

Table 8.65C Suicidal Thoughts and Behavior and Treatment Resulting from a Suicide Attempt, Level of Mental Illness, Major Depressive Episode, and Mental Health Services in Past Year: Among People Aged 18 to 22; by College Enrollment Status, Standard Errors of Numbers in Thousands, 2019 and 2020

| Past Year Mental Health Measure | Total ¹ (2019) | Total ¹ (2020) | Full-Time College Students (2019) | Full-Time College Students (2020) | Other Persons Aged 18-22 ² (2019) | Other Persons Aged 18-22 ² (2020) |
|---|------------------------------|------------------------------|---|---|--|--|
| SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT³ | | | | | | |
| Had Serious Thoughts of Suicide | 98 | <i>172</i> | 62 | <i>100</i> | 76 | <i>139</i> |
| Made Any Suicide Plans ⁴ | 51 | <i>98</i> | 28 | <i>51</i> | 43 | <i>81</i> |
| Attempted Suicide ⁴ | 38 | <i>73</i> | 19 | <i>32</i> | 33 | <i>66</i> |
| Received Medical Attention for Suicide Attempt | 23 | <i>50</i> | 10 | <i>17</i> | 20 | <i>47</i> |
| Stayed Overnight or Longer in a Hospital for Suicide Attempt | 17 | <i>35</i> | 7 | <i>14</i> | 16 | <i>33</i> |
| LEVEL OF MENTAL ILLNESS⁵ | | | | | | |
| Any Mental Illness | 197 | <i>301</i> | 138 | <i>196</i> | 117 | <i>216</i> |
| Serious Mental Illness | 82 | <i>145</i> | 51 | <i>87</i> | 64 | <i>118</i> |
| Any Mental Illness Excluding Serious Mental Illness | 157 | <i>247</i> | 107 | <i>154</i> | 95 | <i>179</i> |
| No Mental Illness | 353 | <i>462</i> | 245 | <i>269</i> | 208 | <i>351</i> |
| MAJOR DEPRESSIVE EPISODE⁶ | 128 | <i>209</i> | 90 | <i>116</i> | 83 | <i>173</i> |
| MENTAL HEALTH SERVICES⁷ | | | | | | |
| Inpatient | 36 | <i>58</i> | 12 | <i>28</i> | 33 | <i>50</i> |
| Outpatient | 103 | <i>158</i> | 73 | <i>104</i> | 64 | <i>119</i> |
| Prescription Medication | 100 | <i>178</i> | 66 | <i>112</i> | 73 | <i>132</i> |

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ The Total column includes respondents with unknown enrollment status.

² Other Persons include respondents not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

⁵ Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

⁶ Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

⁷ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.65D Suicidal Thoughts and Behavior and Treatment Resulting from a Suicide Attempt, Level of Mental Illness, Major Depressive Episode, and Mental Health Services in Past Year: Among People Aged 18 to 22; by College Enrollment Status, Standard Errors of Percentages, 2019 and 2020

| Past Year Mental Health Measure | Total ¹ (2019) | Total ¹ (2020) | Full-Time College Students (2019) | Full-Time College Students (2020) | Other Persons Aged 18-22 ² (2019) | Other Persons Aged 18-22 ² (2020) |
|---|------------------------------|------------------------------|---|---|--|--|
| SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT³ | | | | | | |
| Had Serious Thoughts of Suicide | 0.42 | <i>0.76</i> | 0.65 | <i>1.22</i> | 0.54 | <i>0.96</i> |
| Made Any Suicide Plans ⁴ | 0.25 | <i>0.46</i> | 0.37 | <i>0.68</i> | 0.32 | <i>0.58</i> |
| Attempted Suicide ⁴ | 0.18 | <i>0.35</i> | 0.24 | <i>0.45</i> | 0.25 | <i>0.48</i> |
| Received Medical Attention for Suicide Attempt | 0.11 | <i>0.24</i> | 0.14 | <i>0.24</i> | 0.15 | <i>0.34</i> |
| Stayed Overnight or Longer in a Hospital for Suicide Attempt | 0.08 | <i>0.17</i> | 0.09 | <i>0.19</i> | 0.12 | <i>0.24</i> |
| LEVEL OF MENTAL ILLNESS⁵ | | | | | | |
| Any Mental Illness | 0.63 | <i>1.08</i> | 1.09 | <i>1.89</i> | 0.73 | <i>1.31</i> |
| Serious Mental Illness | 0.35 | <i>0.64</i> | 0.54 | <i>1.06</i> | 0.46 | <i>0.82</i> |
| Any Mental Illness Excluding Serious Mental Illness | 0.55 | <i>0.95</i> | 0.96 | <i>1.68</i> | 0.62 | <i>1.16</i> |
| No Mental Illness | 0.63 | <i>1.08</i> | 1.09 | <i>1.89</i> | 0.73 | <i>1.31</i> |
| MAJOR DEPRESSIVE EPISODE⁶ | 0.50 | <i>0.88</i> | 0.86 | <i>1.34</i> | 0.58 | <i>1.15</i> |
| MENTAL HEALTH SERVICES⁷ | | | | | | |
| Inpatient | 0.17 | <i>0.28</i> | 0.16 | <i>0.41</i> | 0.25 | <i>0.37</i> |
| Outpatient | 0.41 | <i>0.70</i> | 0.70 | <i>1.27</i> | 0.47 | <i>0.85</i> |
| Prescription Medication | 0.42 | <i>0.79</i> | 0.72 | <i>1.31</i> | 0.53 | <i>0.95</i> |

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ The Total column includes respondents with unknown enrollment status.

² Other Persons include respondents not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

⁵ Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

⁶ Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

⁷ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.66C Suicidal Thoughts and Behavior and Treatment Resulting from a Suicide Attempt, Level of Mental Illness, Major Depressive Episode, and Mental Health Services in Past Year: Among Males Aged 18 to 22; by College Enrollment Status, Standard Errors of Numbers in Thousands, 2019 and 2020

| Past Year Mental Health Measure | Total ¹ (2019) | Total ¹ (2020) | Full-Time Male College Students (2019) | Full-Time Male College Students (2020) | Other Males Aged 18-22 ² (2019) | Other Males Aged 18-22 ² (2020) |
|---|------------------------------|------------------------------|--|--|--|--|
| SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT³ | | | | | | |
| Had Serious Thoughts of Suicide | 62 | <i>116</i> | 40 | <i>67</i> | 48 | <i>94</i> |
| Made Any Suicide Plans ⁴ | 32 | <i>60</i> | 14 | <i>21</i> | 28 | <i>56</i> |
| Attempted Suicide ⁴ | 20 | <i>44</i> | 10 | <i>13</i> | 17 | <i>42</i> |
| Received Medical Attention for Suicide Attempt | 13 | <i>38</i> | 4 | <i>12</i> | 12 | <i>35</i> |
| Stayed Overnight or Longer in a Hospital for Suicide Attempt | 11 | <i>17</i> | 3 | <i>11</i> | 11 | <i>13</i> |
| LEVEL OF MENTAL ILLNESS⁵ | | | | | | |
| Any Mental Illness | 107 | <i>169</i> | 71 | <i>107</i> | 72 | <i>126</i> |
| Serious Mental Illness | 49 | <i>91</i> | 31 | <i>55</i> | 39 | <i>73</i> |
| Any Mental Illness Excluding Serious Mental Illness | 86 | <i>139</i> | 54 | <i>75</i> | 60 | <i>111</i> |
| No Mental Illness | 228 | <i>322</i> | 153 | <i>182</i> | 148 | <i>256</i> |
| MAJOR DEPRESSIVE EPISODE⁶ | 72 | <i>108</i> | 51 | <i>53</i> | 50 | <i>95</i> |
| MENTAL HEALTH SERVICES⁷ | | | | | | |
| Inpatient | 23 | <i>40</i> | 7 | <i>26</i> | 21 | <i>30</i> |
| Outpatient | 55 | <i>94</i> | 34 | <i>70</i> | 37 | <i>60</i> |
| Prescription Medication | 53 | <i>110</i> | 36 | <i>65</i> | 41 | <i>88</i> |

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size.

Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ The Total column includes respondents with unknown enrollment status.

² Other Males include respondents not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

⁵ Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

⁶ Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

⁷ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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Table 8.66D Suicidal Thoughts and Behavior and Treatment Resulting from a Suicide Attempt, Level of Mental Illness, Major Depressive Episode, and Mental Health Services in Past Year: Among Males Aged 18 to 22; by College Enrollment Status, Standard Errors of Percentages, 2019 and 2020

| Past Year Mental Health Measure | Total ¹ (2019) | Total ¹ (2020) | Full-Time Male College Students (2019) | Full-Time Male College Students (2020) | Other Males Aged 18-22 ² (2019) | Other Males Aged 18-22 ² (2020) |
|---|------------------------------|------------------------------|--|--|--|--|
| SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT³ | | | | | | |
| Had Serious Thoughts of Suicide | 0.54 | <i>1.02</i> | 1.00 | <i>1.81</i> | 0.64 | <i>1.25</i> |
| Made Any Suicide Plans ⁴ | 0.30 | <i>0.55</i> | 0.40 | <i>0.59</i> | 0.39 | <i>0.78</i> |
| Attempted Suicide ⁴ | 0.19 | <i>0.42</i> | 0.29 | <i>0.39</i> | 0.24 | <i>0.59</i> |
| Received Medical Attention for Suicide Attempt | 0.12 | <i>0.36</i> | 0.12 | <i>0.38</i> | 0.17 | <i>0.50</i> |
| Stayed Overnight or Longer in a Hospital for Suicide Attempt | 0.11 | <i>0.16</i> | 0.07 | <i>0.33</i> | 0.16 | <i>0.19</i> |
| LEVEL OF MENTAL ILLNESS⁵ | | | | | | |
| Any Mental Illness | 0.76 | <i>1.32</i> | 1.40 | <i>2.52</i> | 0.88 | <i>1.56</i> |
| Serious Mental Illness | 0.42 | <i>0.82</i> | 0.74 | <i>1.52</i> | 0.53 | <i>1.00</i> |
| Any Mental Illness Excluding Serious Mental Illness | 0.64 | <i>1.15</i> | 1.22 | <i>1.92</i> | 0.75 | <i>1.41</i> |
| No Mental Illness | 0.76 | <i>1.32</i> | 1.40 | <i>2.52</i> | 0.88 | <i>1.56</i> |
| MAJOR DEPRESSIVE EPISODE⁶ | 0.58 | <i>0.95</i> | 1.13 | <i>1.48</i> | 0.67 | <i>1.25</i> |
| MENTAL HEALTH SERVICES⁷ | | | | | | |
| Inpatient | 0.21 | <i>0.38</i> | 0.20 | <i>0.81</i> | 0.30 | <i>0.42</i> |
| Outpatient | 0.47 | <i>0.83</i> | 0.80 | <i>1.87</i> | 0.52 | <i>0.82</i> |
| Prescription Medication | 0.48 | <i>0.99</i> | 0.95 | <i>1.75</i> | 0.55 | <i>1.21</i> |

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² Other Males include respondents not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

⁵ Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

⁶ Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

⁷ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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Table 8.67C Suicidal Thoughts and Behavior and Treatment Resulting from a Suicide Attempt, Level of Mental Illness, Major Depressive Episode, and Mental Health Services in Past Year: Among Females Aged 18 to 22; by College Enrollment Status, Standard Errors of Numbers in Thousands, 2019 and 2020

| Past Year Mental Health Measure | Total ¹ (2019) | Total ¹ (2020) | Full-Time Female College Students (2019) | Full-Time Female College Students (2020) | Other Females Aged 18-22 ² (2019) | Other Females Aged 18-22 ² (2020) |
|---|------------------------------|------------------------------|--|--|--|--|
| SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT³ | | | | | | |
| Had Serious Thoughts of Suicide | 72 | <i>120</i> | 42 | <i>73</i> | 57 | <i>90</i> |
| Made Any Suicide Plans ⁴ | 41 | <i>79</i> | 25 | <i>47</i> | 34 | <i>60</i> |
| Attempted Suicide ⁴ | 31 | <i>59</i> | 15 | <i>29</i> | 27 | <i>51</i> |
| Received Medical Attention for Suicide Attempt | 19 | <i>32</i> | 9 | <i>11</i> | 17 | <i>30</i> |
| Stayed Overnight or Longer in a Hospital for Suicide Attempt | 13 | <i>31</i> | 5 | <i>9</i> | 12 | <i>30</i> |
| LEVEL OF MENTAL ILLNESS⁵ | | | | | | |
| Any Mental Illness | 137 | <i>233</i> | 96 | <i>149</i> | 87 | <i>165</i> |
| Serious Mental Illness | 61 | <i>105</i> | 38 | <i>66</i> | 48 | <i>82</i> |
| Any Mental Illness Excluding Serious Mental Illness | 115 | <i>198</i> | 81 | <i>127</i> | 71 | <i>137</i> |
| No Mental Illness | 196 | <i>282</i> | 137 | <i>166</i> | 124 | <i>215</i> |
| MAJOR DEPRESSIVE EPISODE⁶ | 92 | <i>166</i> | 59 | <i>97</i> | 67 | <i>134</i> |
| MENTAL HEALTH SERVICES⁷ | | | | | | |
| Inpatient | 28 | <i>42</i> | 10 | <i>11</i> | 26 | <i>40</i> |
| Outpatient | 76 | <i>124</i> | 55 | <i>75</i> | 53 | <i>101</i> |
| Prescription Medication | 80 | <i>138</i> | 51 | <i>89</i> | 61 | <i>95</i> |

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¹ The Total column includes respondents with unknown enrollment status.

² Other Females include respondents not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

⁵ Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

⁶ Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

⁷ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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| Past Year Mental Health Measure | Total ¹ (2019) | Total ¹ (2020) | Full-Time Female College Students (2019) | Full-Time Female College Students (2020) | Other Females Aged 18-22 ² (2019) | Other Females Aged 18-22 ² (2020) |
|---|------------------------------|------------------------------|--|--|--|--|
| SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT³ | | | | | | |
| Had Serious Thoughts of Suicide | 0.63 | <i>1.09</i> | 0.89 | <i>1.78</i> | 0.85 | <i>1.32</i> |
| Made Any Suicide Plans ⁴ | 0.39 | <i>0.73</i> | 0.57 | <i>1.19</i> | 0.54 | <i>0.90</i> |
| Attempted Suicide ⁴ | 0.30 | <i>0.56</i> | 0.36 | <i>0.76</i> | 0.44 | <i>0.78</i> |
| Received Medical Attention for Suicide Attempt | 0.19 | <i>0.31</i> | 0.22 | <i>0.28</i> | 0.28 | <i>0.47</i> |
| Stayed Overnight or Longer in a Hospital for Suicide Attempt | 0.13 | <i>0.30</i> | 0.13 | <i>0.23</i> | 0.20 | <i>0.46</i> |
| LEVEL OF MENTAL ILLNESS⁵ | | | | | | |
| Any Mental Illness | 0.90 | <i>1.61</i> | 1.46 | <i>2.68</i> | 1.13 | <i>1.99</i> |
| Serious Mental Illness | 0.55 | <i>0.94</i> | 0.81 | <i>1.57</i> | 0.75 | <i>1.18</i> |
| Any Mental Illness Excluding Serious Mental Illness | 0.84 | <i>1.51</i> | 1.40 | <i>2.63</i> | 0.99 | <i>1.81</i> |
| No Mental Illness | 0.90 | <i>1.61</i> | 1.46 | <i>2.68</i> | 1.13 | <i>1.99</i> |
| MAJOR DEPRESSIVE EPISODE⁶ | | | | | | |
| MENTAL HEALTH SERVICES⁷ | | | | | | |
| Inpatient | 0.27 | <i>0.40</i> | 0.24 | <i>0.28</i> | 0.42 | <i>0.62</i> |
| Outpatient | 0.63 | <i>1.08</i> | 1.07 | <i>1.72</i> | 0.81 | <i>1.48</i> |
| Prescription Medication | 0.69 | <i>1.16</i> | 1.04 | <i>1.87</i> | 0.92 | <i>1.40</i> |

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² Other Females include respondents not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

⁵ Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

⁶ Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

⁷ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.