

**Table 8.40C Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Geographic, Socioeconomic, and Health Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020**

Geographic/Socioeconomic/ Health Characteristic	Had MDE		Had MDE with Severe Impairment <sup>1</sup>		Received Treatment for Depression in Past Year among People with MDE <sup>2</sup>		Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup>	
	(2019)	(2020)	(2019)	(2020)	(2019)	(2020)	(2019)	(2020)
<b>TOTAL</b>	385	674	331	578	342	550	298	483
<b>GEOGRAPHIC REGION</b>								
Northeast	164	250	132	198	145	216	117	191
Midwest	158	284	139	248	145	257	127	206
South	229	418	198	355	198	328	168	283
West	210	362	177	314	183	284	162	263
<b>COUNTY TYPE</b>								
Large Metro	332	506	272	438	279	401	241	363
Small Metro	225	444	179	350	188	355	160	296
Nonmetro	147	239	115	196	109	179	89	144
<b>POVERTY LEVEL<sup>3</sup></b>								
Less Than 100%	167	337	139	268	128	247	116	227
100-199%	205	355	173	311	174	276	147	239
200% or More	313	495	257	419	270	400	232	355
<b>EDUCATION LEVEL</b>								
< High School	130	245	116	164	111	*	104	*
High School Graduate	187	381	150	336	147	311	126	276
Some College/Associate's Degree	256	372	221	334	212	310	188	278
College Graduate	229	303	178	255	197	278	165	240
<b>HEALTH INSURANCE<sup>4</sup></b>								
Private	320	452	250	386	268	370	224	318
Medicaid/CHIP	210	336	180	275	180	272	163	239
Other <sup>5</sup>	228	437	189	371	199	370	169	333
No Coverage	116	231	94	194	74	126	67	109
<b>OVERALL HEALTH<sup>6</sup></b>								
Excellent	117	170	93	117	95	146	79	103
Very Good	225	343	172	275	180	256	150	212
Good	227	372	186	319	190	300	167	270
Fair/Poor	218	431	193	366	193	341	173	318

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents with unknown impairment data were excluded.

<sup>2</sup> Respondents with unknown past year treatment for depression data were excluded.

<sup>3</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>4</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>5</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

<sup>6</sup> Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.40D Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Geographic, Socioeconomic, and Health Characteristics, Standard Errors of Percentages, 2019 and 2020**

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment <sup>1</sup> (2019)	Had MDE with Severe Impairment <sup>1</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2020)
<b>TOTAL</b>	0.16	<i>0.27</i>	0.13	<i>0.23</i>	0.94	<i>1.58</i>	1.07	<i>1.75</i>
<b>GEOGRAPHIC REGION</b>								
Northeast	0.38	<i>0.58</i>	0.31	<i>0.46</i>	2.19	<i>3.39</i>	2.32	<i>3.06</i>
Midwest	0.31	<i>0.55</i>	0.27	<i>0.48</i>	1.81	<i>2.94</i>	2.11	<i>3.26</i>
South	0.24	<i>0.44</i>	0.21	<i>0.37</i>	1.70	<i>2.89</i>	1.87	<i>3.19</i>
West	0.36	<i>0.61</i>	0.30	<i>0.53</i>	2.00	<i>3.12</i>	2.17	<i>3.43</i>
<b>COUNTY TYPE</b>								
Large Metro	0.22	<i>0.36</i>	0.19	<i>0.32</i>	1.40	<i>2.19</i>	1.50	<i>2.41</i>
Small Metro	0.27	<i>0.53</i>	0.22	<i>0.44</i>	1.49	<i>2.71</i>	1.72	<i>2.77</i>
Nonmetro	0.37	<i>0.62</i>	0.30	<i>0.51</i>	2.27	<i>3.95</i>	2.80	<i>5.11</i>
<b>POVERTY LEVEL<sup>3</sup></b>								
Less Than 100%	0.50	<i>0.85</i>	0.41	<i>0.70</i>	1.93	<i>4.11</i>	2.15	<i>3.96</i>
100-199%	0.41	<i>0.73</i>	0.35	<i>0.65</i>	2.01	<i>3.24</i>	2.33	<i>3.85</i>
200% or More	0.18	<i>0.29</i>	0.15	<i>0.25</i>	1.27	<i>1.87</i>	1.45	<i>2.18</i>
<b>EDUCATION LEVEL</b>								
< High School	0.43	<i>0.87</i>	0.38	<i>0.58</i>	3.08	*	3.48	*
High School Graduate	0.30	<i>0.55</i>	0.24	<i>0.49</i>	1.99	<i>3.47</i>	2.25	<i>4.14</i>
Some College/Associate's								
Degree	0.32	<i>0.49</i>	0.28	<i>0.44</i>	1.43	<i>2.31</i>	1.62	<i>2.57</i>
College Graduate	0.26	<i>0.40</i>	0.21	<i>0.33</i>	1.78	<i>2.10</i>	1.93	<i>2.18</i>
<b>HEALTH INSURANCE<sup>4</sup></b>								
Private	0.19	<i>0.28</i>	0.15	<i>0.24</i>	1.23	<i>1.81</i>	1.41	<i>2.15</i>
Medicaid/CHIP	0.57	<i>0.83</i>	0.48	<i>0.68</i>	1.71	<i>2.99</i>	1.77	<i>3.03</i>
Other <sup>5</sup>	0.32	<i>0.58</i>	0.27	<i>0.49</i>	2.37	<i>3.84</i>	2.54	<i>3.62</i>
No Coverage	0.44	<i>0.81</i>	0.37	<i>0.68</i>	2.66	<i>3.82</i>	3.22	<i>4.87</i>
<b>OVERALL HEALTH<sup>6</sup></b>								
Excellent	0.23	<i>0.36</i>	0.18	<i>0.25</i>	2.76	<i>4.61</i>	3.43	<i>5.45</i>
Very Good	0.24	<i>0.37</i>	0.19	<i>0.30</i>	1.67	<i>2.78</i>	1.99	<i>3.37</i>
Good	0.30	<i>0.49</i>	0.25	<i>0.42</i>	1.55	<i>2.21</i>	1.77	<i>2.66</i>
Fair/Poor	0.60	<i>1.13</i>	0.54	<i>0.98</i>	1.88	<i>3.48</i>	1.94	<i>3.38</i>

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