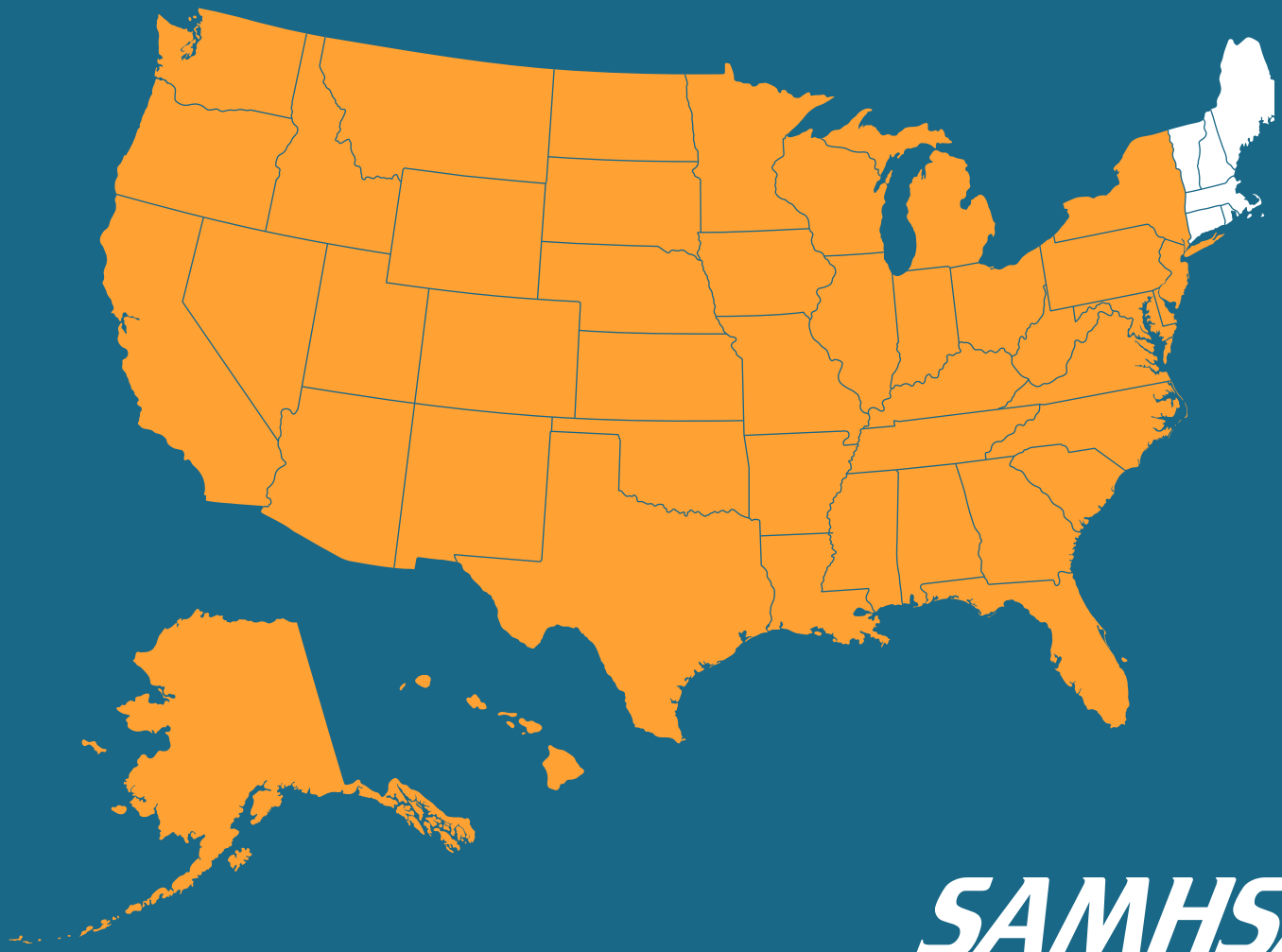
CBHSQ
Center for Behavioral Health Statistics and Quality

Behavioral Health Barometer

Division 1 | Volume 9

Indicators as Measured in the 2022-2023 and 2023-2024
National Surveys on Drug Use and Health



SAMHSA
Substance Abuse and Mental Health Services Administration

Behavioral Health Barometer, Division 1, Volume 9:

Indicators as Measured in the 2022-2023 and 2023-2024 National Surveys on Drug Use and Health

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Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality

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Introduction

Purpose of This Report

The *Behavioral Health Barometer, Division 1, Volume 9: Indicators as Measured in the 2022-2023 and 2023-2024 National Surveys on Drug Use and Health* provides an update on a series of topics that focus on substance use and mental health (collectively referred to as "behavioral health") in U.S. Census Division 1, which includes Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont. The Substance Abuse and Mental Health Services Administration (SAMHSA) selected specific topics and indicators for this report to represent a cross-section of the key behavioral health indicators that are assessed in the 2022-2023 and 2023-2024 National Surveys on Drug Use and Health (NSDUHs). The intent of this report is to assist researchers, clinicians, policymakers, and the general public to better understand and improve the nation's behavioral health.

Survey Background

NSDUH is an annual survey sponsored by SAMHSA, within the U.S. Department of Health and Human Services. NSDUH covers residents of households and people in noninstitutional group settings (e.g., shelters, boarding houses, college dormitories, halfway houses) aged 12 or older. The survey excludes people with no fixed address (e.g., people who are homeless and not in shelters), military personnel on active duty, and residents of institutional group settings (e.g., jails, nursing homes, mental health institutions, long-term care facilities).

Methodological Information

All estimates presented are based on a small area estimation (SAE) methodology, a model-based methodology that incorporates auxiliary data, such as county and subcounty-level U.S. Census Bureau information, to improve the precision of the resulting estimates. The SAE methodology provides more precise estimates at the state level than those based solely on the NSDUH data (i.e., design-based estimates), particularly for states with smaller sample sizes. To further improve the precision of state estimates, 2 consecutive years of NSDUH data are used in the SAE modeling. To ensure internal consistency, it is desirable to have the national small area estimates (population-weighted averages of the state-level small area estimates) exactly match the national design-based estimates. Thus, all estimates are benchmarked so the national small area estimate equals the national design-based estimate calculated with NSDUH data alone. The U.S. census division-level estimates are population-weighted averages of the benchmarked state-level estimates. For more information about the SAE methodology (including benchmarking), see Section B of the *2023-2024 NSDUH: Guide to Substate Tables and Summary of Small Area Estimation Methodology*.[1]

Introduction *(continued)*

Statistical tests to compare population percentages of (1) U.S. census division versus national estimates, (2) state versus national estimates, and (3) state versus U.S. census division estimates were conducted. Additional comparisons across time (2022-2023 versus 2023-2024 estimates at the U.S. census division and state levels) were also conducted. SAE modeling was used to account for correlations among state, U.S. census division, and national estimates in addition to correlations between the 2022-2023 and 2023-2024 estimates. Unless explicitly stated that a difference is not statistically significant, all statements that describe differences are significant at the .05 level. For more information on these statistical tests, see the *2023-2024 NSDUH: Guide to Comparison of Population Percentages across Geographies*[2] and the *Methodology Used to Estimate the Bayes Significance Level for the Null Hypothesis of No Change between the 2022-2023 and 2023-2024 State Population Percentages*.[3]

Organization of This Report

This report is divided into sections based on age group and content areas. Definitions of key measures and terms included in the report are presented before the sections begin. Sections on substance use and substance use disorder among people aged 12 or older appear first, followed by sections on substance use, perceived risk from substance use, substance use disorder, mental health, and suicidal thoughts and behaviors among adolescents aged 12 to 17. Sections on underage alcohol use, tobacco use, and alcohol use disorder among people aged 12 to 20 appear next, followed by mental health and suicidal thoughts and behaviors among adults aged 18 or older. Sections on substance use, substance use disorder, mental health, and suicidal thoughts and behaviors among young adults aged 18 to 25 appear last. Sections include text boxes describing the analyses and graphics. The orange horizontal line on each bar graph indicates the national average for that measure. Statistically significant differences are described using terms such as “higher,” “lower,” “increased,” or “decreased.” Statements use terms such as “similar” or “did not change significantly” when a difference was not statistically significant. In general, an increase in estimates over time is indicated by a red triangle pointing upward, whereas a decrease in estimates over time is indicated by a green triangle pointing downward. The colors are reversed for the perceived risk measures.

Definitions

SUBSTANCE USE

Binge drinking means consumption of four or more drinks on the same occasion for females and five or more drinks on the same occasion for males on at least 1 day in the past 30 days.

Illicit drug use includes the use of marijuana, cocaine, heroin, hallucinogens, inhalants, and methamphetamine, as well as the misuse of prescription drugs (pain relievers, tranquilizers, stimulants, or sedatives).

Misuse of prescription drugs means use in any way not directed by a doctor, such as use without a prescription of one's own, or use in greater amounts, more often, or longer than told to take a drug.

Opioid misuse includes the misuse of prescription opioids or the use of heroin. Opioid misuse does not include use of illegally made fentanyl.

Tobacco product use includes the use of cigarettes, smokeless tobacco, cigars, or pipe tobacco. It does not include the use of e-cigarettes or another vaping device to vape nicotine.

SUBSTANCE USE DISORDERS

Substance use disorder (SUD) is characterized by impairment caused by the recurrent use of alcohol or other drugs (or both), including health problems, disability, and failure to meet major responsibilities at work, school, or home. Respondents were classified as having an SUD in the past year if they met criteria specified in the *Diagnostic and Statistical Manual of Mental Disorders*, 5th edition (DSM-5).[4] Respondents who used marijuana, cocaine, heroin, hallucinogens, inhalants, methamphetamine, or prescription psychotherapeutic drugs were classified as having a **drug use disorder (DUD)** if they had a disorder related to any of these substances that they used in the past year. Respondents who used **alcohol in the past year were classified as having an alcohol use disorder (AUD)** if they met criteria for an AUD in the past year. Respondents were classified as having an SUD if they had an AUD or a DUD in the past year.

PERCEIVED RISK FROM SUBSTANCE USE

Adolescent respondents were asked about **perceived risk** from harming themselves physically and in other ways when they use marijuana, alcohol, or cigarettes with various levels of frequency. Response options were (1) no risk, (2) slight risk, (3) moderate risk, and (4) great risk.

MENTAL HEALTH

Any mental illness (AMI) among adults refers to the presence of a mental, behavioral, or emotional disorder in the past year of sufficient duration to meet criteria from the *Diagnostic and Statistical Manual of Mental Disorders*, 4th edition,[5] excluding developmental disorders and SUDs.

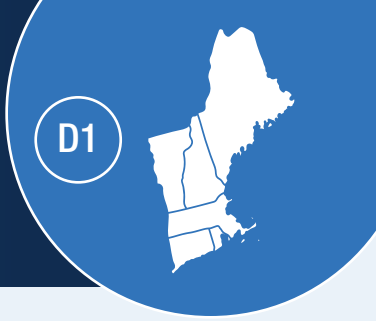
Serious mental illness (SMI) among adults refers to the presence of a mental, behavioral, or emotional disorder in the past year that substantially interfered with or limited one or more major life activities. These estimates are based on indicators of AMI and SMI rather than direct measures of diagnostic criteria. For more details on the estimation of AMI and SMI, see the *2024 National Survey on Drug Use and Health (NSDUH): Methodological Summary and Definitions report*.[6]

NSDUH respondents were classified as having a **major depressive episode (MDE)** in the past 12 months if (1) they had at least one period of 2 weeks or longer in the past year when for most of the day nearly every day they felt depressed or lost interest or pleasure in daily activities; and (2) they also had problems with sleeping, eating, energy, concentration, self-worth, or having recurrent thoughts of death or recurrent suicidal ideation. The MDE questions are based on diagnostic criteria from the DSM-5.

SUICIDAL THOUGHTS AND BEHAVIORS

Respondents were asked whether they had seriously thought about killing themselves, made any plans to kill themselves, or tried to kill themselves at any time during the past 12 months. Estimates for **suicidal thoughts and behaviors among adolescents** reflect the percentage who answered "yes" among all respondents. Respondents who answered "no," "I'm not sure," and "I don't want to answer" were grouped together as the "no" category. Thus, the estimates for suicidal thoughts and behaviors among adolescents may be underestimated.

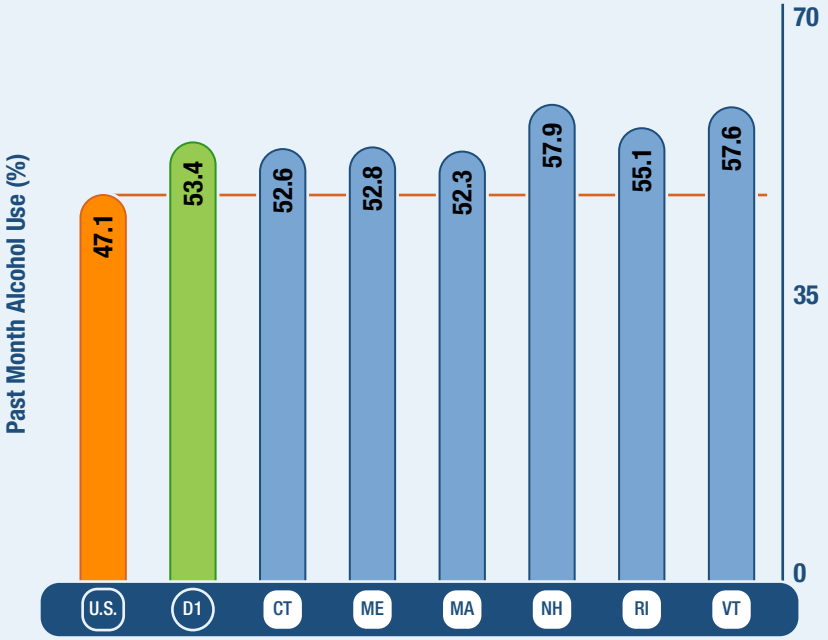
Substance Use | Aged 12 or Older
Alcohol Use in the Past Month



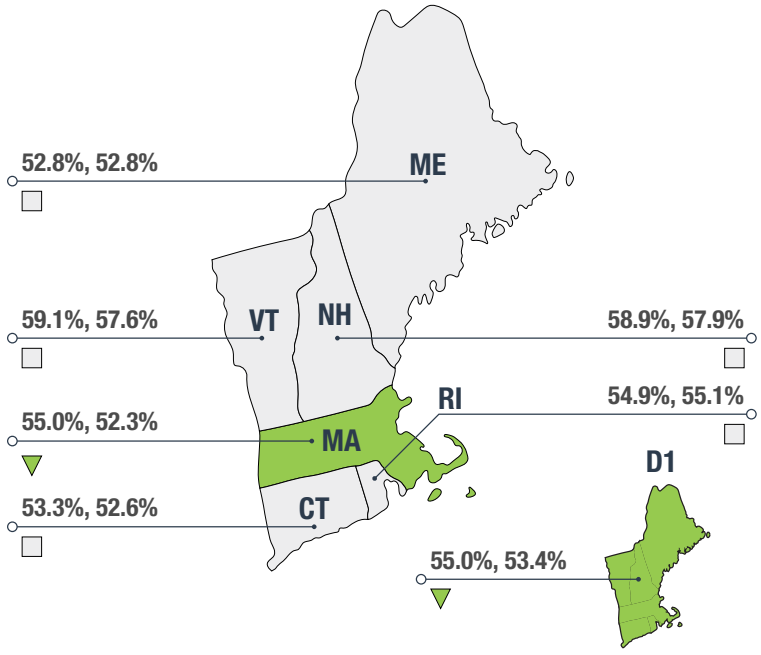
In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **53.4% used alcohol** in the past month, which was **higher** than the national average (**47.1%**).

Compared with the **national** average, the estimate was **higher** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **higher** for New Hampshire and Vermont and **similar** for Connecticut, Maine, Massachusetts, and Rhode Island.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

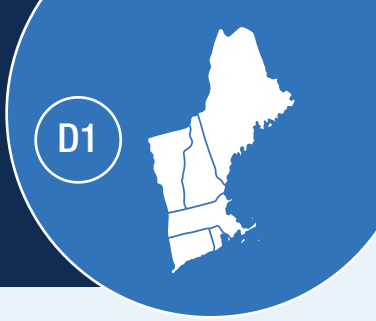
Among people aged 12 or older in the **New England** U.S. census division, the annual average for alcohol use in the past month **decreased** between 2022-2023 (**55.0%**) and 2023-2024 (**53.4%**).

The percentage **decreased** for Massachusetts and **did not change significantly** for Connecticut, Maine, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

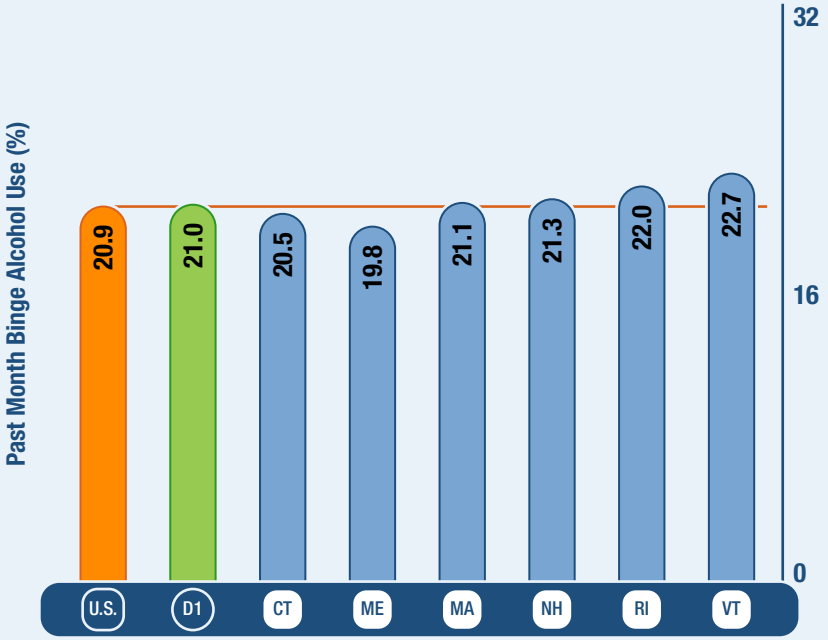
Substance Use | Aged 12 or Older
Binge Alcohol Use in the Past Month



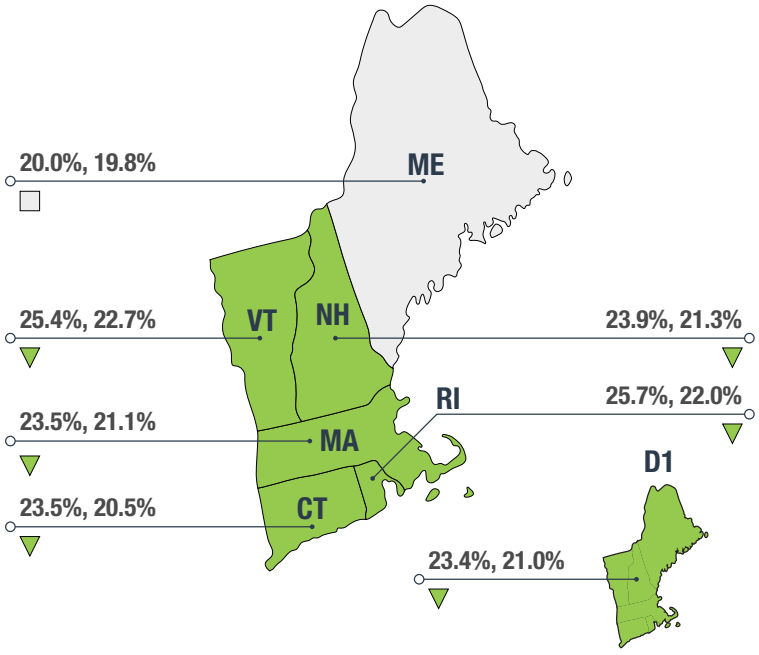
In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **21.0% engaged in binge drinking** in the past month, which was **similar** to the national average (**20.9%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

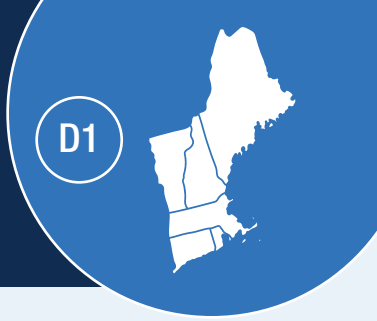
Among people aged 12 or older in the **New England** U.S. census division, the annual average for binge alcohol use in the past month **decreased** between 2022-2023 (**23.4%**) and 2023-2024 (**21.0%**).

The percentage **decreased** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont and **did not change significantly** for Maine.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

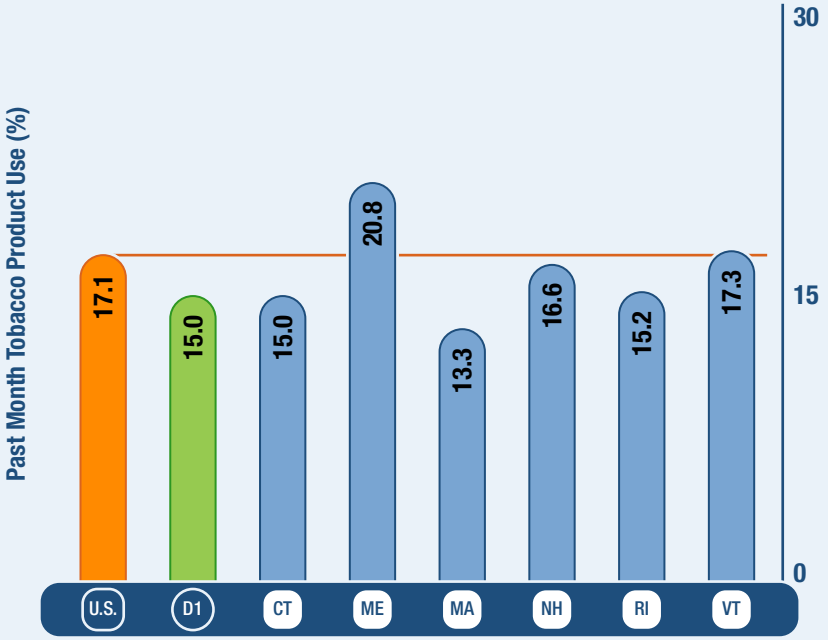
Substance Use | Aged 12 or Older
Tobacco Product Use in the Past Month



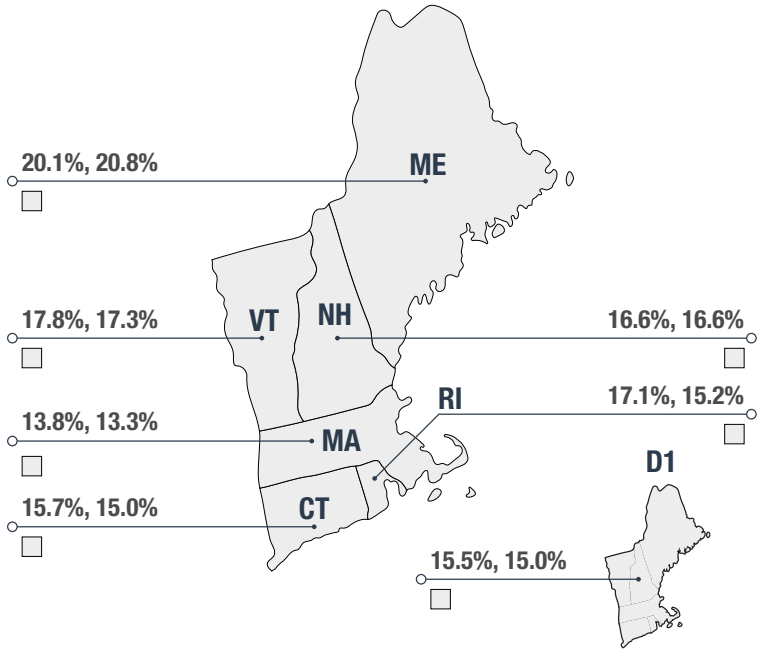
In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **15.0% used tobacco products** in the past month, which was **lower** than the national average (**17.1%**).

Compared with the **national** average, the estimate was **higher** for Maine; **lower** for Massachusetts; and **similar** for Connecticut, New Hampshire, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine; **lower** for Massachusetts; and **similar** for Connecticut, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

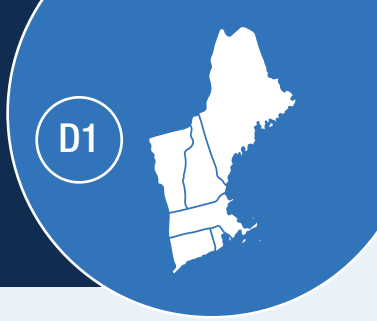
Among people aged 12 or older in the **New England** U.S. census division, the annual average for tobacco product use in the past month **did not change significantly** between 2022-2023 (**15.5%**) and 2023-2024 (**15.0%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

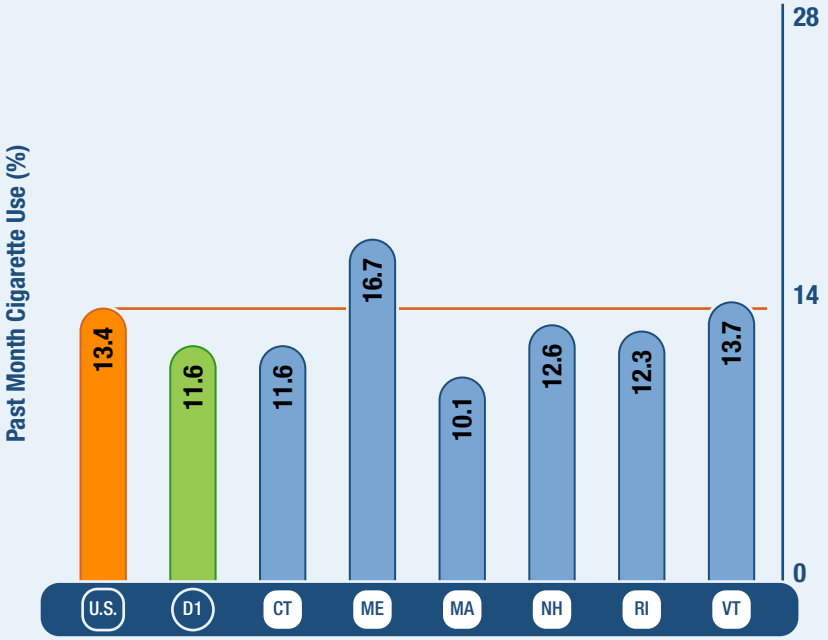
Substance Use | Aged 12 or Older
Cigarette Use in the Past Month



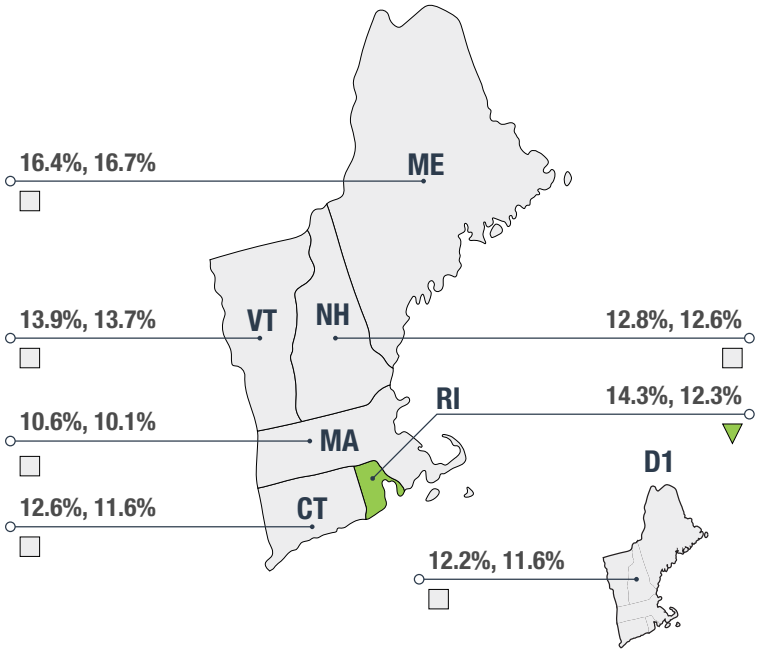
In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **11.6% used cigarettes** in the past month, which was **lower** than the national average (**13.4%**).

Compared with the **national** average, the estimate was **higher** for Maine; **lower** for Massachusetts; and **similar** for Connecticut, New Hampshire, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine; **lower** for Massachusetts; and **similar** for Connecticut, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

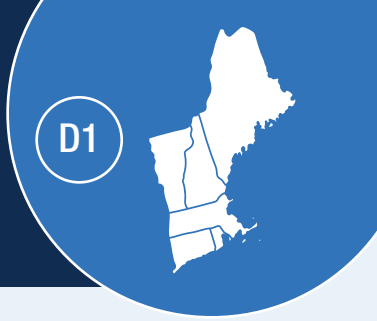
Among people aged 12 or older in the **New England** U.S. census division, the annual average for cigarette use in the past month **did not change significantly** between 2022-2023 (**12.2%**) and 2023-2024 (**11.6%**).

The percentage **decreased** for Rhode Island and **did not change significantly** for Connecticut, Maine, Massachusetts, New Hampshire, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

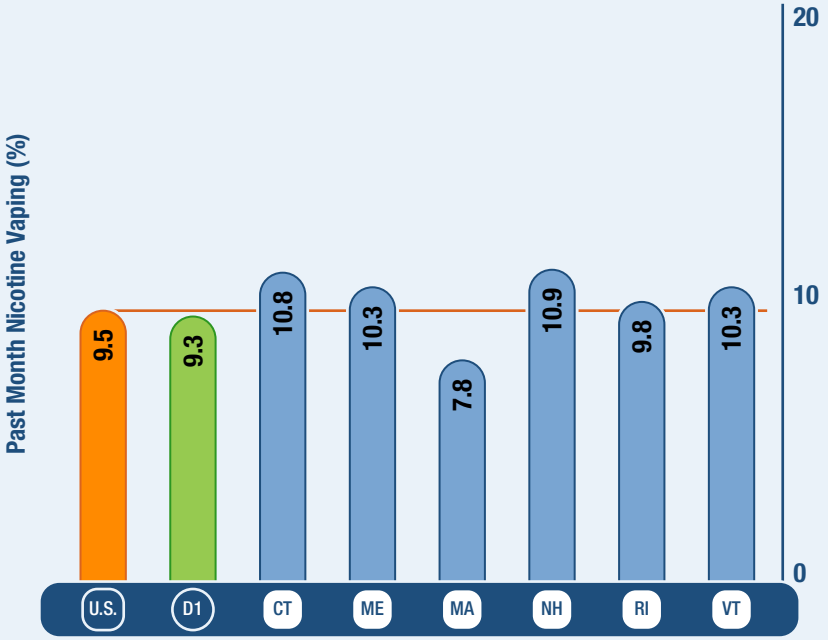
Substance Use | Aged 12 or Older
Nicotine Vaping in the Past Month



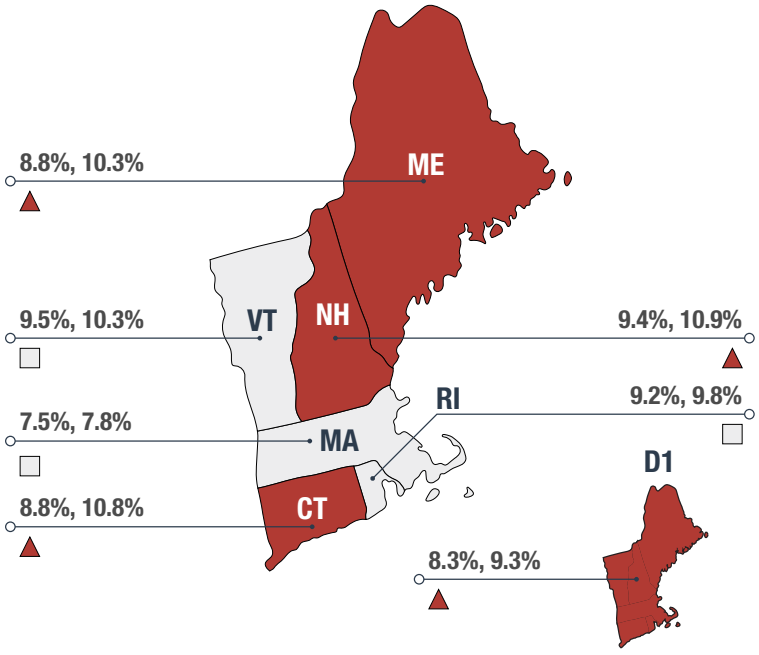
In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **9.3% vaped nicotine** in the past month, which was **similar** to the national average (**9.5%**).

Compared with the **national** average, the estimate was **lower** for Massachusetts and **similar** for Connecticut, Maine, New Hampshire, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **higher** for Connecticut; **lower** for Massachusetts; and **similar** for Maine, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

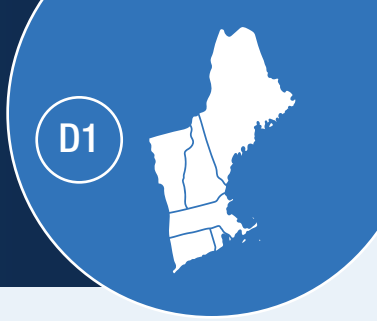
Among people aged 12 or older in the **New England** U.S. census division, the annual average for nicotine vaping in the past month **increased** between 2022-2023 (**8.3%**) and 2023-2024 (**9.3%**).

The percentage **increased** for Connecticut, Maine, and New Hampshire and **did not change significantly** for Massachusetts, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

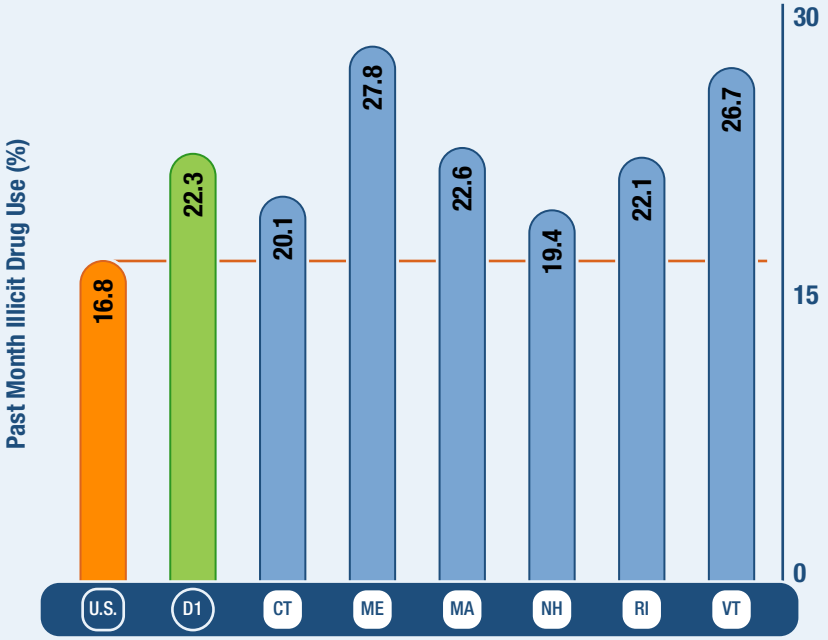
Substance Use | Aged 12 or Older
Illicit Drug Use in the Past Month



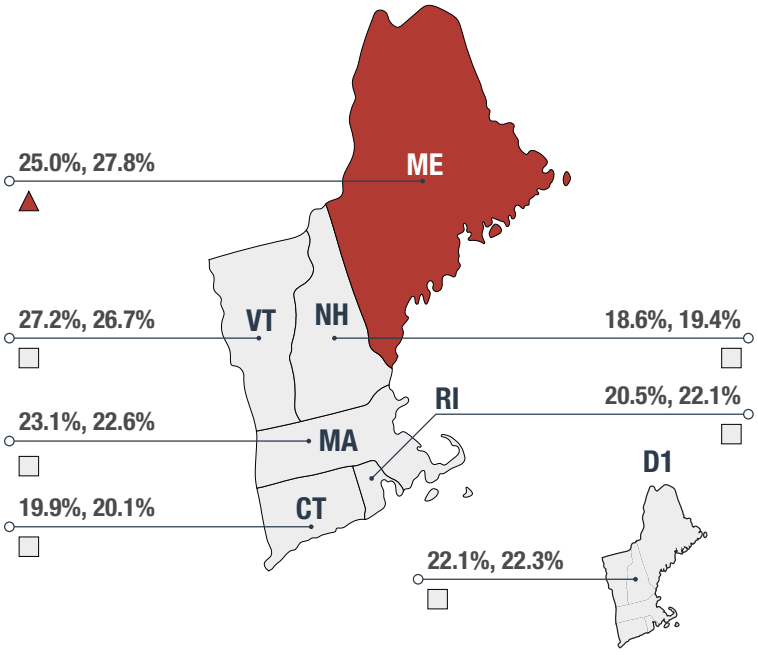
In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **22.3% used illicit drugs** in the past month, which was **higher** than the national average (**16.8%**).

Compared with the **national** average, the estimate was **higher** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and Vermont and **similar** for Connecticut, Massachusetts, New Hampshire, and Rhode Island.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

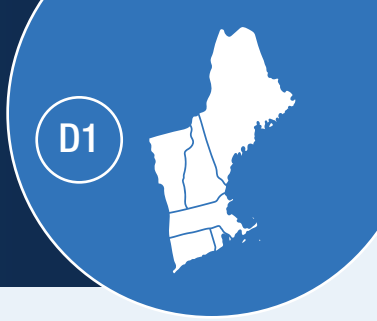
Among people aged 12 or older in the **New England** U.S. census division, the annual average for illicit drug use in the past month **did not change significantly** between 2022-2023 (**22.1%**) and 2023-2024 (**22.3%**).

The percentage **increased** for Maine and **did not change significantly** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

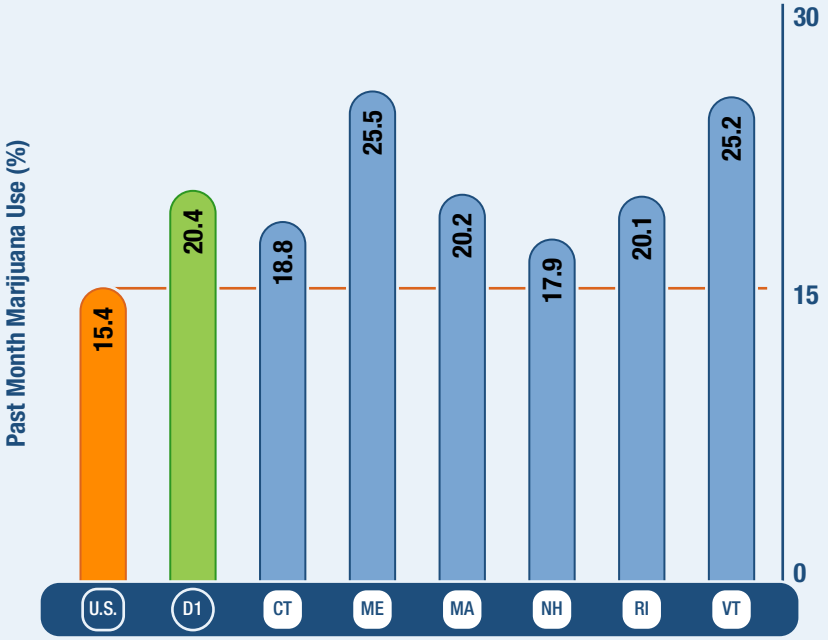
Substance Use | Aged 12 or Older
Marijuana Use in the Past Month



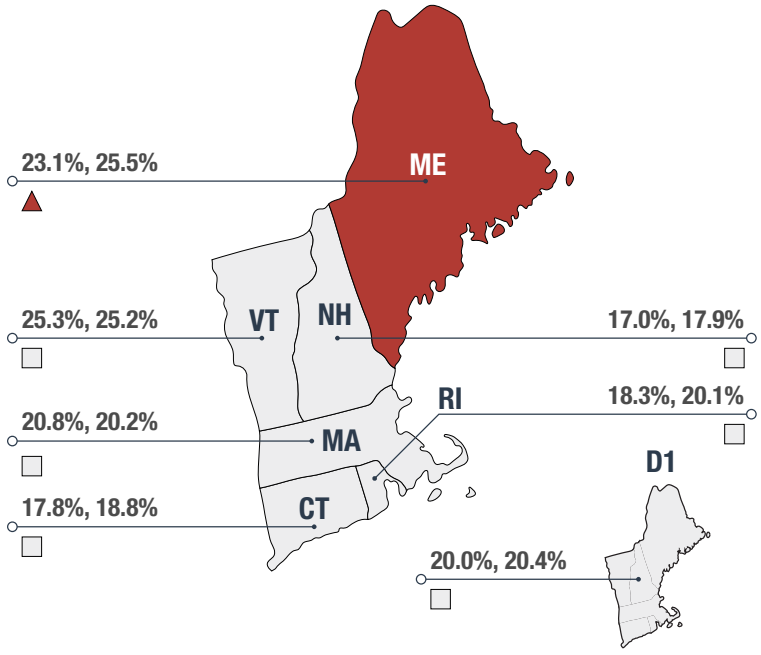
In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **20.4% used marijuana** in the past month, which was **higher** than the national average (**15.4%**).

Compared with the **national** average, the estimate was **higher** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and Vermont and **similar** for Connecticut, Massachusetts, New Hampshire, and Rhode Island.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

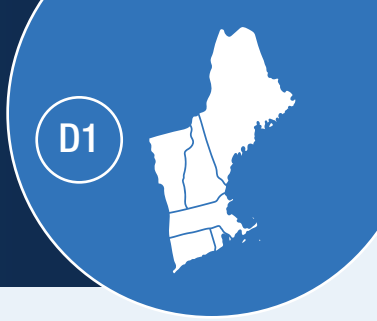
Among people aged 12 or older in the **New England** U.S. census division, the annual average for marijuana use in the past month **did not change significantly** between 2022-2023 (**20.0%**) and 2023-2024 (**20.4%**).

The percentage **increased** for Maine and **did not change significantly** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

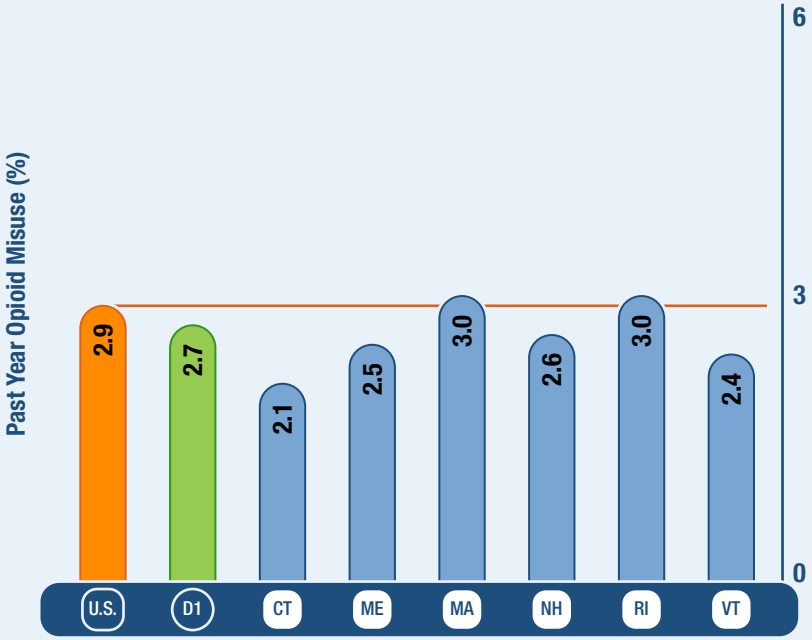
Substance Use | Aged 12 or Older
Opioid Misuse in the Past Year



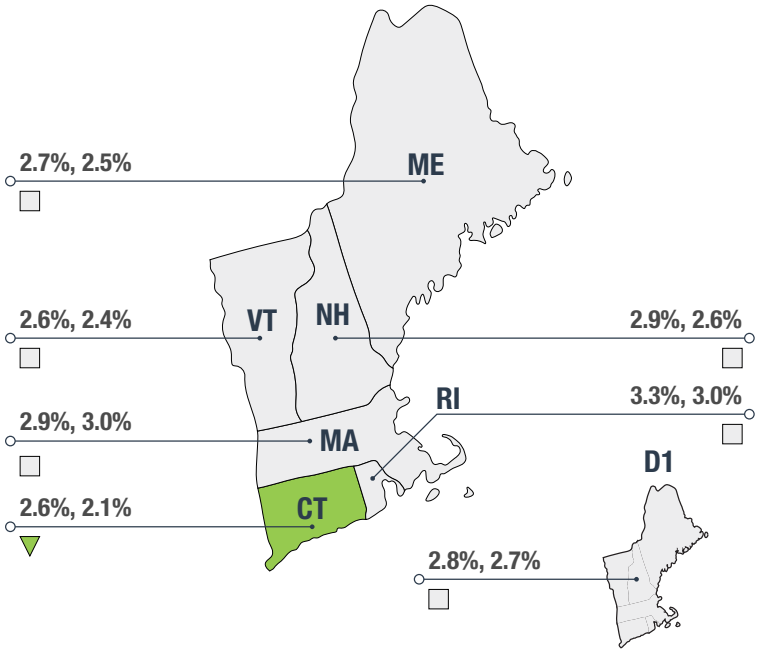
In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **2.7% misused opioids** in the past year, which was **similar** to the national average (**2.9%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

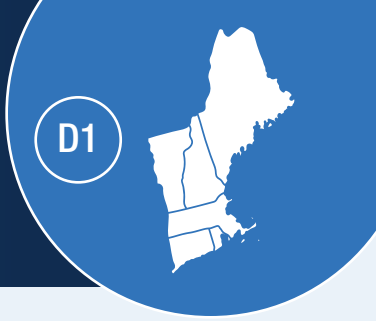
Among people aged 12 or older in the **New England** U.S. census division, the annual average for opioid misuse in the past year **did not change significantly** between 2022-2023 (**2.8%**) and 2023-2024 (**2.7%**).

The percentage **decreased** for Connecticut and **did not change significantly** for Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

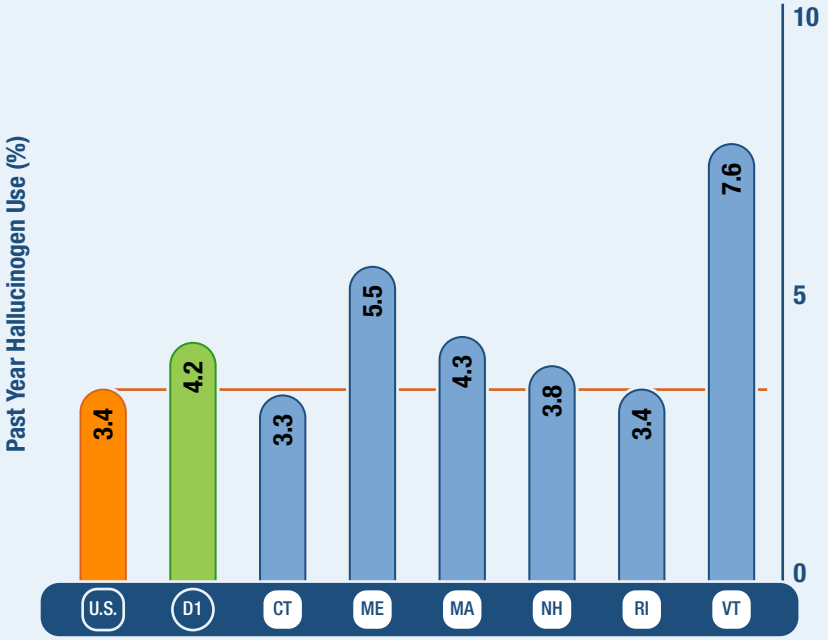
Substance Use | Aged 12 or Older
Hallucinogen Use in the Past Year



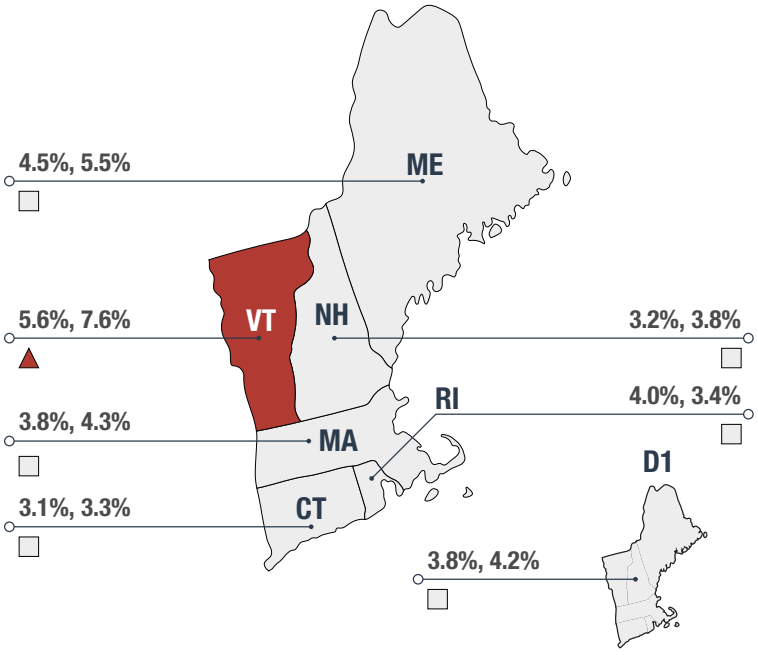
In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **4.2% used hallucinogens** in the past year, which was **higher** than the national average (**3.4%**).

Compared with the **national** average, the estimate was **higher** for Maine and Vermont and **similar** for Connecticut, Massachusetts, New Hampshire, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **higher** for Vermont and **similar** for Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- ▲ **Increased** from 2022-2023 to 2023-2024
- □ **No significant change** from 2022-2023 to 2023-2024
- ▽ **Decreased** from 2022-2023 to 2023-2024

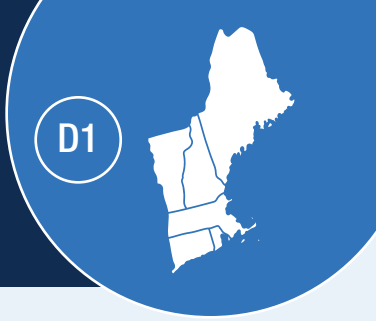
Among people aged 12 or older in the **New England** U.S. census division, the annual average for hallucinogen use in the past year **did not change significantly** between 2022-2023 (**3.8%**) and 2023-2024 (**4.2%**).

The percentage **increased** for Vermont and **did not change significantly** for Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

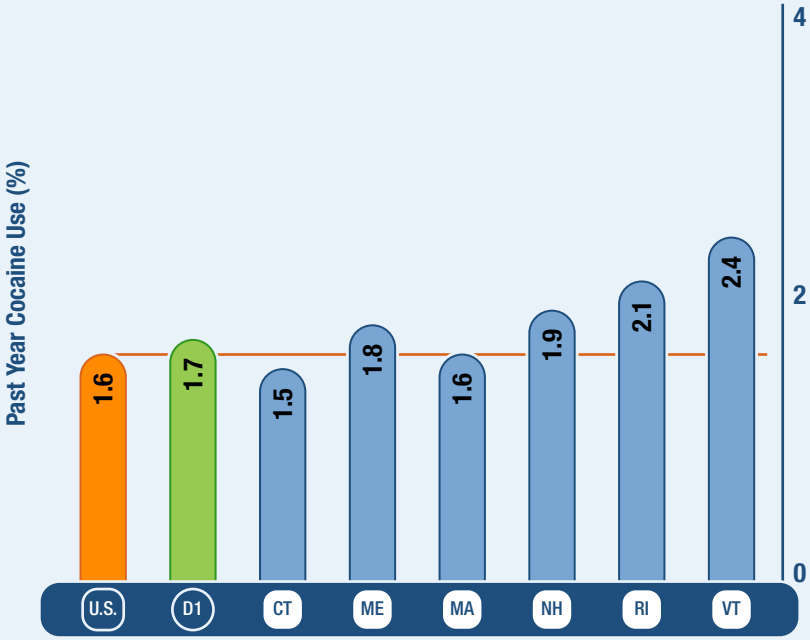
Substance Use | Aged 12 or Older
Cocaine Use in the Past Year



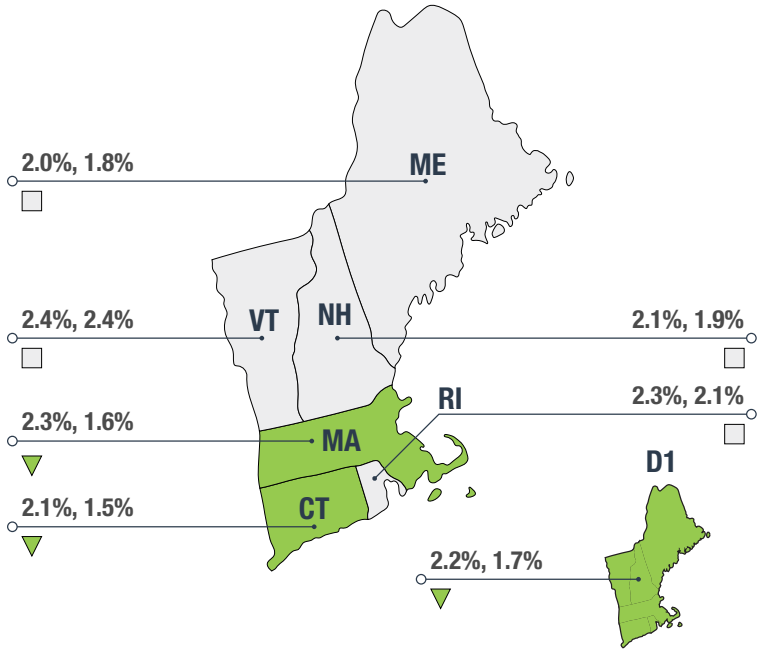
In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **1.7% used cocaine** in the past year, which was **similar** to the national average (**1.6%**).

Compared with the **national** average, the estimate was **higher** for Vermont and **similar** for Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **New England** U.S. census division, the annual average for cocaine use in the past year **decreased** between 2022-2023 (**2.2%**) and 2023-2024 (**1.7%**).

The percentage **decreased** for Connecticut and Massachusetts and **did not change significantly** for Maine, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

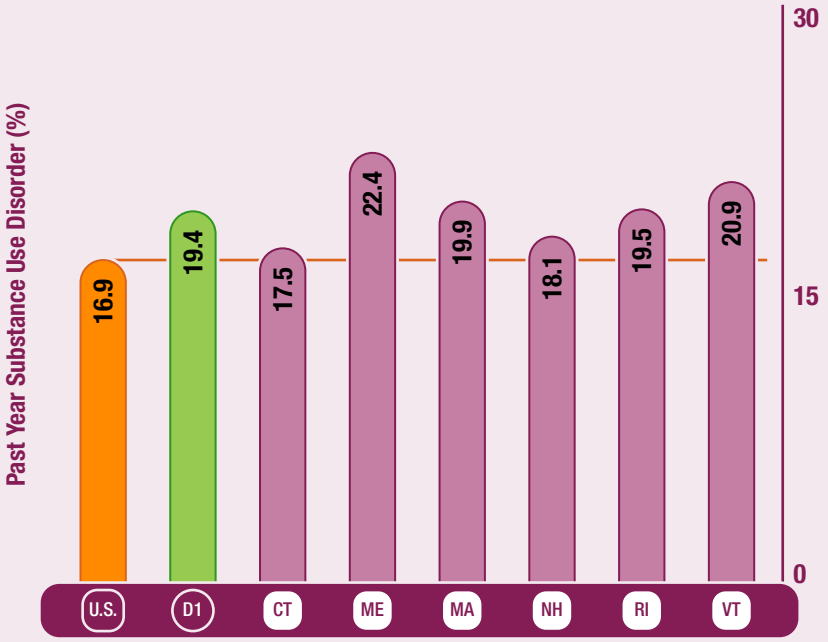
Substance Use Disorders | Aged 12 or Older

Substance Use Disorder in the Past Year

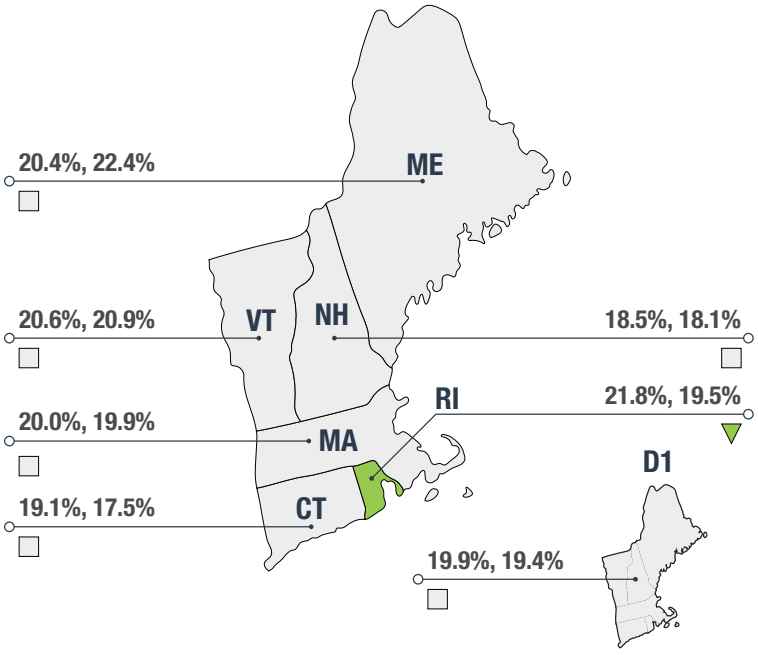
In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **19.4% had a substance use disorder** in the past year, which was **higher** than the national average (**16.9%**).

Compared with the **national** average, the estimate was **higher** for Maine, Massachusetts, Rhode Island, and Vermont and **similar** for Connecticut and New Hampshire.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **New England** U.S. census division, the annual average for substance use disorder in the past year **did not change significantly** between 2022-2023 (**19.9%**) and 2023-2024 (**19.4%**).

The percentage **decreased** for Rhode Island and **did not change significantly** for Connecticut, Maine, Massachusetts, New Hampshire, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

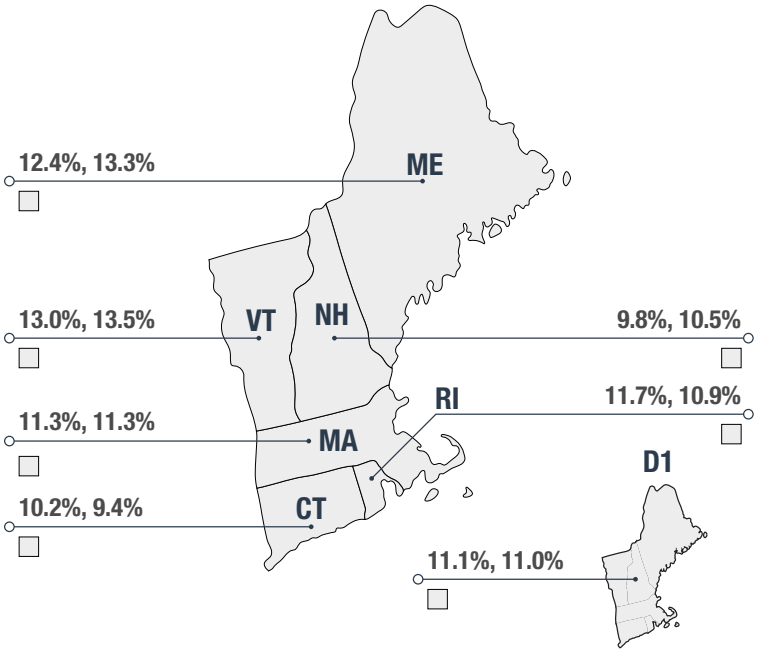
Substance Use Disorders | Aged 12 or Older
Drug Use Disorder in the Past Year

In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **11.0% had a drug use disorder** in the past year, which was **higher** than the national average (**9.7%**).

Compared with the **national** average, the estimate was **higher** for Maine and Vermont and **similar** for Connecticut, Massachusetts, New Hampshire, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **higher** for Vermont and **similar** for Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **New England** U.S. census division, the annual average for drug use disorder in the past year **did not change significantly** between 2022-2023 (**11.1%**) and 2023-2024 (**11.0%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

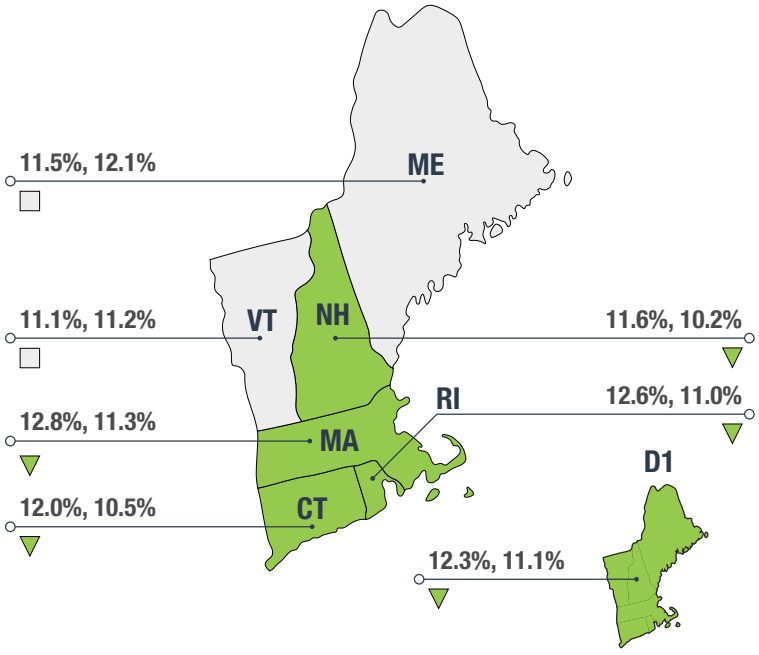
Substance Use Disorders | Aged 12 or Older
Alcohol Use Disorder in the Past Year

In 2023-2024, among people aged 12 or older in the **New England** U.S. census division, **11.1% had an alcohol use disorder** in the past year, which was **higher** than the national average (**9.9%**).

Compared with the **national** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

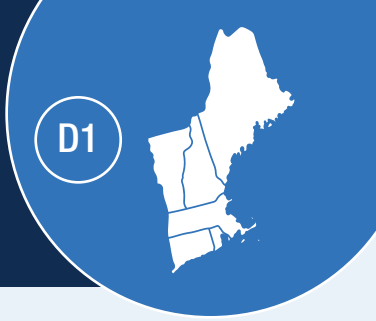
Among people aged 12 or older in the **New England** U.S. census division, the annual average for alcohol use disorder in the past year **decreased** between 2022-2023 (**12.3%**) and 2023-2024 (**11.1%**).

The percentage **decreased** for Connecticut, Massachusetts, New Hampshire, and Rhode Island and **did not change significantly** for Maine and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

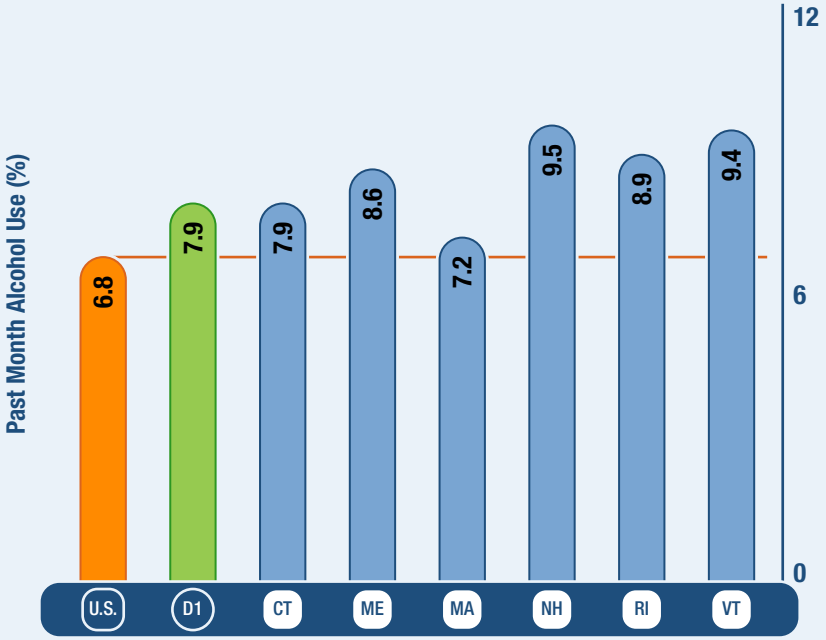
Substance Use | Aged 12 to 17
Alcohol Use in the Past Month



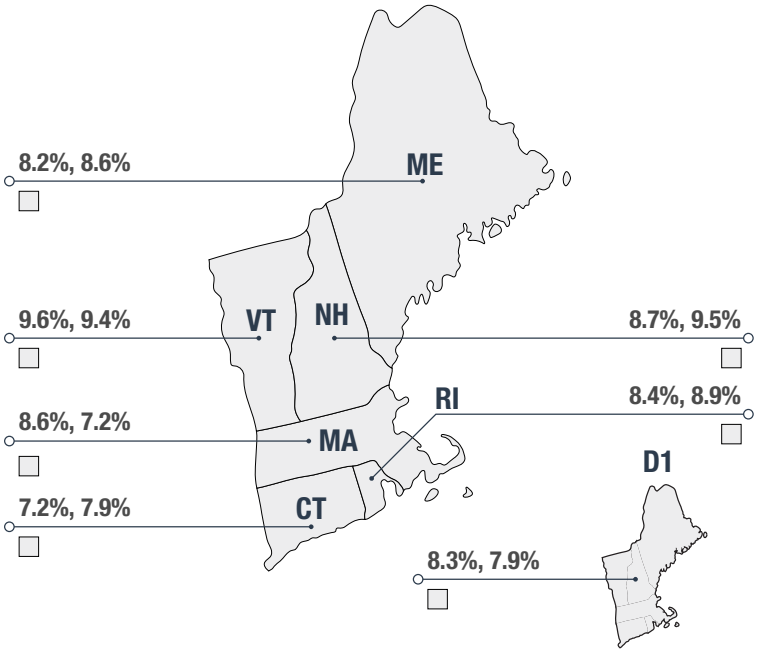
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **7.9% used alcohol** in the past month, which was **similar** to the national average (**6.8%**).

Compared with the **national** average, the estimate was **higher** for New Hampshire and Vermont and **similar** for Connecticut, Maine, Massachusetts, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

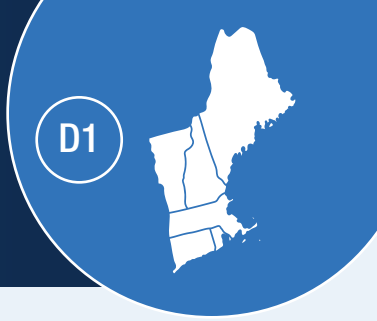
Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for alcohol use in the past month **did not change significantly** between 2022-2023 (**8.3%**) and 2023-2024 (**7.9%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

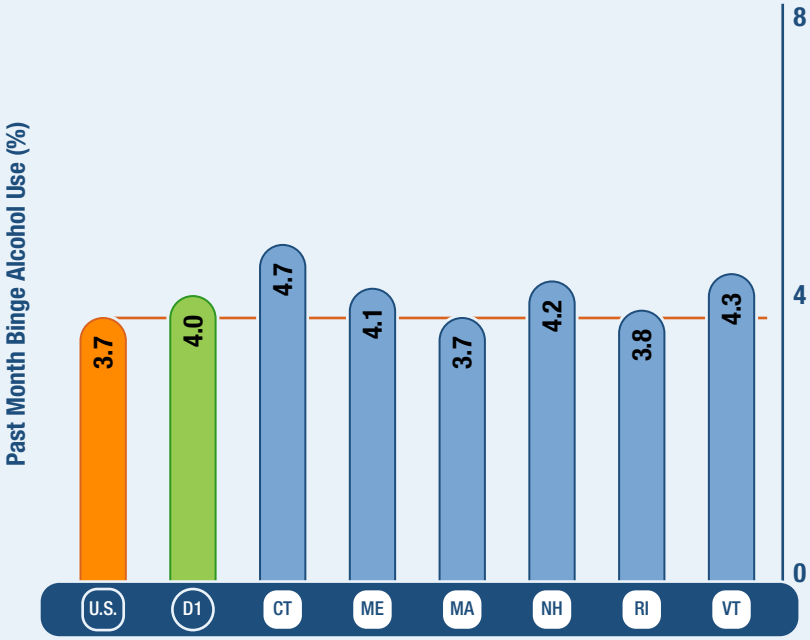
Substance Use | Aged 12 to 17
Binge Alcohol Use in the Past Month



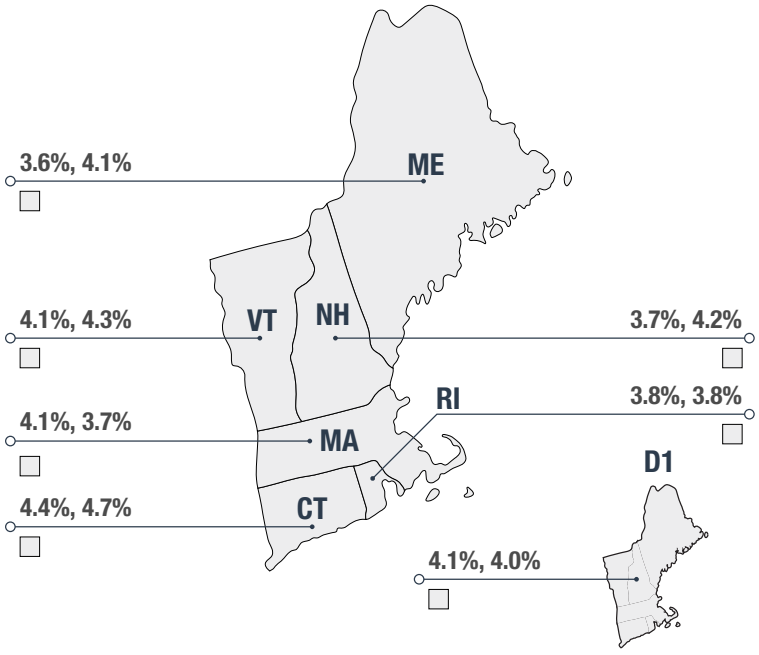
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **4.0% engaged in binge drinking** in the past month, which was **similar** to the national average (**3.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

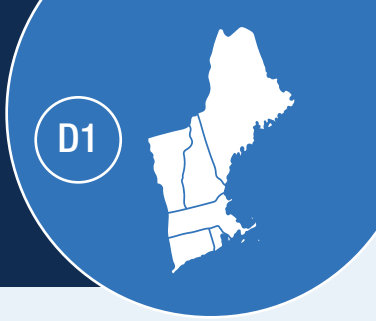
Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for binge alcohol use in the past month **did not change significantly** between 2022-2023 (**4.1%**) and 2023-2024 (**4.0%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

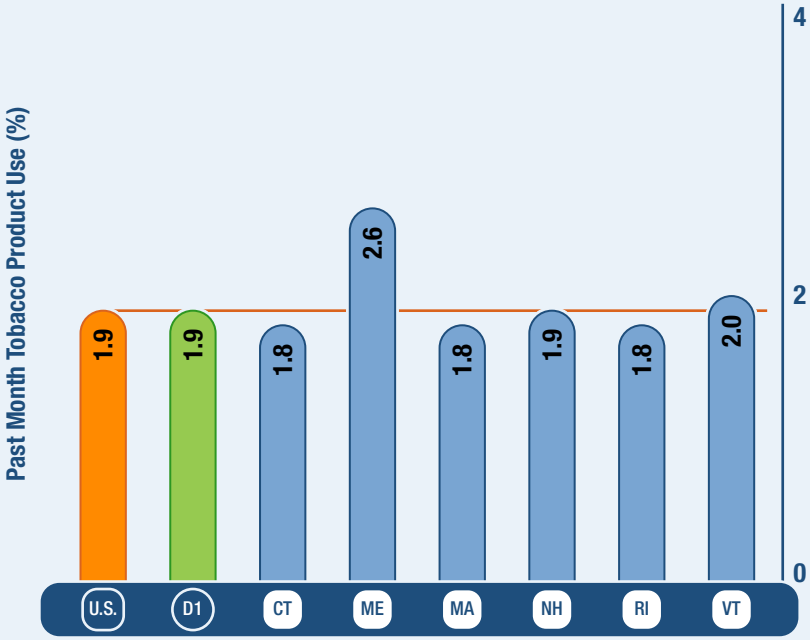
Substance Use | Aged 12 to 17
Tobacco Product Use in the Past Month



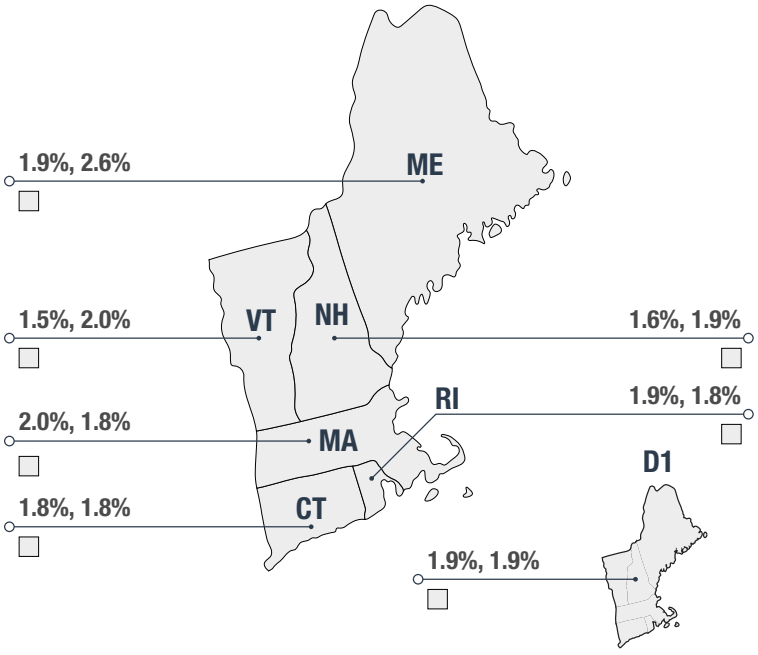
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **1.9% used tobacco products** in the past month, which was **similar** to the national average (**1.9%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

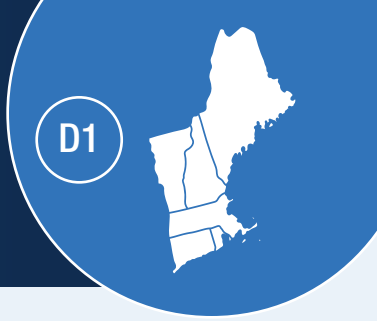
Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for tobacco product use in the past month **did not change significantly** between 2022-2023 (**1.9%**) and 2023-2024 (**1.9%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

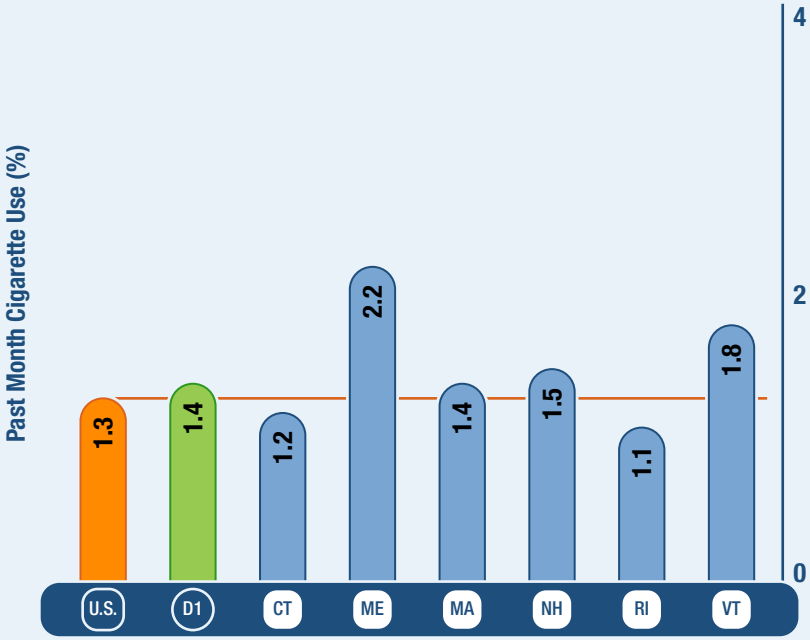
Substance Use | Aged 12 to 17
Cigarette Use in the Past Month



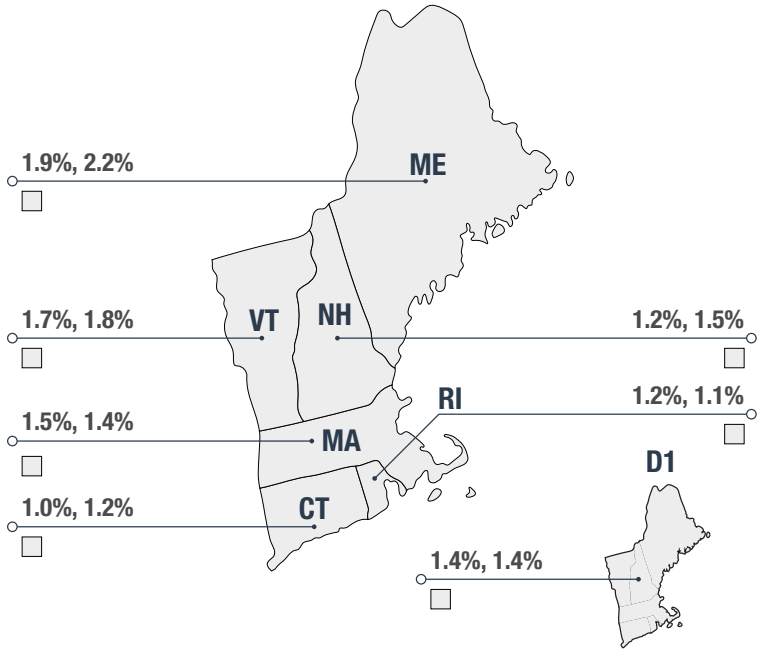
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **1.4% used cigarettes** in the past month, which was **similar** to the national average (**1.3%**).

Compared with the **national** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

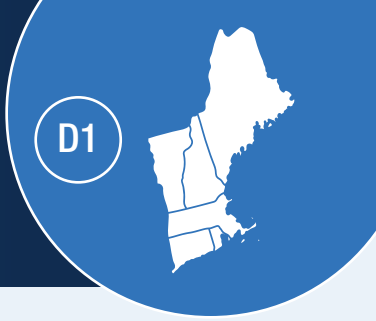
Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for cigarette use in the past month **did not change significantly** between 2022-2023 (**1.4%**) and 2023-2024 (**1.4%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

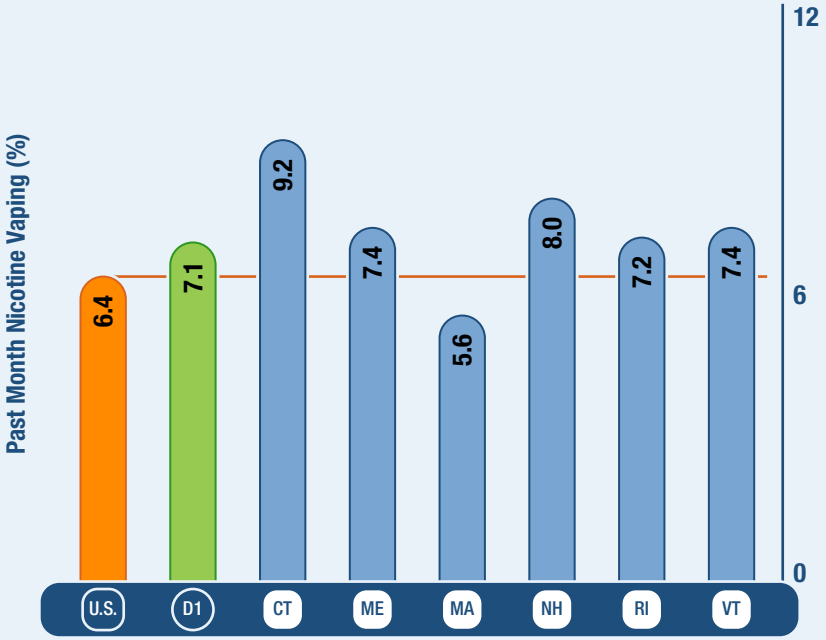
Substance Use | Aged 12 to 17
Nicotine Vaping in the Past Month



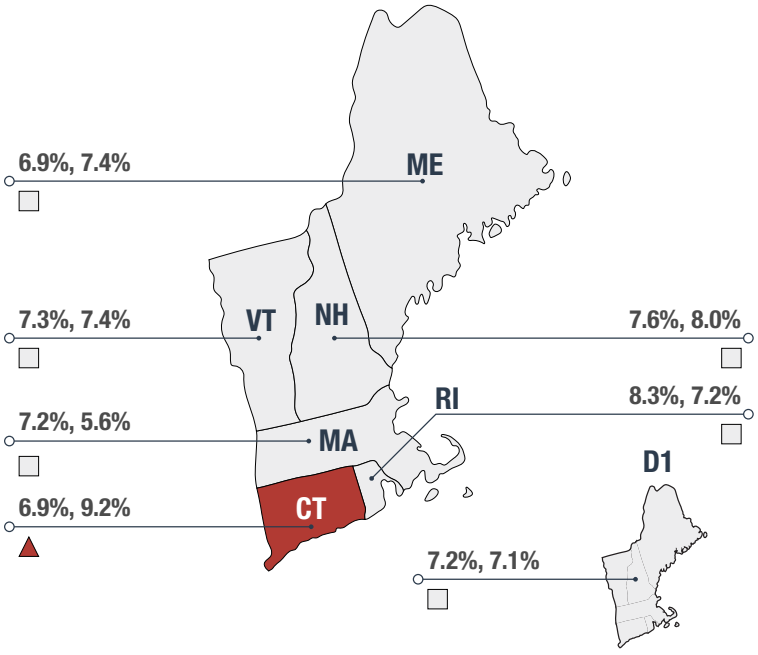
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **7.1% vaped nicotine** in the past month, which was **similar** to the national average (**6.4%**).

Compared with the **national** average, the estimate was **higher** for Connecticut and **similar** for Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **higher** for Connecticut and **similar** for Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

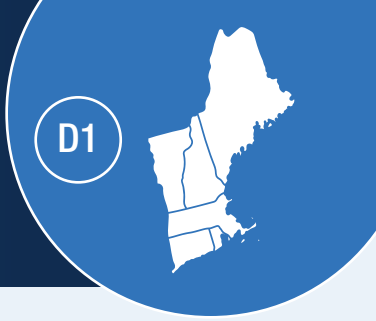
Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for nicotine vaping in the past month **did not change significantly** between 2022-2023 (**7.2%**) and 2023-2024 (**7.1%**).

The percentage **increased** for Connecticut and **did not change significantly** for Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

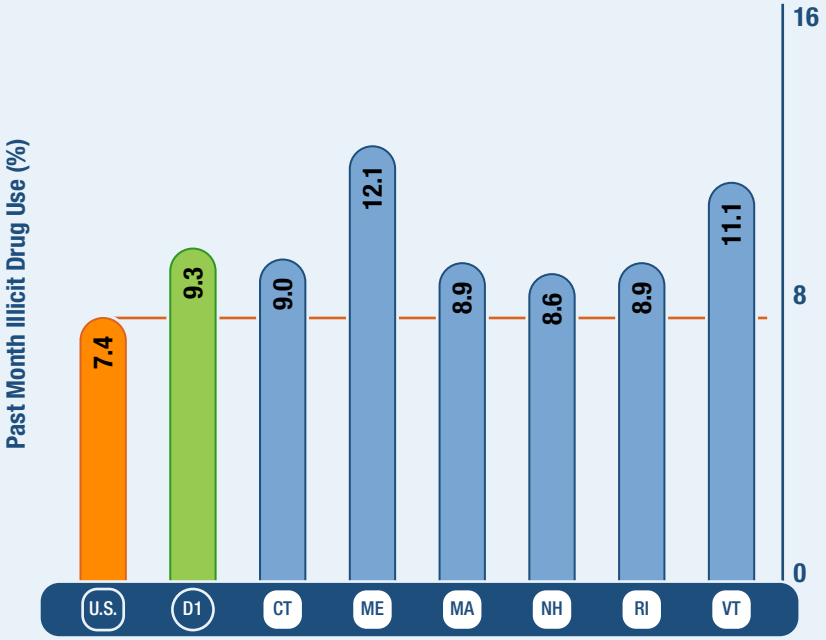
Substance Use | Aged 12 to 17
Illicit Drug Use in the Past Month



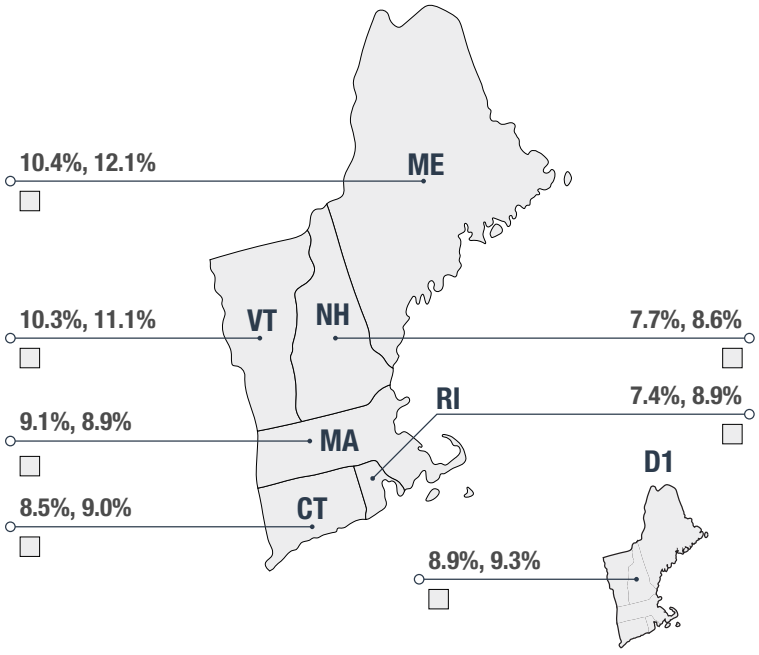
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **9.3% used illicit drugs** in the past month, which was **higher** than the national average (**7.4%**).

Compared with the **national** average, the estimate was **higher** for Maine and Vermont and **similar** for Connecticut, Massachusetts, New Hampshire, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

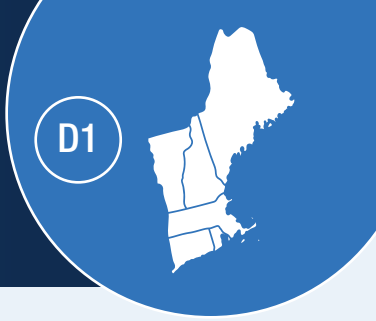
Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for illicit drug use in the past month **did not change significantly** between 2022-2023 (**8.9%**) and 2023-2024 (**9.3%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

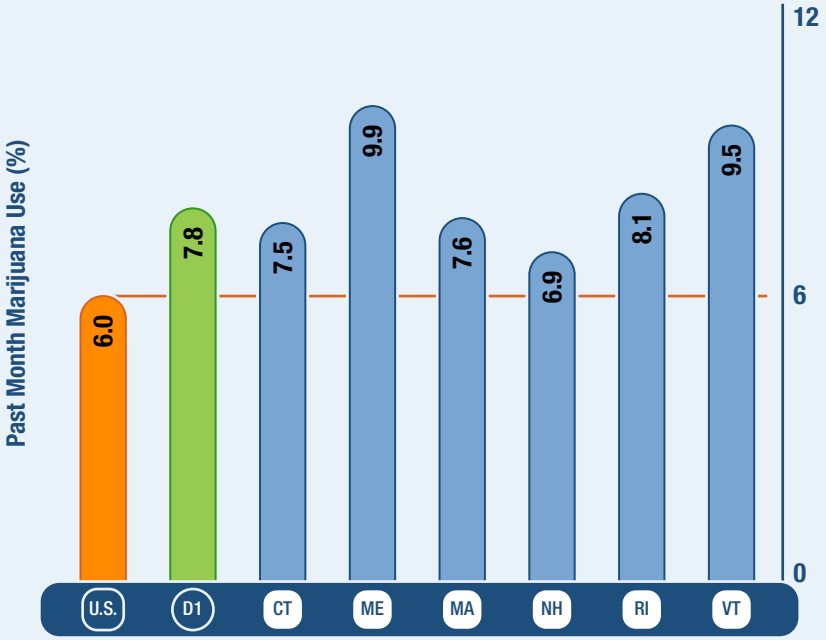
Substance Use | Aged 12 to 17
Marijuana Use in the Past Month



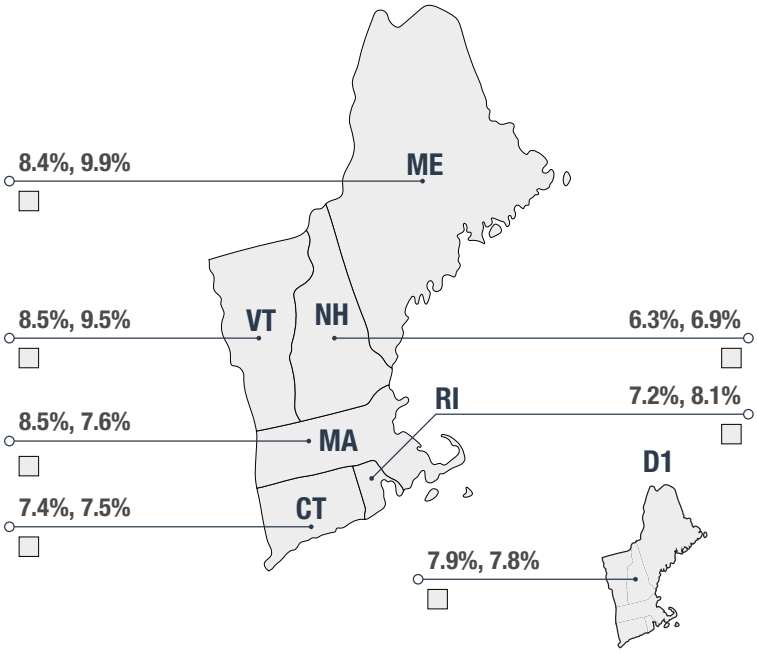
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **7.8% used marijuana** in the past month, which was **higher** than the national average (**6.0%**).

Compared with the **national** average, the estimate was **higher** for Maine, Rhode Island, and Vermont and **similar** for Connecticut, Massachusetts, and New Hampshire.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

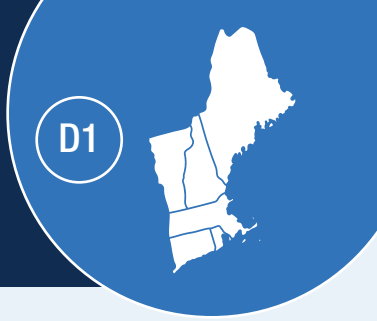
Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for marijuana use in the past month **did not change significantly** between 2022-2023 (**7.9%**) and 2023-2024 (**7.8%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

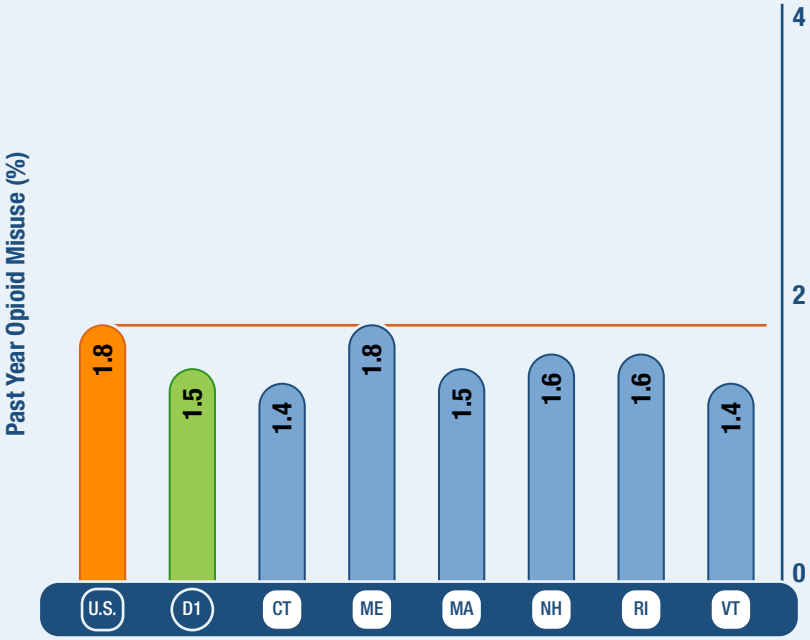
Substance Use | Aged 12 to 17
Opioid Misuse in the Past Year



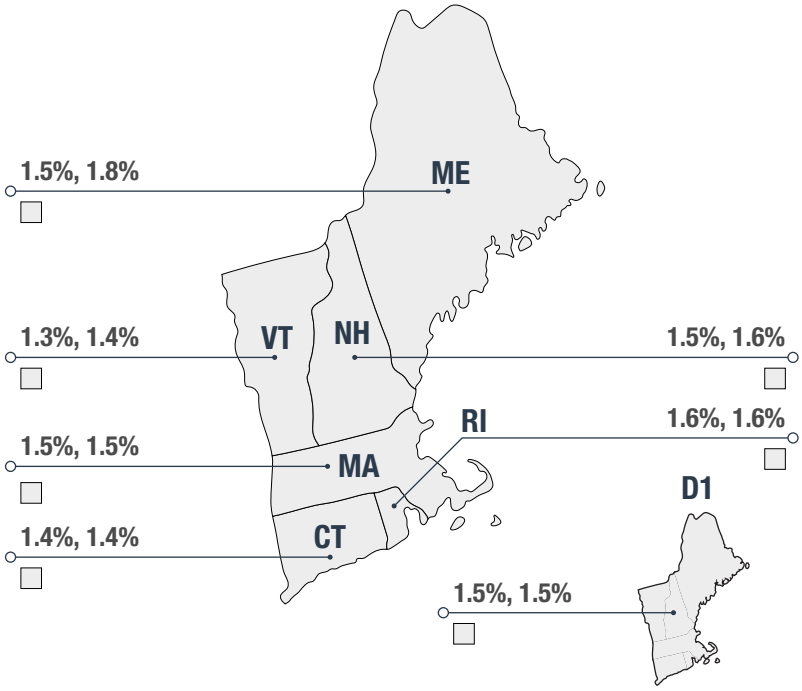
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **1.5% misused opioids** in the past year, which was **similar** to the national average (**1.8%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

Key: % 2022-2023, % 2023-2024

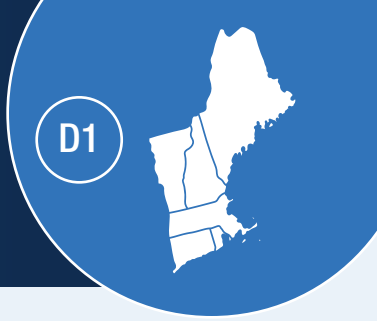
- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for opioid misuse in the past year **did not change significantly** between 2022-2023 (**1.5%**) and 2023-2024 (**1.5%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

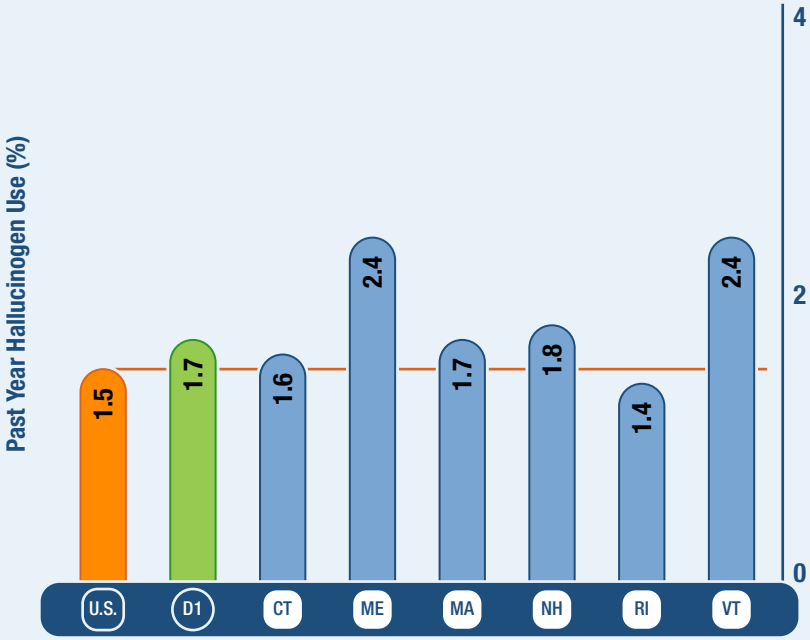
Substance Use | Aged 12 to 17
Hallucinogen Use in the Past Year



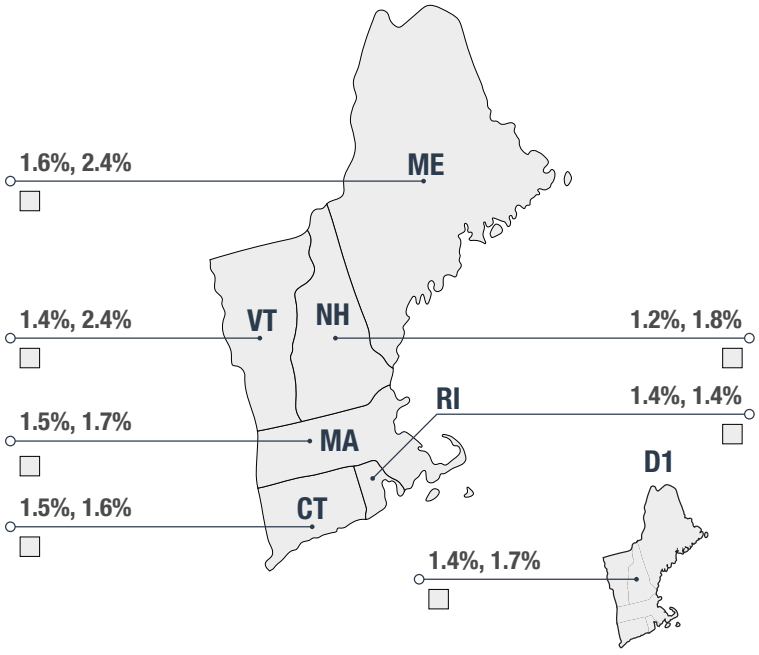
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **1.7% used hallucinogens** in the past year, which was **similar** to the national average (**1.5%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

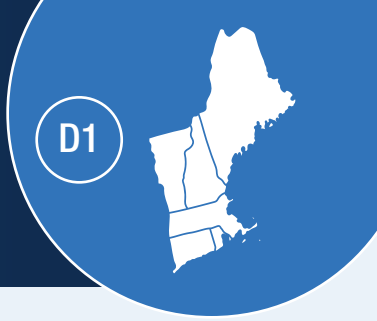
Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for hallucinogen use in the past year **did not change significantly** between 2022-2023 (**1.4%**) and 2023-2024 (**1.7%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

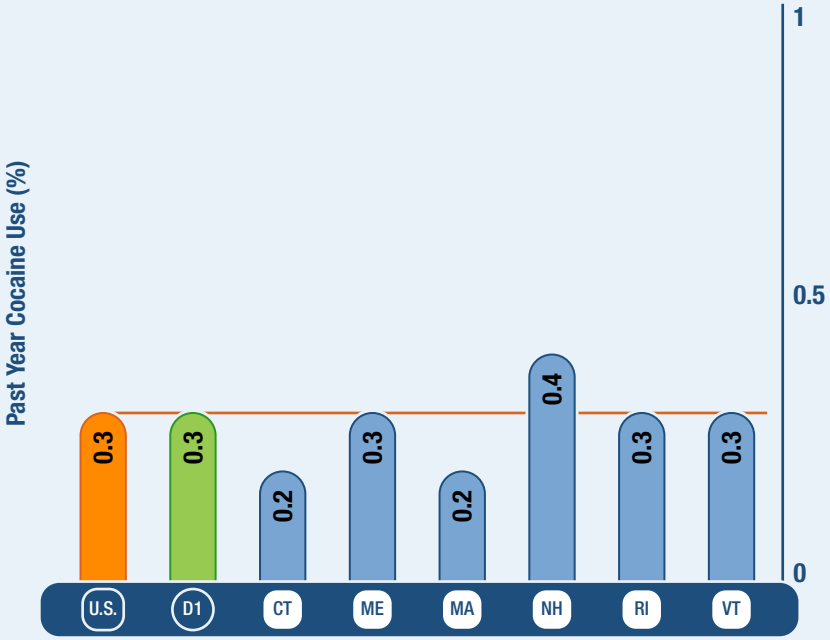
Substance Use | Aged 12 to 17
Cocaine Use in the Past Year



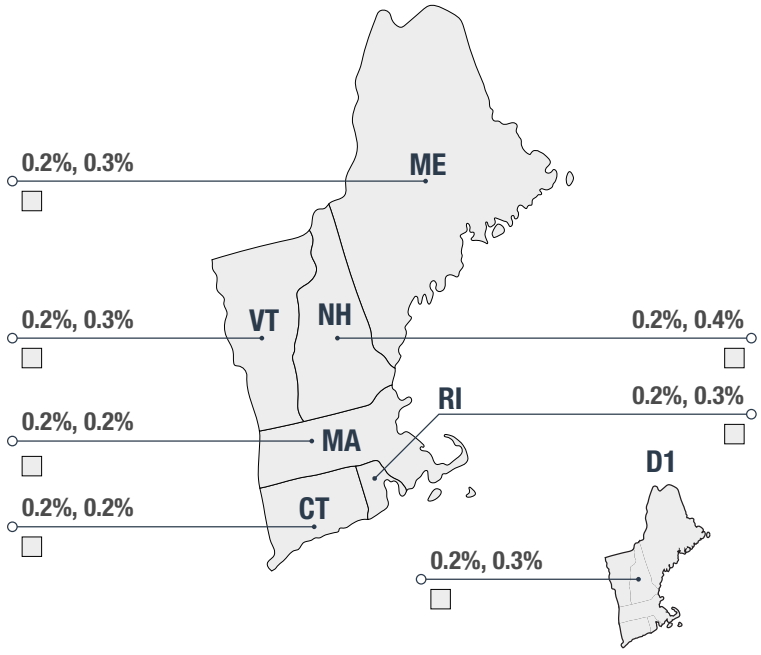
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **0.3% used cocaine** in the past year, which was **similar** to the national average (**0.3%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for cocaine use in the past year **did not change significantly** between 2022-2023 (**0.2%**) and 2023-2024 (**0.3%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

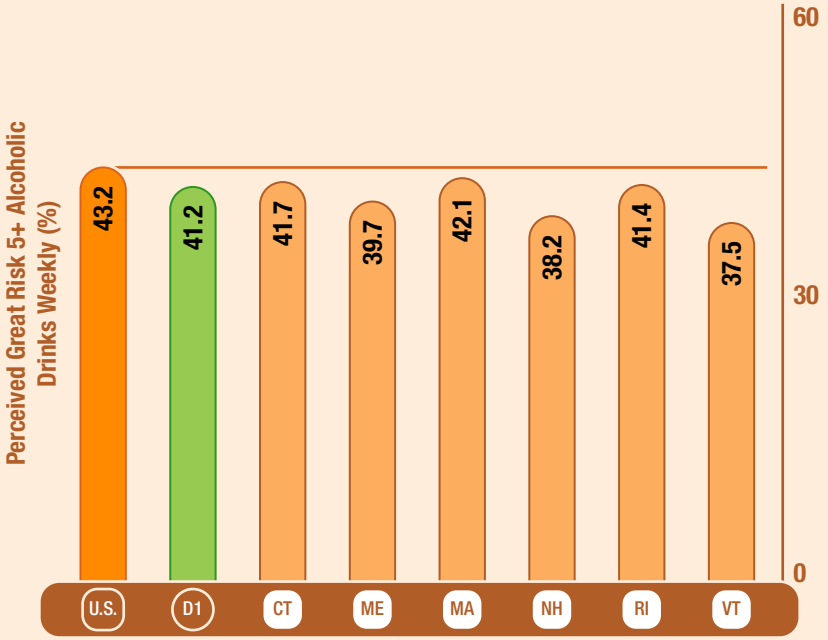
Perceived Risk from Substance Use | Aged 12 to 17

Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic Beverage Once or Twice a Week

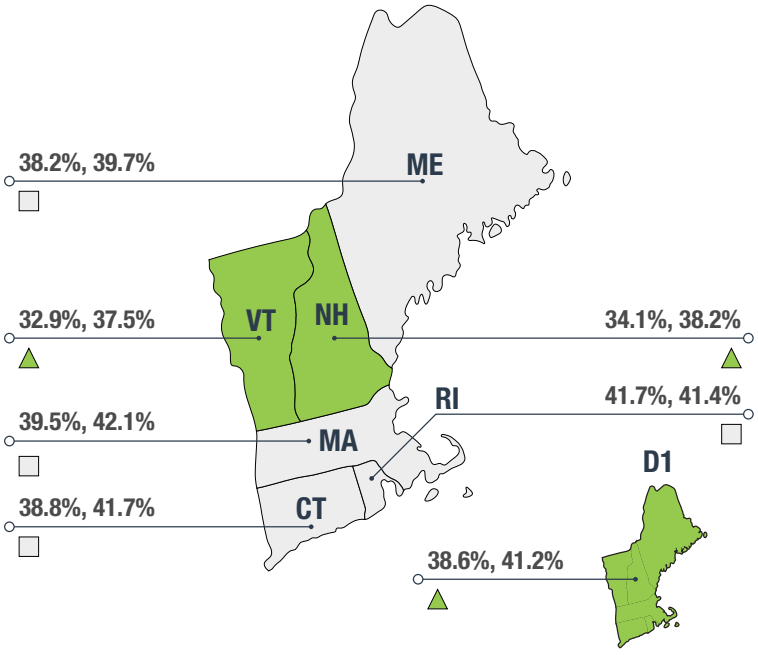
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **41.2% perceived great risk from having five or more drinks of an alcoholic beverage** once or twice a week, which was **lower** than the national average (**43.2%**).

Compared with the **national** average, the estimate was **lower** for Maine, New Hampshire, and Vermont and **similar** for Connecticut, Massachusetts, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **lower** for Vermont and **similar** for Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for perceptions of great risk from having five or more drinks of an alcoholic beverage once or twice a week **increased** between 2022-2023 (**38.6%**) and 2023-2024 (**41.2%**).

The percentage **increased** for New Hampshire and Vermont and **did not change significantly** for Connecticut, Maine, Massachusetts, and Rhode Island.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

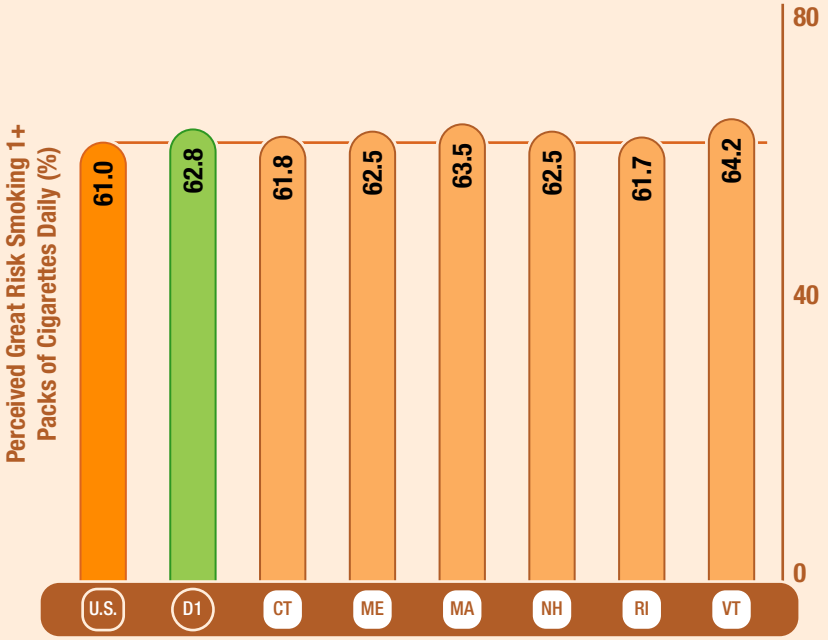
Perceived Risk from Substance Use | Aged 12 to 17

Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per Day

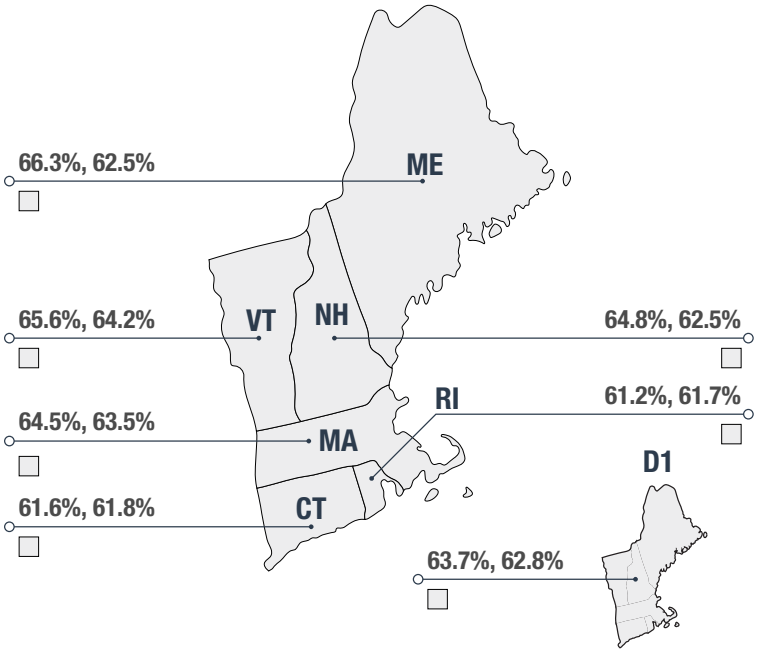
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **62.8% perceived great risk from smoking one or more packs of cigarettes** per day, which was **similar** to the national average (**61.0%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for perceptions of great risk from smoking one or more packs of cigarettes per day **did not change significantly** between 2022-2023 (**63.7%**) and 2023-2024 (**62.8%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

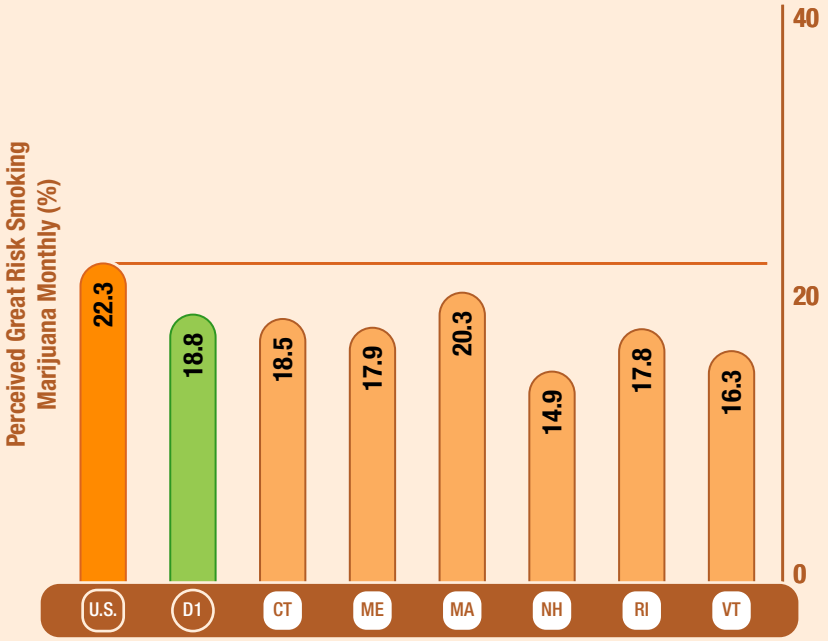
Perceived Risk from Substance Use | Aged 12 to 17

Perceptions of Great Risk from Smoking Marijuana Once a Month

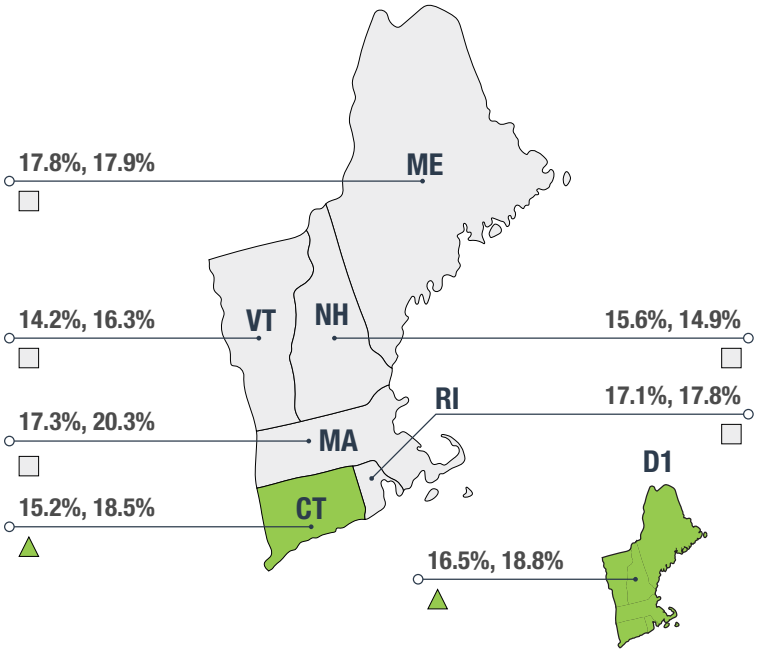
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **18.8% perceived great risk from smoking marijuana** once a month, which was **lower** than the national average (**22.3%**).

Compared with the **national** average, the estimate was **lower** for Maine, New Hampshire, Rhode Island, and Vermont and **similar** for Connecticut and Massachusetts.

Compared with the **U.S. census division** average, the estimate was **lower** for New Hampshire and **similar** for Connecticut, Maine, Massachusetts, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for perceptions of great risk from smoking marijuana once a month **increased** between 2022-2023 (**16.5%**) and 2023-2024 (**18.8%**).

The percentage **increased** for Connecticut and **did not change significantly** for Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Substance Use Disorders | Aged 12 to 17

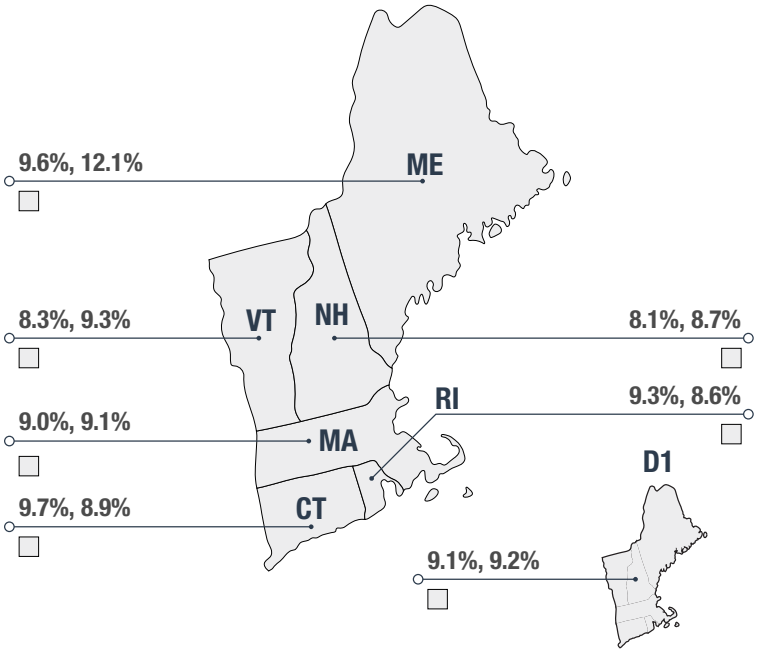
Substance Use Disorder in the Past Year

In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **9.2% had a substance use disorder** in the past year, which was **similar** to the national average (**8.1%**).

Compared with the **national** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for substance use disorder in the past year **did not change significantly** between 2022-2023 (**9.1%**) and 2023-2024 (**9.2%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

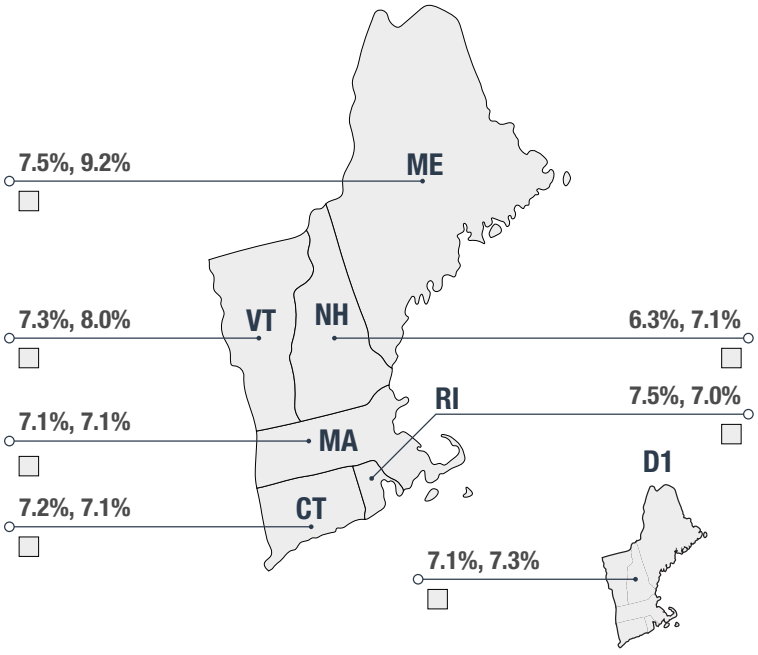
Substance Use Disorders | Aged 12 to 17
Drug Use Disorder in the Past Year

In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **7.3% had a drug use disorder** in the past year, which was **similar** to the national average (**6.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for drug use disorder in the past year **did not change significantly** between 2022-2023 (**7.1%**) and 2023-2024 (**7.3%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

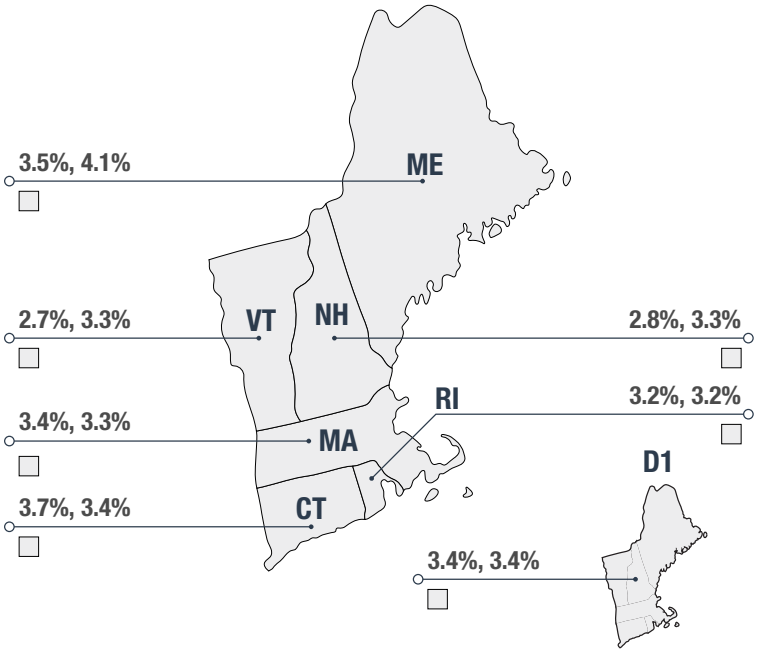
Substance Use Disorders | Aged 12 to 17
Alcohol Use Disorder in the Past Year

In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **3.4% had an alcohol use disorder** in the past year, which was **similar** to the national average (**3.0%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for alcohol use disorder in the past year **did not change significantly** between 2022-2023 (**3.4%**) and 2023-2024 (**3.4%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

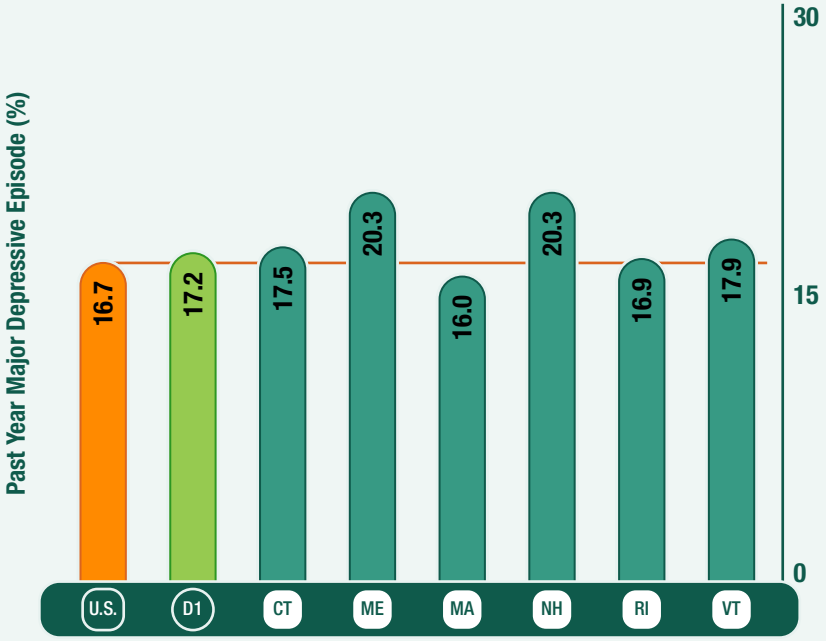
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Mental Health | Aged 12 to 17
Major Depressive Episode in the Past Year

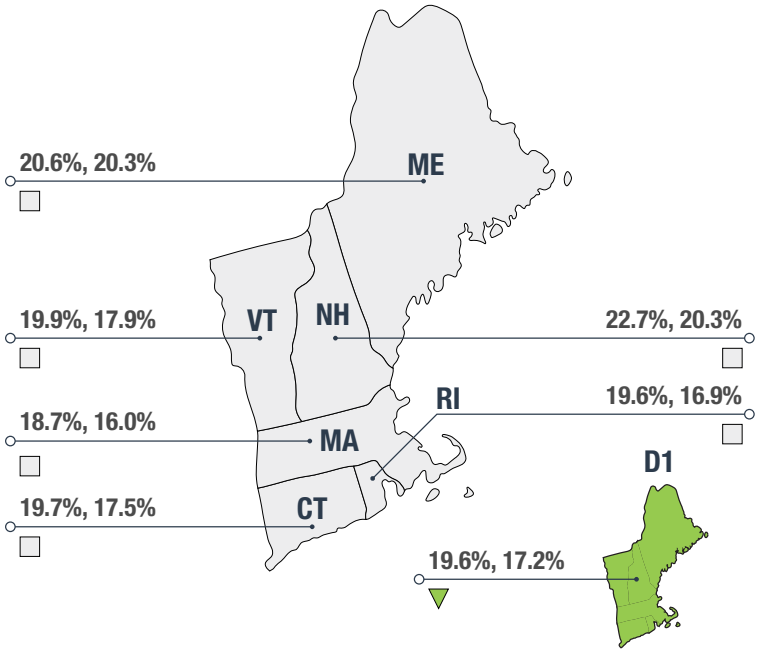
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **17.2% had at least one major depressive episode** in the past year, which was **similar** to the national average (**16.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for major depressive episode in the past year **decreased** between 2022-2023 (**19.6%**) and 2023-2024 (**17.2%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

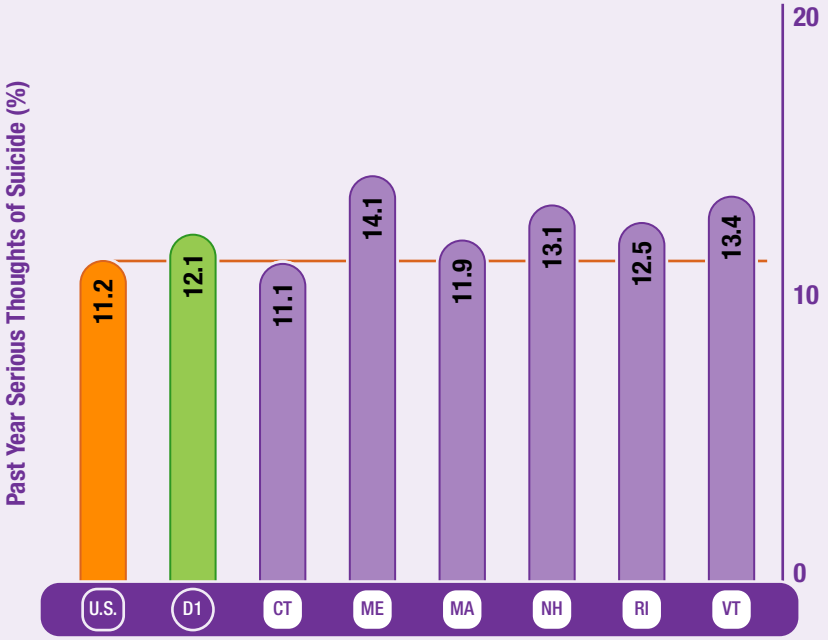
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Suicidal Thoughts and Behaviors | Aged 12 to 17
Had Serious Thoughts of Suicide in the Past Year

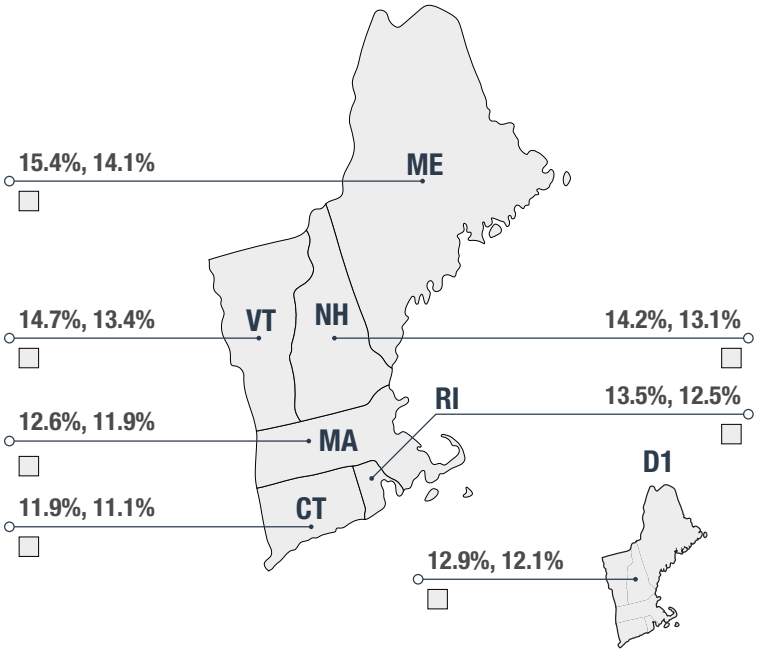
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **12.1% had serious thoughts of suicide** in the past year, which was **similar** to the national average (**11.2%**).

Compared with the **national** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for serious thoughts of suicide in the past year **did not change significantly** between 2022-2023 (**12.9%**) and 2023-2024 (**12.1%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

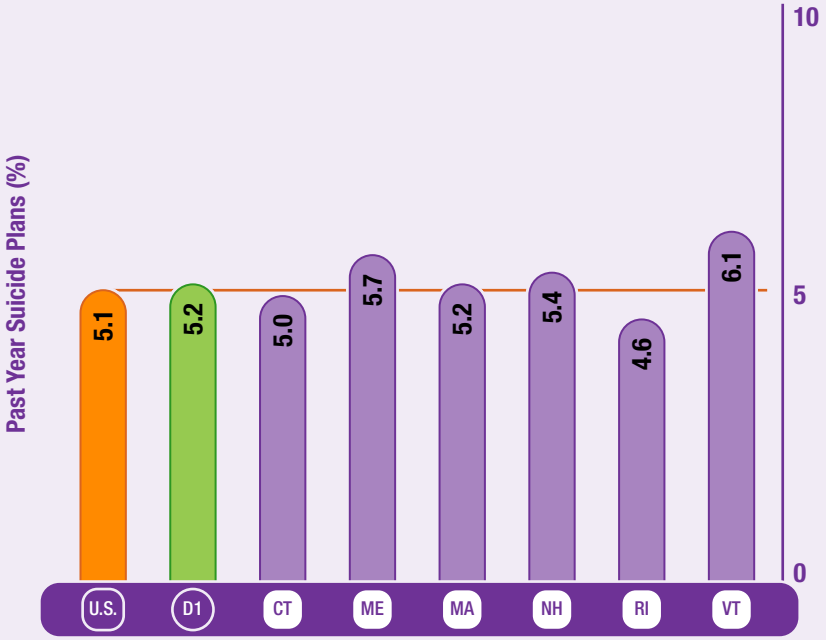
Suicidal Thoughts and Behaviors | Aged 12 to 17

Made Any Suicide Plans in the Past Year

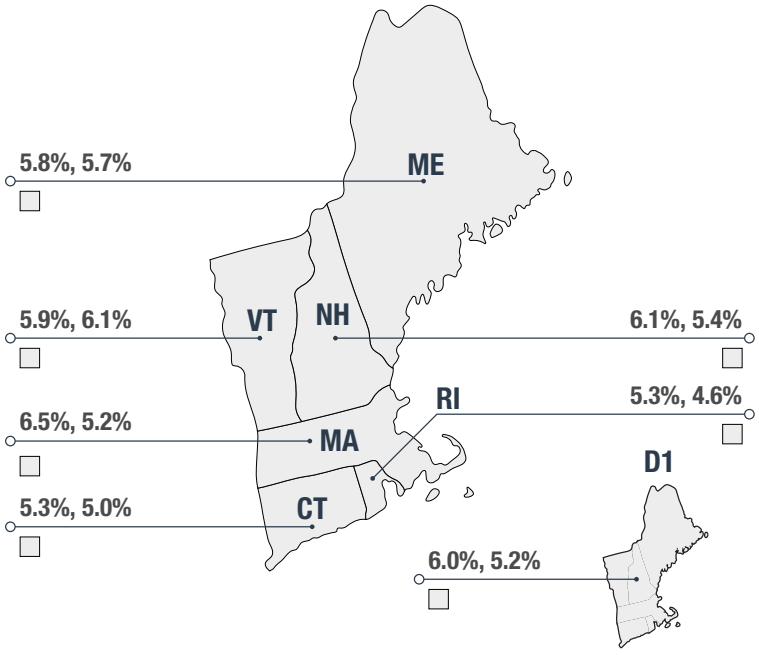
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **5.2% made any suicide plans** in the past year, which was **similar** to the national average (**5.1%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for made any suicide plans in the past year **did not change significantly** between 2022-2023 (**6.0%**) and 2023-2024 (**5.2%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

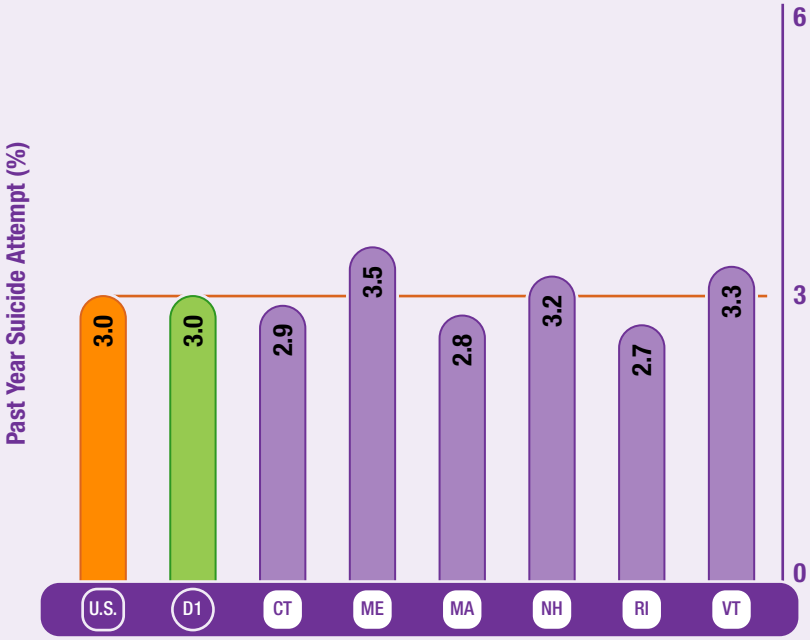
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Suicidal Thoughts and Behaviors | Aged 12 to 17
Attempted Suicide in the Past Year

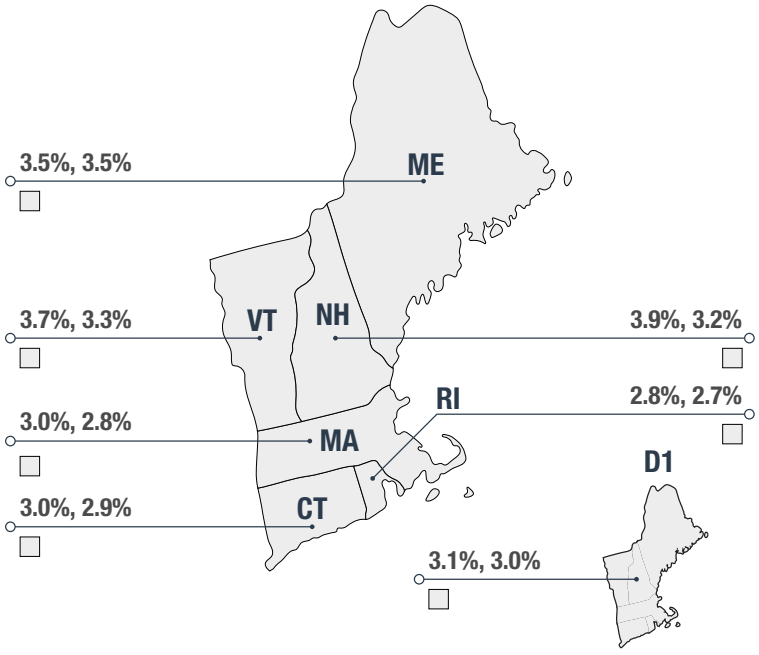
In 2023-2024, among adolescents aged 12 to 17 in the **New England** U.S. census division, **3.0%** **attempted suicide** in the past year, which was **similar** to the national average (**3.0%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

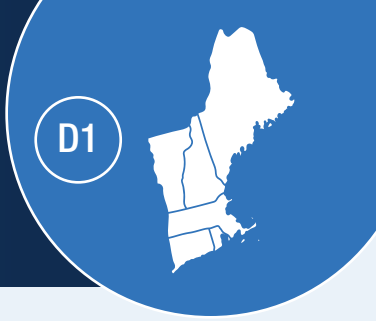
Among adolescents aged 12 to 17 in the **New England** U.S. census division, the annual average for attempted suicide in the past year **did not change significantly** between 2022-2023 (**3.1%**) and 2023-2024 (**3.0%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

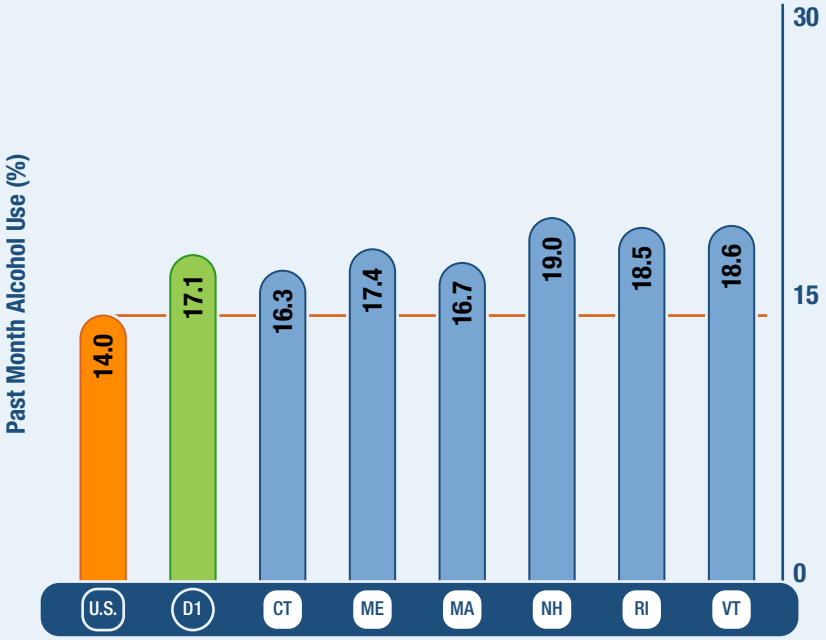
Substance Use | Underage People Aged 12 to 20
Alcohol Use in the Past Month



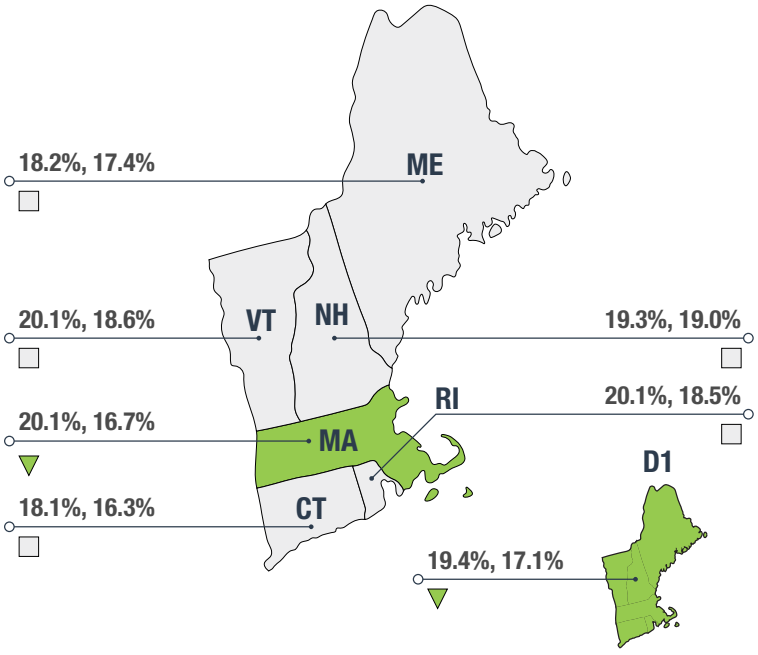
In 2023-2024, among underage people aged 12 to 20 in the **New England** U.S. census division, **17.1% used alcohol** in the past month, which was **higher** than the national average (**14.0%**).

Compared with the **national** average, the estimate was **higher** for Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont and **similar** for Connecticut.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

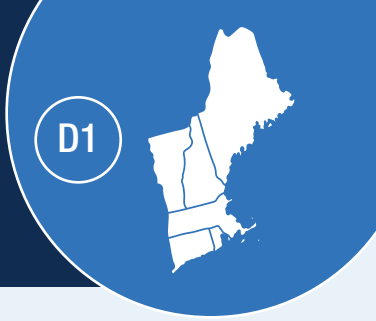
Among underage people aged 12 to 20 in the **New England** U.S. census division, the annual average for alcohol use in the past month **decreased** between 2022-2023 (**19.4%**) and 2023-2024 (**17.1%**).

The percentage **decreased** for Massachusetts and **did not change significantly** for Connecticut, Maine, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

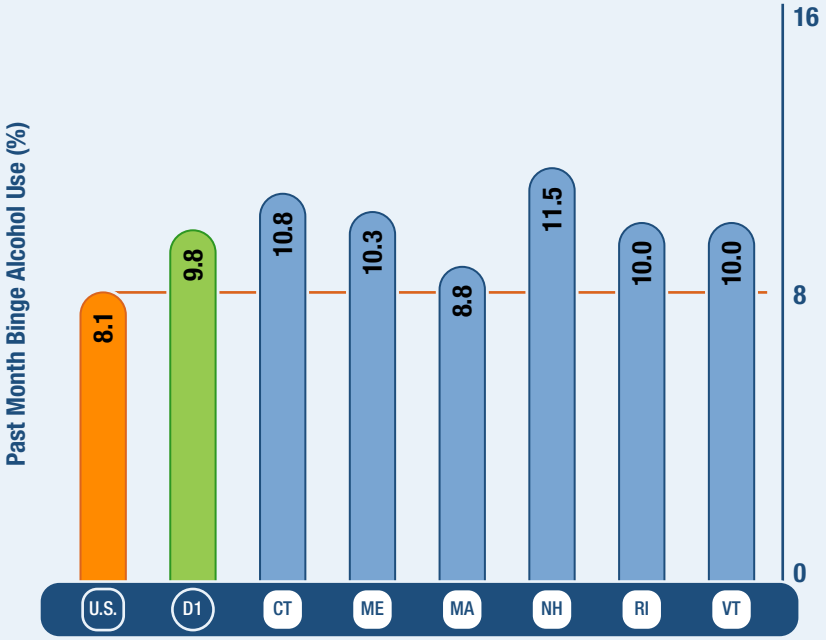
Substance Use | Underage People Aged 12 to 20
Binge Alcohol Use in the Past Month



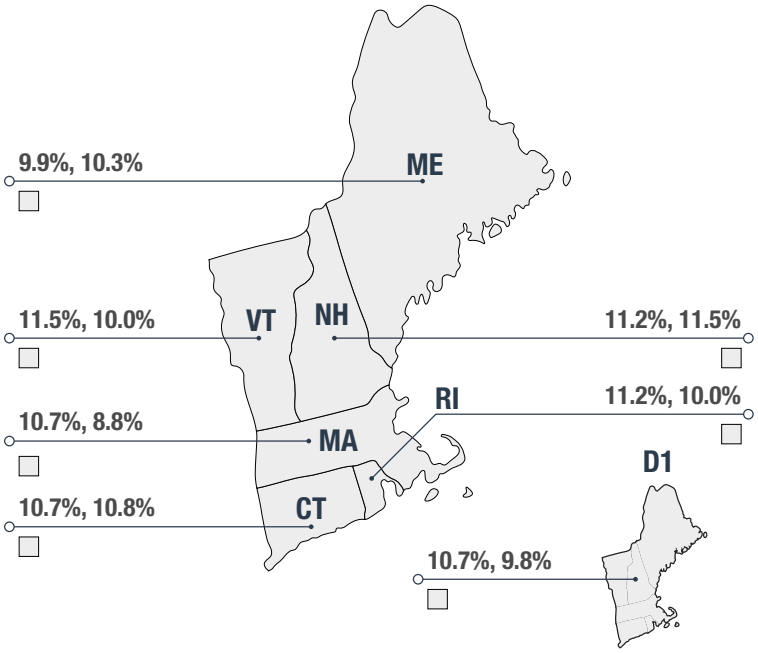
In 2023-2024, among underage people aged 12 to 20 in the **New England** U.S. census division, **9.8% engaged in binge drinking** in the past month, which was **higher** than the national average (**8.1%**).

Compared with the **national** average, the estimate was **higher** for Connecticut and New Hampshire and **similar** for Maine, Massachusetts, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

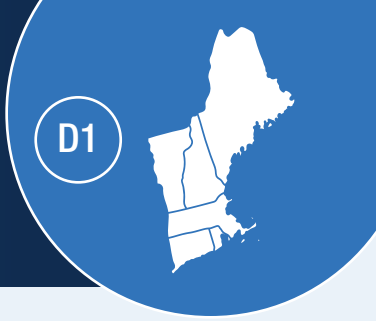
Among underage people aged 12 to 20 in the **New England** U.S. census division, the annual average for binge alcohol use in the past month **did not change significantly** between 2022-2023 (**10.7%**) and 2023-2024 (**9.8%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

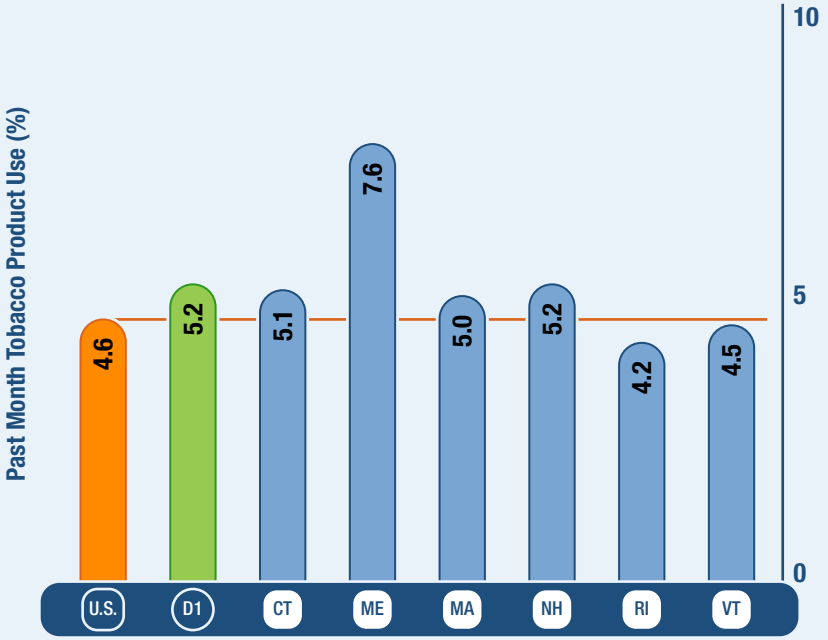
Substance Use | Underage People Aged 12 to 20
Tobacco Product Use in the Past Month



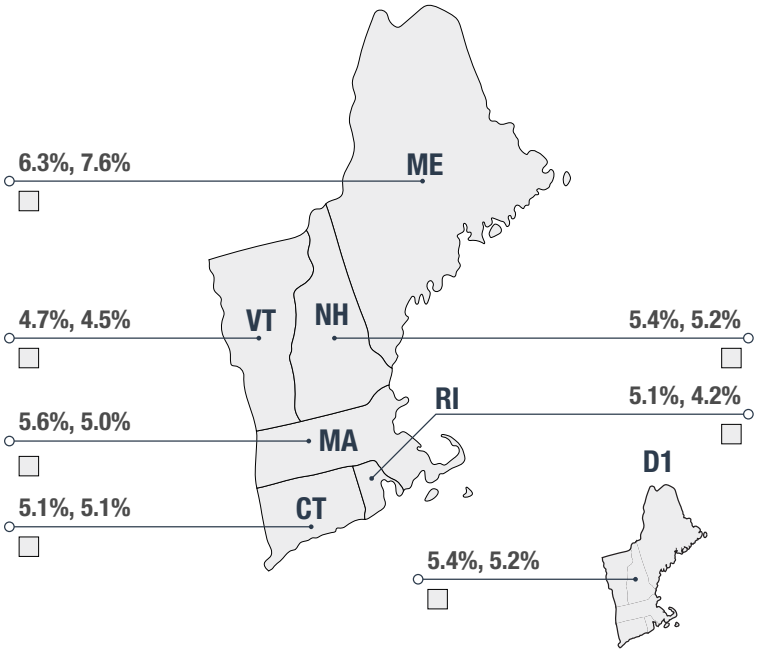
In 2023-2024, among underage people aged 12 to 20 in the **New England** U.S. census division, **5.2% used tobacco products** in the past month, which was **similar** to the national average (**4.6%**).

Compared with the **national** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

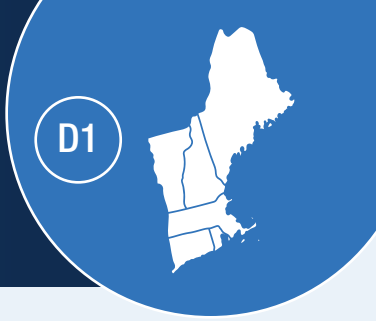
Among underage people aged 12 to 20 in the **New England** U.S. census division, the annual average for tobacco product use in the past month **did not change significantly** between 2022-2023 (**5.4%**) and 2023-2024 (**5.2%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

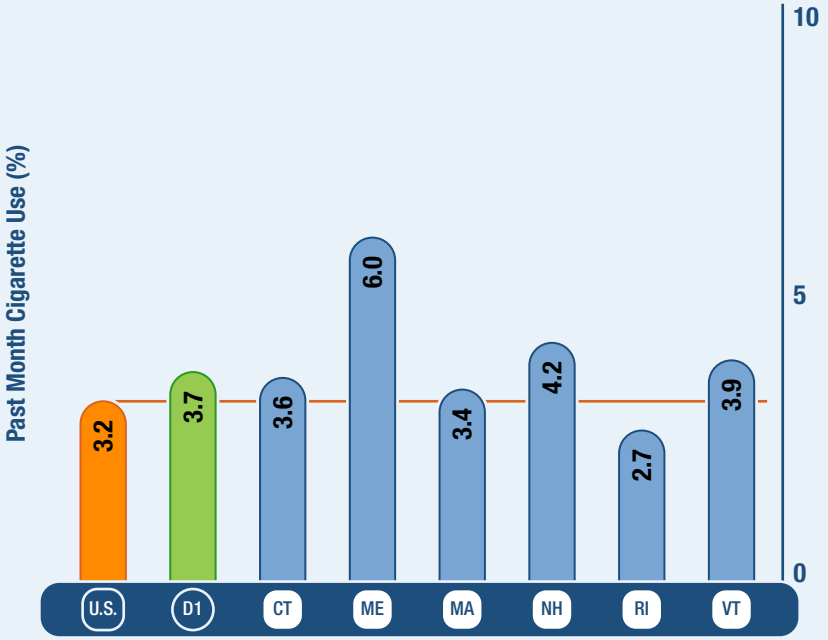
Substance Use | Underage People Aged 12 to 20
Cigarette Use in the Past Month



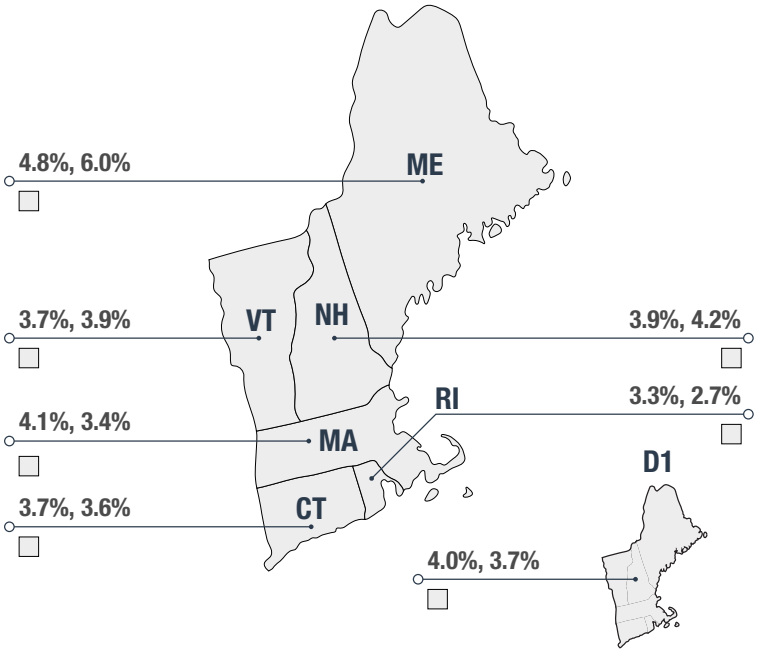
In 2023-2024, among underage people aged 12 to 20 in the **New England** U.S. census division, **3.7% used cigarettes** in the past month, which was **similar** to the national average (**3.2%**).

Compared with the **national** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among underage people aged 12 to 20 in the **New England** U.S. census division, the annual average for cigarette use in the past month **did not change significantly** between 2022-2023 (**4.0%**) and 2023-2024 (**3.7%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

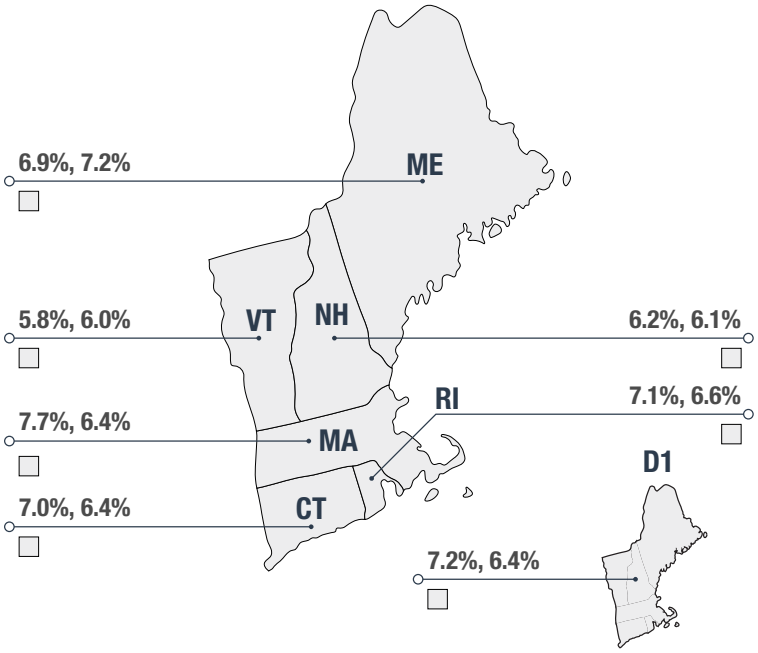
Substance Use Disorders | Underage People Aged 12 to 20
Alcohol Use Disorder in the Past Year

In 2023-2024, among underage people aged 12 to 20 in the **New England** U.S. census division, **6.4% had an alcohol use disorder** in the past year, which was **higher** than the national average (**5.4%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among underage people aged 12 to 20 in the **New England** U.S. census division, the annual average for alcohol use disorder in the past year **did not change significantly** between 2022-2023 (**7.2%**) and 2023-2024 (**6.4%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

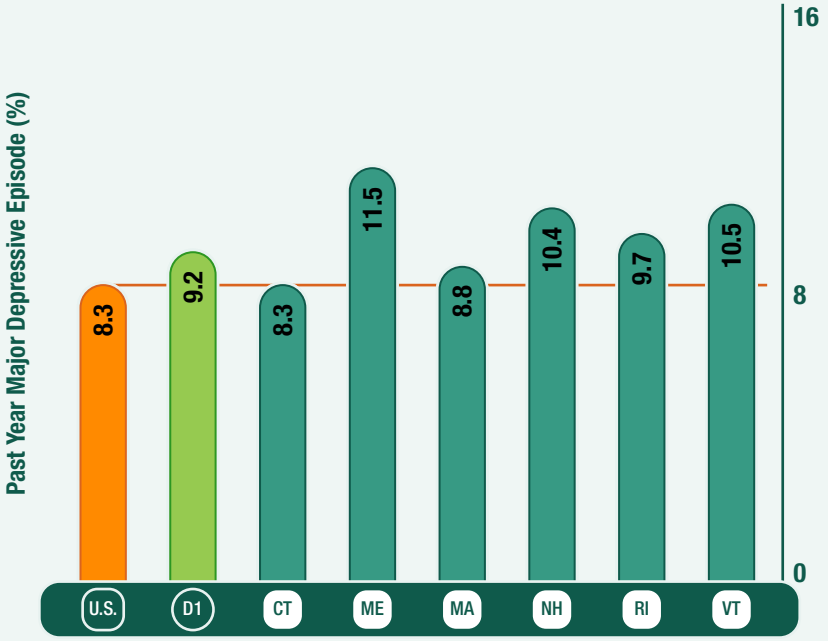
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Mental Health | Aged 18 or Older
Major Depressive Episode in the Past Year

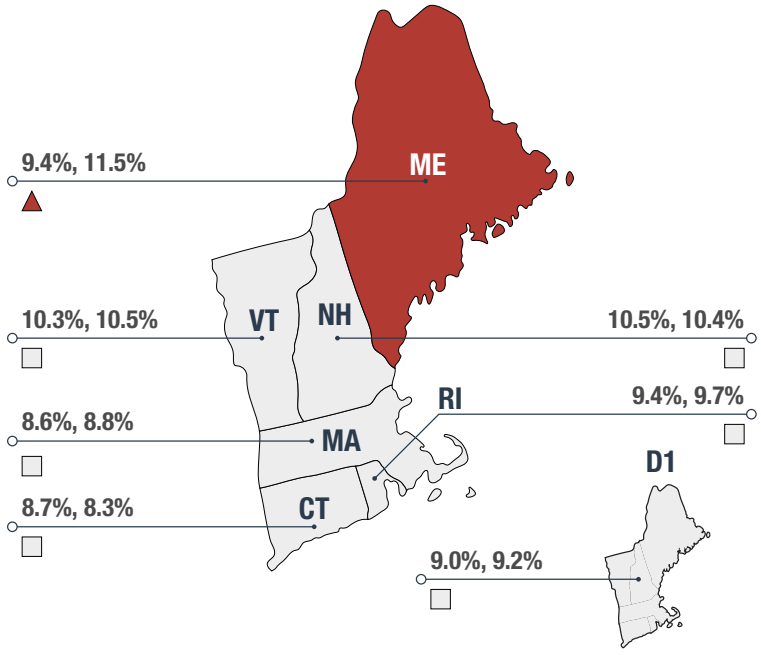
In 2023-2024, among adults aged 18 or older in the **New England** U.S. census division, **9.2% had at least one major depressive episode** in the past year, which was **higher** than the national average (**8.3%**).

Compared with the **national** average, the estimate was **higher** for Maine, New Hampshire, and Vermont and **similar** for Connecticut, Massachusetts, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adults aged 18 or older in the **New England** U.S. census division, the annual average for major depressive episode in the past year **did not change significantly** between 2022-2023 (**9.0%**) and 2023-2024 (**9.2%**).

The percentage **increased** for Maine and **did not change significantly** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

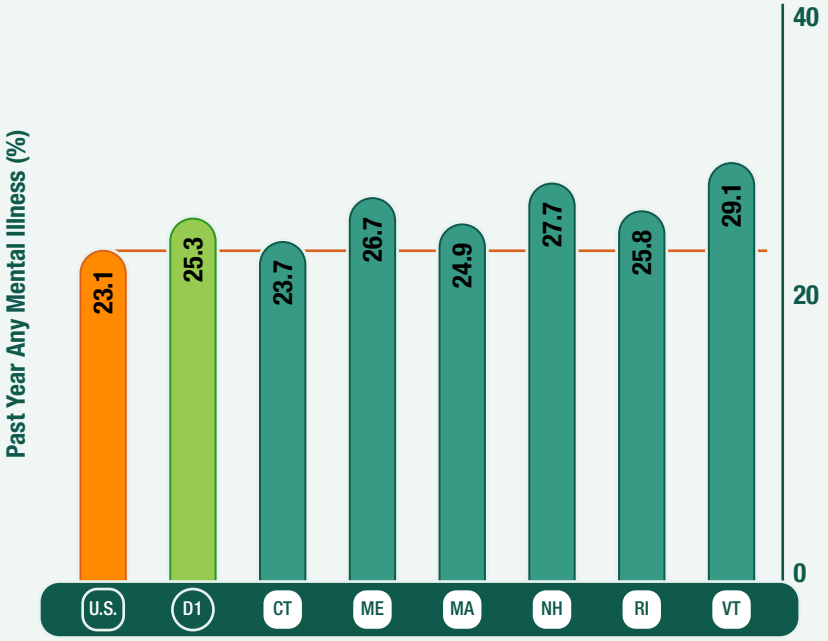
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Mental Health | Aged 18 or Older
Any Mental Illness in the Past Year

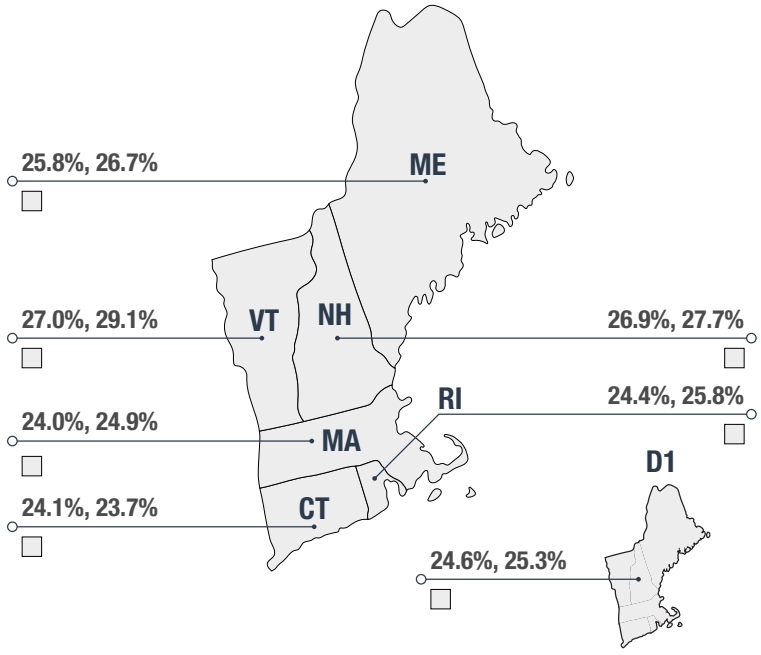
In 2023-2024, among adults aged 18 or older in the **New England** U.S. census division, **25.3% had any mental illness** in the past year, which was **higher** than the national average (**23.1%**).

Compared with the **national** average, the estimate was **higher** for Maine, New Hampshire, and Vermont and **similar** for Connecticut, Massachusetts, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **higher** for Vermont and **similar** for Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adults aged 18 or older in the **New England** U.S. census division, the annual average for any mental illness in the past year **did not change significantly** between 2022-2023 (**24.6%**) and 2023-2024 (**25.3%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

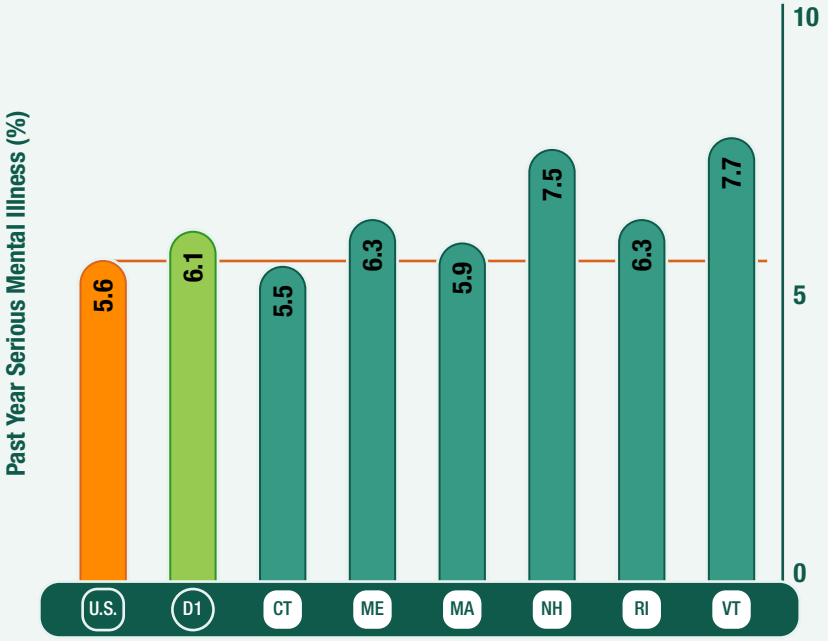
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Mental Health | Aged 18 or Older
Serious Mental Illness in the Past Year

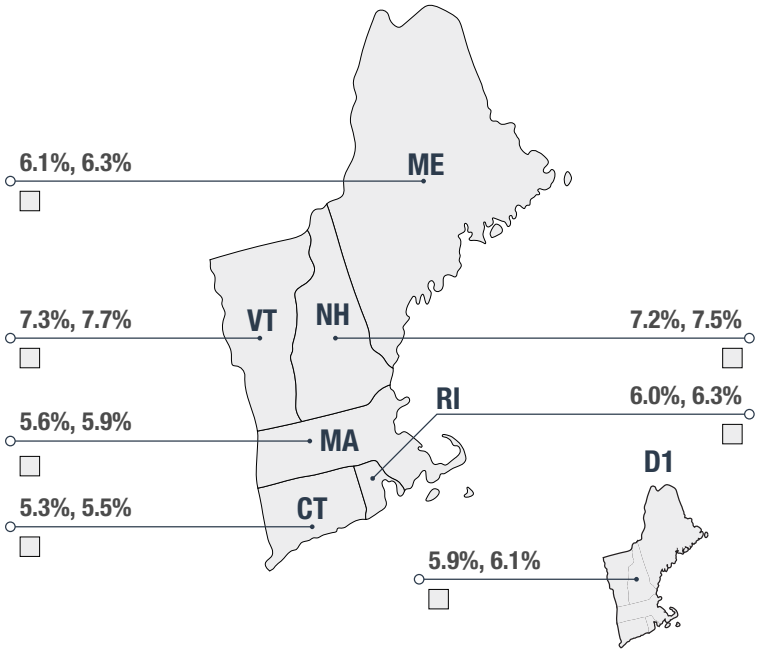
In 2023-2024, among adults aged 18 or older in the **New England** U.S. census division, **6.1% had serious mental illness** in the past year, which was **similar** to the national average (**5.6%**).

Compared with the **national** average, the estimate was **higher** for New Hampshire and Vermont and **similar** for Connecticut, Maine, Massachusetts, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- ▲ **Increased** from 2022-2023 to 2023-2024
- □ **No significant change** from 2022-2023 to 2023-2024
- ▼ **Decreased** from 2022-2023 to 2023-2024

Among adults aged 18 or older in the **New England** U.S. census division, the annual average for serious mental illness in the past year **did not change significantly** between 2022-2023 (**5.9%**) and 2023-2024 (**6.1%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

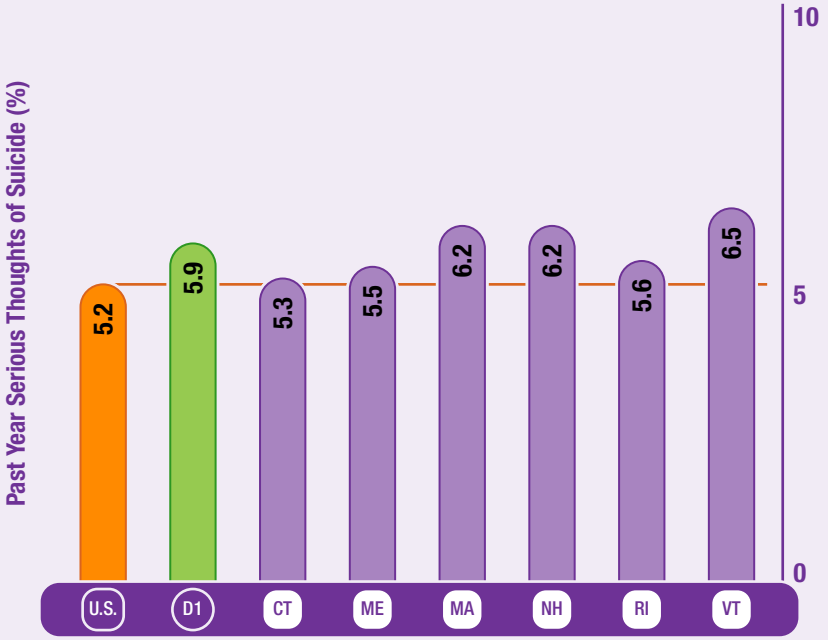
Suicidal Thoughts and Behaviors | Aged 18 or Older

Had Serious Thoughts of Suicide in the Past Year

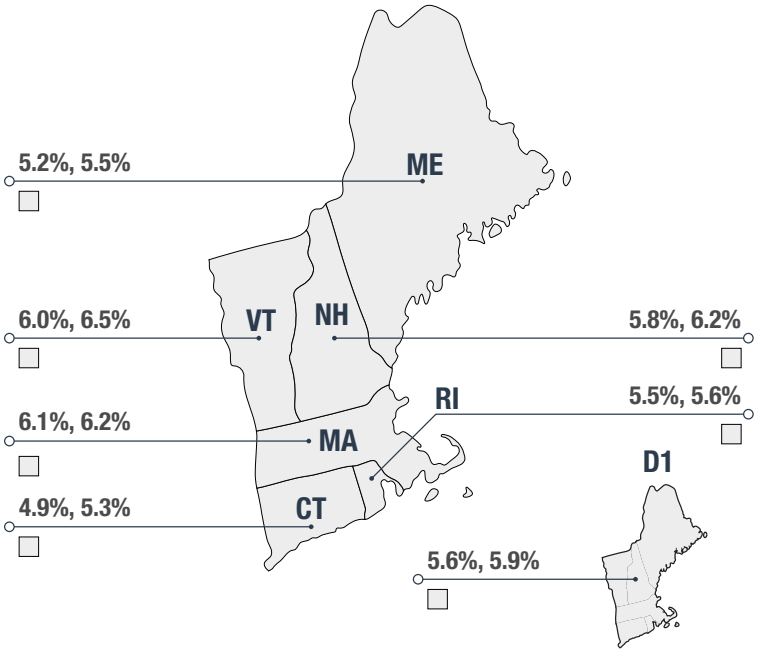
In 2023-2024, among adults aged 18 or older in the **New England** U.S. census division, **5.9% had serious thoughts of suicide** in the past year, which was **similar** to the national average (**5.2%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adults aged 18 or older in the **New England** U.S. census division, the annual average for serious thoughts of suicide in the past year **did not change significantly** between 2022-2023 (**5.6%**) and 2023-2024 (**5.9%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

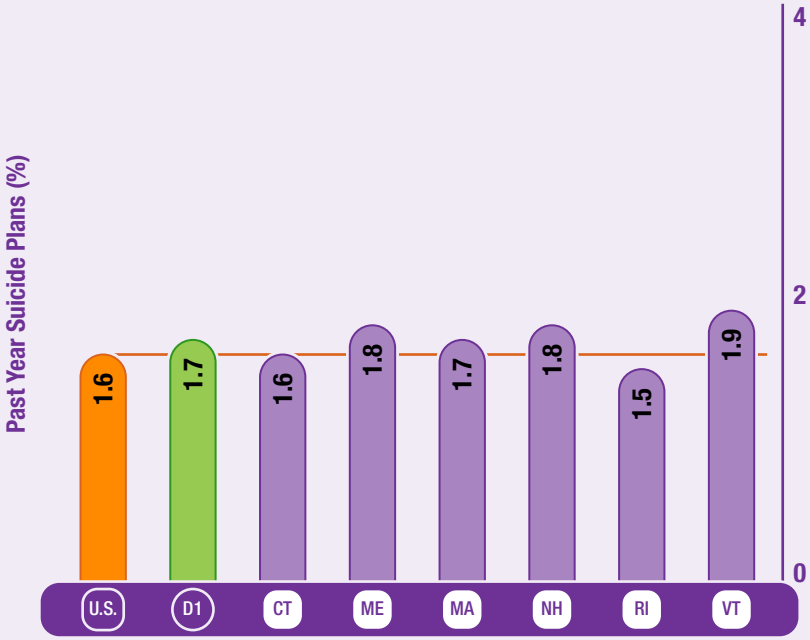
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Suicidal Thoughts and Behaviors | Aged 18 or Older
Made Any Suicide Plans in the Past Year

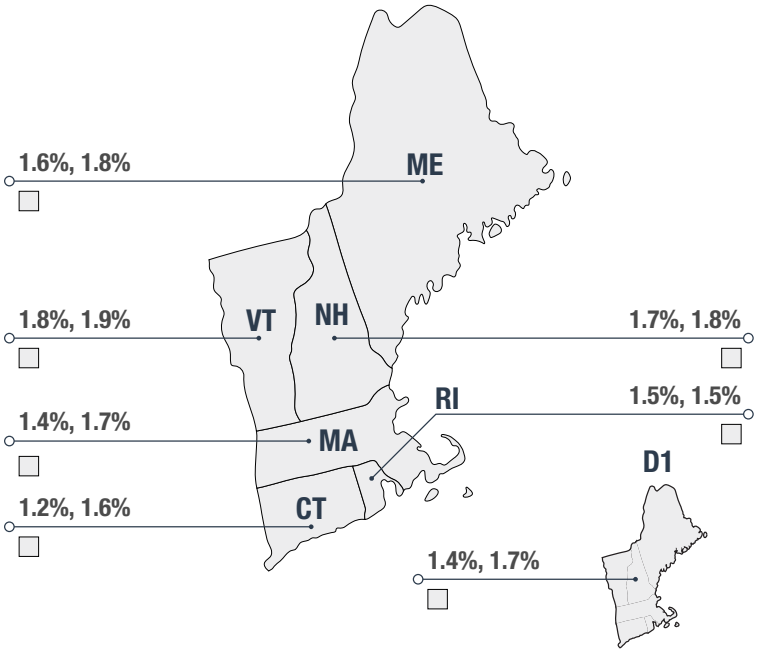
In 2023-2024, among adults aged 18 or older in the **New England** U.S. census division, **1.7% made any suicide plans** in the past year, which was **similar** to the national average (**1.6%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adults aged 18 or older in the **New England** U.S. census division, the annual average for made any suicide plans in the past year **did not change significantly** between 2022-2023 (**1.4%**) and 2023-2024 (**1.7%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

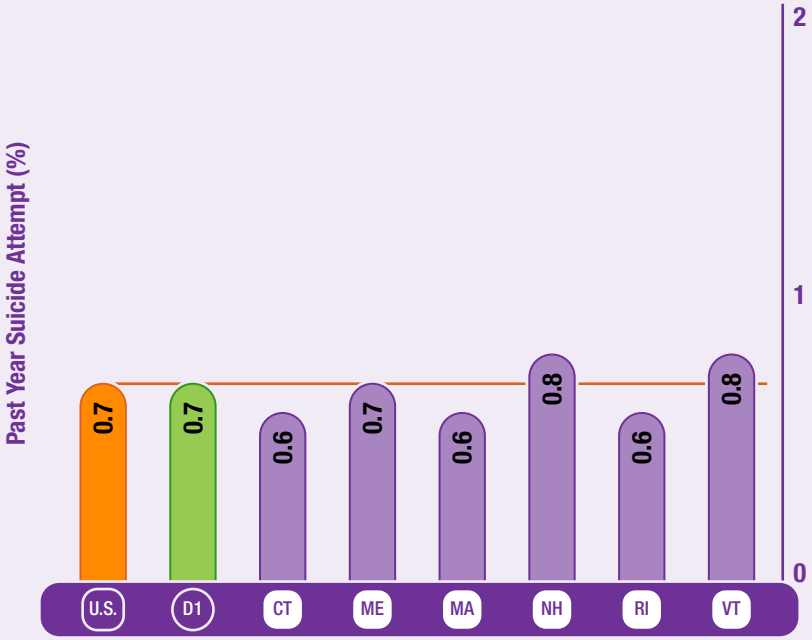
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Suicidal Thoughts and Behaviors | Aged 18 or Older
Attempted Suicide in the Past Year

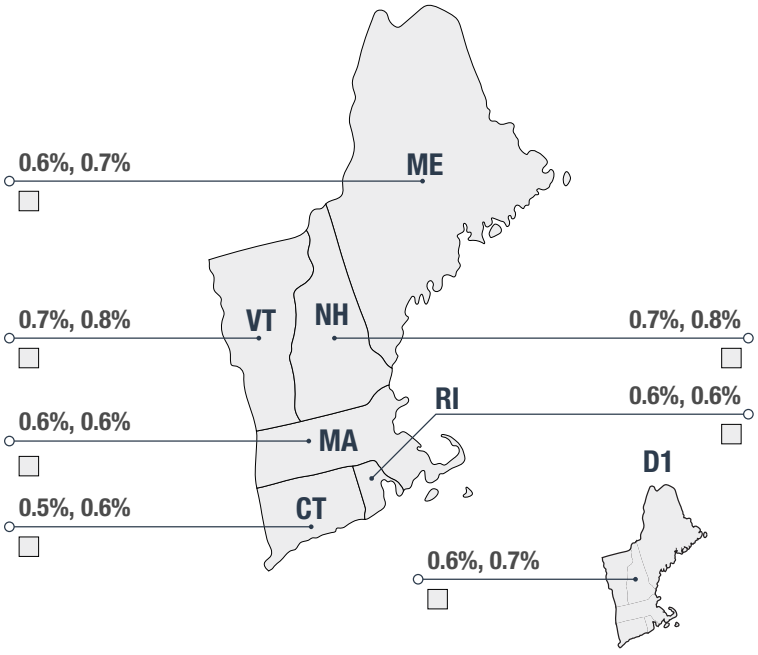
In 2023-2024, among adults aged 18 or older in the **New England** U.S. census division, **0.7% attempted suicide** in the past year, which was **similar** to the national average (**0.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

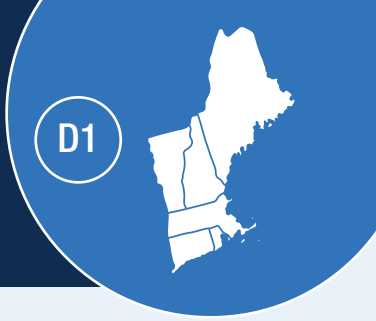
Among adults aged 18 or older in the **New England** U.S. census division, the annual average for attempted suicide in the past year **did not change significantly** between 2022-2023 (**0.6%**) and 2023-2024 (**0.7%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

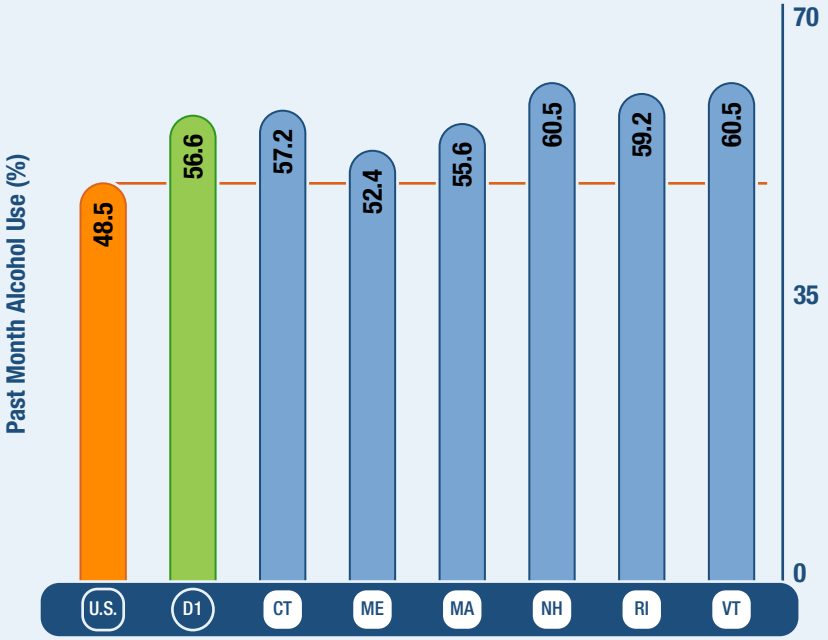
Substance Use | Aged 18 to 25
Alcohol Use in the Past Month



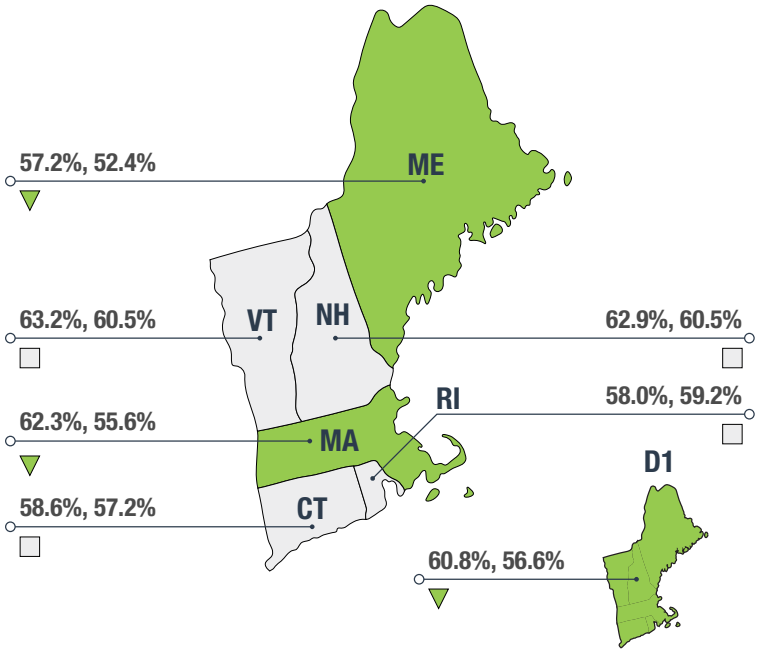
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **56.6% used alcohol** in the past month, which was **higher** than the national average (**48.5%**).

Compared with the **national** average, the estimate was **higher** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont and **similar** for Maine.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

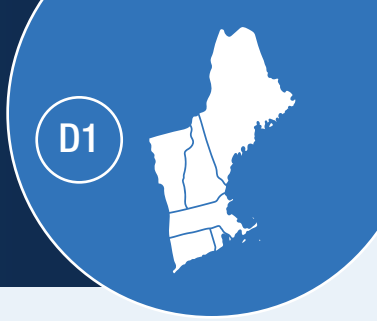
Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for alcohol use in the past month **decreased** between 2022-2023 (**60.8%**) and 2023-2024 (**56.6%**).

The percentage **decreased** for Maine and Massachusetts and **did not change significantly** for Connecticut, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

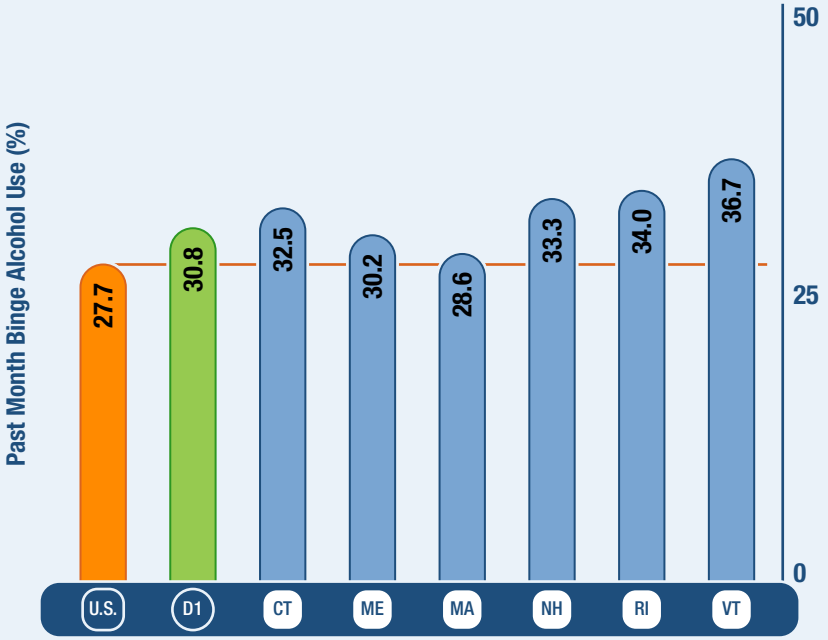
Substance Use | Aged 18 to 25
Binge Alcohol Use in the Past Month



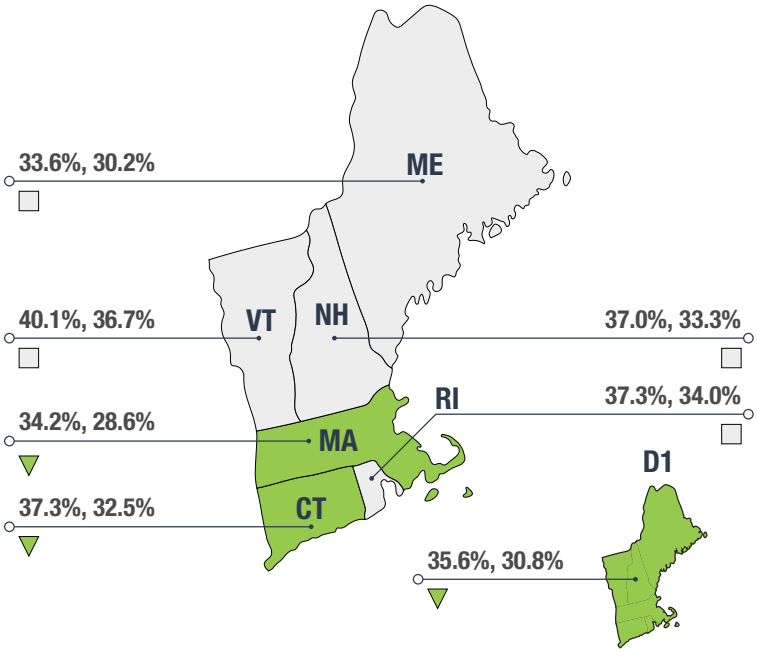
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **30.8% engaged in binge drinking** in the past month, which was **higher** than the national average (**27.7%**).

Compared with the **national** average, the estimate was **higher** for New Hampshire, Rhode Island, and Vermont and **similar** for Connecticut, Maine, and Massachusetts.

Compared with the **U.S. census division** average, the estimate was **higher** for Vermont and **similar** for Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

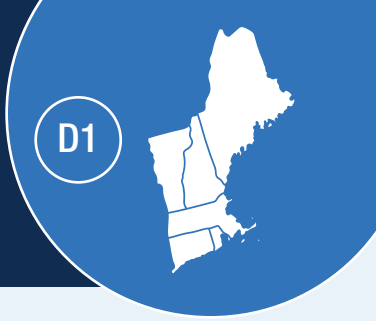
Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for binge alcohol use in the past month **decreased** between 2022-2023 (**35.6%**) and 2023-2024 (**30.8%**).

The percentage **decreased** for Connecticut and Massachusetts and **did not change significantly** for Maine, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

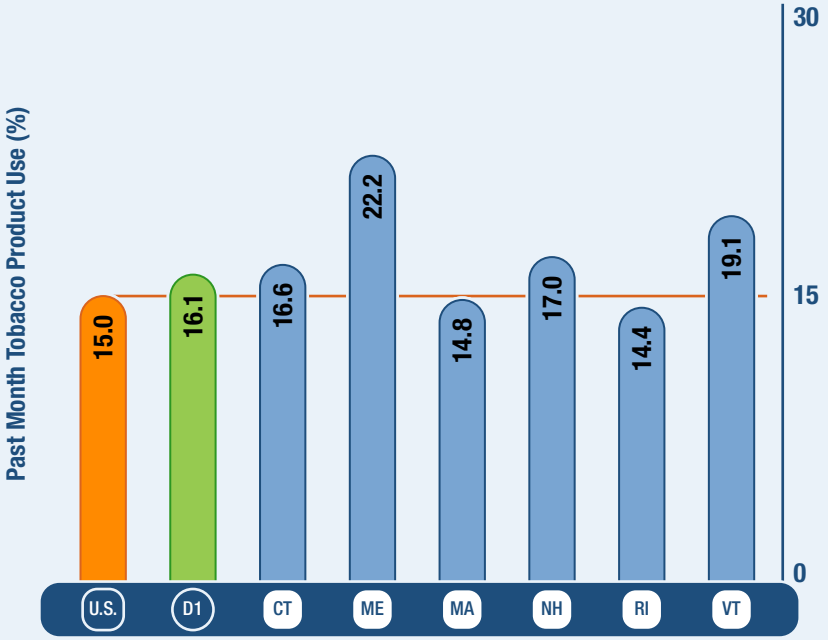
Substance Use | Aged 18 to 25
Tobacco Product Use in the Past Month



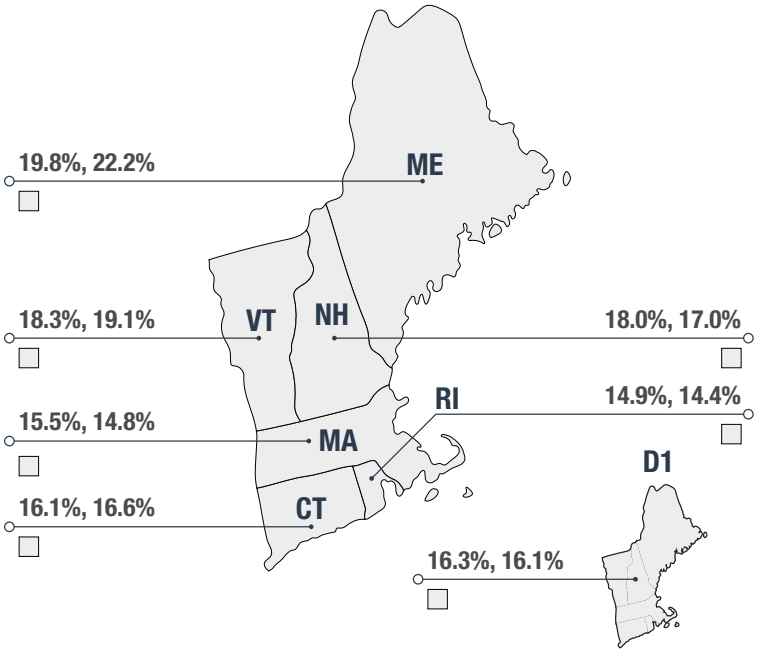
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **16.1% used tobacco products** in the past month, which was **similar** to the national average (**15.0%**).

Compared with the **national** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

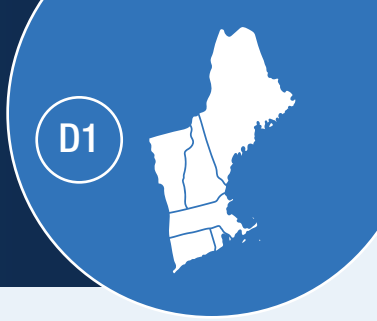
Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for tobacco product use in the past month **did not change significantly** between 2022-2023 (**16.3%**) and 2023-2024 (**16.1%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

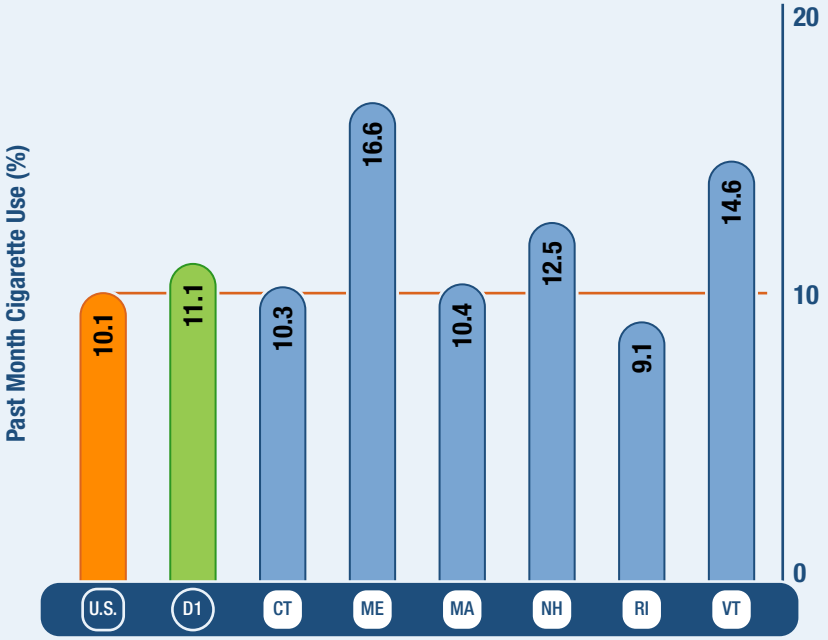
Substance Use | Aged 18 to 25
Cigarette Use in the Past Month



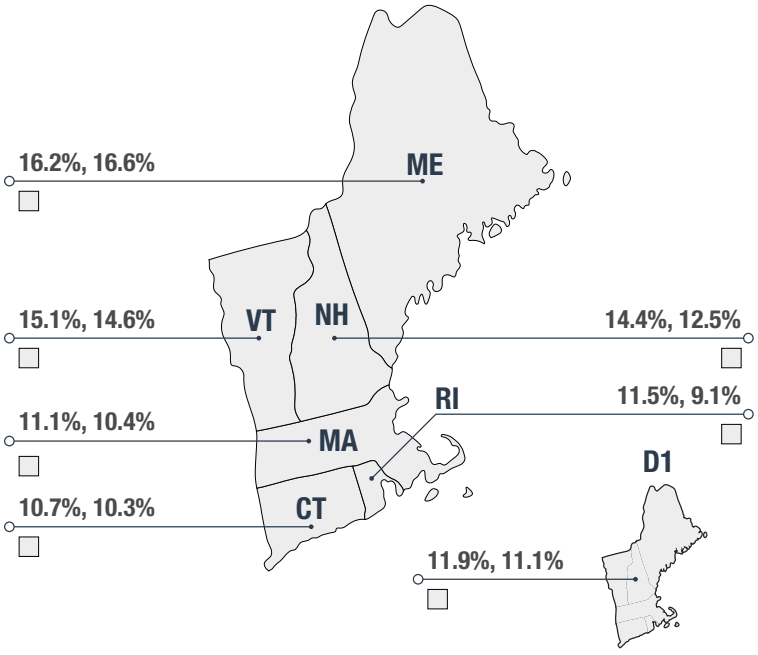
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **11.1% used cigarettes** in the past month, which was **similar** to the national average (**10.1%**).

Compared with the **national** average, the estimate was **higher** for Maine and Vermont and **similar** for Connecticut, Massachusetts, New Hampshire, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

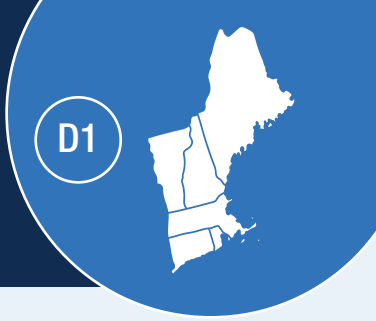
Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for cigarette use in the past month **did not change significantly** between 2022-2023 (**11.9%**) and 2023-2024 (**11.1%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

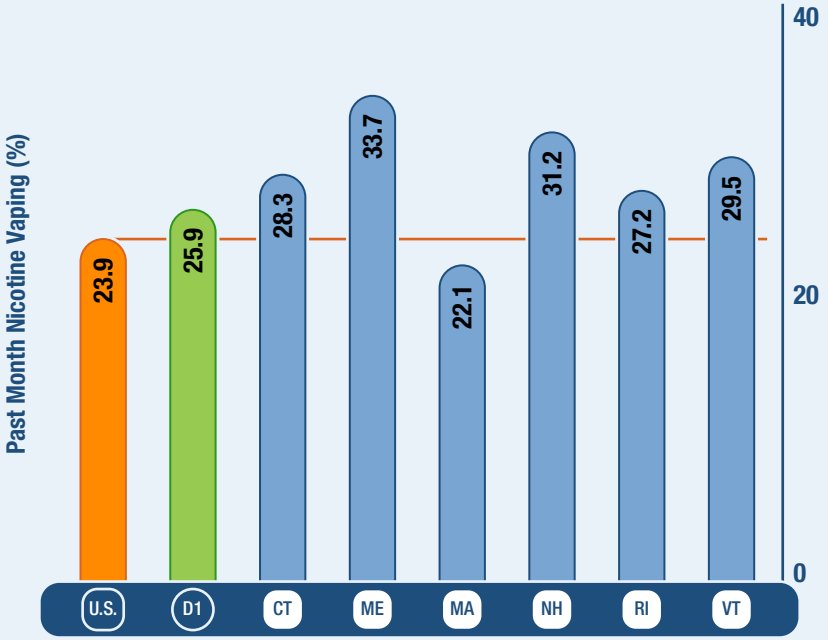
Substance Use | Aged 18 to 25
Nicotine Vaping in the Past Month



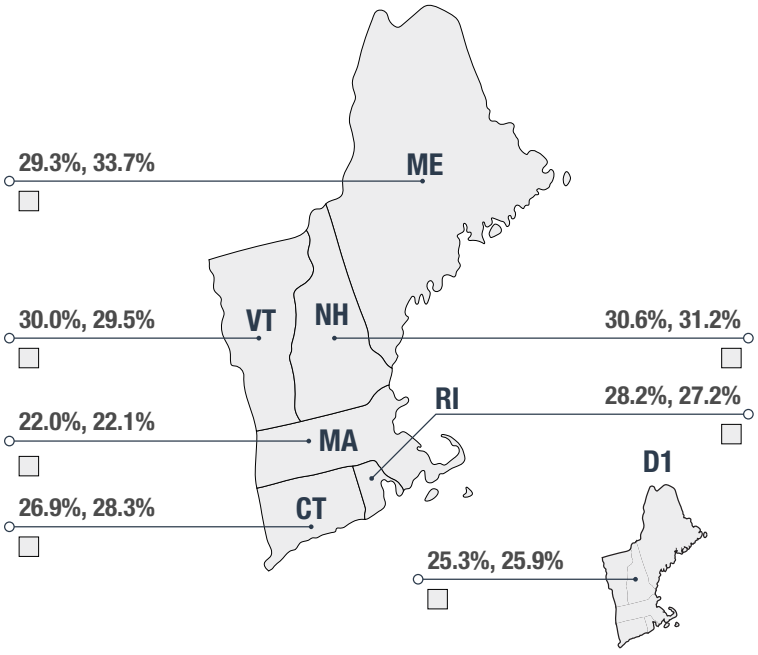
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **25.9% vaped nicotine** in the past month, which was **similar** to the national average (**23.9%**).

Compared with the **national** average, the estimate was **higher** for Maine, New Hampshire, and Vermont and **similar** for Connecticut, Massachusetts, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and New Hampshire; **lower** for Massachusetts; and **similar** for Connecticut, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

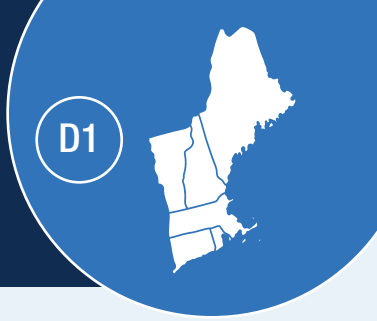
Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for nicotine vaping in the past month **did not change significantly** between 2022-2023 (**25.3%**) and 2023-2024 (**25.9%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

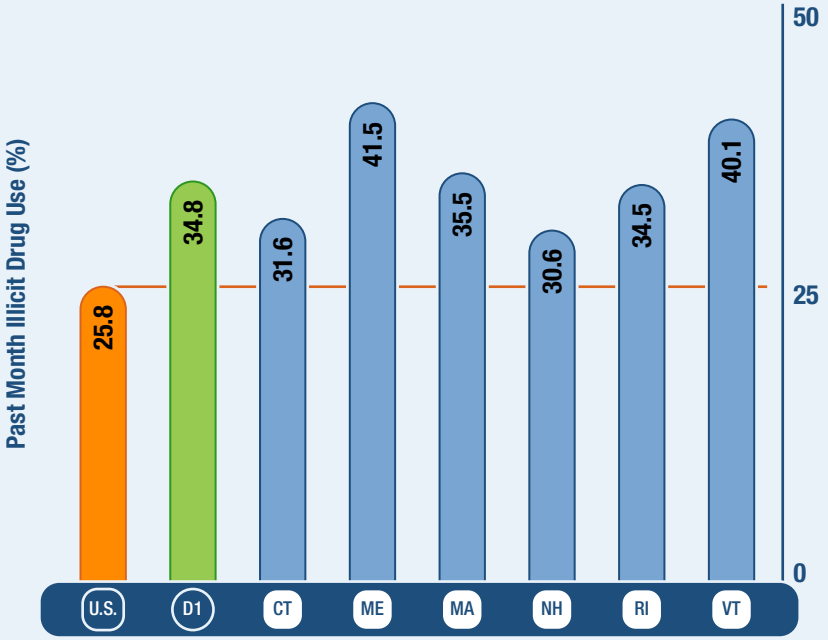
Substance Use | Aged 18 to 25
Illicit Drug Use in the Past Month



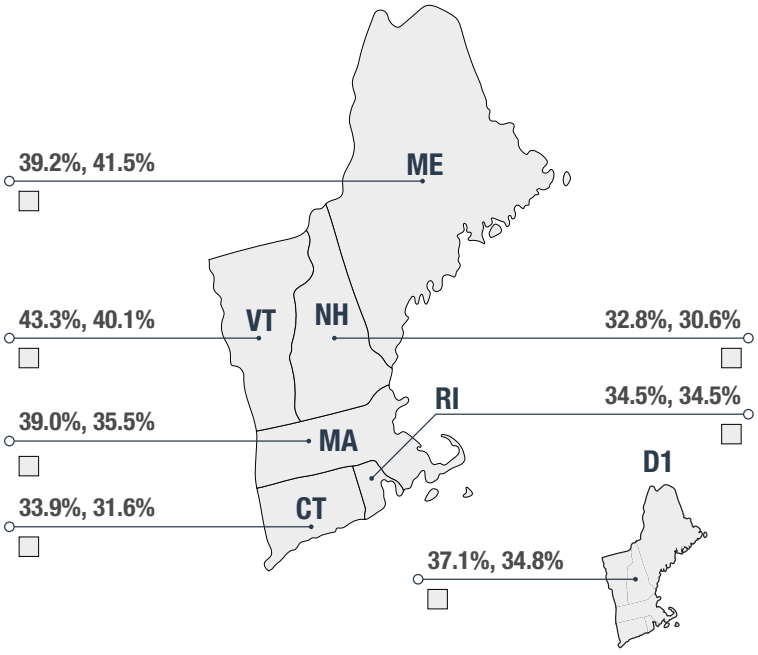
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **34.8% used illicit drugs** in the past month, which was **higher** than the national average (**25.8%**).

Compared with the **national** average, the estimate was **higher** for Connecticut, Maine, Massachusetts, Rhode Island, and Vermont and **similar** for New Hampshire.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

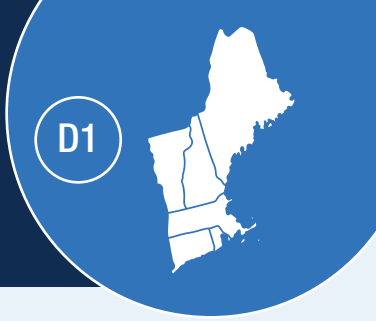
Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for illicit drug use in the past month **did not change significantly** between 2022-2023 (**37.1%**) and 2023-2024 (**34.8%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

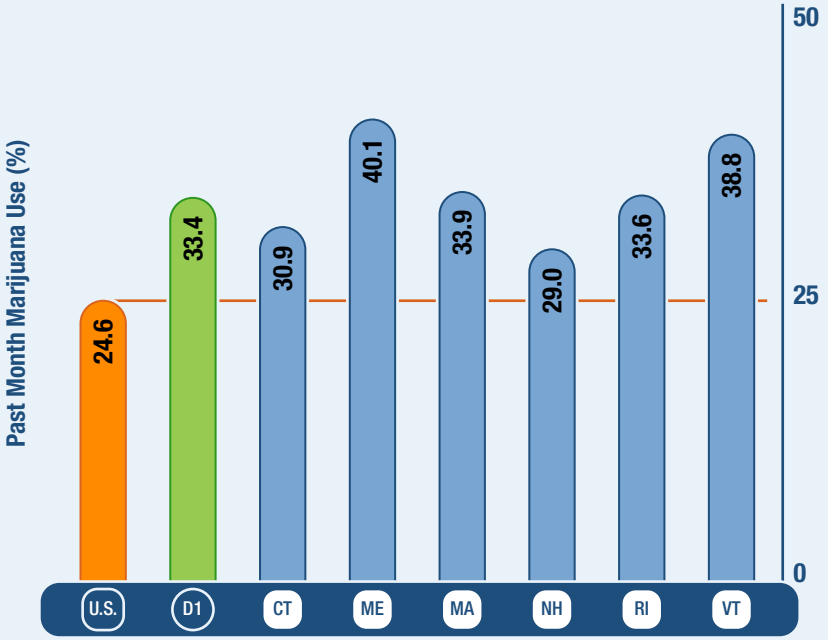
Substance Use | Aged 18 to 25
Marijuana Use in the Past Month



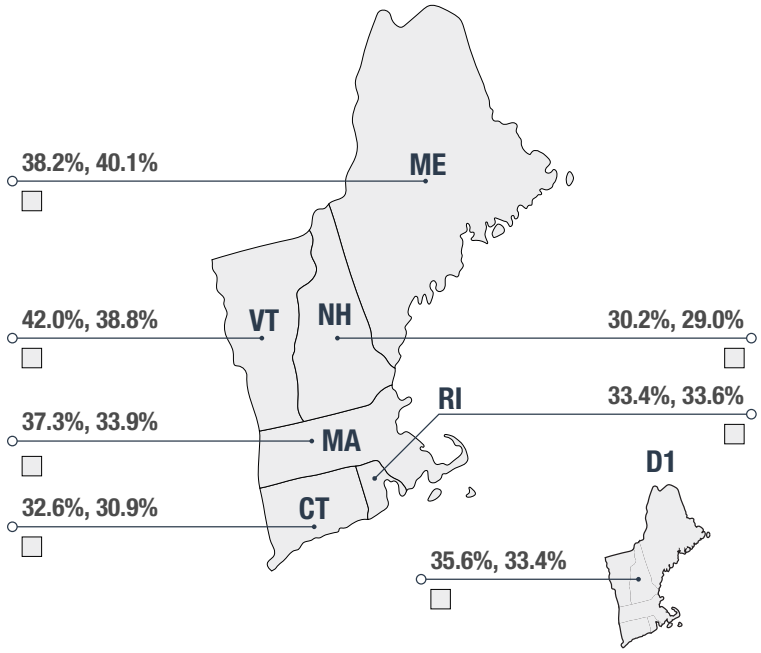
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **33.4% used marijuana** in the past month, which was **higher** than the national average (**24.6%**).

Compared with the **national** average, the estimate was **higher** for Connecticut, Maine, Massachusetts, Rhode Island, and Vermont and **similar** for New Hampshire.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and **similar** for Connecticut, Massachusetts, New Hampshire, Rhode Island, and Vermont.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

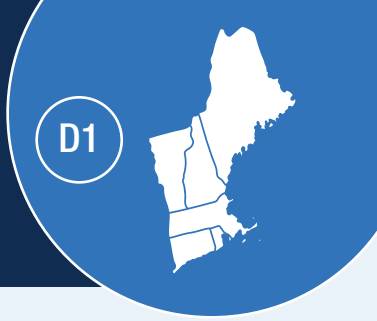
Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for marijuana use in the past month **did not change significantly** between 2022-2023 (**35.6%**) and 2023-2024 (**33.4%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

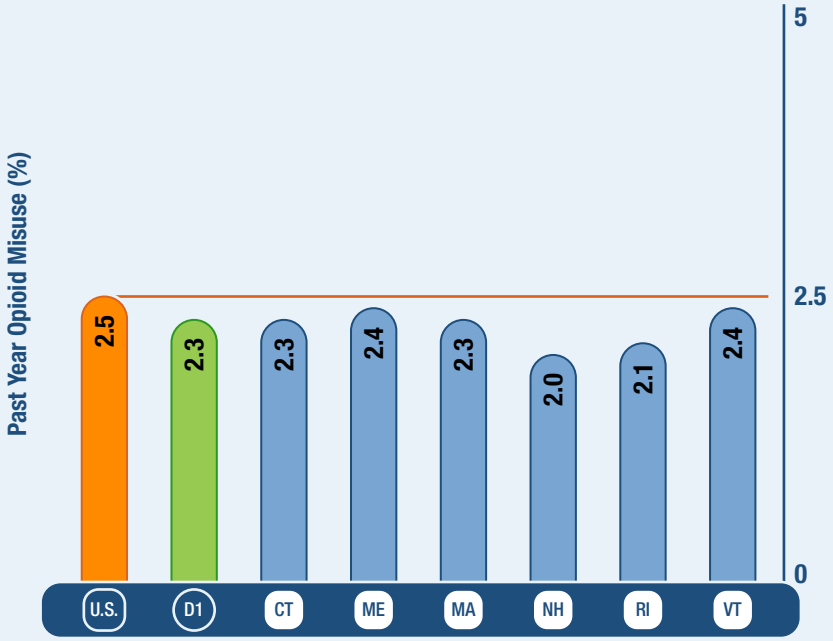
Substance Use | Aged 18 to 25
Opioid Misuse in the Past Year



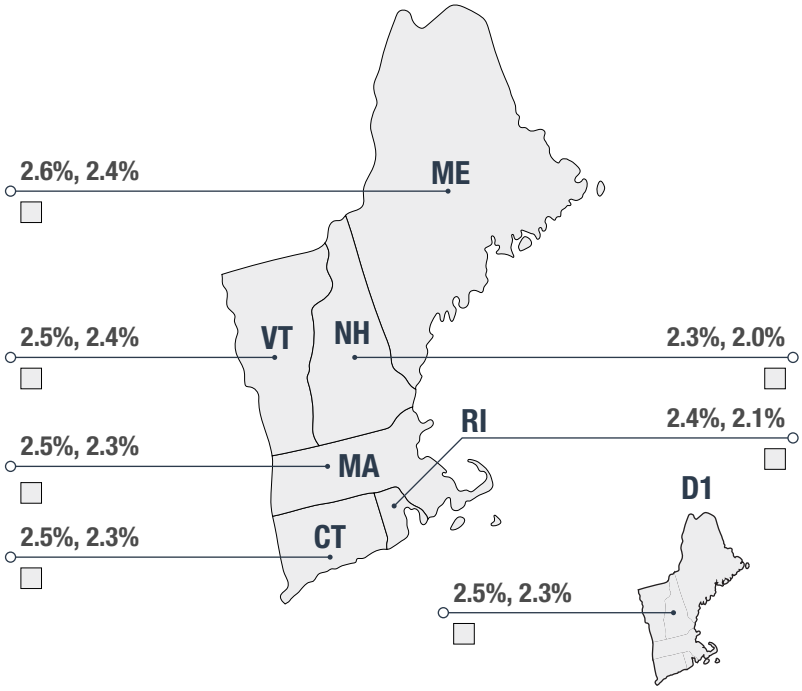
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **2.3% misused opioids** in the past year, which was **similar** to the national average (**2.5%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

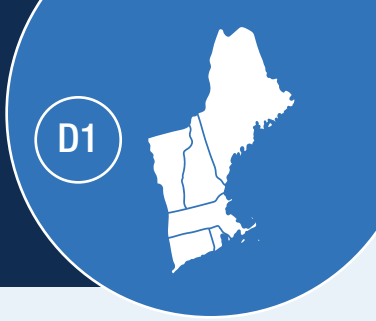
Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for opioid misuse in the past year **did not change significantly** between 2022-2023 (**2.5%**) and 2023-2024 (**2.3%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

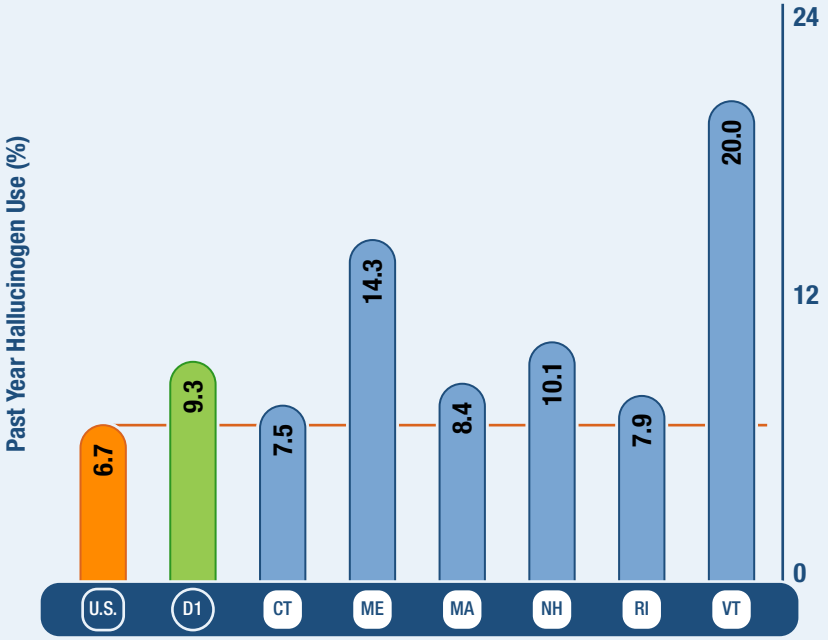
Substance Use | Aged 18 to 25
Hallucinogen Use in the Past Year



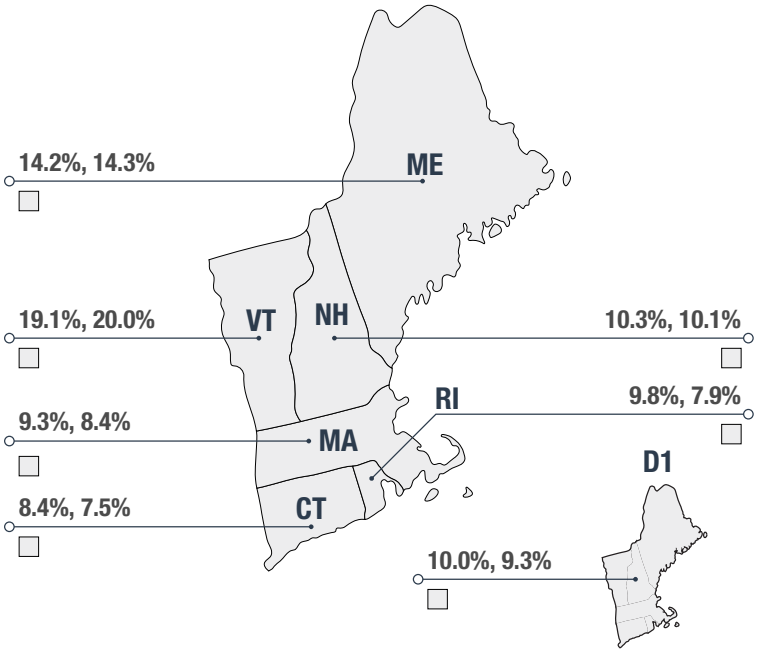
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **9.3% used hallucinogens** in the past year, which was **higher** than the national average (**6.7%**).

Compared with the **national** average, the estimate was **higher** for Maine, New Hampshire, and Vermont and **similar** for Connecticut, Massachusetts, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **higher** for Maine and Vermont and **similar** for Connecticut, Massachusetts, New Hampshire, and Rhode Island.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

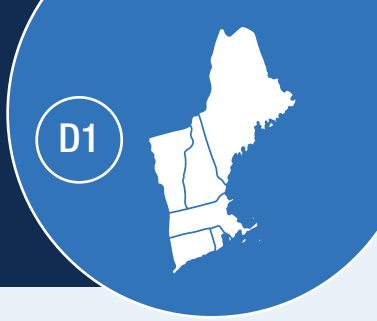
Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for hallucinogen use in the past year **did not change significantly** between 2022-2023 (**10.0%**) and 2023-2024 (**9.3%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

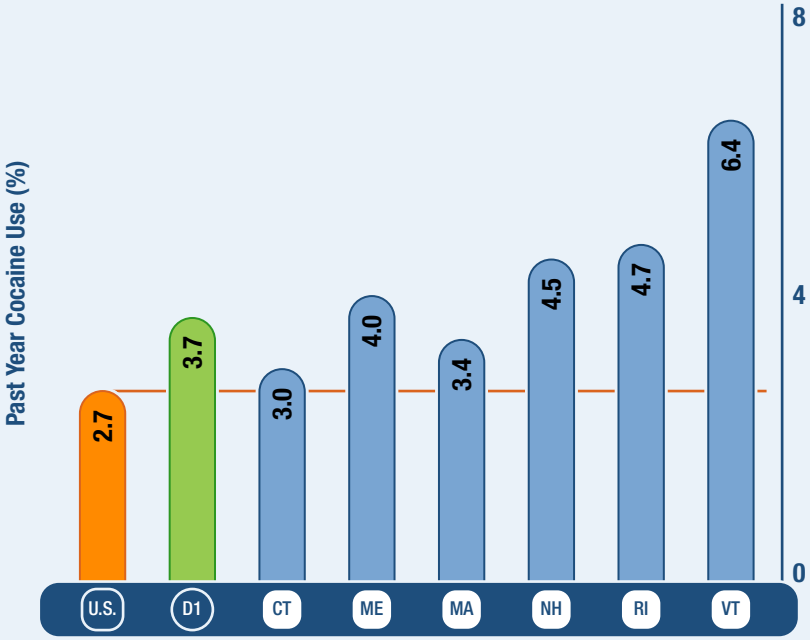
Substance Use | Aged 18 to 25
Cocaine Use in the Past Year



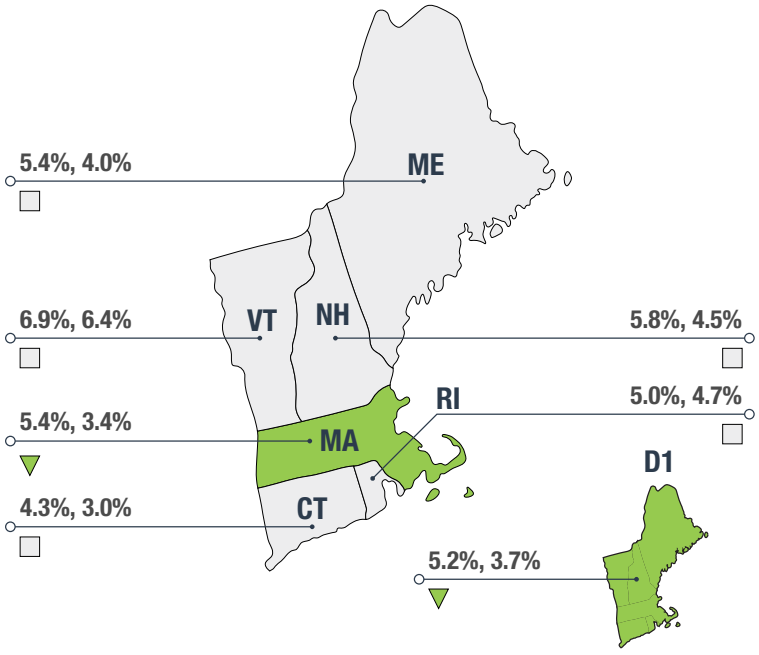
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **3.7% used cocaine** in the past year, which was **higher** than the national average (**2.7%**).

Compared with the **national** average, the estimate was **higher** for New Hampshire, Rhode Island, and Vermont and **similar** for Connecticut, Maine, and Massachusetts.

Compared with the **U.S. census division** average, the estimate was **higher** for Vermont and **similar** for Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for cocaine use in the past year **decreased** between 2022-2023 (**5.2%**) and 2023-2024 (**3.7%**).

The percentage **decreased** for Massachusetts and **did not change significantly** for Connecticut, Maine, New Hampshire, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Substance Use Disorders | Aged 18 to 25

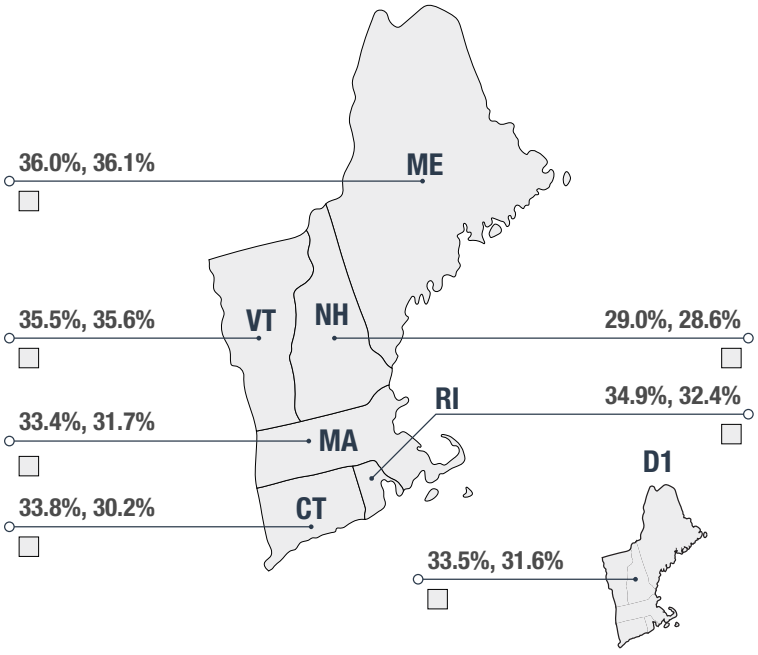
Substance Use Disorder in the Past Year

In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **31.6% had a substance use disorder** in the past year, which was **higher** than the national average (**26.5%**).

Compared with the **national** average, the estimate was **higher** for Maine, Massachusetts, Rhode Island, and Vermont and **similar** for Connecticut and New Hampshire.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for substance use disorder in the past year **did not change significantly** between 2022-2023 (**33.5%**) and 2023-2024 (**31.6%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

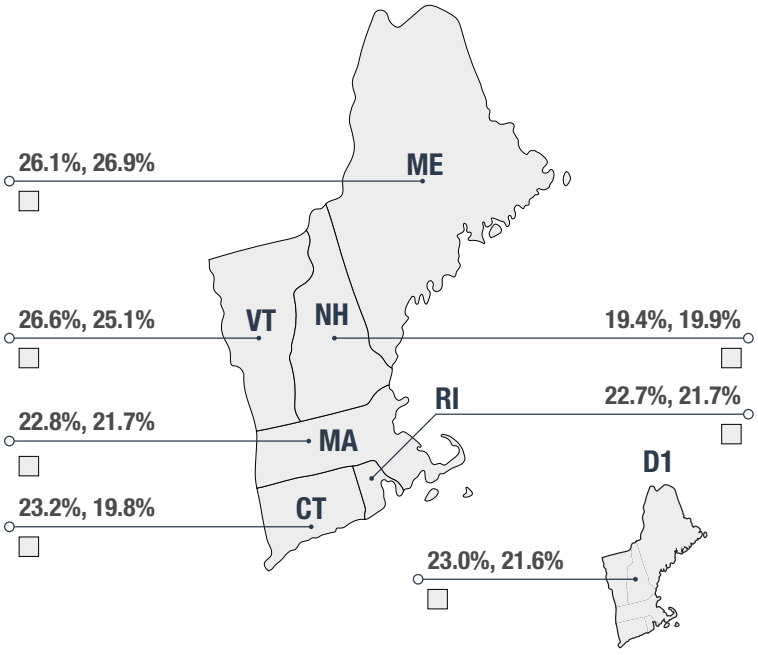
Substance Use Disorders | Aged 18 to 25
Drug Use Disorder in the Past Year

In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **21.6% had a drug use disorder** in the past year, which was **higher** than the national average (**17.9%**).

Compared with the **national** average, the estimate was **higher** for Maine and Vermont and **similar** for Connecticut, Massachusetts, New Hampshire, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for drug use disorder in the past year **did not change significantly** between 2022-2023 (**23.0%**) and 2023-2024 (**21.6%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

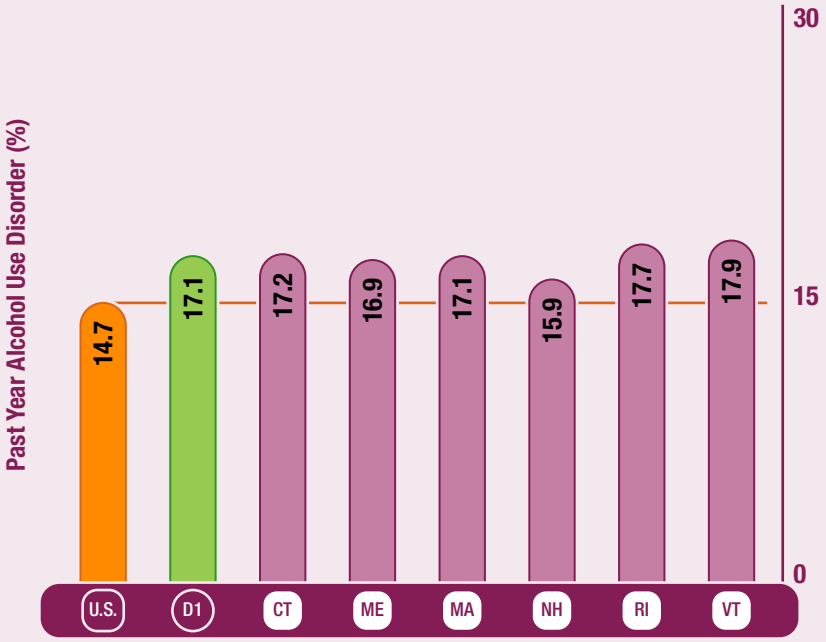
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Substance Use Disorders | Aged 18 to 25
Alcohol Use Disorder in the Past Year

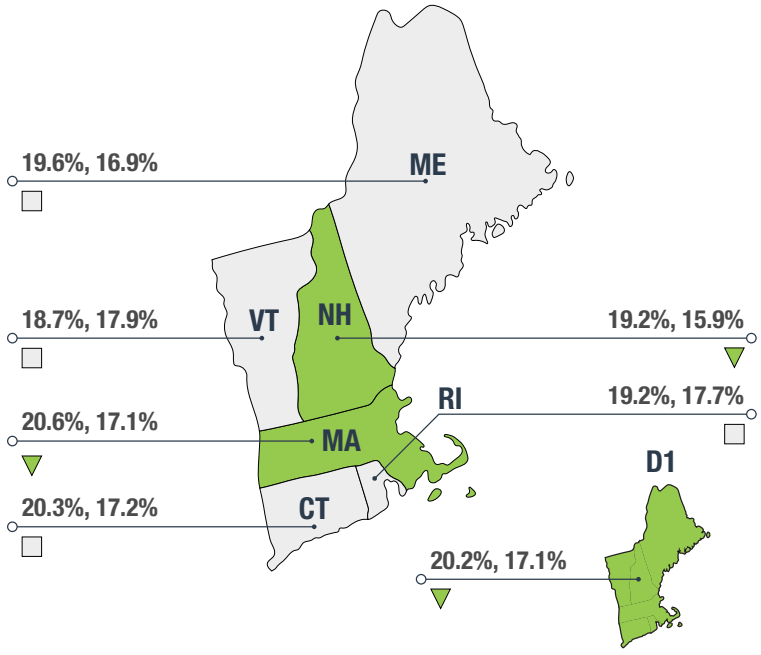
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **17.1% had an alcohol use disorder** in the past year, which was **higher** than the national average (**14.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for alcohol use disorder in the past year **decreased** between 2022-2023 (**20.2%**) and 2023-2024 (**17.1%**).

The percentage **decreased** for Massachusetts and New Hampshire and **did not change significantly** for Connecticut, Maine, Rhode Island, and Vermont.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

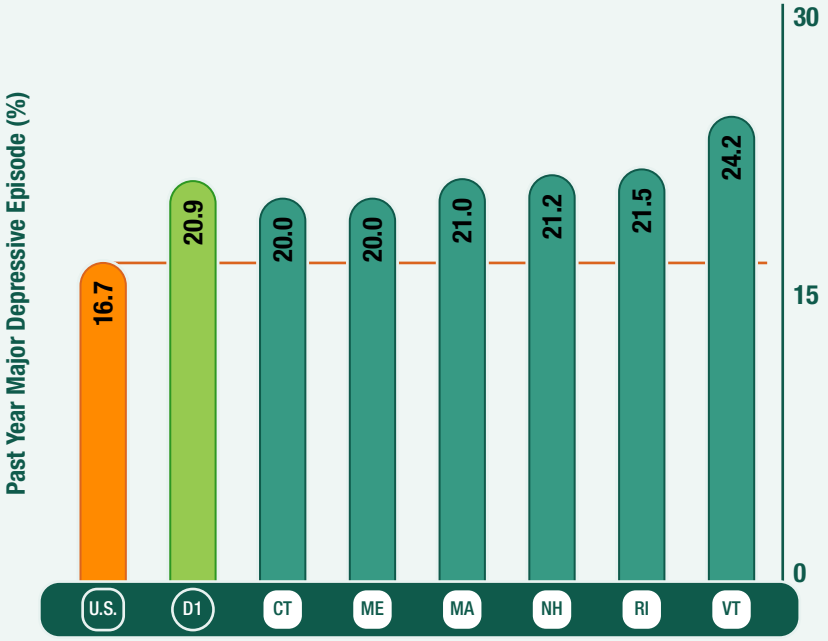
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Mental Health | Aged 18 to 25
Major Depressive Episode in the Past Year

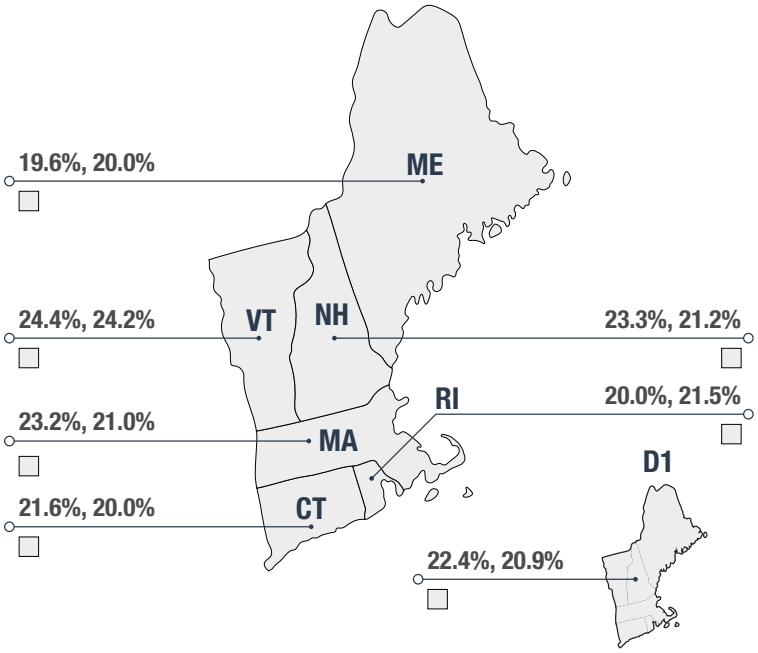
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **20.9% had at least one major depressive episode** in the past year, which was **higher** than the national average (**16.7%**).

Compared with the **national** average, the estimate was **higher** for Massachusetts, New Hampshire, Rhode Island, and Vermont and **similar** for Connecticut and Maine.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for major depressive episode in the past year **did not change significantly** between 2022-2023 (**22.4%**) and 2023-2024 (**20.9%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

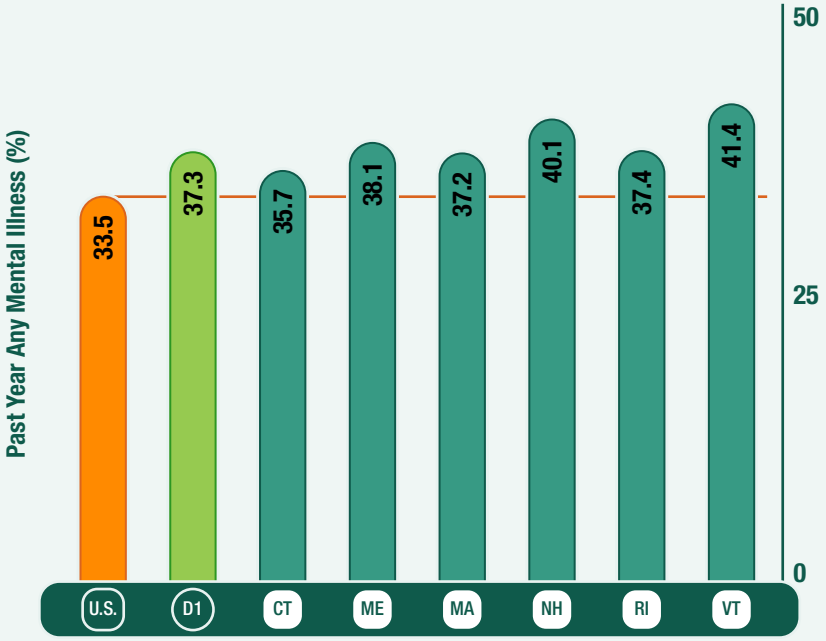
Mental Health | Aged 18 to 25

Any Mental Illness in the Past Year

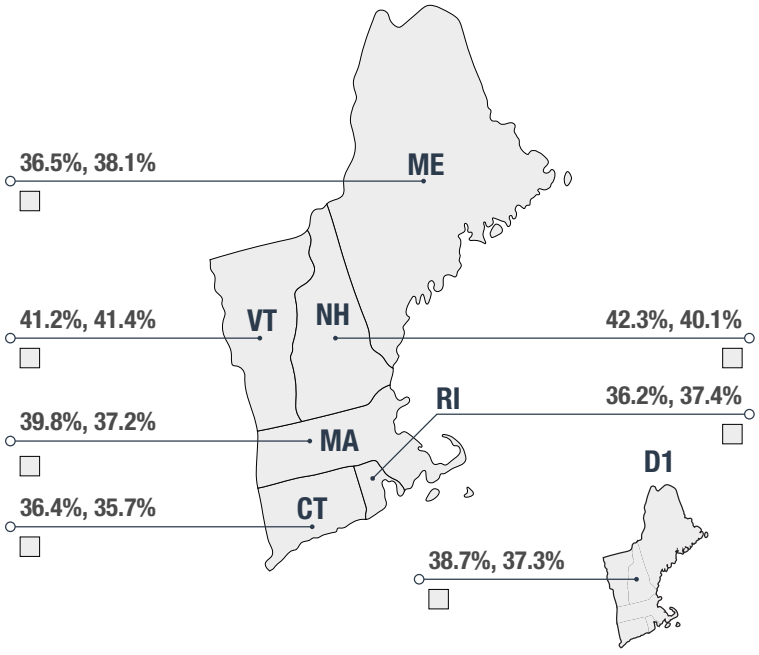
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **37.3% had any mental illness** in the past year, which was **higher** than the national average (**33.5%**).

Compared with the **national** average, the estimate was **higher** for Maine, New Hampshire, and Vermont and **similar** for Connecticut, Massachusetts, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for any mental illness in the past year **did not change significantly** between 2022-2023 (**38.7%**) and 2023-2024 (**37.3%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

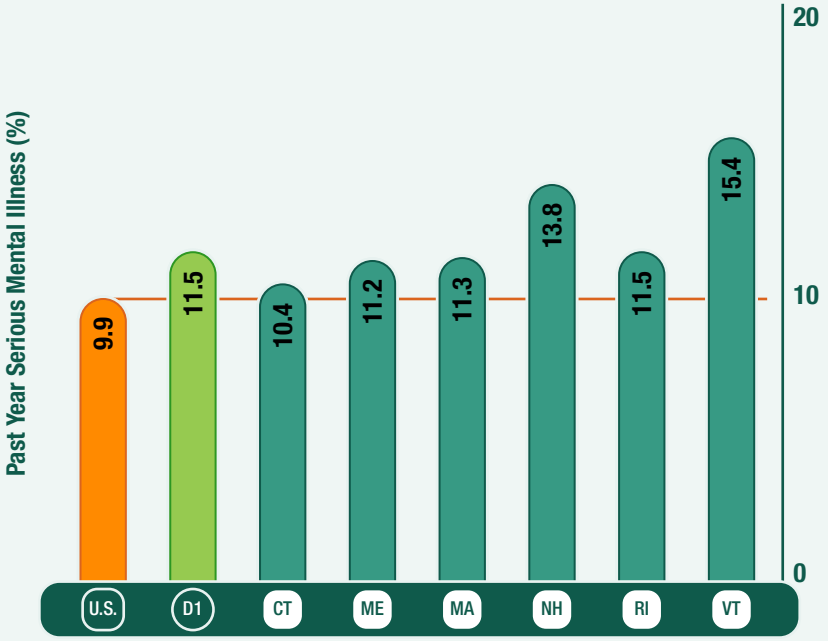
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Mental Health | Aged 18 to 25
Serious Mental Illness in the Past Year

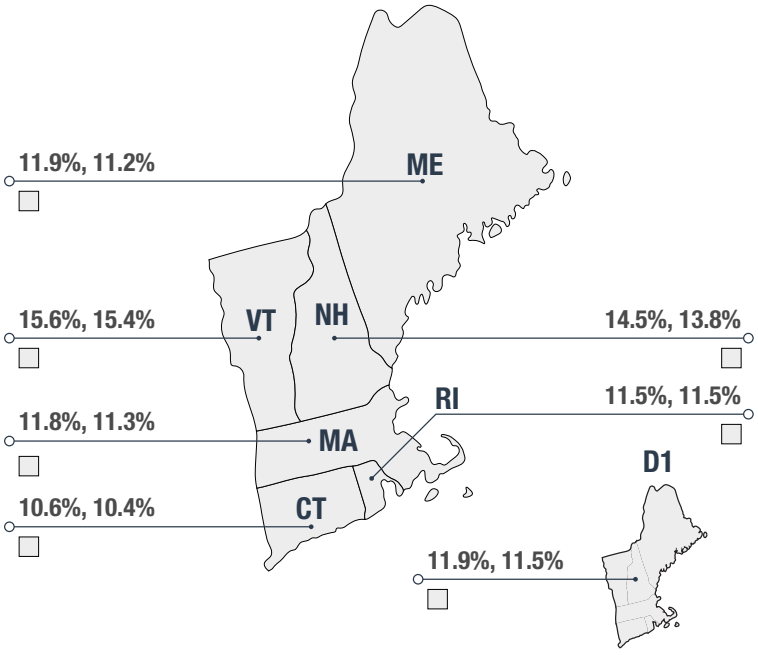
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **11.5% had serious mental illness** in the past year, which was **higher** than the national average (**9.9%**).

Compared with the **national** average, the estimate was **higher** for New Hampshire and Vermont and **similar** for Connecticut, Maine, Massachusetts, and Rhode Island.

Compared with the **U.S. census division** average, the estimate was **higher** for Vermont and **similar** for Connecticut, Maine, Massachusetts, New Hampshire, and Rhode Island.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for serious mental illness in the past year **did not change significantly** between 2022-2023 (**11.9%**) and 2023-2024 (**11.5%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

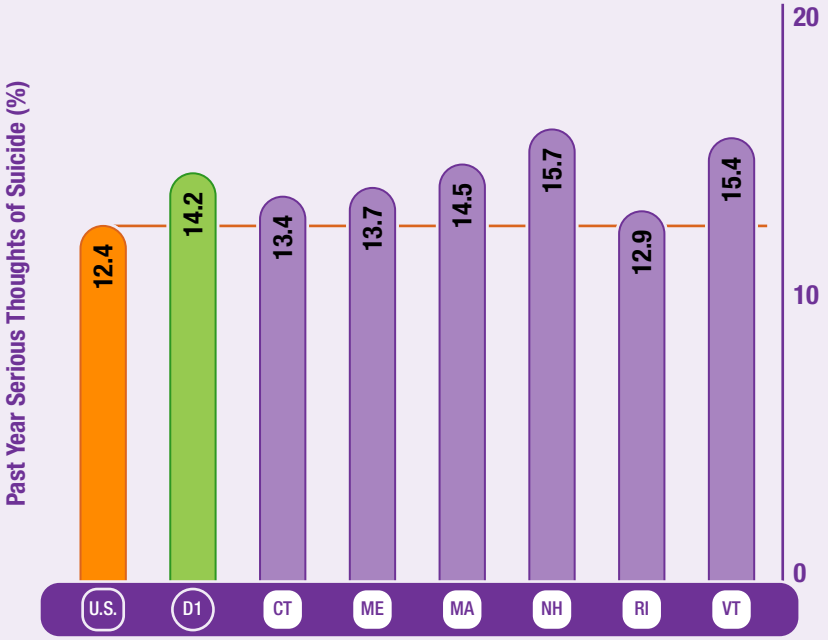
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Suicidal Thoughts and Behaviors | Aged 18 to 25
Had Serious Thoughts of Suicide in the Past Year

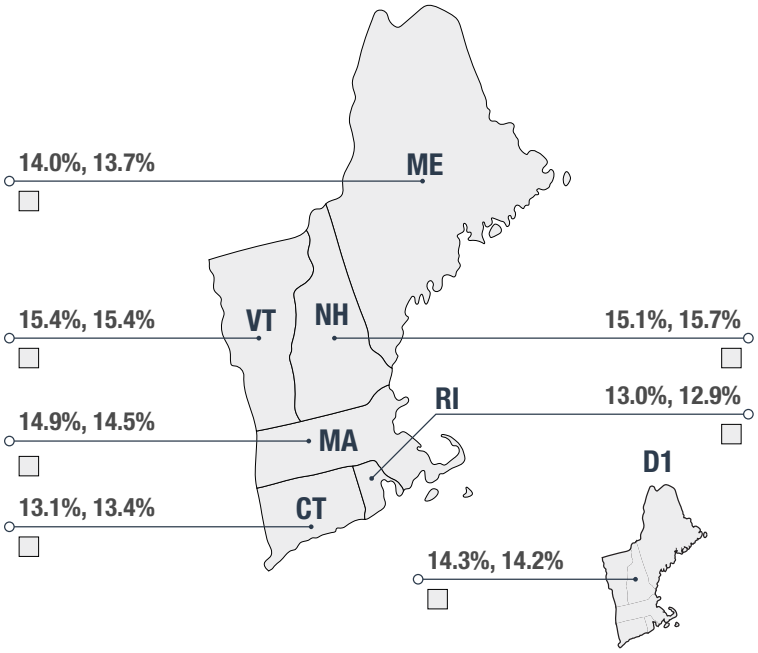
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **14.2% had serious thoughts of suicide** in the past year, which was **higher** than the national average (**12.4%**).

Compared with the **national** average, the estimate was **higher** for New Hampshire and **similar** for Connecticut, Maine, Massachusetts, Rhode Island, and Vermont.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for serious thoughts of suicide in the past year **did not change significantly** between 2022-2023 (**14.3%**) and 2023-2024 (**14.2%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

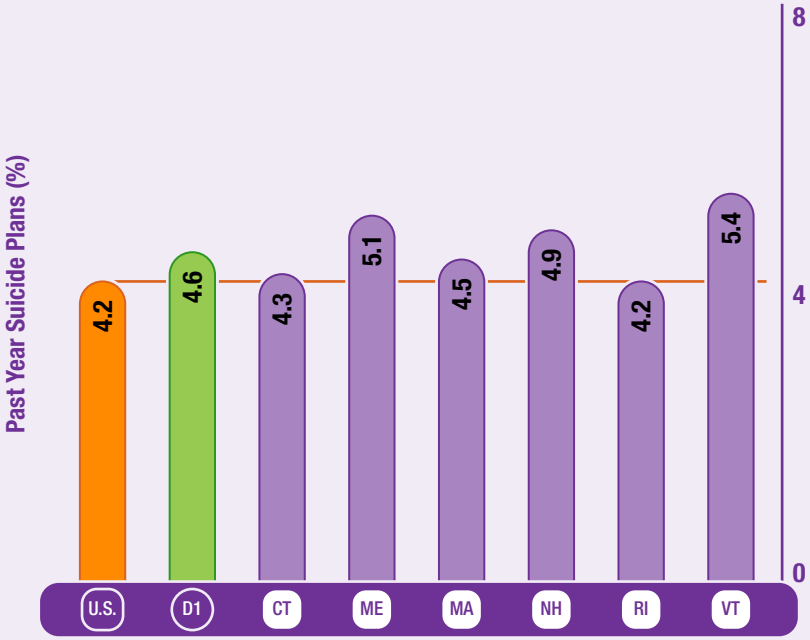
Suicidal Thoughts and Behaviors | Aged 18 to 25

Made Any Suicide Plans in the Past Year

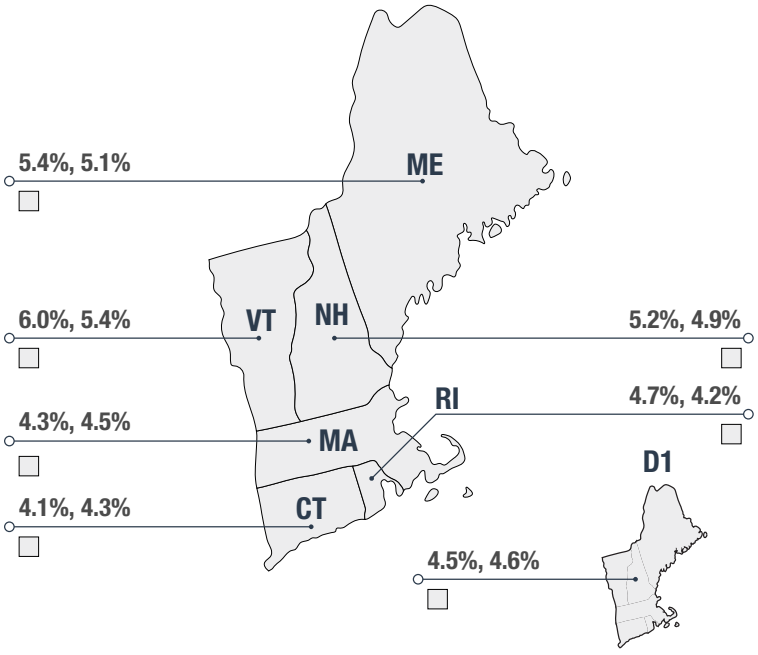
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **4.6% made any suicide plans** in the past year, which was **similar** to the national average (**4.2%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for made any suicide plans in the past year **did not change significantly** between 2022-2023 (**4.5%**) and 2023-2024 (**4.6%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

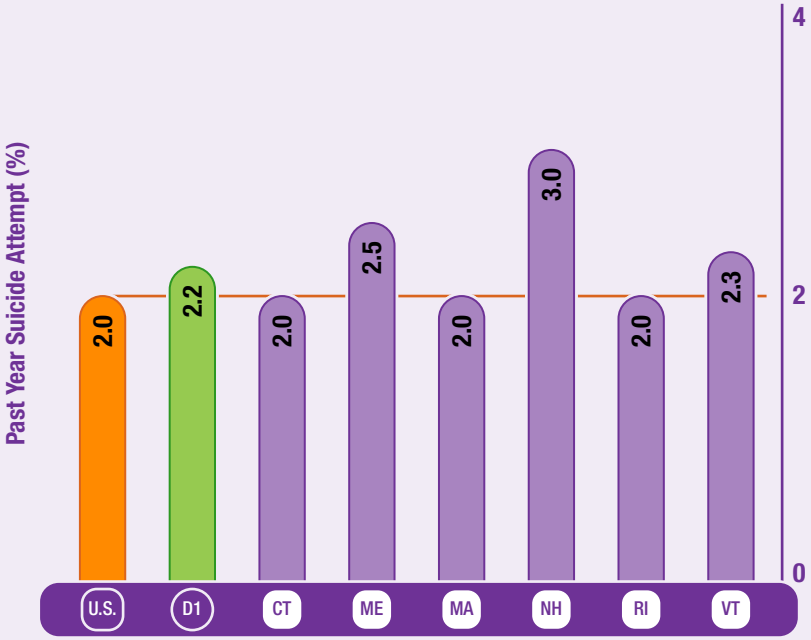
D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

Suicidal Thoughts and Behaviors | Aged 18 to 25
Attempted Suicide in the Past Year

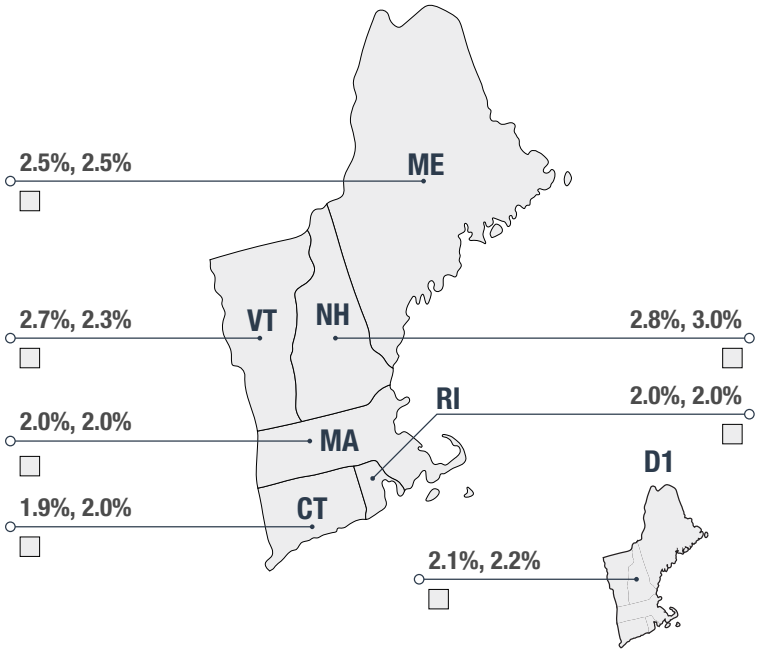
In 2023-2024, among young adults aged 18 to 25 in the **New England** U.S. census division, **2.2% attempted suicide** in the past year, which was **similar** to the national average (**2.0%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **New England** U.S. census division, the annual average for attempted suicide in the past year **did not change significantly** between 2022-2023 (**2.1%**) and 2023-2024 (**2.2%**).

The percentage **did not change significantly** for all states in the New England U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D1 = U.S. Census Division 1: New England (Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, and Vermont); CT = Connecticut; ME = Maine; MA = Massachusetts; NH = New Hampshire; RI = Rhode Island; VT = Vermont.

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Acknowledgments

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