

# The N-SSATS Report

Data Spotlight

April 22, 2014



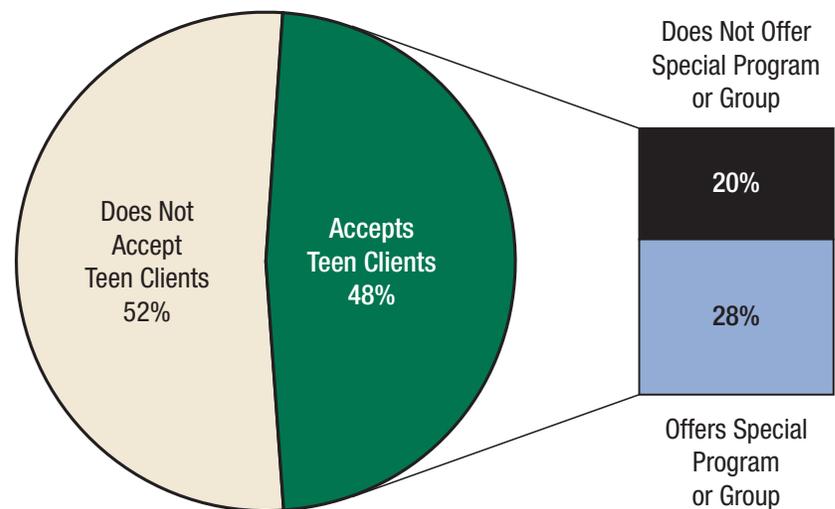
## Half of All Substance Abuse Treatment Facilities Accept Teen Clients

Teens seeking substance abuse treatment often need additional services. These services might be for mental health, physical health, school problems, or family issues.<sup>1</sup> Substance abuse treatment programs for teens are most effective when they address these complex needs.<sup>1</sup> Effective programs also consider the psychological, emotional, and physical development of teens.<sup>2</sup>

The National Survey of Substance Abuse Treatment Services (N-SSATS) is a survey of all known substance abuse treatment facilities in the United States. In 2012, about half (48 percent) of the 14,311 substance abuse treatment facilities responding to the survey accepted teens. About 4,008 facilities (28 percent) accepted teens and offered a special program or group for them.

Parents, school counselors, health care providers, mental health treatment providers, juvenile justice practitioners, and human services professionals can play an important role in linking drug using teens to treatment. For help finding a substance abuse treatment provider that offers a special program or group for teens, please see <http://findtreatment.samhsa.gov/TreatmentLocator/faces/about.jspx>.

**Substance Abuse Treatment Facilities Offering Special Programs or Groups for Teens: 2012**



1. Knudsen, H. K. (2009). Adolescent-only substance abuse treatment: Availability and adoption of components of quality. *Journal of Substance Abuse Treatment*, 36(2), 195-204.
2. Center for Substance Abuse Treatment. (1999). *Treatment of adolescents with substance use disorders* (SMA 99-3283). Rockville, MD: Substance Abuse and Mental Health Services Administration. Retrieved from <http://www.ncbi.nlm.nih.gov/books/NBK64350/>

Source: 2012 Substance Abuse and Mental Health Services Administration (SAMHSA) National Survey of Substance Abuse Treatment Services (N-SSATS). N-SSATS is an annual survey of all substance abuse treatment facilities in the United States, both public and private, that are known to SAMHSA. N-SSATS is one component of the Behavioral Health Services Information System (BHSIS), an integrated data system maintained by the Center for Behavioral Health Statistics and Quality, SAMHSA. Information and data for this report are based on data reported to N-SSATS for the survey reference date March 30, 2012. For more information on N-SSATS, see [http://www.samhsa.gov/data/DASIS/NSSATS2012\\_Web.pdf](http://www.samhsa.gov/data/DASIS/NSSATS2012_Web.pdf)

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. The **Data Spotlight** may be copied without permission. Citation of the source is appreciated. Find this report and those on similar topics online at <http://www.samhsa.gov/data/>.

