

## 2019 State Profile — Indiana

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). The N-SSATS collects data on the location, characteristics, services offered, and number of clients (collected every other year) in treatment at alcohol and drug abuse treatment facilities (public and private) throughout the 50 states, the District of Columbia, U.S. territories, and other jurisdictions.

More information on the methodology used is available in the 2019 N-SSATS report:

<https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services>

In Indiana, 393 substance abuse treatment facilities were included in the 2019 N-SSATS report, which reported a total of 37,077 clients in substance abuse treatment on March 29, 2019. The survey response rate in Indiana was 93.2 percent.

#### Facility operation, by number and percent

	Clients in treatment on March 29, 2019					
	Facilities		All clients		Clients under the age of 18 years	
	No.	%	No.	%	No.	%
Private non-profit	215	54.7	18,665	50.3	1,115	80.4
Private for-profit	167	42.5	16,360	44.1	271	19.6
Local, county, or community government	5	1.3	1,185	3.2	—	—
State government	1	0.3	60	0.2	—	—
Federal government	5	1.3	807	2.2	—	—
Tribal government	—	—	—	—	—	—
<b>Total</b>	<b>393</b>	<b>100.0</b>	<b>37,077</b>	<b>100.0</b>	<b>1,386</b>	<b>100.0</b>

Note: Percentages may not sum to 100 percent due to rounding.

#### Substance abuse problem treated, by number and percent

	Clients in treatment on March 29, 2019				
	Facilities <sup>1</sup>		Clients <sup>2</sup>		Clients <sup>2</sup> per 100,000 pop. aged 18 years or older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	231	91.7	10,423	33.6	190
Clients with drug abuse only	221	87.7	15,520	50.1	293
Clients with alcohol abuse only	208	82.5	5,042	16.3	91
<b>Total</b>			<b>30,985</b>	<b>100.0</b>	<b>573</b>

<sup>1</sup> Numbers of facilities may sum to more than the total, and percentages may sum to more than 100 percent, because facilities may be included in more than one category.

<sup>2</sup> States report *substance abuse problem treated* in terms of percentages of clients, from which the numbers of clients in this table are derived; their sum may not agree with the total due to rounding.

#### Facility capacity and utilization rate<sup>1</sup>

	Residential	Hospital inpatient
Number of facilities	27	12
Number of clients <sup>2</sup>	780	365
Number of designated beds	757	359
Utilization rate <sup>3</sup>	103.0	101.7
Average number of designated beds per facility	28	30

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 29, 2019.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

For a symbol key, see the last page of this profile.

## Type of care, by number and percent

	Clients in treatment on March 29, 2019							
	Facilities		All clients				Clients under the age of 18 years	
	No.	%	No.	%	Median no. of	Median no. of	No.	%
					clients per	clients per		
				OTP facility	non-OTP facility			
<b>Outpatient</b>	<b>361</b>	<b>91.9</b>	<b>35,612</b>	<b>96.0</b>	<b>449</b>	<b>38</b>	<b>1,322</b>	<b>95.4</b>
Regular	325	82.7	18,276	49.3	161	32		
Intensive	170	43.3	2,016	5.4	40	17		
Day treatment or partial hospitalization	45	11.5	123	0.3	—	10		
Detoxification	48	12.2	387	1.0	5	11		
Methadone/buprenorphine maintenance or naltrexone treatment	158	40.2	14,810	39.9	359	15		
<b>Residential (non-hospital)</b>	<b>44</b>	<b>11.2</b>	<b>852</b>	<b>2.3</b>	<b>—</b>	<b>18</b>	<b>46</b>	<b>3.3</b>
Short term (≤ 30 days)	21	5.3	334	0.9	—	15		
Long term (> 30 days)	35	8.9	489	1.3	—	18		
Detoxification	11	2.8	29	0.1	—	4		
<b>Hospital inpatient</b>	<b>29</b>	<b>7.4</b>	<b>613</b>	<b>1.7</b>	<b>160</b>	<b>12</b>	<b>18</b>	<b>1.3</b>
Treatment	23	5.9	285	0.8	119	6		
Detoxification	26	6.6	328	0.9	41	8		
<b>Total</b>	<b>393</b>		<b>37,077</b>	<b>100.0</b>	<b>449</b>	<b>39</b>	<b>1,386</b>	<b>100.0</b>

Note: Facilities may provide more than one type of care.

## Facility licensing, certification, or accreditation, by number and percent

	No.	%
Any listed agency/organization	364	92.6
State substance abuse agency	294	74.8
State mental health department	270	68.7
State department of health	104	26.5
Hospital licensing authority	45	11.5
The Joint Commission	126	32.1
Commission on Accreditation of Rehabilitation Facilities (CARF)	123	31.3
National Committee for Quality Assurance (NCQA)	7	1.8
Council on Accreditation (COA)	20	5.1
Healthcare Facilities Accreditation Program (HFAP)	8	2.0
Other national organization or federal, state, or local agency	12	3.1

Note: Facilities may be licensed, certified, or accredited by more than one agency/organization.

## Facility payment options, by number and percent

	No.	%
Cash or self-payment	372	94.7
Private health insurance	323	82.2
Medicare	222	56.5
Medicaid	299	76.1
State-financed health insurance plan other than Medicaid	247	62.8
Federal military insurance	220	56.0
No payment accepted (free treatment for all clients)	1	0.3
IHS/Tribal/Urban (ITU) funds	12	3.1
Other	8	2.0
Sliding fee scale	244	62.1
Treatment at no charge or minimal payment for clients who can't pay	128	32.6

Note: Facilities may accept more than one type of payment.

## Types of services offered, by number and percent

	Facilities	
	No.	%
<b>Assessment and pre-treatment services</b>		
Screening for substance abuse	377	95.9
Screening for mental health disorders	297	75.6
Comprehensive substance abuse assessment or diagnosis	366	93.1
Comprehensive mental health assessment or diagnosis	232	59.0
Screening for tobacco use	273	69.5
Outreach to persons in the community who may need treatment	233	59.3
Interim services for clients when immediate admission is not possible	158	40.2
Professional interventionist/educational consultant	41	10.4
None of these assessment and pre-treatment services offered	8	2.0
<b>Testing</b>		
Drug and alcohol oral fluid testing	125	31.8
Breathalyzer or other blood alcohol testing	224	57.0
Drug or alcohol urine screening	344	87.5
Testing for hepatitis B	94	23.9
Testing for hepatitis C	112	28.5
HIV testing	103	26.2
STD testing	72	18.3
TB screening	181	46.1
Testing for metabolic syndrome	30	7.6
None of these testing services offered	23	5.9
<b>Medical services</b>		
Hepatitis A (HAV) vaccination	28	7.1
Hepatitis B (HBV) vaccination	31	7.9
None of these medical services offered	361	91.9
<b>Transitional services</b>		
Discharge planning	372	94.7
Aftercare/continuing care	316	80.4
Naloxone and overdose education	174	44.3
Outcome follow-up after discharge	195	49.6
None of these transitional services offered	11	2.8
<b>Recovery support services</b>		
Mentoring/peer support	229	58.3
Self-help groups (for example, AA, NA, SMART Recovery)	114	29.0
Assistance in locating housing for clients	202	51.4
Employment counseling or training for clients	162	41.2
Assistance with obtaining social services (for example, Medicaid, WIC, SSI, SSDI)	259	65.9
Recovery coach	127	32.3
None of these recovery support services offered	59	15.0
<b>Education and counseling services</b>		
HIV or AIDS education, counseling, or support	176	44.8
Hepatitis education, counseling, or support	174	44.3
Health education other than HIV/AIDS or hepatitis	159	40.5
Substance abuse education	380	96.7
Smoking/ tobacco cessation counseling	205	52.2
Individual counseling	341	86.8

Continued

For a symbol key, see the last page of this profile.

**Types of services offered, by number and percent (continued)**

	Facilities	
	No.	%
Group counseling	350	89.1
Family counseling	322	81.9
Marital/couples counseling	251	63.9
Vocational training or educational support	23	5.9
None of these education and counseling services offered	1	0.3
<b>Pharmacotherapies</b>		
Disulfiram (Antabuse®)	89	22.6
Naltrexone (oral)	149	37.9
Naltrexone (extended-release, injectable, for example, Vivitrol®)	152	38.7
Acamprosate (Campral®)	110	28.0
Nicotine replacement	121	30.8
Non-nicotine smoking/tobacco cessation medications (for example, bupropion, varenicline)	116	29.5
Medications for psychiatric disorders	184	46.8
Methadone <sup>1</sup>	16	4.1
Buprenorphine with naloxone (for example, Suboxone®, Bunavail®, Zubsolv®, Cassipa®)	158	40.2
Buprenorphine without naloxone	104	26.5
Buprenorphine sub-dermal implant (Probuphine®)	3	0.8
Buprenorphine (extended-release, injectable, for example, Sublocade®)	43	10.9
Medications for HIV treatment (for example, antiretroviral medications such as tenofovir, efavirenz, emtricitabine, atazanavir, and lamivudine)	23	5.9
Medications for hepatitis C (HCV) treatment (for example, sofosbuvir, ledipasvir, interferon, peginterferon, ribavirin)	27	6.9
Lofexidine	19	4.8
Clonidine	93	23.7
None of these pharmacotherapy services offered	136	34.6
<b>Ancillary services</b>		
Case management services	313	79.6
Social skills development	274	69.7
Child care for clients' children	13	3.3
Domestic violence—family or partner violence services (physical, sexual, and emotional abuse)	178	45.3
Early intervention for HIV	44	11.2
Transportation assistance to treatment	123	31.3
Mental health services	274	69.7
Acupuncture	14	3.6
Residential beds for clients' children	4	1.0
None of these ancillary services offered	25	6.4
<b>Other services</b>		
Treatment for gambling disorder	148	37.7
Treatment for Internet use disorder	92	23.4
Treatment for other addiction disorder (non-substance abuse)	187	47.6
None of these 'other' services offered	175	44.5

<sup>1</sup> Methadone is available only at OTP facilities that are certified by SAMHSA's Center for Substance Abuse Treatment.

### Clinical/therapeutic approaches used frequently, by number and percent

	Facilities	
	No.	%
Substance abuse counseling	389	99.0
12-step facilitation	242	61.6
Brief intervention	283	72.0
Cognitive behavioral therapy	345	87.8
Dialectical behavior therapy	200	50.9
Contingency management/motivational incentives	149	37.9
Motivational interviewing	346	88.0
Trauma-related counseling	300	76.3
Anger management	296	75.3
Matrix model	201	51.1
Community reinforcement plus vouchers	24	6.1
Rational emotive behavioral therapy (REBT)	129	32.8
Relapse prevention	374	95.2
Telemedicine/telehealth	131	33.3
Other treatment approaches	39	9.9
We do not use any of these clinical/therapeutic approaches	—	—

### Specifically tailored programs or groups, by number and percent

	Facilities	
	No.	%
Any program or group	275	70.0
Adolescents	82	20.9
Young adults	93	23.7
Adult women	153	38.9
Pregnant or postpartum women	56	14.2
Adult men	130	33.1
Seniors or older adults	46	11.7
LGBT clients	45	11.5
Veterans	46	11.7
Active duty military	26	6.6
Members of military families	28	7.1
Criminal justice clients (other than DUI/DWI)	110	28.0
Clients with co-occurring mental and substance use disorders	155	39.4
Clients with co-occurring pain and substance use	46	11.7
Clients with HIV or AIDS	31	7.9
Clients who have experienced sexual abuse	92	23.4
Clients who have experienced intimate partner violence, domestic violence	78	19.8
Clients who have experienced trauma	147	37.4
DUI/DWI clients	75	19.1
Other	10	2.5
No specifically tailored programs or groups are offered	118	30.0

DUI/DWI = driving under the influence/driving while intoxicated or impaired; LGBT = lesbian, gay, bisexual, or transgender.

### Facility funding, by number and percent

	Facilities	
	No.	%
Receives federal, state, county, or local government funds or grants for substance use treatment programs	213	54.2

### Services in sign language for the deaf and hard-of-hearing and in languages other than English, by number and percent

	Facilities	
	No.	%
Sign language	199	50.6
Any language other than English	234	59.5
<b>Non-English language provided by</b>		
Staff counselor only	13	5.6
On-call interpreter only	177	75.6
Both staff counselor and on-call interpreter	44	18.8
<b>Languages provided by staff counselor<sup>1</sup></b>		
Spanish	56	98.2
American Indian/Alaska Native languages	—	—
Other	5	8.8

<sup>1</sup> Numbers and percentages are based on facilities that provide language services through a staff counselor, either exclusively or in conjunction with on-call interpreters.

### Symbol key (where applicable)

— Quantity is zero; \* Less than 0.05 percent;  
† Less than 1 per 100,000; ‡ No facilities in this category.

Data in this profile are from facilities that reported to the N-SSATS and are based on the survey's reference date, March 29, 2019. All material in this profile is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

The latest N-SSATS report, and other substance abuse reports, are available at: <https://www.samhsa.gov/data/data-we-collect/n-ssats-national-survey-substance-abuse-treatment-services>

Access the latest N-SSATS public use files at:  
<https://datafiles.samhsa.gov>

For information on individual facilities, access SAMHSA's Behavioral Health Treatment Services Locator at:  
<https://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data](http://www.samhsa.gov/data)

### Clients receiving medication-assisted opioid therapy (MAOT) at facilities with opioid treatment programs (OTPs) and non-OTP facilities, by number and percent

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>16</b>	<b>0.9</b>
<b>Clients in facilities with OTPs<sup>2</sup></b>		
Any MAT <sup>3</sup>	6,874	1.5
Methadone	6,123	1.5
Buprenorphine	612	1.7
Naltrexone	139	4.7
<b>Clients in facilities without OTPs<sup>4</sup></b>		
Any MAT <sup>5</sup>	2,948	1.8
Buprenorphine	2,259	1.7
Naltrexone	689	2.5

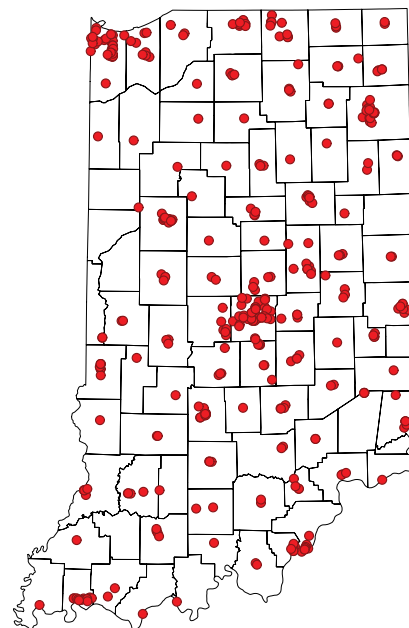
<sup>1</sup> Percentage of all facilities with OTPs in the U.S. <sup>2</sup> Percentage of all clients receiving methadone, buprenorphine, or naltrexone at facilities with OTPs in the U.S.; see 2019 N-SSATS report for details. <sup>3</sup> Consists of clients receiving methadone, buprenorphine, or naltrexone. <sup>4</sup> Percentage of all clients receiving buprenorphine or naltrexone at non-OTP facilities in the U.S.; see 2019 N-SSATS report for details. <sup>5</sup> Consists of clients receiving buprenorphine or naltrexone.

### Clients per 100,000 population receiving MAOT in OTP facilities on March 29, 2019

	No.
Any type of medication-assisted therapy <sup>1</sup>	102
Methadone	91
Buprenorphine	9
Naltrexone	2

<sup>1</sup> Includes clients receiving methadone, buprenorphine, or naltrexone.

### Location of treatment facilities



<https://www.samhsa.gov/data/quick-statistics>