Past Month General Substance Use and Nicotine Vaping: Among People Aged 12 or Older; 2020

Rx = prescription.

Note: General Substance Use includes any illicit drug, alcohol, and tobacco product use. Tobacco products are defined as cigarettes, smokeless tobacco, cigars, and pipe tobacco.

Note: The estimated numbers of current users of different substances are not mutually exclusive because people could have used more than one type of substance in the past month.
Past Month Tobacco Use and Nicotine Vaping: Among People Aged 12 or Older; 2020

Note: The estimated numbers of current users of different tobacco products or nicotine vaping are not mutually exclusive because people could have used more than one type of tobacco product or used tobacco products and vaped nicotine in the past month.
**Past Month Cigarette Use: Among People Aged 12 or Older; 2002-2020**

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<tbody>
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<td>12 or Older</td>
<td>26.0</td>
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<td>18.5</td>
<td>18.2</td>
<td>16.7</td>
</tr>
</tbody>
</table>

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Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.
Daily Cigarette Use: Among Past Month Cigarette Smokers Aged 12 or Older; Smoking of One or More Packs of Cigarettes per Day: Among Current Daily Smokers; 2020

- 16.5 Million Less Than Daily Smokers (39.9%)
- 24.9 Million Daily Smokers (60.1%)
- 15.4 Million Smokers of Less Than a Pack per Day (62.2%)
- 9.4 Million Smokers of One or More Packs per Day (37.8%)

Note: Current daily smokers with unknown data about the number of cigarettes smoked per day were excluded from the pie chart on the right.
Past Month Nicotine Vaping: Among People Aged 12 or Older; 2020

- 12 or Older: 3.8%
- 12 to 17: 5.1%
- 18 to 25: 11.7%
- 26 or Older: 2.4%
Current, Binge, and Heavy Alcohol Use: Among People Aged 12 or Older; 2020

Note: Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion on at least 1 day in the past 30 days. Heavy Alcohol Use is defined as binge drinking on the same occasion on 5 or more days in the past 30 days; all heavy alcohol users are also binge alcohol users.
Past Month Binge Alcohol Use: Among People Aged 12 or Older; 2015-2020

<table>
<thead>
<tr>
<th>Age Category</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
</tr>
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<tbody>
<tr>
<td>12 or Older</td>
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<td>24.5</td>
<td>23.9</td>
<td>22.2</td>
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<td>12 to 17</td>
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<td>5.3</td>
<td>4.7</td>
<td>4.9</td>
<td>4.1</td>
</tr>
<tr>
<td>18 to 25</td>
<td>39.0</td>
<td>38.4</td>
<td>36.9</td>
<td>34.9</td>
<td>34.3</td>
<td>31.4</td>
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<tr>
<td>26 or Older</td>
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<td>24.7</td>
<td>25.1</td>
<td>24.5</td>
<td>22.9</td>
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</table>

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Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.
Past Month Heavy Alcohol Use: Among People Aged 12 or Older; 2015-2020

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

<table>
<thead>
<tr>
<th>Age Category</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 or Older</td>
<td>6.5</td>
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<td>6.1</td>
<td>6.1</td>
<td>5.8</td>
<td>6.4</td>
</tr>
<tr>
<td>12 to 17</td>
<td>0.9</td>
<td>0.8</td>
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<td>0.5</td>
<td>0.8</td>
<td>0.6</td>
</tr>
<tr>
<td>18 to 25</td>
<td>10.9</td>
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<td>9.6</td>
<td>9.0</td>
<td>8.4</td>
<td>8.6</td>
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<tr>
<td>26 or Older</td>
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<td>6.2</td>
<td>6.2</td>
<td>6.0</td>
<td>6.7</td>
</tr>
</tbody>
</table>
Past Year Illicit Drug Use: Among People Aged 12 or Older; 2020

Rx = prescription.

Note: The estimated numbers of past year users of different illicit drugs are not mutually exclusive because people could have used more than one type of illicit drug in the past year.
Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.
Past Year Marijuana Use: Among People Aged 12 or Older; 2002-2020

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

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</thead>
<tbody>
<tr>
<td>12 or Older</td>
<td>11.0</td>
<td>10.6</td>
<td>10.6</td>
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<td>10.3</td>
<td>10.1</td>
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<td>12.6</td>
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<td>15.0</td>
<td>15.9</td>
<td>17.5</td>
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<tr>
<td>12 to 17</td>
<td>15.8</td>
<td>15.0</td>
<td>14.5</td>
<td>13.3</td>
<td>13.2</td>
<td>12.5</td>
<td>13.1</td>
<td>13.7</td>
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<td>14.2</td>
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<td>12.4</td>
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<tr>
<td>18 to 25</td>
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<td>34.8</td>
<td>34.8</td>
<td>35.4</td>
<td>34.5</td>
</tr>
<tr>
<td>26 or Older</td>
<td>7.0</td>
<td>6.9</td>
<td>7.0</td>
<td>6.9</td>
<td>6.8</td>
<td>7.0</td>
<td>7.7</td>
<td>8.0</td>
<td>7.9</td>
<td>8.6</td>
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<td>12.2</td>
<td>13.3</td>
<td>15.2</td>
<td>16.3</td>
</tr>
</tbody>
</table>
### Past Year Methamphetamine Use: Among People Aged 12 or Older; 2015-2020

**Note:** There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

**Note:** The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

<table>
<thead>
<tr>
<th>Age Category</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 or Older</td>
<td>0.6</td>
<td>0.5</td>
<td>0.6</td>
<td>0.7</td>
<td>0.7</td>
<td>0.9</td>
</tr>
<tr>
<td>12 to 17</td>
<td>0.2</td>
<td>0.1</td>
<td>0.2</td>
<td>0.2</td>
<td>0.2</td>
<td>0.1</td>
</tr>
<tr>
<td>18 to 25</td>
<td>0.9</td>
<td>0.8</td>
<td>1.1</td>
<td>0.8</td>
<td>0.8</td>
<td>0.5</td>
</tr>
<tr>
<td>26 or Older</td>
<td>0.6</td>
<td>0.5</td>
<td>0.6</td>
<td>0.7</td>
<td>0.8</td>
<td>1.1</td>
</tr>
</tbody>
</table>
Past Year Hallucinogen Use: Among People Aged 12 or Older; 2015-2020

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

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<thead>
<tr>
<th>Age Category</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
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<tr>
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<td>1.9</td>
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<td>2.6</td>
</tr>
<tr>
<td>12 to 17</td>
<td>2.1</td>
<td>1.8</td>
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<td>1.5</td>
<td>1.8</td>
<td>1.5</td>
</tr>
<tr>
<td>18 to 25</td>
<td>7.0</td>
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<td>1.3</td>
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<td>2.0</td>
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Past Year Inhalant Use: Among People Aged 12 or Older; 2015-2020

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<th>2017</th>
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<td>18 to 25</td>
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<td>0.4</td>
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</tbody>
</table>
Past Year Prescription Stimulant Misuse: Among People Aged 12 or Older; 2015-2020

<table>
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<th>2017</th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
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<tbody>
<tr>
<td>12 or Older</td>
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<td>2.1</td>
<td>2.1</td>
<td>1.9</td>
<td>1.8</td>
<td>1.8</td>
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<td>1.7</td>
<td>1.2</td>
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Past Year Prescription Pain Reliever Misuse: Among People Aged 12 or Older; 2015-2020

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

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<table>
<thead>
<tr>
<th>Age Category</th>
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<th>2019</th>
<th>2020</th>
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</table>
### Past Year Prescription Pain Reliever Misuse: Among People Aged 12 or Older; by Selected Pain Reliever Subtype, 2020

<table>
<thead>
<tr>
<th>Pain Reliever Subtype</th>
<th>Percent among Total Population</th>
<th>Percent among Past Year Any Users</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any Pain Reliever Misuse</td>
<td>3.3%</td>
<td>12.3%</td>
</tr>
<tr>
<td>Hydrocodone</td>
<td>1.7%</td>
<td>12.6%</td>
</tr>
<tr>
<td>Oxycodone</td>
<td>1.1%</td>
<td>14.5%</td>
</tr>
<tr>
<td>Codeine</td>
<td>0.9%</td>
<td>12.2%</td>
</tr>
<tr>
<td>Tramadol</td>
<td>0.5%</td>
<td>9.0%</td>
</tr>
<tr>
<td>Buprenorphine</td>
<td>0.2%</td>
<td>26.5%</td>
</tr>
<tr>
<td>Morphine</td>
<td>0.2%</td>
<td>8.9%</td>
</tr>
<tr>
<td>Fentanyl</td>
<td>0.1%</td>
<td>14.8%</td>
</tr>
<tr>
<td>Hydromorphone</td>
<td>0.1%</td>
<td>16.6%</td>
</tr>
<tr>
<td>Demerol</td>
<td>0.0%</td>
<td>*</td>
</tr>
</tbody>
</table>

* Low precision; no estimate reported.
Source Where Pain Relievers Were Obtained for Most Recent Misuse: Among People Aged 12 or Older Who Misused Pain Relievers in the Past Year; 2020

- Prescriptions from More Than One Doctor (1.0%)
- Stole from Doctor's Office, Clinic, Hospital, or Pharmacy (0.6%)
- Prescription from One Doctor (42.0%)
- Given by, Bought from, or Took from a Friend or Relative (47.2%)
- Got through Prescription(s) or Stole from a Health Care Provider (43.6%)
- From Friend or Relative for Free (34.4%)
- Some Other Way (3.1%)
- Bought from Friend or Relative (9.2%)
- Took from Friend or Relative without Asking (3.7%)
- Bought from Drug Dealer or Other Stranger (6.2%)

9.3 Million People Aged 12 or Older Who Misused Pain Relievers in the Past Year

Note: Respondents with unknown data for the Source for Most Recent Misuse or who reported Some Other Way but did not specify a valid way were excluded.
Note: The percentages do not add to 100 percent due to rounding.
Past Year Opioid Misuse: Among People Aged 12 or Older; 2020

9.5 Million People Aged 12 or Older with Past Year Opioid Misuse

9.3 Million People with Pain Reliever Misuse (97.5% of Opioid Misusers)

667,000 People with Pain Reliever Misuse and Heroin Use (7.0% of Opioid Misusers)

902,000 People with Heroin Use (9.5% of Opioid Misusers)

8.6 Million People with Pain Reliever Misuse Only (90.5% of Opioid Misusers)

235,000 People with Heroin Use Only (2.5% of Opioid Misusers)
Past Year Central Nervous System (CNS) Stimulant Misuse: Among People Aged 12 or Older; 2020

10.3 Million People Aged 12 or Older with Past Year CNS Stimulant Misuse
Past Year Initiates of Substances: Among People Aged 12 or Older; 2020

Rx = prescription.
Note: Estimates for prescription pain relievers, prescription tranquilizers, prescription stimulants, and prescription sedatives are for the initiation of misuse.
Past Year Alcohol Initiates: Among People Aged 12 or Older; 2002-2020

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.
### Past Year Marijuana Initiates: Among People Aged 12 or Older; 2002-2020

![Graph showing past year marijuana initiates among people aged 12 or older from 2002 to 2020.](image)

#### Notes:
- Estimates of less than 0.05 million round to 0.0 million when shown to the nearest tenth of a million.
- There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.
- The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

#### Table: Past Year Marijuana Initiates

<table>
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<tr>
<td>18 to 25</td>
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<td>0.7</td>
<td>0.8</td>
<td>0.8</td>
<td>1.0</td>
<td>0.9</td>
<td>1.1</td>
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<tr>
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<td>0.9</td>
<td>0.7</td>
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</tbody>
</table>
Past Year Prescription Pain Reliever Misuse Initiates: Among People Aged 12 or Older; 2015-2020

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

<table>
<thead>
<tr>
<th>Age Category</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 or Older</td>
<td>2,126</td>
<td>2,139</td>
<td>2,010</td>
<td>1,908</td>
<td>1,607</td>
<td>1,223</td>
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<tr>
<td>12 to 17</td>
<td>415</td>
<td>423</td>
<td>316</td>
<td>310</td>
<td>245</td>
<td>158</td>
</tr>
<tr>
<td>18 to 25</td>
<td>596</td>
<td>585</td>
<td>465</td>
<td>464</td>
<td>404</td>
<td>290</td>
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<tr>
<td>26 or Older</td>
<td>1,114</td>
<td>1,130</td>
<td>1,229</td>
<td>1,134</td>
<td>958</td>
<td>774</td>
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</tbody>
</table>
Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

### Perceived Great Risk from Substance Use: Among People Aged 12 or Older; 2015-2020

<table>
<thead>
<tr>
<th>Substance Use</th>
<th>2015</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Smoking Marijuana Once or Twice a Week</td>
<td>36.3</td>
<td>34.0</td>
<td>31.9</td>
<td>30.6</td>
<td>29.2</td>
<td>27.4</td>
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<tr>
<td>Using Cocaine Once or Twice a Week</td>
<td>87.4</td>
<td>87.1</td>
<td>86.8</td>
<td>86.5</td>
<td>85.7</td>
<td>84.7</td>
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<tr>
<td>Using Heroin Once or Twice a Week</td>
<td>94.2</td>
<td>94.1</td>
<td>94.5</td>
<td>94.3</td>
<td>93.8</td>
<td>93.2</td>
</tr>
<tr>
<td>Having 4 or 5 Drinks of Alcohol Nearly Every Day</td>
<td>68.7</td>
<td>68.3</td>
<td>68.9</td>
<td>68.5</td>
<td>67.9</td>
<td>68.7</td>
</tr>
<tr>
<td>Smoking One or More Packs of Cigarettes per Day</td>
<td>72.8</td>
<td>72.8</td>
<td>71.6</td>
<td>71.8</td>
<td>71.2</td>
<td>70.7</td>
</tr>
</tbody>
</table>
Substance Use Disorder, Alcohol Use Disorder, and Illicit Drug Use Disorder in the Past Year: Among People Aged 12 or Older; 2020

![Bar chart showing the percentage of people with substance use disorder, alcohol use disorder, and illicit drug use disorder in the past year among different age categories.]

- **Substance Use Disorder**:
  - 14.5% (12 or Older)
  - 6.3% (12 to 17)
  - 24.4% (18 to 25)
  - 14.0% (26 or Older)

- **Alcohol Use Disorder**:
  - 10.2% (12 or Older)
  - 2.8% (12 to 17)
  - 15.6% (18 to 25)
  - 10.3% (26 or Older)

- **Illicit Drug Use Disorder**:
  - 6.6% (12 or Older)
  - 4.9% (12 to 17)
  - 14.6% (18 to 25)
  - 5.6% (26 or Older)
People Aged 12 or Older with a Past Year Substance Use Disorder (SUD); 2020

- No Past Year SUD: 236.6 Million People (85.5%)
- Past Year SUD: 40.3 Million People (14.5%)

Bar chart showing the number of people with specific past year SUD:
- Alcohol Use Disorder: 28.3M
- Ilicit Drug Use Disorder: 18.4M
- Marijuana Use Disorder: 14.2M
- Pain Reliever Use Disorder: 2.3M
- Methamphetamine Use Disorder: 1.5M
- Cocaine Use Disorder: 1.3M
- Stimulant Use Disorder: 758,000
- Heroin Use Disorder: 691,000

Note: The estimated numbers of people with substance use disorders are not mutually exclusive because people could have use disorders for more than one substance.
Alcohol Use Disorder (AUD) and Illicit Drug Use Disorder (IDUD) in the Past Year: Among People Aged 12 or Older with a Past Year Substance Use Disorder (SUD); 2020

- 28.3 Million People with AUD (70.3% of People with SUD)
- People with AUD and IDUD (16.0% of People with SUD)
  - 6.5 Million
- 18.4 Million People with IDUD (45.7% of People with SUD)
  - 11.9 Million
- People with AUD Only (54.3% of People with SUD)
- People with IDUD Only (29.7% of People with SUD)

- 40.3 Million People Aged 12 or Older with Past Year SUD
Marijuana Use Disorder, Pain Reliever Use Disorder, and Methamphetamine Use Disorder in the Past Year: Among People Aged 12 or Older; 2020
Major Depressive Episode (MDE) and MDE with Severe Impairment in the Past Year: Among Youths Aged 12 to 17; 2004-2020

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</tr>
</thead>
<tbody>
<tr>
<td>MDE</td>
<td>9.0</td>
<td>8.8</td>
<td>7.9</td>
<td>8.2</td>
<td>8.3</td>
<td>8.1</td>
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<td>8.3</td>
<td>8.1</td>
<td>8.0</td>
<td>8.2</td>
<td>8.3</td>
</tr>
<tr>
<td>MDE with Severe Impairment</td>
<td>N/A</td>
<td>N/A</td>
<td>5.5</td>
<td>5.5</td>
<td>6.0</td>
<td>5.8</td>
<td>5.7</td>
<td>5.7</td>
<td>6.3</td>
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<td>9.4</td>
<td>10.0</td>
<td>11.1</td>
<td>12.0</td>
</tr>
</tbody>
</table>

N/A = not available.

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.
Major Depressive Episode with Severe Impairment in the Past Year: Among Adults Aged 18 or Older; 2009-2020

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

### Table: Major Depressive Episode with Severe Impairment in the Past Year

<table>
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<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>18 or Older</td>
<td>4.0</td>
<td>4.2</td>
<td>4.2</td>
<td>4.5</td>
<td>4.3</td>
<td>4.3</td>
<td>4.3</td>
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<td>4.5</td>
<td>4.7</td>
<td>5.3</td>
<td>6.0</td>
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<tr>
<td>18 to 25</td>
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<td>5.2</td>
<td>5.8</td>
<td>5.7</td>
<td>6.0</td>
<td>6.5</td>
<td>7.0</td>
<td>8.5</td>
<td>8.9</td>
<td>10.3</td>
<td>12.1</td>
</tr>
<tr>
<td>26 to 49</td>
<td>4.8</td>
<td>4.7</td>
<td>5.2</td>
<td>5.1</td>
<td>4.9</td>
<td>4.6</td>
<td>4.9</td>
<td>4.7</td>
<td>5.0</td>
<td>5.3</td>
<td>6.1</td>
<td>6.5</td>
</tr>
<tr>
<td>50 or Older</td>
<td>2.6</td>
<td>3.5</td>
<td>2.9</td>
<td>3.4</td>
<td>3.2</td>
<td>3.5</td>
<td>3.0</td>
<td>3.0</td>
<td>2.8</td>
<td>2.9</td>
<td>3.2</td>
<td>3.8</td>
</tr>
</tbody>
</table>
Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.
Past Year Substance Use Disorder (SUD) and Major Depressive Episode (MDE): Among Youths Aged 12 to 17; 2020

5.1 Million Youths Had Either SUD or MDE

Note: Youth respondents with unknown MDE data were excluded.
Substance Use: Among Youths Aged 12 to 17; by Past Year Major Depressive Episode (MDE) Status, 2020

- Difference between this estimate and the estimate for youths without MDE is statistically significant at the .05 level.
- Note: Youth respondents with unknown MDE data were excluded.

* Difference between this estimate and the estimate for youths without MDE is statistically significant at the .05 level.
Note: Youth respondents with unknown MDE data were excluded.
Past Year Substance Use Disorder (SUD) and Any Mental Illness (AMI): Among Adults Aged 18 or Older; 2020

73.8 Million Adults Had Either SUD or AMI
Past Year Substance Use Disorder (SUD) and Serious Mental Illness (SMI): Among Adults Aged 18 or Older; 2020

46.5 Million Adults Had Either SUD or SMI

37.9 Million Adults Had SUD

14.2 Million Adults Had SMI

8.5 Million Adults Had SMI but Not SUD

5.7 Million Adults Had SUD but Not SMI

32.3 Million Adults Had SUD and SMI
Substance Use: Among Adults Aged 18 or Older; by Mental Illness Status, 2020

* Difference between this estimate and the estimate for adults without mental illness is statistically significant at the .05 level.
Adults Aged 18 or Older with Serious Thoughts of Suicide, Suicide Plans, or Suicide Attempts in the Past Year; 2020

- 12.2 Million Adults Had Serious Thoughts of Suicide
- 3.2 Million Made Suicide Plans
- 920,000 Made Plans and Attempted Suicide
- 1.2 Million Attempted Suicide
- 283,000 Made No Plans and Attempted Suicide
Had Serious Thoughts of Suicide, Made a Suicide Plan, or Attempted Suicide in the Past Year: Among Adults Aged 18 or Older; 2020
Youths Aged 12 to 17 with Serious Thoughts of Suicide, Suicide Plans, or Suicide Attempts in the Past Year; 2020

3.0 Million Youths Had Serious Thoughts of Suicide

Had Serious Thoughts of Suicide Only

1.6 Million

Had Serious Thoughts of Suicide and Made Suicide Plans, but Did Not Attempt Suicide

1.3 Million Youths Made Suicide Plans

502K

Made Suicide Plans Only (30K)

629,000 Youths Attempted Suicide

Made Suicide Plans and Attempted Suicide, but Did Not Have Serious Thoughts of Suicide (35K)

85K

Attempts Suicide Only (8K)

3.0 Million Youths Aged 12 to 17 Had Serious Thoughts of Suicide, Made Suicide Plans, or Attempted Suicide in the Past Year
Need for Substance Use Treatment in the Past Year: Among People Aged 12 or Older; 2020

Percent Needing Substance Use Treatment in Past Year:
- 12 or Older: 14.9%
- 12 to 17: 6.4%
- 18 to 25: 24.6%
- 26 or Older: 14.3%
Locations Where Substance Use Treatment in the Past Year Was Received: Among People Aged 12 or Older; 2020

Note: Locations where people received substance use treatment are not mutually exclusive because respondents could report that they received treatment in more than one location in the past year.
Received Any Substance Use Treatment in the Past Year: Among People Aged 12 or Older Who Had a Substance Use Disorder in the Past Year; 2020

Percent Receiving Any Substance Use Treatment in Past Year

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 or Older</td>
<td>6.5</td>
</tr>
<tr>
<td>12 to 17</td>
<td>7.6</td>
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<tr>
<td>18 to 25</td>
<td>4.4</td>
</tr>
<tr>
<td>26 or Older</td>
<td>7.0</td>
</tr>
</tbody>
</table>
Received Substance Use Treatment at a Specialty Facility in the Past Year: Among People Aged 12 or Older Who Needed Substance Use Treatment in the Past Year; 2020

- 12 or Older: 6.5%
- 12 to 17: 3.5%
- 18 to 25: 3.7%
- 26 or Older: 7.4%
Perceived Need for Substance Use Treatment: Among People Aged 12 or Older with a Past Year Substance Use Disorder (SUD) Who Did Not Receive Substance Use Treatment at a Specialty Facility in the Past Year; 2020

- 211,000 Felt They Needed Treatment and Made an Effort to Get Treatment (0.5%)
- 737,000 Felt They Needed Treatment and Did Not Make an Effort to Get Treatment (1.9%)

37.5 Million Did Not Feel They Needed Treatment (97.5%)

38.4 Million People with an SUD Who Did Not Receive Substance Use Treatment at a Specialty Facility

Note: People who had an SUD were classified as needing substance use treatment.
Note: The percentages do not add to 100 percent due to rounding.
Received Treatment in the Past Year for Depression: Among Youths Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) or MDE with Severe Impairment; 2004-2020

MDE Status: — MDE — MDE with Severe Impairment

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</thead>
<tbody>
<tr>
<td>MDE</td>
<td>40.3</td>
<td>37.8</td>
<td>38.8</td>
<td>39.0</td>
<td>37.7</td>
<td>34.6</td>
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<td>41.4</td>
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<td>41.6</td>
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<td>MDE with Severe Impairment</td>
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<td>N/A</td>
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<td>46.9</td>
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</table>

N/A = not available.

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.
Received Treatment in the Past Year for Depression: Among Adults Aged 18 or Older with a Past Year Major Depressive Episode; 2009-2020

<table>
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<tr>
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<tr>
<td>18 or Older</td>
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<td>66.0</td>
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<tr>
<td>18 to 25</td>
<td>47.0</td>
<td>48.7</td>
<td>47.8</td>
<td>49.8</td>
<td>50.8</td>
<td>49.5</td>
<td>46.8</td>
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<td>26 to 49</td>
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<tr>
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<td>80.0</td>
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<td>81.3</td>
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<td>77.3</td>
<td>79.7</td>
<td>78.9</td>
<td>76.5</td>
<td>75.3</td>
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</tbody>
</table>

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Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.
Sources of Mental Health Services in the Past Year: Among Youths Aged 12 to 17; 2002-2020

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N/A = not available.

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.
Type of Mental Health Services Received in the Past Year: Among Adults Aged 18 or Older; 2002-2020

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: Mental Health Services include any combination of inpatient or outpatient services or receipt of prescription medication.

### Type of Mental Health Services Received in the Past Year:

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Mental Health Services Received in the Past Year: Among Adults Aged 18 or Older with Any Mental Illness in the Past Year; 2008-2020

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

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Mental Health Services Received in the Past Year: Among Adults Aged 18 or Older with Any Mental Illness in the Past Year; 2008-2020

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Mental Health Services Received in the Past Year: Among Adults Aged 18 or Older with Serious Mental Illness in the Past Year; 2008-2020

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020.

Due to these changes, significance testing between 2020 and prior years was not performed.

Note: The estimate in 2020 is italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

Note: Mental Health Services include any combination of inpatient or outpatient services or receipt of prescription medication.

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Note: Mental Health Services include any combination of inpatient or outpatient services or receipt of prescription medication.
Perceived Unmet Need for Mental Health Services in the Past Year: Among Adults Aged 18 or Older with Any Mental Illness in the Past Year; 2008-2020

Note: There is no connecting line between 2019 and 2020 to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed.

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Perceived Unmet Need for Mental Health Services in the Past Year: Among Adults Aged 18 or Older with Serious Mental Illness in the Past Year; 2008-2020

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Perceived Unmet Need for Mental Health Services in the Past Year: Among Adults Aged 18 or Older with Serious Mental Illness in the Past Year; 2008-2020

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Receipt of Substance Use Treatment at a Specialty Facility and Mental Health Services in the Past Year: Among Adults Aged 18 or Older with Past Year Substance Use Disorder and Any Mental Illness; 2020

Note: Mental Health Services include any combination of inpatient or outpatient services or receipt of prescription medication.

MH = mental health; SU Tx = substance use treatment.
Receipt of Substance Use Treatment at a Specialty Facility and Mental Health Services in the Past Year: Among Adults Aged 18 or Older with Past Year Substance Use Disorder and Serious Mental Illness; 2020

- **SU Tx, but no MH Services**: 89,000 Adults (1.6%)
- **Both SU Tx and MH Services**: 529,000 Adults (9.3%)
- **No Treatment**: 1.9 Million Adults (33.6%)
- **MH Services, but no SU Tx**: 3.1 Million Adults (55.4%)
- **SU Tx or MH Services**: 3.7 Million Adults (66.4%)

5.7 Million Adults with a Substance Use Disorder and Serious Mental Illness

Note: Mental Health Services include any combination of inpatient or outpatient services or receipt of prescription medication.
MH = mental health; SU Tx = substance use treatment.
Note: The percentages do not add to 100 percent due to rounding.
Perceived COVID-19 Pandemic Negative Effect on Emotional or Mental Health: Among Youths Aged 12 to 17; by Past Year Major Depressive Episode (MDE) Status, Quarter 4, 2020

Note: The percentages do not add to 100 percent due to rounding.
Perceived COVID-19 Pandemic Negative Effect on Emotional or Mental Health: Among Adults Aged 18 or Older; by Past Year Mental Illness Status, Quarter 4, 2020

Note: The percentages do not add to 100 percent due to rounding.
Perceived COVID-19 Pandemic Effect on Alcohol Use: Among Past Year Alcohol Users Aged 12 or Older; Quarter 4, 2020

Note: The percentages do not add to 100 percent due to rounding.
Perceived COVID-19 Pandemic Effect on Drug Use: Among Past Year Users of Drugs Other than Alcohol Aged 12 or Older; Quarter 4, 2020

Note: Use of drugs other than alcohol included the use of marijuana, cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine in the past year or any use (i.e., not necessarily misuse) of prescription pain relievers, tranquilizers, stimulants, or sedatives in the past year. Drugs other than alcohol did not include tobacco products or nicotine vaping.

Note: The percentages do not add to 100 percent due to rounding.
Perceived COVID-19 Pandemic Effect on Mental Health Services: Among Adults Aged 18 or Older Who Received Services; Quarter 4, 2020

- Appointments moved from in-person to telehealth
- Delays or cancellations in appointments
- Delays in getting prescriptions
- Unable to access needed care resulting in moderate to severe impact on health
Perceived COVID-19 Pandemic Effect on Access to Medical Care: Among People Aged 12 or Older; Quarter 4, 2020

- Appointments moved from in-person to telehealth
- Delays or cancellations in appointments
- Delays in getting prescriptions
- Unable to access needed care resulting in moderate to severe impact on health