

**Table 8.70C Serious Psychological Distress in Past Month: Among People Aged 18 or Older; by Age Group and Demographic and Socioeconomic Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020**

| Demographic/Socioeconomic Characteristic | Aged 18+ (2019) | Aged 18+ (2020) | Aged 18-25 (2019) | Aged 18-25 (2020) | Aged 26+ (2019) | Aged 26+ (2020) | Aged 26-49 (2019) | Aged 26-49 (2020) | Aged 50+ (2019) | Aged 50+ (2020) |
|--|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|
| <b>TOTAL</b>                             | 384             | 629             | 125               | 224               | 350             | 571             | 219               | 366               | 244             | 424             |
| <b>GENDER</b>                            |                 |                 |                   |                   |                 |                 |                   |                   |                 |                 |
| Male                                     | 236             | 398             | 74                | 134               | 215             | 375             | 143               | 254               | 156             | 276             |
| Female                                   | 276             | 466             | 93                | 171               | 254             | 421             | 156               | 253               | 193             | 325             |
| <b>HISPANIC ORIGIN AND RACE</b>          |                 |                 |                   |                   |                 |                 |                   |                   |                 |                 |
| Not Hispanic or Latino                   | 340             | 541             | 109               | 187               | 315             | 497             | 194               | 328               | 217             | 384             |
| White                                    | 296             | 495             | 102               | 180               | 276             | 449             | 176               | 283               | 196             | 349             |
| Black or African American                | 137             | 188             | 48                | 72                | 123             | 170             | 82                | 126               | 84              | 110             |
| AIAN                                     | 28              | *               | 7                 | *                 | 27              | *               | 8                 | *                 | *               | *               |
| NHOPI                                    | 24              | 14              | *                 | *                 | 22              | *               | *                 | *                 | *               | *               |
| Asian                                    | 76              | 97              | 33                | 65                | 67              | 74              | 48                | 71                | 47              | 20              |
| Two or More Races                        | 48              | 146             | 25                | 63                | 41              | 132             | 33                | 56                | 24              | *               |
| Hispanic or Latino                       | 170             | 295             | 62                | 120               | 153             | 267             | 111               | 189               | 107             | 214             |
| <b>HEALTH INSURANCE<sup>1</sup></b>      |                 |                 |                   |                   |                 |                 |                   |                   |                 |                 |
| Private                                  | 241             | 402             | 109               | 193               | 210             | 353             | 151               | 236               | 149             | 264             |
| Medicaid/CHIP                            | 223             | 354             | 66                | 121               | 207             | 322             | 120               | 221               | 161             | 242             |
| Other <sup>2</sup>                       | 191             | 354             | 37                | 72                | 187             | 346             | 73                | 137               | 170             | 311             |
| No Coverage                              | 131             | 213             | 52                | 94                | 117             | 190             | 97                | 169               | 62              | 83              |
| <b>EMPLOYMENT STATUS</b>                 |                 |                 |                   |                   |                 |                 |                   |                   |                 |                 |
| Full-Time                                | 215             | 319             | 85                | 156               | 188             | 276             | 159               | 253               | 98              | 117             |
| Part-Time                                | 146             | 213             | 72                | 123               | 125             | 168             | 75                | 116               | 101             | 123             |
| Unemployed                               | 107             | 193             | 47                | 103               | 90              | 162             | 66                | 133               | 61              | 98              |
| Other <sup>3</sup>                       | 262             | 447             | 68                | 120               | 249             | 427             | 115               | 216               | 208             | 381             |

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>1</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>2</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

<sup>3</sup> Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.70D Serious Psychological Distress in Past Month: Among People Aged 18 or Older; by Age Group and Demographic and Socioeconomic Characteristics, Standard Errors of Percentages, 2019 and 2020**

| Demographic/Socioeconomic Characteristic | Aged 18+ (2019) | Aged 18+ (2020) | Aged 18-25 (2019) | Aged 18-25 (2020) | Aged 26+ (2019) | Aged 26+ (2020) | Aged 26-49 (2019) | Aged 26-49 (2020) | Aged 50+ (2019) | Aged 50+ (2020) |
|--|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|-------------------|-------------------|-----------------|-----------------|
| <b>TOTAL</b>                             | 0.15            | <i>0.25</i>     | 0.37              | <i>0.67</i>       | 0.16            | <i>0.26</i>     | 0.22              | <i>0.36</i>       | 0.21            | <i>0.36</i>     |
| <b>GENDER</b>                            |                 |                 |                   |                   |                 |                 |                   |                   |                 |                 |
| Male                                     | 0.20            | <i>0.33</i>     | 0.43              | <i>0.80</i>       | 0.21            | <i>0.36</i>     | 0.29              | <i>0.51</i>       | 0.29            | <i>0.51</i>     |
| Female                                   | 0.21            | <i>0.36</i>     | 0.55              | <i>1.02</i>       | 0.23            | <i>0.37</i>     | 0.30              | <i>0.49</i>       | 0.31            | <i>0.52</i>     |
| <b>HISPANIC ORIGIN AND RACE</b>          |                 |                 |                   |                   |                 |                 |                   |                   |                 |                 |
| Not Hispanic or Latino                   | 0.16            | <i>0.26</i>     | 0.42              | <i>0.72</i>       | 0.17            | <i>0.27</i>     | 0.24              | <i>0.39</i>       | 0.21            | <i>0.37</i>     |
| White                                    | 0.18            | <i>0.31</i>     | 0.50              | <i>0.86</i>       | 0.19            | <i>0.32</i>     | 0.29              | <i>0.48</i>       | 0.23            | <i>0.41</i>     |
| Black or African American                | 0.43            | <i>0.59</i>     | 0.92              | <i>1.50</i>       | 0.46            | <i>0.63</i>     | 0.58              | <i>0.91</i>       | 0.67            | <i>0.86</i>     |
| AIAN                                     | 1.93            | *               | 2.86              | *                 | 2.22            | *               | 1.66              | *                 | *               | *               |
| NHOPI                                    | 2.16            | <i>1.64</i>     | *                 | *                 | 2.40            | *               | *                 | *                 | *               | *               |
| Asian                                    | 0.52            | <i>0.67</i>     | 1.48              | <i>2.88</i>       | 0.54            | <i>0.59</i>     | 0.67              | <i>1.03</i>       | 0.89            | <i>0.36</i>     |
| Two or More Races                        | 1.08            | <i>2.81</i>     | 2.30              | <i>4.93</i>       | 1.17            | <i>3.32</i>     | 1.62              | <i>2.73</i>       | 1.65            | *               |
| Hispanic or Latino                       | 0.41            | <i>0.70</i>     | 0.80              | <i>1.55</i>       | 0.45            | <i>0.78</i>     | 0.54              | <i>0.86</i>       | 0.83            | <i>1.52</i>     |
| <b>HEALTH INSURANCE<sup>1</sup></b>      |                 |                 |                   |                   |                 |                 |                   |                   |                 |                 |
| Private                                  | 0.14            | <i>0.25</i>     | 0.45              | <i>0.85</i>       | 0.14            | <i>0.25</i>     | 0.22              | <i>0.36</i>       | 0.18            | <i>0.35</i>     |
| Medicaid/CHIP                            | 0.58            | <i>0.84</i>     | 0.84              | <i>1.44</i>       | 0.68            | <i>0.96</i>     | 0.71              | <i>1.18</i>       | 1.20            | <i>1.56</i>     |
| Other <sup>2</sup>                       | 0.27            | <i>0.47</i>     | 1.35              | <i>2.75</i>       | 0.27            | <i>0.47</i>     | 0.95              | <i>1.60</i>       | 0.28            | <i>0.48</i>     |
| No Coverage                              | 0.47            | <i>0.72</i>     | 0.96              | <i>1.69</i>       | 0.52            | <i>0.80</i>     | 0.60              | <i>0.97</i>       | 1.01            | <i>1.44</i>     |
| <b>EMPLOYMENT STATUS</b>                 |                 |                 |                   |                   |                 |                 |                   |                   |                 |                 |
| Full-Time                                | 0.17            | <i>0.27</i>     | 0.54              | <i>1.08</i>       | 0.17            | <i>0.26</i>     | 0.22              | <i>0.37</i>       | 0.24            | <i>0.30</i>     |
| Part-Time                                | 0.43            | <i>0.66</i>     | 0.73              | <i>1.27</i>       | 0.50            | <i>0.73</i>     | 0.68              | <i>1.06</i>       | 0.72            | <i>0.99</i>     |
| Unemployed                               | 0.99            | <i>1.35</i>     | 1.26              | <i>2.52</i>       | 1.27            | <i>1.55</i>     | 1.42              | <i>2.01</i>       | 2.42            | <i>2.76</i>     |
| Other <sup>3</sup>                       | 0.30            | <i>0.48</i>     | 0.76              | <i>1.25</i>       | 0.31            | <i>0.50</i>     | 0.63              | <i>1.03</i>       | 0.34            | <i>0.59</i>     |

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