

2020 State Profile — Georgia National Mental Health Services Survey (N-MHSS)

The National Mental Health Services Survey (N-MHSS) is an annual survey of facilities providing mental health treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-MHSS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at mental health treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2020 N-MHSS report:

<https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

In Georgia, 225 mental health treatment facilities were included in the 2020 N-MHSS report, which reported a total of 53,143 clients in mental health treatment on April 30, 2020. The survey response rate in Georgia was 87.6 percent.

Facility operation, by number and percent

	Facilities	
	No.	%
Private non-profit	56	24.9
Private for-profit	63	28.0
Public agency or department		
State mental health agency (SMHA)	22	9.8
Other state government agency or department	53	23.6
Regional/district authority or county, local, or municipal government	20	8.9
Tribal government	—	—
Indian Health Service	—	—
Department of Veterans Affairs	10	4.4
Other	1	0.4
Total	225	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Service setting, by number and percent

	Facilities		Clients	
	No.	%	No.	%
24-hour hospital inpatient	38	16.9	1,568	3.0
24-hour residential	28	12.4	806	1.5
Less-than-24 hour			50,769	95.5
Partial hospitalization/day treatment	26	11.6		
Outpatient	190	84.4		
Total	225		53,143	100.0

Notes: The number of facilities sums to more than the total, and percentages of facilities sum to more than 100 percent, because a facility may offer mental health treatment in more than one service setting. Percentages of clients may not sum to 100 percent due to rounding.

Beds and utilization rate

	Utilization rate ¹		Beds ²	
	%	No.	%	No.
24-hour hospital inpatient	86.9	1,805	64.9	
24-hour residential	82.4	978	35.1	
Total		2,783	100.0	

¹Utilization rates may exceed 100 percent if the number of mental health clients occupying beds in a service setting exceeds the number of beds allotted for mental health treatment.

²Represents the number of beds allotted for mental health treatment in a given service setting and percentage of all beds (inpatient and residential) allotted for mental health treatment.

Client characteristics, by number and percent

	Clients	
	No.	%
Diagnosed co-occurring mental and substance use disorders ¹	17,024	32.0
Military veterans ²	9,289	6.8

¹Estimated number and percent of mental health treatment clients on April 30, 2020.

²Estimated number and percent of mental health treatment admissions in the 12-month period of May 1, 2019, through April 30, 2020, who were military veterans.

For a symbol key, see the last page of this profile.

Facility type, by number and percent

	Facilities	
	No.	%
Psychiatric hospital	20	8.9
General hospital	14	6.2
Residential treatment center for children	4	1.8
Residential treatment center for adults	10	4.4
Other type of residential treatment facility	—	—
Veterans Affairs medical center or other VA health care facility	10	4.4
Community mental health center (CMHC)	37	16.4
Certified community behavioral health clinics	1	0.4
Partial hospitalization/day treatment facility	4	1.8
Outpatient mental health facility	119	52.9
Multi-setting mental health facility	6	2.7
Other	—	—
Total	225	100.0

Note: Percentages may not sum to 100 percent due to rounding.

Treatment approaches, by number and percent

	Facilities	
	No.	%
Individual psychotherapy	211	93.8
Couples/family therapy	182	80.9
Group therapy	214	95.1
Cognitive behavioral therapy	211	93.8
Dialectical behavior therapy	133	59.1
Cognitive remediation therapy	30	13.3
Behavior modification	160	71.1
Integrated dual disorders treatment	179	79.6
Trauma therapy	177	78.7
Activity therapy	107	47.6
Electroconvulsive therapy	5	2.2
Transcranial magnetic stimulation	5	2.2
Ketamine infusion therapy	2	0.9
Telemedicine/telehealth therapy	171	76.0
Psychotropic medication	14	6.2
Other	3	1.3
None of these mental health treatment approaches are offered	3	1.3

Note: Facilities may provide more than one type of treatment approach.

Age groups served, by number and percent

	No.	%
All age categories ¹	52	23.1
Young children (5 years or younger)	65	28.9
Children (6–12 years)	145	64.4
Adolescents (13–17 years)	159	70.7
Young adults (18–25 years)	209	92.9
Adults (26–64 years)	200	88.9
Seniors (65 years or older)	189	84.0

Note: Percentages sum to more than 100 percent, because a facility may accept clients from more than one age group.

¹This created variable includes facilities that accept all of the following: young children (5 years or younger), children (6–12 years), adolescents (13–17 years), young adults (18–25 years), adults (26–64 years), and seniors (65 years or older).

Supportive services and practices, by number and percent

	No.	%
Assertive community treatment (ACT)	39	17.3
Intensive case management (ICM)	68	30.2
Case management (CM)	190	84.4
Court-ordered outpatient treatment	156	69.3
Assisted outpatient treatment	12	5.3
Chronic disease/illness management (CDM)	33	14.7
Illness management and recovery (IMR)	54	24.0
Integrated primary care services	50	22.2
Diet and exercise counseling	83	36.9
Family psychoeducation	170	75.6
Education services	76	33.8
Housing services	62	27.6
Supported housing	53	23.6
Psychosocial rehabilitation services	132	58.7
Vocational rehabilitation services	27	12.0
Supported employment	67	29.8
Therapeutic foster care	20	8.9
Legal advocacy	8	3.6
Psychiatric emergency walk-in services	115	51.1
Suicide prevention services	180	80.0
Consumer-run (peer support) services	115	51.1
Hepatitis B testing	55	24.4
Hepatitis C testing	72	32.0
HIV testing	89	39.6
STD testing	53	23.6
Tuberculosis screening	101	44.9
Screening for tobacco use	123	54.7
Smoking/tobacco cessation counseling	92	40.9
Nicotine replacement therapy	53	23.6
Non-nicotine smoking/tobacco cessation medications (by prescription)	39	17.3
Other	4	1.8
None of these services and practices are offered	3	1.3

Note: Facilities may provide more than one supportive service or practice.

For a symbol key, see the last page of this profile.

Facility licensing, certification, or accreditation, by number and percent

	No.	%
State mental health authority	138	61.3
State substance abuse agency	133	59.1
State department of health	102	45.3
State or local department of family and children's services	31	13.8
Hospital licensing authority	27	12.0
The Joint Commission	56	24.9
Commission on Accreditation of Rehabilitation Facilities (CARF)	146	64.9
Council on Accreditation (COA)	20	8.9
Centers for Medicare and Medicaid Services (CMS)	117	52.0
Other national organization or federal, state, or local agency	8	3.6
No licensing, certification, or accreditation	4	1.8

Note: Facilities may be licensed by more than one agency/organization.

Facility payment options, by number and percent

	No.	%
Cash or self-payment	197	87.6
Private health insurance	165	73.3
Medicare	150	66.7
Medicaid	198	88.0
State-financed health insurance plan other than Medicaid	164	72.9
State mental health agency (or equivalent) funds	151	67.1
State welfare or child and family services agency funds	111	49.3
State corrections or juvenile justice agency funds	87	38.7
State education agency funds	45	20.0
Other state government funds	97	43.1
County or local government funds	106	47.1
Community Service Block Grants	83	36.9
Community Mental Health Block Grants	98	43.6
Federal grants	54	24.0
Federal military insurance	112	49.8
U.S. Department of Veterans Affairs funds	81	36.0
IHS/Tribal/Urban (ITU) funds	16	7.1
Private or community foundation funds	32	14.2
Other	—	—

Note: Facilities may accept more than one type of payment.

Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	No.	%
Sign language	148	65.8
Any language other than English	174	77.3
Languages provided by staff		
Spanish	46	20.4
American Indian/Alaska Native languages	—	—
Other	8	3.6

Crisis intervention team, by number and percent

	No.	%
Within facility and/or offsite	92	40.9
No crisis intervention team	131	58.2

Note: Percentages may not sum to 100 percent due to the exclusion of facilities that did not respond to the question about having a crisis intervention team.

Dedicated or exclusively designed programs or groups, by number and percent

	No.	%
Children/adolescents with serious emotional disturbance (SED)	95	42.2
Transitional age young adults	85	37.8
Persons 18 years and older with serious mental illness (SMI)	136	60.4
Seniors or older adults	92	40.9
Persons with Alzheimer's or dementia	14	6.2
Persons with co-occurring mental and substance use disorders	182	80.9
Persons with eating disorders	30	13.3
Persons with first episode of psychosis	65	28.9
Persons who have experienced domestic violence	61	27.1
Persons who have experienced trauma	125	55.6
Persons with a diagnosis of post-traumatic stress disorder (PTSD)	123	54.7
Persons with traumatic brain injury (TBI)	15	6.7
Veterans	63	28.0
Active duty military	31	13.8
Members of military families	54	24.0
LGBT clients	75	33.3
Forensic clients ¹	67	29.8
Persons with HIV or AIDS	57	25.3
Other	11	4.9
No programs or groups offered	18	8.0

LGBT = Lesbian, gay, bisexual, or transgender.

¹ Referred from the court/judicial system.

Symbol key (where applicable)

— Quantity is zero; * Less than 0.05 percent; ^ Data suppressed due to confidentiality.

Data in this profile are from facilities that reported to the N-MHSS and are based on the survey's reference date, April 30, 2020, unless otherwise noted. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-MHSS report, and other mental health reports, are available at: <https://www.samhsa.gov/data/data-we-collect/nmhss-national-mental-health-services-survey>

Access the latest N-MHSS public use files at: <https://datafiles.samhsa.gov>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at: <https://findtreatment.samhsa.gov/>

Location of treatment facilities

