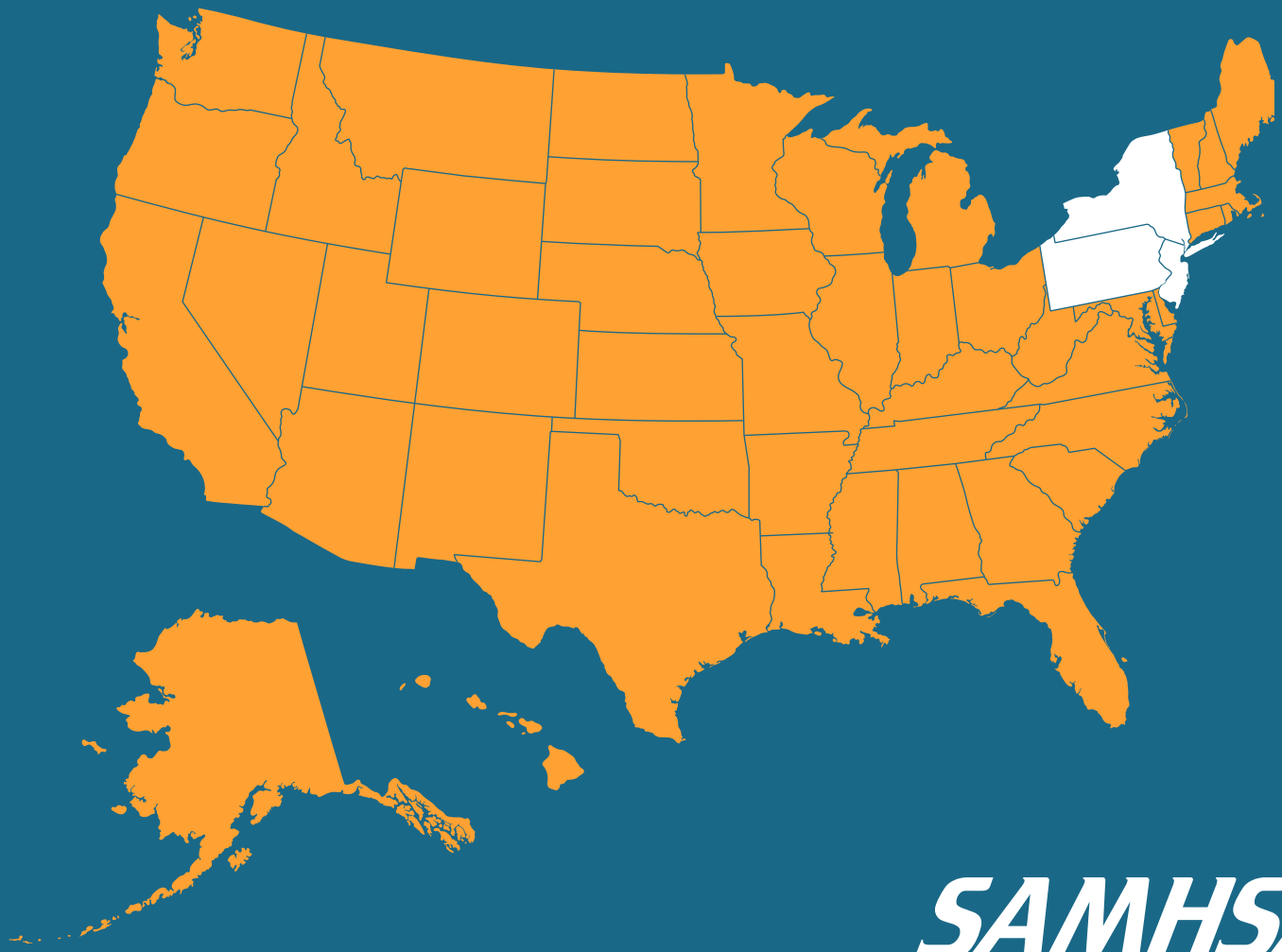
CBHSQ
Center for Behavioral Health Statistics and Quality

Behavioral Health Barometer

Division 2 | Volume 9

Indicators as Measured in the 2022-2023 and 2023-2024
National Surveys on Drug Use and Health



SAMHSA
Substance Abuse and Mental Health Services Administration

Behavioral Health Barometer, Division 2, Volume 9:

Indicators as Measured in the 2022-2023 and 2023-2024 National Surveys on Drug Use and Health

The *Behavioral Health Barometer, Division 2, Volume 9: Indicators as Measured in the 2022-2023 and 2023-2024 National Surveys on Drug Use and Health* was prepared for the Substance Abuse and Mental Health Services Administration (SAMHSA) under contract number 75S20322C00001 with SAMHSA, U.S. Department of Health and Human Services (HHS). Elizabeth Crane served as Contracting Officer's Representative, and Carlos Graham served as Alternate Contracting Officer's Representative.

Recommended Citation

Substance Abuse and Mental Health Services Administration. (2026). *Behavioral Health Barometer, Division 2, Volume 9: Indicators as Measured in the 2022-2023 and 2023-2024 National Surveys on Drug Use and Health* (SAMHSA Publication No. PEP26-07-012). Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration.

Originating Office

Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration, 5600 Fishers Lane, Rockville, MD 20857.

Electronic Access

Products may be downloaded at https://library.samhsa.gov.

Disclaimer

Nothing in this document constitutes a direct or indirect endorsement by SAMHSA or HHS of any nonfederal entity's products, services, or policies.

Public Domain Notice

This publication is in the public domain and may be reproduced or copied without permission from SAMHSA. Citation of the source is appreciated. However, this publication may not be reproduced or distributed for a fee without the specific, written authorization of the Office of Communications, SAMHSA, HHS.

Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality

SAMHSA Publication No. PEP26-07-012
Released 2026

Contents

Introduction 1
- Purpose of This Report 1
- Survey Background 1
- Methodological Information 1
- Organization of This Report 2

Definitions 3

Substance Use | Aged 12 or Older 4
- Alcohol Use in the Past Month 4
- Binge Alcohol Use in the Past Month 5
- Tobacco Product Use in the Past Month 6
- Cigarette Use in the Past Month 7
- Nicotine Vaping in the Past Month 8
- Illicit Drug Use in the Past Month 9
- Marijuana Use in the Past Month 10
- Opioid Misuse in the Past Year 11
- Hallucinogen Use in the Past Year 12
- Cocaine Use in the Past Year 13

Substance Use Disorders | Aged 12 or Older 14
- Substance Use Disorder in the Past Year 14
- Drug Use Disorder in the Past Year 15
- Alcohol Use Disorder in the Past Year 16

Substance Use | Aged 12 to 17 17
- Alcohol Use in the Past Month 17
- Binge Alcohol Use in the Past Month 18
- Tobacco Product Use in the Past Month 19
- Cigarette Use in the Past Month 20
- Nicotine Vaping in the Past Month 21
- Illicit Drug Use in the Past Month 22
- Marijuana Use in the Past Month 23
- Opioid Misuse in the Past Year 24
- Hallucinogen Use in the Past Year 25
- Cocaine Use in the Past Year 26

Contents *(continued)*

Perceived Risk from Substance Use | Aged 12 to 17 27

Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic Beverage Once or Twice a Week 27

Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per Day 28

Perceptions of Great Risk from Smoking Marijuana Once a Month 29

Substance Use Disorders | Aged 12 to 17 30

Substance Use Disorder in the Past Year 30

Drug Use Disorder in the Past Year 31

Alcohol Use Disorder in the Past Year 32

Mental Health | Aged 12 to 17 33

Major Depressive Episode in the Past Year 33

Suicidal Thoughts and Behaviors | Aged 12 to 17 34

Had Serious Thoughts of Suicide in the Past Year 34

Made Any Suicide Plans in the Past Year 35

Attempted Suicide in the Past Year 36

Substance Use | Underage People Aged 12 to 20 37

Alcohol Use in the Past Month 37

Binge Alcohol Use in the Past Month 38

Tobacco Product Use in the Past Month 39

Cigarette Use in the Past Month 40

Substance Use Disorders | Underage People Aged 12 to 20 41

Alcohol Use Disorder in the Past Year 41

Mental Health | Aged 18 or Older 42

Major Depressive Episode in the Past Year 42

Any Mental Illness in the Past Year 43

Serious Mental Illness in the Past Year 44

Suicidal Thoughts and Behaviors | Aged 18 or Older 45

Had Serious Thoughts of Suicide in the Past Year 45

Made Any Suicide Plans in the Past Year 46

Attempted Suicide in the Past Year 47

Contents *(continued)*

Substance Use | Aged 18 to 25 48
- Alcohol Use in the Past Month 48
- Binge Alcohol Use in the Past Month 49
- Tobacco Product Use in the Past Month 50
- Cigarette Use in the Past Month 51
- Nicotine Vaping in the Past Month 52
- Illicit Drug Use in the Past Month 53
- Marijuana Use in the Past Month 54
- Opioid Misuse in the Past Year 55
- Hallucinogen Use in the Past Year 56
- Cocaine Use in the Past Year 57

Substance Use Disorders | Aged 18 to 25 58
- Substance Use Disorder in the Past Year 58
- Drug Use Disorder in the Past Year 59
- Alcohol Use Disorder in the Past Year 60

Mental Health | Aged 18 to 25 61
- Major Depressive Episode in the Past Year 61
- Any Mental Illness in the Past Year 62
- Serious Mental Illness in the Past Year 63

Suicidal Thoughts and Behaviors | Aged 18 to 25 64
- Had Serious Thoughts of Suicide in the Past Year 64
- Made Any Suicide Plans in the Past Year 65
- Attempted Suicide in the Past Year 66

References 67

Acknowledgments 68

Introduction

Purpose of This Report

The *Behavioral Health Barometer, Division 2, Volume 9: Indicators as Measured in the 2022-2023 and 2023-2024 National Surveys on Drug Use and Health* provides an update on a series of topics that focus on substance use and mental health (collectively referred to as "behavioral health") in U.S. Census Division 2, which includes New Jersey, New York, and Pennsylvania. The Substance Abuse and Mental Health Services Administration (SAMHSA) selected specific topics and indicators for this report to represent a cross-section of the key behavioral health indicators that are assessed in the 2022-2023 and 2023-2024 National Surveys on Drug Use and Health (NSDUHs). The intent of this report is to assist researchers, clinicians, policymakers, and the general public to better understand and improve the nation's behavioral health.

Survey Background

NSDUH is an annual survey sponsored by SAMHSA, within the U.S. Department of Health and Human Services. NSDUH covers residents of households and people in noninstitutional group settings (e.g., shelters, boarding houses, college dormitories, halfway houses) aged 12 or older. The survey excludes people with no fixed address (e.g., people who are homeless and not in shelters), military personnel on active duty, and residents of institutional group settings (e.g., jails, nursing homes, mental health institutions, long-term care facilities).

Methodological Information

All estimates presented are based on a small area estimation (SAE) methodology, a model-based methodology that incorporates auxiliary data, such as county and subcounty-level U.S. Census Bureau information, to improve the precision of the resulting estimates. The SAE methodology provides more precise estimates at the state level than those based solely on the NSDUH data (i.e., design-based estimates), particularly for states with smaller sample sizes. To further improve the precision of state estimates, 2 consecutive years of NSDUH data are used in the SAE modeling. To ensure internal consistency, it is desirable to have the national small area estimates (population-weighted averages of the state-level small area estimates) exactly match the national design-based estimates. Thus, all estimates are benchmarked so the national small area estimate equals the national design-based estimate calculated with NSDUH data alone. The U.S. census division-level estimates are population-weighted averages of the benchmarked state-level estimates. For more information about the SAE methodology (including benchmarking), see Section B of the *2023-2024 NSDUH: Guide to Substate Tables and Summary of Small Area Estimation Methodology*.[1]

Introduction *(continued)*

Statistical tests to compare population percentages of (1) U.S. census division versus national estimates, (2) state versus national estimates, and (3) state versus U.S. census division estimates were conducted. Additional comparisons across time (2022-2023 versus 2023-2024 estimates at the U.S. census division and state levels) were also conducted. SAE modeling was used to account for correlations among state, U.S. census division, and national estimates in addition to correlations between the 2022-2023 and 2023-2024 estimates. Unless explicitly stated that a difference is not statistically significant, all statements that describe differences are significant at the .05 level. For more information on these statistical tests, see the *2023-2024 NSDUH: Guide to Comparison of Population Percentages across Geographies*[2] and the *Methodology Used to Estimate the Bayes Significance Level for the Null Hypothesis of No Change between the 2022-2023 and 2023-2024 State Population Percentages*.[3]

Organization of This Report

This report is divided into sections based on age group and content areas. Definitions of key measures and terms included in the report are presented before the sections begin. Sections on substance use and substance use disorder among people aged 12 or older appear first, followed by sections on substance use, perceived risk from substance use, substance use disorder, mental health, and suicidal thoughts and behaviors among adolescents aged 12 to 17. Sections on underage alcohol use, tobacco use, and alcohol use disorder among people aged 12 to 20 appear next, followed by mental health and suicidal thoughts and behaviors among adults aged 18 or older. Sections on substance use, substance use disorder, mental health, and suicidal thoughts and behaviors among young adults aged 18 to 25 appear last. Sections include text boxes describing the analyses and graphics. The orange horizontal line on each bar graph indicates the national average for that measure. Statistically significant differences are described using terms such as “higher,” “lower,” “increased,” or “decreased.” Statements use terms such as “similar” or “did not change significantly” when a difference was not statistically significant. In general, an increase in estimates over time is indicated by a red triangle pointing upward, whereas a decrease in estimates over time is indicated by a green triangle pointing downward. The colors are reversed for the perceived risk measures.

Definitions

SUBSTANCE USE

Binge drinking means consumption of four or more drinks on the same occasion for females and five or more drinks on the same occasion for males on at least 1 day in the past 30 days.

Illicit drug use includes the use of marijuana, cocaine, heroin, hallucinogens, inhalants, and methamphetamine, as well as the misuse of prescription drugs (pain relievers, tranquilizers, stimulants, or sedatives).

Misuse of prescription drugs means use in any way not directed by a doctor, such as use without a prescription of one's own, or use in greater amounts, more often, or longer than told to take a drug.

Opioid misuse includes the misuse of prescription opioids or the use of heroin. Opioid misuse does not include use of illegally made fentanyl.

Tobacco product use includes the use of cigarettes, smokeless tobacco, cigars, or pipe tobacco. It does not include the use of e-cigarettes or another vaping device to vape nicotine.

SUBSTANCE USE DISORDERS

Substance use disorder (SUD) is characterized by impairment caused by the recurrent use of alcohol or other drugs (or both), including health problems, disability, and failure to meet major responsibilities at work, school, or home. Respondents were classified as having an SUD in the past year if they met criteria specified in the *Diagnostic and Statistical Manual of Mental Disorders*, 5th edition (DSM-5).[4] Respondents who used marijuana, cocaine, heroin, hallucinogens, inhalants, methamphetamine, or prescription psychotherapeutic drugs were classified as having a **drug use disorder (DUD)** if they had a disorder related to any of these substances that they used in the past year. Respondents who used **alcohol in the past year were classified as having an alcohol use disorder (AUD)** if they met criteria for an AUD in the past year. Respondents were classified as having an SUD if they had an AUD or a DUD in the past year.

PERCEIVED RISK FROM SUBSTANCE USE

Adolescent respondents were asked about **perceived risk** from harming themselves physically and in other ways when they use marijuana, alcohol, or cigarettes with various levels of frequency. Response options were (1) no risk, (2) slight risk, (3) moderate risk, and (4) great risk.

MENTAL HEALTH

Any mental illness (AMI) among adults refers to the presence of a mental, behavioral, or emotional disorder in the past year of sufficient duration to meet criteria from the *Diagnostic and Statistical Manual of Mental Disorders*, 4th edition,[5] excluding developmental disorders and SUDs.

Serious mental illness (SMI) among adults refers to the presence of a mental, behavioral, or emotional disorder in the past year that substantially interfered with or limited one or more major life activities. These estimates are based on indicators of AMI and SMI rather than direct measures of diagnostic criteria. For more details on the estimation of AMI and SMI, see the *2024 National Survey on Drug Use and Health (NSDUH): Methodological Summary and Definitions report*.[6]

NSDUH respondents were classified as having a **major depressive episode (MDE)** in the past 12 months if (1) they had at least one period of 2 weeks or longer in the past year when for most of the day nearly every day they felt depressed or lost interest or pleasure in daily activities; and (2) they also had problems with sleeping, eating, energy, concentration, self-worth, or having recurrent thoughts of death or recurrent suicidal ideation. The MDE questions are based on diagnostic criteria from the DSM-5.

SUICIDAL THOUGHTS AND BEHAVIORS

Respondents were asked whether they had seriously thought about killing themselves, made any plans to kill themselves, or tried to kill themselves at any time during the past 12 months. Estimates for **suicidal thoughts and behaviors among adolescents** reflect the percentage who answered "yes" among all respondents. Respondents who answered "no," "I'm not sure," and "I don't want to answer" were grouped together as the "no" category. Thus, the estimates for suicidal thoughts and behaviors among adolescents may be underestimated.

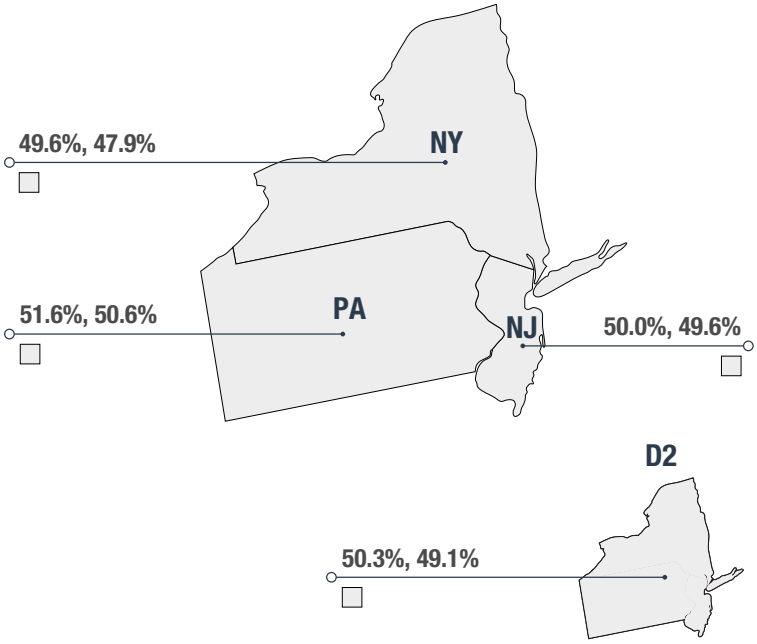
Substance Use | Aged 12 or Older
Alcohol Use in the Past Month

In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **49.1% used alcohol** in the past month, which was **higher** than the national average (**47.1%**).

Compared with the **national** average, the estimate was **higher** for Pennsylvania and **similar** for New Jersey and New York.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for alcohol use in the past month **did not change significantly** between 2022-2023 (**50.3%**) and 2023-2024 (**49.1%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

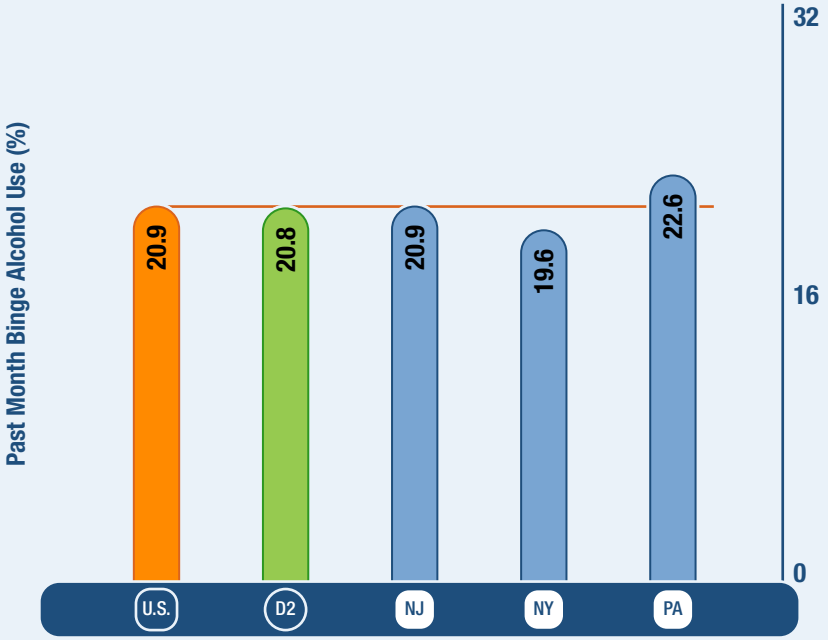
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 or Older
Binge Alcohol Use in the Past Month

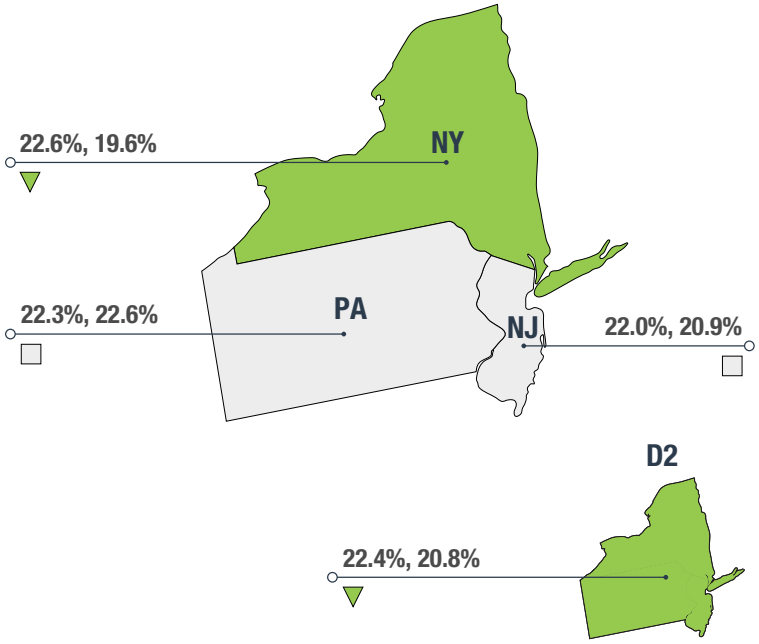
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **20.8% engaged in binge drinking** in the past month, which was **similar** to the national average (**20.9%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **higher** for Pennsylvania; **lower** for New York; and **similar** for New Jersey.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for binge alcohol use in the past month **decreased** between 2022-2023 (**22.4%**) and 2023-2024 (**20.8%**).

The percentage **decreased** for New York and **did not change significantly** for New Jersey and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

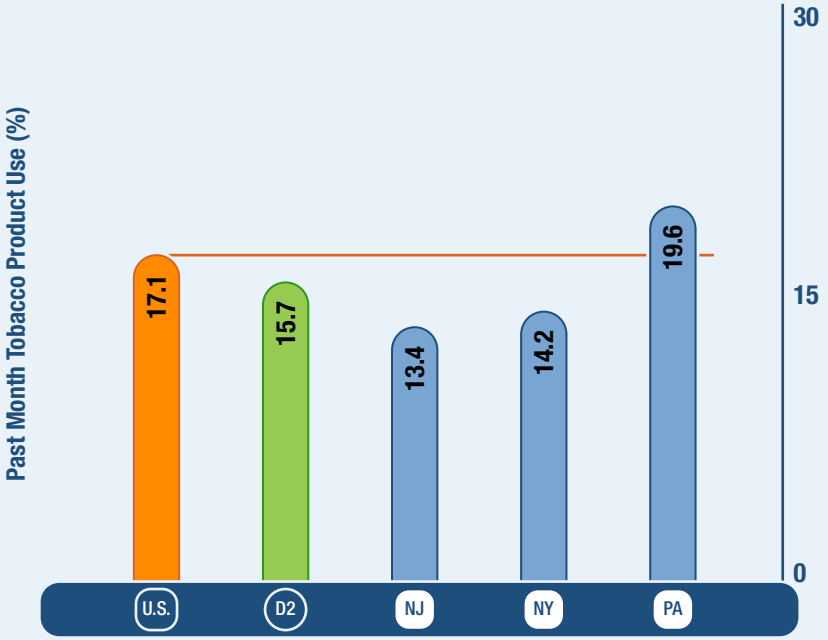
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 or Older
Tobacco Product Use in the Past Month

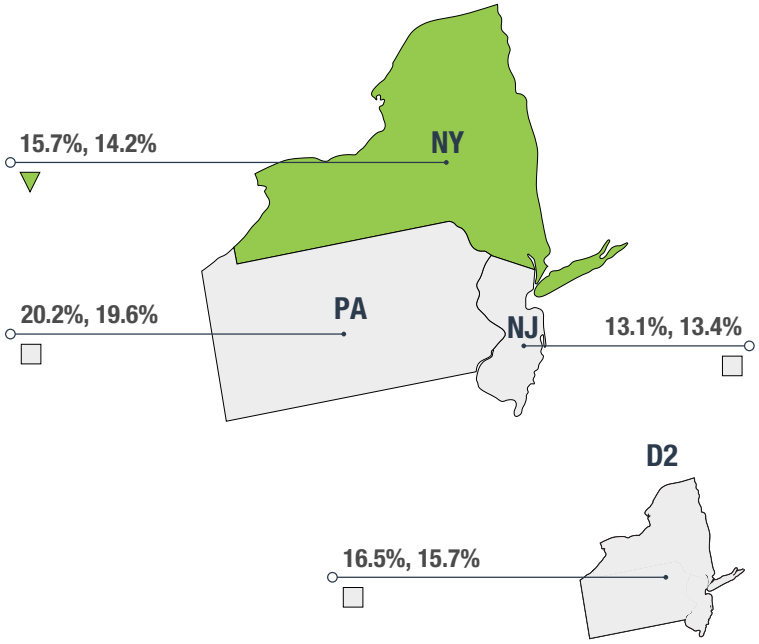
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **15.7% used tobacco products** in the past month, which was **lower** than the national average (**17.1%**).

Compared with the **national** average, the estimate was **higher** for Pennsylvania and **lower** for New Jersey and New York.

Compared with the **U.S. census division** average, the estimate was **higher** for Pennsylvania and **lower** for New Jersey and New York.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for tobacco product use in the past month **did not change significantly** between 2022-2023 (**16.5%**) and 2023-2024 (**15.7%**).

The percentage **decreased** for New York and **did not change significantly** for New Jersey and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

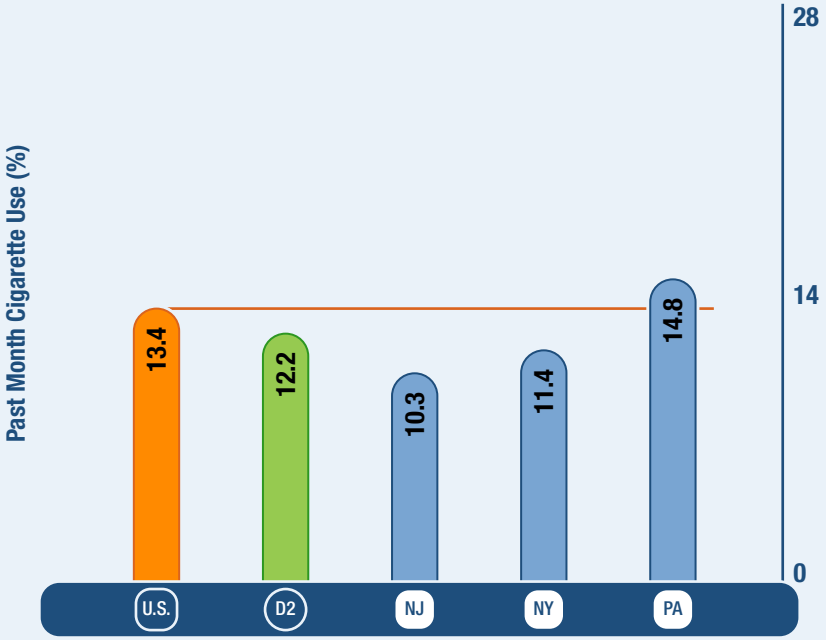
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 or Older
Cigarette Use in the Past Month

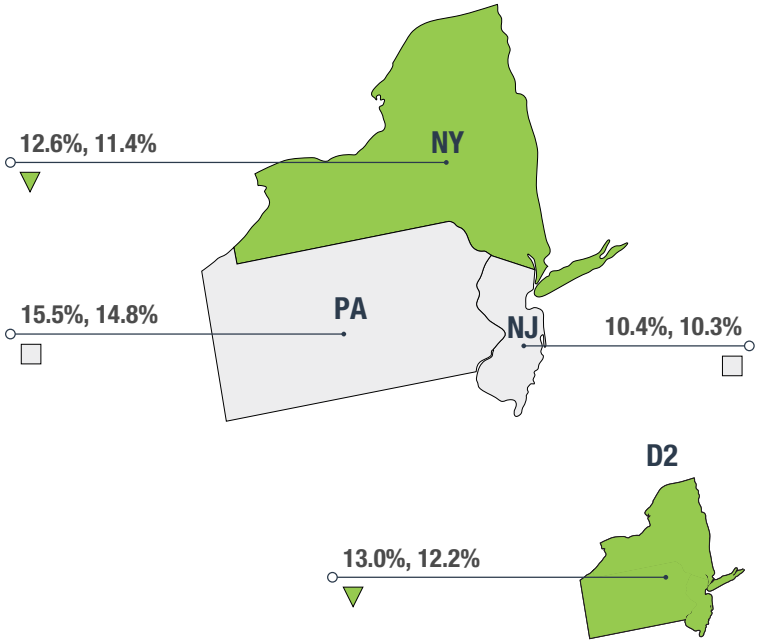
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **12.2% used cigarettes** in the past month, which was **lower** than the national average (**13.4%**).

Compared with the **national** average, the estimate was **lower** for New Jersey and New York and **similar** for Pennsylvania.

Compared with the **U.S. census division** average, the estimate was **higher** for Pennsylvania; **lower** for New Jersey; and **similar** for New York.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for cigarette use in the past month **decreased** between 2022-2023 (**13.0%**) and 2023-2024 (**12.2%**).

The percentage **decreased** for New York and **did not change significantly** for New Jersey and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

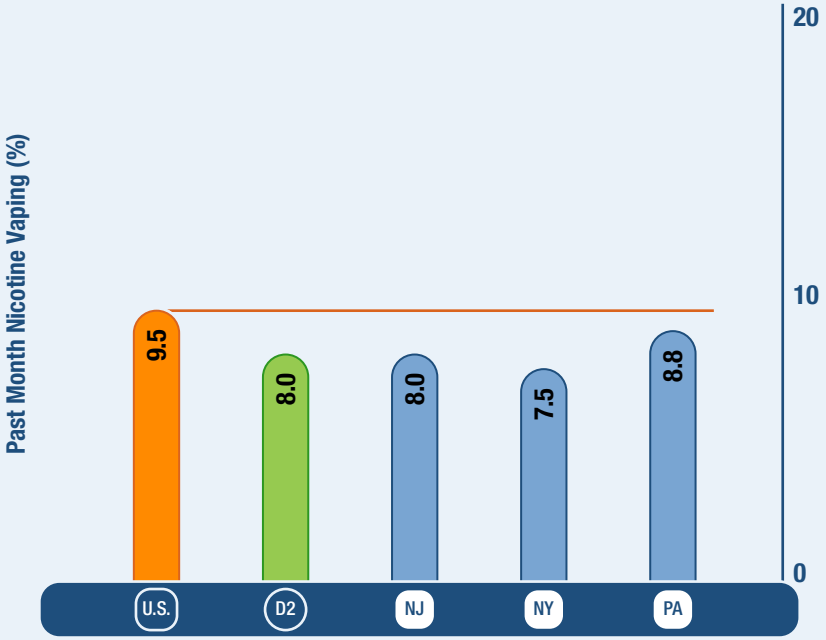
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 or Older
Nicotine Vaping in the Past Month

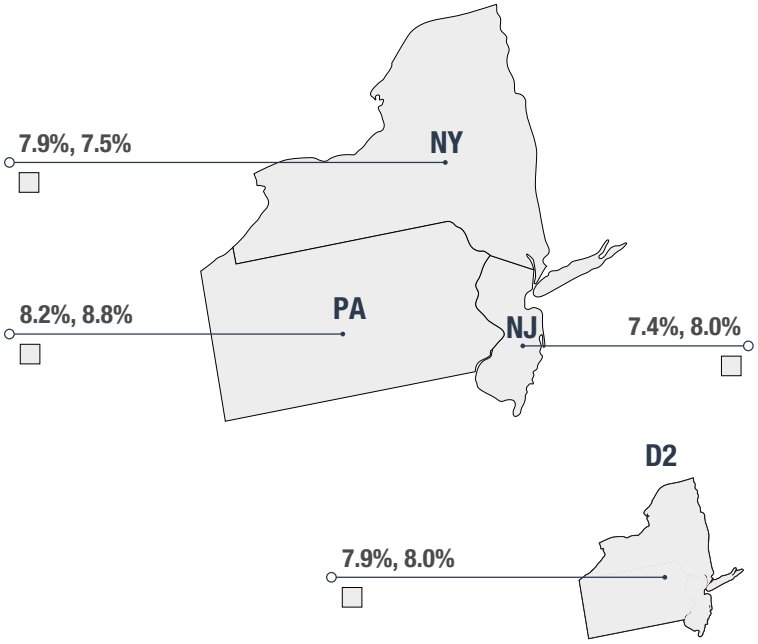
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **8.0% vaped nicotine** in the past month, which was **lower** than the national average (**9.5%**).

Compared with the **national** average, the estimate was **lower** for New Jersey and New York and **similar** for Pennsylvania.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for nicotine vaping in the past month **did not change significantly** between 2022-2023 (**7.9%**) and 2023-2024 (**8.0%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

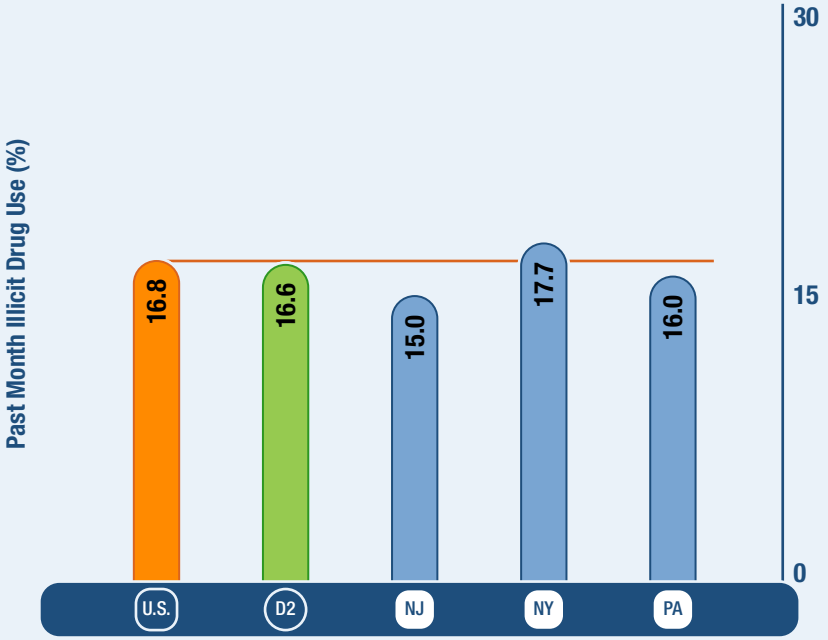
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 or Older
Illicit Drug Use in the Past Month

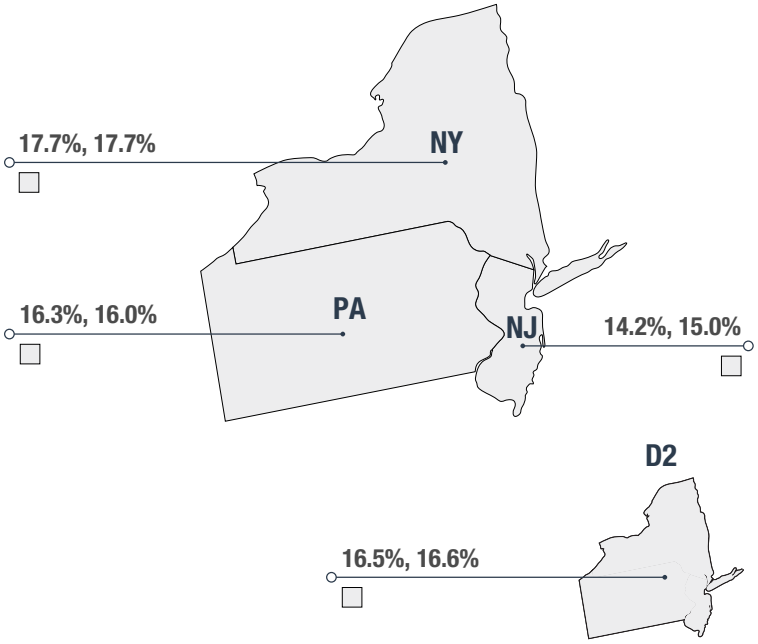
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **16.6% used illicit drugs** in the past month, which was **similar** to the national average (**16.8%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **higher** for New York and **similar** for New Jersey and Pennsylvania.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for illicit drug use in the past month **did not change significantly** between 2022-2023 (**16.5%**) and 2023-2024 (**16.6%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

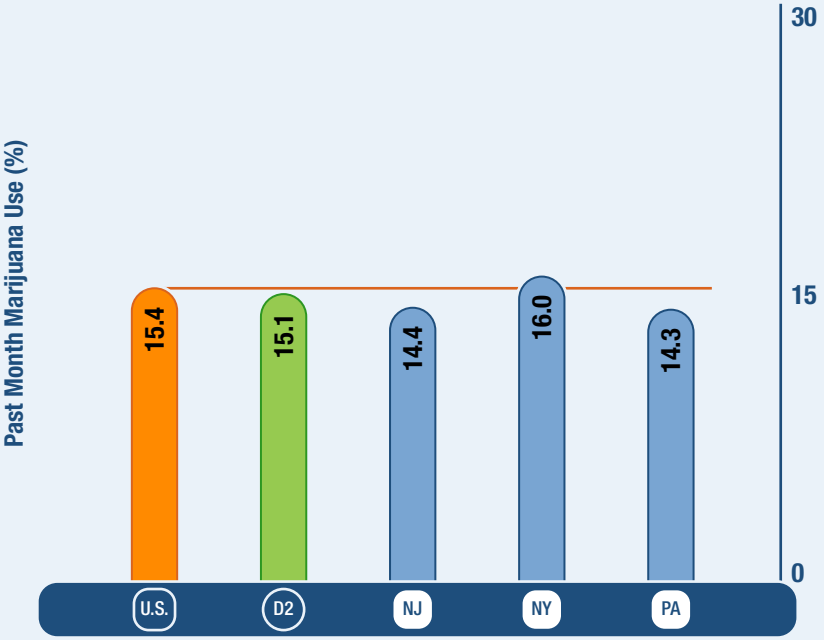
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 or Older
Marijuana Use in the Past Month

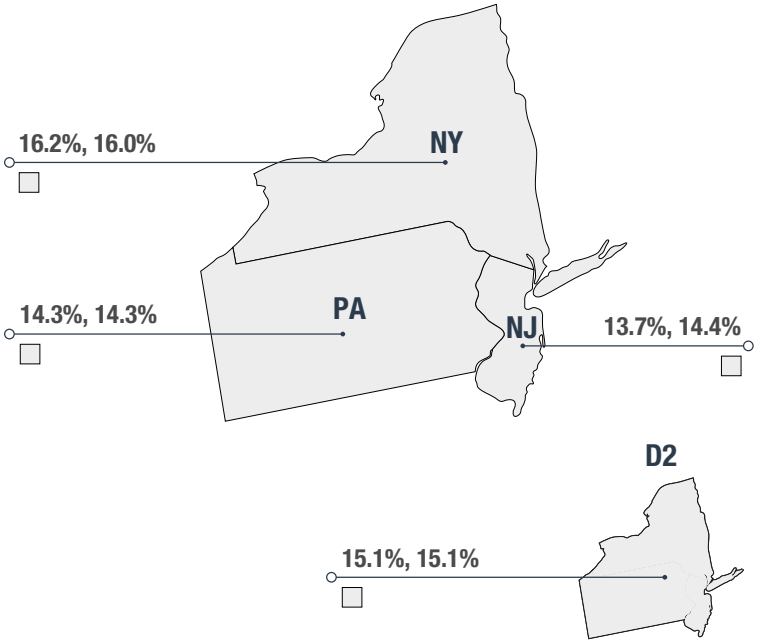
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **15.1% used marijuana** in the past month, which was **similar** to the national average (**15.4%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for marijuana use in the past month **did not change significantly** between 2022-2023 (**15.1%**) and 2023-2024 (**15.1%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

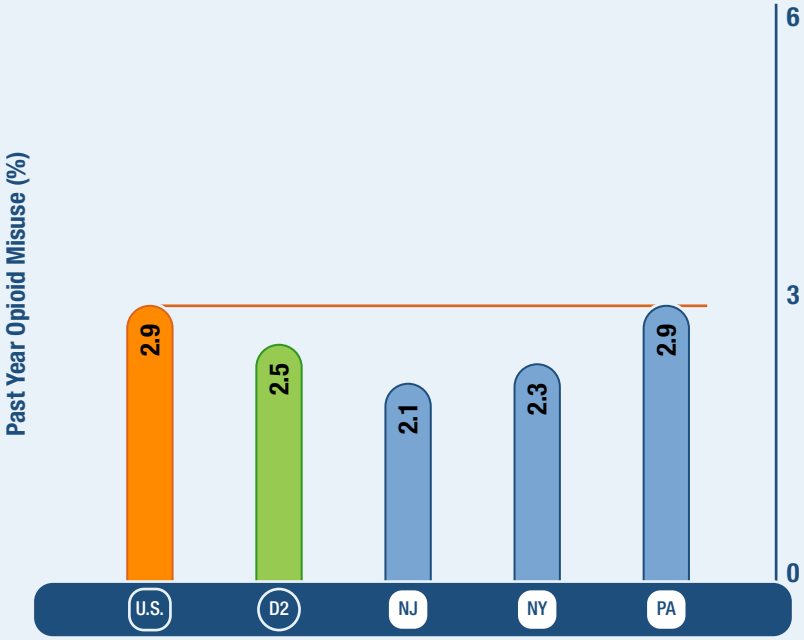
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 or Older
Opioid Misuse in the Past Year

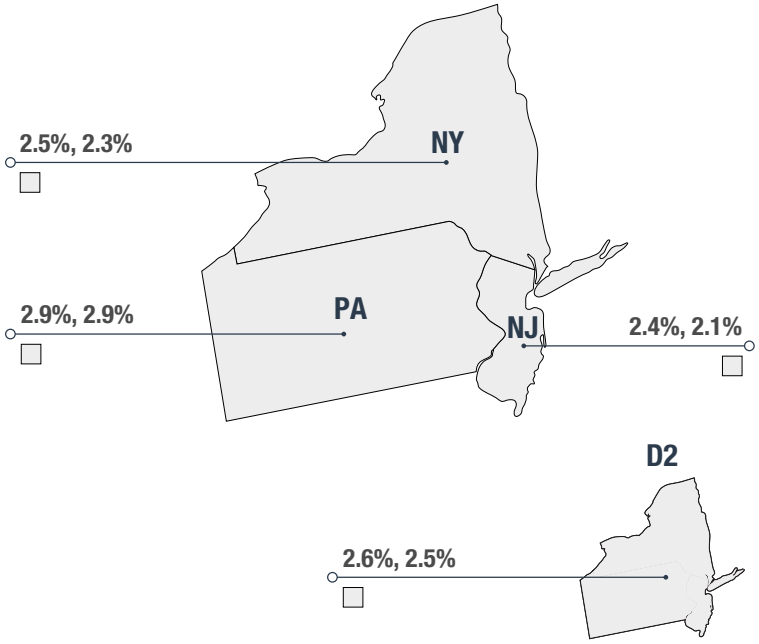
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **2.5% misused opioids** in the past year, which was **lower** than the national average (**2.9%**).

Compared with the **national** average, the estimate was **lower** for New Jersey and New York and **similar** for Pennsylvania.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for opioid misuse in the past year **did not change significantly** between 2022-2023 (**2.6%**) and 2023-2024 (**2.5%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

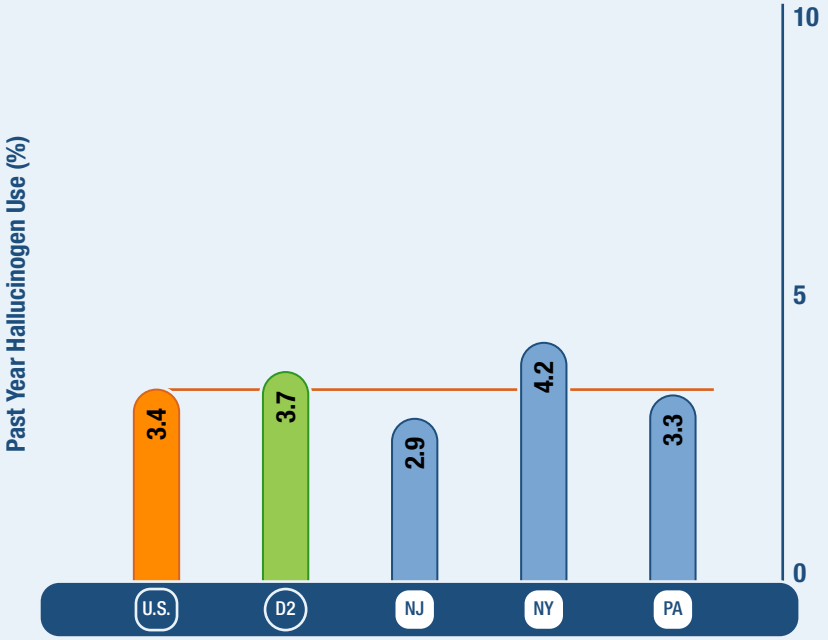
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 or Older
Hallucinogen Use in the Past Year

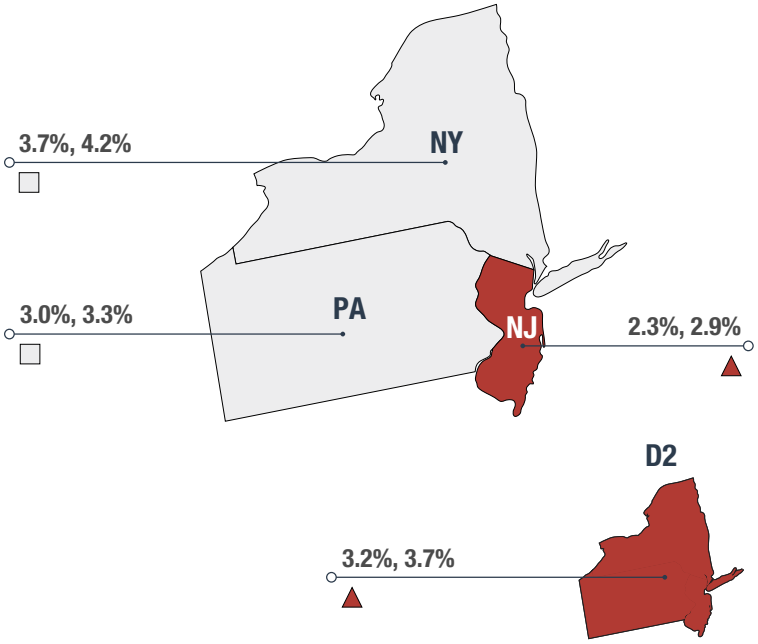
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **3.7% used hallucinogens** in the past year, which was **similar** to the national average (**3.4%**).

Compared with the **national** average, the estimate was **higher** for New York and **similar** for New Jersey and Pennsylvania.

Compared with the **U.S. census division** average, the estimate was **higher** for New York and **similar** for New Jersey and Pennsylvania.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for hallucinogen use in the past year **increased** between 2022-2023 (**3.2%**) and 2023-2024 (**3.7%**).

The percentage **increased** for New Jersey and **did not change significantly** for New York and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

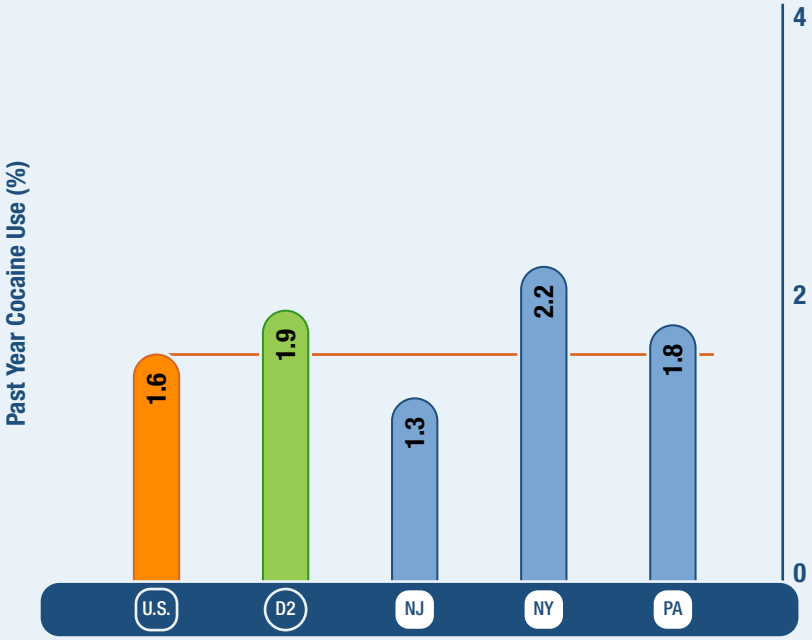
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 or Older
Cocaine Use in the Past Year

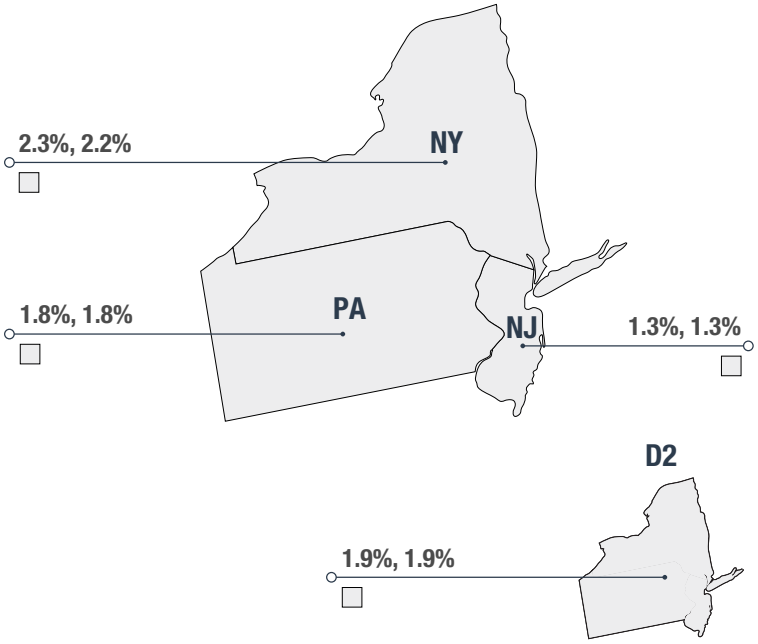
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **1.9% used cocaine** in the past year, which was **similar** to the national average (**1.6%**).

Compared with the **national** average, the estimate was **higher** for New York and **similar** for New Jersey and Pennsylvania.

Compared with the **U.S. census division** average, the estimate was **higher** for New York; **lower** for New Jersey; and **similar** for Pennsylvania.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for cocaine use in the past year **did not change significantly** between 2022-2023 (**1.9%**) and 2023-2024 (**1.9%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

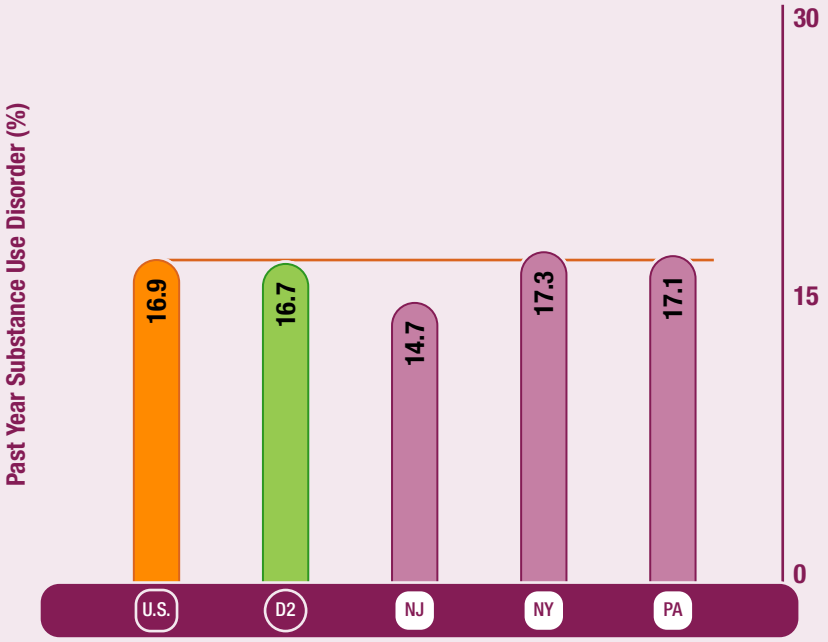
Substance Use Disorders | Aged 12 or Older

Substance Use Disorder in the Past Year

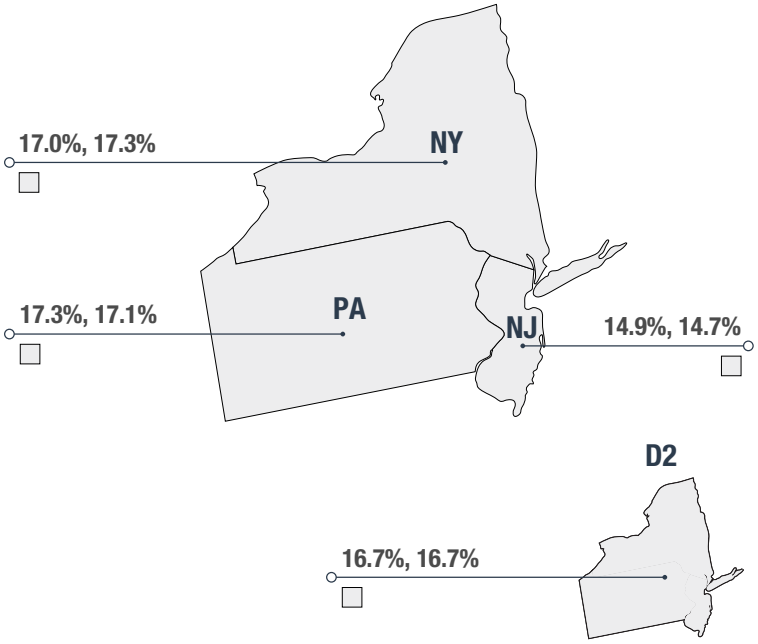
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **16.7% had a substance use disorder** in the past year, which was **similar** to the national average (**16.9%**).

Compared with the **national** average, the estimate was **lower** for New Jersey and **similar** for New York and Pennsylvania.

Compared with the **U.S. census division** average, the estimate was **lower** for New Jersey and **similar** for New York and Pennsylvania.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for substance use disorder in the past year **did not change significantly** between 2022-2023 (**16.7%**) and 2023-2024 (**16.7%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

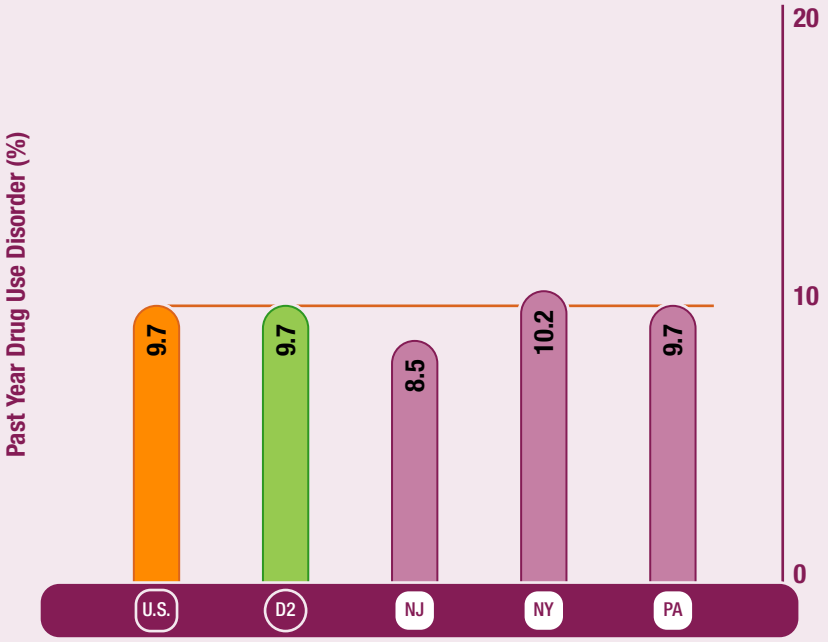
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use Disorders | Aged 12 or Older
Drug Use Disorder in the Past Year

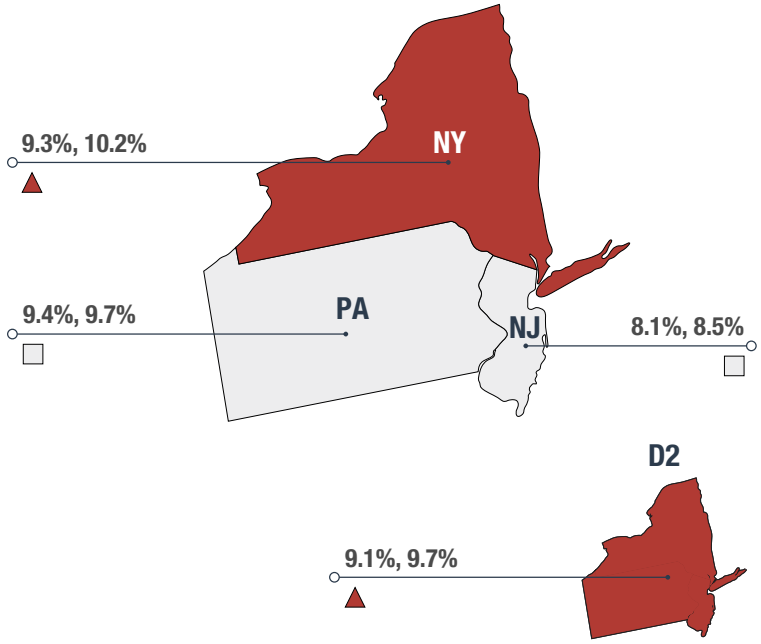
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **9.7% had a drug use disorder** in the past year, which was **similar** to the national average (**9.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for drug use disorder in the past year **increased** between 2022-2023 (**9.1%**) and 2023-2024 (**9.7%**).

The percentage **increased** for New York and **did not change significantly** for New Jersey and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

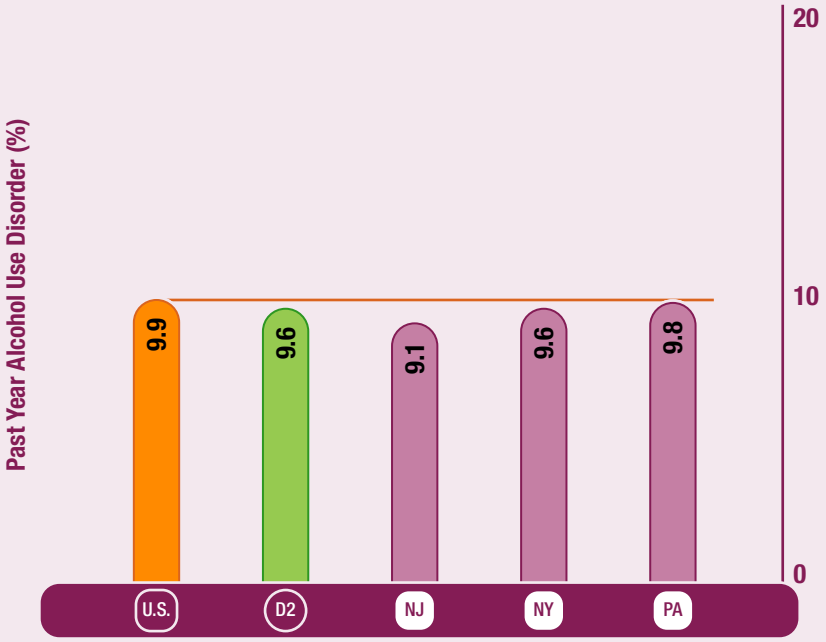
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use Disorders | Aged 12 or Older
Alcohol Use Disorder in the Past Year

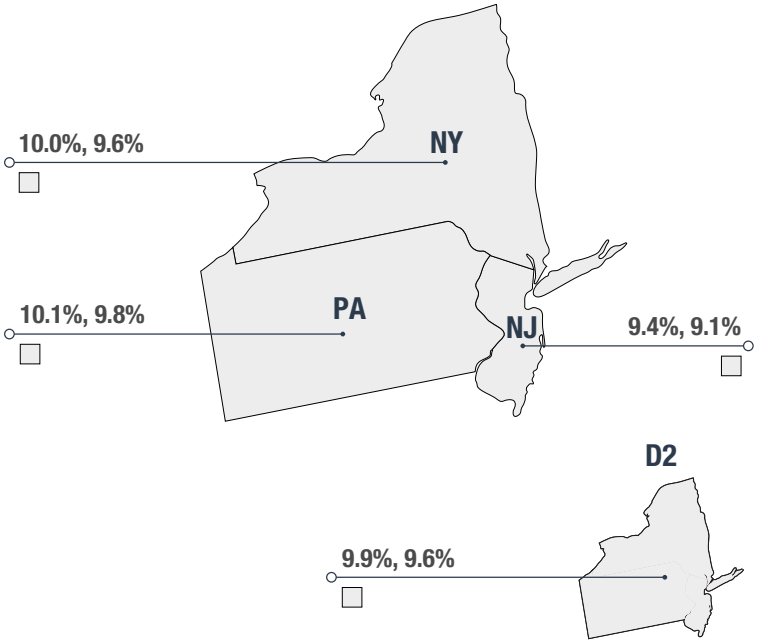
In 2023-2024, among people aged 12 or older in the **Mid-Atlantic** U.S. census division, **9.6% had an alcohol use disorder** in the past year, which was **similar** to the national average (**9.9%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among people aged 12 or older in the **Mid-Atlantic** U.S. census division, the annual average for alcohol use disorder in the past year **did not change significantly** between 2022-2023 (**9.9%**) and 2023-2024 (**9.6%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

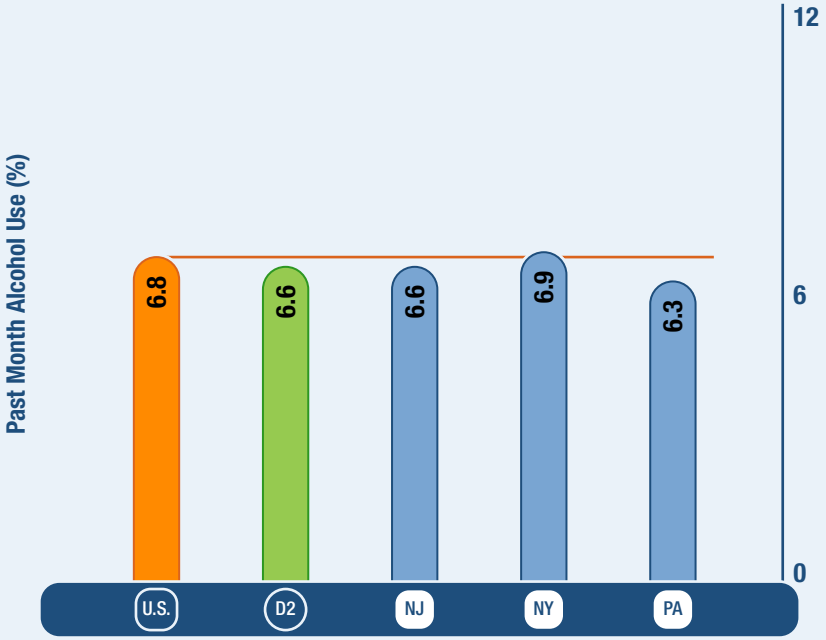
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 to 17
Alcohol Use in the Past Month

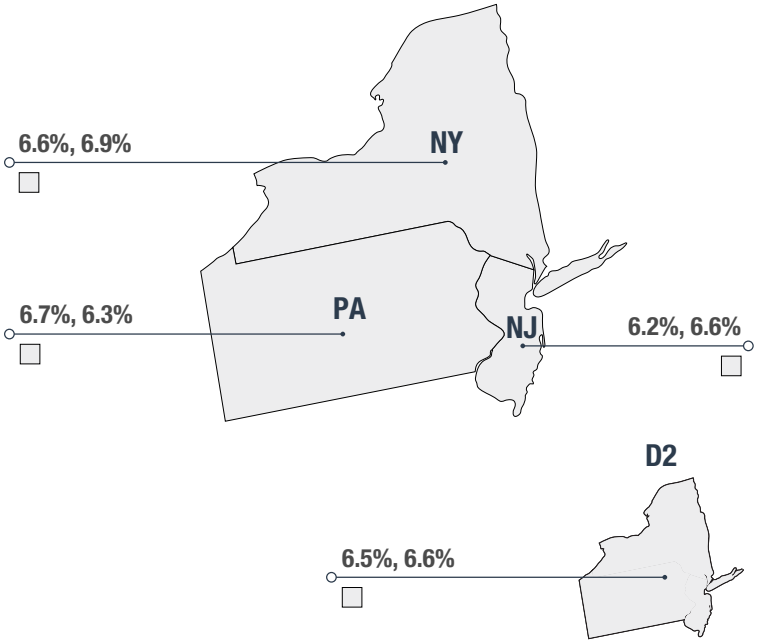
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **6.6% used alcohol** in the past month, which was **similar** to the national average (**6.8%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for alcohol use in the past month **did not change significantly** between 2022-2023 (**6.5%**) and 2023-2024 (**6.6%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

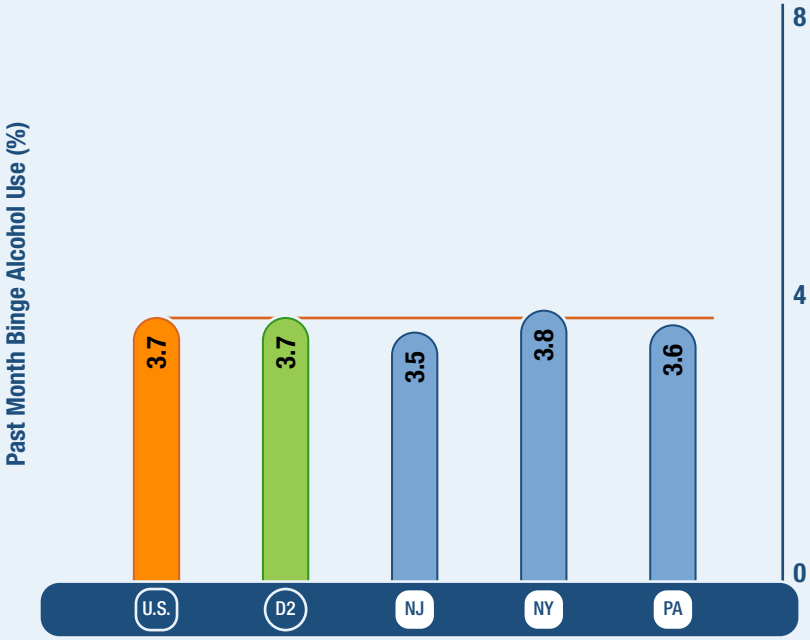
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 to 17
Binge Alcohol Use in the Past Month

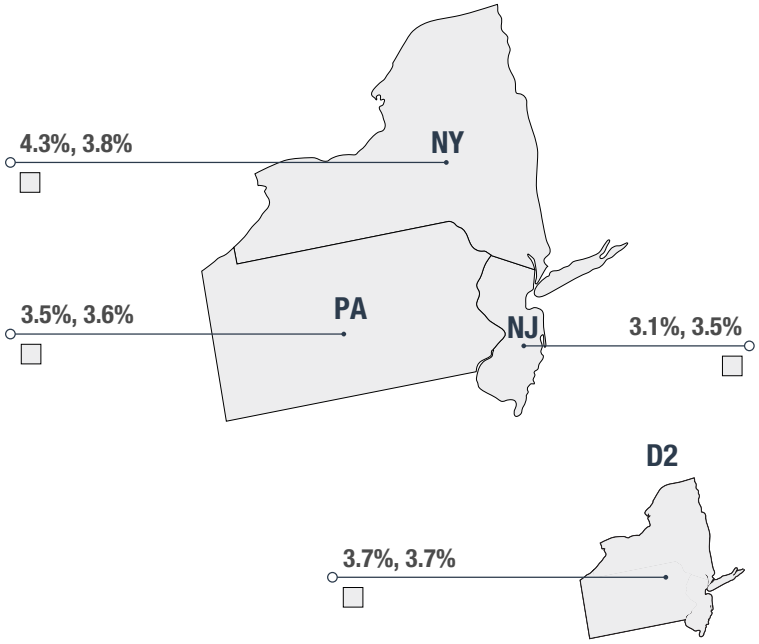
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **3.7% engaged in binge drinking** in the past month, which was **similar** to the national average (**3.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for binge alcohol use in the past month **did not change significantly** between 2022-2023 (**3.7%**) and 2023-2024 (**3.7%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

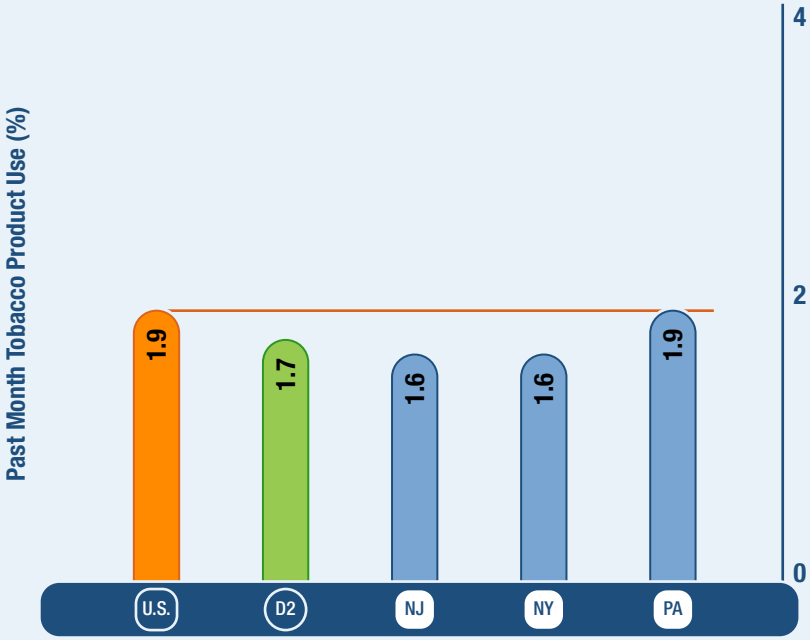
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 to 17
Tobacco Product Use in the Past Month

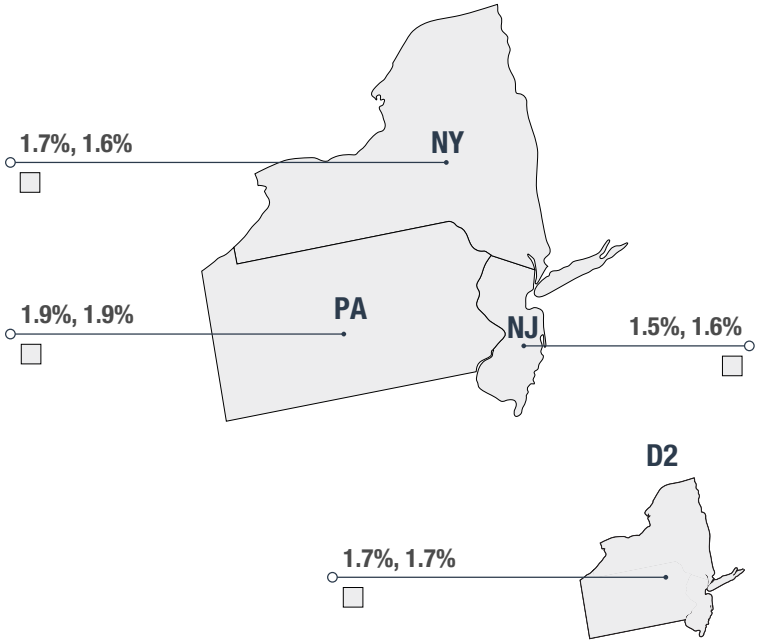
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **1.7% used tobacco products** in the past month, which was **similar** to the national average (**1.9%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for tobacco product use in the past month **did not change significantly** between 2022-2023 (**1.7%**) and 2023-2024 (**1.7%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

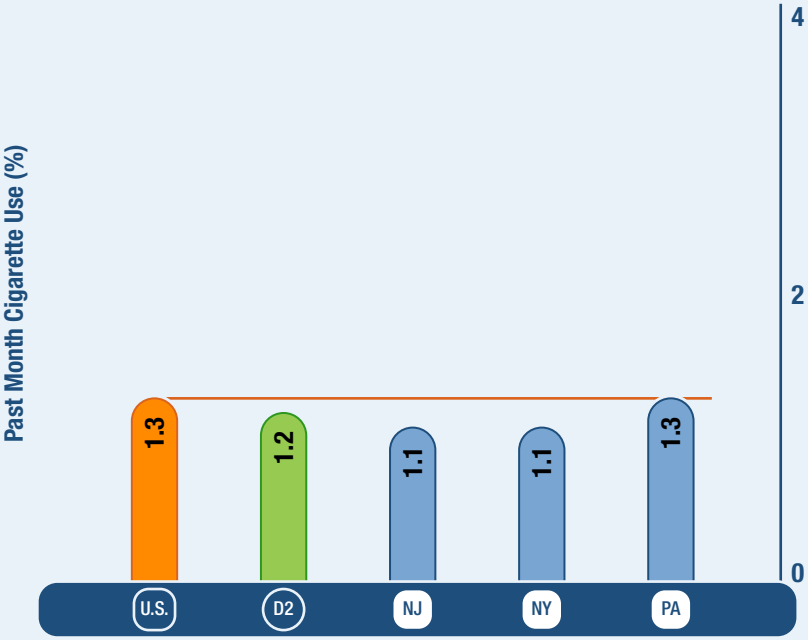
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 to 17
Cigarette Use in the Past Month

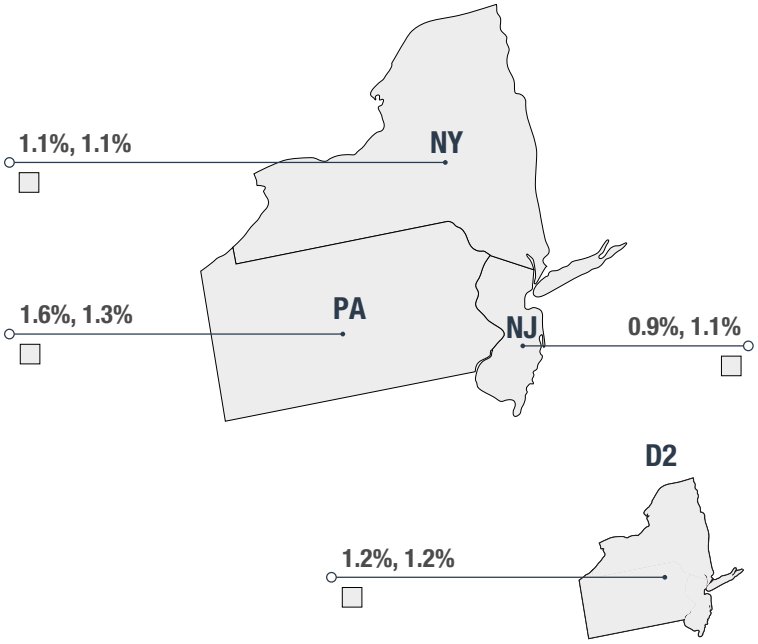
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **1.2% used cigarettes** in the past month, which was **similar** to the national average (**1.3%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for cigarette use in the past month **did not change significantly** between 2022-2023 (**1.2%**) and 2023-2024 (**1.2%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

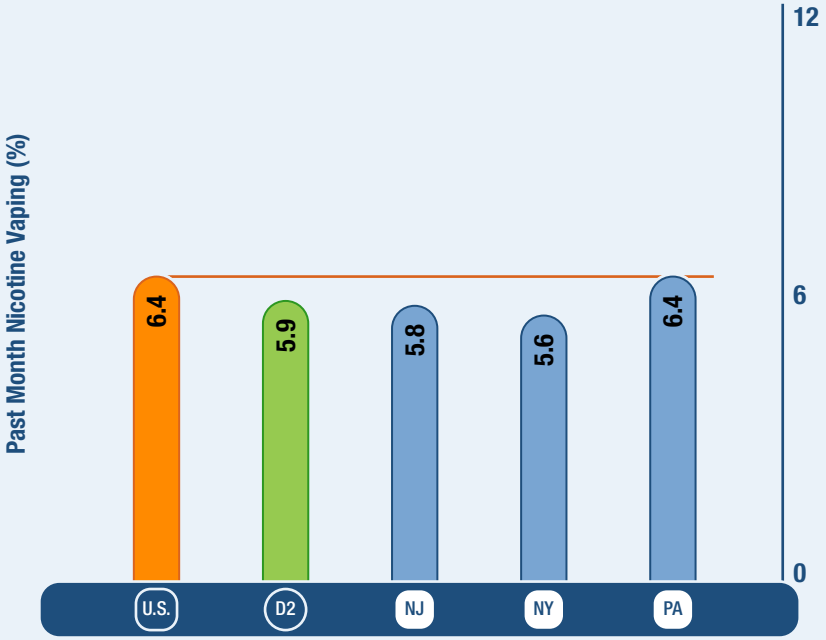
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 to 17
Nicotine Vaping in the Past Month

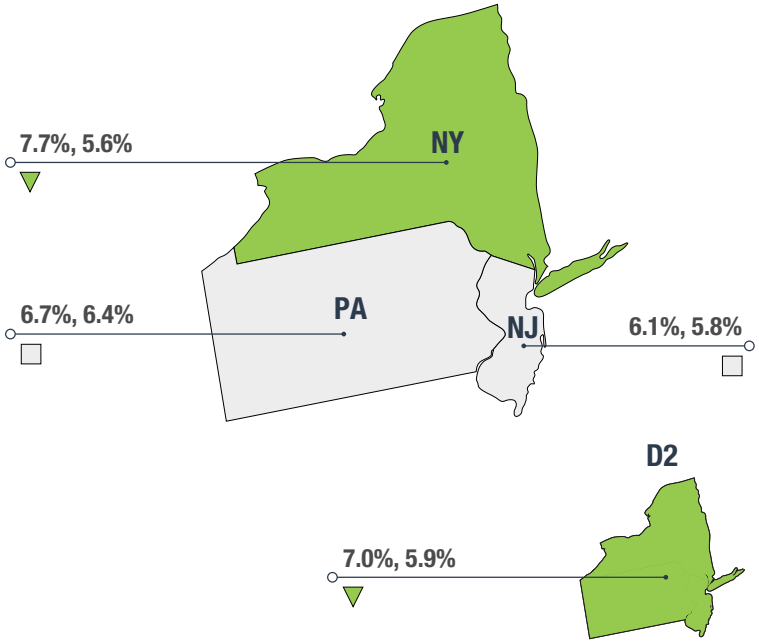
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **5.9% vaped nicotine** in the past month, which was **similar** to the national average (**6.4%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for nicotine vaping in the past month **decreased** between 2022-2023 (**7.0%**) and 2023-2024 (**5.9%**).

The percentage **decreased** for New York and **did not change significantly** for New Jersey and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

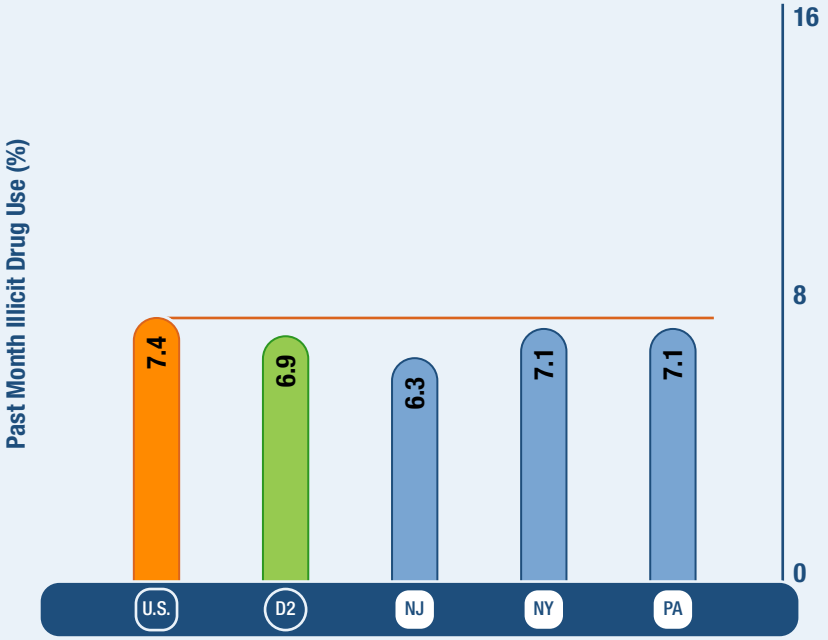
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 to 17
Illicit Drug Use in the Past Month

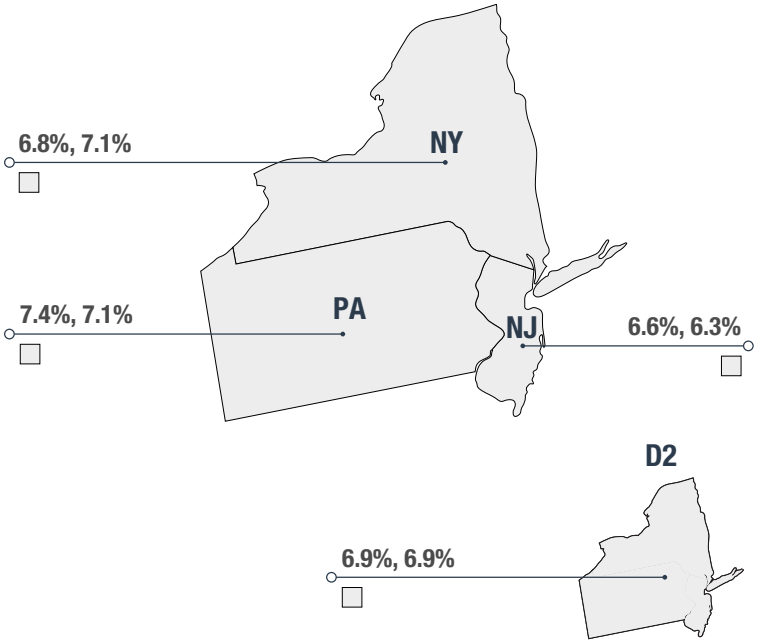
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **6.9% used illicit drugs** in the past month, which was **similar** to the national average (**7.4%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for illicit drug use in the past month **did not change significantly** between 2022-2023 (**6.9%**) and 2023-2024 (**6.9%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

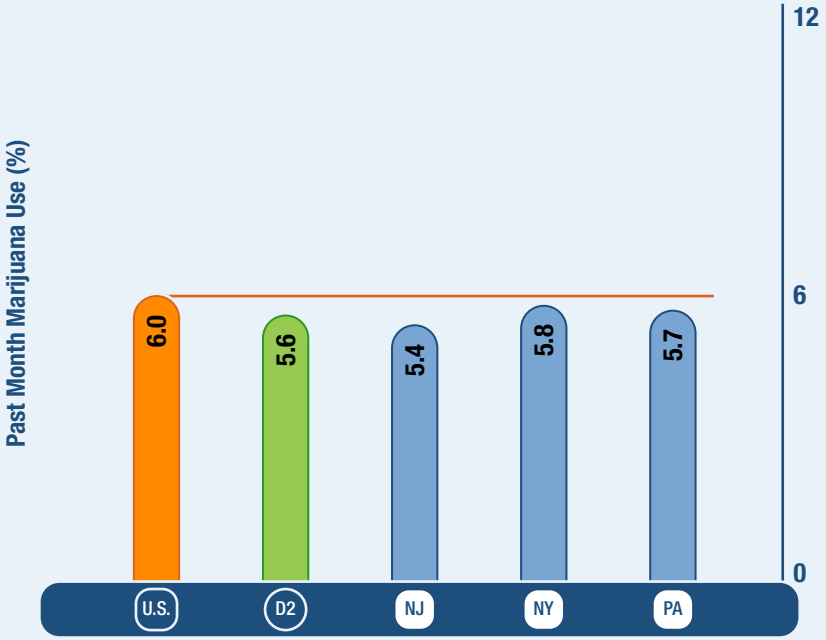
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 to 17
Marijuana Use in the Past Month

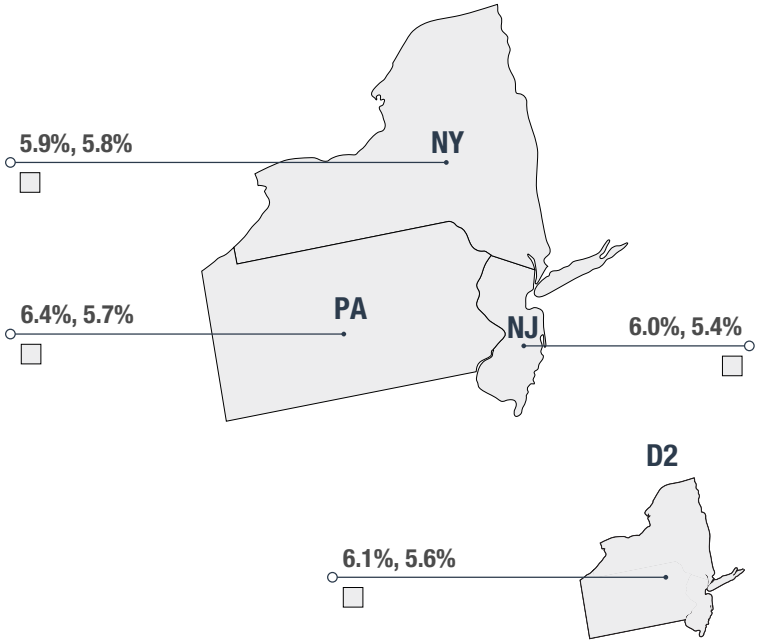
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **5.6% used marijuana** in the past month, which was **similar** to the national average (**6.0%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for marijuana use in the past month **did not change significantly** between 2022-2023 (**6.1%**) and 2023-2024 (**5.6%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

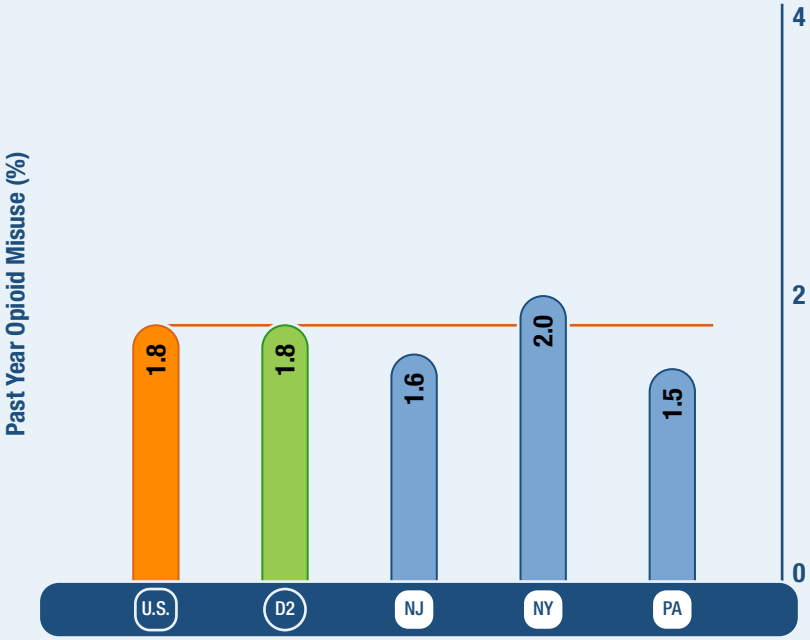
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 to 17
Opioid Misuse in the Past Year

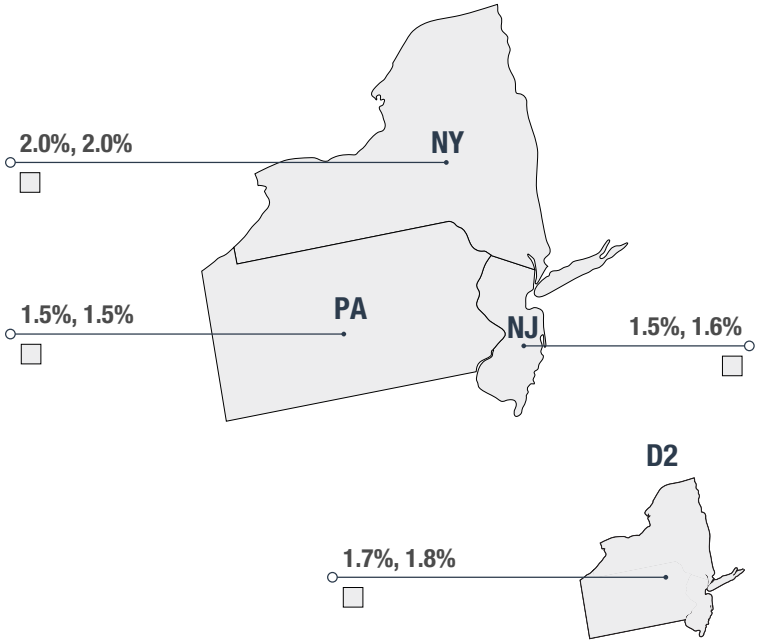
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **1.8% misused opioids** in the past year, which was **similar** to the national average (**1.8%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for opioid misuse in the past year **did not change significantly** between 2022-2023 (**1.7%**) and 2023-2024 (**1.8%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

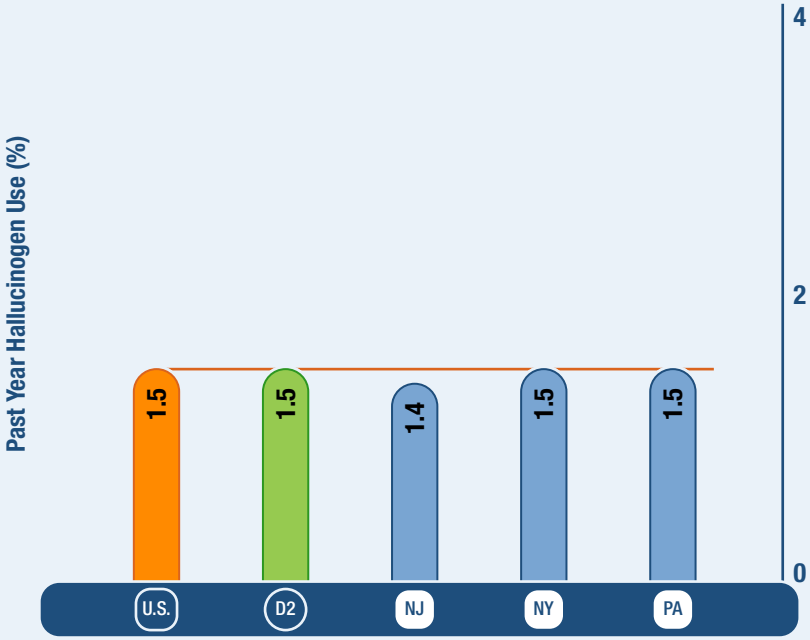
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 to 17
Hallucinogen Use in the Past Year

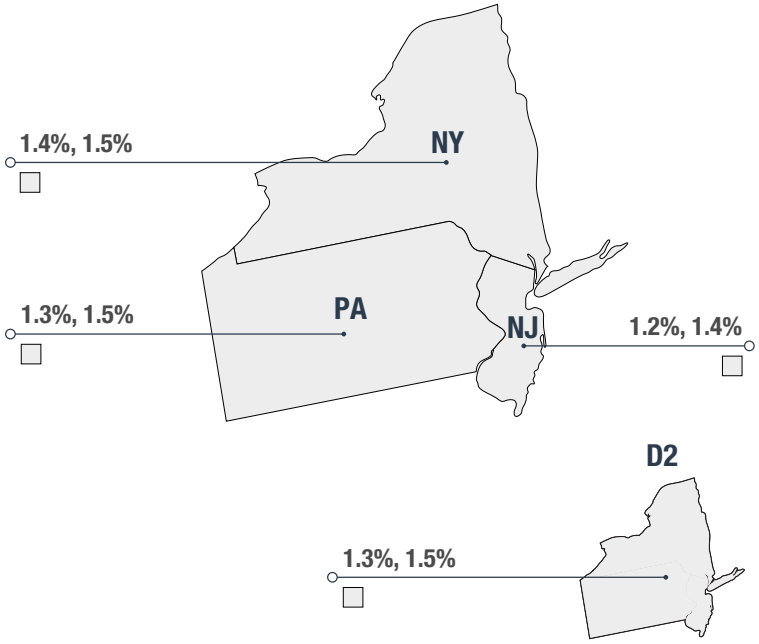
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **1.5% used hallucinogens** in the past year, which was **similar** to the national average (**1.5%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for hallucinogen use in the past year **did not change significantly** between 2022-2023 (**1.3%**) and 2023-2024 (**1.5%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

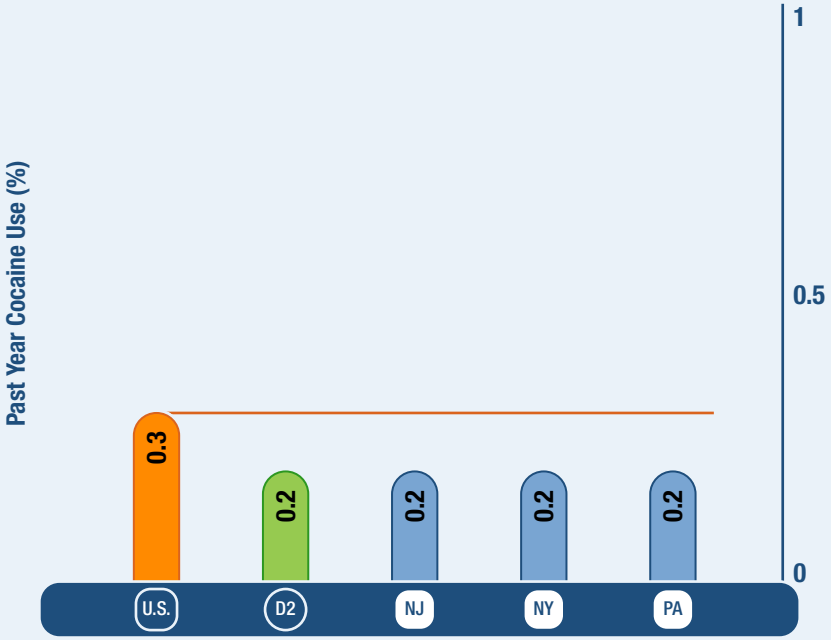
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 12 to 17
Cocaine Use in the Past Year

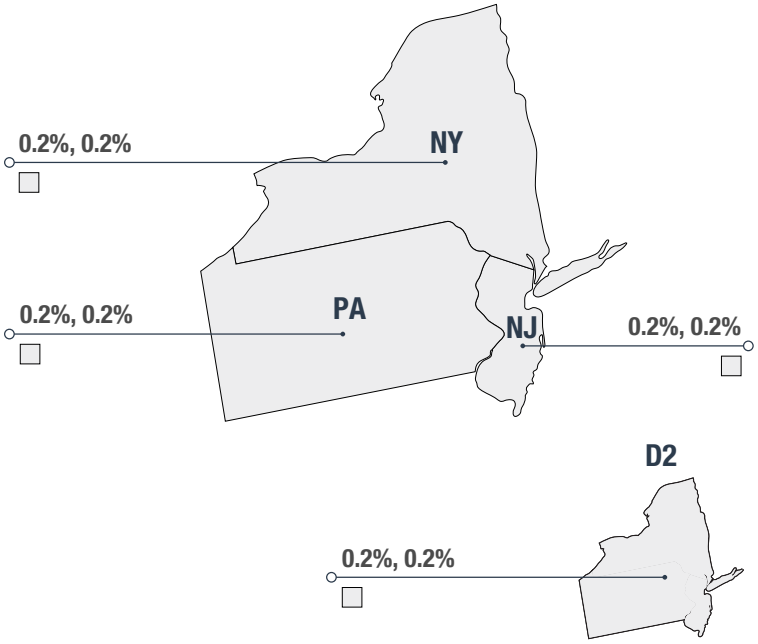
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **0.2% used cocaine** in the past year, which was **similar** to the national average (**0.3%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for cocaine use in the past year **did not change significantly** between 2022-2023 (**0.2%**) and 2023-2024 (**0.2%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

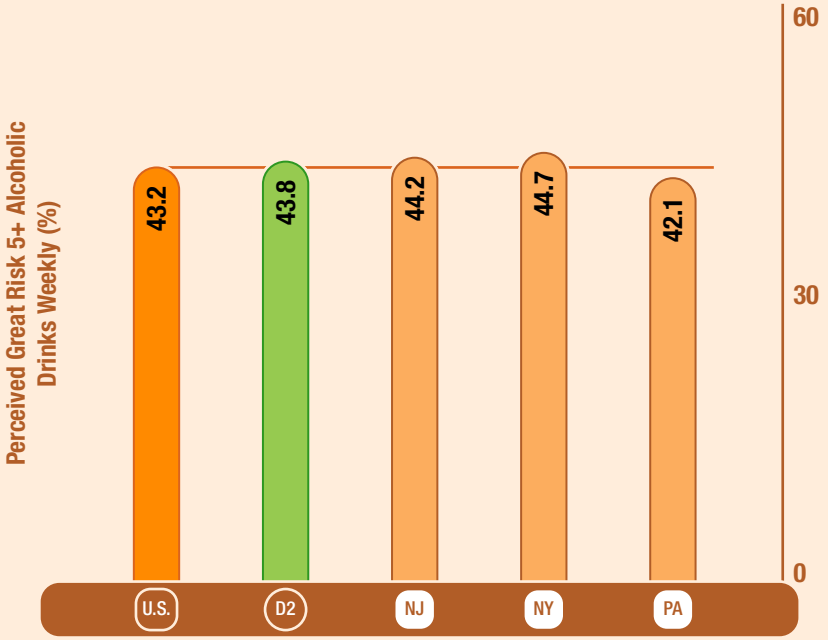
Perceived Risk from Substance Use | Aged 12 to 17

Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic Beverage Once or Twice a Week

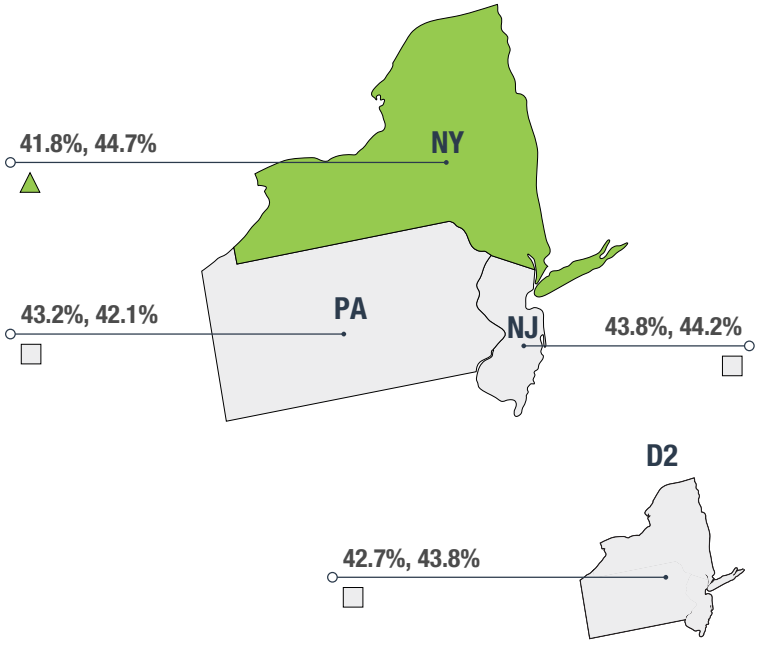
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **43.8% perceived great risk from having five or more drinks of an alcoholic beverage** once or twice a week, which was **similar** to the national average (**43.2%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for perceptions of great risk from having five or more drinks of an alcoholic beverage once or twice a week **did not change significantly** between 2022-2023 (**42.7%**) and 2023-2024 (**43.8%**).

The percentage **increased** for New York and **did not change significantly** for New Jersey and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

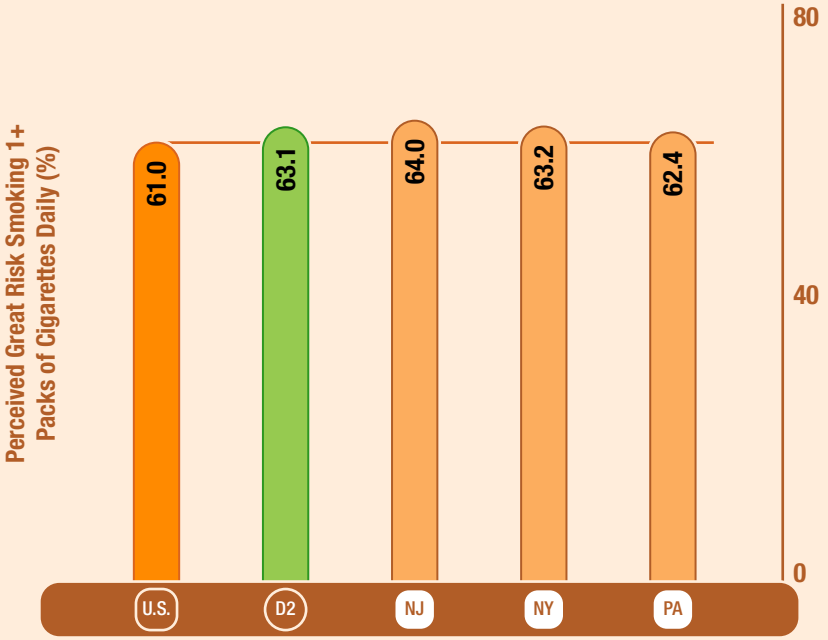
Perceived Risk from Substance Use | Aged 12 to 17

Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per Day

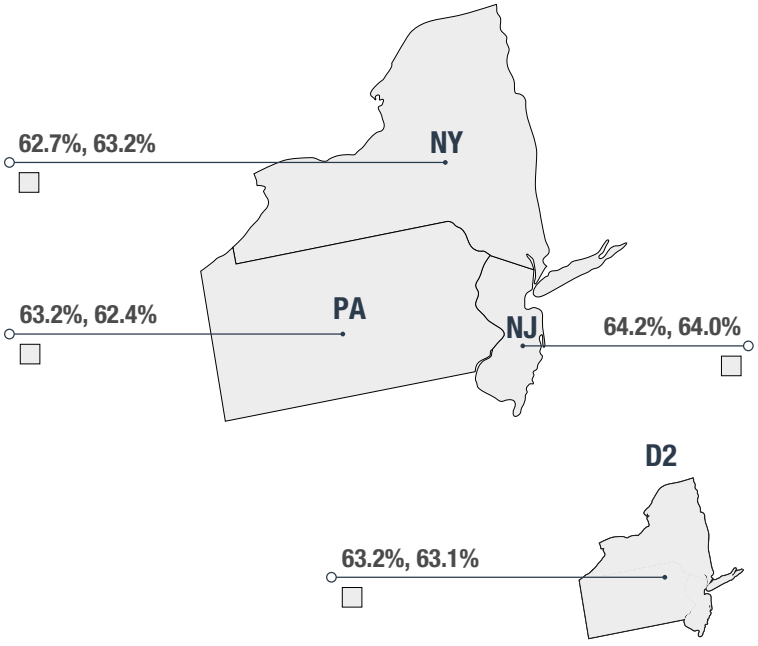
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **63.1% perceived great risk from smoking one or more packs of cigarettes** per day, which was **higher** than the national average (**61.0%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for perceptions of great risk from smoking one or more packs of cigarettes per day **did not change significantly** between 2022-2023 (**63.2%**) and 2023-2024 (**63.1%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

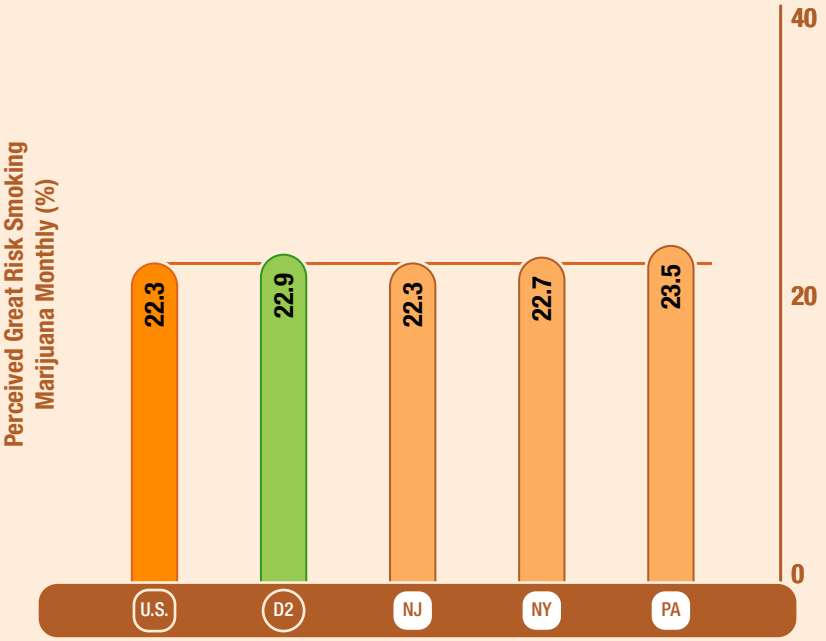
Perceived Risk from Substance Use | Aged 12 to 17

Perceptions of Great Risk from Smoking Marijuana Once a Month

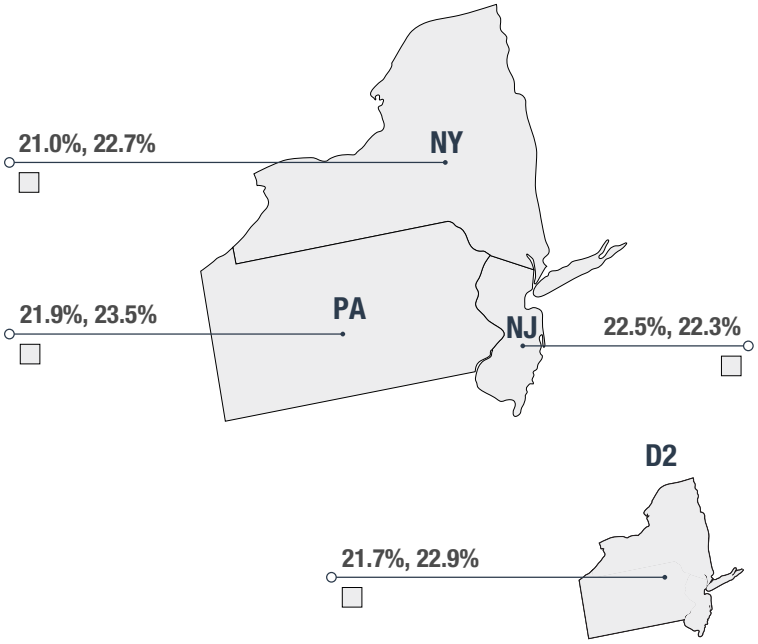
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **22.9% perceived great risk from smoking marijuana** once a month, which was **similar** to the national average (**22.3%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for perceptions of great risk from smoking marijuana once a month **did not change significantly** between 2022-2023 (**21.7%**) and 2023-2024 (**22.9%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

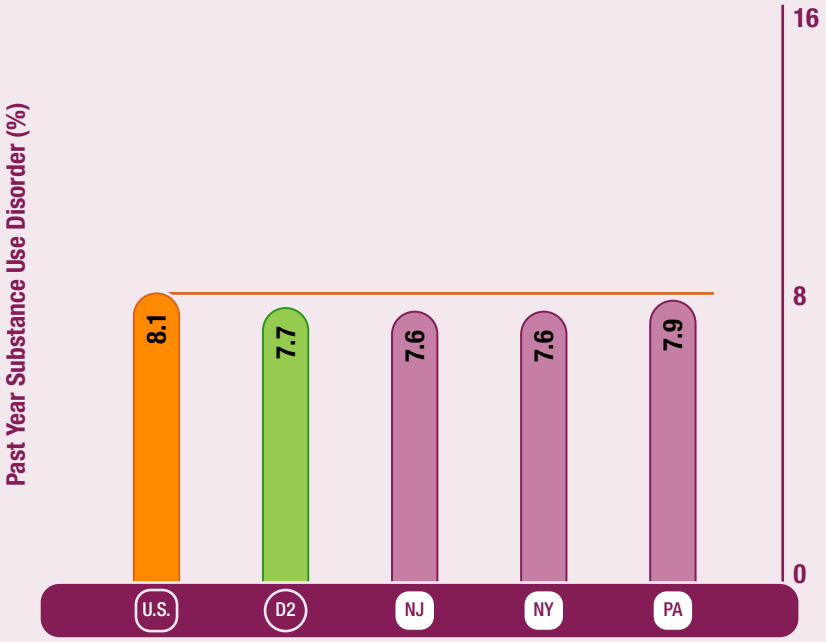
Substance Use Disorders | Aged 12 to 17

Substance Use Disorder in the Past Year

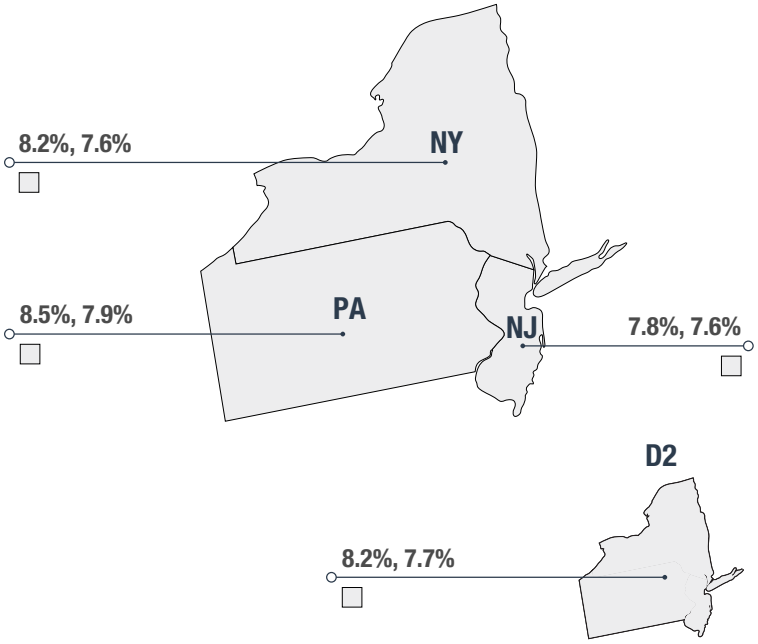
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **7.7% had a substance use disorder** in the past year, which was **similar** to the national average (**8.1%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for substance use disorder in the past year **did not change significantly** between 2022-2023 (**8.2%**) and 2023-2024 (**7.7%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

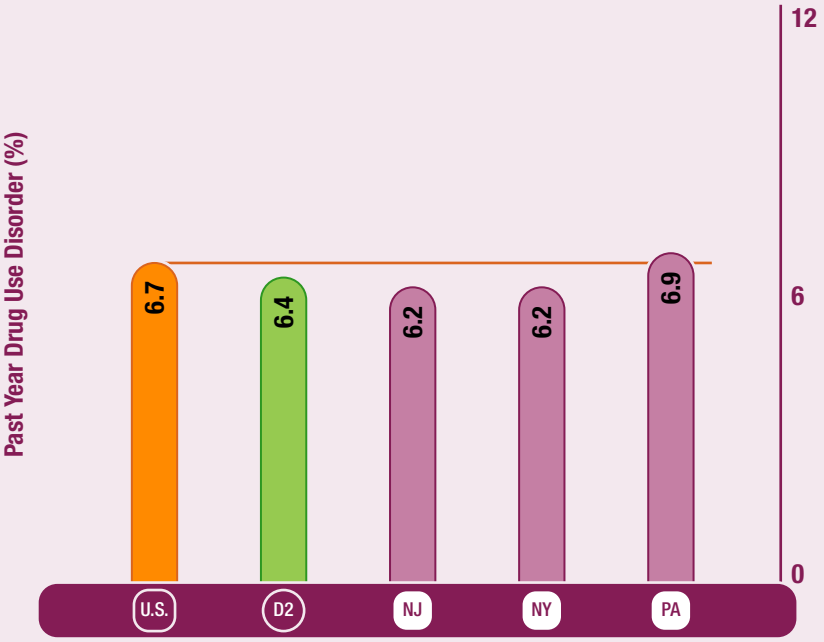
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use Disorders | Aged 12 to 17
Drug Use Disorder in the Past Year

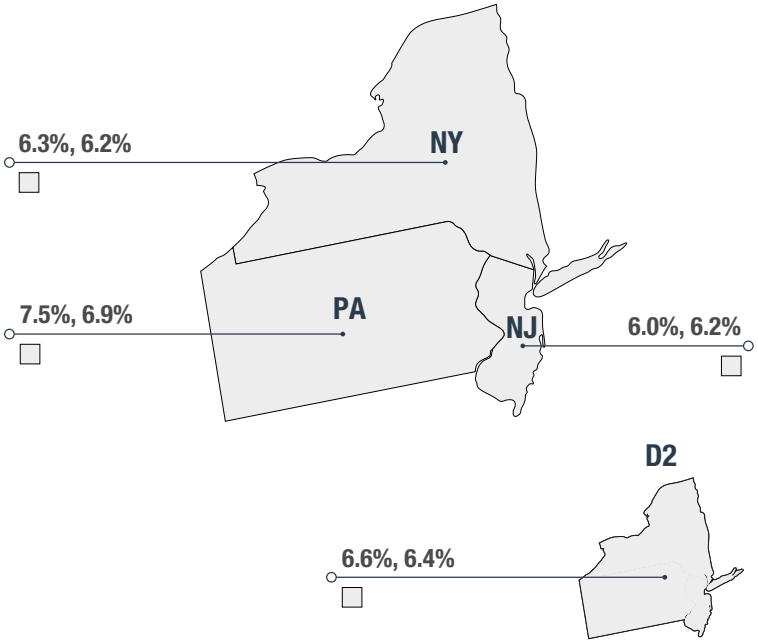
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **6.4% had a drug use disorder** in the past year, which was **similar** to the national average (**6.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for drug use disorder in the past year **did not change significantly** between 2022-2023 (**6.6%**) and 2023-2024 (**6.4%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

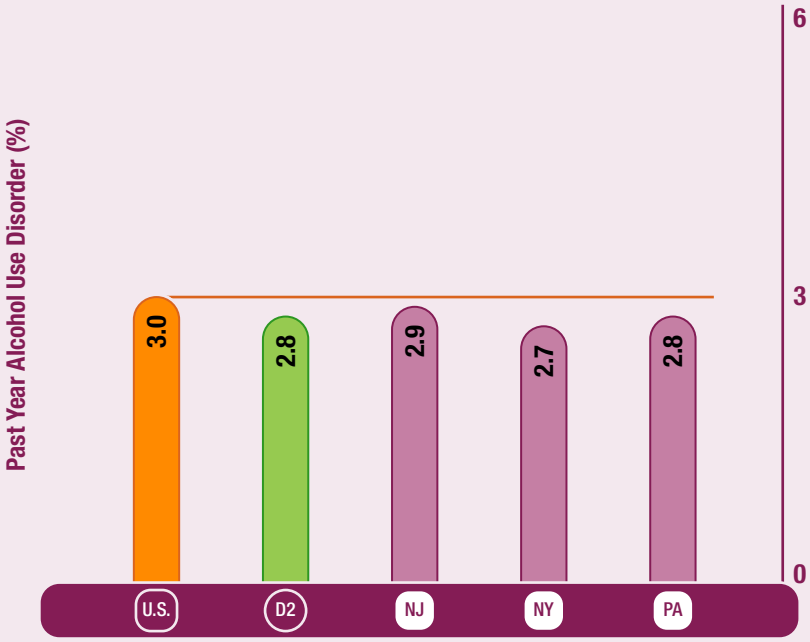
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use Disorders | Aged 12 to 17
Alcohol Use Disorder in the Past Year

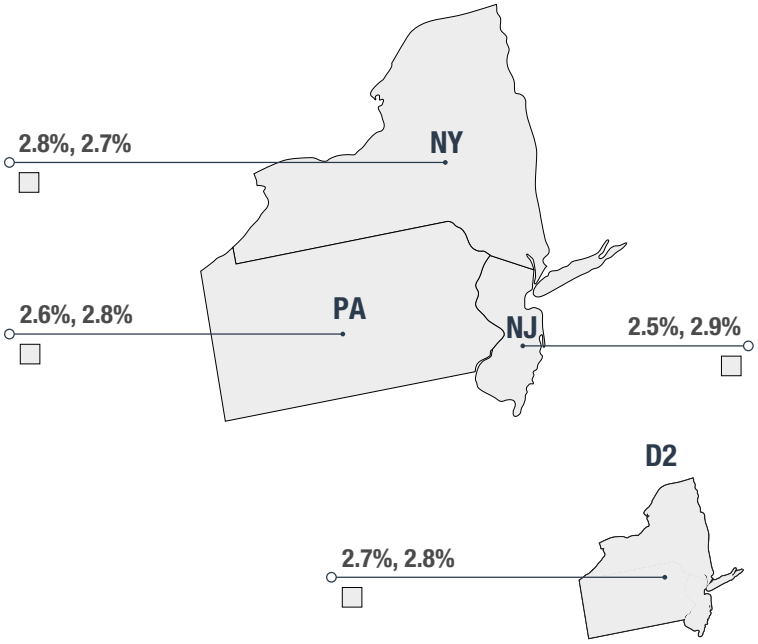
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **2.8% had an alcohol use disorder** in the past year, which was **similar** to the national average (**3.0%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for alcohol use disorder in the past year **did not change significantly** between 2022-2023 (**2.7%**) and 2023-2024 (**2.8%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

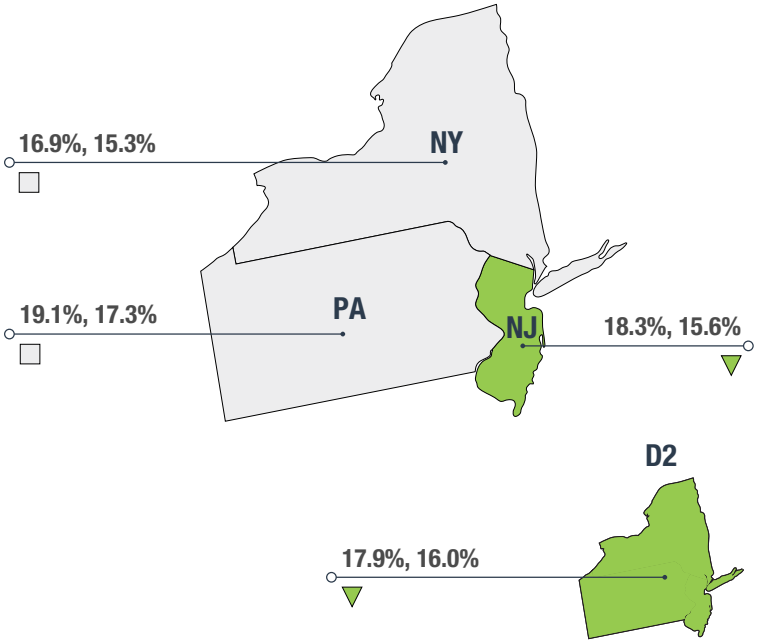
Mental Health | Aged 12 to 17
Major Depressive Episode in the Past Year

In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **16.0% had at least one major depressive episode** in the past year, which was **similar** to the national average (**16.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for major depressive episode in the past year **decreased** between 2022-2023 (**17.9%**) and 2023-2024 (**16.0%**).

The percentage **decreased** for New Jersey and **did not change significantly** for New York and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

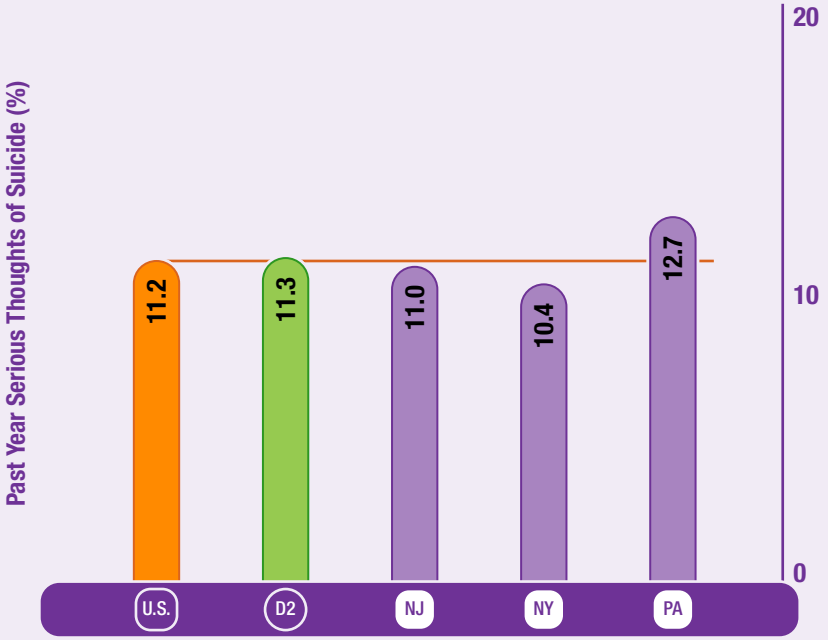
Suicidal Thoughts and Behaviors | Aged 12 to 17

Had Serious Thoughts of Suicide in the Past Year

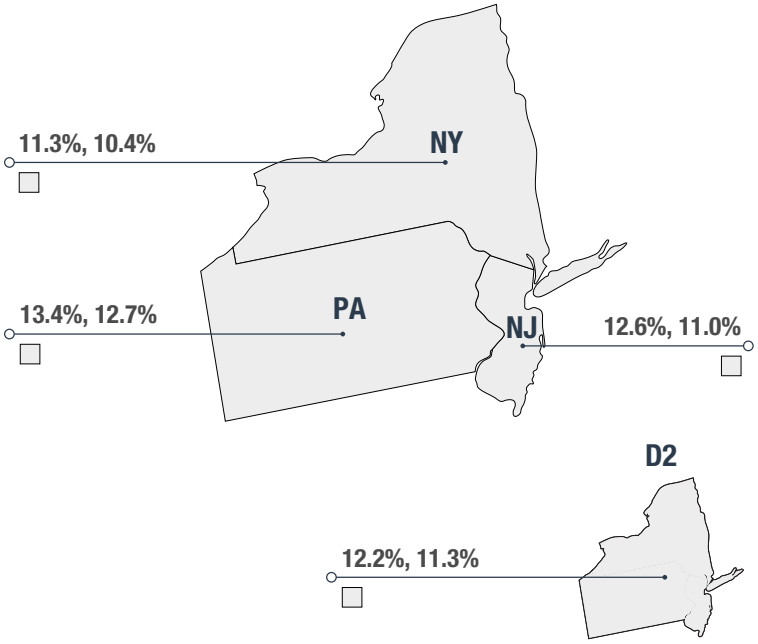
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **11.3% had serious thoughts of suicide** in the past year, which was **similar** to the national average (**11.2%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for serious thoughts of suicide in the past year **did not change significantly** between 2022-2023 (**12.2%**) and 2023-2024 (**11.3%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

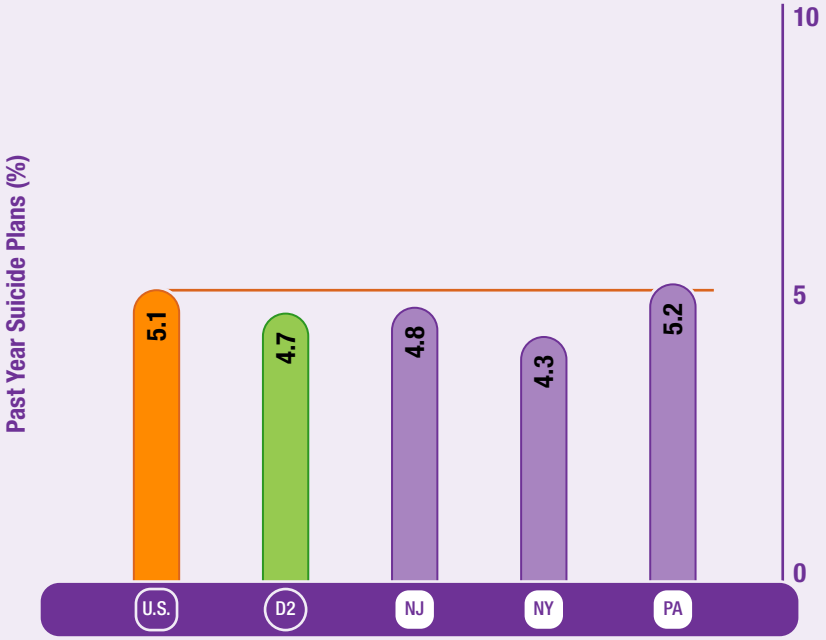
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Suicidal Thoughts and Behaviors | Aged 12 to 17
Made Any Suicide Plans in the Past Year

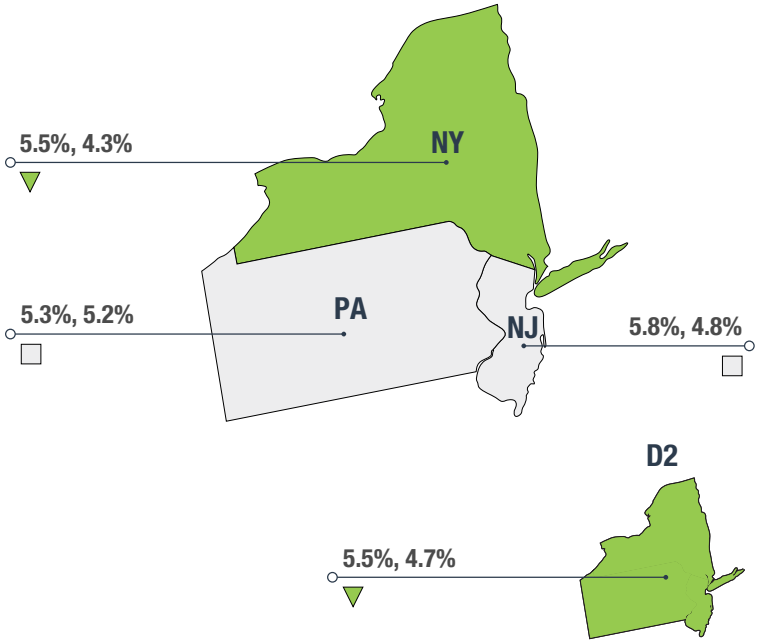
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **4.7% made any suicide plans** in the past year, which was **similar** to the national average (**5.1%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for made any suicide plans in the past year **decreased** between 2022-2023 (**5.5%**) and 2023-2024 (**4.7%**).

The percentage **decreased** for New York and **did not change significantly** for New Jersey and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

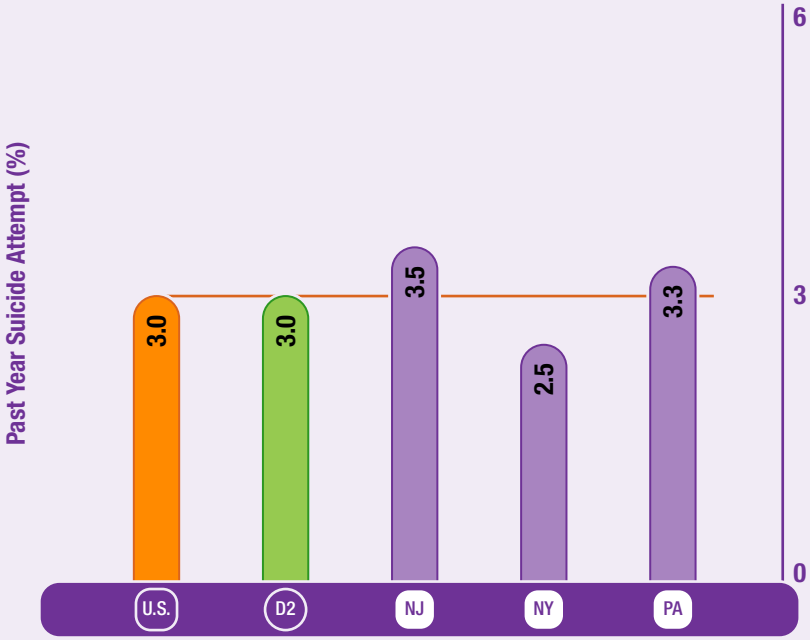
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Suicidal Thoughts and Behaviors | Aged 12 to 17
Attempted Suicide in the Past Year

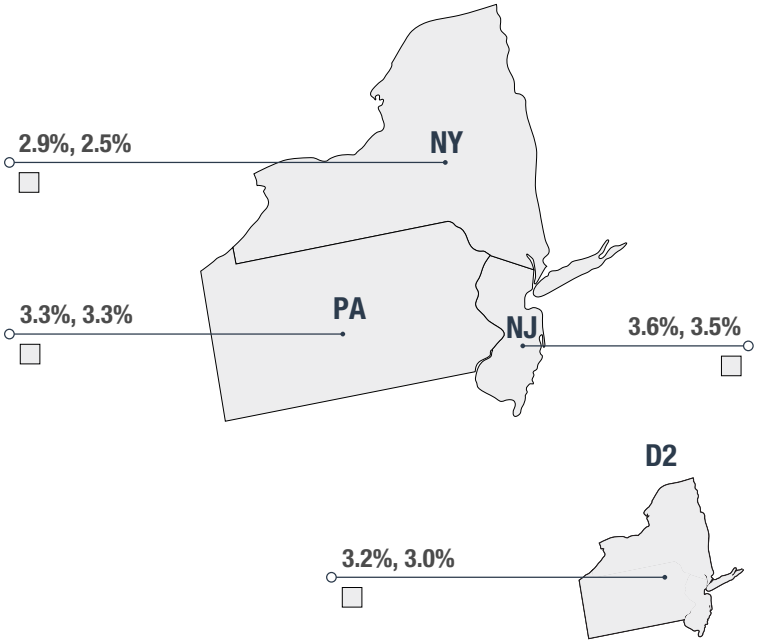
In 2023-2024, among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, **3.0% attempted suicide** in the past year, which was **similar** to the national average (**3.0%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adolescents aged 12 to 17 in the **Mid-Atlantic** U.S. census division, the annual average for attempted suicide in the past year **did not change significantly** between 2022-2023 (**3.2%**) and 2023-2024 (**3.0%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

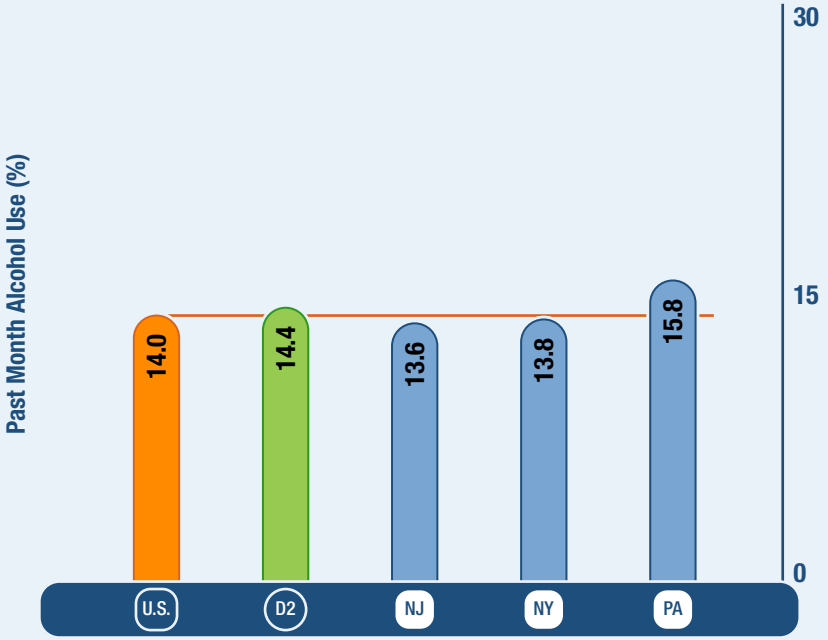
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Underage People Aged 12 to 20
Alcohol Use in the Past Month

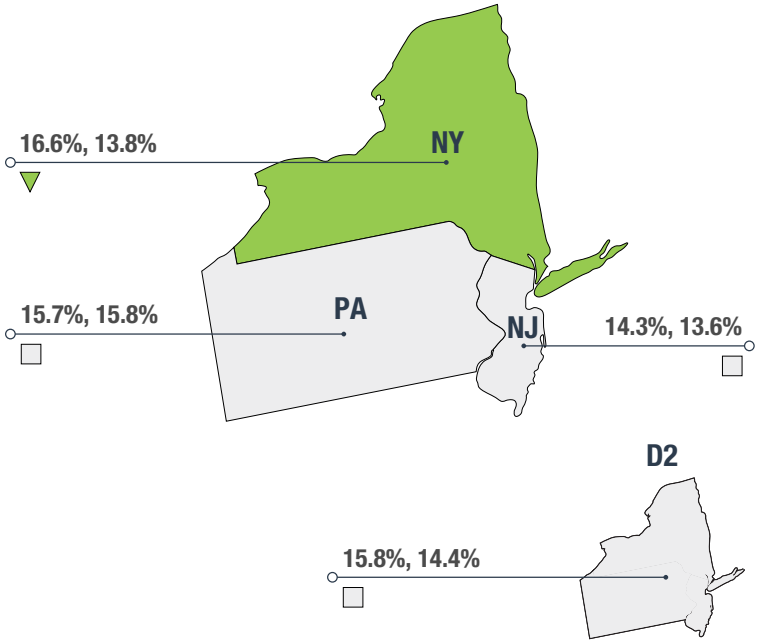
In 2023-2024, among underage people aged 12 to 20 in the **Mid-Atlantic** U.S. census division, **14.4% used alcohol** in the past month, which was **similar** to the national average (**14.0%**).

Compared with the **national** average, the estimate was **higher** for Pennsylvania and **similar** for New Jersey and New York.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among underage people aged 12 to 20 in the **Mid-Atlantic** U.S. census division, the annual average for alcohol use in the past month **did not change significantly** between 2022-2023 (**15.8%**) and 2023-2024 (**14.4%**).

The percentage **decreased** for New York and **did not change significantly** for New Jersey and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

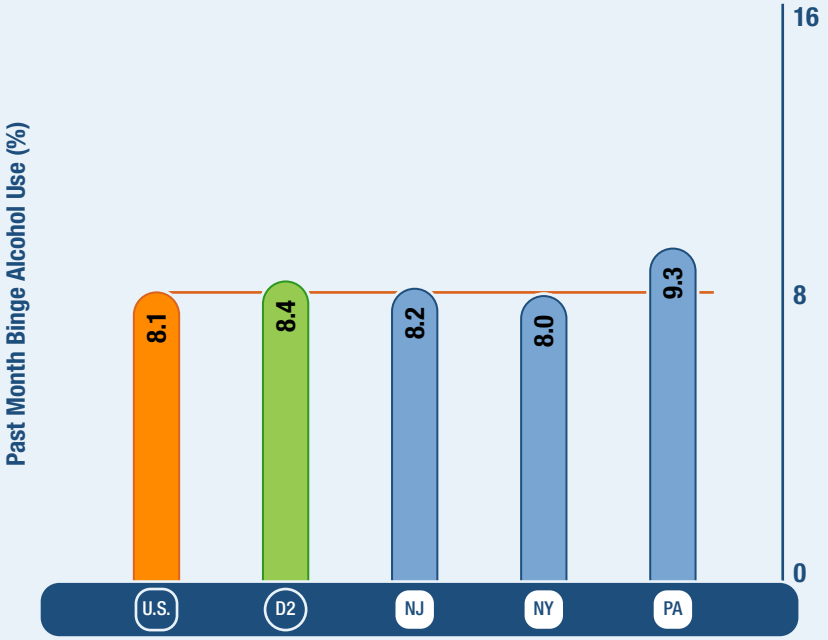
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Underage People Aged 12 to 20
Binge Alcohol Use in the Past Month

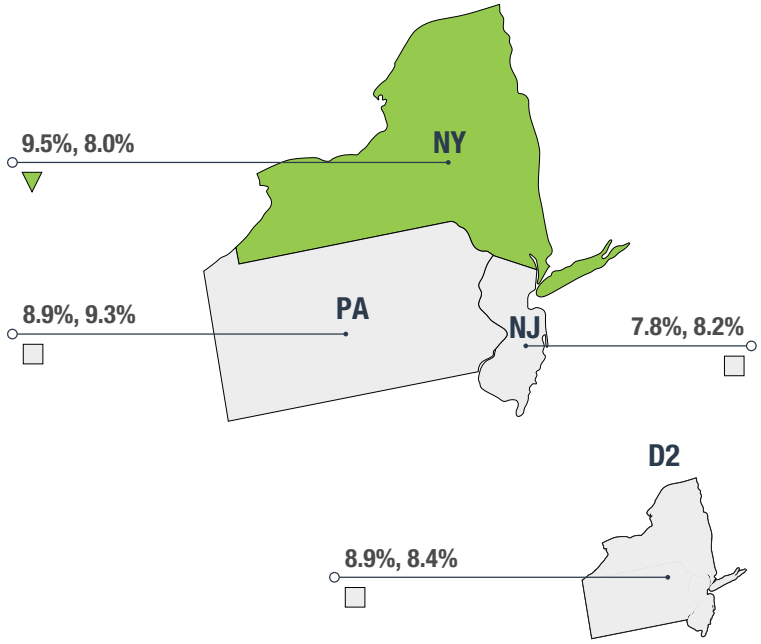
In 2023-2024, among underage people aged 12 to 20 in the **Mid-Atlantic** U.S. census division, **8.4% engaged in binge drinking** in the past month, which was **similar** to the national average (**8.1%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among underage people aged 12 to 20 in the **Mid-Atlantic** U.S. census division, the annual average for binge alcohol use in the past month **did not change significantly** between 2022-2023 (**8.9%**) and 2023-2024 (**8.4%**).

The percentage **decreased** for New York and **did not change significantly** for New Jersey and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

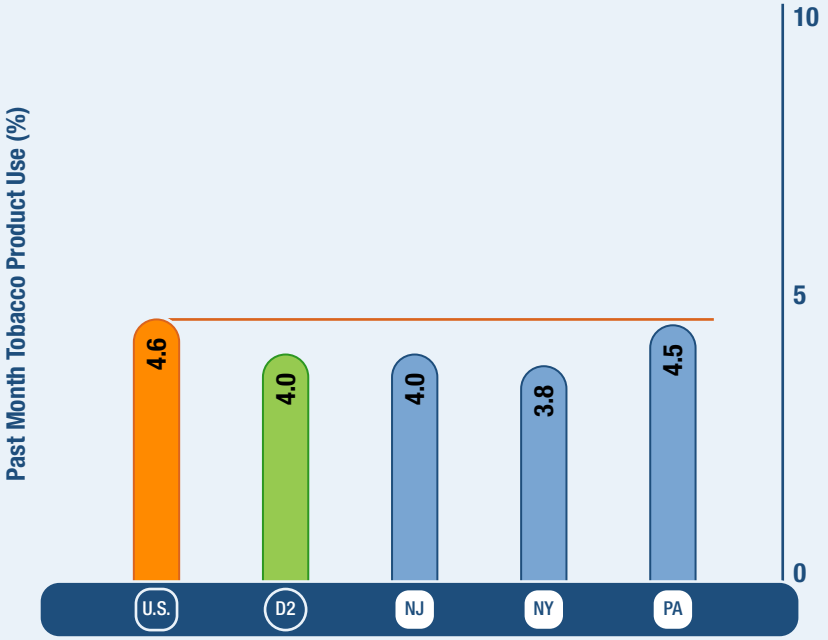
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Underage People Aged 12 to 20
Tobacco Product Use in the Past Month

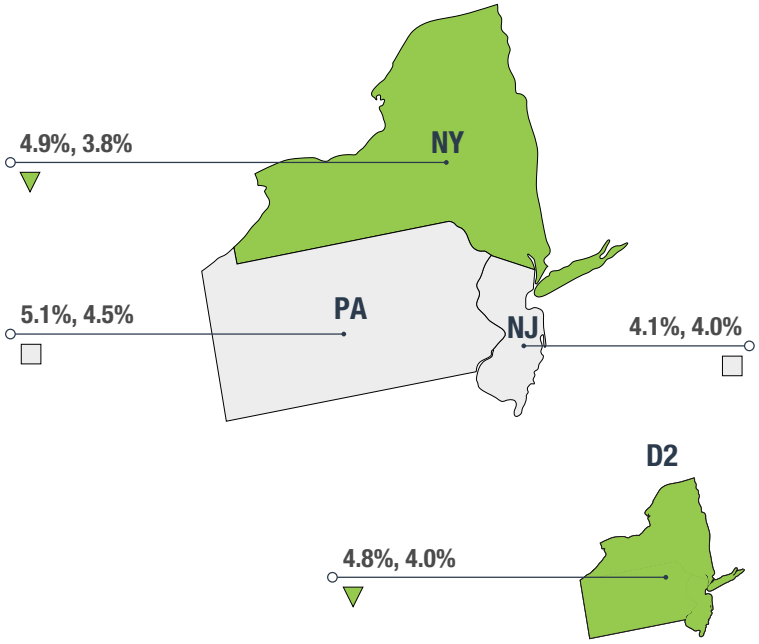
In 2023-2024, among underage people aged 12 to 20 in the **Mid-Atlantic** U.S. census division, **4.0% used tobacco products** in the past month, which was **similar** to the national average (**4.6%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among underage people aged 12 to 20 in the **Mid-Atlantic** U.S. census division, the annual average for tobacco product use in the past month **decreased** between 2022-2023 (**4.8%**) and 2023-2024 (**4.0%**).

The percentage **decreased** for New York and **did not change significantly** for New Jersey and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

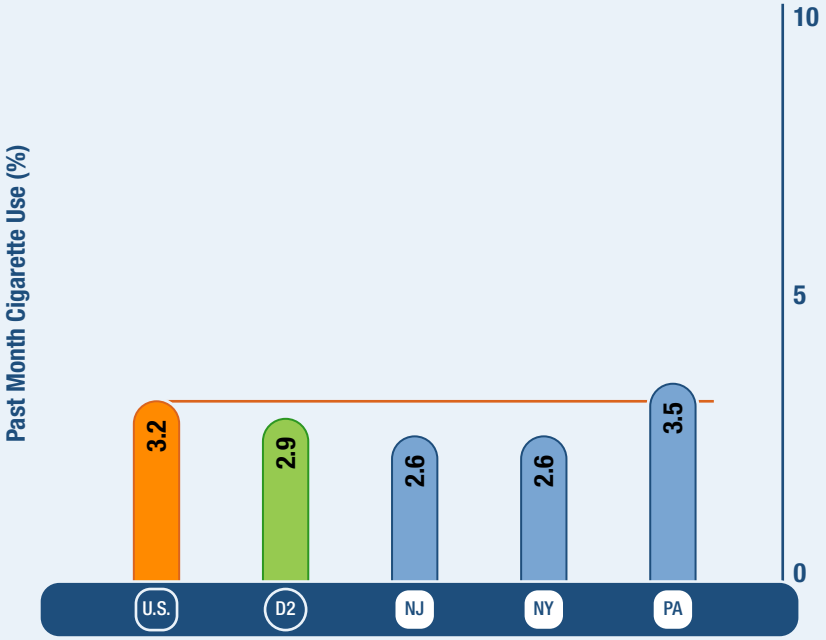
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Underage People Aged 12 to 20
Cigarette Use in the Past Month

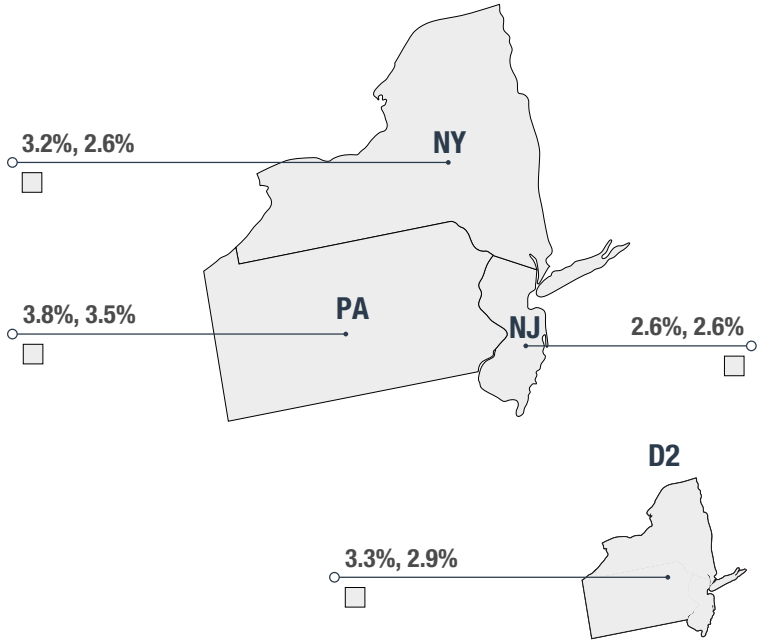
In 2023-2024, among underage people aged 12 to 20 in the **Mid-Atlantic** U.S. census division, **2.9% used cigarettes** in the past month, which was **similar** to the national average (**3.2%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among underage people aged 12 to 20 in the **Mid-Atlantic** U.S. census division, the annual average for cigarette use in the past month **did not change significantly** between 2022-2023 (**3.3%**) and 2023-2024 (**2.9%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

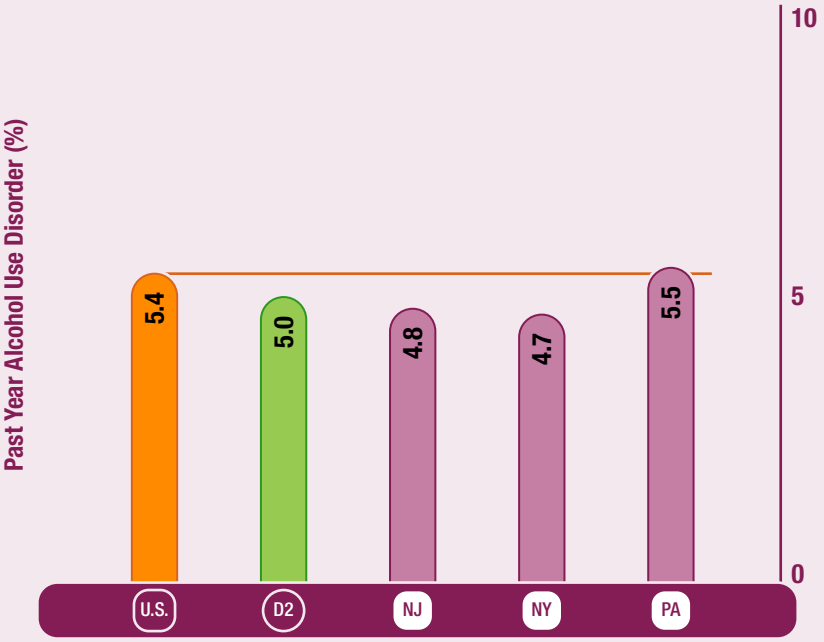
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use Disorders | Underage People Aged 12 to 20
Alcohol Use Disorder in the Past Year

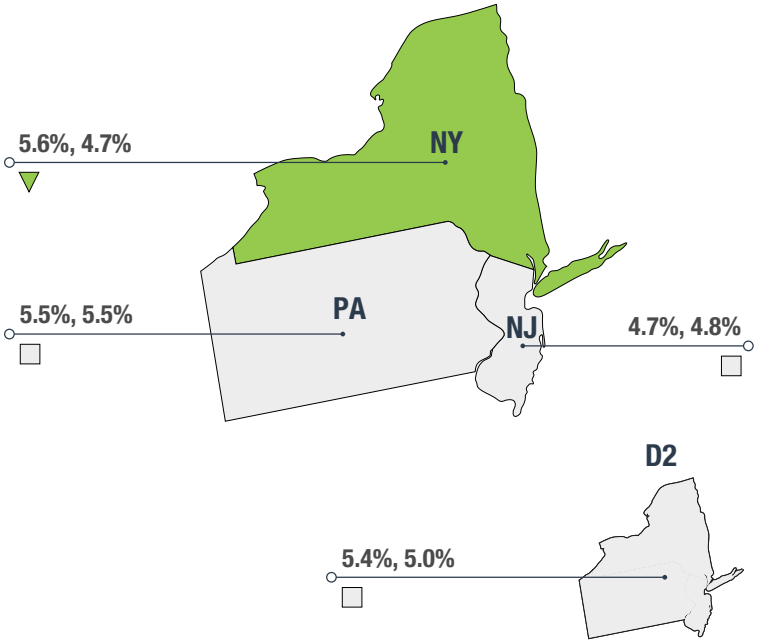
In 2023-2024, among underage people aged 12 to 20 in the **Mid-Atlantic** U.S. census division, **5.0% had an alcohol use disorder** in the past year, which was **similar** to the national average (**5.4%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among underage people aged 12 to 20 in the **Mid-Atlantic** U.S. census division, the annual average for alcohol use disorder in the past year **did not change significantly** between 2022-2023 (**5.4%**) and 2023-2024 (**5.0%**).

The percentage **decreased** for New York and **did not change significantly** for New Jersey and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

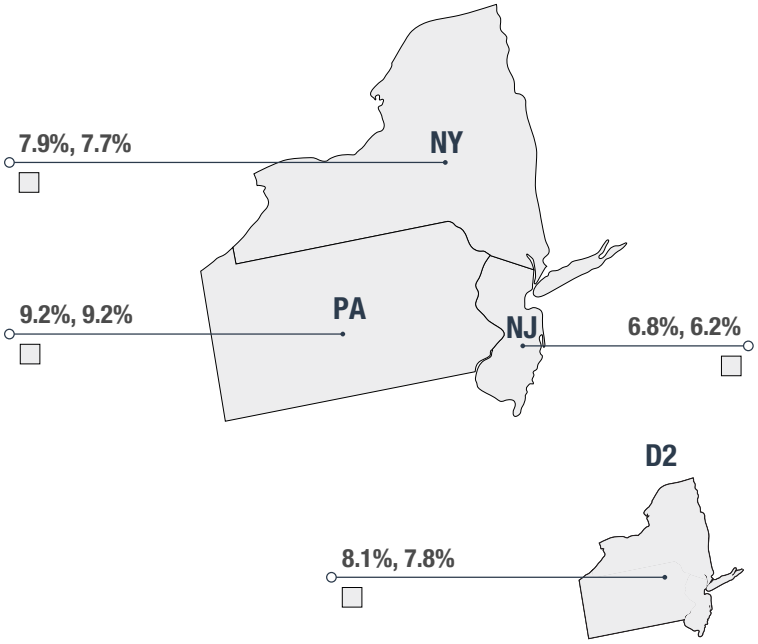
Mental Health | Aged 18 or Older
Major Depressive Episode in the Past Year

In 2023-2024, among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, **7.8% had at least one major depressive episode** in the past year, which was **similar** to the national average (**8.3%**).

Compared with the **national** average, the estimate was **lower** for New Jersey and **similar** for New York and Pennsylvania.

Compared with the **U.S. census division** average, the estimate was **higher** for Pennsylvania; **lower** for New Jersey; and **similar** for New York.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- ▲ **Increased** from 2022-2023 to 2023-2024
- □ **No significant change** from 2022-2023 to 2023-2024
- ▼ **Decreased** from 2022-2023 to 2023-2024

Among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, the annual average for major depressive episode in the past year **did not change significantly** between 2022-2023 (**8.1%**) and 2023-2024 (**7.8%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

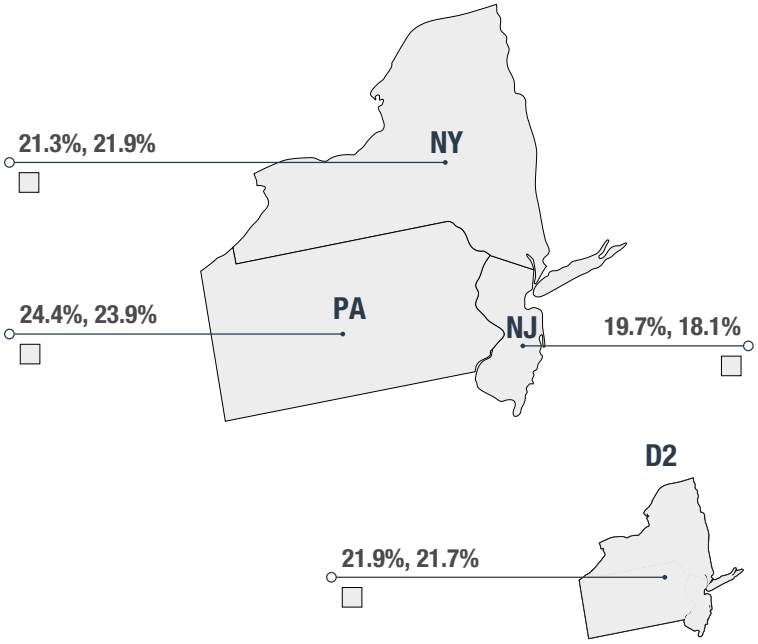
Mental Health | Aged 18 or Older
Any Mental Illness in the Past Year

In 2023-2024, among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, **21.7% had any mental illness** in the past year, which was **lower** than the national average (**23.1%**).

Compared with the **national** average, the estimate was **lower** for New Jersey and **similar** for New York and Pennsylvania.

Compared with the **U.S. census division** average, the estimate was **higher** for Pennsylvania; **lower** for New Jersey; and **similar** for New York.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, the annual average for any mental illness in the past year **did not change significantly** between 2022-2023 (**21.9%**) and 2023-2024 (**21.7%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

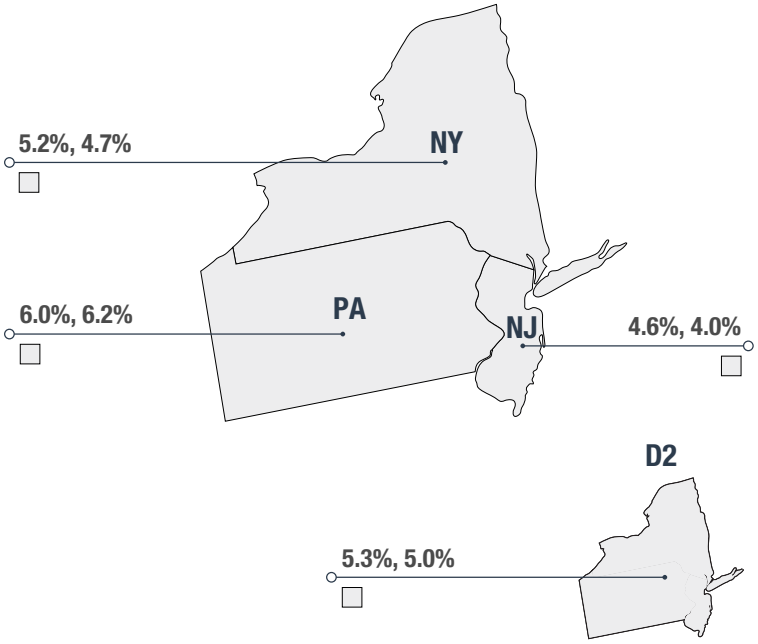
Mental Health | Aged 18 or Older
Serious Mental Illness in the Past Year

In 2023-2024, among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, **5.0% had serious mental illness** in the past year, which was **lower** than the national average (**5.6%**).

Compared with the **national** average, the estimate was **lower** for New Jersey and New York and **similar** for Pennsylvania.

Compared with the **U.S. census division** average, the estimate was **higher** for Pennsylvania; **lower** for New Jersey; and **similar** for New York.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, the annual average for serious mental illness in the past year **did not change significantly** between 2022-2023 (**5.3%**) and 2023-2024 (**5.0%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

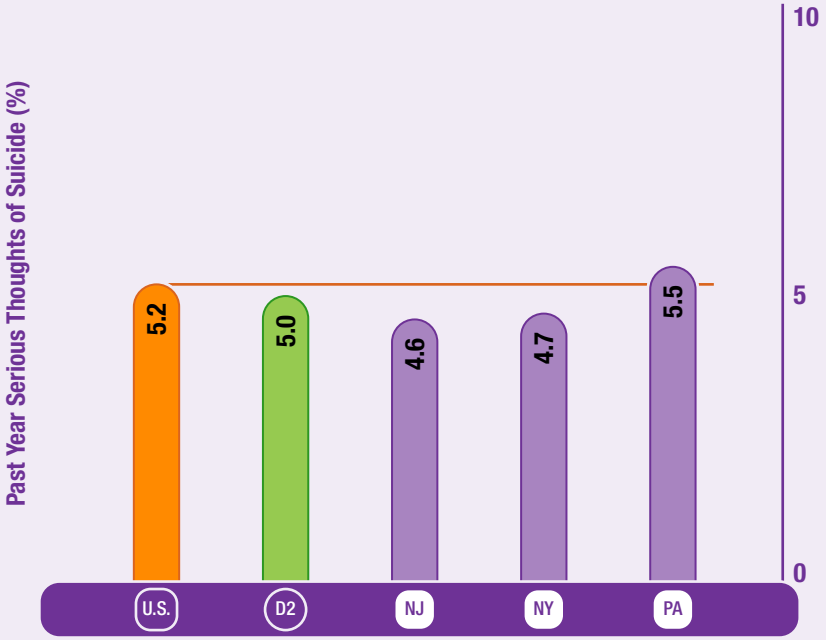
Suicidal Thoughts and Behaviors | Aged 18 or Older

Had Serious Thoughts of Suicide in the Past Year

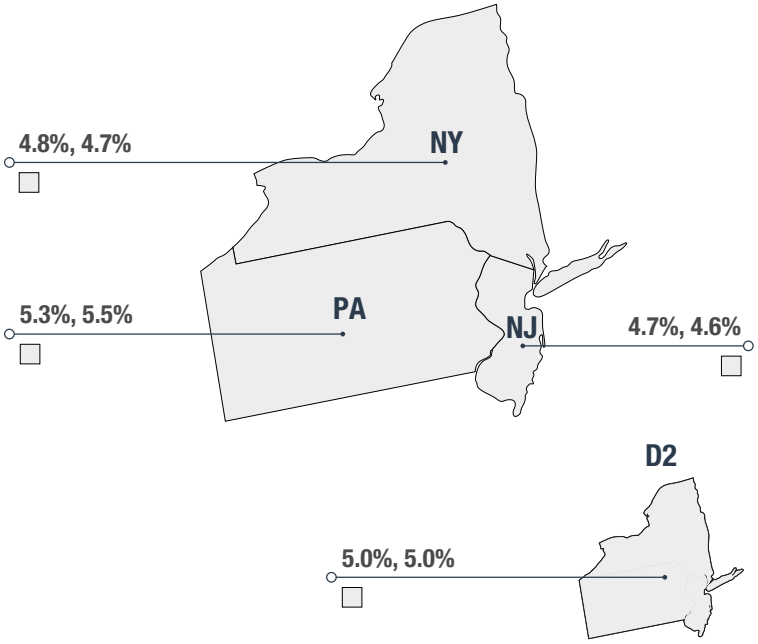
In 2023-2024, among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, **5.0% had serious thoughts of suicide** in the past year, which was **similar** to the national average (**5.2%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, the annual average for serious thoughts of suicide in the past year **did not change significantly** between 2022-2023 (**5.0%**) and 2023-2024 (**5.0%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

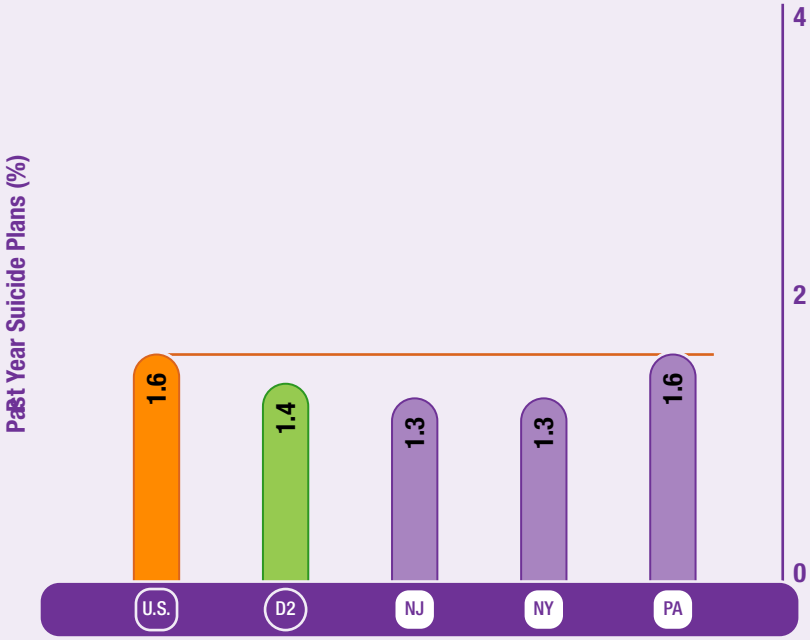
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Suicidal Thoughts and Behaviors | Aged 18 or Older
Made Any Suicide Plans in the Past Year

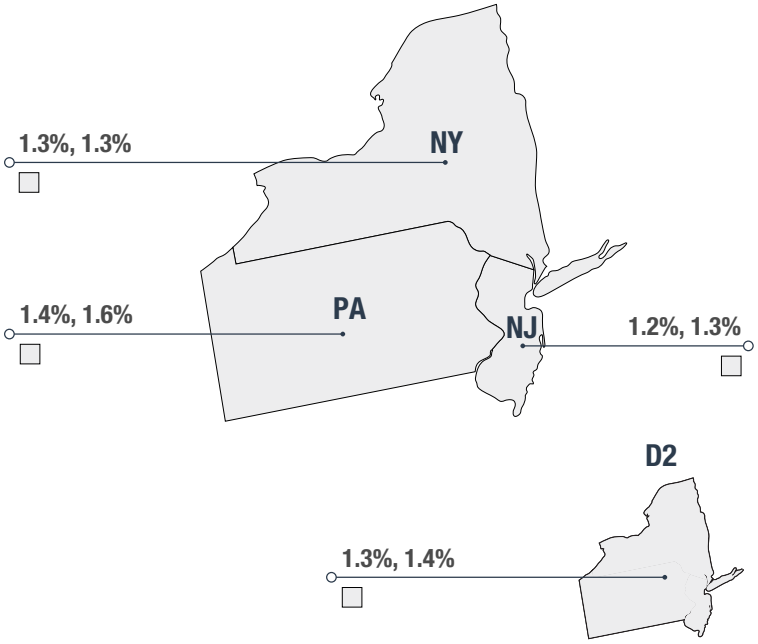
In 2023-2024, among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, **1.4% made any suicide plans** in the past year, which was **lower** than the national average (**1.6%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, the annual average for made any suicide plans in the past year **did not change significantly** between 2022-2023 (**1.3%**) and 2023-2024 (**1.4%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

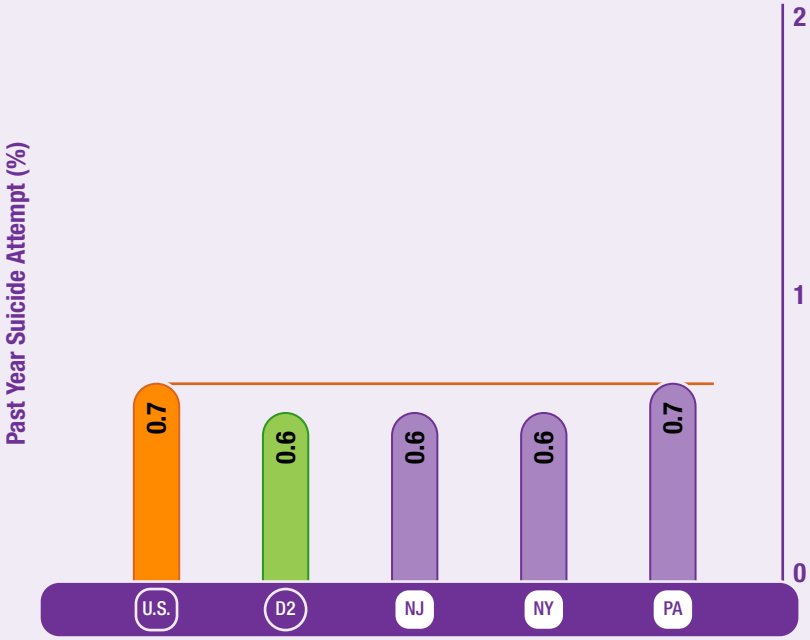
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Suicidal Thoughts and Behaviors | Aged 18 or Older
Attempted Suicide in the Past Year

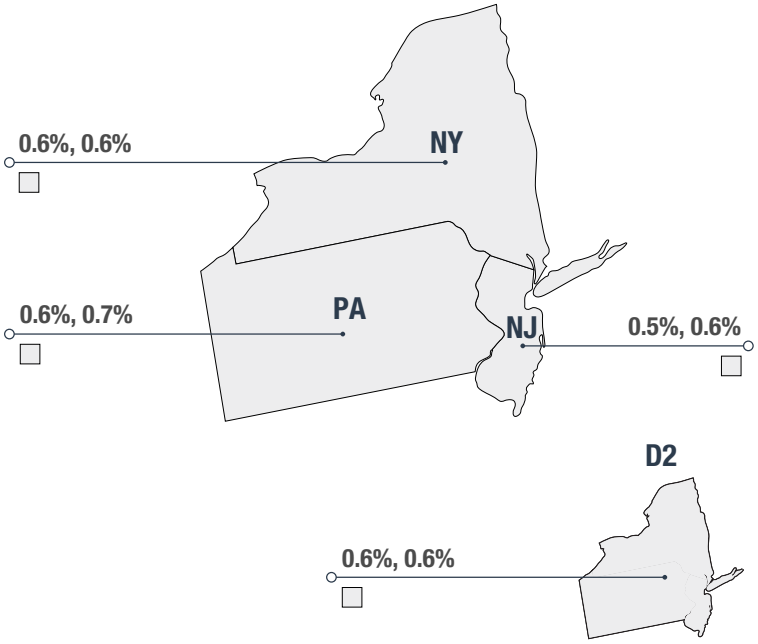
In 2023-2024, among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, **0.6% attempted suicide** in the past year, which was **similar** to the national average (**0.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among adults aged 18 or older in the **Mid-Atlantic** U.S. census division, the annual average for attempted suicide in the past year **did not change significantly** between 2022-2023 (**0.6%**) and 2023-2024 (**0.6%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

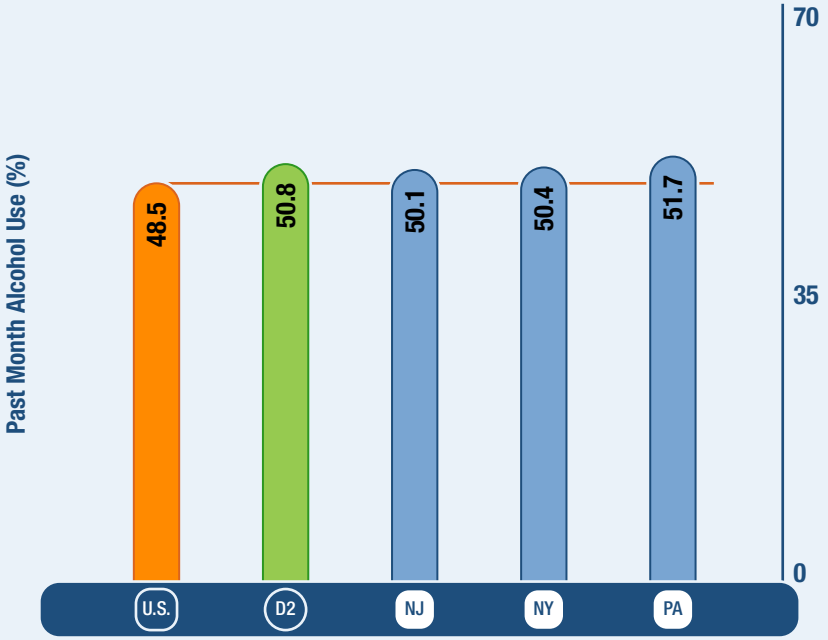
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 18 to 25
Alcohol Use in the Past Month

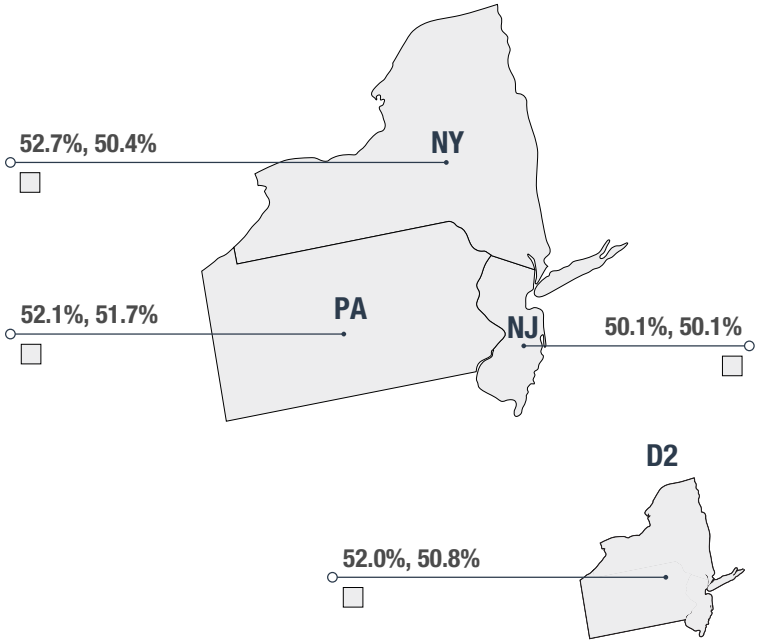
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **50.8% used alcohol** in the past month, which was **higher** than the national average (**48.5%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for alcohol use in the past month **did not change significantly** between 2022-2023 (**52.0%**) and 2023-2024 (**50.8%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

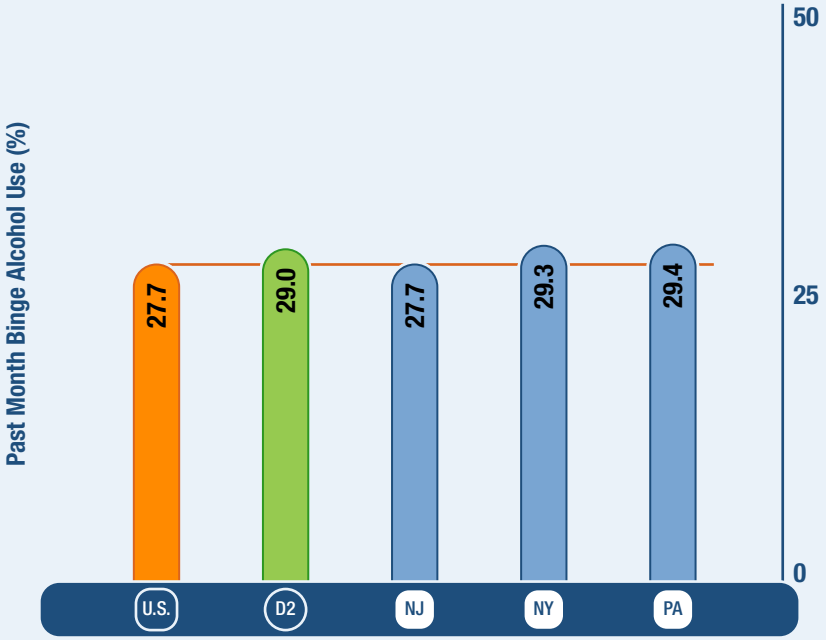
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 18 to 25
Binge Alcohol Use in the Past Month

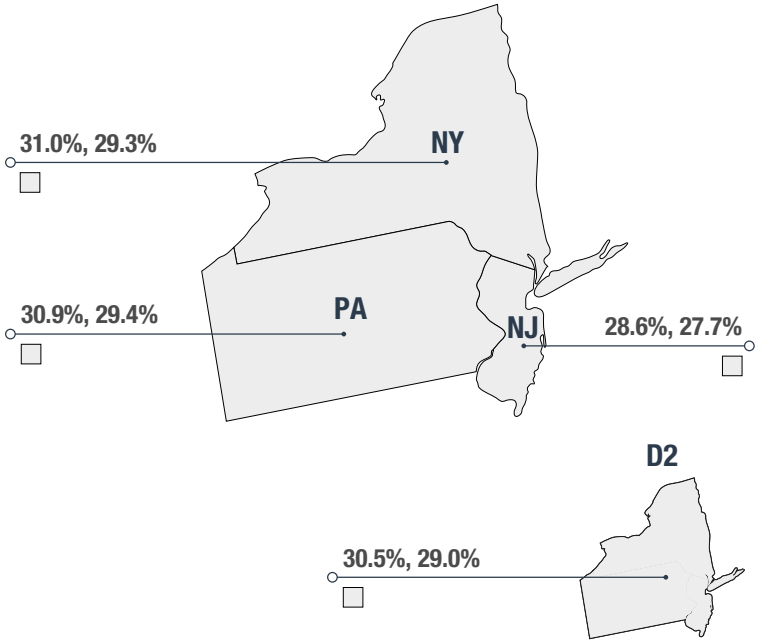
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **29.0% engaged in binge drinking** in the past month, which was **similar** to the national average (**27.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for binge alcohol use in the past month **did not change significantly** between 2022-2023 (**30.5%**) and 2023-2024 (**29.0%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

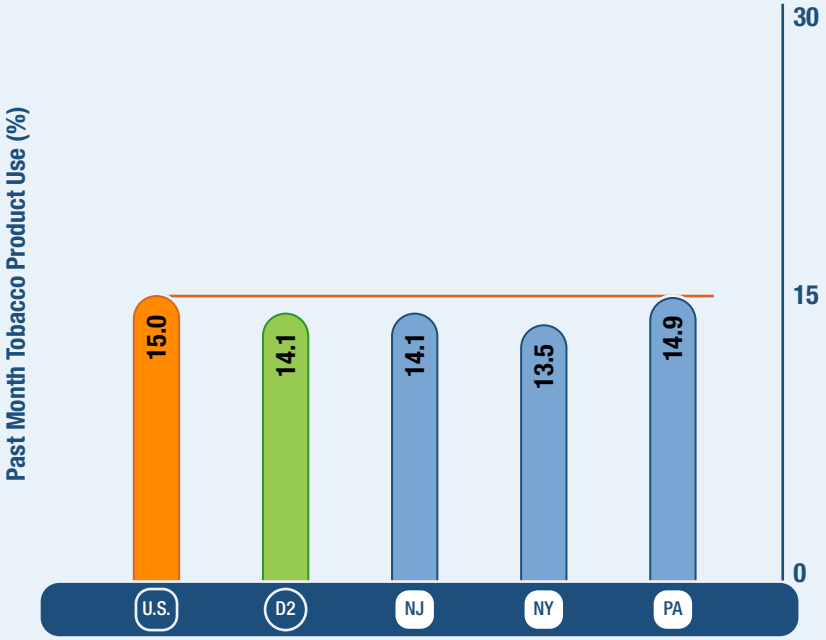
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 18 to 25
Tobacco Product Use in the Past Month

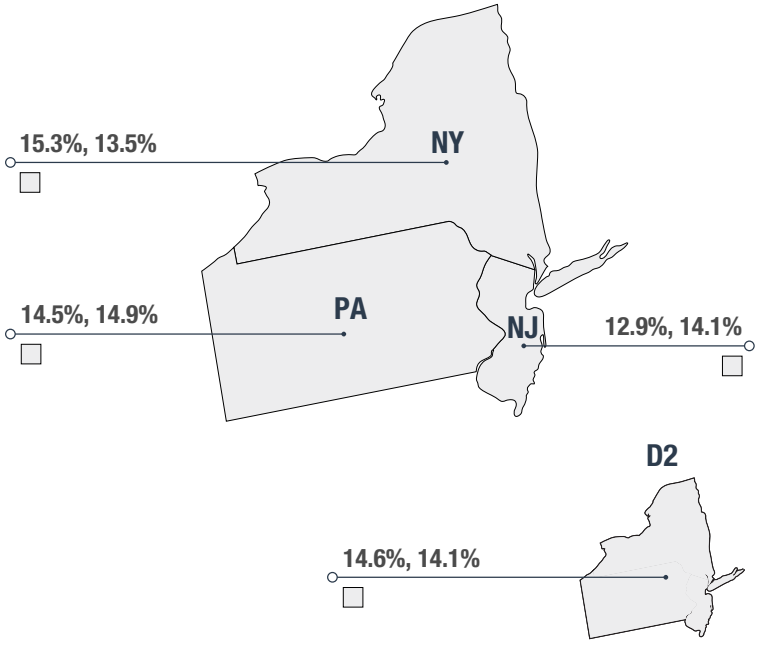
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **14.1% used tobacco products** in the past month, which was **similar** to the national average (**15.0%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for tobacco product use in the past month **did not change significantly** between 2022-2023 (**14.6%**) and 2023-2024 (**14.1%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

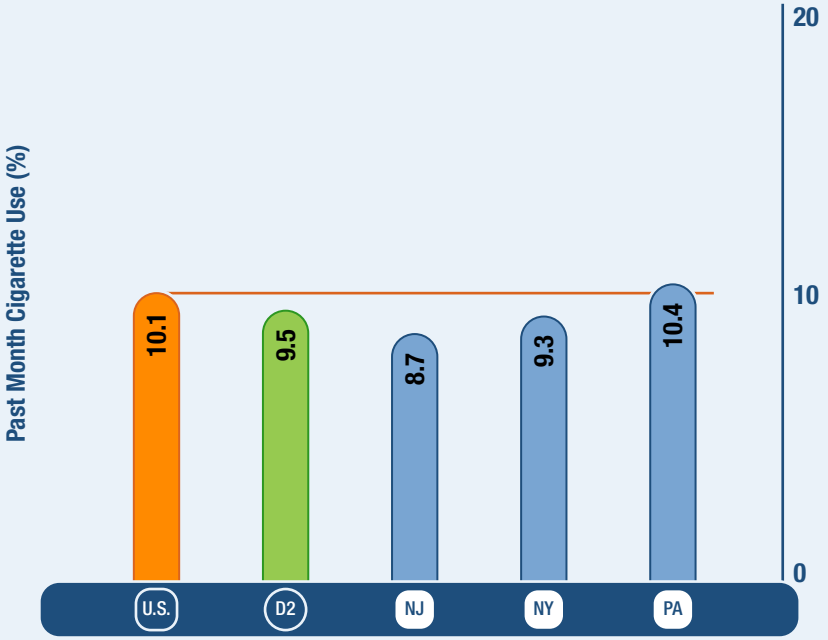
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 18 to 25
Cigarette Use in the Past Month

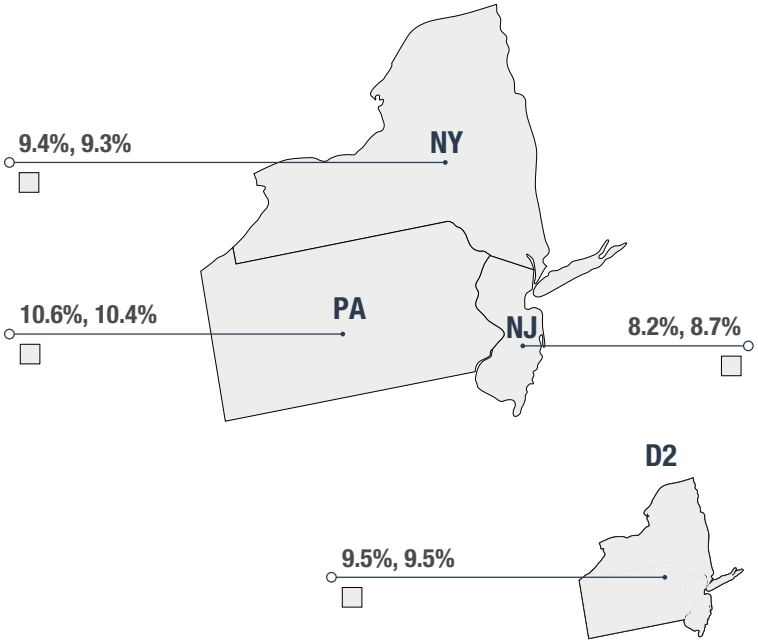
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **9.5% used cigarettes** in the past month, which was **similar** to the national average (**10.1%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for cigarette use in the past month **did not change significantly** between 2022-2023 (**9.5%**) and 2023-2024 (**9.5%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

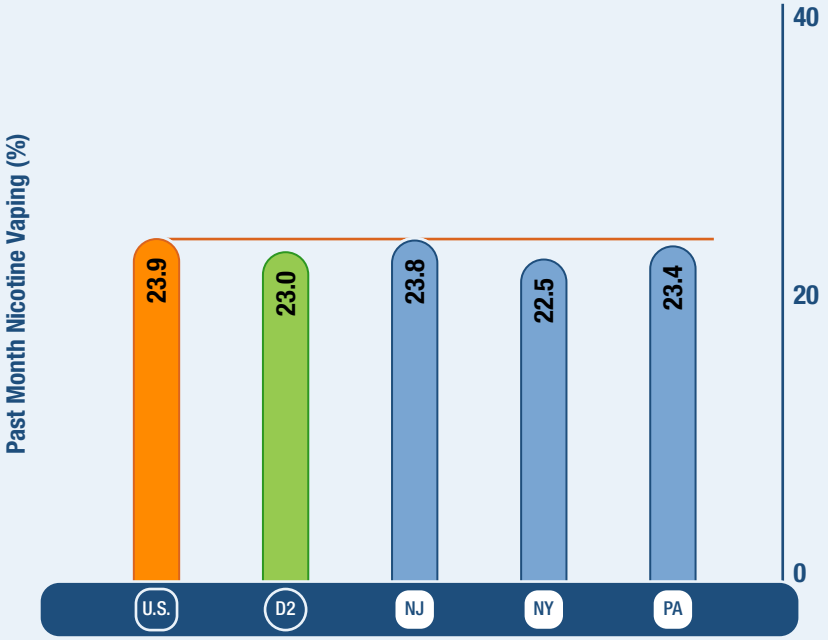
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 18 to 25
Nicotine Vaping in the Past Month

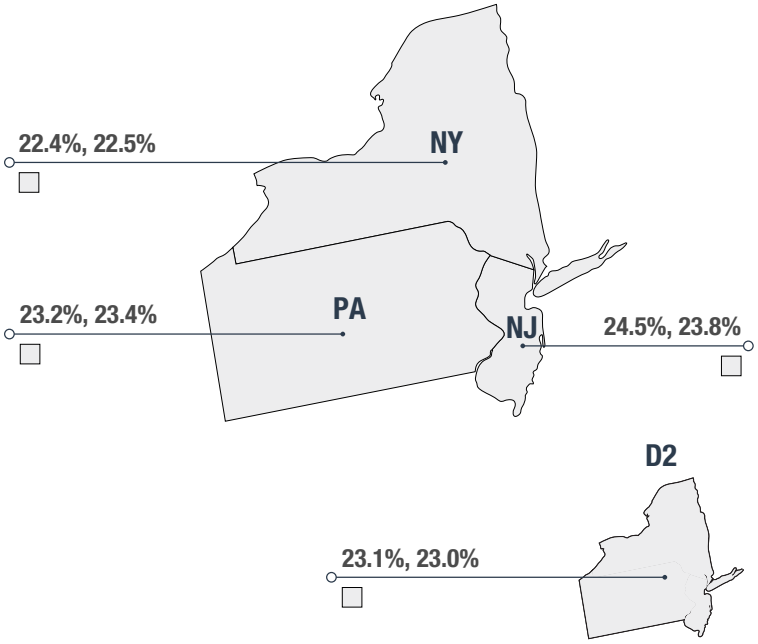
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **23.0% vaped nicotine** in the past month, which was **similar** to the national average (**23.9%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for nicotine vaping in the past month **did not change significantly** between 2022-2023 (**23.1%**) and 2023-2024 (**23.0%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

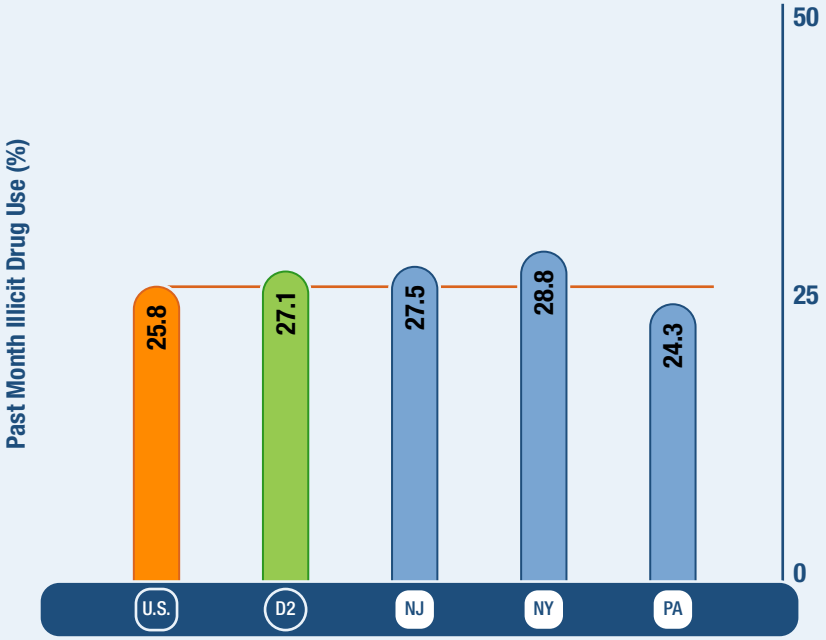
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 18 to 25
Illicit Drug Use in the Past Month

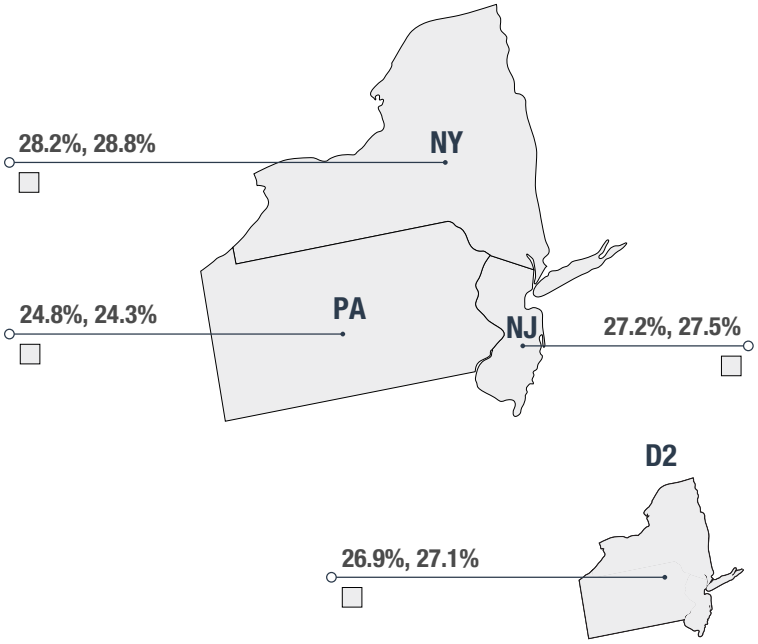
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **27.1% used illicit drugs** in the past month, which was **similar** to the national average (**25.8%**).

Compared with the **national** average, the estimate was **higher** for New York and **similar** for New Jersey and Pennsylvania.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for illicit drug use in the past month **did not change significantly** between 2022-2023 (**26.9%**) and 2023-2024 (**27.1%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

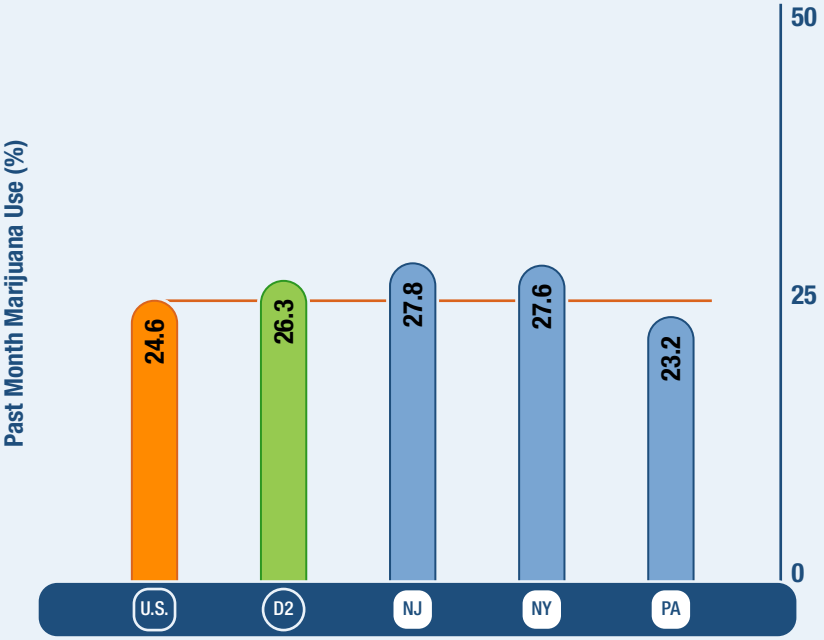
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 18 to 25
Marijuana Use in the Past Month

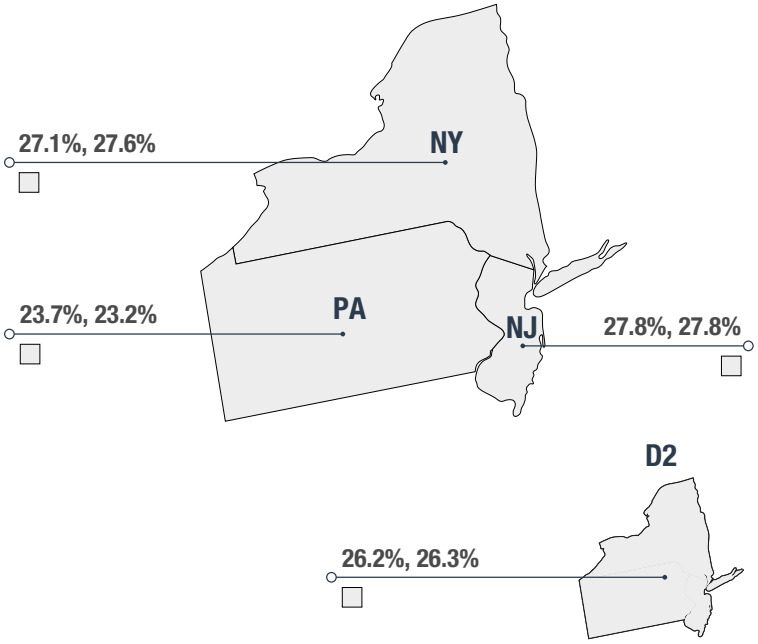
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **26.3% used marijuana** in the past month, which was **similar** to the national average (**24.6%**).

Compared with the **national** average, the estimate was **higher** for New York and **similar** for New Jersey and Pennsylvania.

Compared with the **U.S. census division** average, the estimate was **lower** for Pennsylvania and **similar** for New Jersey and New York.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for marijuana use in the past month **did not change significantly** between 2022-2023 (**26.2%**) and 2023-2024 (**26.3%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

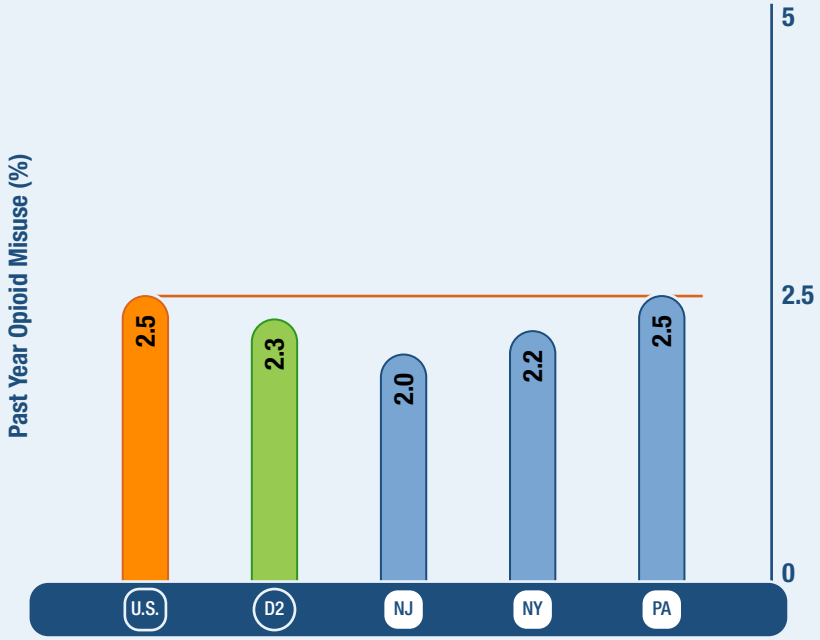
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 18 to 25
Opioid Misuse in the Past Year

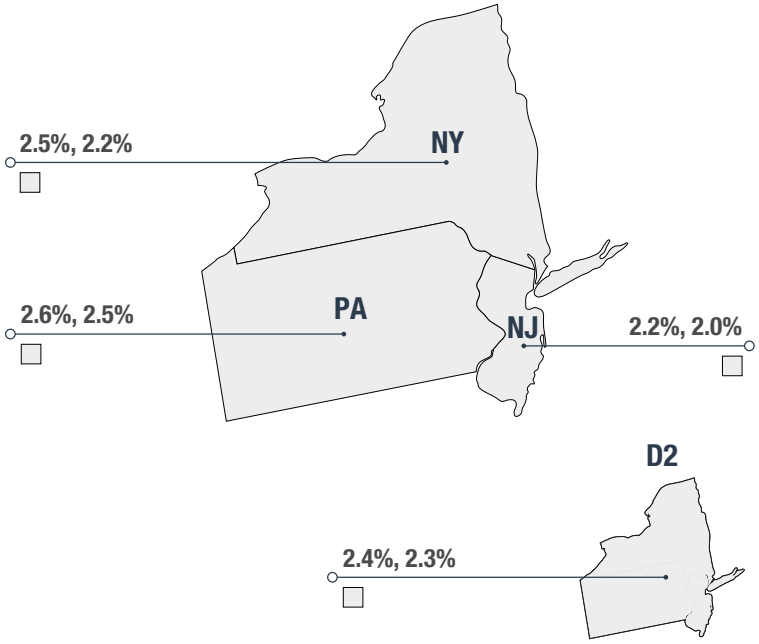
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **2.3% misused opioids** in the past year, which was **similar** to the national average (**2.5%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for opioid misuse in the past year **did not change significantly** between 2022-2023 (**2.4%**) and 2023-2024 (**2.3%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

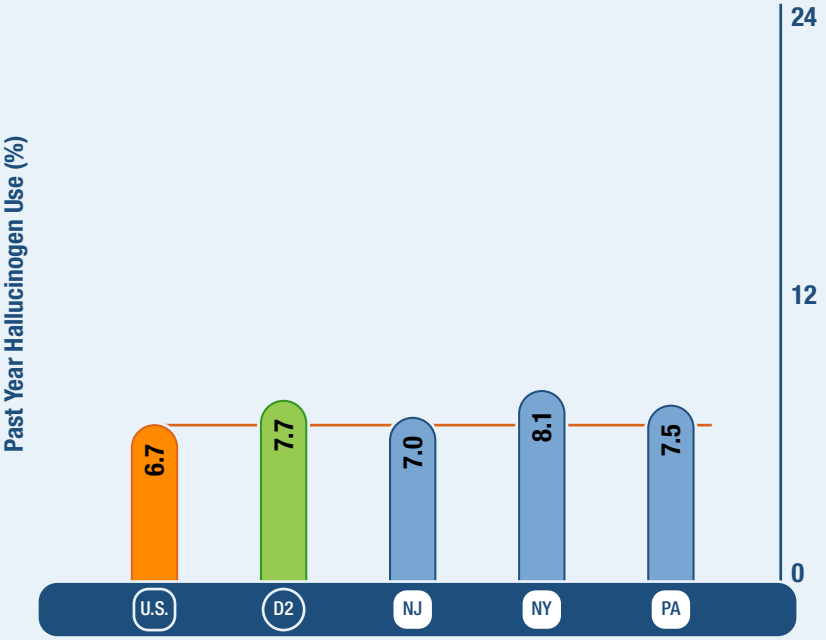
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 18 to 25
Hallucinogen Use in the Past Year

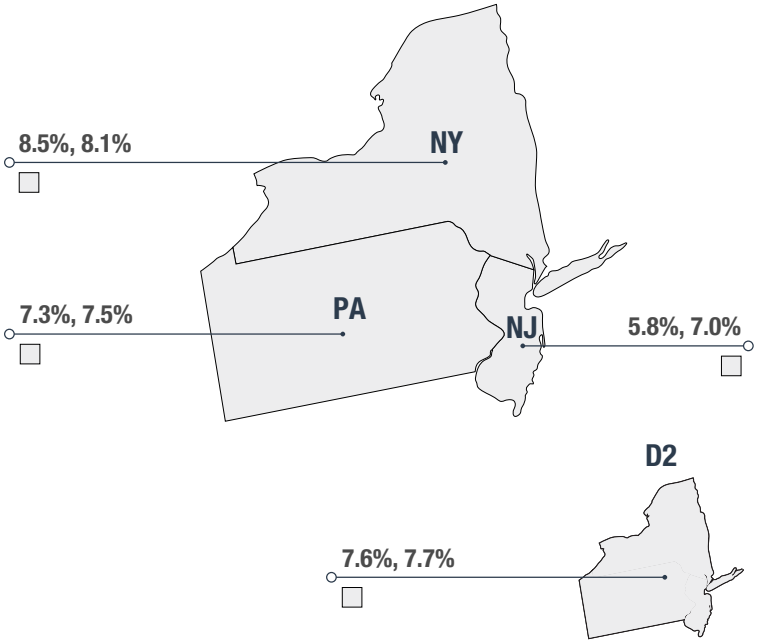
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **7.7% used hallucinogens** in the past year, which was **similar** to the national average (**6.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for hallucinogen use in the past year **did not change significantly** between 2022-2023 (**7.6%**) and 2023-2024 (**7.7%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

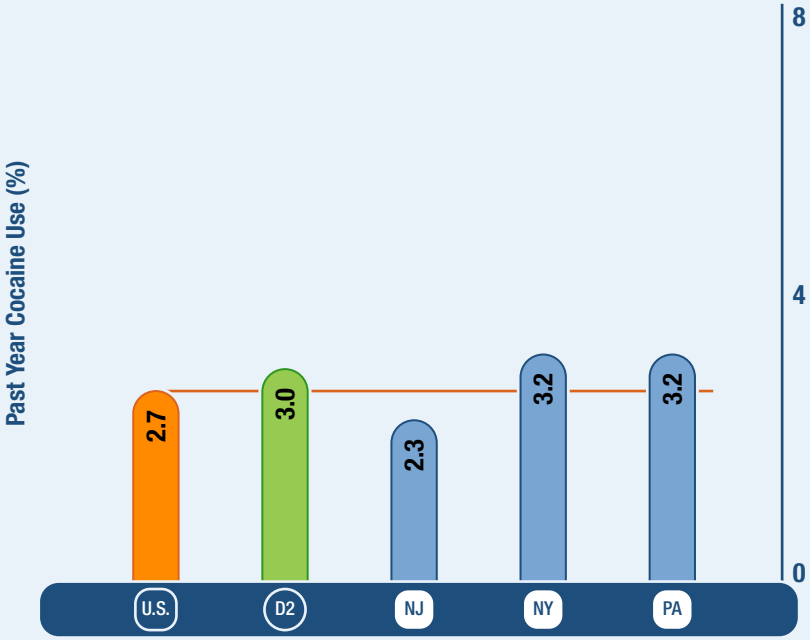
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use | Aged 18 to 25
Cocaine Use in the Past Year

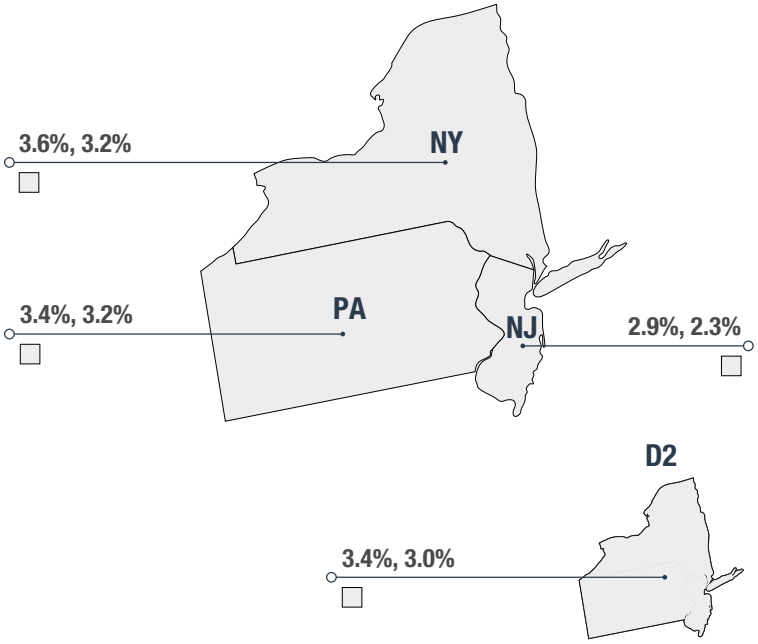
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **3.0% used cocaine** in the past year, which was **similar** to the national average (**2.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for cocaine use in the past year **did not change significantly** between 2022-2023 (**3.4%**) and 2023-2024 (**3.0%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

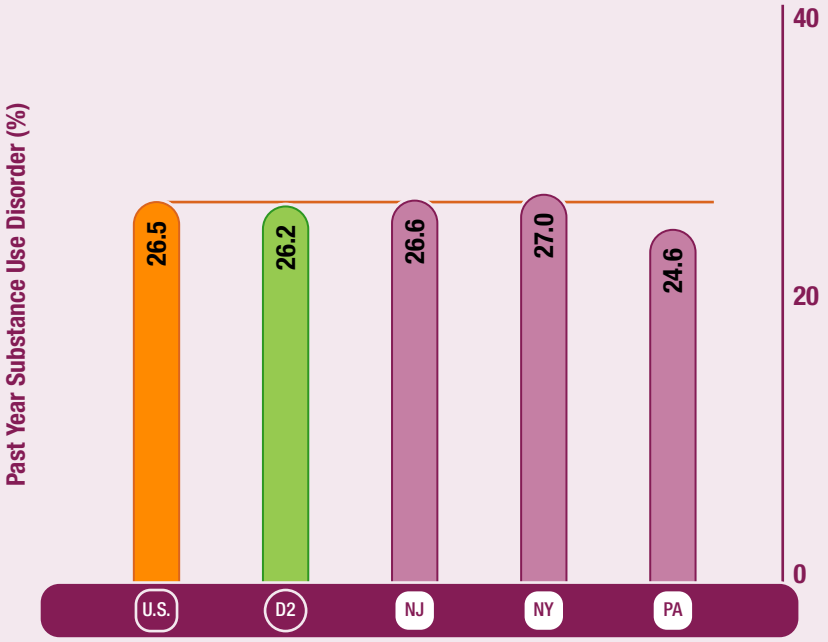
Substance Use Disorders | Aged 18 to 25

Substance Use Disorder in the Past Year

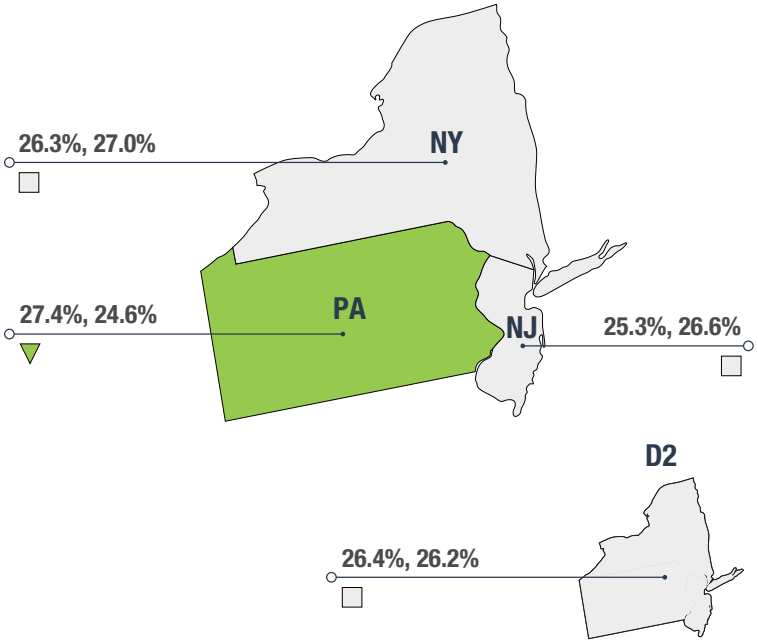
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **26.2% had a substance use disorder** in the past year, which was **similar** to the national average (**26.5%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for substance use disorder in the past year **did not change significantly** between 2022-2023 (**26.4%**) and 2023-2024 (**26.2%**).

The percentage **decreased** for Pennsylvania and **did not change significantly** for New Jersey and New York.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

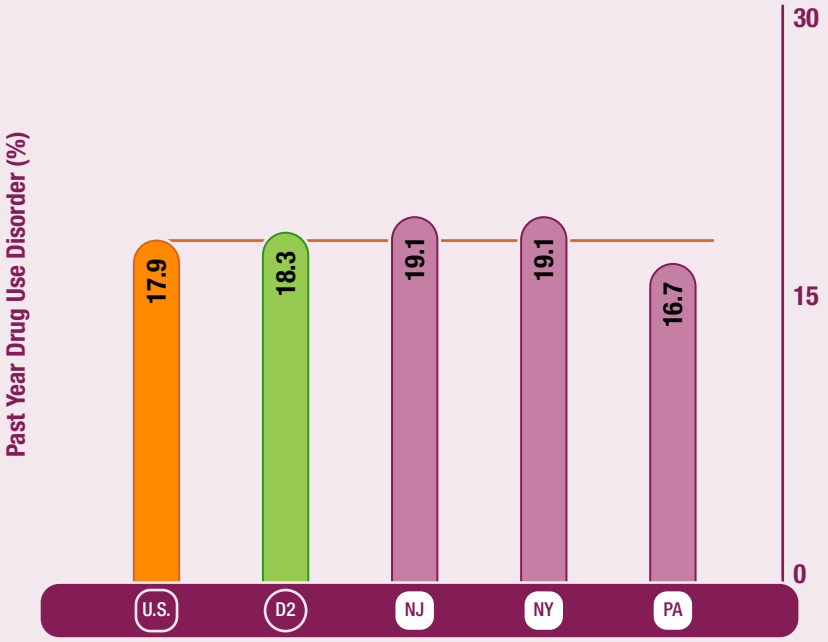
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use Disorders | Aged 18 to 25
Drug Use Disorder in the Past Year

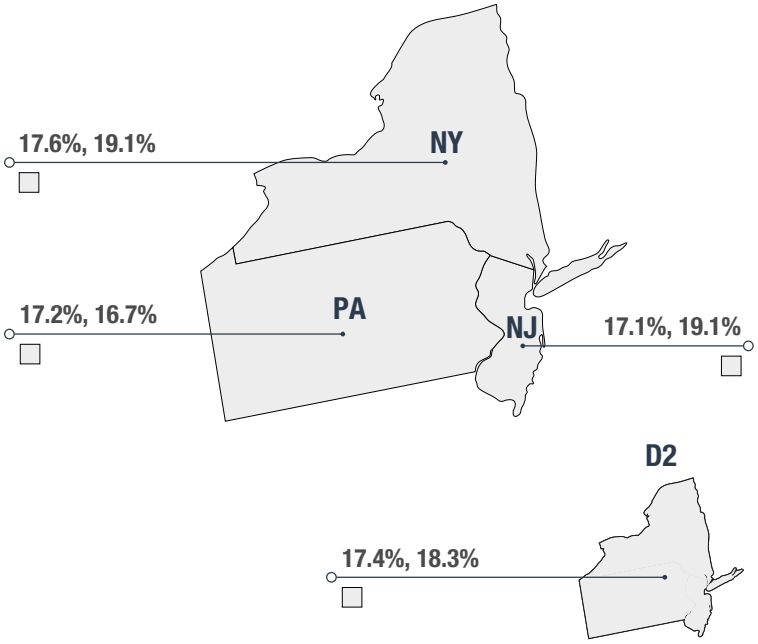
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **18.3% had a drug use disorder** in the past year, which was **similar** to the national average (**17.9%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for drug use disorder in the past year **did not change significantly** between 2022-2023 (**17.4%**) and 2023-2024 (**18.3%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

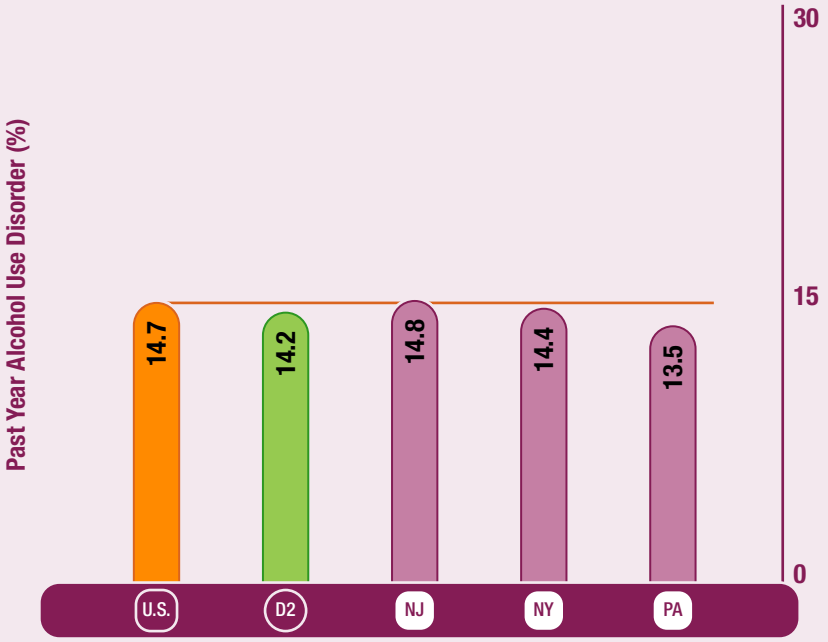
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Substance Use Disorders | Aged 18 to 25
Alcohol Use Disorder in the Past Year

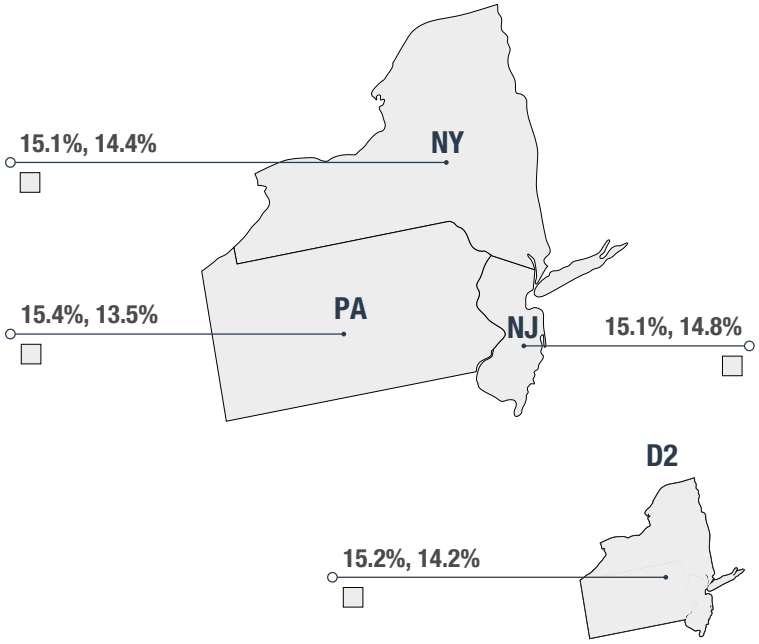
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **14.2% had an alcohol use disorder** in the past year, which was **similar** to the national average (**14.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for alcohol use disorder in the past year **did not change significantly** between 2022-2023 (**15.2%**) and 2023-2024 (**14.2%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

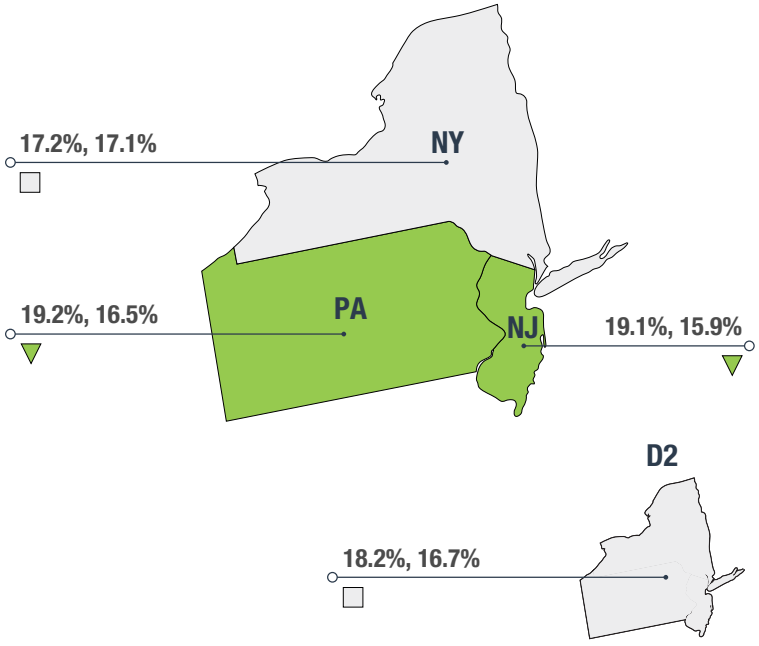
Mental Health | Aged 18 to 25
Major Depressive Episode in the Past Year

In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **16.7% had at least one major depressive episode** in the past year, which was **similar** to the national average (**16.7%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for major depressive episode in the past year **did not change significantly** between 2022-2023 (**18.2%**) and 2023-2024 (**16.7%**).

The percentage **decreased** for New Jersey and Pennsylvania and **did not change significantly** for New York.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

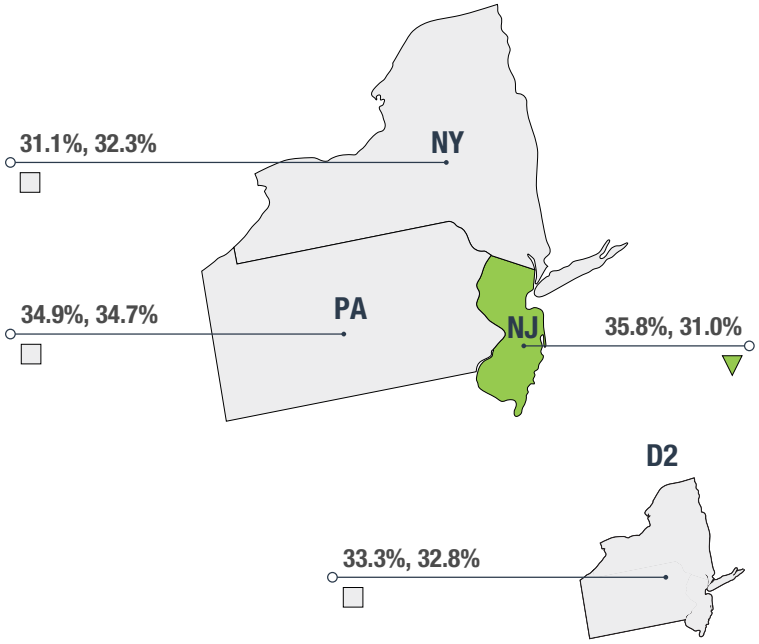
Mental Health | Aged 18 to 25
Any Mental Illness in the Past Year

In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **32.8% had any mental illness** in the past year, which was **similar** to the national average (**33.5%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for any mental illness in the past year **did not change significantly** between 2022-2023 (**33.3%**) and 2023-2024 (**32.8%**).

The percentage **decreased** for New Jersey and **did not change significantly** for New York and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

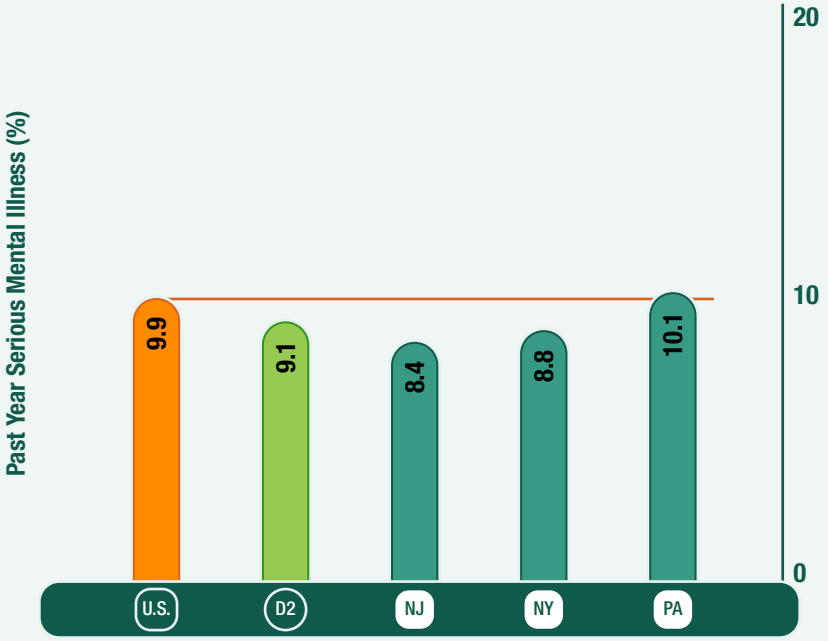
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Mental Health | Aged 18 to 25
Serious Mental Illness in the Past Year

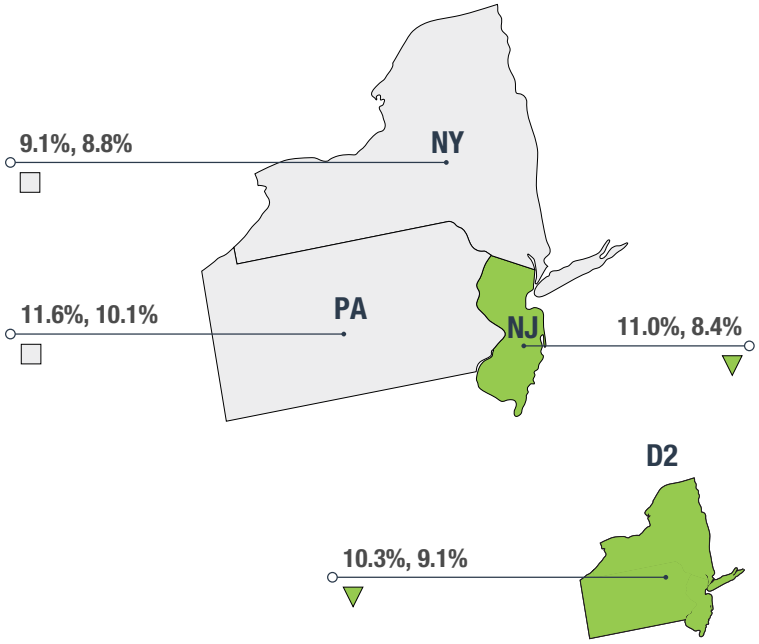
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **9.1% had serious mental illness** in the past year, which was **similar** to the national average (**9.9%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for serious mental illness in the past year **decreased** between 2022-2023 (**10.3%**) and 2023-2024 (**9.1%**).

The percentage **decreased** for New Jersey and **did not change significantly** for New York and Pennsylvania.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

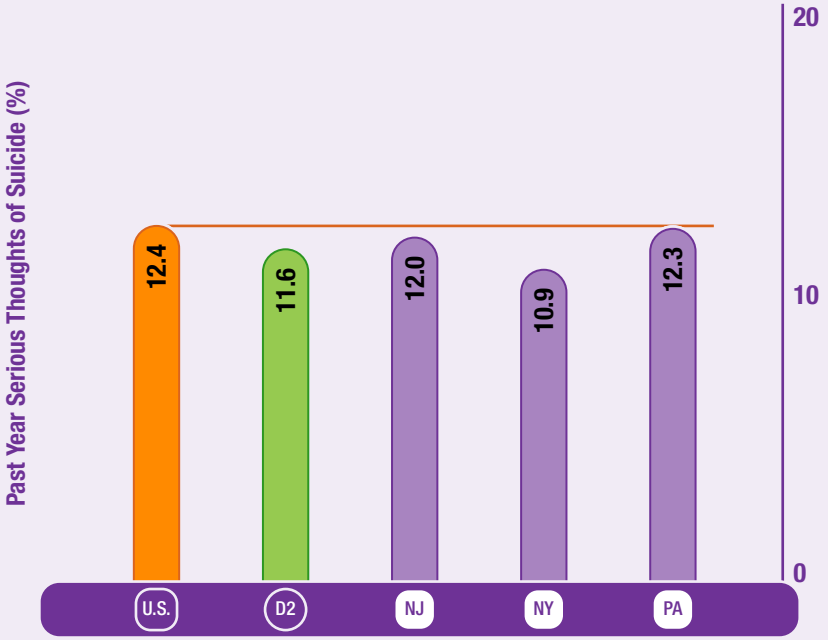
Suicidal Thoughts and Behaviors | Aged 18 to 25

Had Serious Thoughts of Suicide in the Past Year

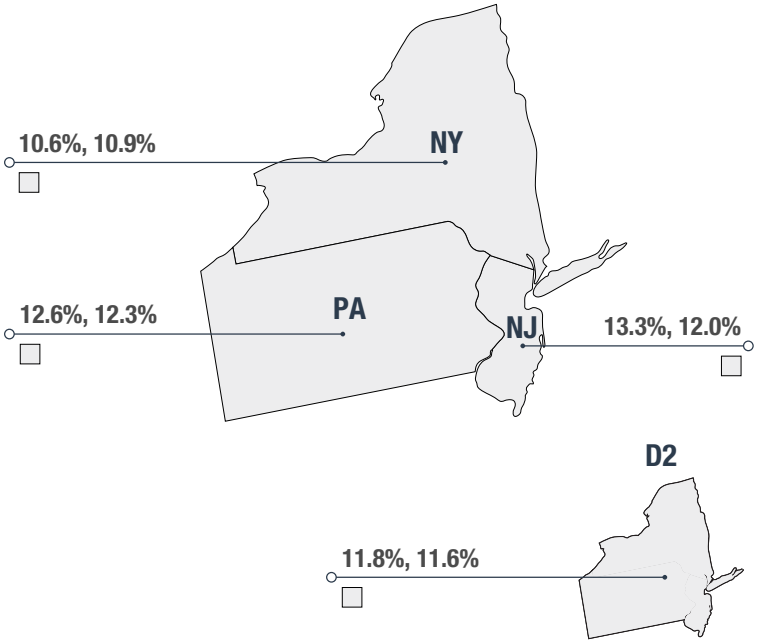
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **11.6% had serious thoughts of suicide** in the past year, which was **similar** to the national average (**12.4%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for serious thoughts of suicide in the past year **did not change significantly** between 2022-2023 (**11.8%**) and 2023-2024 (**11.6%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

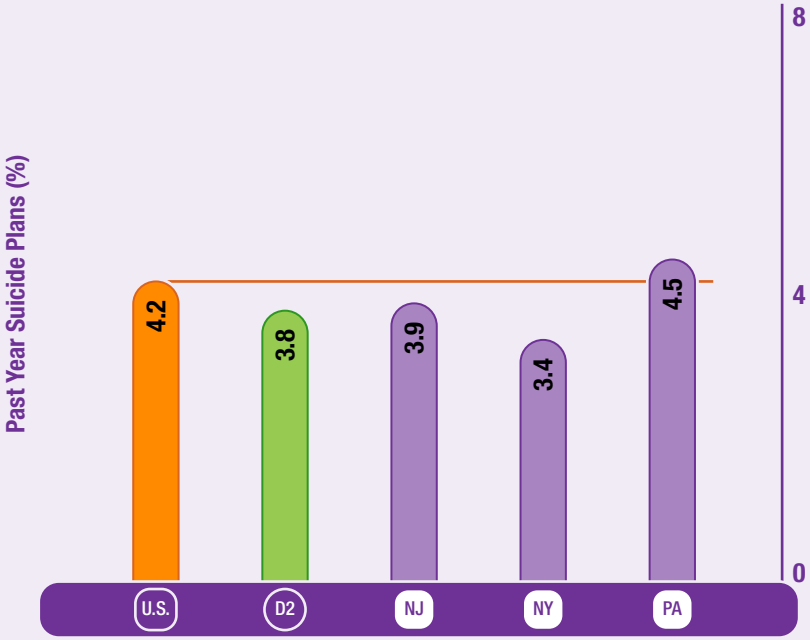
Suicidal Thoughts and Behaviors | Aged 18 to 25

Made Any Suicide Plans in the Past Year

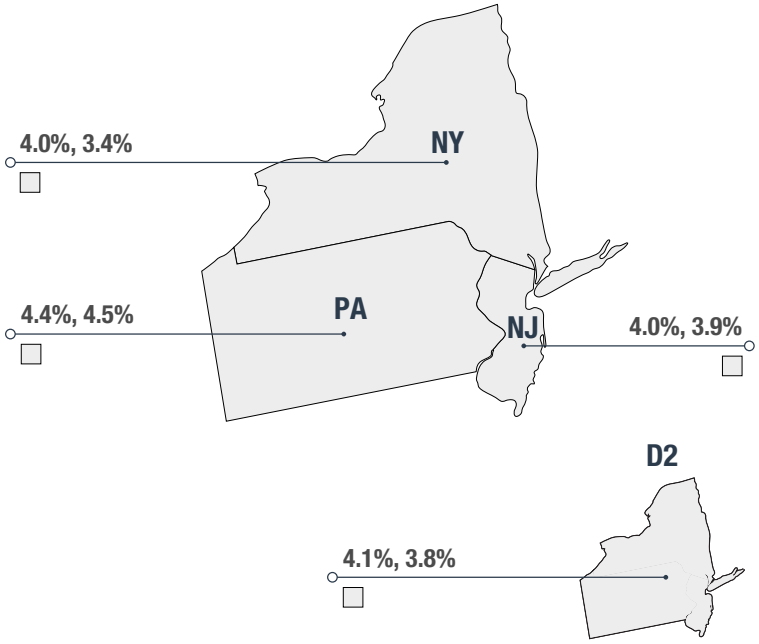
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **3.8% made any suicide plans** in the past year, which was **similar** to the national average (**4.2%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for made any suicide plans in the past year **did not change significantly** between 2022-2023 (**4.1%**) and 2023-2024 (**3.8%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

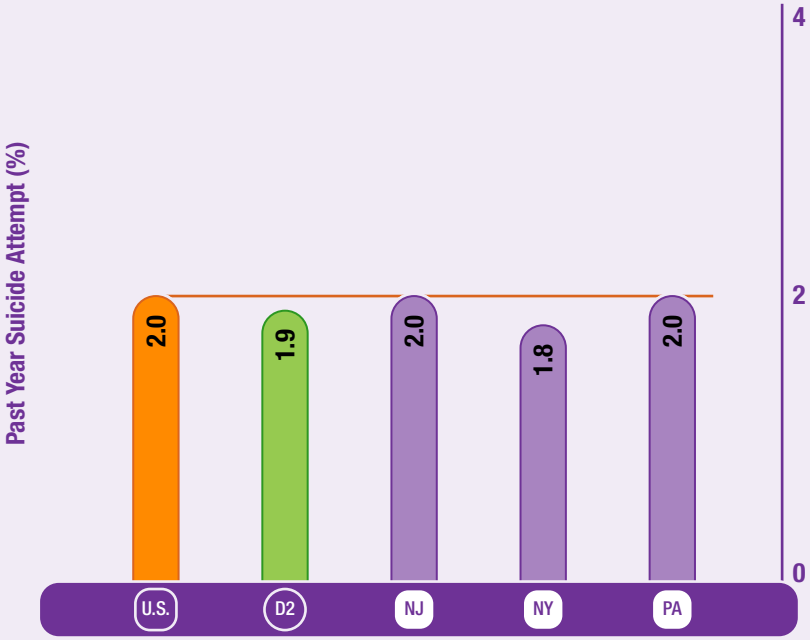
D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

Suicidal Thoughts and Behaviors | Aged 18 to 25
Attempted Suicide in the Past Year

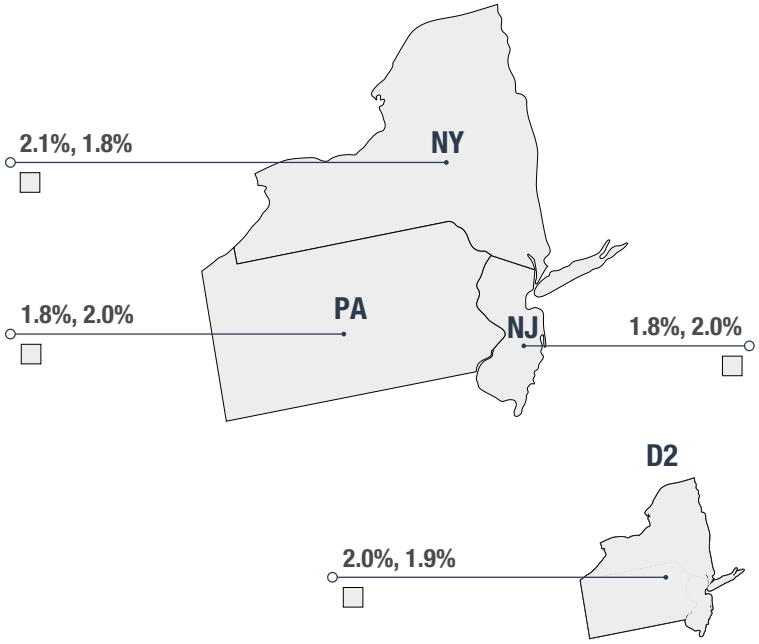
In 2023-2024, among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, **1.9% attempted suicide** in the past year, which was **similar** to the national average (**2.0%**).

Compared with the **national** average, the estimate was **similar** for every state in the census division.

Compared with the **U.S. census division** average, the estimate was **similar** for every state in the census division.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2023-2024.



Key: % 2022-2023, % 2023-2024

- **Increased** from 2022-2023 to 2023-2024
- **No significant change** from 2022-2023 to 2023-2024
- **Decreased** from 2022-2023 to 2023-2024

Among young adults aged 18 to 25 in the **Mid-Atlantic** U.S. census division, the annual average for attempted suicide in the past year **did not change significantly** between 2022-2023 (**2.0%**) and 2023-2024 (**1.9%**).

The percentage **did not change significantly** for all states in the Mid-Atlantic U.S. census division.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2022-2023 and 2023-2024.

D2 = U.S. Census Division 2: Middle Atlantic (New Jersey, New York, and Pennsylvania); NJ = New Jersey; NY = New York; PA = Pennsylvania.

References

1. Center for Behavioral Health Statistics and Quality. (2026). *2023-2024 NSDUH: Guide to substate tables and summary of small area estimation methodology*. https://www.samhsa.gov/data/data-we-collect/nsduh-national-survey-drug-use-and-health/state-releases
2. Center for Behavioral Health Statistics and Quality. (2026). *2023-2024 NSDUH: Guide to comparison of population percentages across geographies*. https://www.samhsa.gov/data/data-we-collect/nsduh-national-survey-drug-use-and-health/state-releases
3. Center for Behavioral Health Statistics and Quality. (2026). *Methodology used to estimate the Bayes significance level for the null hypothesis of no change between the 2022-2023 and 2023-2024 state population percentages*. https://www.samhsa.gov/data/data-we-collect/nsduh-national-survey-drug-use-and-health/state-releases
4. American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). https://doi.org/10.1176/appi.books.9780890425596
5. American Psychiatric Association. (1994). *Diagnostic and statistical manual of mental disorders* (4th ed.).
6. Center for Behavioral Health Statistics and Quality. (2025). *2024 National Survey on Drug Use and Health (NSDUH): Methodological summary and definitions*. https://www.samhsa.gov/data/report/2024-methodological-summary-and-definitions

Acknowledgments

This National Survey on Drug Use and Health (NSDUH) report was prepared by the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Behavioral Health Statistics and Quality, and by RTI International. Work by RTI was performed under contract number 75S20322C00001. Elizabeth Crane served as Contracting Officer's Representative, Carlos Graham served as Alternate Contracting Officer's Representative, and David Hunter served as RTI project director.

SAMHSA Publication No. PEP26-07-012
Released 2026

SAMHSA
Substance Abuse and Mental Health Services Administration

SAMHSA's mission is to lead public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and supports to foster recovery while ensuring access and better outcomes for all.

1-877-SAMHSA-7 (1-877-726-4727)
1-800-487-4889 (TDD)

www.samhsa.gov