

Table 9.17A Received Virtual Mental Health Services in Past Year: Among People Aged 12 to 17; by Past Year Major Depressive Episode (MDE) and MDE with Severe Impairment Status and Geographic, Socioeconomic, and Health Characteristics, Numbers in Thousands, Quarter 4, 2020

Geographic, Socioeconomic, and Health Characteristics	Total¹	MDE²	MDE with Severe Impairment^{2,3}	No MDE²
TOTAL	2,489	1,254	958	1,190
GEOGRAPHIC REGION				
Northeast	408	*	*	201
Midwest	505	*	*	185
South	1,009	*	*	478
West	566	*	*	326
COUNTY TYPE				
Large Metro	1,456	727	*	723
Small Metro	830	*	*	370
Nonmetro	203	*	*	98
POVERTY LEVEL				
Less Than 100%	295	*	*	142
100-199%	376	*	*	274
200% or More	1,817	1,029	*	774
HEALTH INSURANCE⁴				
Private	1,813	1,007	*	791
Medicaid/CHIP	610	*	*	360
Other ⁵	128	*	*	77
No Coverage	86	*	*	72
OVERALL HEALTH⁶				
Excellent	324	*	*	124
Very Good	937	*	*	580
Good	1,020	*	*	409
Fair/Poor	*	*	*	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Virtual mental health services for people aged 12 to 17 includes treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown virtual mental health service information were excluded.

¹ The Total column includes respondents with unknown Major Depressive Episode (MDE) and MDE with severe impairment status data.

² Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

³ Respondents with unknown impairment data were excluded.

⁴ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁵ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

⁶ Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, Quarter 4, 2020.

Table 9.17B Received Virtual Mental Health Services in Past Year: Among People Aged 12 to 17; by Past Year Major Depressive Episode (MDE) and MDE with Severe Impairment Status and Geographic, Socioeconomic, and Health Characteristics, Percentages, Quarter 4, 2020

Geographic, Socioeconomic, and Health Characteristics	Total¹	MDE²	MDE with Severe Impairment^{2,3}	No MDE²
TOTAL	10.1	32.9	35.6	5.8
GEOGRAPHIC REGION				
Northeast	10.7	*	*	6.2
Midwest	9.9	*	*	4.5
South	10.4	*	*	6.1
West	9.4	*	*	6.3
COUNTY TYPE				
Large Metro	10.3	33.1	*	6.2
Small Metro	10.3	*	*	5.5
Nonmetro	8.2	*	*	4.7
POVERTY LEVEL				
Less Than 100%	6.3	*	*	3.4
100-199%	9.8	*	*	8.5
200% or More	11.3	37.7	*	5.9
HEALTH INSURANCE⁴				
Private	12.2	38.6	*	6.6
Medicaid/CHIP	7.8	*	*	5.3
Other ⁵	5.7	*	*	4.2
No Coverage	5.6	*	*	5.0
OVERALL HEALTH⁶				
Excellent	3.8	*	*	1.6
Very Good	10.2	*	*	7.6
Good	17.9	*	*	9.9
Fair/Poor	*	*	*	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Virtual mental health services for people aged 12 to 17 includes treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown virtual mental health service information were excluded.

¹ The Total column includes respondents with unknown Major Depressive Episode (MDE) and MDE with severe impairment status data.

² Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

³ Respondents with unknown impairment data were excluded.

⁴ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁵ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

⁶ Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, Quarter 4, 2020.