

Table 8.38A Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Gender and Age Group, Numbers in Thousands, 2019 and 2020

| Gender/Age Group | Had MDE (2019) | Had MDE (2020) | Had MDE with Severe Impairment ¹ (2019) | Had MDE with Severe Impairment ¹ (2020) | Received | Received | Received | Received |
|------------------|-------------------|-------------------|-------------------------------------------------------------|-------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| | | | | | Treatment for Depression in Past Year among People with MDE ² (2019) | Treatment for Depression in Past Year among People with MDE ² (2020) | Treatment for Depression in Past Year among People with Severe Impairment ^{1,2} (2019) | Treatment for Depression in Past Year among People with Severe Impairment ^{1,2} (2020) |
| TOTAL | 19,357 | 20,976 | 13,112 | 14,845 | 12,824 | 13,832 | 9,467 | 10,537 |
| 18-25 | 5,045 | 5,610 | 3,407 | 3,978 | 2,565 | 3,230 | 1,921 | 2,536 |
| 26 or Older | 14,312 | 15,366 | 9,705 | 10,867 | 10,258 | 10,602 | 7,546 | 8,001 |
| 26-49 | 8,914 | 9,168 | 6,101 | 6,510 | 6,135 | 5,937 | 4,532 | 4,475 |
| 50 or Older | 5,399 | 6,199 | 3,604 | 4,357 | 4,124 | 4,665 | 3,014 | 3,526 |
| MALE | 7,125 | 7,440 | 4,646 | 5,387 | 4,041 | 4,193 | 2,868 | 3,363 |
| 18-25 | 1,841 | 1,829 | 1,236 | 1,300 | 793 | 854 | 599 | 682 |
| 26 or Older | 5,284 | 5,612 | 3,409 | 4,087 | 3,248 | 3,339 | 2,268 | 2,681 |
| 26-49 | 3,271 | 3,649 | 2,169 | 2,584 | 1,927 | 1,978 | 1,369 | 1,541 |
| 50 or Older | 2,013 | 1,962 | 1,240 | 1,503 | 1,321 | * | 899 | * |
| FEMALE | 12,233 | 13,536 | 8,466 | 9,458 | 8,783 | 9,639 | 6,599 | 7,174 |
| 18-25 | 3,204 | 3,781 | 2,170 | 2,678 | 1,772 | 2,377 | 1,321 | 1,854 |
| 26 or Older | 9,028 | 9,755 | 6,296 | 6,780 | 7,011 | 7,262 | 5,278 | 5,320 |
| 26-49 | 5,643 | 5,518 | 3,932 | 3,926 | 4,208 | 3,958 | 3,163 | 2,934 |
| 50 or Older | 3,386 | 4,236 | 2,364 | 2,854 | 2,802 | 3,304 | 2,115 | * |

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown past year treatment for depression data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.38B Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Gender and Age Group, Percentages, 2019 and 2020

| Gender/Age Group | Had MDE (2019) | Had MDE (2020) | Had MDE with Severe Impairment ¹ (2019) | Had MDE with Severe Impairment ¹ (2020) | Received | Received | Received | Received |
|------------------|-------------------|-------------------|-------------------------------------------------------------|-------------------------------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| | | | | | Treatment for Depression in Past Year among People with MDE ² (2019) | Treatment for Depression in Past Year among People with MDE ² (2020) | Treatment for Depression in Past Year among People with Severe Impairment ^{1,2} (2019) | Treatment for Depression in Past Year among People with Severe Impairment ^{1,2} (2020) |
| TOTAL | 7.8 | 8.4 | 5.3 | 6.0 | 66.3 | 66.0 | 72.2 | 71.0 |
| 18-25 | 15.2 | 17.0 | 10.3 | 12.1 | 50.9 | 57.6 | 56.4 | 63.8 |
| 26 or Older | 6.7 | 7.1 | 4.5 | 5.0 | 71.8 | 69.0 | 77.8 | 73.6 |
| 26-49 | 8.9 | 9.1 | 6.1 | 6.5 | 68.9 | 64.8 | 74.4 | 68.7 |
| 50 or Older | 4.7 | 5.4 | 3.2 | 3.8 | 76.5 | 75.3 | 83.6 | 80.9 |
| MALE | 6.0 | 6.2 | 3.9 | 4.5 | 56.8 | 56.4 | 61.8 | 62.5 |
| 18-25 | 11.1 | 11.1 | 7.4 | 7.9 | 43.1 | 46.8 | 48.5 | 52.7 |
| 26 or Older | 5.1 | 5.4 | 3.3 | 3.9 | 61.6 | 59.5 | 66.7 | 65.6 |
| 26-49 | 6.6 | 7.3 | 4.4 | 5.2 | 59.2 | 54.2 | 63.3 | 59.6 |
| 50 or Older | 3.8 | 3.6 | 2.3 | 2.8 | 65.6 | * | 72.5 | * |
| FEMALE | 9.6 | 10.5 | 6.6 | 7.3 | 71.9 | 71.2 | 78.0 | 75.8 |
| 18-25 | 19.4 | 22.9 | 13.1 | 16.3 | 55.3 | 62.9 | 60.9 | 69.2 |
| 26 or Older | 8.1 | 8.7 | 5.7 | 6.0 | 77.7 | 74.5 | 83.8 | 78.5 |
| 26-49 | 11.1 | 10.8 | 7.8 | 7.7 | 74.6 | 71.7 | 80.4 | 74.7 |
| 50 or Older | 5.6 | 6.9 | 3.9 | 4.7 | 83.0 | 78.0 | 89.5 | * |

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown past year treatment for depression data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.39A Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Demographic Characteristics, Numbers in Thousands, 2019 and 2020

| Demographic Characteristic | Had MDE | | Had MDE with Severe Impairment ¹ | | Received Treatment for Depression in Past Year among People with MDE ² | | Received Treatment for Depression in Past Year among People with MDE with Severe Impairment ^{1,2} | |
|---------------------------------|---------|--------|---------------------------------------------|--------|-----------------------------------------------------------------------------------|--------|------------------------------------------------------------------------------------------------------------|--------|
| | (2019) | (2020) | (2019) | (2020) | (2019) | (2020) | (2019) | (2020) |
| TOTAL | 19,357 | 20,976 | 13,112 | 14,845 | 12,824 | 13,832 | 9,467 | 10,537 |
| GENDER | | | | | | | | |
| Male | 7,125 | 7,440 | 4,646 | 5,387 | 4,041 | 4,193 | 2,868 | 3,363 |
| Female | 12,233 | 13,536 | 8,466 | 9,458 | 8,783 | 9,639 | 6,599 | 7,174 |
| HISPANIC ORIGIN AND RACE | | | | | | | | |
| Not Hispanic or Latino | 16,588 | 18,094 | 11,299 | 12,841 | 11,223 | 12,386 | 8,255 | 9,426 |
| White | 13,319 | 14,840 | 9,071 | 10,593 | 9,346 | 10,351 | 6,851 | 7,820 |
| Black or African American | 1,841 | 1,786 | 1,264 | 1,308 | 1,096 | * | 808 | 1,062 |
| AIAN | 129 | 58 | 109 | 52 | * | * | * | * |
| NHOPI | 34 | * | 18 | 3 | * | * | * | * |
| Asian | 669 | 593 | 427 | 388 | 346 | * | * | * |
| Two or More Races | 595 | 737 | 411 | 497 | 359 | * | 259 | * |
| Hispanic or Latino | 2,769 | 2,882 | 1,813 | 2,004 | 1,601 | 1,447 | 1,212 | 1,111 |
| EMPLOYMENT STATUS | | | | | | | | |
| Full-Time | 8,550 | 8,236 | 5,362 | 5,390 | 5,148 | 4,834 | 3,569 | 3,357 |
| Part-Time | 3,404 | 3,415 | 2,339 | 2,513 | 2,112 | 2,332 | 1,614 | 1,861 |
| Unemployed | 1,099 | 1,573 | 774 | 1,037 | 639 | 820 | 474 | * |
| Other ³ | 6,304 | 7,753 | 4,637 | 5,905 | 4,925 | 5,846 | 3,810 | 4,740 |

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown past year treatment for depression data were excluded.

³ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.39B Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Demographic Characteristics, Percentages, 2019 and 2020

| Demographic Characteristic | Had MDE | | Had MDE with Severe Impairment ¹ | | Received Treatment for Depression in Past Year among People with MDE ² | Received Treatment for Depression in Past Year among People with MDE ² | Received Treatment for Depression in Past Year among People with Severe Impairment ^{1,2} | Received Treatment for Depression in Past Year among People with Severe Impairment ^{1,2} |
|---------------------------------|---------|--------|---------------------------------------------|--------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| | (2019) | (2020) | (2019) | (2020) | (2019) | (2020) | (2019) | (2020) |
| TOTAL | 7.8 | 8.4 | 5.3 | 6.0 | 66.3 | 66.0 | 72.2 | 71.0 |
| GENDER | | | | | | | | |
| Male | 6.0 | 6.2 | 3.9 | 4.5 | 56.8 | 56.4 | 61.8 | 62.5 |
| Female | 9.6 | 10.5 | 6.6 | 7.3 | 71.9 | 71.2 | 78.0 | 75.8 |
| HISPANIC ORIGIN AND RACE | | | | | | | | |
| Not Hispanic or Latino | 8.0 | 8.7 | 5.5 | 6.2 | 67.7 | 68.5 | 73.1 | 73.4 |
| White | 8.5 | 9.5 | 5.8 | 6.8 | 70.2 | 69.8 | 75.6 | 73.9 |
| Black or African American | 6.3 | 6.0 | 4.3 | 4.4 | 59.6 | * | 64.1 | 81.2 |
| AIAN | 9.4 | 4.2 | 7.9 | 3.7 | * | * | * | * |
| NHOPI | 3.5 | * | 1.8 | 0.3 | * | * | * | * |
| Asian | 4.7 | 4.2 | 3.0 | 2.7 | 51.7 | * | * | * |
| Two or More Races | 13.7 | 15.9 | 9.4 | 10.7 | 60.3 | * | 63.0 | * |
| Hispanic or Latino | 6.8 | 7.0 | 4.5 | 4.8 | 58.0 | 50.2 | 66.9 | 55.4 |
| EMPLOYMENT STATUS | | | | | | | | |
| Full-Time | 6.9 | 7.1 | 4.4 | 4.7 | 60.3 | 58.7 | 66.6 | 62.4 |
| Part-Time | 10.6 | 11.0 | 7.3 | 8.1 | 62.0 | 68.3 | 69.0 | 74.0 |
| Unemployed | 11.2 | 12.2 | 7.9 | 8.1 | 58.4 | 52.2 | 61.5 | * |
| Other ³ | 7.7 | 8.6 | 5.6 | 6.6 | 78.3 | 75.4 | 82.2 | 80.3 |

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