

Table 8.7A Levels of Mental Illness in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic Characteristic	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness (2019)	No Mental Illness (2020)
TOTAL	51,495	52,859	13,115	14,200	38,379	38,659	198,822	199,070
AGE GROUP								
18-25	9,930	10,238	2,899	3,258	7,031	6,980	23,803	23,259
26 or Older	41,565	42,621	10,216	10,942	31,349	31,679	175,019	175,812
26-49	25,279	25,676	6,847	6,981	18,432	18,694	76,004	75,860
50 or Older	16,286	16,945	3,369	3,961	12,917	12,984	99,015	99,951
GENDER								
Male	19,758	19,269	4,668	5,121	15,090	14,149	101,104	102,413
Female	31,737	33,590	8,447	9,080	23,290	24,510	97,718	96,657
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	44,055	45,115	11,109	12,307	32,946	32,808	164,992	164,752
White	34,967	35,621	8,937	10,017	26,030	25,604	122,844	122,311
Black or African American	5,174	5,269	1,188	1,429	3,986	3,840	24,720	25,225
AIAN	260	*	93	94	166	*	1,132	*
NHOPI	164	*	25	11	138	*	824	*
Asian	2,100	1,995	457	289	1,644	1,706	12,476	12,371
Two or More Races	1,390	1,689	409	467	981	1,222	2,995	3,030
Hispanic or Latino	7,440	7,744	2,006	1,893	5,433	5,851	33,830	34,319
EMPLOYMENT STATUS								
Full-Time	23,829	22,348	5,686	5,120	18,143	17,229	100,358	94,118
Part-Time	8,137	8,075	2,231	2,386	5,906	5,689	24,461	23,170
Unemployed	2,750	3,403	838	1,097	1,912	2,307	7,179	9,611
Other ¹	16,780	19,032	4,361	5,598	12,419	13,434	66,824	72,171

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.7B Levels of Mental Illness in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Percentages, 2019 and 2020

Demographic Characteristic	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness (2019)	No Mental Illness (2020)
TOTAL	20.6	<i>21.0</i>	5.2	<i>5.6</i>	15.3	<i>15.3</i>	79.4	<i>79.0</i>
AGE GROUP								
18-25	29.4	<i>30.6</i>	8.6	<i>9.7</i>	20.8	<i>20.8</i>	70.6	<i>69.4</i>
26 or Older	19.2	<i>19.5</i>	4.7	<i>5.0</i>	14.5	<i>14.5</i>	80.8	<i>80.5</i>
26-49	25.0	<i>25.3</i>	6.8	<i>6.9</i>	18.2	<i>18.4</i>	75.0	<i>74.7</i>
50 or Older	14.1	<i>14.5</i>	2.9	<i>3.4</i>	11.2	<i>11.1</i>	85.9	<i>85.5</i>
GENDER								
Male	16.3	<i>15.8</i>	3.9	<i>4.2</i>	12.5	<i>11.6</i>	83.7	<i>84.2</i>
Female	24.5	<i>25.8</i>	6.5	<i>7.0</i>	18.0	<i>18.8</i>	75.5	<i>74.2</i>
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	21.1	<i>21.5</i>	5.3	<i>5.9</i>	15.8	<i>15.6</i>	78.9	<i>78.5</i>
White	22.2	<i>22.6</i>	5.7	<i>6.3</i>	16.5	<i>16.2</i>	77.8	<i>77.4</i>
Black or African American	17.3	<i>17.3</i>	4.0	<i>4.7</i>	13.3	<i>12.6</i>	82.7	<i>82.7</i>
AIAN	18.7	*	6.7	<i>6.6</i>	12.0	*	81.3	*
NHOPI	16.6	*	2.6	<i>1.2</i>	14.0	*	83.4	*
Asian	14.4	<i>13.9</i>	3.1	<i>2.0</i>	11.3	<i>11.9</i>	85.6	<i>86.1</i>
Two or More Races	31.7	<i>35.8</i>	9.3	<i>9.9</i>	22.4	<i>25.9</i>	68.3	<i>64.2</i>
Hispanic or Latino	18.0	<i>18.4</i>	4.9	<i>4.5</i>	13.2	<i>13.9</i>	82.0	<i>81.6</i>
EMPLOYMENT STATUS								
Full-Time	19.2	<i>19.2</i>	4.6	<i>4.4</i>	14.6	<i>14.8</i>	80.8	<i>80.8</i>
Part-Time	25.0	<i>25.8</i>	6.8	<i>7.6</i>	18.1	<i>18.2</i>	75.0	<i>74.2</i>
Unemployed	27.7	<i>26.1</i>	8.4	<i>8.4</i>	19.3	<i>17.7</i>	72.3	<i>73.9</i>
Other ¹	20.1	<i>20.9</i>	5.2	<i>6.1</i>	14.9	<i>14.7</i>	79.9	<i>79.1</i>

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