Table 8.27A   Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Numbers in Thousands, 2019 and 2020

| Demographic Characteristic | Total[1] | | MENTAL HEALTH SERVICES[2] | | | |
| | | | Received | | Not Received | |
	2019	2020	2019	2020	2019	2020
TOTAL	16,597	*19,725*	8,573	*9,291*	7,997	*10,400*
AGE GROUP						
18-25	5,079	*5,951*	2,193	*2,545*	2,883	*3,395*
26 or Older	11,519	*13,774*	6,380	*6,746*	5,114	*7,005*
26-49	8,480	*9,684*	4,522	*4,593*	3,933	*5,073*
50 or Older	3,039	*4,090*	1,858	*2,154*	1,181	*1,932*
GENDER						
Male	5,174	*6,444*	2,232	*2,733*	2,932	*3,703*
Female	11,424	*13,281*	6,341	*6,558*	5,065	*6,697*
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	14,063	*16,335*	7,376	*7,991*	6,661	*8,311*
White	11,221	*12,798*	6,054	*6,696*	5,142	*6,074*
Black or African American	1,555	*2,047*	751	*753*	803	*1,294*
AIAN	96	*160*	*	*	54	*94*
NHOPI	52	*16*	*	*	37	*
Asian	636	*627*	262	*	375	*443*
Two or More Races	502	*686*	252	*	250	*396*
Hispanic or Latino	2,534	*3,390*	1,197	*1,300*	1,335	*2,089*
EMPLOYMENT STATUS						
Full-Time	8,201	*9,039*	3,906	*4,029*	4,276	*4,989*
Part-Time	3,137	*3,672*	1,426	*1,772*	1,704	*1,897*
Unemployed	977	*1,409*	510	*601*	467	*805*
Other[3]	4,281	*5,605*	2,732	*2,889*	1,550	*2,708*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

[1] The Total column includes respondents with unknown mental health services information.

[2] Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

[3] Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.27B Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Percentages, 2019 and 2020

| Demographic Characteristic | Total[1] | | MENTAL HEALTH SERVICES[2] | | | |
| | | | Received | | Not Received | |
	2019	2020	2019	2020	2019	2020
TOTAL	6.7	*8.1*	21.4	*22.5*	3.8	*5.1*
AGE GROUP						
18-25	15.2	*18.3*	38.3	*40.1*	10.4	*13.0*
26 or Older	5.3	*6.5*	18.6	*19.3*	2.8	*4.0*
26-49	8.4	*9.9*	25.3	*25.6*	4.8	*6.3*
50 or Older	2.7	*3.6*	11.3	*12.6*	1.2	*2.0*
GENDER						
Male	4.3	*5.5*	16.7	*20.6*	2.8	*3.5*
Female	8.9	*10.5*	23.8	*23.4*	5.0	*6.8*
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	6.8	*8.0*	20.4	*21.5*	3.9	*5.0*
White	7.1	*8.3*	19.5	*20.7*	4.1	*5.0*
Black or African American	5.3	*7.0*	26.1	*27.9*	3.0	*4.9*
AIAN	7.0	*11.4*	*	*	4.6	*8.0*
NHOPI	5.3	*1.7*	*	*	4.0	*
Asian	4.4	*4.5*	26.2	*	2.8	*3.4*
Two or More Races	11.6	*15.2*	29.1	*	7.2	*11.2*
Hispanic or Latino	6.2	*8.4*	30.3	*30.5*	3.6	*5.8*
EMPLOYMENT STATUS						
Full-Time	6.6	*8.0*	22.6	*23.5*	4.0	*5.2*
Part-Time	9.7	*12.0*	22.3	*27.5*	6.6	*7.9*
Unemployed	9.9	*11.4*	29.9	*28.9*	5.7	*7.9*
Other[3]	5.2	*6.3*	18.6	*18.4*	2.3	*3.7*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

[1] The Total column includes respondents with unknown mental health services information.

[2] Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

[3] Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.29A Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Numbers in Thousands, 2019 and 2020

| Demographic Characteristic | Total[1] | | MENTAL HEALTH SERVICES[2] | | | |
| | | | Received | | Not Received | |
	2019	2020	2019	2020	2019	2020
TOTAL	13,321	16,083	7,480	8,342	5,826	7,709
AGE GROUP						
18-25	4,021	4,822	1,884	2,279	2,135	2,536
26 or Older	9,300	11,261	5,596	6,064	3,690	5,173
26-49	7,047	7,825	4,043	4,057	2,990	3,748
50 or Older	2,253	3,436	1,553	2,007	700	1,425
GENDER						
Male	4,026	4,997	1,931	2,447	2,093	2,546
Female	9,295	11,085	5,549	5,895	3,733	5,164
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	11,286	13,327	6,441	7,145	4,829	6,151
White	9,030	10,452	5,343	5,869	3,672	4,559
Black or African American	1,223	1,696	639	*	582	924
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	462	391	*	*	289	238
Two or More Races	437	*	230	*	207	*
Hispanic or Latino	2,035	2,756	1,039	1,197	996	1,559
EMPLOYMENT STATUS						
Full-Time	6,604	7,060	3,484	3,466	3,112	3,574
Part-Time	2,524	3,015	1,198	1,512	1,318	1,501
Unemployed	773	1,261	442	602	331	658
Other[3]	3,420	4,746	2,356	2,762	1,064	1,976

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

[1] The Total column includes respondents with unknown mental health services information.

[2] Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

[3] Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.29B   Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Percentages, 2019 and 2020

| Demographic Characteristic | Total[1] | | MENTAL HEALTH SERVICES[2] | | | |
| | | | Received | | Not Received | |
	2019	2020	2019	2020	2019	2020
TOTAL	26.0	30.5	32.7	34.4	20.6	27.3
AGE GROUP						
18-25	40.7	47.1	49.2	53.0	35.5	42.9
26 or Older	22.5	26.4	29.3	30.4	16.6	23.1
26-49	28.0	30.5	35.4	34.1	21.8	27.5
50 or Older	13.9	20.3	20.3	24.8	8.2	16.3
GENDER						
Male	20.5	26.0	26.9	34.2	16.9	21.3
Female	29.4	33.0	35.3	34.4	23.5	31.6
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	25.7	29.6	31.6	33.1	20.7	26.4
White	25.9	29.4	30.5	32.0	21.2	26.7
Black or African American	23.9	32.3	37.9	*	17.0	28.0
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	22.3	19.6	*	*	18.1	15.2
Two or More Races	31.5	*	38.7	*	26.2	*
Hispanic or Latino	27.6	35.6	41.7	44.1	20.4	31.1
EMPLOYMENT STATUS						
Full-Time	27.8	31.6	35.2	36.1	22.5	28.3
Part-Time	31.1	37.4	34.6	39.6	28.4	35.9
Unemployed	28.2	37.1	40.1	41.0	20.3	35.0
Other[3]	20.6	24.9	28.0	29.4	13.0	20.6

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

[1] The Total column includes respondents with unknown mental health services information.

[2] Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

[3] Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.31A Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Numbers in Thousands, 2019 and 2020

| Demographic Characteristic | Total[1] | | MENTAL HEALTH SERVICES[2] | | | |
| | | | Received | | Not Received | |
	2019	2020	2019	2020	2019	2020
TOTAL	6,233	*7,048*	4,186	*4,392*	2,046	*2,647*
AGE GROUP						
18-25	1,803	*2,066*	1,024	*1,161*	778	*906*
26 or Older	4,430	*4,982*	3,162	*3,231*	1,268	*1,741*
26-49	3,251	*3,344*	2,214	*2,030*	1,038	*1,304*
50 or Older	1,178	*1,638*	948	*1,201*	*	*
GENDER						
Male	1,826	*2,208*	1,071	*1,211*	754	*993*
Female	4,407	*4,840*	3,114	*3,181*	1,292	*1,654*
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	5,250	*5,985*	3,559	*3,900*	1,690	*2,076*
White	4,137	*4,906*	2,875	*3,214*	1,262	*1,687*
Black or African American	595	*	365	*	228	*
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*
Hispanic or Latino	983	*1,063*	627	*	356	*
EMPLOYMENT STATUS						
Full-Time	2,946	*2,756*	1,838	*1,608*	1,106	*1,138*
Part-Time	1,194	*1,249*	681	*800*	513	*
Unemployed	364	*756*	259	*	*	*
Other[3]	1,730	*2,287*	1,407	*1,606*	323	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

[1] The Total column includes respondents with unknown mental health services information.

[2] Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

[3] Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.31B Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Percentages, 2019 and 2020

| | | | MENTAL HEALTH SERVICES[2] | | | |
| | Total[1] | | Received | | Not Received | |
Demographic Characteristic	2019	2020	2019	2020	2019	2020
TOTAL	47.7	*49.7*	48.9	*48.2*	45.6	*52.7*
AGE GROUP						
18-25	62.5	*63.4*	62.9	*61.8*	62.3	*65.6*
26 or Older	43.5	*45.6*	45.6	*44.7*	39.2	*47.8*
26-49	47.6	*48.0*	49.8	*46.7*	43.5	*50.7*
50 or Older	35.1	*41.4*	38.0	*41.6*	*	*
GENDER						
Male	39.4	*43.1*	40.7	*43.4*	37.6	*43.3*
Female	52.3	*53.4*	52.5	*50.3*	52.0	*60.6*
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	47.4	*48.7*	47.4	*47.6*	47.7	*51.2*
White	46.4	*49.0*	45.8	*46.2*	48.4	*55.4*
Black or African American	50.6	*	53.2	*	46.8	*
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*
Hispanic or Latino	49.0	*56.2*	59.2	*	37.6	*
EMPLOYMENT STATUS						
Full-Time	51.9	*54.0*	52.8	*56.3*	50.6	*51.1*
Part-Time	53.6	*52.3*	50.7	*49.0*	58.4	*
Unemployed	43.6	*68.9*	50.7	*	*	*
Other[3]	39.8	*40.9*	43.6	*39.7*	29.3	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

[1] The Total column includes respondents with unknown mental health services information.

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[3] Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

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