Results from the 2021 National Survey on Drug Use and Health: Graphics from the Key Findings Report

Center for Behavioral Health Statistics and Quality
Substance Abuse and Mental Health Services Administration
U.S. Department of Health and Human Services
Past Month Substance Use: Among People Aged 12 or Older; 2021

- Alcohol: 133.1M
- Tobacco Products: 54.7M
- Nicotine Vaping: 13.2M
- Marijuana: 36.4M
- Rx Pain Reliever Misuse: 2.4M
- Hallucinogens: 2.2M
- Cocaine: 1.8M
- Methamphetamine: 1.6M
- Rx Tranquilizer or Sedative Misuse: 1.4M
- Rx Stimulants Misuse: 1.1M
- Inhalants: 830,000
- Heroin: 589,000

Rx = prescription.
Note: The estimated numbers of current users of different substances are not mutually exclusive because people could have used more than one type of substance in the past month.
Past Month Tobacco Use or Nicotine Vaping: Among People Aged 12 or Older; 2021

Note: The estimated numbers of current users of different tobacco products or nicotine vaping are not mutually exclusive because people could have used more than one type of tobacco product or used tobacco products and vaped nicotine in the past month.
Type of Past Month Tobacco Use and Nicotine Vaping: Among Past Month Nicotine Product Users Aged 12 or Older; 2021

- 12 or Older: 11.2% Only Nicotine Vaping, 10.2% Nicotine Vaping and Tobacco Product Use, 78.6% Only Tobacco Product Use
- 12 to 17: 60.5% Only Nicotine Vaping, 18.2% Nicotine Vaping and Tobacco Product Use, 21.2% Only Tobacco Product Use
- 18 to 25: 32.2% Only Nicotine Vaping, 25.0% Nicotine Vaping and Tobacco Product Use, 42.8% Only Tobacco Product Use
- 26 or Older: 6.2% Only Nicotine Vaping, 7.6% Nicotine Vaping and Tobacco Product Use, 86.2% Only Tobacco Product Use
Past Month Tobacco Use or Nicotine Vaping: Among People Aged 12 or Older; by Race/Ethnicity, 2021

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>Percent Using in Past Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 or Older</td>
<td>22.0</td>
</tr>
<tr>
<td>NH AIAN</td>
<td>36.1</td>
</tr>
<tr>
<td>NH Multiracial</td>
<td>29.7</td>
</tr>
<tr>
<td>NH NHPI</td>
<td>28.6</td>
</tr>
<tr>
<td>NH White</td>
<td>24.6</td>
</tr>
<tr>
<td>NH Black</td>
<td>23.6</td>
</tr>
<tr>
<td>Hispanic</td>
<td>14.9</td>
</tr>
<tr>
<td>NH Asian</td>
<td>9.3</td>
</tr>
</tbody>
</table>

Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.
Past Month Cigarette Use: Among People Aged 12 or Older; 2021

- 12 or Older: 15.6%
- 12 to 17: 1.5%
- 18 to 25: 11.5%
- 26 or Older: 17.9%
Daily Cigarette Use: Among Past Month (Current) Cigarette Smokers Aged 12 or Older; Smoking of One or More Packs of Cigarettes per Day: Among Current Daily Smokers; 2021

Note: Current daily smokers with unknown data about the number of cigarettes smoked per day were excluded from the pie chart on the right.
Past Month Nicotine Vaping: Among People Aged 12 or Older; 2021

Percent Using in Past Month

- 12 or Older: 4.7%
- 12 to 17: 5.2%
- 18 to 25: 14.1%
- 26 or Older: 3.2%
Past Month Alcohol Use, Binge Alcohol Use, and Heavy Alcohol Use: Among People Aged 12 or Older; 2021

Note: Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion on at least 1 day in the past 30 days. Heavy Alcohol Use is defined as binge drinking on the same occasion on 5 or more days in the past 30 days; all heavy alcohol users are also binge alcohol users.
Past Month Alcohol Use, Past Month Binge Alcohol Use, and Past Month Heavy Alcohol Use: Among People Aged 12 or Older; 2021

Note: Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion on at least 1 day in the past 30 days. Heavy Alcohol Use is defined as binge drinking on the same occasion on 5 or more days in the past 30 days; all heavy alcohol users are also binge alcohol users.
Past Month Binge Alcohol Use: Among People Aged 12 or Older; by Race/Ethnicity, 2021

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* Low precision; no estimate reported.

AIAN = American Indian or Alaska Native; Black = Black or African American; Hispanic = Hispanic or Latino; NH = Not Hispanic or Latino; NHOPI = Native Hawaiian or Other Pacific Islander.

Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.

Note: Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion on at least 1 day in the past 30 days.
Past Month Heavy Alcohol Use: Among People Aged 12 or Older; by Race/Ethnicity, 2021

AIAN = American Indian or Alaska Native; Black = Black or African American; Hispanic = Hispanic or Latino; NH = Not Hispanic or Latino; NHOPI = Native Hawaiian or Other Pacific Islander.

Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.
Type of Marijuana Use: Among Past Month Marijuana Users Aged 12 or Older; 2021
Type of Vaping Use: Among Past Month Users Aged 12 or Older Who Vaped Any Substance; 2021

- Only One Substance (65.0%)
- Two of the Three Substances (25.0%)
- All Three Substances (5.1%)
- Other (Substances Unknown) (4.8%)

Note: People who vaped any substance could have used vaping devices to vape substances other than nicotine, marijuana, or flavoring.
Note: The percentages may not add to 100 percent due to rounding.
Past Year Illicit Drug Use: Among People Aged 12 or Older; 2021

Rx = prescription.

Note: The estimated numbers of past year users of different illicit drugs are not mutually exclusive because people could have used more than one type of illicit drug in the past year.
Past Year Illicit Drug Use and Past Year Marijuana Use: Among People Aged 12 or Older; 2021

- Past Year Illicit Drug Use:
  - 12 or Older: 21.9%
  - 12 to 17: 14.1%
  - 18 to 25: 20.3%
  - 26 or Older: 35.4%

- Past Year Marijuana Use:
  - 12 or Older: 18.7%
  - 12 to 17: 10.5%
  - 18 to 25: 17.2%
  - 26 or Older: 35.4%
Past Year Illicit Drug Use: Among People Aged 12 or Older; by Race/Ethnicity, 2021

- 12 or Older: 21.9%
- NH AIAN: 36.1%
- NH Multiracial: 34.6%
- NH Black: 24.3%
- NH White: 22.5%
- Hispanic: 19.4%
- NH Asian: 11.1%
- NH NHOPI: * (Low precision; no estimate reported.)

Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.

AIAN = American Indian or Alaska Native; Black = Black or African American; Hispanic = Hispanic or Latino; NH = Not Hispanic or Latino; NHOPI = Native Hawaiian or Other Pacific Islander.
Past Year Marijuana Use: Among People Aged 12 or Older; by Race/Ethnicity, 2021

- **Low precision; no estimate reported.**

AIAN = American Indian or Alaska Native; Black = Black or African American; Hispanic = Hispanic or Latino; NH = Not Hispanic or Latino; NHOPI = Native Hawaiian or Other Pacific Islander.

Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.
Past Year Cocaine Use and Past Year Heroin Use: Among People Aged 12 or Older; 2021

- Past Year Cocaine Use:
  - 12 or Older: 1.7%
  - 12 to 17: 0.2%
  - 18 to 25: 3.5%
  - 26 or Older: 1.6%

- Past Year Heroin Use:
  - 12 or Older: 0.4%
  - 12 to 17: * Low precision; no estimate reported.
  - 18 to 25: 0.2%
  - 26 or Older: 0.5%

* Low precision; no estimate reported.
Past Year Methamphetamine Use, Past Year Hallucinogen Use, and Past Year Inhalant Use: Among People Aged 12 or Older; 2021

- Past Year Methamphetamine Use:
  - 0.9% 12 or Older
  - 0.1% 12 to 17
  - 1.1% 18 to 25
  - 1.0% 26 or Older

- Past Year Hallucinogen Use:
  - 1.3% 12 or Older
  - 2.6% 12 to 17
  - 7.1% 18 to 25
  - 2.1% 26 or Older

- Past Year Inhalant Use:
  - 0.8% 12 or Older
  - 2.4% 12 to 17
  - 1.5% 18 to 25
  - 0.5% 26 or Older
Past Year Prescription Stimulant Misuse, Past Year Prescription Tranquilizer or Sedative Misuse, and Past Year Prescription Pain Reliever Misuse: Among People Aged 12 or Older; 2021

Age Category: 12 or Older, 12 to 17, 18 to 25, 26 or Older
Past Year Prescription Pain Reliever Misuse: Among People Aged 12 or Older Who Misused Any Prescription Pain Reliever; 2021

- Hydrocodone: 46.9%
- Oxycodone: 30.4%
- Codeine: 26.4%
- Tramadol: 16.1%
- Buprenorphine: 8.9%
- Fentanyl: 6.2%
- Morphine: 4.9%
- Methadone: 3.7%
- Hydromorphone: 2.2%
- Oxymorphone: 1.8%
- Demerol®: 0.7%

Percent among Past Year Misusers of Any Pain Reliever
### Past Year Prescription Pain Reliever Misuse: Among People Aged 12 or Older Who Used the Specific Prescription Pain Reliever Subtype for Any Reason in the Past Year; 2021

<table>
<thead>
<tr>
<th>Pain Reliever</th>
<th>Past Year Misuse</th>
<th>Past Year Use but Not Misuse</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any Pain Reliever</td>
<td>12.2%</td>
<td>87.8%</td>
</tr>
<tr>
<td>Buprenorphine</td>
<td>22.2%</td>
<td>77.8%</td>
</tr>
<tr>
<td>Fentanyl</td>
<td>20.9%</td>
<td>79.1%</td>
</tr>
<tr>
<td>Oxymorphone</td>
<td>15.9%</td>
<td>84.1%</td>
</tr>
<tr>
<td>Oxycodone</td>
<td>12.8%</td>
<td>87.2%</td>
</tr>
<tr>
<td>Hydromorphone</td>
<td>11.8%</td>
<td>88.2%</td>
</tr>
<tr>
<td>Codeine</td>
<td>11.5%</td>
<td>88.5%</td>
</tr>
<tr>
<td>Hydrocodone</td>
<td>11.4%</td>
<td>88.6%</td>
</tr>
<tr>
<td>Tramadol</td>
<td>9.7%</td>
<td>90.3%</td>
</tr>
<tr>
<td>Morphine</td>
<td>8.7%</td>
<td>91.3%</td>
</tr>
</tbody>
</table>

Note: Estimates for methadone and Demerol® are not shown due to low precision.
Source Where Pain Relievers Were Obtained for Most Recent Misuse: Among People Aged 12 or Older Who Misused Pain Relievers in the Past Year; 2021

8.7 Million People Aged 12 or Older Who Misused Pain Relievers in the Past Year

Note: Respondents with unknown data for the Source for Most Recent Misuse or who reported Some Other Way but did not specify a valid way were excluded.
Past Year Opioid Misuse: Among People Aged 12 or Older; 2021

- 8.7 Million People with Pain Reliever Misuse
  - (94.3% of Opioid Misusers)
- 574,000 People with Pain Reliever Misuse and Heroin Use
  - (6.2% of Opioid Misusers)
- 1.1 Million People with Heroin Use
  - (11.9% of Opioid Misusers)
- 8.1 Million People with Pain Reliever Misuse Only
  - (88.1% of Opioid Misusers)
- 525,000 People with Heroin Use Only
  - (5.7% of Opioid Misusers)

9.2 Million People Aged 12 or Older with Past Year Opioid Misuse
Past Year Central Nervous System (CNS) Stimulant Misuse: Among People Aged 12 or Older; 2021

9.2 Million People Aged 12 or Older with Past Year CNS Stimulant Misuse
Past Year Initiates of Substances: Among People Aged 12 or Older; 2021

- Alcohol: 4.1M
- Cigarettes: 1.2M
- Marijuana: 2.6M
- Rx Pain Reliever Misuse: 1.8M
- Hallucinogens: 1.3M
- Rx Tranquilizer Misuse: 881,000
- Rx Stimulant Misuse: 773,000
- Cocaine: 478,000
- Inhalants: 385,000
- Rx Sedative Misuse: 188,000
- Methamphetamine: 101,000
- Heroin: 26,000

Rx = prescription.
Note: Estimates for prescription pain relievers, prescription tranquilizers, prescription stimulants, and prescription sedatives are for the initiation of misuse.
Past Year Cigarette, Alcohol, and Marijuana Initiates: Among People Aged 12 or Older; 2021

- **Cigarettes**: (1.2M) initiates, with 362,000 aged 12 to 17, 705,000 aged 18 to 25, and 120,000 aged 26 or older.
- **Alcohol**: (4.1M) initiates, with 1.8M aged 12 to 17, 2.1M aged 18 to 25, and 228,000 aged 26 or older.
- **Marijuana**: (2.6M) initiates, with 869,000 aged 12 to 17, 1.1M aged 18 to 25, and 620,000 aged 26 or older.

Note: The number in parentheses above each bar shows the total number of past year initiates aged 12 or older for that category.
Initiation of Use before Age 21 and at Age 21 or Older: Among People Aged 12 or Older Who Were Past Year Cigarette, Alcohol, and Marijuana Initiates; 2021

- Cigarettes: 26.3% First Use at Age 21 or Older, 73.7% First Use before Age 21
- Alcohol: 27.2% First Use at Age 21 or Older, 72.8% First Use before Age 21
- Marijuana: 39.7% First Use at Age 21 or Older, 60.3% First Use before Age 21
Past Year Prescription Pain Reliever Misuse Initiates: Among People Aged 12 or Older; 2021

- 1.8M people aged 12 or older initiated misuse.
- 130,000 people aged 12 to 17 initiated misuse.
- 269,000 people aged 18 to 25 initiated misuse.
- 1.4M people aged 26 or older initiated misuse.
Perceived Great Risk from Substance Use: Among People Aged 12 or Older; 2021

- Smoking Marijuana Weekly: 26.5%
- Using Cocaine Weekly: 83.7%
- Using Heroin Weekly: 92.3%
- Having 4 or 5 Drinks of Alcohol Daily: 68.4%
- Smoking One or More Packs of Cigarettes per Day: 69.2%
Note: The estimated numbers of people with substance use disorders are not mutually exclusive because people could have use disorders for more than one substance.

1 Includes data from all past year users of marijuana, cocaine, heroin, hallucinogens, inhalants, methamphetamine, and prescription psychotherapeutic drugs (i.e., pain relievers, tranquilizers, stimulants, or sedatives).

2 Includes data from all past year users of the specific prescription drug.
Alcohol Use Disorder and Drug Use Disorder in the Past Year: Among People Aged 12 or Older with a Past Year Substance Use Disorder (SUD); 2021

29.5 Million People with Alcohol Use Disorder
(63.9% of People with SUD)

People with Alcohol Use Disorder and Drug Use Disorder
(15.8% of People with SUD)

24.0 Million People with Drug Use Disorder
(51.9% of People with SUD)

22.2 Million

7.3 Million

16.7 Million

People with Alcohol Use Disorder Only
(48.1% of People with SUD)

People with Drug Use Disorder Only
(36.1% of People with SUD)

46.3 Million People Aged 12 or Older with Past Year SUD

Note: Drug Use Disorder includes data from all past year users of marijuana, cocaine, heroin, hallucinogens, inhalants, methamphetamine, and prescription psychotherapeutic drugs (i.e., pain relievers, tranquilizers, stimulants, or sedatives).
Substance Use Disorder, Alcohol Use Disorder, and Drug Use Disorder in the Past Year: Among People Aged 12 or Older; 2021

Includes data from all past year users of marijuana, cocaine, heroin, hallucinogens, inhalants, methamphetamine, and prescription psychotherapeutic drugs (i.e., pain relievers, tranquilizers, stimulants, or sedatives).
Past Year Substance Use Disorder: Among People Aged 12 or Older; by Race/Ethnicity, 2021

- **AIAN** = American Indian or Alaska Native; Black = Black or African American; Hispanic = Hispanic or Latino; NH = Not Hispanic or Latino; NHOPI = Native Hawaiian or Other Pacific Islander.

Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.
Marijuana Use Disorder, Pain Reliever Use Disorder, and Methamphetamine Use Disorder in the Past Year: Among People Aged 12 or Older; 2021

1 Includes data from all past year users of prescription pain relievers.
Substance Use Disorder Severity Level for Specific Substances in the Past Year: Among People Aged 12 or Older with a Specific Substance Use Disorder; 2021

Note: The percentages may not add to 100 percent due to rounding.

Note: There are 11 criteria from the *Diagnostic and Statistical Manual of Mental Disorders*, 5th edition, that apply to these substances. People who meet two or three criteria are considered to have a “mild” disorder, those who meet four or five criteria are considered to have a “moderate” disorder, and those who meet six or more criteria are considered to have a “severe” disorder.
Pain Reliever Use Disorder Severity Level in the Past Year: Among People Aged 12 or Older with a Pain Reliever Use Disorder; 2021

Note: There are 11 criteria from the Diagnostic and Statistical Manual of Mental Disorders, 5th edition, that apply to the pain reliever use disorder estimates for past year prescription pain reliever misuse and 9 criteria that apply to the pain reliever use disorder estimates for the past year use but not misuse of prescription pain relievers. For the pain reliever use disorder estimates for any past year user of prescription pain relievers, the number of criteria depends on whether people misused prescription pain relievers (11 criteria) or used but did not misuse them (9 criteria). Regardless of the total number of criteria used for classifying people as having a pain reliever use disorder, people who meet two or three criteria are considered to have a “mild” disorder, those who meet four or five criteria are considered to have a “moderate” disorder, and those who meet six or more criteria are considered to have a “severe” disorder.
Major Depressive Episode (MDE) and MDE with Severe Impairment in the Past Year: Among Youths Aged 12 to 17; 2021

21.0 Million Youths with No MDE (79.9% of All Youths)

5.0 Million Youths with an MDE (with or without Severe Impairment) (20.1% of All Youths)

3.7 Million Youths with an MDE with Severe Impairment (14.7% of All Youths and 74.2% of Youths with an MDE)

26.0 Million Youths Aged 12 to 17

Note: Youth respondents with unknown MDE data were excluded.
Major Depressive Episode (MDE) in the Past Year: Among Youths Aged 12 to 17; by Race/Ethnicity, 2021

12 to 17
NH Multiracial
Hispanic
NH White
NH Black
NH Asian
NH AIAN
NH NHOPI

Percent with MDE in Past Year

0 10 20 30 40

* Low precision; no estimate reported.
AIAN = American Indian or Alaska Native; Black = Black or African American; Hispanic = Hispanic or Latino; NH = Not Hispanic or Latino; NHOPI = Native Hawaiian or Other Pacific Islander.
Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.
Note: Youth respondents with unknown MDE data were excluded.
Major Depressive Episode (MDE) and MDE with Severe Impairment: Among Adults Aged 18 or Older; 2021

- Percent with MDE or MDE with Severe Impairment in Past Year
  - MDE (with or without Severe Impairment)
    - 18 or Older: 8.3%
    - 18 to 25: 9.3%
    - 26 to 49: 4.5%
    - 50 or Older: 2.9%
  - MDE with Severe Impairment
    - 18 or Older: 18.6%
    - 18 to 25: 13.3%
    - 26 to 49: 6.5%
    - 50 or Older: 2.9%
Any Mental Illness and Serious Mental Illness: Among Adults Aged 18 or Older; 2021

Percent with Any Mental Illness or Serious Mental Illness in Past Year

Any Mental Illness (with or without Serious Mental Illness)

- 22.8 for 18 or Older
- 33.7 for 18 to 25
- 28.1 for 26 to 49
- 15.0 for 50 or Older

Serious Mental Illness

- 5.5 for 18 or Older
- 11.4 for 18 to 25
- 7.1 for 26 to 49
- 2.5 for 50 or Older

Age Category: 18 or Older, 18 to 25, 26 to 49, 50 or Older
Any Mental Illness (AMI): Among Adults Aged 18 or Older; by Race/Ethnicity, 2021

- NH Multiracial: 34.9%
- NH AIAN: 26.6%
- NH White: 23.9%
- NH Black: 21.4%
- Hispanic: 20.7%
- NH NHOPI: 18.1%
- NH Asian: 16.4%

AIAN = American Indian or Alaska Native; Black = Black or African American; Hispanic = Hispanic or Latino; NH = Not Hispanic or Latino; NHOPI = Native Hawaiian or Other Pacific Islander.

Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.
Past Year Substance Use Disorder (SUD) and Major Depressive Episode (MDE): Among Youths Aged 12 to 17; 2021

6.3 Million Youths Had Either SUD or MDE

Note: Youth respondents with unknown MDE data were excluded.
Substance Use: Among Youths Aged 12 to 17; by Past Year Major Depressive Episode (MDE) Status, 2021

+ Difference between this estimate and the estimate for youths without MDE is statistically significant at the .05 level.

Note: Youth respondents with unknown MDE data were excluded.
Substance Use: Among Adults Aged 18 or Older; by Mental Illness Status, 2021

- Difference between this estimate and the estimate for adults aged 18 or older without mental illness is statistically significant at the .05 level.
Adults Aged 18 or Older with Serious Thoughts of Suicide, Suicide Plans, or Suicide Attempts in the Past Year; 2021

12.3 Million Adults Had Serious Thoughts of Suicide

- 8.8 Million Had Serious Thoughts of Suicide Only
- 3.5 Million Adults Made Suicide Plans
- Had Serious Thoughts of Suicide and Made Suicide Plans, but Did Not Attempt Suicide

1.9 Million Made Suicide Plans Only (178K)
- Made Suicide Plans and Attempted Suicide, but Did Not Have Serious Thoughts of Suicide (111K)
- Attempted Suicide Only (67K)

1.7 Million Adults Attempted Suicide

- Had Serious Thoughts of Suicide, Made Suicide Plans, and Attempted Suicide

12.7 Million Adults Aged 18 or Older Had Serious Thoughts of Suicide, Made Suicide Plans, or Attempted Suicide in the Past Year
Had Serious Thoughts of Suicide, Made a Suicide Plan, or Attempted Suicide in the Past Year: Among Adults Aged 18 or Older; 2021

Percent with Thought or Behavior in the Past Year:

- Had Serious Thoughts of Suicide: 4.8% (18 or Older), 13.0% (18 to 25), 5.4% (26 to 49), 2.0% (50 or Older)
- Made a Suicide Plan: 1.4% (18 or Older), 4.9% (18 to 25), 1.5% (26 to 49), 0.3% (50 or Older)
- Attempted Suicide: 0.7% (18 or Older), 2.7% (18 to 25), 0.7% (26 to 49), 0.1% (50 or Older)
Had Serious Thoughts of Suicide in the Past Year: Among Adults Aged 18 or Older; by Race/Ethnicity, 2021

AIAN = American Indian or Alaska Native; Black = Black or African American; Hispanic = Hispanic or Latino; NH = Not Hispanic or Latino; NHOPI = Native Hawaiian or Other Pacific Islander.

Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.
Had Serious Thoughts of Suicide Because of the COVID-19 Pandemic, Made a Suicide Plan Because of the COVID-19 Pandemic, or Attempted Suicide Because of the COVID-19 Pandemic in the Past Year: Among Adults Aged 18 or Older with Respective Suicidal Thoughts and Behaviors in the Past Year; 2021

* Low precision; no estimate reported.
3.4 Million Youths Aged 12 to 17 Had Serious Thoughts of Suicide, Made Suicide Plans, or Attempted Suicide in the Past Year
Had Serious Thoughts of Suicide, Made a Suicide Plan, or Attempted Suicide in the Past Year: Among Youths Aged 12 to 17; 2021

Percent with Thought or Behavior in the Past Year

- **Had Serious Thoughts of Suicide**: 12.7%
- **Made a Suicide Plan**: Yes - 7.9%; Not Sure/Don't Know - 5.9%; Don't Want to Answer/Refuse - 3.6%
- **Attempted Suicide**: Yes - 3.4%; Not Sure/Don't Know - 1.9%; Don't Want to Answer/Refuse - 6.0%
Had Serious Thoughts of Suicide Because of the COVID-19 Pandemic, Made a Suicide Plan Because of the COVID-19 Pandemic, or Attempted Suicide Because of the COVID-19 Pandemic in the Past Year: Among Youths Aged 12 to 17 with Respective Suicidal Thoughts and Behaviors in the Past Year; 2021

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![Bar chart showing percentages of youths aged 12 to 17 with respective suicidal thoughts and behaviors in the past year.](chart.png)

- **Had Serious Thoughts of Suicide Because of the COVID-19 Pandemic:** 15.1%
- **Made a Suicide Plan Because of the COVID-19 Pandemic:** 12.0%
- **Attempted Suicide Because of the COVID-19 Pandemic:** 8.4%
Need for Substance Use Treatment in the Past Year: Among People Aged 12 or Older; 2021

Note: Need for Substance Use Treatment is defined as having an illicit drug or alcohol use disorder in the past year or receiving substance use treatment at a specialty facility.
Need for Substance Use Treatment in the Past Year: Among People Aged 12 or Older; by Race/Ethnicity, 2021

AIAN = American Indian or Alaska Native; Black = Black or African American; Hispanic = Hispanic or Latino; NH = Not Hispanic or Latino; NHOP = Native Hawaiian or Other Pacific Islander.

Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.
Locations Where Substance Use Treatment in the Past Year Was Received: Among People Aged 12 or Older; 2021

Note: Locations where people received substance use treatment are not mutually exclusive because respondents could report that they received treatment in more than one location in the past year.
Received Any Substance Use Treatment in the Past Year: Among People Aged 12 or Older Who Had an Illicit Drug or Alcohol Use Disorder in the Past Year; 2021

Percent Receiving Any Substance Use Treatment in Past Year

- 12 or Older: 6.3%
- 12 to 17: 3.5%
- 18 to 25: 4.1%
- 26 or Older: 7.1%
Received Substance Use Treatment at a Specialty Facility in the Past Year: Among People Aged 12 or Older; by Race/Ethnicity, 2021

- NH AIAN: 3.7%
- NH Multiracial: 2.1%
- NH White: 1.2%
- NH Black: 1.2%
- Hispanic: 0.6%
- NH Asian: 0.3%
- NH NHPI: * (Low precision; no estimate reported.)

Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.
Received Substance Use Treatment at a Specialty Facility in the Past Year: Among People Aged 12 or Older Who Needed Substance Use Treatment in the Past Year; 2021

Note: Need for Substance Use Treatment is defined as having an illicit drug or alcohol use disorder in the past year or receiving substance use treatment at a specialty facility.
Perceived Need for Substance Use Treatment: Among People Aged 12 or Older with a Past Year Illicit Drug or Alcohol Use Disorder Who Did Not Receive Substance Use Treatment at a Specialty Facility in the Past Year; 2021

447,000 Felt They Needed Treatment and Made an Effort to Get Treatment (1.1%)
837,000 Felt They Needed Treatment and Did Not Make an Effort to Get Treatment (2.1%)

39.5 Million Did Not Feel They Needed Treatment (96.8%)

40.7 Million People with an Illicit Drug or Alcohol Use Disorder Who Did Not Receive Substance Use Treatment at a Specialty Facility

Note: People who had an illicit drug or alcohol use disorder were classified as needing substance use treatment.
Received Treatment in the Past Year for Depression: Among Youths Aged 12 to 17 with a Past Year Major Depressive Episode (MDE) or MDE with Severe Impairment; 2021
Received Treatment in the Past Year for Depression: Among Adults Aged 18 or Older with a Past Year Major Depressive Episode (MDE) or MDE with Severe Impairment; 2021

Bar chart showing the percent receiving depression treatment in the past year for MDE (with or without severe impairment) and MDE with severe impairment, differentiated by age category.
Sources of Mental Health Services in the Past Year: Among Youths Aged 12 to 17; 2021

Note: Sources of Mental Health Services are not mutually exclusive because respondents could report that they received mental health services in more than one setting in the past year.
Type of Mental Health Services Received in the Past Year: Among Adults Aged 18 or Older; 2021

Note: Mental Health Service Types are not mutually exclusive because respondents could report that they received more than one type of mental health service in the past year.

Note: Mental Health Services include any combination of inpatient or outpatient services, receipt of prescription medication, or virtual services.
Mental Health Services Received in the Past Year: Among Adults Aged 18 or Older with Any Mental Illness or Serious Mental Illness in the Past Year; 2021

Note: Mental Health Services include any combination of inpatient or outpatient services, receipt of prescription medication, or virtual services.

Percent Receiving Mental Health Services in Past Year

<table>
<thead>
<tr>
<th>Category</th>
<th>18 or Older</th>
<th>18 to 25</th>
<th>26 to 49</th>
<th>50 or Older</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any Mental Illness (with or without Serious Mental Illness)</td>
<td>47.2</td>
<td>44.6</td>
<td>48.1</td>
<td>47.4</td>
</tr>
<tr>
<td>Serious Mental Illness</td>
<td>65.4</td>
<td></td>
<td>67.9</td>
<td>71.0</td>
</tr>
</tbody>
</table>

Age Category: 18 or Older, 18 to 25, 26 to 49, 50 or Older
Mental Health Services Received in the Past Year: Among Adults Aged 18 or Older with Any Mental Illness in the Past Year; by Race/Ethnicity, 2021

- NH White: 52.4%
- NH Multiracial: 52.2%
- NH Black: 39.4%
- Hispanic: 36.1%
- NH Asian: 25.4%
- NH AIAN: *
- NH NHOPI: *

Percent Receiving Mental Health Services in Past Year

* Low precision; no estimate reported.
AIAN = American Indian or Alaska Native; Black = Black or African American; Hispanic = Hispanic or Latino; NH = Not Hispanic or Latino; NHOPI = Native Hawaiian or Other Pacific Islander.

Note: Error bars were calculated as 99 percent confidence intervals. Wider error bars indicate less precise estimates. Large apparent differences between groups may not be statistically significant.

Note: Mental Health Services include any combination of inpatient or outpatient services, receipt of prescription medication, or virtual services.
Perceived Unmet Need for Mental Health Services in the Past Year: Among Adults Aged 18 or Older with Any Mental Illness or Serious Mental Illness in the Past Year; 2021

![Bar graph](image_url)

- **Any Mental Illness (with or without Serious Mental Illness)**
  - 18 or Older: 27.6%
  - 18 to 25: 43.9%
  - 26 to 49: 29.5%
  - 50 or Older: 14.2%

- **Serious Mental Illness**
  - 18 or Older: 51.5%
  - 18 to 25: 65.1%
  - 26 to 49: 49.1%
  - 50 or Older: 40.0%

*Age Category: [18 or Older], [18 to 25], [26 to 49], [50 or Older]*
Receipt of Substance Use Treatment at a Specialty Facility and Mental Health Services in the Past Year: Among Youths Aged 12 to 17 with Past Year Illicit Drug or Alcohol Use Disorder and Major Depressive Episode; 2021

- No Treatment: 368,000 People (43.9%)
- SU Tx or MH Services: 471,000 People (56.1%)
- Both SU Tx and MH Services: 31,000 People (6.5%)
- MH Services, but No SU Tx: 440,000 People (93.5%)

* Low precision; no estimate reported.

MH = mental health; SU Tx = substance use treatment.
Receipt of Substance Use Treatment at a Specialty Facility and Mental Health Services in the Past Year: Among Adults Aged 18 or Older with Past Year Illicit Drug or Alcohol Use Disorder and Any Mental Illness; 2021

MH = mental health; SU Tx = substance use treatment.

Note: The percentages may not add to 100 percent due to rounding.
Receipt of Substance Use Treatment at a Specialty Facility and Mental Health Services in the Past Year: Among Adults Aged 18 or Older with Past Year Illicit Drug or Alcohol Use Disorder and Serious Mental Illness; 2021

No Treatment
1.9 Million Adults (33.1%)

SU Tx or MH Services
3.9 Million Adults (66.9%)

Both SU Tx and MH Services
620,000 Adults (16.1%)

SU Tx, but No MH Services
84,000 Adults (2.2%)

MH Services, but No SU Tx
3.1 Million Adults (81.5%)

MH = mental health; SU Tx = substance use treatment.
Note: The percentages may not add to 100 percent due to rounding.
Perceived COVID-19 Pandemic Negative Effect on Emotional or Mental Health: Among Youths Aged 12 to 17; by Past Year Major Depressive Episode (MDE) Status; 2021

Note: The percentages may not add to 100 percent due to rounding.
Perceived COVID-19 Pandemic Negative Effect on Emotional or Mental Health: Among Adults Aged 18 or Older; by Past Year Mental Illness Status; 2021

Note: The percentages may not add to 100 percent due to rounding.
Perceived COVID-19 Pandemic Effect on Alcohol Use: Among Past Year Alcohol Users Aged 12 or Older; 2021

- 12 or Older: 29.6% (A little less or much less), 13.5% (About the same), 16.6% (A little more or much more)
- 12 to 17: 40.9% (A little less or much less), 42.5% (About the same), 16.6% (A little more or much more)
- 18 to 25: 33.2% (A little less or much less), 52.2% (About the same), 14.6% (A little more or much more)
- 26 or Older: 28.8% (A little less or much less), 58.0% (About the same), 13.2% (A little more or much more)
Perceived COVID-19 Pandemic Effect on Drug Use: Among Past Year Drug Users Aged 12 or Older; 2021

Note: Use of drugs included the use of marijuana, cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine in the past year or any use (i.e., not necessarily misuse) of prescription pain relievers, tranquilizers, stimulants, or sedatives in the past year. Drugs did not include tobacco products or nicotine vaping. Note: The percentages may not add to 100 percent due to rounding.
Perceived COVID-19 Pandemic Effect on Access to Substance Use Treatment: Among People Aged 12 or Older Who Received Substance Use Treatment in the Past Year; 2021

* Low precision; no estimate reported.
Perceived COVID-19 Pandemic Effect on Mental Health Services: Among Adults Aged 18 or Older Who Received Services; 2021

- Appointments moved from in person to telehealth
- Delays or cancellations in appointments
- Delays in getting prescriptions
- Unable to access needed care resulting in moderate to severe impact on health
Perceived COVID-19 Pandemic Effect on Access to Medical Care: Among People Aged 12 or Older; 2021

- Appointments moved from in person to telehealth
- Delays or cancellations in appointments
- Delays in getting prescriptions
- Unable to access needed care resulting in moderate to severe impact on health