

Table 8.36A Major Depressive Episode in Past Year: Among People Aged 18 or Older; by Gender and Detailed Age Category, Numbers in Thousands, 2019 and 2020

Age Category	Total (2019)	Total (2020)	Male (2019)	Male (2020)	Female (2019)	Female (2020)
TOTAL	19,357	<i>20,976</i>	7,125	<i>7,440</i>	12,233	<i>13,536</i>
18-25	5,045	<i>5,610</i>	1,841	<i>1,829</i>	3,204	<i>3,781</i>
18-20	2,050	<i>2,002</i>	736	<i>665</i>	1,314	<i>1,338</i>
21-25	2,995	<i>3,607</i>	1,105	<i>1,164</i>	1,890	<i>2,443</i>
26 or Older	14,312	<i>15,366</i>	5,284	<i>5,612</i>	9,028	<i>9,755</i>
26-49	8,914	<i>9,168</i>	3,271	<i>3,649</i>	5,643	<i>5,518</i>
26-29	2,088	<i>1,805</i>	852	<i>717</i>	1,236	<i>1,088</i>
30-34	2,259	<i>2,126</i>	845	<i>832</i>	1,414	<i>1,293</i>
35-39	1,705	<i>1,838</i>	487	<i>752</i>	1,218	<i>1,086</i>
40-44	1,455	<i>1,412</i>	532	<i>601</i>	922	<i>811</i>
45-49	1,407	<i>1,987</i>	555	<i>747</i>	852	<i>1,240</i>
50 or Older	5,399	<i>6,199</i>	2,013	<i>1,962</i>	3,386	<i>4,236</i>
50-54	1,364	<i>1,338</i>	562	<i>458</i>	801	<i>880</i>
55-59	1,270	<i>1,654</i>	452	<i>431</i>	818	<i>1,223</i>
60-64	1,056	<i>1,139</i>	307	<i>344</i>	749	<i>795</i>
65 or Older	1,709	<i>2,067</i>	693	<i>729</i>	1,017	<i>1,338</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.36B Major Depressive Episode in Past Year: Among People Aged 18 or Older; by Gender and Detailed Age Category, Percentages, 2019 and 2020

Age Category	Total (2019)	Total (2020)	Male (2019)	Male (2020)	Female (2019)	Female (2020)
TOTAL	7.8	8.4	6.0	6.2	9.6	10.5
18-25	15.2	17.0	11.1	11.1	19.4	22.9
18-20	15.8	16.3	11.1	10.5	20.8	22.5
21-25	14.8	17.4	11.1	11.4	18.5	23.2
26 or Older	6.7	7.1	5.1	5.4	8.1	8.7
26-49	8.9	9.1	6.6	7.3	11.1	10.8
26-29	11.7	10.3	9.5	8.2	14.0	12.3
30-34	10.2	9.4	7.8	7.3	12.6	11.5
35-39	8.0	8.4	4.7	7.2	11.1	9.5
40-44	7.6	7.3	5.7	6.3	9.5	8.3
45-49	7.0	10.2	5.5	7.6	8.5	12.8
50 or Older	4.7	5.4	3.8	3.6	5.6	6.9
50-54	6.7	6.8	5.6	5.2	7.8	8.2
55-59	6.1	7.7	4.5	4.1	7.5	11.2
60-64	5.2	5.5	3.2	3.3	6.9	7.8
65 or Older	3.3	3.8	3.0	3.0	3.5	4.5

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NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.37A Major Depressive Episode with Severe Impairment in Past Year: Among People Aged 18 or Older; by Gender and Detailed Age Category, Numbers in Thousands, 2019 and 2020

Age Category	Total (2019)	Total (2020)	Male (2019)	Male (2020)	Female (2019)	Female (2020)
TOTAL	13,112	<i>14,845</i>	4,646	<i>5,387</i>	8,466	<i>9,458</i>
18-25	3,407	<i>3,978</i>	1,236	<i>1,300</i>	2,170	<i>2,678</i>
18-20	1,341	<i>1,335</i>	482	<i>469</i>	859	<i>866</i>
21-25	2,065	<i>2,644</i>	754	<i>832</i>	1,311	<i>1,812</i>
26 or Older	9,705	<i>10,867</i>	3,409	<i>4,087</i>	6,296	<i>6,780</i>
26-49	6,101	<i>6,510</i>	2,169	<i>2,584</i>	3,932	<i>3,926</i>
26-29	1,427	<i>1,243</i>	558	<i>447</i>	869	<i>796</i>
30-34	1,468	<i>1,530</i>	511	<i>547</i>	957	<i>983</i>
35-39	1,192	<i>1,374</i>	331	<i>626</i>	860	<i>747</i>
40-44	1,039	<i>920</i>	401	<i>398</i>	638	<i>522</i>
45-49	976	<i>1,443</i>	367	<i>565</i>	609	<i>878</i>
50 or Older	3,604	<i>4,357</i>	1,240	<i>1,503</i>	2,364	<i>2,854</i>
50-54	887	<i>1,051</i>	341	<i>373</i>	546	<i>678</i>
55-59	886	<i>1,091</i>	314	<i>368</i>	572	<i>723</i>
60-64	737	<i>830</i>	174	<i>277</i>	563	<i>553</i>
65 or Older	1,094	<i>1,385</i>	411	<i>485</i>	684	<i>900</i>

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Respondents with unknown impairment data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.37B Major Depressive Episode with Severe Impairment in Past Year: Among People Aged 18 or Older; by Gender and Detailed Age Category, Percentages, 2019 and 2020

Age Category	Total (2019)	Total (2020)	Male (2019)	Male (2020)	Female (2019)	Female (2020)
TOTAL	5.3	6.0	3.9	4.5	6.6	7.3
18-25	10.3	12.1	7.4	7.9	13.1	16.3
18-20	10.3	10.9	7.2	7.4	13.6	14.6
21-25	10.2	12.8	7.6	8.2	12.8	17.2
26 or Older	4.5	5.0	3.3	3.9	5.7	6.0
26-49	6.1	6.5	4.4	5.2	7.8	7.7
26-29	8.0	7.1	6.2	5.1	9.9	9.0
30-34	6.7	6.8	4.7	4.8	8.5	8.7
35-39	5.6	6.3	3.2	6.0	7.9	6.6
40-44	5.5	4.8	4.3	4.2	6.6	5.4
45-49	4.9	7.4	3.7	5.8	6.0	9.1
50 or Older	3.2	3.8	2.3	2.8	3.9	4.7
50-54	4.4	5.4	3.4	4.2	5.3	6.3
55-59	4.2	5.1	3.1	3.5	5.3	6.6
60-64	3.6	4.0	1.8	2.6	5.2	5.5
65 or Older	2.1	2.6	1.8	2.0	2.4	3.0

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

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