

Table 8.71C Virtual Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic and Socioeconomic Characteristics, Standard Errors of Numbers in Thousands, Quarter 4, 2020

Demographic/Socioeconomic Characteristic	Total	Any Mental Illness	Serious Mental Illness	Any Mental Illness Excluding Serious Mental Illness	No Mental Illness¹
TOTAL	1,030	878	541	712	639
AGE GROUP					
18-25	281	233	155	173	179
26 or Older	980	847	518	700	606
26-49	601	557	295	432	383
50 or Older	809	666	*	550	502
GENDER					
Male	600	476	306	402	412
Female	807	723	441	603	464
HISPANIC ORIGIN AND RACE					
Not Hispanic or Latino	951	815	498	648	596
White	874	652	400	499	533
Black or African American	476	*	*	*	188
AIAN	*	*	*	*	*
NHOPI	*	*	*	*	*
Asian	250	*	*	*	209
Two or More Races	191	*	*	*	59
Hispanic or Latino	418	397	*	318	230
HEALTH INSURANCE²					
Private	797	610	306	510	487
Medicaid/CHIP	611	486	236	422	365
Other ³	743	630	*	501	396
No Coverage	196	178	*	111	69
EMPLOYMENT STATUS					
Full-Time	572	458	234	381	321
Part-Time	351	298	243	209	189
Unemployed	275	200	*	170	188
Other ⁴	787	669	414	530	471

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Virtual Mental Health Services for adults includes treatment/counseling for problems with emotions, nerves, or mental health. Respondents with unknown virtual mental health service information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

⁴ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, Quarter 4, 2020.

Table 8.71D Virtual Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic and Socioeconomic Characteristics, Standard Errors of Percentages, Quarter 4, 2020

Demographic/Socioeconomic Characteristic	Total	Any Mental Illness	Serious Mental Illness	Any Mental Illness Excluding Serious Mental Illness	No Mental Illness ¹
TOTAL	0.41	1.37	2.77	1.56	0.32
AGE GROUP					
18-25	0.84	2.10	3.70	2.36	0.73
26 or Older	0.45	1.59	3.37	1.80	0.34
26-49	0.59	1.65	3.05	1.85	0.49
50 or Older	0.69	3.10	*	3.40	0.51
GENDER					
Male	0.49	2.14	4.70	2.46	0.39
Female	0.62	1.72	3.49	1.98	0.48
HISPANIC ORIGIN AND RACE					
Not Hispanic or Latino	0.45	1.46	2.94	1.67	0.35
White	0.52	1.50	2.92	1.73	0.42
Black or African American	1.45	*	*	*	0.75
AIAN	*	*	*	*	*
NHOPI	*	*	*	*	*
Asian	1.52	*	*	*	1.52
Two or More Races	3.67	*	*	*	1.98
Hispanic or Latino	0.99	4.21	*	4.59	0.69
HEALTH INSURANCE²					
Private	0.50	1.66	3.52	1.84	0.39
Medicaid/CHIP	1.34	3.03	4.72	3.76	1.22
Other ³	0.94	3.44	*	3.98	0.64
No Coverage	0.66	2.48	*	2.23	0.30
EMPLOYMENT STATUS					
Full-Time	0.50	1.80	4.34	1.98	0.35
Part-Time	1.09	2.96	5.54	3.18	0.85
Unemployed	1.62	4.17	*	5.13	1.53
Other ⁴	0.78	2.62	5.01	3.00	0.62

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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