

Table 6.45A Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services Including Virtual Services, Numbers in Thousands, 2021

Reason Did Not Receive Mental Health Services ¹	Aged 18+ with a Perceived Unmet Need ²	MENTAL HEALTH SERVICES INCLUDING VIRTUAL SERVICES ³	
	2021	Received	Not Received
	2021	2021	2021
TOTAL POPULATION	19,688	9,714	9,898
Could Not Afford Cost	7,821	3,576	4,232
Might Cause Neighbors/Community to Have Negative Opinion	2,066	935	1,120
Might Have Negative Effect on Job	1,475	673	802
Health Insurance Does Not Cover Any Mental Health Services	1,580	666	900
Health Insurance Does Not Pay Enough for Mental Health Services	3,170	1,751	1,415
Did Not Know Where to Go for Services	5,854	2,332	3,498
Concerned about Confidentiality	2,258	915	1,332
Concerned about Being Committed/Having to Take Medicine	2,290	1,077	1,199
Did Not Feel Need for Treatment at the Time	2,220	919	1,301
Thought Could Handle the Problem Without Treatment	5,382	2,235	3,143
Treatment Would Not Help	2,349	1,054	1,292
Did Not Have Time	3,690	1,706	1,980
Did Not Want Others to Find Out	1,472	508	964
No Transportation/Inconvenient	988	537	451
COVID-19-Related ⁴	427	246	181
Some Other Reason ⁵	2,662	1,715	946

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with a Perceived Unmet Need column includes respondents with unknown mental health services including virtual services information.

³ Mental health services including virtual services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; use of prescription medication for problems with emotions, nerves, or mental health; and virtual services. Respondents with unknown mental health services including virtual services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a “no” response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021.

Table 6.45B Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services Including Virtual Services, Percentages, 2021

Reason Did Not Receive Mental Health Services ¹	Aged 18+ with a Perceived Unmet Need ²	MENTAL HEALTH SERVICES INCLUDING VIRTUAL SERVICES ³	
	2021	Received	Not Received
TOTAL POPULATION	100.0	100.0	100.0
Could Not Afford Cost	40.1	37.2	42.9
Might Cause Neighbors/Community to Have Negative Opinion	10.6	9.7	11.4
Might Have Negative Effect on Job	7.6	7.0	8.1
Health Insurance Does Not Cover Any Mental Health Services	8.1	6.9	9.1
Health Insurance Does Not Pay Enough for Mental Health Services	16.2	18.2	14.3
Did Not Know Where to Go for Services	30.0	24.2	35.4
Concerned about Confidentiality	11.6	9.5	13.5
Concerned about Being Committed/Having to Take Medicine	11.7	11.2	12.2
Did Not Feel Need for Treatment at the Time	11.4	9.6	13.2
Thought Could Handle the Problem Without Treatment	27.6	23.2	31.9
Treatment Would Not Help	12.1	11.0	13.1
Did Not Have Time	18.9	17.7	20.1
Did Not Want Others to Find Out	7.6	5.3	9.8
No Transportation/Inconvenient	5.1	5.6	4.6
COVID-19-Related ⁴	2.2	2.5	1.8
Some Other Reason ⁵	13.6	17.8	9.6

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with a Perceived Unmet Need column includes respondents with unknown mental health services including virtual services information.

³ Mental health services including virtual services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; use of prescription medication for problems with emotions, nerves, or mental health; and virtual services. Respondents with unknown mental health services including virtual services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a “no” response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021.

Table 6.46A Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Numbers in Thousands, 2021

Reason Did Not Receive Mental Health Services ¹	Aged 18+ with a Perceived Unmet Need ²	MENTAL HEALTH SERVICES ³	
		Received	Not Received
	2021	2021	2021
TOTAL POPULATION	19,688	8,725	10,736
Could Not Afford Cost	7,821	3,154	4,601
Might Cause Neighbors/Community to Have Negative Opinion	2,066	841	1,211
Might Have Negative Effect on Job	1,475	619	855
Health Insurance Does Not Cover Any Mental Health Services	1,580	573	967
Health Insurance Does Not Pay Enough for Mental Health Services	3,170	1,503	1,611
Did Not Know Where to Go for Services	5,854	1,943	3,822
Concerned about Confidentiality	2,258	828	1,416
Concerned about Being Committed/Having to Take Medicine	2,290	959	1,309
Did Not Feel Need for Treatment at the Time	2,220	814	1,402
Thought Could Handle the Problem Without Treatment	5,382	2,009	3,361
Treatment Would Not Help	2,349	952	1,391
Did Not Have Time	3,690	1,470	2,176
Did Not Want Others to Find Out	1,472	436	1,033
No Transportation/Inconvenient	988	491	496
COVID-19-Related ⁴	427	232	195
Some Other Reason ⁵	2,662	1,598	1,052

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with a Perceived Unmet Need column includes respondents with unknown mental health services information.

³ Mental health services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; and use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a “no” response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021.

Table 6.46B Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Percentages, 2021

Reason Did Not Receive Mental Health Services ¹	Aged 18+ with a Perceived Unmet Need ²	MENTAL HEALTH SERVICES ³	
		Received	Not Received
	2021	2021	2021
TOTAL POPULATION	100.0	100.0	100.0
Could Not Afford Cost	40.1	36.5	43.0
Might Cause Neighbors/Community to Have Negative Opinion	10.6	9.7	11.3
Might Have Negative Effect on Job	7.6	7.2	8.0
Health Insurance Does Not Cover Any Mental Health Services	8.1	6.6	9.0
Health Insurance Does Not Pay Enough for Mental Health Services	16.2	17.4	15.1
Did Not Know Where to Go for Services	30.0	22.5	35.8
Concerned about Confidentiality	11.6	9.6	13.2
Concerned about Being Committed/Having to Take Medicine	11.7	11.1	12.3
Did Not Feel Need for Treatment at the Time	11.4	9.4	13.2
Thought Could Handle the Problem Without Treatment	27.6	23.2	31.6
Treatment Would Not Help	12.1	11.0	13.1
Did Not Have Time	18.9	17.0	20.4
Did Not Want Others to Find Out	7.6	5.0	9.7
No Transportation/Inconvenient	5.1	5.7	4.7
COVID-19-Related ⁴	2.2	2.7	1.8
Some Other Reason ⁵	13.6	18.5	9.8

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with a Perceived Unmet Need column includes respondents with unknown mental health services information.

³ Mental health services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; and use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a “no” response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021.

Table 6.47A Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services Including Virtual Services, Numbers in Thousands, 2021

Reason Did Not Receive Mental Health Services ¹	Aged 18+ with Any Mental Illness and a Perceived Unmet Need ²	MENTAL HEALTH SERVICES INCLUDING VIRTUAL SERVICES ³	
		Received	Not Received
	2021	2021	2021
TOTAL POPULATION	15,530	8,342	7,148
Could Not Afford Cost	6,661	3,235	3,413
Might Cause Neighbors/Community to Have Negative Opinion	1,782	867	903
Might Have Negative Effect on Job	1,311	624	688
Health Insurance Does Not Cover Any Mental Health Services	1,392	621	757
Health Insurance Does Not Pay Enough for Mental Health Services	2,641	1,498	1,139
Did Not Know Where to Go for Services	4,796	2,049	2,733
Concerned about Confidentiality	1,967	842	1,114
Concerned about Being Committed/Having to Take Medicine	2,146	1,041	1,091
Did Not Feel Need for Treatment at the Time	1,658	732	926
Thought Could Handle the Problem Without Treatment	4,151	1,917	2,230
Treatment Would Not Help	1,961	913	1,044
Did Not Have Time	2,889	1,413	1,471
Did Not Want Others to Find Out	1,269	491	778
No Transportation/Inconvenient	956	529	427
COVID-19-Related ⁴	356	219	137
Some Other Reason ⁵	2,275	1,519	756

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with Any Mental Illness and a Perceived Unmet Need column includes respondents with unknown mental health services including virtual services information.

³ Mental health services including virtual services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; use of prescription medication for problems with emotions, nerves, or mental health; and virtual services. Respondents with unknown mental health services including virtual services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a "no" response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021.

Table 6.47B Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services Including Virtual Services, Percentages, 2021

Reason Did Not Receive Mental Health Services ¹	Aged 18+ with Any Mental Illness and a Perceived Unmet Need ²	MENTAL HEALTH SERVICES INCLUDING VIRTUAL SERVICES ³	
		Received	Not Received
	2021	2021	2021
TOTAL POPULATION	100.0	100.0	100.0
Could Not Afford Cost	43.2	39.1	47.8
Might Cause Neighbors/Community to Have Negative Opinion	11.6	10.5	12.7
Might Have Negative Effect on Job	8.5	7.5	9.6
Health Insurance Does Not Cover Any Mental Health Services	9.0	7.5	10.6
Health Insurance Does Not Pay Enough for Mental Health Services	17.1	18.1	16.0
Did Not Know Where to Go for Services	31.1	24.8	38.3
Concerned about Confidentiality	12.8	10.2	15.6
Concerned about Being Committed/Having to Take Medicine	13.9	12.6	15.3
Did Not Feel Need for Treatment at the Time	10.8	8.8	13.0
Thought Could Handle the Problem Without Treatment	27.0	23.2	31.4
Treatment Would Not Help	12.7	11.0	14.7
Did Not Have Time	18.8	17.1	20.7
Did Not Want Others to Find Out	8.2	5.9	11.0
No Transportation/Inconvenient	6.2	6.4	6.0
COVID-19-Related ⁴	2.3	2.6	1.9
Some Other Reason ⁵	14.7	18.3	10.6

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with Any Mental Illness and a Perceived Unmet Need column includes respondents with unknown mental health services including virtual services information.

³ Mental health services including virtual services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; use of prescription medication for problems with emotions, nerves, or mental health; and virtual services. Respondents with unknown mental health services including virtual services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a "no" response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021.

Table 6.48A Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Numbers in Thousands, 2021

Reason Did Not Receive Mental Health Services ¹	Aged 18+ with Any Mental Illness and a Perceived Unmet Need ²	MENTAL HEALTH SERVICES ³	
		Received	Not Received
	2021	2021	2021
TOTAL POPULATION	15,530	7,564	7,826
Could Not Afford Cost	6,661	2,893	3,714
Might Cause Neighbors/Community to Have Negative Opinion	1,782	791	977
Might Have Negative Effect on Job	1,311	582	728
Health Insurance Does Not Cover Any Mental Health Services	1,392	531	821
Health Insurance Does Not Pay Enough for Mental Health Services	2,641	1,304	1,301
Did Not Know Where to Go for Services	4,796	1,723	3,004
Concerned about Confidentiality	1,967	757	1,195
Concerned about Being Committed/Having to Take Medicine	2,146	928	1,197
Did Not Feel Need for Treatment at the Time	1,658	654	1,000
Thought Could Handle the Problem Without Treatment	4,151	1,715	2,426
Treatment Would Not Help	1,961	835	1,120
Did Not Have Time	2,889	1,228	1,647
Did Not Want Others to Find Out	1,269	423	845
No Transportation/Inconvenient	956	488	467
COVID-19-Related ⁴	356	206	149
Some Other Reason ⁵	2,275	1,410	857

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with Any Mental Illness and a Perceived Unmet Need column includes respondents with unknown mental health services information.

³ Mental health services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; and use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a "no" response for some other reason.

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Table 6.48B Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Percentages, 2021

	Aged 18+ with Any Mental Illness and a Perceived Unmet Need ²	MENTAL HEALTH SERVICES ³	
		Received	Not Received
Reason Did Not Receive Mental Health Services ¹	2021	2021	2021
TOTAL POPULATION	100.0	100.0	100.0
Could Not Afford Cost	43.2	38.5	47.6
Might Cause Neighbors/Community to Have Negative Opinion	11.6	10.5	12.5
Might Have Negative Effect on Job	8.5	7.8	9.3
Health Insurance Does Not Cover Any Mental Health Services	9.0	7.1	10.5
Health Insurance Does Not Pay Enough for Mental Health Services	17.1	17.4	16.7
Did Not Know Where to Go for Services	31.1	22.9	38.5
Concerned about Confidentiality	12.8	10.1	15.3
Concerned about Being Committed/Having to Take Medicine	13.9	12.4	15.3
Did Not Feel Need for Treatment at the Time	10.8	8.7	12.9
Thought Could Handle the Problem Without Treatment	27.0	22.8	31.2
Treatment Would Not Help	12.7	11.1	14.4
Did Not Have Time	18.8	16.4	21.2
Did Not Want Others to Find Out	8.2	5.6	10.9
No Transportation/Inconvenient	6.2	6.5	6.0
COVID-19-Related ⁴	2.3	2.7	1.9
Some Other Reason ⁵	14.7	18.8	11.0

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with Any Mental Illness and a Perceived Unmet Need column includes respondents with unknown mental health services information.

³ Mental health services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; and use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a "no" response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021.

Table 6.49A Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services Including Virtual Services, Numbers in Thousands, 2021

Reason Did Not Receive Mental Health Services ¹	Aged 18+ with Serious Mental Illness and a Perceived Unmet Need ²	MENTAL HEALTH SERVICES INCLUDING VIRTUAL SERVICES ³	
		Received	Not Received
	2021	2021	2021
TOTAL POPULATION	7,171	4,314	2,843
Could Not Afford Cost	3,336	1,774	1,548
Might Cause Neighbors/Community to Have Negative Opinion	898	550	337
Might Have Negative Effect on Job	653	407	245
Health Insurance Does Not Cover Any Mental Health Services	729	319	396
Health Insurance Does Not Pay Enough for Mental Health Services	1,366	822	541
Did Not Know Where to Go for Services	2,260	1,139	1,107
Concerned about Confidentiality	1,167	580	576
Concerned about Being Committed/Having to Take Medicine	1,439	837	588
Did Not Feel Need for Treatment at the Time	829	374	454
Thought Could Handle the Problem Without Treatment	1,984	966	1,015
Treatment Would Not Help	986	479	503
Did Not Have Time	1,261	661	596
Did Not Want Others to Find Out	665	285	380
No Transportation/Inconvenient	673	413	260
COVID-19-Related ⁴	129	102	27
Some Other Reason ⁵	1,086	760	326

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with Serious Mental Illness and a Perceived Unmet Need column includes respondents with unknown mental health services including virtual services information.

³ Mental health services including virtual services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; use of prescription medication for problems with emotions, nerves, or mental health; and virtual services. Respondents with unknown mental health services including virtual services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a “no” response for some other reason.

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Table 6.49B Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services Including Virtual Services, Percentages, 2021

Reason Did Not Receive Mental Health Services ¹	Aged 18+ with Serious Mental Illness and a Perceived Unmet Need ²	MENTAL HEALTH SERVICES INCLUDING VIRTUAL SERVICES ³	
		Received	Not Received
	2021	2021	2021
TOTAL POPULATION	100.0	100.0	100.0
Could Not Afford Cost	46.7	41.4	54.5
Might Cause Neighbors/Community to Have Negative Opinion	12.6	12.8	11.9
Might Have Negative Effect on Job	9.1	9.5	8.6
Health Insurance Does Not Cover Any Mental Health Services	10.2	7.4	13.9
Health Insurance Does Not Pay Enough for Mental Health Services	19.1	19.2	19.0
Did Not Know Where to Go for Services	31.6	26.6	38.9
Concerned about Confidentiality	16.3	13.5	20.3
Concerned about Being Committed/Having to Take Medicine	20.1	19.5	20.7
Did Not Feel Need for Treatment at the Time	11.7	8.7	16.2
Thought Could Handle the Problem Without Treatment	27.9	22.5	36.1
Treatment Would Not Help	13.9	11.2	17.9
Did Not Have Time	17.7	15.4	21.2
Did Not Want Others to Find Out	9.3	6.6	13.5
No Transportation/Inconvenient	9.5	9.6	9.3
COVID-19-Related ⁴	1.8	2.4	0.9
Some Other Reason ⁵	15.2	17.7	11.5

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with Serious Mental Illness and a Perceived Unmet Need column includes respondents with unknown mental health services including virtual services information.

³ Mental health services including virtual services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; use of prescription medication for problems with emotions, nerves, or mental health; and virtual services. Respondents with unknown mental health services including virtual services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a "no" response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021.

Table 6.50A Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Numbers in Thousands, 2021

	Aged 18+ with Serious Mental Illness and a Perceived Unmet Need ²	MENTAL HEALTH SERVICES ³	
		Received	Not Received
Reason Did Not Receive Mental Health Services ¹	2021	2021	2021
TOTAL POPULATION	7,171	3,995	3,129
Could Not Afford Cost	3,336	1,637	1,678
Might Cause Neighbors/Community to Have Negative Opinion	898	530	357
Might Have Negative Effect on Job	653	380	272
Health Insurance Does Not Cover Any Mental Health Services	729	282	429
Health Insurance Does Not Pay Enough for Mental Health Services	1,366	762	597
Did Not Know Where to Go for Services	2,260	992	1,235
Concerned about Confidentiality	1,167	534	621
Concerned about Being Committed/Having to Take Medicine	1,439	757	666
Did Not Feel Need for Treatment at the Time	829	348	478
Thought Could Handle the Problem Without Treatment	1,984	885	1,090
Treatment Would Not Help	986	427	554
Did Not Have Time	1,261	595	659
Did Not Want Others to Find Out	665	259	404
No Transportation/Inconvenient	673	381	292
COVID-19-Related ⁴	129	102	27
Some Other Reason ⁵	1,086	725	354

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with Serious Mental Illness and a Perceived Unmet Need column includes respondents with unknown mental health services information.

³ Mental health services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; and use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a “no” response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021.

Table 6.50B Detailed Reasons for Not Receiving Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year; by Receipt of Past Year Mental Health Services, Percentages, 2021

	Aged 18+ with Serious Mental Illness and a Perceived Unmet Need ²	MENTAL HEALTH SERVICES ³	
		Received	Not Received
Reason Did Not Receive Mental Health Services ¹	2021	2021	2021
TOTAL POPULATION	100.0	100.0	100.0
Could Not Afford Cost	46.7	41.1	53.8
Might Cause Neighbors/Community to Have Negative Opinion	12.6	13.3	11.5
Might Have Negative Effect on Job	9.1	9.5	8.7
Health Insurance Does Not Cover Any Mental Health Services	10.2	7.1	13.8
Health Insurance Does Not Pay Enough for Mental Health Services	19.1	19.1	19.1
Did Not Know Where to Go for Services	31.6	24.9	39.6
Concerned about Confidentiality	16.3	13.4	19.9
Concerned about Being Committed/Having to Take Medicine	20.1	19.0	21.4
Did Not Feel Need for Treatment at the Time	11.7	8.7	15.5
Thought Could Handle the Problem Without Treatment	27.9	22.2	35.3
Treatment Would Not Help	13.9	10.7	18.0
Did Not Have Time	17.7	14.9	21.4
Did Not Want Others to Find Out	9.3	6.5	13.1
No Transportation/Inconvenient	9.5	9.6	9.5
COVID-19-Related ⁴	1.8	2.6	0.8
Some Other Reason ⁵	15.2	18.2	11.3

* = low precision; -- = not available; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates from years prior to 2021 are not shown because of methodological changes in 2021. See the *2021 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Aged 18+ with Serious Mental Illness and a Perceived Unmet Need column includes respondents with unknown mental health services information.

³ Mental health services for adults includes inpatient treatment/counseling; outpatient treatment/counseling; and use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health services information were excluded.

⁴ Respondents were permitted to specify other reasons for not receiving mental health services. Reasons related to COVID-19 were collectively the most common write-in response.

⁵ Respondents with unknown or invalid responses to the write-in question on Some Other Reason for Not Receiving Mental Health Services were classified as having provided a "no" response for some other reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021.