

Table 6.40A Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Numbers in Thousands, 2021 and 2022

Demographic Characteristic	Had MDE (2021)	Had MDE (2022)	Had MDE with Severe Impairment (2021)	Had MDE with Severe Impairment (2022)
TOTAL	21,553	22,475	14,889	15,873
GENDER				
Male	7,844	8,780	5,170 ^b	6,246
Female	13,709	13,695	9,719	9,627
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	18,074	18,573	12,484	13,151
AIAN	177	94	126	65
Asian	746	963	515	781
Black or African American	2,121	2,038	1,439	1,507
NHOPI	44	*	41	34
White	14,342	14,574	9,924	10,090
Two or More Races	644	825	440 ^a	674
Hispanic or Latino	3,479	3,902	2,404	2,722
EMPLOYMENT STATUS				
Full-Time	9,000	9,608	6,065	6,415
Part-Time	3,739	3,967	2,474	2,772
Unemployed	1,687	1,574	1,194	1,147
Other ¹	7,128	7,326	5,155	5,538

* = low precision; -- = not available or not comparable due to methodological changes; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates for 2021 may differ from previously published estimates because the 2021 analysis weights were updated to facilitate between-year comparisons. See the *2022 National Survey on Drug Use and Health (NSDUH): Methodological Summary and Definitions* for details.

^{a,b} The difference between this estimate and the 2022 estimate is statistically significant at the .05 level (a) or .01 level (b). Rounding may make the estimates appear identical.

¹ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021 and 2022.

Table 6.40B Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; by Demographic Characteristics, Percentages, 2021 and 2022

Demographic Characteristic	Had MDE (2021)	Had MDE (2022)	Had MDE with Severe Impairment (2021)	Had MDE with Severe Impairment (2022)
TOTAL	8.5	8.8	5.9	6.2
GENDER				
Male	6.4	7.0	4.2 ^a	5.0
Female	10.5	10.4	7.5	7.3
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	8.6	8.8	5.9	6.2
AIAN	10.8	7.6	7.7	5.2
Asian	5.0	6.3	3.5	5.1
Black or African American	6.9	6.6	4.7	4.9
NHOPI	4.3	*	4.1	2.8
White	9.1	9.2	6.3	6.4
Two or More Races	14.1	16.4	9.6	13.4
Hispanic or Latino	8.1	8.8	5.6	6.2
EMPLOYMENT STATUS				
Full-Time	7.9	8.1	5.3	5.4
Part-Time	12.3	12.1	8.1	8.4
Unemployed	12.9	14.3	9.1	10.4
Other ¹	7.4	7.8	5.4	5.9

* = low precision; -- = not available or not comparable due to methodological changes; da = does not apply; nr = not reported due to measurement issues.

NOTE: Estimates for 2021 may differ from previously published estimates because the 2021 analysis weights were updated to facilitate between-year comparisons. See the *2022 National Survey on Drug Use and Health (NSDUH): Methodological Summary and Definitions* for details.

^{a,b} The difference between this estimate and the 2022 estimate is statistically significant at the .05 level (a) or .01 level (b). Rounding may make the estimates appear identical.

¹ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021 and 2022.

Table 6.41A Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with Major Depressive Episode (MDE) and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Demographic Characteristics, Numbers in Thousands, 2021 and 2022

Demographic Characteristic	Received Treatment for Depression in Past Year among People with MDE (2021)	Received Treatment for Depression in Past Year among People with MDE (2022)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment (2021)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment (2022)
TOTAL	12,932	14,088	9,423 ^a	10,493
GENDER				
Male	4,184	4,725	2,828 ^b	3,619
Female	8,748	9,363	6,595	6,874
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	10,975	12,098	8,076	9,018
AIAN	*	*	*	*
Asian	*	*	*	*
Black or African American	1,030	1,118	702	876
NHOPI	*	*	*	*
White	9,131	9,824	6,760	7,259
Two or More Races	374	529	*	*
Hispanic or Latino	1,957	1,990	1,347	1,475
EMPLOYMENT STATUS				
Full-Time	5,170	5,686	3,638	3,930
Part-Time	2,156	2,413	1,521	1,831
Unemployed	963	865	772	670
Other ¹	4,643	5,124	3,492	4,061

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NOTE: Estimates for 2021 may differ from previously published estimates because the 2021 analysis weights were updated to facilitate between-year comparisons. See the *2022 National Survey on Drug Use and Health (NSDUH): Methodological Summary and Definitions* for details.

NOTE: Estimates in this table exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2022 National Survey on Drug Use and Health (NSDUH): Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year treatment for depression data were excluded.

^{a,b} The difference between this estimate and the 2022 estimate is statistically significant at the .05 level (a) or .01 level (b). Rounding may make the estimates appear identical.

¹ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2021 and 2022.

Table 6.41B Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with Major Depressive Episode (MDE) and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Demographic Characteristics, Percentages, 2021 and 2022

Demographic Characteristic	Received Treatment for Depression in Past Year among People with MDE (2021)	Received Treatment for Depression in Past Year among People with MDE (2022)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment (2021)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment (2022)
TOTAL	60.8	63.7	64.4	67.1
GENDER				
Male	53.5	55.6	55.1	59.4
Female	65.1	68.8	69.4	72.0
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	61.3 ^b	66.1	65.4	69.5
AIAN	*	*	*	*
Asian	*	*	*	*
Black or African American	49.6	56.1	50.9	59.3
NHOPI	*	*	*	*
White	64.0 ^a	68.4	68.4	72.8
Two or More Races	58.6	66.2	*	*
Hispanic or Latino	58.3	52.2	59.0	55.5
EMPLOYMENT STATUS				
Full-Time	57.8	60.1	60.1	61.9
Part-Time	58.4	62.3	63.7	67.4
Unemployed	57.5	55.5	62.5	58.8
Other ¹	66.8	71.0	70.4	74.7

* = low precision; -- = not available or not comparable due to methodological changes; da = does not apply; nr = not reported due to measurement issues.

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NOTE: Estimates in this table exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2022 National Survey on Drug Use and Health (NSDUH): Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year treatment for depression data were excluded.

^{a,b} The difference between this estimate and the 2022 estimate is statistically significant at the .05 level (a) or .01 level (b). Rounding may make the estimates appear identical.

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