without Treatment	4,579	<i>5,449</i>	2,052	<i>2,145</i>	2,526	<i>3,296</i>
Treatment Would Not Help	1,893	<i>2,414</i>	1,032	<i>911</i>	862	<i>1,496</i>
Did Not Have Time	3,553	<i>3,934</i>	1,861	<i>1,881</i>	1,686	<i>2,042</i>
Did Not Want Others to Find Out	1,103	<i>1,418</i>	436	<i>438</i>	667	<i>980</i>
No Transportation/Inconvenient	920	<i>1,043</i>	597	<i>685</i>	323	<i>344</i>
COVID-19-Related ⁴	--	<i>467</i>	--	<i>246</i>	--	<i>221</i>
Some Other Reason ⁵	1,906	<i>2,269</i>	1,183	<i>1,232</i>	720	<i>1,026</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a "no" response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.33B Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Percentages, 2019 and 2020

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL POPULATION	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	40.6	38.3	40.6	35.3	40.8	40.8
Might Cause Neighbors/Community to Have Negative Opinion	10.0	10.9	8.8	8.2	11.3	13.3
Might Have Negative Effect on Job	9.0	8.9	8.0	8.5	10.2	9.3
Health Insurance Does Not Cover Any Mental Health Services	7.5	8.6	6.7	7.7	8.4	9.2
Health Insurance Does Not Pay Enough for Mental Health Services	15.2	17.3	16.9	17.1	13.4	17.4
Did Not Know Where to Go for Services	24.4	27.8	18.8	23.6	30.5	31.5
Concerned about Confidentiality	8.7	9.1	7.5	8.4	10.0	9.6
Concerned about Being Committed/Having to Take Medicine	12.3	14.4	12.6	14.6	12.0	14.2
Did Not Feel Need for Treatment at the Time	10.2	10.7	10.4	8.2	10.1	13.0
Thought Could Handle the Problem Without Treatment	27.8	28.0	24.0	23.5	31.9	32.0
Treatment Would Not Help	11.5	12.4	12.1	10.0	10.9	14.5
Did Not Have Time	21.6	20.2	21.8	20.6	21.3	19.8
Did Not Want Others to Find Out	6.7	7.3	5.1	4.8	8.4	9.5
No Transportation/Inconvenient	5.6	5.4	7.0	7.5	4.1	3.3
COVID-19-Related ⁴	--	2.4	--	2.7	--	2.1
Some Other Reason ⁵	11.6	11.6	13.9	13.5	9.1	9.9

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a “no” response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.34A Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Numbers in Thousands, 2019 and 2020

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL POPULATION	13,321	16,083	7,480	8,342	5,826	7,709
Could Not Afford Cost	5,744	6,544	3,198	3,073	2,547	3,449
Might Cause Neighbors/Community to Have Negative Opinion	1,404	1,728	703	669	696	1,049
Might Have Negative Effect on Job	1,327	1,534	651	743	676	789
Health Insurance Does Not Cover Any Mental Health Services	1,033	1,416	519	561	513	844
Health Insurance Does Not Pay Enough for Mental Health Services	2,116	2,969	1,262	1,476	853	1,487
Did Not Know Where to Go for Services	3,315	4,573	1,394	2,050	1,920	2,515
Concerned about Confidentiality	1,281	1,514	602	732	679	774
Concerned about Being Committed/Having to Take Medicine	1,892	2,647	1,030	1,396	861	1,243
Did Not Feel Need for Treatment at the Time	1,241	1,544	712	663	529	882
Thought Could Handle the Problem Without Treatment	3,516	4,190	1,749	1,897	1,767	2,285
Treatment Would Not Help	1,694	2,065	952	818	741	1,241
Did Not Have Time	2,822	2,907	1,654	1,549	1,162	1,346
Did Not Want Others to Find Out	994	1,188	422	418	573	770
No Transportation/Inconvenient	842	1,049	568	721	274	314
COVID-19-Related ⁴	--	464	--	299	--	165
Some Other Reason ⁵	1,544	1,842	1,031	1,100	509	730

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a “no” response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.34B Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Percentages, 2019 and 2020

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL POPULATION	100.0	<i>100.0</i>	100.0	<i>100.0</i>	100.0	<i>100.0</i>
Could Not Afford Cost	43.3	<i>41.0</i>	42.9	<i>37.3</i>	43.9	<i>44.9</i>
Might Cause Neighbors/Community to Have Negative Opinion	10.6	<i>10.8</i>	9.4	<i>8.1</i>	12.0	<i>13.7</i>
Might Have Negative Effect on Job	10.0	<i>9.6</i>	8.7	<i>9.0</i>	11.7	<i>10.3</i>
Health Insurance Does Not Cover Any Mental Health Services	7.8	<i>8.9</i>	7.0	<i>6.8</i>	8.8	<i>11.0</i>
Health Insurance Does Not Pay Enough for Mental Health Services	15.9	<i>18.6</i>	16.9	<i>17.9</i>	14.7	<i>19.4</i>
Did Not Know Where to Go for Services	25.0	<i>28.7</i>	18.7	<i>24.9</i>	33.1	<i>32.7</i>
Concerned about Confidentiality	9.6	<i>9.5</i>	8.1	<i>8.9</i>	11.7	<i>10.1</i>
Concerned about Being Committed/Having to Take Medicine	14.2	<i>16.6</i>	13.8	<i>17.0</i>	14.8	<i>16.2</i>
Did Not Feel Need for Treatment at the Time	9.3	<i>9.7</i>	9.5	<i>8.0</i>	9.1	<i>11.5</i>
Thought Could Handle the Problem Without Treatment	26.5	<i>26.3</i>	23.5	<i>23.0</i>	30.5	<i>29.7</i>
Treatment Would Not Help	12.8	<i>13.0</i>	12.8	<i>9.9</i>	12.8	<i>16.2</i>
Did Not Have Time	21.3	<i>18.2</i>	22.2	<i>18.8</i>	20.0	<i>17.5</i>
Did Not Want Others to Find Out	7.5	<i>7.4</i>	5.7	<i>5.1</i>	9.9	<i>10.0</i>
No Transportation/Inconvenient	6.3	<i>6.6</i>	7.6	<i>8.8</i>	4.7	<i>4.1</i>
COVID-19-Related ⁴	--	<i>2.9</i>	--	<i>3.6</i>	--	<i>2.1</i>
Some Other Reason ⁵	11.6	<i>11.5</i>	13.8	<i>13.4</i>	8.8	<i>9.5</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a “no” response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.35A Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Numbers in Thousands, 2019 and 2020

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL POPULATION	6,233	7,048	4,186	4,392	2,046	2,647
Could Not Afford Cost	2,923	3,223	1,864	1,915	1,059	1,306
Might Cause Neighbors/Community to Have Negative Opinion	715	798	450	309	265	486
Might Have Negative Effect on Job	780	836	441	498	339	338
Health Insurance Does Not Cover Any Mental Health Services	473	640	272	324	201	316
Health Insurance Does Not Pay Enough for Mental Health Services	1,065	1,348	717	869	348	478
Did Not Know Where to Go for Services	1,547	2,055	793	1,169	753	884
Concerned about Confidentiality	735	819	390	512	345	305
Concerned about Being Committed/Having to Take Medicine	1,240	1,756	760	1,072	478	683
Did Not Feel Need for Treatment at the Time	505	507	332	298	173	209
Thought Could Handle the Problem Without Treatment	1,479	1,662	921	1,002	558	660
Treatment Would Not Help	842	926	564	480	277	446
Did Not Have Time	1,182	1,096	804	694	378	397
Did Not Want Others to Find Out	449	495	258	232	190	263
No Transportation/Inconvenient	459	411	325	304	135	107
COVID-19-Related ⁴	--	179	--	63	--	*
Some Other Reason ⁵	871	850	636	620	235	225

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a “no” response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.35B Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Percentages, 2019 and 2020

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
TOTAL POPULATION	100.0	<i>100.0</i>	100.0	<i>100.0</i>	100.0	<i>100.0</i>
Could Not Afford Cost	46.9	<i>45.8</i>	44.6	<i>43.6</i>	51.8	<i>49.5</i>
Might Cause Neighbors/Community to Have Negative Opinion	11.5	<i>11.3</i>	10.8	<i>7.0</i>	12.9	<i>18.4</i>
Might Have Negative Effect on Job	12.5	<i>11.9</i>	10.5	<i>11.4</i>	16.6	<i>12.8</i>
Health Insurance Does Not Cover Any Mental Health Services	7.6	<i>9.1</i>	6.5	<i>7.4</i>	9.8	<i>12.0</i>
Health Insurance Does Not Pay Enough for Mental Health Services	17.1	<i>19.1</i>	17.1	<i>19.8</i>	17.0	<i>18.1</i>
Did Not Know Where to Go for Services	24.8	<i>29.2</i>	19.0	<i>26.6</i>	36.8	<i>33.5</i>
Concerned about Confidentiality	11.8	<i>11.6</i>	9.3	<i>11.7</i>	16.9	<i>11.6</i>
Concerned about Being Committed/Having to Take Medicine	19.9	<i>24.9</i>	18.2	<i>24.4</i>	23.4	<i>25.9</i>
Did Not Feel Need for Treatment at the Time	8.1	<i>7.2</i>	7.9	<i>6.8</i>	8.5	<i>7.9</i>
Thought Could Handle the Problem Without Treatment	23.7	<i>23.6</i>	22.0	<i>22.8</i>	27.3	<i>25.0</i>
Treatment Would Not Help	13.5	<i>13.2</i>	13.5	<i>10.9</i>	13.6	<i>16.9</i>
Did Not Have Time	19.0	<i>15.6</i>	19.2	<i>15.8</i>	18.5	<i>15.0</i>
Did Not Want Others to Find Out	7.2	<i>7.0</i>	6.2	<i>5.3</i>	9.3	<i>10.0</i>
No Transportation/Inconvenient	7.4	<i>5.8</i>	7.8	<i>6.9</i>	6.6	<i>4.0</i>
COVID-19-Related ⁴	--	<i>2.5</i>	--	<i>1.4</i>	--	<i>*</i>
Some Other Reason ⁵	14.0	<i>12.1</i>	15.2	<i>14.1</i>	11.5	<i>8.5</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a “no” response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.