

**Table 9.6A Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year: Among People Aged 12 to 17; Receipt of Treatment for Depression in Past Year: Among People Aged 12 to 17 with MDE and among People Aged 12 to 17 with MDE with Severe Impairment in Past Year; by Geographic, Socioeconomic, and Health Characteristics, Numbers in Thousands, 2019 and 2020**

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment <sup>1</sup> (2019)	Had MDE with Severe Impairment <sup>1</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2020)
<b>TOTAL</b>	3,783	<i>4,131</i>	2,671	<i>2,919</i>	1,627	<i>1,710</i>	1,321	<i>1,361</i>
<b>GEOGRAPHIC REGION</b>								
Northeast	528	<i>540</i>	363	<i>361</i>	235	<i>239</i>	187	*
Midwest	838	<i>899</i>	604	<i>724</i>	407	<i>411</i>	340	<i>350</i>
South	1,409	<i>1,756</i>	1,017	<i>1,139</i>	568	<i>662</i>	455	<i>483</i>
West	1,009	<i>936</i>	688	<i>695</i>	416	<i>399</i>	339	<i>332</i>
<b>COUNTY TYPE</b>								
Large Metro	2,084	<i>2,469</i>	1,481	<i>1,746</i>	884	<i>994</i>	728	<i>753</i>
Small Metro	1,190	<i>1,144</i>	845	<i>807</i>	513	<i>503</i>	412	<i>434</i>
Nonmetro	508	<i>517</i>	345	<i>366</i>	230	<i>214</i>	182	*
<b>POVERTY LEVEL</b>								
Less Than 100%	676	<i>555</i>	482	<i>372</i>	284	*	238	*
100-199%	825	<i>783</i>	592	<i>572</i>	345	<i>252</i>	294	<i>220</i>
200% or More	2,283	<i>2,793</i>	1,597	<i>1,974</i>	998	<i>1,277</i>	790	<i>992</i>
<b>HEALTH INSURANCE<sup>3</sup></b>								
Private	2,209	<i>2,714</i>	1,507	<i>1,889</i>	946	<i>1,233</i>	755	<i>959</i>
Medicaid/CHIP	1,377	<i>1,196</i>	1,008	<i>870</i>	615	<i>411</i>	510	<i>338</i>
Other <sup>4</sup>	188	<i>278</i>	156	<i>204</i>	84	*	79	*
No Coverage	183	<i>166</i>	117	<i>125</i>	61	*	*	*
<b>OVERALL HEALTH<sup>5</sup></b>								
Excellent	826	<i>805</i>	537	<i>529</i>	296	<i>288</i>	225	*
Very Good	1,571	<i>1,560</i>	1,113	<i>1,165</i>	641	<i>588</i>	528	<i>484</i>
Good	1,094	<i>1,356</i>	783	<i>894</i>	511	<i>654</i>	417	<i>517</i>
Fair/Poor	293	<i>411</i>	238	<i>331</i>	180	*	151	*

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the 2020 *National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents with unknown impairment data were excluded.

<sup>2</sup> Respondents with unknown past year treatment for depression data were excluded.

<sup>3</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>4</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

<sup>5</sup> Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 9.6B Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year: Among People Aged 12 to 17; Receipt of Treatment for Depression in Past Year: Among People Aged 12 to 17 with MDE and among People Aged 12 to 17 with MDE with Severe Impairment in Past Year; by Geographic, Socioeconomic, and Health Characteristics, Percentages, 2019 and 2020**

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment <sup>1</sup> (2019)	Had MDE with Severe Impairment <sup>1</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2020)
<b>TOTAL</b>	15.7	<i>17.0</i>	11.1	<i>12.0</i>	43.3	<i>41.6</i>	49.7	<i>46.9</i>
<b>GEOGRAPHIC REGION</b>								
Northeast	13.8	<i>14.6</i>	9.5	<i>9.7</i>	44.8	<i>44.1</i>	52.0	*
Midwest	16.4	<i>17.6</i>	11.8	<i>14.2</i>	48.7	<i>46.9</i>	56.4	<i>49.5</i>
South	15.1	<i>18.4</i>	10.9	<i>11.9</i>	40.7	<i>37.7</i>	45.0	<i>42.4</i>
West	17.5	<i>15.9</i>	11.9	<i>11.8</i>	41.4	<i>42.6</i>	49.6	<i>47.8</i>
<b>COUNTY TYPE</b>								
Large Metro	15.9	<i>18.1</i>	11.3	<i>12.8</i>	42.7	<i>40.4</i>	49.4	<i>43.4</i>
Small Metro	16.0	<i>15.4</i>	11.4	<i>10.8</i>	43.3	<i>44.4</i>	49.0	<i>54.2</i>
Nonmetro	14.6	<i>16.5</i>	9.9	<i>11.7</i>	45.5	<i>41.3</i>	52.9	*
<b>POVERTY LEVEL</b>								
Less Than 100%	14.0	<i>12.4</i>	10.0	<i>8.3</i>	42.6	*	49.7	*
100-199%	16.0	<i>17.7</i>	11.5	<i>13.0</i>	42.1	<i>32.4</i>	49.9	<i>38.7</i>
200% or More	16.2	<i>18.2</i>	11.4	<i>12.8</i>	43.9	<i>46.0</i>	49.7	<i>50.5</i>
<b>HEALTH INSURANCE<sup>3</sup></b>								
Private	16.0	<i>18.6</i>	10.9	<i>13.0</i>	43.0	<i>45.7</i>	50.3	<i>51.1</i>
Medicaid/CHIP	15.3	<i>14.7</i>	11.2	<i>10.7</i>	45.0	<i>34.6</i>	50.9	<i>39.2</i>
Other <sup>4</sup>	15.9	<i>17.1</i>	13.2	<i>12.5</i>	44.8	*	50.5	*
No Coverage	16.3	<i>11.6</i>	10.5	<i>8.8</i>	33.8	*	*	*
<b>OVERALL HEALTH<sup>5</sup></b>								
Excellent	10.1	<i>9.7</i>	6.5	<i>6.3</i>	35.9	<i>35.9</i>	41.9	*
Very Good	16.4	<i>16.7</i>	11.6	<i>12.4</i>	41.0	<i>37.9</i>	47.6	<i>41.5</i>
Good	21.2	<i>25.0</i>	15.2	<i>16.5</i>	47.0	<i>48.8</i>	53.6	<i>58.9</i>
Fair/Poor	27.4	<i>36.2</i>	22.4	<i>29.1</i>	62.7	*	64.5	*

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.