

Table 8.40A Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Geographic, Socioeconomic, and Health Characteristics, Numbers in Thousands, 2019 and 2020

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment ¹ (2019)	Had MDE with Severe Impairment ¹ (2020)	Received Treatment for Depression in Past Year among People with MDE ² (2019)	Received Treatment for Depression in Past Year among People with MDE ² (2020)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment ^{1,2} (2019)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment ^{1,2} (2020)
TOTAL	19,357	20,976	13,112	14,845	12,824	13,832	9,467	10,537
GEOGRAPHIC REGION								
Northeast	3,161	3,292	2,110	2,196	2,227	2,339	1,565	1,774
Midwest	4,344	5,146	2,890	3,555	2,999	3,376	2,141	2,385
South	6,873	7,459	4,647	5,377	4,314	4,781	3,203	3,703
West	4,979	5,077	3,464	3,717	3,284	3,337	2,559	2,675
COUNTY TYPE								
Large Metro	10,446	10,476	7,114	7,510	6,859	6,814	5,151	5,379
Small Metro	6,038	7,586	4,131	5,314	4,123	5,173	3,043	3,885
Nonmetro	2,873	2,914	1,866	2,020	1,842	1,845	1,273	1,273
POVERTY LEVEL³								
Less Than 100%	3,380	4,089	2,521	2,808	2,298	2,629	1,864	2,100
100-199%	4,537	5,035	3,251	3,847	2,892	3,170	2,217	2,483
200% or More	11,243	11,773	7,238	8,120	7,514	7,971	5,334	5,896
EDUCATION LEVEL								
< High School	1,801	1,957	1,359	1,155	1,216	*	969	*
High School Graduate	4,373	5,406	2,942	3,931	2,602	3,345	1,949	2,522
Some College/Associate's Degree	7,625	7,878	5,380	5,829	4,974	5,160	3,832	4,073
College Graduate	5,558	5,734	3,430	3,930	4,031	4,301	2,717	3,157
HEALTH INSURANCE⁴								
Private	11,255	11,296	7,140	7,791	7,578	7,653	5,268	5,565
Medicaid/CHIP	4,578	5,004	3,414	3,648	3,410	3,379	2,727	2,725
Other ⁵	4,052	5,269	2,842	3,894	3,080	4,168	2,313	3,317
No Coverage	2,124	2,375	1,543	1,682	892	1,004	748	730
OVERALL HEALTH⁶								
Excellent	2,041	1,746	1,203	961	1,171	1,022	762	587
Very Good	6,184	6,184	3,936	4,028	3,783	3,737	2,640	2,620
Good	6,369	7,004	4,300	5,069	4,219	4,885	3,109	3,717
Fair/Poor	4,758	6,042	3,668	4,787	3,645	4,188	2,952	3,613

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown past year treatment for depression data were excluded.

³ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

⁴ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁵ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

⁶ Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.40B Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Geographic, Socioeconomic, and Health Characteristics, Percentages, 2019 and 2020

Geographic/Socioeconomic/ Health Characteristic	Had MDE		Had MDE with Severe Impairment ¹		Received Treatment for Depression in Past Year among People with MDE ²		Received Treatment for Depression in Past Year among People with MDE with Severe Impairment ^{1,2}	
	(2019)	(2020)	(2019)	(2020)	(2019)	(2020)	(2019)	(2020)
TOTAL	7.8	8.4	5.3	6.0	66.3	66.0	72.2	71.0
GEOGRAPHIC REGION								
Northeast	7.4	7.6	4.9	5.1	70.7	71.1	74.2	80.8
Midwest	8.4	10.0	5.6	6.9	69.0	65.7	74.1	67.2
South	7.3	7.9	5.0	5.7	62.9	64.1	69.0	68.9
West	8.5	8.5	5.9	6.2	66.0	65.7	73.9	72.0
COUNTY TYPE								
Large Metro	7.6	7.7	5.1	5.5	65.7	65.0	72.4	71.6
Small Metro	8.1	9.9	5.5	6.9	68.4	68.2	73.8	73.2
Nonmetro	8.4	7.8	5.5	5.4	64.3	63.3	68.2	63.0
POVERTY LEVEL³								
Less Than 100%	10.7	11.2	8.0	7.7	68.3	64.4	74.0	74.9
100-199%	9.7	11.0	6.9	8.4	63.9	63.0	68.2	64.5
200% or More	6.7	7.1	4.3	4.9	66.9	67.7	73.7	72.6
EDUCATION LEVEL								
< High School	6.1	6.9	4.6	4.1	67.7	*	71.5	*
High School Graduate	7.3	7.9	4.9	5.7	59.5	61.9	66.3	64.2
Some College/Associate's Degree	10.0	10.4	7.1	7.7	65.4	65.5	71.2	69.9
College Graduate	6.8	7.5	4.2	5.1	72.6	75.1	79.2	80.4
HEALTH INSURANCE⁴								
Private	6.9	7.2	4.3	4.9	67.4	67.8	73.8	71.4
Medicaid/CHIP	13.1	12.9	9.7	9.4	74.5	67.6	79.9	74.8
Other ⁵	5.9	7.1	4.2	5.3	76.2	79.1	81.4	85.2
No Coverage	8.4	8.8	6.1	6.2	42.1	42.3	48.6	43.4
OVERALL HEALTH⁶								
Excellent	4.0	3.7	2.4	2.0	57.4	58.5	63.4	61.1
Very Good	6.9	6.8	4.4	4.4	61.2	60.4	67.1	65.0
Good	8.7	9.3	5.9	6.7	66.4	69.8	72.3	73.4
Fair/Poor	14.0	17.0	10.8	13.5	76.8	69.3	80.5	75.5

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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